



***Forth Valley, Fife &
Tayside***

Area Joint Programme

April to September 2020

Walks and Events for:

**Blairgowrie & District
Brechin**

Dalgety Bay & District

Dundee & District

Dunfermline & West Fife

Forfar & District

Glenrothes

Kinross & Ochil

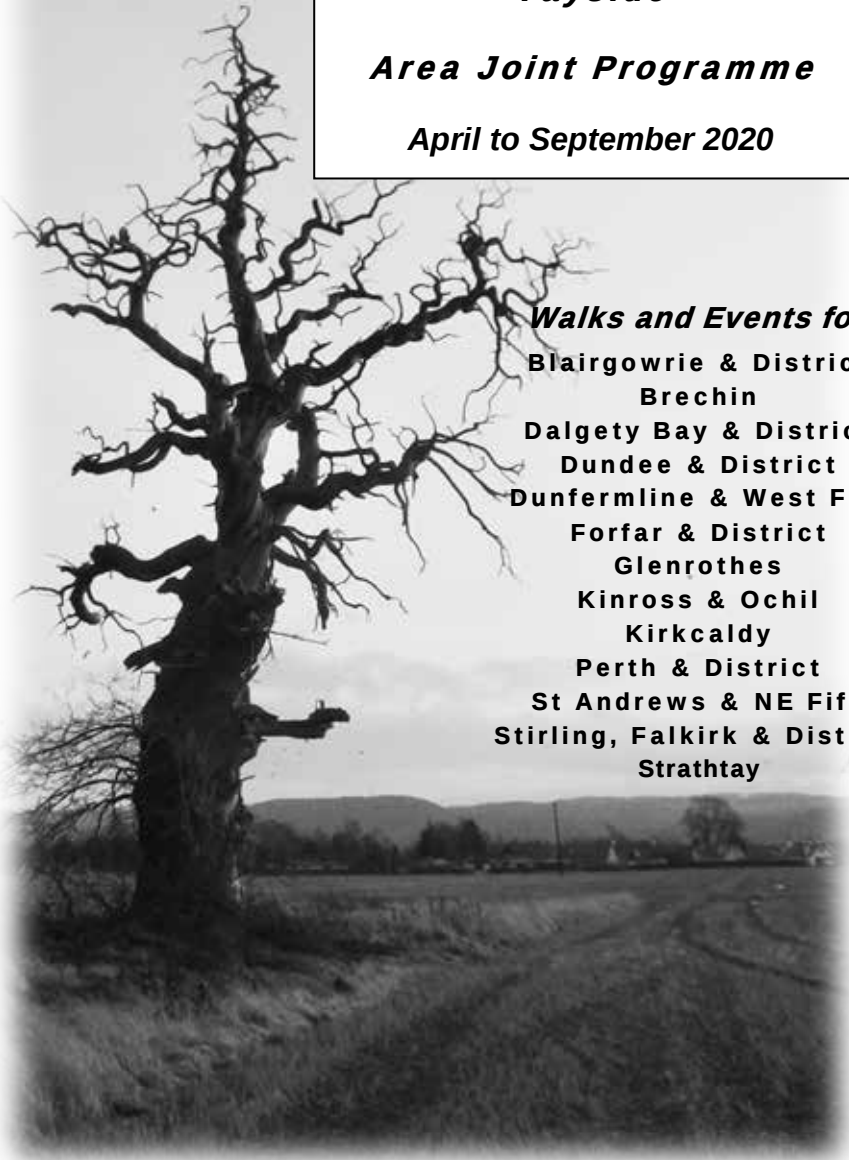
Kirkcaldy

Perth & District

St Andrews & NE Fife

Stirling, Falkirk & District

Strathtay



Information Page

Welcome to the 41st edition of the joint programme covering the Summer programme for 2020. We hope that you find the programme informative and helpful in planning your own walking programme for the next 6 months. You can now download a PDF version of this file to your computer, phone, etc.

The complete programme can be found on the new FVFT website; namely fvft-ramblers.org.uk. This website also provides information on any changes that have been notified. This site is intended as a central area of information for the members and volunteers of all groups in the Forth Valley, Fife & Tayside area.

There are walk listings in various formats and IMPORTANTLY a prominent panel showing walks that have been altered since this printed programme was published.

This issue of the programme can be downloaded from the site in PDF format. Several previous editions are also available.

Publication Information for Next Issue

Deadlines: Electronic walk programmes to Ian Bruce by mid-August 2020
Articles, News Items, Letters etc to Area Secretary by the same date.

Group News, single A4/A5 sheet, 1 or 2 sided, hard copy ready for photocopying.
Please send it directly to Trevor Abell by the end of August. Email attachments are also acceptable and indeed preferred.

The FV, F & T Joint Programme Team:

Publications and Advertising Secretary:

Tel 01738 813123, e-mail: tmbabell@gmail.com

Assistant Publications Secretary: Ian Bruce.

Tel: 01383 616062, e-mail ianbruce100@btinternet.com.

General Data Protection Regulations (GDPR). Remember that Group Secretaries are now only supposed to email members regarding any information about walks if the members preferences indicate that they are willing to receive emails. Lists come from Ramblers HQ London and are often based on information from the time people joined. These preferences were originally only to be changed by members themselves, not by the Group Secretaries. The easiest way to do this is to set up your own account with Ramblers at ramblers.org.uk/join. However, Group Secretaries are now allowed to make changes, so members without access to a computer can still contact them for assistance to change preferences. If you are not receiving the national Walk Magazine, it might be that your preferences currently indicate no postal communication.

Front Cover: Cromwell's Tree. Bridge of Earn. This Sweet Chestnut tree is so called because Cromwell is reputed to have set up camp here in 1651. It still has signs of life.

General Information

Walks Grading

The walks in this programme are graded according to the following:

- | | |
|----|---|
| E | Easy Access Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections: visitors are advised to check with the walk leader. |
| D | Easy Walks for reasonably fit people. May include unsurfaced rural paths. Walking boots or comfortable footwear and warm, waterproof clothing are recommended. 2 to 5 miles. |
| C | Leisurely, mainly on level ground and often paths and tracks. |
| C+ | Leisurely to moderate, for those with improving fitness, offering some modest challenges. |
| B | Moderate, demanding higher standards of fitness and stamina than C+ |
| B+ | Between moderate and strenuous, for the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions. |
| A | Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; with steep ascents and descents; distances over 15 miles. |
| A+ | Severe. Arduous walks for the experienced and very fit, involving some or all the following factors: high, exposed ground; steep ascents and descents; brisk pace; distance over 15 miles. Standard grading for hill-walking in winter conditions. |

The walk grade is intended as a rough guide only.

More information is supplied in each entry.

Walker's Responsibilities

Ramblers want everyone to enjoy walking, including children and vulnerable adults. We are committed to equal opportunities and diversity and aim to treat everyone with dignity and respect. While we want to provide and support walking activities, we can't provide specialist care, supervision or support for children and for those who are unable to care independently for themselves. Children under 18 and those with special needs should be accompanied by others who take responsibility for meeting their needs.

Everyone under 18 must be accompanied by an adult with parental responsibility. We no longer accept unaccompanied young people aged 15-17 on Ramblers activities even with written consent from a parent or guardian, and the consent cards we previously issued are no longer valid. People with special needs must be accompanied by someone responsible for their direct care (who needn't be a Ramblers member)

If you are unsure of the suitability of a walk contact the Walk Leader beforehand. It is not always possible to shorten a walk if you are overexerting yourself; choose a grade of walk suitable to your level of fitness and experience.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise. Personal accident insurance is available from several sources. The Walk Leader or Deputy must be a member of the RA. The Leader may change a walk at his/her discretion. Members or visitors should not leave a walk without informing the Leader or divert from a walk without the agreement of the Leader. Many groups carry a first aid kit and/or mobile phone. Individuals are reminded that they are responsible for carrying any special medication that they require for personal use. Walkers must also inform the Walk Leader of any medical condition that could affect their ability to complete the walk.

Dogs are not generally suitable on most walks; however some walks are indicated as being suitable for dogs. **Please note: for all walks Registered Assistance Dogs (RADO) are welcome.**

The Weather

Listen to the weather forecast (hill walkers' forecast on Radio Scotland) and prepare accordingly. If extreme weather is expected the walk may be cancelled. If you are in doubt, contact the Walk Leader.

Clothing and Equipment

Dress according to the season. *Note:* Denim clothes are not suitable.

Winter: thermal base layer and layers of clothing, (shirt, trousers, jumper or fleece, and a windproof shell, plus hat, scarf, and gloves). A waterproof jacket (with hood) and waterproof trousers are also needed.

Summer: wear fewer, thinner layers but take sun protection.

Wear well-fitting walking boots and take a rucksack to carry your gear.

Food and Drink

In general, for a day walk take a flask containing a hot drink, a packed lunch, and various snacks. In warmer weather extra liquid is *essential*.

Ticks

Some of the areas walked may contain ticks, which are known to be a source of infection in humans. It is advised that you wear long trousers, a long sleeved shirt and a hat, even in summer. It is also advisable to tuck your trousers into your socks and apply insect repellent. Examine yourself for ticks after a walk and if you find one remove it immediately and cleanly using fine-tipped tweezers or a special tick removal tool. Care is necessary to avoid leaving the mouth parts in the skin; hence you should grasp the tick as close to the skin as possible and pull upwards, slowly but firmly. Once removed apply antiseptic and keep an eye on it for some weeks. The concern is for Lyme Disease, the usual early signs are for an expanding rash. It can be treated but it is serious if neglected. Any unusual reaction should be followed up by a visit to your general practitioner for further advice

Transport

Generally cars are used to transport walkers to the start of a walk; car sharing is encouraged. Abbreviations for car parks used as pick up points are included in this programme.

When car sharing, it is recommended that car passengers make a contribution to the running costs, the method of calculation and mileage rates are set by individual groups. Car drivers are reminded to call in at the pick up point prior to departure for the walk if they have a spare seat. Passengers are advised to take shoes and a bag for dirty boots and spare dry clothes in wet weather. The times given in this programme are departure times, if you are from a different group and/or going straight to the start of the walk, it is recommended that you contact the Walk Leader beforehand.

Walks may also use public transport, the fare may be indicated and it is the individual's responsibility to pay. Various walks use hired minibuses, in this case the person responsible, a deadline for booking, and (possibly) a fee will be indicated in the programme. If you book a place on a bus and then find that you must cancel at a later date, unless a replacement is found, you may still be liable for the full cost.

Cancelling Walks

Groups may have their own accepted procedure; but it is expected that if a walk has to be cancelled due to weather or other reasons, that the Leader or a deputy will go to the normal Group Meeting Point to advise any walkers of the change in plans. It should not be assumed that a Leader will go to the walk start, since this might mean extensive travel in possibly poor conditions. When weather conditions are likely to be poor all walkers planning on going directly to the walk start should confirm by phone with the Walk Leader if the walk will go ahead or not. The Walk Leader should make a note of the phone number of any visitors that indicate their intention of attending the walk and ring them back if the walk is to be cancelled.



A distinctive root mass on Moncrieff Hill, Perth

The following abbreviations are used for group meeting places:

Blairgowrie	WCPB	Wellmeadow Car Park, Blairgowrie
Brechin	SNSB	St Ninian's Square, Brechin
Dalgety Bay	DBSCCP	Dalgety Bay Shopping Centre Car Park
“ “	MBS	Meadowfield Bus Stop, Dalgety Bay
“ “	DBL	Dalgety Bay Library
Dundee East	OCCP	Odeon Cinema Car Park, Douglasfield, Dundee
Dundee West	CWCP	Cineworld Car Park, Camperdown Leisure Park
Dundee Fife	TBCP	Tay Road Bridge (South) Car Park
Dunfermline & West Fife	LPRCP	Leys Park Road Car Park, Dunfermline
Forfar	MMCP	Muir Market Car Park, Forfar.
Glenrothes	LCCP	Lomond Centre Car Park, Glenrothes
Kinross & Ochil	KPR	Kinross Park and Ride
“ “	BURN	Dollar Burnside Car Park
Kirkcaldy	KRSN	Kirkcaldy Railway Station North (Forth Ave)
Perth	ASDACP	Asda Supermarket Car Park, Perth
St Andrews & NE Fife	FCPC	Fluthers Car Park, Cupar
Stirling & Falkirk	LACP	Linden Ave Car Park, Stirling
Strathtay	CCP	Car Park behind Co-op, Aberfeldy

For the Tayside Young Walkers – meeting places vary, details can be seen at

<https://www.meetup.com/Tayside-Young-Walkers>

Similarly, for the Stirling Young Walkers consult <https://www.meetup.com/Stirling-Young-Walkers/>

Acronyms used in the Programme

RADO = Registered Assistance Dogs Only

DWOL = Dogs welcome on Leads

CWRA = Children with responsible adults

NoSC = Not suitable for children

SPECIAL GROUPS

Glenrothes Strollers walks

On most Thursdays over the dates of the programme, Glenrothes Strollers have a midweek walk, to which all are welcome. The walk is selected by the walk leaders on the week of the walk, the location and distance depending on the weather conditions. To go on the walk, meet at St. Columba's Church.

Grade C: 4 - 6 miles 2.5 - 3.5 hours. **Meet/Time:** St Columba's Church CP at 10.00 **OS:** 59 **GR:** NO269009 **Description:** A short local walk (mostly within a 10 mile radius of Glenrothes), for details call one of the leaders.

Leaders: Linda Aitken or Gill Hagger 01592 757144 or 01592 563039

Kinross & Ochil Tuesday Walkers

These walks usually take place every second Tuesday. All are welcome.

All walks are **Grade C:** maximum 4 miles, approx 2 hours, and usually within a 10-mile radius of Kinross. **Meet/Time:** Kinross Park & Ride (KPR) at 10.00 **OS:** 58 **GR:** NO112025

Description: For details of any walk, please phone leader.

Leader: Edna Burnett, 01577 862977.

Dundee Ramblers Family Walks

A sub group of Dundee Ramblers is running to provide short walks suitable for families with or without children. These are run on Sundays, once a month on a date when there is not a regular walk. As we do not plan them far in advance they are not usually in the Area Joint Programme but do appear on the Ramblers Website. Ramblers and friends from any group are welcome especially those who live in Fife. These walks also appear on the Meetup page and you can find details on

[Meetup.com/Dundee-Ramblers-Family-Walks-Meetup](https://www.meetup.com/Dundee-Ramblers-Family-Walks-Meetup). You can also contact Dundee Secretary Jean MacGillivray on 07932014859 or dundeeramblers@gmail.com

Young Walkers Groups

Our Area has two young walkers groups - Tayside Young Walkers and Forth Valley Young Walkers. These provide an opportunity for younger walkers to walk together and enjoy various social events. The groups have over 1,000 walkers attached to them. These groups are linked to the Ramblers organisation and those walking regularly are expected to join the Ramblers. Walks are set up using Meetup, and to ensure that numbers are manageable, people are expected to place themselves on a list to attend. Details can be seen at <https://www.meetup.com/Tayside-Young-Walkers/> and <https://www.meetup.com/Stirling-Young-Walkers/>

Perth A Walkers

Perth have been running their A Walkers Group in order to provide a programme of walks dedicated to those members wanting to undertake more demanding walks including Munros and Corbetts. As much as possible the walks will be advertised on the group webpage and by direct email contact to those who have indicated an interest. Dates will change, however, in accordance with the vagaries of the weather.

Main contact for this subgroup is Gil McGeachy: gil.mcgeachy@gmail.com

Stirling and Falkirk Mid-Week Wanderers

This Spring will see the start of a new group to provide walks from April to June and possibly extended throughout the Summer. The walks will generally be Grade B, and walkers will be expected to have a level of fitness to do the walks at a fairly brisk pace. Details of the walks will be published on the web page in advance. They may be unrec'd. Walks will be subject to change or cancellation so anyone who wishes to join in must advise the walk leader in advance.

Leader: Colin Thomson colinbthomson@gmail.com Tel. 01786 472726 / 07702 636

Walks & Events Diary

Thursday 2nd April

GLENROTHES:- Strollers Walk - see first page of this programme for details.

STIRLING & FALKIRK:- Mid Week Wanderers – see first page of this programme for details.

Friday 3rd April

KIRKCALDY:- Newtonmore weekend

MEET: As arranged at 09:30 **DESCRIPTION:** Two nights half board at the Highlander Hotel in Newtonmore. **NOTE:** Walks will be posted on the group web page. **CONTACT:** Mike Livesey: 07783 201492 or 01592 503272

Saturday 4th April

BRECHIN:- Glenesk to Badalair

GRADE C+: 7.5mls **DEPART:** SNSB at 09:00 **WALK START:** Tarfside Village Car Park at 10:00 **OS:** 44 **GR:** NO493796 **DESCRIPTION:** Via Milton to Badalair summit (536m / 1760 ft). Return by Auchronie and Hill of Rowan. **LEADER:** Nancy McFarlane: 01356 626229 or 07986 531971

DALGETY BAY:- Aroon' Doune Toun

GRADE C+: 7mls/4hrs Ascent: 120m/390ft **DEPART:** DBSCCP at 09:15 **WALK START:** Doune Ponds Car Park at 10:30 **OS:** 57 **GR:** NN726019 **DESCRIPTION:** A walk around Doune Ponds, along woodland paths towards Doune Castle and on to path along the River Teith. Paths could be muddy in places. Some stairs and a few gentle climbs. **NOTE:** RADO. **LEADER:** Evelyn Gordon: ergordon2126@yahoo.co.uk 01383 823221 or 07790 656855

DUNDEE:- Tullybaccart Circular

GRADE C+: 7mls/4hrs Ascent: 182m/600ft **DEPART:** CWCP at 09:30 **WALK START:** Tullybaccart Car Park on A923 at 10:00 **OS:** 53 **GR:** NO263360 **DESCRIPTION:** Circular walk from Tullybaccart car park via Leducriff Loch, Leys, Pitcur Farm and Lairds Loch. On good tracks but may be muddy in places. Some short road walking and several long slow gradients. **LEADER:** Sam Shields: 07546 064759

DUNFERMLINE & WEST FIFE:- Traprain Law and Hailes Castle

GRADE B: 7mls/4.5hrs Ascent: 182m/600ft **DEPART:** LPRCP at 08:00 **WALK START:** Library, Main Street, East Linton at 10:00 **OS:** 67 **GR:** NT589775 **DESCRIPTION:** A pleasant walk from East Linton visiting historic Hailes Castle (a fortified manor house owned by Earl of Boswell) then on to Traprain Law. Can be muddy and rough with a fair bit of road walking. **NOTE:** DWOL. **LEADER:** Anne Laird, 01383 727515 or 07768 860066, anne-laird@hotmail.co.uk

GLENROTHES:- Lomond Hills - Craigmead to four Lomond reservoirs circular

GRADE C+: 7mls/4hrs Ascent: 700ft **DEPART:** LCCP at 9:30 **WALK START:** Craigmead CP at 9:45 **OS:** 58 **GR:** NO227062 **DESCRIPTION:** Initially a climb to the limekilns, then to the four reservoirs on mostly undulating paths with two short quiet road walking sections. **NOTE:** NoSC RADO **LEADER:** R and M Fairgrieve 07761 753437 rosfairgrieve@gmail.com

PERTH:- Mealna Letter

GRADE B+: 8mls Ascent: 475m/1560ft **DEPART:** ASDACP at 09:00 **WALK START:** Small lay-by on Angus/Perthshire boundary 1Km east of Cray on B951 at 10:15 **OS:** 43 **GR:** NO153642 **DESCRIPTION:** Follow rough track (boggy in sections) up the northern slope of Mealna Letter then drop down to Loch Boanie and return via Glen Shee and the Cateran Trail. **NOTE:** RADO. **LEADER:** Trevor Abell: tmbabell@gmail.com 01738 813123 or 07913 288098

ST ANDREWS & NE FIFE:- Kingskettle Circular

GRADE C+: 7mls/3.5hrs Ascent: 150m/500ft **DEPART:** FCPC at 09:30 **WALK START:** Kettle Church Car Park at 10:00 **OS:** 59 **GR:** NO310083 **DESCRIPTION:** Circular walk taking in Rameldry, Kettlehill & Balmalcolm with fine views over Howe of Fife. **NOTE:** RADO NoSC. Leader will meet at start of walk. **LEADER:** Jim Coates: jcoates1944@gmail.com 01337 831113

STRATHTAY:- Cateran Trail - Blairgowrie to Alyth

GRADE C+: 15mls **DEPART:** CGCP at 09:00 **WALK START:** Mill Inch CP, Blairgowrie at 09:50 **OS:** 53 **GR:** NO181452 **DESCRIPTION:** First stage of the long distance Cateran Trail from Blairgowrie to Alyth via Bridge of Cally and Hill of Alyth. **NOTE:** RADO. **LEADER:** Bill Bruce: bill_1_bruce@btinternet.com 01887 829753

Sunday 5th April

STIRLING & FALKIRK:- Devilla Forest Revisited

GRADE C: 7mls/4hrs Ascent: 10m/30ft **DEPART:** LACP at 09:30 **WALK START:** Kirk Street, Kincardine FK10 4AS Return mileage - 25 at 10:15 **OS:** 65 **GR:** NS933877 **DESCRIPTION:** A walk along the tracks, paths, forestry roads of this vast woodland, taking in Moor Loch, Peppermill dam, The Squirrel trail and any other nooks and crannies we come across. **NOTE:** DWOL CWRA. **LEADER:** Babs Butler: barbarabutler@btinternet.com 01324 720165 or 07711 575561

STIRLING & FALKIRK:- Ochils Odyssey

GRADE B+: 14mls/8hrs Ascent: 600m/1970ft **DEPART:** LACP at 09:00 **WALK START:** Newton Primary School, Dunblane FK15 0DZ Return mileage - 16 at 09:30 **OS:** 57 **GR:** NN790016 **DESCRIPTION:** A venture into the depths of the Ochils, via Glen Tye to Jerah. **NOTE:** RADO NoSC. If you intend to go on this walk, you must inform the walk leader in advance. **LEADER:** Rhoda McRae: Rhoda.mac@hotmail.com 07896 991187

Monday 6th April

ST ANDREWS & NE FIFE:- Group Committee Meeting

MEET: Cupar Fire Station Community Room at 19:00 **DESCRIPTION:** General Committee meeting, Group Secretary to issue agenda before meeting **CONTACT:** Jim Coates: jcoates1944@gmail.com 01337 831113

Tuesday 7th April

KINROSS & OCHIL:- Tuesday Walkers - See details at beginning of this programme.

KIRKCALDY:- Langtoun Daunderers - Kinghorn and Craighencalt

GRADE C: 4mls **DEPART:** KRSN at 10:00 **WALK START:** Car park beside the Harbour View in Pettycur Road, Kinghorn (KY3 9RL) at 10:15 **OS:** 66 **GR:** NT269866 **DESCRIPTION:** Via Grangehill, Rodanbraes and Kinghorn Loch, mainly on paths and tracks with a little road walking. **NOTE:** RADO CWRA. The proposed lunch venue is the Harbour View. **LEADER:** Jim Hall: jameshallkdy55@gmail.com 01592 640395

Thursday 9th April

DALGETY BAY:- Roamers ~ Dalgety Bay to Aberdour (minimal ascent)

GRADE D: 4mls/2.5hrs **WALK START:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **DESCRIPTION:** Along the Coastal Path when the daffodils are in bloom. After a refreshment opportunity the option is to return by bus or walk back. **NOTE:** RADO. **LEADER:** Alice McEwan: 01383 822013 or 07749 388113

DUNDEE:- Tealing Circular

GRADE C: 7mls/3hrs **DEPART:** OCCP at 09:30 **WALK START:** Tealing Church (Kirkton of Tealing) at 10:00 **OS:** 54 **GR:** NO402380 **DESCRIPTION:** Circular walk around Tealing on tracks with some road walking. Lunch to follow for those interested. Minimal ascent. **LEADER:** Sheila Wallace: smwallace55@gmail.com 01382 320243 or 07944 570925

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Saturday 11th April

BLAIRGOWRIE:- Brechin Path Network

GRADE C: 7mils/4hrs Ascent: 260m/850ft **DEPART:** WCPB at 09:30 **WALK START:** Street parking at St Ninian's Square at 10:30 **OS:** 45 **GR:** NO602602 **DESCRIPTION:** Relatively flat walk on paths, tracks and roads featuring town, riverside, woodland and farming landscapes. At end of the walk there will be a visit to the Cathedral assisted by a local person who will explain the history of the building. **LEADER:** Kathleen Frew: kathleenfrew@msn.com 01250 873805 or 07900 531159

DALGETY BAY:- Aberdour via Otterston Loch

GRADE C+: 9mils/4.5hrs Ascent: 130m/430ft **DEPART:** MBS - Meet at 09:35 to catch no 7 bus at 09:44 **WALK START:** Aberdour Railway Station at 10:00 **OS:** 65 **GR:** NT191854 **DESCRIPTION:** A circuit of Aberdour, then north west on tracks, paths, road and pavement, passing Otterston Loch and returning along The Avenue to Aberdour. **NOTE:** RADO. **LEADER:** Margaret Johnston: 01383 860725

DUNDEE:- Long Loch and Lundie Crags

GRADE C+: 8mils/5hrs Ascent: 150m/500ft **DEPART:** CWCP at 09:30 **WALK START:** Tullybaccart Car Park on A923 at 10:00 **OS:** 53 **GR:** NO263360 **DESCRIPTION:** Circular walk to Long Loch, up to monument and Lundie Crags. Can be muddy and wet underfoot in places. **LEADER:** Tom Webster: 01382 552473

KINROSS & OCHIL:- Balmullo/ Lucklaw Hill

GRADE C+: 7mils **DEPART:** KPR at 09:10 or BURN at 09:00 **WALK START:** Burnside, Balmullo at 10:00 **OS:** 371 **GR:** NO424209 **DESCRIPTION:** Starting on pavements then onto tracks uphill, through woods and country lanes. Varied scenery and terrain. **NOTE:** RADO. **LEADER:** Carolyn Jenkins: carolynjenkins1309@gmail.com 07925 972650

Sunday 12th April

FORFAR:- Edzell Northern Loop

GRADE C: 7mils **DEPART:** MMCP at 09:30 **WALK START:** Edzell Church at 10:15 **OS:** 54 **GR:** NO589692 **DESCRIPTION:** From Edzellmuir head to Old Reservoir down to Gannochy Cross Nth Esk enter the Burn Estate at Blue Door following riverside foot path to Burn House take road to Edzell Woods return to Edzell by Shakin Brig **LEADER:** Ross Henderson: 01307 467721

GLENROTHES:- Falkland - Maspie Den to Drumdreel Wood circular

GRADE B: 7.5mils/4hrs Ascent: 1200ft **DEPART:** LCCP at 09:30 **WALK START:** Falkland Stables CP at 10:00 **OS:** 58 **GR:** NO247074 **DESCRIPTION:** Following path up Maspie Den to Craigmhead (steady climb) then past Maiden Castle to Tyndal Monument (short steep ascent and descent) and Drumdreel Wood, return by lower route. Short road walk, mainly woodland paths. **NOTE:** NoSC RADO **LEADER:** L Allen 01592 748016 lesallen80@gmail.com

STIRLING & FALKIRK:- East Lomond

GRADE B: 5mils/4hrs Ascent: 400m/1310ft **DEPART:** LACP at 09:30 **WALK START:** West Port Car Park KY15 7DW Return mileage - 70 at 10:40 **OS:** 59 **GR:** NO248075 **DESCRIPTION:** A classic short hillwalk affording fine views. Steep stretches on the way up and most of the way down. **NOTE:** RADO NoSC. **LEADER:** Colin Thomson: colinbthomson@gmail.com 01786 472726 or 07702 636505

Wednesday 15th April

ST ANDREWS & NE FIFE:- Tayport Circular

GRADE C: 4.5mils/2.5hrs Ascent: 10m/30ft **DEPART:** FCPC at 09:15 **WALK START:** Links Road, North Tayport at 10:00 **OS:** 59 **GR:** NO465282 **DESCRIPTION:** Paths and tracks over Scotsraig Golf Course to Morton Lochs (coffee stop) and Fetterdale. Continuing via Meteorological Stn and Lundin Bridge back to car park. Binoculars recommended to view wildlife. **NOTE:** NoSC. Leaders will meet at start of walk. **LEADER:** Stewart & Linda Collier: 07881 596883

Thursday 16th April

GLENROTHES:-

Strollers Walk - see first page of this programme for details.

Friday 17th April

DUNFERMLINE & WEST FIFE:- Spring Long Weekend Meet

MEET: Keswick **DESCRIPTION:** Those interested should contact Grant. Make own arrangements for accommodation. **CONTACT:** Grant Robertson, 01577 208436, 07936 738581, grantrobertson1952@gmail.com

Saturday 18th April

BRECHIN:-

Rotmell Wood and Loch circular

GRADE C: 8.5mls **DEPART:** SNSB at 09:00 **WALK START:** Cally Car Park at 10:15 **OS:** 53 **GR:** NO023437 **DESCRIPTION:** Along good tracks to Mill Dam and Raor Lodge. Return by Rotmell Farm and Polney Loch. 1/4 mile on road. **LEADER:** Loraig Alexander: 01307 818791

DUNDEE:-

Little Glenshee

GRADE C+: 7mls/4hrs **DEPART:** CWCP at 09:00 **WALK START:** Car Park at Schochieburn (over a ford) (limited parking) at 10:15 **OS:** 52 **GR:** NN988340 **DESCRIPTION:** Circular walk on tracks and paths on open moorland and optional longer walk to Craig Gibbon and Obelisk (2 miles). **LEADER:** Graham Smith: 01382 528153 or 07963 819719

GLENROTHES:-

Kirriemuir Circular

GRADE C+: 8mls/4.5hrs Ascent: 120ft **DEPART:** LCCP at 09:30 **WALK START:** Tannage Brae Carpark in Kirriemuir. at 10:45 **OS:** 54 **GR:** NO383539 **DESCRIPTION:** After a gradual climb up to Kirrie Hill, we walk through woods and along quiet roads to Kinnordy Loch Nature Reserve. Return through Kirrie Den. **NOTE:** CWRA RADO **LEADER:** H Morrison 01592 749170 or 07821148256 hazmgmtmor@hotmail.com

KIRKCALDY:-

Prinlaws to Chapel linear

GRADE C+: 8mls **DEPART:** Kirkcaldy bus station stance 12, for 09:05 39A bus, at 09:00 **WALK START:** Leslie Library (KY6 3JW) at 10:05 **OS:** 59 **GR:** NO246015 **DESCRIPTION:** From Prinlaws via Flowers O'May, Finglassin's Well and Dogton to finish at Fife Retail Park, Chapel, for buses to Kirkcaldy town centre. Mainly on paths and tracks. **NOTE:** RADO NoSC. **LEADER:** Ruth Beddall: 01592 260578

PERTH:-

Methven and Almondbank Circular

GRADE C+: 7.5mls Ascent: 200m/660ft **DEPART:** ASDACP at 09:30 **WALK START:** George V Car Park, Methven Main Street at 09:50 **OS:** 58 **GR:** NO029259 **DESCRIPTION:** A varied walk on good paths through woodlands, riverside path and short sections of minor road walking. **NOTE:** RADO. **LEADER:** Jim Pirie: 01738 451314 or 07923 457219

Sunday 19th April

DUNDEE:-

Family Walk - River Tay in Perth

GRADE C: 3mls **WALK START:** South Inch Car Park (charges apply) at 14:00 **OS:** 58 **GR:** NO119229 **DESCRIPTION:** From car park walk over Railway Bridge, skimmies on Moncrieffe Island. Follow the Sculpture Trail, Norrie Miller Walk, cross bridge to Tay Street - look out for animal bricks. **LEADER:** Jean MacGillivray: jean.macgillivray@btinternet.com 01382 623052 or 07932 014859

STIRLING & FALKIRK:- Around Dunblane

GRADE C+: 8mls/4.5hrs Ascent: 250m/820ft **DEPART:** LACP at 09:30 **WALK START:** High School, Dunblane FK15 9EW Return mileage - 15 at 10:00 **OS:** 57 **GR:** NN772006 **DESCRIPTION:** A circular walk on familiar paths around Dunblane hopefully taking in the bluebells on the Laigh Hills. Parts of it could be muddy if it has been wet but the route can be altered. **NOTE:** DWOL CWRA. I will meet people at the start. **LEADER:** Katie: katiebaker50@sky.com 01786 821294 or 07985 455814

STRATHTAY:- Elcho and the Rhynd

GRADE C: 6mils **DEPART:** CGCP at 09:00 **WALK START:** Elcho Castle CP at 09:50 **OS:** 58 **GR:** NO164210 **DESCRIPTION:** Flat route on quiet farm roads (some tarmac) from Elcho Castle (Historic Scotland) and paths along the River Earn past the old ferry to the confluence with the River Tay and return along the Tay. **NOTE:** RADO. Visit the very interesting castle or buy an ice cream to pay for parking at the castle. **LEADER:** Joyce Cameron & Violet Keir: jemcameron@hotmail.co.uk 01887 840343 or 07568 440607

Tuesday 21st April

KINROSS & OCHIL:- Tuesday Walkers - See details at beginning of this programme.

Thursday 23rd April

GLENROTHES:- Strollers Walk - see first page of this programme for details.

STIRLING & FALKIRK:- Mid Week Wanderers – see first page of this programme for details.

Friday 24th April

BRECHIN:- Weekend in Pitlochry - advance booking required

DESCRIPTION: Weekend in Pitlochry - Friday 24 to Monday 27 April. **CONTACT:** Helen Simpson: bill_simpson@btinternet.com 01356 624583

Saturday 25th April

BLAIRGOWRIE:- Kinnoull Hill and Deuchny Wood

GRADE C+: 5.9mils/4hrs Ascent: 300m/980ft **DEPART:** WCPB at 09:30 **WALK START:** Quarry Car Park, Corsiehill, Perth PH2 7BZ at 10:00 **OS:** 58 **GR:** NO135234 **DESCRIPTION:** Walk takes advantage of extensive path network in Kinnoull Hill and Deuchny Wood area to provide numerous open views and points of interest. The woodland park is a Site of Special Scientific Interest, with an abundance of flora and fauna. **LEADER:** Bill Phillips: 01250 870260

DALGETY BAY:- Barnton to Wester Hailes Linear

GRADE C: 7.0mils/4.5hrs **DEPART:** MBS - meet at 09:05 to catch the X57 bus at 09:14 **WALK START:** Barnton Bus Stop at 09:45 **OS:** 66 **GR:** NT186750 **DESCRIPTION:** This is a suburban linear walk from Barnton bus stop to Wester Hailes through Cammo estate, Giles shopping centre, Edinburgh Park and Union Canal. We take bus to Edinburgh centre from Wester Hailes Plaza. **NOTE:** RADO. **LEADER:** Matsue Williams: 0131 332 4395

DUNDEE:- Little Lochs, Blairgowrie

GRADE C: 7.5mils/3.5hrs **DEPART:** CWCP at 09:45 **WALK START:** Hazlewood road (beside Blairgowrie Cemetery) off A93 on street parking at 10:30 **OS:** 53 **GR:** NO174437 **DESCRIPTION:** Easy low level route following paths, tracks and last mile of pavement through farmland and woodland. Passing through Darroch Wood and by Fingask, White and Stormont Lochs. **LEADER:** Barbara Sayers: 07986 867255

FORFAR:- Arbroath to Arbirlot

GRADE C: 5mils **DEPART:** MMCP at 09:30 **WALK START:** Elliot Car Park Arbroath at 10:15 **OS:** 54 **GR:** NO635402 **DESCRIPTION:** Circular walk along to Arbirlot, returning via Peasiehill Farm. Hopefully won't be muddy. **NOTE:** RADO. **LEADER:** Christine Ferguson: 01382 532384

PERTH:- Scone Circular

GRADE C: 6mils Ascent: 250m/820ft **DEPART:** Scone Old Church Car Park at 09:45 **WALK START:** Scone Old Church Car Park at 10:00 **OS:** 53 **GR:** NO131255 **DESCRIPTION:** A fine local circular walk around Scone taking in Macduff's Folly and the Lynedoch Obelisk, both with fine views. The gentle descent leads over the golf course before a final meander through Scone itself. **NOTE:** RADO. We are meeting and starting at Scone Old Church car park. The No7 bus stops just nearby if coming by bus. **LEADER:** Allen Bardwell: allenbardwell@blueyonder.co.uk 01738 444459 or 07952 339171



A wintry scene at Loch Glassie above Aberfeldy

Sunday 26th April

GLENROTHES:-

Glenrothes South Circular

GRADE C+: 9mils/4.5hrs Ascent: 400ft **DEPART:** LCCP at 09:30 **WALK START:** Lomond Centre CP at 09:30 **OS:** 59 **GR:** NO285008 **DESCRIPTION:** Walk on good tracks from LCCP via Stenton, Thornton and Coaltown of Balgonie. **NOTE:** CWRA RADO **LEADER:** W Cumming contact by Email splish2splosh@gmail.com

KINROSS & OCHIL:-

Dunblane – Allan Water Circular

GRADE C: 7mils **DEPART:** KPR at 09:00 or BURN at 09:15 **WALK START:** Dunblane Cathedral Square at 10:00 **OS:** 57 **GR:** NN782015 **DESCRIPTION:** A circular walk from Dunblane by the Allan Water to Kinbuck via Ashfield, returning past Crofts of Cromlix. **NOTE:** RADO. **LEADER:** Susan Tester: susantester@btinternet.com 01786 834535 or 07970 180149

KIRKCALDY:-

Bilston Glen & Roslin Glen

GRADE C+: 8.5mils Ascent: 260m/850ft **DEPART:** KRSN at 09:00 **WALK START:** Chapel Loan car park, diagonally opposite Rosslyn Chapel Visitor Centre (EH25 9LF) at 10:30 **OS:** 66 **GR:** NT273632 **DESCRIPTION:** A figure-of-eight walk. The top loop is on minor roads and tracks to Bilston Glen, then by the North Esk Way to Rosslyn Chapel. Thence the lower loop goes round Roslin Glen. The glen paths are undulating, with some short steep sections. **NOTE:** RADO NoSC. **LEADER:** Mike Livesey: 07783 201492 or 01592 503272

ST ANDREWS & NE FIFE:- Birnam Hill

GRADE B: 8.5mils/5hrs Ascent: 350m/1150ft **DEPART:** FCPC at 09:15 **WALK START:** Hermitage Car Park (parking charge £3) at 10:30 **OS:** 52 **GR:** NO013423 **DESCRIPTION:** Walk on good paths, climb through woodland and up to Birnam Hill, rewarded by great views. Descent is steep and may be muddy. **NOTE:** NoSC. Leaders will meet at walk start. **LEADER:** Carol Philip & Christine Arnold: 01334 475997 or 07979 541678 & 07718 316597

STIRLING & FALKIRK:- 25th Anniversary celebration walk

GRADE C: 6mils/4hrs Ascent: 100m/330ft **WALK START:** Near Torbrex Inn at 10:00 **OS:** 57 **GR:** NS788919 **DESCRIPTION:** Celebrating the 25th Anniversary of the clubs foundation we are having a shortish walk round Stirling. We may even find parts of Stirling that are new to some! Celebration Buffet Lunch at the Torbrex Inn will follow the walk at 14:00. **NOTE:** RADO NoSC. Limited Parking by Torbrex - use Stirling High School CP. **LEADER:** Ray Finlay: rayfin_1@hotmail.com 01786 449135 or 07792 549363

STIRLING & FALKIRK:- 25th Anniversary of the clubs beginning

MEET: Torbrex Inn at 14:00 **DESCRIPTION:** Celebration buffet lunch at the Torbrex Inn following a short walk round Stirling. The buffet will cost £10 and is being subsidised by the Club **CONTACT:** Ray Finlay: rayfin_1@hotmail.com 01786 449135 or 07792 549363

Thursday 30th April

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Friday 1st May

DALGETY BAY:- Weekend Away at Alnmouth - Friday 1st to Monday 4th May

CONTACT: Chris Roberts: c-b.roberts@tiscali.co.uk 01383 822184 or 07749 757587

STIRLING & FALKIRK:- Weekend away Kinloch Hotel, Arran

MEET: Arran at 14:00 **DESCRIPTION:** Further information contact Babs 1st May 2020 to 4th May 2020 **CONTACT:** Babs Butler: barbarafbutler@btinternet.com 01324 720165 or 07711 575561

Saturday 2nd May

BRECHIN:- St Monans to Crail (Linear)

GRADE C+: 9mils **DEPART:** SNSB at 09:00 **WALK START:** St Monans Harbour at 10:30 **OS:** 59 **GR:** NO526016 **DESCRIPTION:** Fife Coast Path via Pittenweem and Anstruther to Crail. Bring Bus Pass / money for return on public bus. Can be shortened at any other village bus stop. **LEADER:** Linda Cook: lindacook99@hotmail.com 01241 437446 or 07743 318515

GLENROTHES:- Bo'ness to Linlithgow

GRADE B: 10mils/5hrs Ascent: 400ft **DEPART:** LCCP at 09:30 **WALK START:** Bo'ness rail Station CP at 10:30 **OS:** 65 **GR:** NT002817 **DESCRIPTION:** Along Bo'ness foreshore to Kinneil House, then by Fishers Brae along north side of Linlithgow Loch. Return via Bonnytown and Airnath. Good paths and some road walking, on quiet country lanes, and urban streets. **NOTE:** NoSC RADO **LEADER:** I Rankin 01337 830360 ishabelrankin@gmail.com

KIRKCALDY:- Hopetoun Monument - Cupar linear

GRADE B: 10mils **DEPART:** KRSN at 08:45 **WALK START:** Fluthers car park, Cupar (KY15 4HB) at 09:45 **OS:** 59 **GR:** NO377147 **DESCRIPTION:** X54 bus from Crossgate at 10.07 to Scottish Deer Centre. Then walk back to Cupar on tracks and field edges via Hopetoun Monument, Torr of Moonzie, Cairney Lodge and Kingask. **NOTE:** RADO NoSC. **LEADER:** Margaret Miller: 01592 266956

PERTH:- Forgandenny via Castle Law to Bridge of Earn

GRADE B: 11mils Ascent: 335m/1100ft **DEPART:** Perth Bus Station to catch the 09:35 No 17 bus to Forgandenny (see note) at 09:35 **WALK START:** Forgandenny bus stop at 10:05 **OS:** 58 **GR:** NO087181 **DESCRIPTION:** A linear walk from Forgandenny to Bridge of Earn to catch the bus back to Perth. Roads, paths and tracks, steep in parts. Views from Castle Law. (alternative 7 mile circular with climb to Castle Law is possible if parked at Forgandenny). **NOTE:** RADO. Alternatively catch the 9.52 No 17 bus at Bridge of Earn to Forgandenny. Check bus times before walk as they can change. **LEADER:** Lynn Salvin: salvin@blueyonder.co.uk 01738 634628 or 07712 298939

STRATHTAY:- Annat to Aulich Loop

GRADE C: 7mils **DEPART:** CGCP at 09:00 **WALK START:** Annat at 09:40 **OS:** 42 **GR:** NN639591 **DESCRIPTION:** Moorland tracks with good views above Loch Rannoch from Annat to Aulich passing the Skyscape installation at Craiganour. **NOTE:** RADO. **LEADER:** Grace Proudfoot: sheffieldwoman@gmail.com 07548 626285

Sunday 3rd May

DUNFERMLINE & WEST FIFE:- White Coomb via the Grey Mare's tail

GRADE A: 7.5mils/6.5hrs Ascent: 750m/2460ft. **DEPART:** LPRCP at 08:00 **WALK START:** Grey Mare's Tail car park (National Trust) at 10:00 **OS:** 330 **GR:** NT186144 **DESCRIPTION:** White Coomb is a Corbett in the Moffat Hills. This fairly rough hillwalk climbs past the spectacular Grey Mare's Tail waterfall to beautiful Loch Skeen, on to the ridge at Lochcraig Head. Broad ridges are followed to White Coomb summit. **NOTE:** DWOL. **LEADER:** Grant Robertson, 01383 332265, grantrobertson1952@gmail.com

ST ANDREWS & NE FIFE:- Balmashanner Hill, Forfar

GRADE C+: 6.5mils/3.5hrs Ascent: 150m/490ft **DEPART:** FCPC at 09:00 **WALK START:** Forfar Loch Country Park, off Craig O'Loch Road at 10:15 **OS:** 54 **GR:** NO451507 **DESCRIPTION:** Start by passing Forfar Loch, and then on to Balmashanner Hill, which is climbed to enjoy monument and viewpoint. Return to start via Reid Park. **NOTE:** NoSC. **LEADER:** Dorothy Cameron: 01334 474305

Tuesday 5th May

KINROSS & OCHIL:- Tuesday Walkers - See details at beginning of this programme.

KIRKCALDY:- Langtoun Daunderers - Balwearie and Auchtertool

GRADE C: 5.5mils **DEPART:** KRSN at 10:00 **WALK START:** Beveridge Park car park at 10:15 **OS:** 59 **GR:** NT273908 **DESCRIPTION:** Head towards Balwearie Castle then Auchtertool before returning via Raith Estate. **NOTE:** RADO NoSC. Lunch venue to be decided. **LEADER:** Liz Greig: 01592 653682 or 07919 985239

Wednesday 6th May

DALGETY BAY:- Glen Vale & West Lomond

GRADE B+: 10mils/5.5hrs Ascent: 520m/1710ft **DEPART:** DBSCCP at 09:15 **WALK START:** Small car park on Dryside Road (Wester Balgeddie to Strathmiglo) at 10:00 **OS:** 58 **GR:** NO172069 **DESCRIPTION:** Follow the Glen Burn past the John Knox Pulpit to Glen Vale. Steep ascent of West Lomond & descent to Craigmear, continue past Harperleas reservoir & back via the Glen Burn path to the car park. **NOTE:** RADO NoSC. **LEADER:** Julia Mifflin: julia.mifflin@outlook.com 07747 761252

DUNDEE:- Strathmartine Circular Walk

GRADE C: 7mils/3hrs **DEPART:** CWCP at 09:30 **WALK START:** Pine Cone Cafe, Strathmartine at 09:45 **OS:** 54 **GR:** NO359350 **DESCRIPTION:** Circular walk in Strathmartine area on farm and woodland tracks with some road walking. Lunch to follow for those interested. Minimal ascent. **LEADER:** Sheila Wallace: smwallace55@gmail.com 01382 320243 or 07944 570925

ST ANDREWS & NE FIFE:- St Andrews Town Walk

GRADE C+: 5mls/3hrs Ascent: 30m/100ft **DEPART:** FCPC at 09:30 **WALK START:** West Port, St Andrews at 10:00 **OS:** 59 **GR:** NO505165 **DESCRIPTION:** Easy going walk around St Andrews taking in parts of the Lade Braes and various paths and tracks, finishing with a visit to a cafe for lunch. **NOTE:** RADO NoSC. If not meeting at FCPC, use X59 bus at 9.28am from stop opposite rail station at Cupar (based on current timetable). **LEADER:** Jim Forret: james.forret@btinternet.com 01334 656137 or 07526 670535

Thursday 7th May

GLENROTHES:- Strollers Walk - see first page of this programme for details.

STIRLING & FALKIRK:- Mid Week Wanderers – see first page of this programme for details.

Saturday 9th May**BLAIRGOWRIE:- Glen Fender**

GRADE B: 11mls/5.5hrs Ascent: 350m/1150ft **DEPART:** WCPB at 09:00 **WALK START:** Car Park at Amulree Village Hall(donations for parking in box) at 10:00 **OS:** 52 **GR:** NN898363 **DESCRIPTION:** Circuit of Glen Fender and descent to Glen Quaich by Turrereich and return by Loch Freuchie. **LEADER:** Sarah Martin & Barbara Oswald: jrmandsvm@aol.com 07925 252828 or 07790 052583

DUNDEE:- Loch Faskally Circular

GRADE C: 7mls/3.5hrs **DEPART:** CWCP at 09:15 **WALK START:** Boating Station, Loch Faskally at 10:30 **OS:** 43 **GR:** NN928586 **DESCRIPTION:** From boating station along east bank of loch to Garry Bridge. Return by River Tummel, Coronation Bridge and Foss Road. Some minor road walking. Minimal ascent. **LEADER:** Stewart & Val MacDonald: 01382 642728 & 07960 624539 or 07852 815900

KINROSS & OCHIL:- Collessie Den & Lindores Loch

GRADE C+: 7.5mls **DEPART:** KPR at 09:30 or BURN at 09:15 **WALK START:** Collessie Victory Hall Car Park at 10:00 **OS:** 59 **GR:** NO287134 **DESCRIPTION:** Circular walk by Collessie Dam and Grange of Lindores, passing Black Loch, Golden Loch and the remains of Abdie Old Kirk. At the end of Lindores Loch, gentle climb through plantation and return via Braeside. **NOTE:** RADO. **LEADER:** Andrew & Edna Burnett: 01577 862977 or 07724 561775

KIRKCALDY:- Dalgety Bay, Preston Hill & Letham Hill

GRADE C+: 8.5mls Ascent: 200m/660ft **DEPART:** KRSN, for 10:01 train to Dalgety Bay, at 09:45 **WALK START:** Dalgety Bay railway station (KY11 9NJ) at 10:20 **OS:** 65 **GR:** NT149840 **DESCRIPTION:** A coastal and woodland walk. Through Fordell Wood, then the Coastal Path skirting Dalgety Bay along to Preston Hill (Inverkeithing). Back via Letham Hill. **NOTE:** RADO NoSC. The walk will start after the arrival of the train at Dalgety Bay. **LEADER:** Joan Bizzarri: bizzarri.joan6@gmail.com 01592 269323 or 07851 702935

PERTH:- The Hermitage and Pine Cone

GRADE C+: 8mls Ascent: 400m/1310ft **DEPART:** ASDACP at 09:00 **WALK START:** Inver Caravan Park side road at 09:40 **OS:** 58 **GR:** NO013425 **DESCRIPTION:** A circular walk on forest tracks to the Hermitage and on to the Pine Cone view point and return by the river Tay. Excellent views. **NOTE:** RADO. **LEADER:** Kenny Valentine: 01738 446496

Sunday 10th May**FORFAR:- Gauldry to Kilmany, Fife**

GRADE C: 5mls **DEPART:** MMCP at 09:30 **WALK START:** Off Main Road at Gauldry, on Left Hand Side at 10:30 **OS:** 59 **GR:** NO373237 **DESCRIPTION:** Easy low level route through woodland and over farm land with some well graded ascent **LEADER:** Hamish Mungall: 01307 465760

GLENROTHES:- Glenrothes - Pitcairn to East Lomond circular

GRADE B: 9mls/5hrs Ascent: 1200ft **DEPART:** LCCP at 9:30 **WALK START:** Pitcairn Centre CP at 9:45 **OS:** 59 **GR:** NO265036 **DESCRIPTION:** To East Lomond by Formonthills, Balgeddie, Holl and Ballo reservoirs. Some rough paths and moderate inclines. **NOTE:** CWRA RADO Lomond Centre CP unavailable this we **LEADER:** C & B Barton 01383725859 chrisbettybarton@gmail.com

STIRLING & FALKIRK:- Glen Finglas Circular

GRADE C+: 7mls/4hrs Ascent: 350m/1150ft **DEPART:** LACP at 09:30 **WALK START:** Little Druim Car Park FK17 8HR Return mileage - 30 at 10:30 **OS:** 57 **GR:** NN550063 **DESCRIPTION:** An interesting walk to Glen Finglas Reservoir and back via Brig o Turk. Starting with a steady climb through woodland and then open views over the reservoir, all on easy paths. **NOTE:** RADO CWRA. **LEADER:** Val Smith: vps6@iname.com 01786 470976 or 07828 149859

Thursday 14th May

DALGETY BAY:- Roamers ~ Dunfermline to Cairneyhill on the Fife Pilgrim Way

GRADE D: 4mls/2.5hrs Ascent: 20m/70ft **DEPART:** Regents Way bus stop (opposite Hugo's Bar) Meet at 08:55 to catch the no 7B bus at 09:00 **WALK START:** Dunfermline bus station at 09:45 **OS:** 65 **GR:** NT090877 **DESCRIPTION:** A walk on paved surfaces and good paths. Frequent bus service to return to Dunfermline bus station and then to return to Dalgety Bay on no 7 bus or no 7B bus. **NOTE:** RADO. **LEADER:** Ben Douglas: 01383 822715 or 07852 658675

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Saturday 16th May

BRECHIN:- Cat Law and Glen Quharity

GRADE C+: 8mls **DEPART:** SNSB at 09:00 **WALK START:** Old gates of Balintore Castle near Auldallan. at 10:15 **OS:** 53 **GR:** NO296586 **DESCRIPTION:** Route continues on to Map 44. Steady ascent up Cat Law from Auldallan. Return by Glen Quharity and Balintore. Good views on a clear day. **LEADER:** Susan McLaren: susan@muirhouses.plus.com 01575 573128

DALGETY BAY:- Gartmorn Dam, The Lade & Forestmill

GRADE C+: 9.5mls/4.5hrs Ascent: 132m/430ft **DEPART:** DBSCCP at 09:15 **WALK START:** Gartmorn Dam Visitor Centre Car Park at 10:00 **OS:** 58 **GR:** NS911940 **DESCRIPTION:** A circular walk from Gartmorn Dam along The Lade to Forestmill and returning via quiet 'B' roads and the disused Dunfermline to Alloa railway line. The walk includes paths through the Dam Country Park and cycle route 764. **NOTE:** RADO. Walk includes approx. 4 miles on tarmac roads and the Cycleway. **LEADER:** Neil Denness: neildenness@gmail.com 07772 904880



West Highland Way Retreat

Group Reports for 2019



Roger Brickell:

In January 2020, Roger Brickell, the Area Convenor, unfortunately died after a protracted battle with cancer. Roger was a keen member of the Perth group and has acted as Area Convenor for several years. He will be sadly missed by members throughout the area

Roger at his 80th Birthday party, December 2019

Perth and District

Current membership over the year has been around 210, though the number of regular walkers would be closer to 50. We have been able to run a regular programme of both Saturday and Wednesday all day walks and have some monthly half-day walks for those members finding a full 7-10 mile walk too demanding. On the other end of the scale the A-walkers have continued their separate programme of more demanding walks. The usual long weekend away became a 5-day (Monday-Friday) sojourn in September based at Hawick in the Yorkshire Dales. This proved to be very successful and the same 5-day format is to be used in 2020 for Alnwick in Northumberland. The Hawick trip was also supplemented by June coach trip to Largs on a particular lovely sunny day. The group Xmas lunch was held at the Hutingtontower Hotel for a second year and proved to be very popular.



Strange geological formations in Yorkshire

Glenrothes.

We have enjoyed another year with a great mixture of walks. We managed a full programme again offering walks every alternate Saturday/Sunday and every Thursday.

This is in no small part due to the dedication of our many walk leaders. Numbers attending the weekend walks are a bit erratic but the Thursday “Strollers” are thriving with attendances remaining good. We arranged a summer coach trip to Arbroath. Members and guests had a choice of several great walks and we all enjoyed high tea at the Bellrock Café.

Our weekend away in Tarbet was well attended as usual and we were very fortunate with the weather. There was a great variety of walks for all abilities over the four days and the quiz organised by one of our members proved very popular. Our winter walks which were held in December, were followed by a Christmas meal at Balbirnie Golf Club, Markinch. This continues to be a first-rate venue for us with an excellent choice of delicious food and great service.

St Andrews & N.E. Fife

We enjoyed a full and varied programme of walks during the year, mostly in Fife, Angus and Perthshire. While we would be pleased to see greater numbers on our weekend walks, we have had a consistently good turnout for our more leisurely, local Wednesday walks (and the post-walk refreshments). Some new members have joined us recently but our overall membership is still reducing gradually. We completed two sections of the new Fife Pilgrim Way, which was formally launched in July, and we plan to complete the full route over future walk programmes. In May we travelled to Dunoon for our annual holiday. Although the weather was rather less favourable than the previous year we still enjoyed two scenic linear walks by Loch Eck and the Kyles of Bute, and of course excellent company throughout the four days. We finished the year in good spirits with our well-attended Christmas lunch.



May Trip – lunch at Glen Caladh, Tighnabruaich

Dunfermline and West Fife

Although a fairly small group, Dunfermline and West Fife Ramblers put on a full programme of almost 40 walks last year including successful weekends away at Dunoon and Gairloch. In addition we organised a well-attended Christmas lunch in Dunfermline. We always try to put on a range of walks to suit differing abilities and interests.

This year we're planning walks in a variety of places from local walks to the Borders and the Trossachs. At the time of writing we're considering the venues for our weekends away and are thinking about venturing south of the border for the first time in the Lake District. If you are interested in joining us on any of these walks, we'd be delighted to hear from you.

Forfar and District

We have had a varied programme of walks this year. Away took us to Edinburgh, where we climbed Calton Hill and enjoyed a guided tour of the Scottish Parliament. We also had a successful long weekend in Pitlochry and later on the 3rd of November celebrated our 20th anniversary with lunch at the Royal Hotel in Forfar. It was good to see so many members, past and present, and it proved to be a happy and friendly occasion. We did our charity walk for Children in Need again and raised the sum of £328. Thanks to all that contributed. Our membership remains steady in terms of numbers.

Blairgowrie



A happy band of Blairgowrie members at the Station Hotel, Dumfries on a long weekend away



Blairgowrie ramblers at Rosslyn Castle

Dundee Ramblers

Once again, a busy year for Dundee Ramblers. Many of our group attended the Ramblers Gathering in Melrose in May. We had our own weekend away in Strathpeffer in September, over 50 attended. We had 2 bus trips during the year, one for walkers to do Jock's Road and another to Edinburgh for a guided walk to Arthur's seat. Many of our group have walked the whole of the Fife Coast in sections and some have now started on the Pilgrim's Way. We had the usual social events – Fish Supper night with Irish Dancers and Irish Bingo, a Meal at Dundee College and our Annual Christmas Meal in the Queen's Hotel. Members attended the Ramblers Roadshow as well as Training courses.

Dundee Ramblers Family Group

We are continuing with the Family Group with a walk most months. We now have 8 families attending regularly. We had a Joint Walk with Edinburgh Family Group at Maspie Den, a Fancy Dress walk at Halloween in Crombie Park and a pre Christmas walk round Forfar Loch, Santa hats were worn! We would like to see more young families as well as Grandparents. We would welcome families from other groups in the area so please spread the word.

Brechin District



This year we would like to make a special mention of Colin White. Colin has been an integral part of Brechin Ramblers for many years. He has served on the committee been Chair and for the last few years our walks coordinator and much more. He not only organised our walks programme, he also booked our buses for away trips and organised meals. He also instigated the Cheese and Wine evening not only as a social event but to encourage new members. He was also a prolific walk leader. Colin was presented with a Volunteer Award for his contribution to walking at his last Cheese and wine, a fitting event in which to acknowledge his contribution to Brechin Ramblers.

Colin receives his award from Ellen Smith

Colin and his wife Maggie were also presented with gifts from the Ramblers and the Monday walkers of which he was a big part encouraging nearly all them to join the Ramblers. Colin and Maggie have relocated to the West Coast to be nearer their family. We will all miss Colin not only as a ramble but as a friend.

Kinross and Ochil

We have had a good programme of walks and our membership has risen to 73. Our shorter Tuesday walks remain as popular as ever and we are very pleased to have had many more members taking on the challenge of leading walks for the first time. Our weekend away in June to Arrochar was most enjoyable despite the weather. We had a good day on the Saturday with some sun when we attempted the Cobbler, even though the mist came down to obscure it. The company as always was excellent as was the accommodation, food and our traditional annual quiz. Our Christmas lunch was held at the Dunmar House Hotel in Alloa which was excellent for both food and service and was a good way to end the year.

Kirkcaldy Ramblers

We have had another full programme of Saturday and the occasional Sunday walks, with relatively few having to be cancelled due to weather conditions. Our Langtoun Daunderers walks, held on the first Tuesday of each month, continue to be well attended, with many local businesses enjoying the extra custom at lunchtime as the group finish off with a much anticipated meal. Our weekends away this year saw us

visit Peebles in April and Tarbet in September, on both weekends we were luckier than expected with the weather conditions which meant we could take full advantage of the beautiful scenery and variety of walks in these areas. Our Christmas meal took place at Dunnikier Golf Club after a local walk in very frosty, but beautiful, conditions around the outskirts of Kirkcaldy, Thornton and Cluny. Membership remains steady with a few new members joining our group as a result of our involvement with the Walking Festival organised by Greener Kirkcaldy. Our group arranged a Daunderers Walk and a Saturday walk to encourage new people. Both were attended by first time walkers with the Ramblers whose feedback was very positive. We also have more people coming forward as Walk Leaders, which is welcomed.

Stirling and Falkirk

The highlight for last year was the award to Falkirk as Britain's Best Walking Neighbourhood and the invitation for the Chair, Wraight Shepherd, to make a speech in the Churchill Room at the House of Commons and so for a time Falkirk was highlighted on TV, radio and the national press.



We also enjoyed a number of long weekends away. Last Spring our weekend trip was in Gilsland in Cumbria, Hadrian's Wall country where we enjoyed some great walks in undulating countryside. Last Autumn our weekend was in Kingussie in The Spey Valley which was a completely different terrain but just as beautiful. In Spring 2020 we go back to Aran, where we hope to explore more of the amazing coastline and the steep, rocky hills. Looking ahead to next autumn our destination is Blairgowrie, where we will enjoy the lovely mix of highland and lowland scenery. We also plan to retrace the "Walk Round Falkirk's Surprising Sights," because this was part of our national competition submission. Join us for this on September 6th if you can!

Our Forth Valley Young walkers continues to grow, and we are now planning a trial run of more strenuous midweek Walks. Our five railway walks leaflets are now well distributed and as a result the walks from Bridge of Allan and Dunblane Railway stations are now very well used.



Sunday 17th May

DUNFERMLINE & WEST FIFE:- West Lomond from Craigmead

GRADE B: 5mils/3hrs Ascent: 270m/885ft. **DEPART:** LPRCP at 08:30 **WALK START:** Craigmead car park at 09:00 **OS:** 53 **GR:** NO227062 **DESCRIPTION:** Classic hill walk over West Lomond. **NOTE:** DWOL. **LEADER:** Alan McGuckin, 01383 731557 or 07970 172593, atmcg53@gmail.com

KIRKCALDY:- Kirkcaldy - Kilrie - Craigencalt circular

GRADE B: 11mils **DEPART:** Beveridge Park car park at 09:00 **WALK START:** Beveridge Park car park at 09:05 **OS:** 59 **GR:** NT273908 **DESCRIPTION:** From Beveridge Park to Balwearie Castle, then towards Kilrie Farm and woodland area. Up through the Glassmounts to the Kissing Trees Road and into Craigencalt Village at Kinghorn. Return to Beveridge Park on the Coastal Path. **NOTE:** RADO NoSC. **LEADER:** Joan Brown: joanbrown8@gmail.com 07989 904371

ST ANDREWS & NE FIFE:- Group Holiday to Stranraer 17th to 22nd May

MEET: North West Castle Hotel, Stranraer at 15:00 **DESCRIPTION:** Possible easy local starter walk on first day, time tbd. Walks will be agreed after dinner each night for the following day, likely to be at least 2 walks of different grades according to interest. **NOTE:** Travel arrangements to/from Stranraer to be arranged by those going on the holiday **CONTACT:** Jim Coates: jcoates1944@gmail.com 01337 831113

STIRLING & FALKIRK:- Ballathie and River Tay

GRADE B: 8mils/4hrs Ascent: 200m/660ft **DEPART:** LACP at 09:30 **WALK START:** Ballathie House Hotel PH2 6DS Return mileage - 90 at 10:45 **OS:** 53 **GR:** NO146367 **DESCRIPTION:** A varied walk taking in woodland, riverside, and open farmland. We visit Taymount Wood, onward to Campsie Linn then along the banks of the Tay, where there are a few steep, tricky stretches of paths. **NOTE:** RADO NoSC. **LEADER:** Hilary Thomson: hilarydthomson@gmail.com 01786 472726 or 07834 529694

STRATHTAY:- Little Glenshee and Craig Gibbon

GRADE C+: 8mils **DEPART:** CGCP at 09:00 **WALK START:** Little Glenshee, near the Slochie Burn at 09:50 **OS:** 52 **GR:** NN989339 **DESCRIPTION:** Circular walk from Little Glenshee to the obelisk on Craig Gibbon above Glen Garr and visiting a large stone circle and Loch Tullybelton. **NOTE:** RADO. **LEADER:** Jenny Rees: jenny.rees@virgin.net 07979 608496

Monday 18th May

PERTH:- Away Trip to Northumberland

DESCRIPTION: The away trip is centred on Alnwick for the 18th - 22nd May. A variety of walks will be planned for the week. Members will need to book their own accommodation - details have been published to Perth Group members. Suggested accommodation is the White Swan, Bondgate Within, Alnwick, Northumberland, NE66 1TD, tel: 01665 602109 **CONTACT:** Paula Bowman: pbowman58@hotmail.com 01738 582339 or 07870 937963

Tuesday 19th May

DUNDEE:- Possibility of College Meal (date and details yet to be confirmed)

DESCRIPTION: This is the date we are hoping to arrange a meal at Dundee & Angus College but as yet we have not had confirmation from the College. Will email you all once we know what is happening. **CONTACT:** L Beveridge: 01382 730832 or 07811 462266

KINROSS & OCHIL:- Tuesday Walkers - See details at beginning of this programme.

Wednesday 20th May

DUNFERMLINE & WEST FIFE:- Valleyfield Woods - Evening walk

GRADE C: 3mils/2hrs Ascent: 40m/131ft. **DEPART:** LPRCP at 18:30 **WALK START:** Shiresmill Riding School car park at 19:00 **OS:** 367 **GR:** NT004877 **DESCRIPTION:** A gentle wander around the Valleyfield Woodland Park, possibly extending out towards Balgonie Woods. Mostly good paths but some rougher bits. **NOTE:** DWOL. **LEADER:** Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

Thursday 21st May

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Saturday 23rd May

BLAIRGOWRIE:- Ballochbuie Forest and Falls of Garbh Allt

GRADE C+: 7.5mils/4.5hrs Ascent: 300m/980ft **DEPART:** WCPB at 09:15 **WALK START:** Invercauld Estate Kelloch Car Park (change for car park charge) at 10:30 **OS:** 43 **GR:** NO188912 **DESCRIPTION:** A circular walk south of the River Dee on paths and tracks taking in the Falls of Garbh Allt, with good views of surrounding hills and mountains. **LEADER:** Jean Stewart: 01250 873852

DALGETY BAY:- Letham Glen & Silverburn Estate

GRADE C: 6mils/3.5hrs Ascent: 50m/160ft **DEPART:** DBSCCP at 09:30 **WALK START:** Promenade Car park, Leven at 10:15 **OS:** 59 **GR:** NO391014 **DESCRIPTION:** Circular walk on paths and minor roads. **NOTE:** RADO. **LEADER:** Alice McEwan: 01383 822013 or 07749 388113

FORFAR:- Abernethy Glen and Pitmedden Forest

GRADE C: 6mils **DEPART:** MMCP at 09:30 **WALK START:** Abernethy Tower at 10:40 **OS:** 58 **GR:** NO190163 **DESCRIPTION:** Following paths and trails through forest and across farmland. Follow Kirk Wynd south and track to Craigden and through the glen. Into Pitmedden Forest and NE on track back to Gattaway and Newburgh Road. **LEADER:** Ross Henderson: 01307 467721

PERTH:- Knachly and Hill of Spott

GRADE C+: 6.5mils Ascent: 340m/1120ft **DEPART:** ASDACP at 09:00 **WALK START:** Public car park in Glenprosen Village at 10:15 **OS:** 54 **GR:** NO328657 **DESCRIPTION:** Initially taking the Minister's Road, turn sharp right to climb to the top of Knachly, then follow the ridge to Hill of Spott before descending and turning back, joining the road to the car park. Good views at various points. **NOTE:** RADO. Mostly good paths or tracks and ascents that are moderate. **LEADER:** Pete & Anne Trant: thetrants@virginmedia.com 01738 565075 & 07985 202934 or 07557 785696

Sunday 24th May

GLENROTHES:- Edzell - Rocks of Solitude circular

GRADE B: 9mils/5hrs Ascent: 200ft **DEPART:** LCCP at 9:30 **WALK START:** Edzell Muir CP near Edzell Church. at 11:00 **OS:** 44 **GR:** NO599693 **DESCRIPTION:** By roadside path to Gannochy Bridge, through the "blue door" then along the riverside path to Rocks of Solitude, return by Kirkton of Balfour. **NOTE:** NoSC RADO **LEADER:** H Morrison 01592 749170 or 07821148256 hazmgtmor@hotmail.com

KINROSS & OCHIL:- Pentland Hills Walk

GRADE C+: 8mils **DEPART:** KPR at 09:20 or BURN at 09:30 **WALK START:** Car park adjacent to Harlow House Ranger Centre (EH14 7AS) at 10:30 **OS:** 344 **GR:** NT182654 **DESCRIPTION:** Circular walk on paths of varying quality alongside reservoirs then leading into Pentland Hills providing excellent views of Edinburgh. **NOTE:** RADO. **LEADER:** Ken Staples: woodleak-ken@tiscali.co.uk 07810 180283

STIRLING & FALKIRK:- Stank Glen and The Ben Ledi Pinnacles

GRADE B: 5mils/5hrs Ascent: 610m/2000ft **DEPART:** LACP at 09:00 **WALK START:** Ben Ledi car park, turning off A84 at top of Pass of Leny FK17 8HD Return mileage - 40 at 09:45 **OS:** 57 **GR:** NN587092 **DESCRIPTION:** Early start as Ben Ledi CP fills early. We follow The Rob Roy Trail to the base of Stank Glen, then take the path along the fast flowing stream to the top of the forest. Turning left. We ascend to the amazing and unexpected pinnacles. **NOTE:** RADO NoSC. Longer "B+" walk 6 miles could climb to the summit of Ben Ledi if the weather permits. Confirm attendance with walk lead. **LEADER:** Wraight Shepherd: wraight.shepherd@talk21.com 01786 475137 or 07753 941564

Wednesday 27th May

STIRLING & FALKIRK:- Mid Week Wanderers – see first page of this programme for details.

Thursday 28th May

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Friday 29th May

KINROSS & OCHIL:- Weekend Away in Rothesay, Isle of Bute

MEET: Glenburn Hotel, Rothesay at 15:00 **GR: DESCRIPTION:** Friday to Sunday with both long and short walks available. **CONTACT:** Susan Tester & Sybil Taylor: 07970 180149 or 07890 217935

Saturday 30th May

BRECHIN:- Loch Leven Linear - Bus and Meal - Booking req'd

GRADE C: 6.5mils **DEPART:** SNSB at 08:00 **WALK START:** RSPB Vane Farm Reserve Car Park, near Kinross at 09:30 **OS:** 58 **GR:** NT159990 **DESCRIPTION:** Level scenic walk on good paths anticlockwise around Loch Leven, finishing at Kinross Pier. Opportunity to visit Loch Leven's Larder in Wester Balgedie. **LEADER:** June Greig: snowyowljg@gmail.com 01674 676413 or 07745 836807

DALGETY BAY:- Ochils from Upper Glendevon

GRADE B+: 10mls/6hrs Ascent: 600m/1970ft **DEPART:** DBSCCP at 09:00 **WALK START:** Upper Glendevon Reservoir lay-by (right hand side). at 10:00 **OS:** 58 **GR:** NN912041 **DESCRIPTION:** Circular walk taking in 5 tops including Ben Cleuch. Exposed and can be boggy in places. Mostly on good tracks, but some rough ground to be expected. **NOTE:** RADO NoSC. **LEADER:** Ian Bruce: ianbruce100@btinternet.com 01383 616062 or 07518 154237

DUNFERMLINE & WEST FIFE:- Pilgrim's Way

GRADE C+: 8mls/5hrs **DEPART:** Dunfermline Bus Station at 09:20 **WALK START:** Culross West car park at 09:50 **OS:** 65 **GR:** NS984859 **DESCRIPTION:** First part of Fife Pilgrim's Way from historic town of Culross to Dunfermline Abbey. Linear walk. **NOTE:** DWOL. No 8 bus from Dunfermline. **LEADER:** Maggie Baillie, 01383 720235 or 07890 675657, maggie-b54@hotmail.com

GLENROTHES:- Luthrie - Normans Law Circular

GRADE B: 6.5mls/3.5hrs Ascent: 1300ft **DEPART:** LCCP at 09:30 **WALK START:** Luthrie Village Hall CP (parking is limited additional parking at Luthrie farm road) at 10:00 **OS:** 59 **GR:** NO331196 **DESCRIPTION:** Walking in forest and farmland to the top of the Law steady climb, with Panoramic views of Fife and the River Tay return by Denmuir. **NOTE:** CWRA RADO **LEADER:** L Bain 07977489965 thebains@yahoo.com

KIRKCALDY:- Newport and Tayport circular

GRADE C+: 8mls **DEPART:** KRSN at 09:00 **WALK START:** Tay Bridge South Access car park at 10:00 **OS:** 59 **GR:** NO426287 **DESCRIPTION:** Mostly on tracks and paths, with a little road walking. Taking Coastal Path past Tayport and Morton Lochs before heading inland towards Inverdoat, then return to car park. **NOTE:** RADO NoSC. **LEADER:** Liz Greig: 01592 653682 or 07919 985239

PERTH:- Tayport Circular

GRADE C: 9mls **DEPART:** ASDACP at 09:30 **WALK START:** Car Park at Links Road North at 10:30 **OS:** 59 **GR:** NO465281 **DESCRIPTION:** A circular walk along the sands on a falling tide then to see seals on the sandbanks and return through Tentsmuir Forest via the ice house and Morton Lochs. **NOTE:** RADO. Co Leader is Helen McGillivray tel: 07763277262. **LEADER:** L Rankin: 01738 270568 or 07928 758259

STRATHTAY:- Pitmedden Forest (Abernethy)

GRADE C+: 8mls **DEPART:** CGCP at 09:00 **WALK START:** Abernethy village, near the Tower at 10:00 **OS:** 58 **GR:** NO190164 **DESCRIPTION:** Circular route through Pitmedden Forest (the old royal hunting grounds) with good views north to the Tay and south to the Lomonds. **NOTE:** RADO. **LEADER:** Joyce Cameron & Violet Keir: jemcameron@hotmail.co.uk 01887 840343 or 07568 440607

Sunday 31st May

STIRLING & FALKIRK:- Muthill and Drummond Castle Circular

GRADE C+: 10mls/5.5hrs Ascent: 30m/100ft **DEPART:** LACP at 09:30 **WALK START:** Muthill Primary School PH5 2AR Return mileage - 40 at 10:15 **OS:** 58 **GR:** NN868170 **DESCRIPTION:** Starting in the pretty village of Muthill we head out to the countryside, walking beside the River Earn before returning via Drummond Castle. Walking mainly on grassy tracks, fields and minor roads. There could be cows in one of the fields. **NOTE:** RADO NoSC. **LEADER:** Babs Butler: barbaraftbutler@btinternet.com 01324 720165 or 07711 575561

Tuesday 2nd June

DUNDEE:- Newtyle Circular by Polish Cross

GRADE C: 7mls/3hrs **DEPART:** CWCP at 09:30 **WALK START:** North Street Car Park, Newtyle at 10:00 **OS:** 53 **GR:** NO296415 **DESCRIPTION:** Circular walk on tracks and through woodland area. Can be muddy. Lunch to follow for those interested. Minimal ascent. **LEADER:** Sheila Wallace: smwallace55@gmail.com 01382 320243 or 07944 570925

KINROSS & OCHIL:- Tuesday Walkers - See details at beginning of this programme.

KIRKCALDY:- Langtoun Daunders - Blairadam Forest Explorer

GRADE C: 4mils **DEPART:** KRSN at 10:00 **WALK START:** Clentry Forestry Commission car park, 1 km along the access road (NT127937) off the B914 at 10:30 **OS:** 78 **GR:** NT129946 **DESCRIPTION:** A snaking walk taking in three waymarked trails. **NOTE:** DWOL NoSC. Lunch venue to be decided. **LEADER:** Beth Dickson: bd6427@icloud.com 07791 912417

Thursday 4th June

DUNFERMLINE & WEST FIFE:- Culross Circuit - Evening walk

GRADE C: 3.5mils/1.5hrs **DEPART:** LPRCP at 17:30 **WALK START:** Culross West car park at 18:00 **OS:** 367 **GR:** NS983859 **DESCRIPTION:** A leisurely circuit of an historic town on generally firm tracks and possibly muddy woodland tracks, with a little road walking. **NOTE:** DWOL. **LEADER:** Anne Laird, 01383 727515 or 07768 860066, anne-laird@hotmail.co.uk

GLENROTHES:- Strollers Walk - see first page of this programme for details.

KIRKCALDY:- Summer Meal - advance notice

DESCRIPTION: The summer meal will take place on July 4 (see separate entry) at the Golf Inn, Ladybank. See the Kirkcaldy group page at the Ramblers website for further details. **CONTACT:** Mike Livesey: 07783 201492 or 01592 503272

Saturday 6th June

BLAIRGOWRIE:- Day Away - Duthie Park Aberdeen

MEET: WCPB at 08:30 **DESCRIPTION:** Day Away is to Duthie Park. As previous years there will be a walk (led by Phil Taylor: 01828 633648), an opportunity to visit the Winter Gardens and a meal to complete the day. Full details will be sent out once a recce has been done. PLEASE NOTE!!!! **DEPART TIME MAY CHANGE.** To book **CONTACT:** Madeleine MacIntosh: maddiesworld@outlook.Com 01250 872005

DALGETY BAY:- Kirkcaldy -Thornton - Cluny Circular [minimal ascent]

GRADE C+: 10mils/5hrs **DEPART:** DBSCCP at 09:15 **WALK START:** Car park at foot of Johnny Marshall's Loan at 10:00 **OS:** 59 **GR:** NT273940 **DESCRIPTION:** Walk in the countryside to the north of Kirkcaldy. Mainly on paths and tracks with a little road walking. **LEADER:** Margaret Johnston & Jane Mitchell: 01383 860725 & 01383 822843 or 07907 592251 & 07975 984015

DUNDEE:- Birnam Circular Walk

GRADE C+: 7.5mils/4hrs **DEPART:** CWCP at 09:30 **WALK START:** Birnam Arts Centre, Station Road, Birnam at 10:30 **OS:** 52 **GR:** NO031418 **DESCRIPTION:** Circular walk from Birnam up the side of the river onto open countryside taking in the Pine Cone, Hermitage and Inver. On good tracks and paths with some ascents. **LEADER:** L Beveridge & J Cumming: 01382 730832 & 07811 462266 or 01382 642752 & 07526 237526

DUNFERMLINE & WEST FIFE:- Limekilns and Charleston

GRADE C: 7mils/3.5hrs **DEPART:** LPRCP at 09:30 **WALK START:** Limekilns car park - opposite the Bistro at 10:00 **OS:** 367 **GR:** NT075833 **DESCRIPTION:** A circular walk from Limekilns and Charleston taking in Broomhall Estate and Pitliver, returning by Douglas Bank cemetery (Pattiesmuir). Mostly good paths, some muddy sections and some road walking. **NOTE:** DWOL. **LEADER:** Linda Moyes, 01383 852817 or 07840 759384, lm57.moyes@gmail.com

PERTH:- Bus Trip to Oban

MEET: Broxden Park and Ride to catch the Docherty Coach at 08:00 **DESCRIPTION:** The Saturday bus trip day to Oban - various walks will be offered or just enjoy the seaside. Contact Lynn Salvin to book your seat and there will be a charge of £10 per person. Perth members have priority as bus is subsidised from Self Fund The bus starts from Broxden P&R this time and not ASDA. **CONTACT:** Lynn Salvin: salvin@blueyonder.co.uk 01738 634628 or 07712 298939

Sunday 7th June

FORFAR:-

Arbroath to Auchmithie

GRADE C+: 8mils **DEPART:** MMCP at 09:30 **WALK START:** Victoria Car Park Arbroath at 10:10 **OS:** 54 **GR:** NO658412 **DESCRIPTION:** Pleasant coastal walk along the cliffs and return **LEADER:** Jackie Kerr: 01674 958142

GLENROTHES:-

Dunfermline - Fordell Estate to Hillend

GRADE C+: 8mils/4hrs Ascent: 450ft **DEPART:** LCCP at 9:30 **WALK START:** Tesco Superstore CP at 10:15 **OS:** 65 **GR:** NT128864 **DESCRIPTION:** A circular walk around the countryside passing through Calais Muir Wood, Fordell Estate and Hillend SE of Dunfermline on core paths and good tracks. May be muddy in places **NOTE:** CWRA DWOL Leader will meet walkers at the start of the walk **LEADER:** M Slaven 07754141295 marygg08@talktalk.net

ST ANDREWS & NE FIFE:-

Caputh and Spittalfield Circular

GRADE C+: 7mils/3.5hrs Ascent: 200m/660ft **DEPART:** FCPC at 09:00 **WALK START:** Caputh Village Hall, opposite Caputh Parish Church on A984 at 10:30 **OS:** 53 **GR:** NO088401 **DESCRIPTION:** Circular walk following good, well-signed tracks and paths through farmland and woodland, with some well-graded ascent and a short section of road walking before returning by the River Tay. **NOTE:** RADO NoSC. **LEADER:** Jane Houston: jemillar15@aol.co.uk 01334 850211 or 07771 856643

STIRLING & FALKIRK:-

Colsnaur Hill and Menstrie Burn

GRADE B+: 8mils/6hrs Ascent: 600m/1970ft **DEPART:** LACP at 09:40 **WALK START:** Gate on track off Ochil Road, FK11 7BA Return mileage - 10 at 10:00 **OS:** 58 **GR:** NS850971 **DESCRIPTION:** Ascent by forestry track & path to 550 mtr summit of Colsnaur Hill, across high moorland before descending on forestry tracks through the new Jerah woodland to ruined Jerah Farm. There we take a footpath following Menstrie Burn to start. **NOTE:** DWOL NoSC. If you intend to go on this walk, you must inform the walk leader in advance. **LEADER:** Douglas Tulloch: doug@tulloch.info 07881 662885

Thursday 11th June

DALGETY BAY:-

Roamers ~ Kirkcaldy Linear

GRADE D: 4mils/2.5hrs Ascent: 20m/70ft **DEPART:** MBS - meet at 09:05 to catch the no7 bus to Kirkcaldy at 09:14 **WALK START:** Seafield Bus Stop (opposite Morrisons) at 09:55 **OS:** 66 **GR:** NT276899 **DESCRIPTION:** A linear walk including a circuit of Beveridge Park and a visit to the Kirkcaldy Galleries (refreshment opportunity). Walk to the Bus Station to return to Dalgety Bay. **NOTE:** RADO. **LEADER:** June Wright: 01383 822358

GLENROTHES:-

Strollers Walk - see first page of this programme for details.

STIRLING & FALKIRK:-

Mid Week Wanderers – see first page of this programme for details.

Saturday 13th June

BRECHIN:-

Cortachy to Airlie Monument - Charity Walk

GRADE C+: 6.5mils **DEPART:** SNSB at 09:00 **WALK START:** Walkers' Car Park by Cortachy School. at 09:45 **OS:** 54 **GR:** NO393597 **DESCRIPTION:** Walk continues on to Map 44. Old school track to Dykehead, and via Piper's Hillock Cemetery to Airlie Monument on Tulloch Hill. Return by monument to Robert Falcon Scott. A charity walk in aid of Air Ambulance and Mountain Rescue. **LEADER:** Susan McLaren: susan@muirhouses.plus.com 01575 573128

or 07597 690186

DALGETY BAY:-

Callendar House Estate Circular

GRADE C: 5mils/3hrs Ascent: 50m/160ft **DEPART:** DBSCCP at 09:30 **WALK START:** Callendar House Estate CP off the A803 at 10:30 **OS:** 65 **GR:** NS893797 **DESCRIPTION:** An attractive walk on waymarked paths and tracks which could be muddy and incorporating part of the Antonine Wall. **NOTE:** RADO. **LEADER:** Sheila & John Stewart: sheilsmail@yahoo.co.uk 01383 600370 or 07517 004993 & 07873 954758



Winter birch within the Sidlaws

If you are in the Dunkeld -Meikleour Area, make a detour to Spittalfield

**The Walkin Café is now open Wed – Sat 10am-4pm
and Sunday 11am-3.30pm**

Cycling & Walking friendly

(local maps on display of all the Core Paths around Spittalfield)

Lovely Coffee & Tea

Fresh Scones & Cakes

Soup, Sandwiches, Paninis & Toasties

Contact 07824398378

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DUNDEE:- Loch Ordie Circular

GRADE B: 10mls/5hrs **DEPART:** CWCP at 09:00 **WALK START:** Cally Car Park, Dunkeld at 10:00 **OS:** 52 **GR:** NO023437 **DESCRIPTION:** Walk from Cally Car Park to Mill Dam then on to Loch Ordie via upper path. Back via lower path. On good tracks and paths. **LEADER:** Lena Brown: 01382 884649

DUNFERMLINE & WEST FIFE:- Dunfermline Boundary Walk

GRADE C+: 8mls/4hrs **WALK START:** Leys Park Road car park at 10:00 **OS:** 367 **GR:** NT099878 **DESCRIPTION:** 'Walking the marches' round the old Town Lands of Dunfermline. Some road walking but mostly on country paths encompassing Townhill Loch, Loch Fitty and the new Pilgrim's Way. **NOTE:** DWOL. **LEADER:** Jean Barclay, 01383 432495 or 07413 568545, jean.barclay@tiscali.co.uk

GLENROTHES:- Linlithgow- River Avon and Union Canal

GRADE C: 7mls/4hrs **DEPART:** LCCP at 9:30 **WALK START:** Muiravonside Country Park at 10:30 **OS:** 65 **GR:** NS960757 **DESCRIPTION:** A rural walk starting at Muiravonside Country Park close to Newlands farm where we will see a variety of animals. The walk continues along the meandering river returning via the Union Canal. It includes crossing one of the longest aqueducts in Scotland and passing beneath a railway viaduct. **NOTE:** NoSC RADO **LEADER:** C Baker 01592 751384 Cabecosse3@gmail.com

KINROSS & OCHIL:- Muckhart Circular

GRADE C+: 9.5mls **DEPART:** KPR at 09:30 or BURN at 09:45 **WALK START:** Coronation Hall, Pool of Muckhart (FK14 7JF) at 10:00 **OS:** 369 **GR:** NN999006 **DESCRIPTION:** A fairly flat walk on minor roads, paths, tracks and riverside round Muckhart, Drum, Crook of Devon and Rumbling Bridge. **NOTE:** RADO. **LEADER:** Ann Eve: 01577 863887 or 07960 973866

KIRKCALDY:- West Lomond and the Bunnet Stane

GRADE B: 6mls **DEPART:** KRSN at 09:00 **WALK START:** Car park on Dryside Road 3.5 miles SW of Strathmiglo at 09:45 **OS:** 58 **GR:** NO173070 **DESCRIPTION:** The start is best reached from Gateside: take Station Road (NO182092) to T-junction (Dryside Road), turn R to second CP on left (1 mile). The walk, mostly on tracks, takes in the Bunnet Stane, West Lomond, Glen Vale & John Knox's Pulpit. **NOTE:** RADO NoSC. **LEADER:** Liz Greig: 01592 653682 or 07919 985239

PERTH:- Blairadam Forest to Loch Glow via Blairadam Estate

GRADE C+: 10mls Ascent: 311m/1020ft **DEPART:** ASDACP at 09:30 **WALK START:** Bottom car park at Blairadam Forest just off the B914 at 10:15 **OS:** 58 **GR:** NT129946 **DESCRIPTION:** Walk through Blairadam Forest to Loch Glow and Black Loch via the Blairadam Estate. Walk can be shortened depending on the weather. **NOTE:** RADO. **LEADER:** Tara Harper: rugpurcat@hotmail.co.uk 07762 265869

Sunday 14th June

STIRLING & FALKIRK:- Strathclyde Loch and Baron's Haugh

GRADE C+: 7.2mls/4.5hrs Ascent: 110m/360ft **DEPART:** LACP at 09:30 **WALK START:** Behind the Water Sports Centre ML1 3ED Return mileage - 60 at 10:15 **OS:** 64 **GR:** NS730565 **DESCRIPTION:** This is an attractive undemanding walk on good paths and tracks beside water and through woodland. **NOTE:** RADO CWRA. **LEADER:** Janette Seale: janette.seale@hotmail.co.uk 01786 447107 or 07709 957317

STRATHTAY:- Deuchary and Grewers Well

GRADE B: 11mls **DEPART:** CGCP at 09:00 **WALK START:** Dowally at 09:30 **OS:** 52 **GR:** NO000482 **DESCRIPTION:** Circular walk round Loch Ordie and Deuchary Hill and visiting the Grewers Well near Riemore. **NOTE:** RADO. **LEADER:** Muriel Findley: murfin41@btinternet.com 01887 820095

Tuesday 16th June

KINROSS & OCHIL:- Tuesday Walkers - See details at beginning of this programme.

KIRKCALDY:- Winter Walks Programme meeting

MEET: Path Tavern, 7 Mid Street, KY1 2PE at 18:30 **DESCRIPTION:** Meeting to decide walks for the 2020-2021 winter programme. Please come to the meeting with proposals for the programme, having completed the proforma available on the Kirkcaldy Ramblers Group webpage. **CONTACT:** Mike Livesey: 07783 201492 or 01592 503272

Wednesday 17th June

ST ANDREWS & NE FIFE:- Leuchars Circular

GRADE C+: 5mls/2.5hrs Ascent: 75m/250ft **DEPART:** FCPC at 09:30 **WALK START:** St Athernase Church, Leuchars at 10:00 **OS:** 59 **GR:** NO455214 **DESCRIPTION:** Walking north from Leuchars on a dismantled railway track, then via Craigie & Red Row Cottages to St Michaels Wood. Cross main road and through St Michaels GC onto path at the side of A919, back to car park. Paths, tracks and country road. **NOTE:** NoSC. Leaders will meet at start of walk. **LEADER:** Stewart & Linda Collier: 07881 596883

Thursday 18th June

BRECHIN:- Winter 2020 - 2021 Walks meeting

MEET: St Andrew's Church Hall, 66 St Andrew Street, Brechin, DD9 6JB, NO596603 at 19:00 **CONTACT:** Linda Robbie: lnr1@btinternet.com 01307 464512

DUNFERMLINE & WEST FIFE:- East Lomond and the Lime Kilns - Evening walk, optional picnic.

GRADE C+: 4mls/2.5hrs Ascent: 200m/656ft. **DEPART:** LPRCP at 17:45 **WALK START:** Purin Hill car park (shoulder of East Lomond by transmitter masts) at 18:30 **OS:** 59 **GR:** NO252058 **DESCRIPTION:** A wander over and around the summit of East Lomond, including an interesting area of limestone workings and upland pasture to the S and SW of the hill. If it's a fine evening, why not bring a packed snack meal and some refreshments. **NOTE:** DWOL. **LEADER:** Grant Robertson, 01577 208436 or 07936 738581, grantrobertson1952@gmail.com

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Saturday 20th June

BLAIRGOWRIE:- Scone Circular, Perth

GRADE C+: 5.8mls/3.5hrs Ascent: 75m/250ft **DEPART:** WCPB at 09:00 **WALK START:** Riverside Car Park, next to Scone Old Church, follow signs for David Douglas Memorial at 09:45 **OS:** 58 **GR:** NO131255 **DESCRIPTION:** Circular walk taking in McDuff's Folly and the Lynedoch Obelisk, from both hills we should have good views over Perth and Scone, the latter a panoramic 360 degrees. Some minor road walking, mainly good paths, possible muddy section. **LEADER:** Nina Bell: blairbelles@tiscali.co.uk 01250 874301

BRECHIN:- Brechin Ramblers 25th Anniversary Celebration

DESCRIPTION: A celebration dinner for our 25th anniversary. Must be booked in advance. A bus will transport us from Brechin to Balmakewan and return. **CONTACT:** Sheena Leven: 01356 630208

DUNDEE:- Rocks of Solitude

GRADE C: 6mls/3hrs **DEPART:** OCCP at 09:30 **WALK START:** Car Park North Edzell at 10:30 **OS:** 44 **GR:** NO599691 **DESCRIPTION:** Walk along the east bank of the River North Esk and return via Tower Folly. Paths can be narrow and muddy. **LEADER:** Sam Shields: 07546 064759

DUNFERMLINE & WEST FIFE:- Stuchd an Lochan

GRADE A: 5.5mls/5hrs Ascent: 726m/2381ft. **DEPART:** LPRCP at 08:00 **WALK START:** Loch na Daimh at 10:30 **OS:** 51 **GR:** NN510463 **DESCRIPTION:** Initially a steep ascent to the ridge, then a hill path onto a lovely ridge traverse. Will be boggy at the start and eroded in places. **NOTE:** DWOL. **LEADER:** Anne Laird, 01383 727515 or 07768 860066, anne-laird@hotmail.co.uk

FORFAR:- Blairgowrie

GRADE C: 6.2mils **DEPART:** MMCP at 09:30 **WALK START:** Hazelwood Rd Baigowrie adjoins cemetery Off the A93 at 10:15 **OS:** 53 **GR:** NO174437 **DESCRIPTION:** Easy low level route through farmland and woodland and round the golf course **LEADER:** Hamish Mungall: 01307 465760

PERTH:- Kinfauns & Kinnoull Circular

GRADE C+: 7.5mils Ascent: 320m/1050ft **DEPART:** Tay Street Perth at 09:25 **WALK START:** Tay Street by Perth Railway Bridge at 09:30 **OS:** 58 **GR:** NO120231 **DESCRIPTION:** Once across the railway bridge the route follows the riverside path to Willowgate, then continues past Walnut Grove and Kinfauns Castle up to Deuchny Wood and circles the slopes of Kinnoull Hill before descending via Barnhill. **NOTE:** RADO. **LEADER:** John Andrews: johndandrews44@gmail.com 01738 827275 or 07526 884953

ST ANDREWS & NE FIFE:- Deuchary Hill, Dunkeld

GRADE B: 10.2mils/5.5hrs Ascent: 540m/1770ft **DEPART:** FCPC at 09:15 **WALK START:** Cally Car Park, go north through Dunkeld then right onto A923, signed to Blairgowrie, then 2nd track on the left at 10:30 **OS:** 53 **GR:** NO023437 **DESCRIPTION:** Moderate route following good tracks and paths with some steep ascent and descent up to Loch Ordie and past Mill Dam, Rotwell and Dowally lochs. **NOTE:** RADO NoSC. Not suitable for small children. **LEADER:** Colin Brown: colinbrown54@talktalk.net 01334 655724 or 07745 252292

Sunday 21st June**DALGETY BAY:- Cauldshiels and River Tweed**

GRADE B: 10mils/5hrs **DEPART:** DBSCCP at 09:00 **WALK START:** Melrose Visitor Information Centre at 10:30 **OS:** 73 **GR:** NT547341 **DESCRIPTION:** Paths, tracks and minor roads. Pass the Borders General Hospital. Into Rhymer's Glen, round Cauldshiels Loch, join the Borders Abbey Way. Cross road through woodland down towards the River Tweed follow the Borders Abbey Way back to Melrose **NOTE:** RADO. **LEADER:** Audrey Robertson: 07720 980715

GLENROTHES:- Perth - Kinnoull Hill and McDuff monument

GRADE B: 7mils/4hrs **DEPART:** LCCP at 09:30 **WALK START:** Jubilee CP at Deuchny Wood at 10:30 **OS:** 58 **GR:** NO145236 **DESCRIPTION:** A walk to Kinnoull Hill, Deuchny wood and then on to McDuff monument. Panoramic views during the walk of Perth surrounding countryside going to Quarry woodland and Gannochy. **NOTE:** NoSC RADO **LEADER:** L Allen 01592 748016 lesallen80@gmail.com

KIRKCALDY:- Lomond Hills

GRADE B: 8mils **DEPART:** KRSN at 09:15 **WALK START:** East Lomond Signal Station car park (KY15 7DF) at 10:00 **OS:** 59 **GR:** NO252059 **DESCRIPTION:** A very good hill walk offering splendid views of Fife. Involves climbing both East and West Lomonds, then dropping down and around Harperleas Reservoir before returning via Craigmead and East Lomond limekilns. **NOTE:** RADO NoSC. **LEADER:** Brian Clark: bjclark@live.co.uk 01592 784553

STIRLING & FALKIRK:- Beinn Odhar, Meall Buidhe Coach Walk - linear

GRADE B+: 8.5mils/6hrs Ascent: 800m/2620ft **DEPART:** LACP at 08:30 **WALK START:** Green Welly car park Tyndrum FK20 8RZ Return mileage - 120 at 10:00 **OS:** 50 **GR:** NN328304 **DESCRIPTION:** A straightforward hillwalk on this grassy Corbett (tho steep in places). Can be extended to take in Meall Buidhe on the descent. Alternative easier C+ walk also available from the coach. **NOTE:** RADO NoSC. **NOTE:** Early start Coach Walk. If you intend to go on this walk, you must inform the walk leader in advance. **LEADER:** Ray Finlay: rayfin_1@hotmail.com 01786 449135 or 07792 549363

STIRLING & FALKIRK:- WHW from Crianlarich to Tyndrum via Cononish - Coach walk

GRADE C+: 7.5mils/5hrs Ascent: 250m/820ft **DEPART:** LACP at 08:30 **WALK START:** Crianlarich FK20 8RT Return mileage - 90 at 10:00 **OS:** 50 **GR:** NN378257 **DESCRIPTION:** Following WHW from Crianlarich detouring towards Cononish before reaching Tyndrum. All on good undulating paths. **NOTE:** RADO NoSC. Early start Coach walk. Alternative easier walk also available from coach. **LEADER:** Betty Brodie: bettybrodie@aol.com 01324 556762 or 07936 380395

Tuesday 23rd June

DALGETY BAY:- Cardenden, Lochore Circular

GRADE C: 7mls/4hrs Ascent: 100m/330ft **DEPART:** DBSCCP at 09:30 **WALK START:** Station Road Car Park - behind shops in Bowhill at 10:10 **OS:** 59 **GR:** NT215956 **DESCRIPTION:** Circular walk via Auchterderran, part of the Pilgrim Way, Lochore Country Park and return by Lochgelly High School and Murry Place. Some pavement walking but mostly on tracks. **NOTE:** RADO. **LEADER:** H Haines & Rose Nutt: 01383 822187 & 07990 660724 or 01383 822669 & 07494 235392

Wednesday 24th June

DUNDEE:- Cupar to Cairnie Fruit Farm Coffee Shop and return

GRADE C: 5mls/2.5hrs **DEPART:** TBCP at 13:00 **WALK START:** Fluthers Car Park, Cupar at 13:30 **OS:** 59 **GR:** NO378147 **DESCRIPTION:** Easy country walk on quiet roads and paths to Cairnie Fruit Farm for coffee and return. Slight incline at start. **LEADER:** Moira Dobson: 01382 459543 or 07792 140781

STIRLING & FALKIRK:- Mid Week Wanderers – see first page of this programme for details.

Thursday 25th June

GLENROTHES:- Bus Trip

Details to be announced. Trip will be free. **CONTACT:** C Mackie & T McLaren: tmclaren39@gmail.com 07903132319

Saturday 27th June

BRECHIN:- St Arnold's Seat Circular from Glenogil.

GRADE C+: 7.5mls **DEPART:** SNSB at 09:00 **WALK START:** New farm shed 400 metres after Goynd Steading in Glenogil. at 09:45 **OS:** 44 **GR:** NO447627 **DESCRIPTION:** Via Den of Batternach and Baikies to Buckies. Return over St Arnold's Seat. Possibility of a longer alternative return loop via Auld Darkney, with a different leader, to be decided on the day. **LEADER:** Moira Dunbar: mdunbar20@icloud.com 01356 622327 or 07759 215616

DALGETY BAY:- Longniddry Bents to N. Berwick (return by service bus), Negligible ascent

GRADE B: 13.0mls/6.5hrs **DEPART:** DBSCCP at 09:00 **WALK START:** Longniddry Bents (Gosford) CP at 10:00 **OS:** 66 **GR:** NT440777 **DESCRIPTION:** A linear level coastal walk along part of John Muir Way through Aberlady & Gullane and along the beach to North Berwick. **NOTE:** RADO. **LEADER:** David Thomson: dabthomson@gmail.com 01383 860324 or 07922 050562

DUNDEE:- St Cyrus to Inverbervie

GRADE C+: 8mls/4.5hrs **DEPART:** OCCP at 09:00 **WALK START:** Small car park at St Cyrus Cliff Top at 10:15 **OS:** 45 **GR:** NO751646 **DESCRIPTION:** This is a flat linear walk along coastal path through Tangleha, Johnshaven and Gourdon to Inverbervie. The walk can be shortened at any of these places. Bring bus pass. **LEADER:** Tom Webster: 01382 552473

GLENROTHES:- Forgandenny & Castle Law

GRADE B: 8mls/4.5hrs Ascent: 350ft **DEPART:** LCCP at 09:30 **WALK START:** Station Road, Forgandenny at 10:15 **OS:** 58 **GR:** NO086181 **DESCRIPTION:** Paths and tracks over high sheep pastures and the farmland below. Stunning views from Castle Law. **NOTE:** NoSC RADO **LEADER:** R and M Fairgrieve 07761 753437 rosfairgrieve@gmail.com

KIRKCALDY:- Leslie to Falkland linear

GRADE C+: 9mls **DEPART:** Kirkcaldy bus station stance 12, for the 09:05 39A bus, at 09:00 **WALK START:** First bus stop in Leslie High Street at 10:00 **OS:** 59 **GR:** NO254018 **DESCRIPTION:** Via Holl Reservoir, West Feal, Harperleas Reservoir and Craigmead. On paths and tracks, with one section likely to be very muddy. Return by bus from Falkland. **NOTE:** RADO NoSC. **LEADER:** Jim Hall: jameshallkdy55@gmail.com 01592 640395

PERTH:- The Hills Around Mill Dam, Dunkeld

GRADE B+: 11.5mls Ascent: 175m/570ft **DEPART:** ASDACP at 09:30 **WALK START:** Cally Car Park at Dunkeld at 10:15 **OS:** 53 **GR:** NO023437 **DESCRIPTION:** From Cally Car Park under Deuchary Hill over moorland to Mill Dam and then back to the car park. A long walk but worth it for the views. **NOTE:** RADO. **LEADER:** Mike Brown: mikebrown1957@btinternet.com 01738 446330 or 07444 109293

STRATHTAY:- Wallaby Walk

GRADE C+: 9mls **DEPART:** CGCP at 09:00 **WALK START:** King Street Crieff at 09:40 **OS:** 52 **GR:** NN861213 **DESCRIPTION:** 10:11 bus from Crieff to Comrie. Walk back via Cultybraggan, Auchengarich Wildlife Centre, Torlam and Balloch woods. **NOTE:** RADO. **LEADER:** Bill McEwan: billmcewan40@gmail.com 01796 472780

Sunday 28th June

KINROSS & OCHIL:- Glen Tilt

GRADE B: 10mls **DEPART:** KPR at 09:00 or BURN at 08:45 **WALK START:** Old Bridge of Tilt car park at 10:15 **OS:** 386 **GR:** NN874662 **DESCRIPTION:** Circular walk around Glen Tilt following clear paths, tracks and minor roads with good views of surrounding hills. **NOTE:** RADO. **LEADER:** Alastair Kerr: alastair-kerr@hotmail.com 07523 268191

STIRLING & FALKIRK:- Around Muiravonside

GRADE C+: 6mls/3hrs Ascent: 120m/400ft **DEPART:** LACP at 09:30 **WALK START:** Muiravonside Country Park free Car Park EH49 6LW Return mileage - 40 at 10:15 **OS:** 65 **GR:** NS961757 **DESCRIPTION:** From Muiravonside Country Park we follow tracks, minor roads and farmland to reach the Union Canal. On reaching the Avon Aqueduct we return to the park. **NOTE:** RADO CWRA. Alternative easier walk. Stiles and kissing gates to negotiate. One flight of steps to descend. **LEADER:** Betty Brodie: bettybrodie@aol.com 01324 556762 or 07936 380395

STIRLING & FALKIRK:- Date for submission of walks for the 2020 winter programme

MEET: For information only **DESCRIPTION:** Date for submission of walks for the 2020 winter programme. **CONTACT:** Allan Drew: allan.drew@yahoo.co.uk 07921 687285

STIRLING & FALKIRK:- Meal nan Tarmachan

GRADE A: 8mls/7hrs Ascent: 783m/2570ft **DEPART:** LACP at 09:00 **WALK START:** Ben Lawyers CP FK21 8TY Return mileage - 80 at 10:15 **OS:** 51 **GR:** NN608379 **DESCRIPTION:** Although a Munro there is a high start (500M). There is a good path to the summit and a long ridge. You must inform the walk leader in advance if you are going. **NOTE:** NoSC. Parking charge £3. Confirm attendance with walk lead. **LEADER:** Drew McBride: cortez562@hotmail.co.uk 01786 479213 or 07933 541764

Tuesday 30th June

KINROSS & OCHIL:- Tuesday Walkers - See details at beginning of this programme.

Thursday 2nd July

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Saturday 4th July

BLAIRGOWRIE:- Craig Hill, Kenmore

GRADE B+: 9mls/6hrs Ascent: 500m/1640ft **DEPART:** WCPB at 08:45 **WALK START:** Kenmore Hill Car Park on minor Amulree Road a mile southeast of Kenmore at 10:00 **OS:** 52 **GR:** NN786445 **DESCRIPTION:** Varied walk which follows part of the Rob Roy Way, mainly tracks and paths, some strenuous ascent. Some rough walking which could be muddy in places. Stunning views to the Lawers range and beyond. Section of road walking back to Car Park. **LEADER:** Pat Fraser: patriciafraser@btinternet.com 01250 873577 or 07843 786191

DALGETY BAY:- Powmill Milk Bar to Rumbling Bridge Circular

GRADE C: 6mls/4hrs Ascent: 50m/160ft **DEPART:** DBSCCP at 09:30 **WALK START:** Powmill Milk Bar CP at 10:15 **OS:** 58 **GR:** NT021983 **DESCRIPTION:** A scenic walk on tracks and paths with a section along the banks of the River Devon. A little road walking. **NOTE:** RADO. **LEADER:** Irene Garvie: 01383 791050 or 07941 620775

KIRKCALDY:- Ladybank & Springfield

GRADE C+: 9.5mls **DEPART:** KRSN at 09:00 **WALK START:** Ladybank Golf Course car park (west side of railway track), KY15 7LR at 09:45 **OS:** 59 **GR:** NO304103 **DESCRIPTION:** A walk on good flat tracks and paths with some short road sections in the Howe of Fife. **NOTE:** RADO NoSC. The walk will be followed by the summer meal at the Golf Inn, Ladybank (see adjacent entry). **LEADER:** Mike Livesey & Janet Fraser: 07783 201492

KIRKCALDY:- Summer Meal

MEET: Golf Inn, Victoria Rd, Ladybank, Cupar KY15 7LJ at 15:30 **DESCRIPTION:** Non-walkers are welcome to join walkers for the meal. **CONTACT:** Mike Livesey: 07783 201492 or 01592 503272

PERTH:- CATERAN TRAIL LOOP FROM ALYTH AROUND ARDORMIE HILL

GRADE C+: 8mls Ascent: 476m/1560ft **DEPART:** ASDACP at 09:30 **WALK START:** Alyth Market Square - park and meet (we'll wait for the bus - see note) at 10:20 **OS:** 53 **GR:** NO245485 **DESCRIPTION:** A circular route following the Cateran Trail from Alyth out to Ardormie Hill. A couple of sustained inclines and a variety of terrain including forest, open fields and paths with a short road section. **NOTE:** RADO. If coming by bus, the group will wait for it to arrive before setting off. **LEADER:** Tara Harper: rugpurcat@hotmail.co.uk 07762 265869

ST ANDREWS & NE FIFE:- Pilgrim Way West: Culross to Dunfermline

GRADE B: 9mls/4hrs Ascent: 150m/490ft **DEPART:** FCPC at 09:30 **WALK START:** West End car park, Culross (past Culross Palace) at 11:00 **OS:** 65 **GR:** NS986859 **DESCRIPTION:** Furthest west section of the Pilgrim Way, taking in shore, woodland and farmland. Nice views and historic locations. Some road/pavement walking, along with new/old tracks. Some diversions from waymarked route to minimise pavement walking. **NOTE:** RADO NoSC. We will return to Culross by No 8 bus, for optional cafe finish. **LEADER:** Will Aitken: wh.aitken@gmail.com 01334 470066 or 07908 721466

Sunday 5th July

DUNFERMLINE & WEST FIFE:- Ben Vane, Loch Lomond

GRADE A: 6.5mls/6hrs Ascent: 930m/3051ft. **DEPART:** LPRCP at 08:30 **WALK START:** Inveruglas Visitor Centre on the A82 at 10:30 **OS:** 39 **GR:** NN322098 **DESCRIPTION:** A steep and rocky Munro of character but offers a straightforward ascent. The terrain is of grass and rock on a good path but the climb is sustained. Views are spectacular over the loch and other peaks. Return is the same way. **NOTE:** DWOL. **LEADER:** Grant Robertson, 01383 332265 or 07936 738581, grantrobertson1952@gmail.com

FORFAR:- Treasure Trail round Forfar (followed by Walks Planning Meeting)

GRADE C: 2.5mls **WALK START:** Myre Car Park at 10:00 **OS:** 54 **GR:** NO455505 **DESCRIPTION:** Local walk round Forfar following written clues (Followed by Walks Planning Meeting at St Johns Church at 2 pm) Please note Meeting at Myre Car Park at 10am **LEADER:** Dorothy Hutcheon: 01307 468034

GLENROTHES:- Comrie - Glen Artney Circular

GRADE B: 8.5mls/5hrs Ascent: 1200ft **DEPART:** LCCP at 09:00 **WALK START:** Glen Artney CP (on single track road 1.5 miles south of Ross village) at 10:15 **OS:** 52 **GR:** NN761201 **DESCRIPTION:** A walk following the Water of Ruchill then by the path below Ben Halton, Tomanour and Ross Wood returning to the start. An attractive Glen with lovely views. **NOTE:** CWRA RADO **LEADER:** C Mackie & T McLaren 07903132319 tmclaren39@gmail.com

STIRLING & FALKIRK:- Benarty Hill

GRADE B: 7m/5hrs Ascent: 300m/980ft **DEPART:** LACP at 09:30 **WALK START:** Lochore meadows Country park car park - KY5 8BA Return mileage - 80 at 10:30 **OS:** 58 **GR:** NT170961 **DESCRIPTION:** Fairly steep in parts but will be taken at a slow pace. Good paths and tracks with great views. **NOTE:** RADO NoSC. Confirm attendance with walk lead. **LEADER:** Lorraine Milne: lorrainemilne@hotmail.co.uk 01324 631661 or 07925 217341

Monday 6th July**ST ANDREWS & NE FIFE:- Winter Walks 2020/21 Planning Meeting**

MEET: Cupar Fire Station Community Room at 19:00 **DESCRIPTION:** Meeting to decide winter walks Oct 2020 to March 2021. If unable to attend, please pass on ideas for walks to Walks Co-ordinator **CONTACT:** Colin Brown: colinbrown54@talktalk.net 01334 655724 or 07745 252292

Tuesday 7th July**KIRKCALDY:- Langtoun Daunderers - Loch Fitty & St Ninian's**

GRADE C: 5m/1s **DEPART:** KRSN at 10:00 **WALK START:** Community Leisure Centre car park, Church St, Kingseat (KY12 0WN), at 10:45 **OS:** 58 **GR:** NT125904 **DESCRIPTION:** To Loch Fitty then around the abandoned St Ninian's opencast mine area. Mainly good gravel paths. **NOTE:** RADO NoSC. The proposed lunch venue is the Hideaway. **LEADER:** Mike Livesey & Janet Fraser: 07783 201492

Wednesday 8th July**DUNDEE:- Lade Braes, Balgove and Golf Links, St Andrews**

GRADE C: 4m/1s **DEPART:** TBCP at 10:00 **WALK START:** Kinburn Car Park, St Andrews (first roundabout as you approach St Andrews) at 10:30 **OS:** 59 **GR:** NO502169 **DESCRIPTION:** Easy walk through Lade Braes, over to Balgove Estate and returning alongside the Links Golf Course. Venue for lunch at end of walk to be confirmed. **LEADER:** Frances Pogorzelec: 07808 029186 or 01382 667300

Thursday 9th July**DALGETY BAY:- Roamers ~ Fordell Castle Circular**

GRADE D: 4m/2.5hrs Ascent: 40m/130ft **WALK START:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **DESCRIPTION:** A walk on tracks and the B916 footpath/cycleway. **NOTE:** RADO. **LEADER:** Ken Wright: 01383 822358 or 07535 386982

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Saturday 11th July**BRECHIN:- Auchnafree Hill from Loch Turret - Bus and Meal - Booking Req'd.**

GRADE C+: 8.5m/1s **DEPART:** SNSB at 08:00 **WALK START:** Car park below dam in Glen Turret at 09:45 **OS:** 52 **GR:** NN821264 **DESCRIPTION:** A circular route on good tracks for most of the route. Descent on fainter rougher heather path. Beautiful open hillside with views all around. Co-leader Irene McGugan. **LEADER:** Ellen Smith: 01307 818632

DALGETY BAY:- Glengaber Hill and Welshie Law

GRADE B: 10m/1.5hrs Ascent: 500m/1640ft **DEPART:** DBSCCP at 09:00 **WALK START:** Traquhair village hall car park, at 10:15 **OS:** 73 **GR:** NT332346 **DESCRIPTION:** A circular walk by Fingland Burn to Camp Shiel, leading to Glengaber Cottage. A climb to Glengaber Hill and a drop before climbing again to Welshie Law. Return to the car park via the ruins of Hannel. **NOTE:** RADO. **LEADER:** Mike Gordon: magordon2003@yahoo.co.uk 01383 823221 or 07752 145911

DUNDEE:- Alyth Circular

GRADE C: 6.5m/1.5hrs **DEPART:** CWCP at 09:45 **WALK START:** Alyth Square at 10:30 **OS:** 53 **GR:** NO245486 **DESCRIPTION:** Walk from the square to and from the Den of Alyth and carry on westwards to West Tullyfergus and then south east to Hill of St Fink and Muirton Farm, following track eastwards into Alyth. Minimal ascent. **LEADER:** Barbara Sayers: 07986 867255

DUNFERMLINE & WEST FIFE:- Pilgrim's Way

GRADE C+: 8mils/5hrs **DEPART:** Dunfermline Town Railway Station at 09:30 **WALK START:** North Queensferry Pier at 10:00 **OS:** 367 **GR:** NT131802 **DESCRIPTION:** Pilgrims arrive at North Queensferry to travel through historic Inverkeithing up to Dunfermline Abbey. Linear walk. **NOTE:** DWOL. Train at 0930 from Dunfermline to North Queensferry **LEADER:** Maggie Baillie, 01383 720235 or 07890 675657, maggie-b54@hotmail.com

GLENROTHES:- West Wemyss to Buckhaven Circular

GRADE C: 8mils/4hrs Ascent: 400ft **DEPART:** LCCP at 09:30 **WALK START:** West shore CP West Wemyss at 10:00 **OS:** 59 **GR:** NT324946 **DESCRIPTION:** A pleasant walk on good paths and tracks along Fife Coastal Path to Buckhaven, returning by Wemyss Den and old railway line. **NOTE:** CWRA DWOL **LEADER:** C & B Barton 01383725859 chrisbettybarton@gmail.com

KINROSS & OCHIL:- A Rait Guid Walk - Again

GRADE C+: 7mils **DEPART:** KPR at 09:20 or BURN at 09:10 **WALK START:** Start and finish at Rait at 10:00 **OS:** 380 **GR:** NO225269 **DESCRIPTION:** Moderate circular walk 6-7 miles. **NOTE:** RADO. **LEADER:** Peter Edgerton: 01577 840449 or 07922 120910

KIRKCALDY:- Lauriston Castle

GRADE C+: 9mils **DEPART:** Kirkcaldy bus station stance 5, for 08:35 X58 bus to Edinburgh, at 08:25 **WALK START:** Barnton Roundabout bus stop at 09:25 **OS:** 66 **GR:** NT186749 **DESCRIPTION:** Circular walk, mainly on footpaths, via Lauriston Castle, Silverknowes golf course and the tidal causeway to Cramond Island. Then return via the River Almond walkway. **NOTE:** RADO NoSC. **LEADER:** Margaret Miller: 01592 266956

PERTH:- Corroul to Rannoch Station

GRADE B: 11mils Ascent: 160m/520ft **DEPART:** ASDACP at 07:50 **WALK START:** Rannoch Station to catch the 11.09 train to Corroul at 11:00 **OS:** 42 **GR:** NN422577 **DESCRIPTION:** Take the train from Rannoch Station and then walk from Corroul Station around the southern tip of Loch Ossian and then across wild moorland back to Rannoch Station. **NOTE:** RADO. Bring railcard/money for train fare. Midge spray/headnet advisable, dress for 4 seasons, parking and toilets at Rannoch. **LEADER:** Paula Bowman: pbowman58@hotmail.com 01738 582339 or 07870 937963

Sunday 12th July

STIRLING & FALKIRK:- Dungoil hill, near Fintry

GRADE C+: 5mils/3hrs Ascent: 240m/790ft **DEPART:** LACP at 10:15 **WALK START:** At gate on B822. G63 0XJ Return mileage - 30 at 11:00 **OS:** 57 **GR:** NS641850 **DESCRIPTION:** Limited parking by gate on B822(Crow Road) about 2 miles S. East of Fintry. More parking a few hundred yards up the road. A delightful hill on mainly forestry road with a very mini scramble near the summit. Great views around the Campsies. **NOTE:** RADO NoSC. Please car share if possible to allow close access to start point. **LEADER:** Ray Finlay: rayfin_1@hotmail.com 01786 449135 or 07792 549363

STRATHTAY:- Glen Tilt

GRADE C+: 10mils **DEPART:** CGCP at 09:00 **WALK START:** Old Bridge of Tilt at 09:30 **OS:** 43 **GR:** NN874662 **DESCRIPTION:** A circular walk up scenic Glen Tilt to Marble Lodge. **NOTE:** RADO. **LEADER:** Penny Oliver: penny.oliver1@btopenworld.com 07764 291864

Tuesday 14th July

DUNDEE:- Auchterhouse Circular Walk

GRADE C: 7mils/3hrs **DEPART:** WCWP at 10:30 **WALK START:** Pitpointie Farm, Auchterhouse at 11:00 **OS:** 54 **GR:** NO352374 **DESCRIPTION:** Circular walk around Auchterhouse on tracks with some road walking. Tea and scones at end of walk. Minimal ascent. **LEADER:** Sheila Wallace: smwallace55@gmail.com 01382 320243 or 07944 570925

KINROSS & OCHIL:- Tuesday Walkers - See details at beginning of this programme.

Wednesday 15th July

ST ANDREWS & NE FIFE:- Freuchie and Falkland

GRADE C: 5mls/2.5hrs Ascent: 100m/330ft **DEPART:** FCPC at 10:00 **WALK START:** Freuchie Parish Church, Lomond Road at 10:30 **OS:** 59 **GR:** NO282067 **DESCRIPTION:** Easy, low level route following good paths, tracks, pavements & minor roads through woodland and farmland. **NOTE:** RADO CWRA. **LEADER:** Colin Brown: colinbrown54@talktalk.net 01334 655724 or 07745 252292

Thursday 16th July

DUNFERMLINE & WEST FIFE:- Charleston Iron Mills Heritage - Evening walk

GRADE C: 4mls/2hrs **DEPART:** LPRCP at 17:30 **WALK START:** Limekilns Pier car park at 18:00 **OS:** 65 **GR:** NT075833 **DESCRIPTION:** A varied walk exploring Charleston's heritage - limeworks, iron works and mills. A mixture of paths, tracks and a little road walking. **NOTE:** DWOL. **LEADER:** Anne Laird, 01383 727515 or 07768 860066, anne-laird@hotmail.co.uk

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Saturday 18th July

BLAIRGOWRIE:- Rocks of Solitude Circuit, Edzell

GRADE C: 6.5mls/4.5hrs Ascent: 75m/250ft **DEPART:** WCPB at 09:15 **WALK START:** Car park at north end of Main Street at 10:15 **OS:** 44 **GR:** NO599691 **DESCRIPTION:** Clear woodland paths, minor road, a short section of rough path which can be avoided. **LEADER:** Irene Rintoul: irenerintoul@hotmail.com 01250 870463

DALGETY BAY:- Portmoak Circular following the Michael Bruce Way

GRADE C+: 5mls/4hrs Ascent: 200m/660ft **DEPART:** DBSCCP at 09:30 **WALK START:** Portmoak Parish Church car park at 10:30 **OS:** 58 **GR:** NO184019 **DESCRIPTION:** A circular walk from Portmoak climbing to the lower levels of Bishop Hill and following the Michael Bruce Way to Kinnesswood and returning via the Portmoak Moss woodland and Scotlandwell. Great views from Bishop Hill overlooking Loch Leven. **NOTE:** RADO. The walk starts with a steep climb up Bishop Hill. **LEADER:** Neil Denness: neildenness@gmail.com 07772 904880

DUNDEE:- Glenmoy Circular

GRADE B: 9mls/5hrs Ascent: 300m/980ft **DEPART:** OCCP at 09:00 **WALK START:** Park on left at road end just after bridge at Glenmoy at 10:00 **OS:** 44 **GR:** NO402645 **DESCRIPTION:** Circular walk from bridge at Glenmoy, on good wide paths in open countryside. Very limited parking so please share cars. (Directions -Pass Cortachy Church and take first road on left after bridge, follow to end). **NOTE:** RADO. **LEADER:** Rose Garvie & Anne McCreery: 01382 450763 or 07519 650998

FORFAR:- Away Day to Banchory

DESCRIPTION: Away Day to Banchory by mini bus and meal on the way home. Names and £10 deposit to Christine by 20th June. **CONTACT:** Christine Ferguson: 01382 532384

KIRKCALDY:- Pilgrim Way from Kinglassie to Markinch linear

GRADE C+: 8mls **DEPART:** Kirkcaldy bus station stance 9, for the 09:35 number 32 bus, at 09:30 **WALK START:** First bus stop in Lochty avenue, Kinglassie at 10:30 **OS:** 58 **GR:** NT229986 **DESCRIPTION:** After a strenuous initial ascent, mainly on good tracks and paths with a little road walking. Can be quite muddy in places. Return by bus from Markinch. **NOTE:** RADO NoSC. **LEADER:** Jim Hall: jameshallkdy55@gmail.com 01592 640395

PERTH:- Lochore Meadows and Benarty Hill

GRADE C+: 7.5mls Ascent: 330m/1080ft **DEPART:** ASDACP at 09:30 **WALK START:** Lochore Meadows Car Park by the Visitors Centre at 10:15 **OS:** 58 **GR:** NT171961 **DESCRIPTION:** From the Country Centre the walk leads north to ascend through Benarty Wood to the summit of Benarty Hill. From there it heads south across the plateau and descends before skirting the south shore of Loch Ore. **NOTE:** RADO. Enter the Country park from the Lochore/Crosshill side not the Kelty side. **LEADER:** John Andrews: johndandrews44@gmail.com 01738 827275 or 07526 884953

Sunday 19th July

DALGETY BAY:- East Lomond from Pitcairn

GRADE B: 7.5mls/5hrs Ascent: 450m/1480ft **DEPART:** DBSCCP at 09:15 **WALK START:** Pitcairn Centre Car Park (Moidart Drive, Glenrothes) at 10:00 **OS:** 59 **GR:** NO268035 **DESCRIPTION:** Gradual climb on paths through forest towards East Lomond with short steeper ascent to summit. Descend towards Falkland, walk around foothills of East Lomond & via Gask Park back to Pitcairn Centre. **NOTE:** RADO NoSC. **LEADER:** Julia Mifflin: julia.mifflin@outlook.com 07747 761252

DUNFERMLINE & WEST FIFE:- Seamab Hill

GRADE B: 5.5mls/3hrs Ascent: 380m/1246ft. **DEPART:** LPRCP at 09:30 **WALK START:** Castlehill Reservoir car park at 10:15 **OS:** 366 **GR:** NN997033 **DESCRIPTION:** Paths and tracks through new and old forestry plantations on to open moorland at Commonedge Hill. Continue on over Seamab Hill, descending on tracks below Auchlinsky Hill. **NOTE:** DWOL. **LEADER:** Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

GLENROTHES:- Perth - River Almond Circular

GRADE C+: 7mls/4.5hrs Ascent: 700ft **DEPART:** LCCP at 09:30 **WALK START:** Almondbank Main Street at 10:30 **OS:** 58 **GR:** NO065260 **DESCRIPTION:** Circular walk from Almondbank along the river Almond to Pitcairngreen, Dalrue and return through Methven Woods. **NOTE:** CWRA DWOL Leader will meet walkers at the start of the walk **LEADER:** D Mathieson 07535 813423 don2908@yahoo.co.uk

ST ANDREWS & NE FIFE:- Glen Doll

GRADE C: 8mls/4hrs Ascent: 60m/200ft **DEPART:** FCPC at 09:00 **WALK START:** Car Park at Glen Doll Ranger Station, there may be a small charge for the car park and toilets at 10:30 **OS:** 44 **GR:** NO284762 **DESCRIPTION:** Relatively undemanding track walk through glen to woodland waterfall with fine views. Some parts may be muddy, stout footwear/gaiters recommended. **NOTE:** RADO NoSC. **LEADER:** Jim Forret: james.forret@btinternet.com 01334 656137 or 07526 670535

STIRLING & FALKIRK:- Falkirk wheel to Larbert hospital

GRADE C+: 10.5mls/5.5hrs Ascent: 45m/150ft **DEPART:** LACP at 09:30 **WALK START:** Falkirk Wheel free CP FK3 8YE Return mileage - 25 at 10:00 **OS:** 65 **GR:** NS852808 **DESCRIPTION:** Start at Falkirk Wheel free cp, walk along the canal to Lock 16. Down and round Cemetery to Larbert, slight incline to Hospital. Into woodland round and past Maggies Centre, returning via Stirling Road playing fields. Back onto the CP. **NOTE:** RADO NoSC. **LEADER:** Billy Kane:

44nfl44@googlemail.com

Tuesday 21st July

DALGETY BAY:- Winter Walks Planning Meeting

MEET: Day Centre, Dalgety Bay at 19:30 **CONTACT:** Ian Bruce: ianbruce100@btinternet.com 01383 616062 or 07518 154237

Thursday 23rd July

GLENROTHES:- Strollers Walk - see first page of this programme for details

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Saturday 25th July

BRECHIN:-

Pitmedden Forest from Abernethy

GRADE C+: 8mils **DEPART:** SNSB at 09:00 **WALK START:** Abernethy Round Tower. at 10:30 **OS:** 58 **GR:** NO190164 **DESCRIPTION:** Park on streets or in small signed car park. A circular walk from Abernethy up into Pitmedden Forest on the Eastern Ochils, with a variety of good viewpoints. **LEADER:** Peter & Anna Fiabane: fiabanes@gmail.com 01307 461121 or 07743 943171

DALGETY BAY:-

Alyth Circular

GRADE C+: 7mils/4hrs Ascent: 180m/590ft **DEPART:** DBSCCP at 09:00 **WALK START:** Alyth market square at 10:30 **OS:** 53 **GR:** NO246485 **DESCRIPTION:** Good paths and drove roads through Den of Alyth then farmlands. A little road walking. **NOTE:** RADO. **LEADER:** Audrey Price: anprice@live.co.uk 01383 824173 or 07871 806582

GLENROTHES:-

Leven to Glenrothes linear

GRADE C: 8mils/4.5hrs **DEPART:** LCCP at 09:30 **WALK START:** Glenrothes town centre bus station. at 09:45 **OS:** 59 **GR:** NO275010 **DESCRIPTION:** Take 43 bus at 10.02 from Glenrothes town centre to Leven bus station. Follow river Leven to Kennoway, then Fife Pilgrim way to Markinch. **NOTE:** CWRA DWOL Check website for any bus time changes **LEADER:** J Duncan 01337 831888 john@johnandmorven.co.uk

KIRKCALDY:-

Lammer Law

GRADE B: 9mils Ascent: 360m/1180ft **DEPART:** KRSN at 08:45 **WALK START:** End of minor road past Blinkbonny Wood (EH41 4PL) at 10:30 **OS:** 66 **GR:** NT542643 **DESCRIPTION:** Good hill tracks and minor roads. There is a short detour to summit of Lammer Law, which is boggy. In good visibility excellent views throughout. **NOTE:** RADO NoSC. **LEADER:** Mike Livesey: 07783 201492 or 01592 503272

PERTH:- Dunkeld Circular

GRADE C+: 6mIs Ascent: 150m/490ft **DEPART:** ASDACP at 09:30 **WALK START:** Car Park at the north end of Dunkeld or nearby lay-by in road. at 10:00 **OS:** 53 **GR:** NN026428 **DESCRIPTION:** Walk along the riverside, by the hotel and then heading for Polney Loch, making our way to the Cally Car Park, and continuing on to the golf course back to the start. **NOTE:** The car park is Pay and Display. **LEADER:** Donald Purvis: purvishome@gmail.com 01738 813294 or 07478 247825

STRATHTAY:- Newton Bridge to Ardtalnaig (book taxi place)

GRADE B: 15mIs **DEPART:** CGCP at 09:00 **WALK START:** Newton Bridge at 09:20 **OS:** 52 **GR:** NN887315 **DESCRIPTION:** A linear walk from Newton Bridge along River Almond to Dunan and down Gleann a'Chilleine to Ardtalnaig. **NOTE:** RADO. Taxis are used at start and finish. Book your place with leader by 14-Jun. **LEADER:** Muriel Findley: murfin41@btinternet.com 01887 820095

Sunday 26th July

KINROSS & OCHIL:- Falkland and Bunnet Stane

GRADE C+: 9mIs **DEPART:** KPR at 09:30 or BURN at 09:15 **WALK START:** Falkland library car park (KY15 7BY) at 10:00 **OS:** 59 **GR:** NO253074 **DESCRIPTION:** Circular walk through Maspie Den to Craigmead then hill track to base of West Lomond before skirting hill and dropping down to Bunnet Stane. There is a bit of a climb up Maspie Den and then undulating thereafter. Can be muddy in places. **NOTE:** RADO. **LEADER:** Moira McCauley: 01383 839795 or 07484 718783

STIRLING & FALKIRK:- Deuchary Hill

GRADE B: 8mIs/5.5hrs Ascent: 600m/1970ft **DEPART:** LACP at 09:30 **WALK START:** Old road at Dowally Craft Centre PH9 0NT Return mileage - 100 at 10:45 **OS:** 52 **GR:** NO000482 **DESCRIPTION:** A delightful circular route with steep ascent and descent at the summit. We pass by Lochan na Beinne, Mill Dam, Rotmell Loch and Dowally Loch. **NOTE:** RADO NoSC. **LEADER:** Colin Thomson: colinbthomson@gmail.com 01786 472726 or 07702 636505

Tuesday 28th July

KINROSS & OCHIL:- Tuesday Walkers - See details at beginning of this programme.

Thursday 30th July

GLENROTHES:- Strollers Walk - see first page of this programme for details.

STIRLING & FALKIRK:- Winter 2020 Walks Meeting

MEET: Mayfield Centre, St Ninians, Stirling, FK7 0DB at 19:30 **DESCRIPTION:** Come along to socialise and hear a preview of the new walks for the winter programme from the walks leaders. All are welcome. **CONTACT:** Allan Drew: allan.drew@yahoo.co.uk 07921 687285

Saturday 1st August

BLAIRGOWRIE:- Glensherup Horseshoe - Glendevon

GRADE B+: 11mIs/6hrs Ascent: 576m/1890ft **DEPART:** WCPB at 09:15 **WALK START:** Car park on south side of road at 10:15 **OS:** 58 **GR:** NN972050 **DESCRIPTION:** Lovely walk on excellent paths and tracks taking in Glensherup Reservoir and Ben Shee. **LEADER:** Madeleine McIntosh: maddiesworld@outlook.com 01250 872005 or 07904 382840

DALGETY BAY:- Newport-on-Tay Circular

GRADE C: 6mIs/3hrs **DEPART:** DBSCCP at 09:30 **WALK START:** Waterstone Crook Sports Centre at 10:30 **OS:** 59 **GR:** NO414269 **DESCRIPTION:** A walk on good tracks with a little road walking. **NOTE:** RADO. **LEADER:** Ken Wright: 01383 822358 or 07535 386982

DUNDEE:- Glen Derby, Kirkmichael

GRADE C+: 8mIs Ascent: 300m/980ft **DEPART:** CWCP at 09:00 **WALK START:** Public car park opposite Kirkmichael Primary School at 10:15 **OS:** 53 **GR:** NO079600 **DESCRIPTION:** Moderate route following tracks and paths through woodland and over moor with some sustained ascent. Can be a bit muddy. **NOTE:** RADO. **LEADER:** Rose Garvie & Anne McCreery: 01382 450763 or 07519 650998

PERTH:- Loch a' Choire Circular

GRADE B: 5mls Ascent: 521m/1710ft **DEPART:** ASDACP at 09:30 **WALK START:** Ben Vrackie car park, just north of Moulin, turn left off the A924 at 10:15 **OS:** 52 **GR:** NN943595 **DESCRIPTION:** On well made paths, the ascent goes through woodland, up to and around Loch a' Choire and return to start. Can be boggy at times. **NOTE:** RADO. **LEADER:** Cathy Creedican: cathy_paul_gemma@hotmail.com 01738 634653 or 07747 088844

Sunday 2nd August

DUNFERMLINE & WEST FIFE:- Ben Venue from Loch Achray

GRADE B: 9mls/5.5hrs Ascent: 725m/2378ft. **DEPART:** LPRCP at 08:30 **WALK START:** Ben Venue car park off B821 at 10:00 **OS:** 46 **GR:** NN505068 **DESCRIPTION:** Ascent of the finest hill in the Trossachs with great views. **NOTE:** DWOL. **LEADER:** Alan McGuckin, 01383 731557 or 07970 172593, atmccg53@gmail.com

FORFAR:- Eskielawn Glen Isla

GRADE C+: 7mls **DEPART:** MMCP at 09:30 **WALK START:** Car Park at Eastern Side of Backwater Reservoir at 10:15 **OS:** 44 **GR:** NO260628 **DESCRIPTION:** Track to Glen Prosen, eastward then north to Hole. Cross bridge over burn, turn right through 2nd gate along track over grazing land, onto Drumshade Plantation and ascend summit of Eskielawn. Descend to meet track through woodland to Hole. **NOTE:** RADO. **LEADER:** Ross Henderson: 01307 467721

GLENROTHES:- Edinburgh - Pentlands, Blackhill circular

GRADE C+: 8mls/4.5hrs Ascent: 1050ft **DEPART:** LCCP at 9:30 **WALK START:** Flotterstone Visitors Centre CP at 10:45 **OS:** 66 **GR:** NT233631 **DESCRIPTION:** A walk over the moor and around the side of Blackhill. One fairly steep, steady incline but remainder of walk fairly level with some road walking. **NOTE:** NoSC RADO **LEADER:** I Rankin 01337 830360 ishabelrankin@gmail.com

ST ANDREWS & NE FIFE:- The Clink - Pitmedden Circular

GRADE B: 8.5mls/4.5hrs Ascent: 300m/980ft **DEPART:** FCPC at 09:30 **WALK START:** Clink Car Park, nr Auchtermuchty, spaces limited so recommend car sharing at 10:00 **OS:** 58 **GR:** NO223128 **DESCRIPTION:** Walk from The Clink around Pitmedden Forest on minor road and good tracks. Some steep sections but good views, especially from Carpow Hill. **NOTE:** NoSC. Leaders will meet at walk start point. **LEADER:** Christine Arnold & Carol Philip: 01334 654158 or 07718 316597

STIRLING & FALKIRK:- Beinn Narnain from Arrochar

GRADE B+: 5mls/6.5hrs Ascent: 975m/3200ft **DEPART:** LACP at 09:00 **WALK START:** Car Park at the head of Loch Long G83 7AP Return mileage - 100 at 10:15 **OS:** 56 **GR:** NN292047 **DESCRIPTION:** Starting from Loch Long, we meander up the rocky SE slopes of Beinn Narnian, along grassy banks, rocky boulders, ledges and miniature glens, and passing the famous steeple rock. Always exhilarating, but not too challenging. **NOTE:** RADO NoSC. If you intend to go on this walk, you must inform the walk leader in advance. **LEADER:** Wraight Shepherd: wraight.shepherd@talk21.com 01786 475137 or 07753 941564

STIRLING & FALKIRK:- New Lanark & Falls of Clyde

GRADE C+: 6.2mls/4.5hrs Ascent: 200m/660ft **DEPART:** LACP at 09:30 **WALK START:** Main Visitors car park ML11 9DB Return mileage - 90 at 10:30 **OS:** 72 **GR:** NS881427 **DESCRIPTION:** This is a pleasant walk on good paths and tracks through woodland and beside water. We also visit the UNESCO World Heritage site of New Lanark. **NOTE:** RADO NoSC. **LEADER:** Janette Seale: janette.seale@hotmail.co.uk 01786 447107 or 07709 957317

Tuesday 4th August

KIRKCALDY:-

Langtoun Daunders - Coul Den to the Kingdom Centre

GRADE C: 4.5mls **DEPART:** Kirkcaldy Bus Station, Stance 11, for the 09:15 X37 bus, at 09:05 **WALK START:** Bus stop adjacent Peploe Drive on Pitcairn Avenue, Glenrothes (KY7 6FZ) at 10:00 **OS:** 59 **GR:** NO270034 **DESCRIPTION:** Linear walk by Coul Den, Formonthills and Whinnyhill Plantation, to finish at the Kingdom Centre. **NOTE:** RADO NoSC. The proposed lunch venue is the Golden Acorn. **LEADER:** Ruth Beddall: 01592 260578

Thursday 6th August

GLENROTHES:-

Strollers Walk - see first page of this programme for details.

Saturday 8th August

BRECHIN:-

Hill of Couternach from Glen Prosen

GRADE B: 8.8mls **DEPART:** SNSB at 09:00 **WALK START:** Public Car Park at Prosen Church at 10:00 **OS:** 44 **GR:** NO328657 **DESCRIPTION:** A moderately challenging circular upland hike following paths and tracks for the most part, and with a stretch of road walking. Co-leader Nancy McFarlane, **LEADER:** Catherine Ferguson: CatherineFerg@icloud.com 07789 631115

DALGETY BAY:-

Kinghorn to Dalgety Bay via the Black Rocks (car free)

GRADE C+: 9mls/5hrs **DEPART:** MBS Meet at 09:35 to catch No 7 bus at 09:44 **WALK START:** Kinghorn Memorial Bus Stop at 10:10 **OS:** 66 **GR:** NT268868 **DESCRIPTION:** A coastal walk down to Kinghorn Harbour and out on to Pettycur Beach to the Black Rocks and then continue on the beach to the Burntisland Promenade. Return to Dalgety Bay via Aberdour on the Fife Coastal Path. **NOTE:** RADO. **LEADER:** David Thomson: dabthomson@gmail.com 01383 860324 or 07922 050562

DUNDEE:-

Loch of Lowes, Fungarth Woods & Loch Polney

GRADE C+: 6mls/4hrs **DEPART:** CWCP at 09:30 **WALK START:** Dunkeld North Car Park at 10:30 **OS:** 52 **GR:** NO026428 **DESCRIPTION:** From Dunkeld to Loch of Lowes, through Fungarth Woods to Cally Car Park then down to Polney Loch and through ground of Dunkeld House Hotel. Back by River Tay. On good paths throughout with some short ascents. **LEADER:** Lena Brown: 01382 884649 or 07597 690186

GLENROTHES:-

Stirling - Logie, Menstrie and Bridge of Allan Circular

GRADE B: 9.5mls/4.5hrs Ascent: 1200ft **DEPART:** LCCP at 09:30 **WALK START:** Logie Church CP at 10:15 **OS:** 57 **GR:** NS817966 **DESCRIPTION:** By track from Logie to Menstrie then on to Lossburn Reservoir by a drove road. Return by Cocksburn Reservoir and Bridge of Allen (with some road walking). **NOTE:** NoSC RADO **LEADER:** S Fury 01592 756497 sheena_fury@yahoo.co.uk

KINROSS & OCHIL:-

Doune to Cuthill Braes

GRADE C: 7mls **DEPART:** KPR at 09:00 or BURN at 09:15 **WALK START:** Car Park Moray Public Park Doune (FK16 6DN) at 10:00 **OS:** 57 **GR:** NN730017 **DESCRIPTION:** Starting in Doune, an easy walk following the banks of the River Teath towards Blair Drummond and round to a Roman camp then back to Doune Castle. **NOTE:** RADO. **LEADER:** Christina Rodger: christina@westerloan.plus.com 01786 474315 or 07879 030300

KIRKCALDY:-

Cowdenbeath to Kirkcaldy linear

GRADE C+: 9.5mls Ascent: 180m/590ft **DEPART:** Kirkcaldy bus station stance 14, for the 09:05 number 18, at 08:55 **WALK START:** Cowdenbeath High Street opposite the end of Stenhouse Street (KY4 9QF) at 09:45 **OS:** 58 **GR:** NT165918 **DESCRIPTION:** Mainly on good tracks, paths and roads. There are 2 miles of road in total, mostly along Lochgelly Avenue and Torbain Road. One short steep descent in Carden Den. The walk ends at the main gate of Beveridge Park. **NOTE:** RADO NoSC. **LEADER:** Mike Livesey & Janet Fraser: 07783 201492

PERTH:- Meikle Bin (Carron Valley)

GRADE B: 8mls Ascent: 350m/1150ft **DEPART:** ASDACP at 09:00 **WALK START:** Todholes Car Park on the B818 Denny to Fintry Road at 10:30 **OS:** 64 **GR:** NS673858 **DESCRIPTION:** Setting out on tracks through woodland, the route emerges to climb steeply on grass to the top where there are good views. The return route initially retraces its steps before using a different track to access the reservoir to return. **NOTE:** RADO. **LEADER:** Pete & Anne Trant: thetrants@virginmedia.com 01738 565075 & 07985 202934 or 07557 785696

Sunday 9th August

STIRLING & FALKIRK:- Loch Glow and the surrounding hills

GRADE C+: 6mls/4hrs Ascent: 336m/1100ft **DEPART:** LACP at 09:30 **WALK START:** CP at entrance to Loch Glow (B913/B914) past Steelend KY4 OJW Return mileage - 60 at 10:30 **OS:** 58 **GR:** NT100955 **DESCRIPTION:** Walking around the hills near Loch Glow, then round back of Cleish Hills returning along loch side. **NOTE:** RADO NoSC. Very limited parking, please Car share as much as possible. **LEADER:** Ray Finlay: rayfin_1@hotmail.com 01786 449135 or 07792 549363

STRATHTAY:- Ben Vuirich

GRADE B: 10mls Ascent: 600m/1970ft **DEPART:** CGCP at 09:00 **WALK START:** Clunskea on A924 at 09:45 **OS:** 43 **GR:** NO009637 **DESCRIPTION:** A long steadily ascending ridge leads to a shy Corbett behind Beinn Vrackie. Fine views of Beinn a'Ghlo. Return by route of ascent. **NOTE:** RADO. **LEADER:** Muriel Findley: murfin41@btinternet.com 01887 820095

Tuesday 11th August

KINROSS & OCHIL:- Tuesday Walkers - See details at beginning of this programme.

Wednesday 12th August

ST ANDREWS & NE FIFE:- Wemyss Circular

GRADE C: 5mls/2.5hrs Ascent: 90m/300ft **DEPART:** FCPC at 12:15 **WALK START:** Car park at West Wemyss Harbour at 13:00 **OS:** 59 **GR:** NT323946 **DESCRIPTION:** Following the coastal path in front of Wemyss castle towards East Wemyss, returning partly on old railway line and through grounds of the castle and through the village. Mix of good paths, tracks and pavements, some sections may be muddy. **NOTE:** RADO NoSC. **LEADER:** Will Aitken: wh.aitken@gmail.com 01334 470066 or 07908 721466

Thursday 13th August

DALGETY BAY:- Roamers ~ Lochore Meadows (negligible ascent)

GRADE D: 4mls/2.5hrs **DEPART:** DBL at 10:00 **WALK START:** Lochore Meadows Centre Car Park at 10:30 **OS:** 58 **GR:** NT170962 **DESCRIPTION:** A circular walk around Loch Ore. **NOTE:** RADO. **LEADER:** Rose Nutt: 01383 822669 or 07494 235392

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Saturday 15th August

BLAIRGOWRIE:- Braemar: Creag Bhalg and Glen Quoich

GRADE B+: 10.5mls/6hrs Ascent: 509m/1670ft **DEPART:** WCPB at 09:00 **WALK START:** Car Park Linn of Quoich at 10:15 **OS:** 43 **GR:** NO116910 **DESCRIPTION:** Marr Lodge parkland, scots pine forest, open moor, hill top and river bank walk. Scenic views toward high Cairngorms and surrounding area. Paths are often wet. **LEADER:** Liz Chisholm: lizchis@outlook.com 07786 626338

DUNDEE:- Lomond Hills Reservoirs

GRADE C+: 7.2mls/4hrs Ascent: 190m/620ft **DEPART:** TBCP at 09:30 **WALK START:** Craigmead Car Park (3km west of Falkland) at 10:15 **OS:** 58 **GR:** NO227061 **DESCRIPTION:** Moderate route following good tracks and paths from Craigmead passing Ballo, Harperleas and Holl Reservoirs. Some sections can be muddy. **LEADER:** L Beveridge & J Cumming: 01382 730832 & 07811 462266 or 01382 642752 & 07526 237526

DUNFERMLINE & WEST FIFE:- Devilla Forest

GRADE C+: 10mils/4.5hrs Ascent: 200m/656ft. **DEPART:** LPRCP at 09:30 **WALK START:** Culross West car park at 10:00 **OS:** 65 **GR:** NS984859 **DESCRIPTION:** Circular walk from Culross around Devilla Forest. Mainly on forest roads and tracks but some walking on uneven paths. **NOTE:** DWOL. **LEADER:** Bob Cuthbertson, 01383 747997 or 07503 001948, bob.cuthbertson@hotmail.co.uk

FORFAR:- Johnshaven/Benholm Circular

GRADE C: 6mils **DEPART:** MMCP at 09:30 **WALK START:** Sea shore at Johnshaven (Opposite Caravan Site) at 10:30 **OS:** 45 **GR:** NO796672 **DESCRIPTION:** Circular walk around Johnshaven **LEADER:** Dorothy Hutcheon: 01307 468034

KIRKCALDY:- Pitlessie and Crawford Priory

GRADE C: 7mils **DEPART:** KRSN at 09:20 **WALK START:** Car park at the end of Muir Road, Springfield (KY15 5SN) at 10:00 **OS:** 59 **GR:** NO341118 **DESCRIPTION:** Walk around the Hough of Fife from Springfield to Pitlessie. Around farmland and returning through the grounds of Crawford Priory. **NOTE:** RADO NoSC. **LEADER:** Beth Dickson: bd6427@icloud.com 07791 912417

PERTH:- Buchanty and Glen Almond

GRADE C+: 8mils Ascent: 480m/1570ft **DEPART:** ASDACP at 09:30 **WALK START:** Buchanty Spout Car Park on the B8063 at 10:00 **OS:** 58 **GR:** NN933283 **DESCRIPTION:** Starting at the Almond Bridge, the walk passes Glenalmond House on its way up the slopes of Botich, then heads west towards Dun Mor before returning via Millrodgie and beside the Almond to Buchanty Spout. **NOTE:** RADO. **LEADER:** John Andrews: johndandrews44@gmail.com 01738 827275 or 07526 884953

ST ANDREWS & NE FIFE:- Collessie Circular

GRADE C+: 8mils/4hrs Ascent: 295m/960ft **DEPART:** FCPC at 09:45 **WALK START:** Victory Hall Car Park, Collessie at 10:15 **OS:** 59 **GR:** NO286133 **DESCRIPTION:** Follow traces of medieval cart track across open countryside with views to Lomonds & Lindores Loch. Past old Abdie church & through woods on monks road, then down to the loch. Back to Collessie via open farmland & minor road from Monimail. **NOTE:** RADO NoSC. **LEADER:** Nicky Haxell: nickyhax@gmail.com 01334 839117 or 07527 156034

Sunday 16th August**DALGETY BAY:- Stanley - Ballathie Circular**

GRADE C+: 8.5mils/5hrs Ascent: 220m/720ft **DEPART:** DBSCCP at 09:30 **WALK START:** Stanley Primary School at 10:30 **OS:** 53 **GR:** NO108329 **DESCRIPTION:** Walking from Stanley along the river Tay to Ballathie House hotel. Return along old railway. One steep ascent/descent on rough track which may be muddy. **NOTE:** RADO. **LEADER:** Audrey Price: anprice@live.co.uk 01383 824173 or 07871 806582

GLENROTHES:- Ballinluig - Lochan Oisneach Circular

GRADE B+: 10.5mils/5.5hrs Ascent: 1400ft **DEPART:** LCCP at 09:00 **WALK START:** Tullimet Farm of A9 near Ballinluig North of Dunkeld at 11:00 **OS:** 53 **GR:** NN999525 **DESCRIPTION:** From Tullimet farm walk along country road and walk up contours to tracks leading to Oisneach Lochans. Then past Tullimet House returning to the farm many great views of the surrounding area. **NOTE:** NoSC RADO **LEADER:** C Mackie & T McLaren 07903132319 tmlaclaren39@gmail.com

STIRLING & FALKIRK:- Stirling Uni, Bridge of Allan, Cocksburn Rsvr and Logie Kirk

GRADE C+: 10.5mils/4hrs Ascent: 199m/650ft **DEPART:** LACP at 09:30 **WALK START:** Wallace Monument CP FK9 5LF Return mileage - 5 at 10:00 **OS:** 59 **GR:** NS807958 **DESCRIPTION:** A Circular walk, starting from Causewayhead. Around by the University and Bridge of Allan, up to Cocksburn Reservoir. We walk along the side of Dumyat and back via Logie Kirk. **NOTE:** RADO NoSC. **LEADER:** Allan Drew: allan.drew@yahoo.co.uk 07921 687285

Thursday 20th August

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Saturday 22nd August

BRECHIN:-

Clais Fhearnaig Circuit - Bus and Meal - Booking Req'd

GRADE C+: 10mls **DEPART:** SNSB at 08:00 **WALK START:** Linn of Quoich Car Park at 10:00 **OS:** 43 **GR:** NO117910 **DESCRIPTION:** Circular Walk, taking in Linn of Quoich, Glen Quoich, Clais Fhearnaig and Glen Lui on clear paths, tracks and minor road. Co-leader Morag Boyd. **LEADER:** Irene McGugan: irene.mcgugan@btinternet.com 01307 818436

DALGETY BAY:-

Lecrieff & Lundie Craigs

GRADE C+: 6.5mls/4hrs Ascent: 300m/980ft **DEPART:** DBSCCP at 09:30 **WALK START:** Layby at Tullybaccart on A923 at 10:30 **OS:** 53 **GR:** NO263360 **DESCRIPTION:** Cross A923 & past Tullybaccart Farm head up, prior to loch go left for Lundiecraigs Wood, right to Lundie Craigs, to mast & trig point. Head NE for Keillor Hill & the Monument. Return by descending the hill & walking below Lundie Craigs. **NOTE:** RADO. If the Car Park is full, there is a layby approx. 0.5 mile NE toward Cupar Angus on opposite side of road. **LEADER:** Chris Roberts: c-b.roberts@tiscali.co.uk 01383 822184 or 07749 757587

DUNDEE:-

Glen Tilt, Blair Atholl (long version)

GRADE B: 10mls/4.5hrs Ascent: 152m/500ft **DEPART:** CWCP at 09:00 **WALK START:** Glen Tilt Lodge Car Park at 10:30 **OS:** 43 **GR:** NN875664 **DESCRIPTION:** From Glen Tilt Lodge to Marble Lodge. Return via Glen Fender. Some minor road walking. **LEADER:** Val MacDonald: 01382 642728 or 07852 815900

DUNDEE:-

Glen Tilt, Blair Atholl (short version)

GRADE C+: 6mls/3hrs Ascent: 100m/330ft **DEPART:** CWCP at 09:00 **WALK START:** Glen Tilt Lodge Car Park at 10:30 **OS:** 43 **GR:** NN875664 **DESCRIPTION:** From Glen Tilt Lodge via Old Blair and Rifle Range. Return via Middlebridge. Some Minor road walking. **LEADER:** Stewart MacDonald: stewartmac@yahoo.com 01382 642728 or 07960 624539

GLENROTHES:-

Murthly Castle Estate

GRADE C+: 7.5mls/4hrs Ascent: 600ft **DEPART:** LCCP at 09:30 **WALK START:** Caputh Church CP at 10:30 **OS:** 53 **GR:** NO088401 **DESCRIPTION:** A very pleasant walk by Roman bridge, River Tay and through the estate on good paths and tracks. **NOTE:** CWRA RADO **LEADER:** J Duncan 01337 831888 john@johnandmorven.co.uk

PERTH:-

Lochan a'Chait via Loch Ordie

GRADE B: 12mls Ascent: 483m/1580ft **DEPART:** ASDACP at 09:00 **WALK START:** At the Forestry access and turning area at sharp corner on lane to Tulliemet (see note) at 09:30 **OS:** 52 **GR:** NO006495 **DESCRIPTION:** A long but easy walk along mostly grassy tracks in open moorland terrain and into quieter areas past Loch Ordie. All climbing is reasonably graded and one significant ford to cross - possible wet feet !! **NOTE:** RADO. Take the turn off for Guay from the A9 which goes on towards Tulliemet. **LEADER:** Ian Stokes: iangstokes@tiscali.co.uk 01738 787567 or 07775 802630

STRATHTAY:-

Loch Derculich

GRADE C+: 9.5mls **DEPART:** CGCP at 09:00 **WALK START:** Easter Cluny at 09:10 **OS:** 52 **GR:** NN883519 **DESCRIPTION:** Circular walk over moorland tracks and paths to Loch Derculich including a fine viewpoint. **NOTE:** RADO. **LEADER:** John & Lily Fleming: jandlfleming@btinternet.com 01887 820575

Sunday 23rd August

KINROSS & OCHIL:-

Tweed Walk to Lyne

GRADE C: 7mls **DEPART:** KPR at 08:45 or BURN at 08:30 **WALK START:** Greenside Car Park Peebles at 10:15 **OS:** 73 **GR:** NT248404 **DESCRIPTION:** A good circular route that mainly follows the banks of the River Tweed and passes Neidpath Castle and Barns Tower. The walk passes Neidpath Viaduct, Manor Brig and Old Manor Brig. Each offers a short cut back to Peebles town. **NOTE:** RADO. **LEADER:** Bill & Sheena Bedborough: 01259 742491 or 07919 836908

STIRLING & FALKIRK:- Lochan Spling and Doon Hill

GRADE C+: 8mls/4hrs Ascent: 170m/560ft **DEPART:** LACP at 09:30 **WALK START:** Aberfoyle visitors car park FK8 3UQ. Return mileage - 40 at 10:15 **OS:** 57 **GR:** NN522008 **DESCRIPTION:** Easy walk on forest tracks round a scenic loch and a short climb up Doon/Fairy Hill. **NOTE:** DWOL CWRA. **LEADER:** Lorraine Milne: lorrainemilne@hotmail.co.uk 01324 631661 or 07925 217341

Tuesday 25th August

KINROSS & OCHIL:- Tuesday Walkers - See details at beginning of this programme.

Thursday 27th August

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Saturday 29th August

BLAIRGOWRIE:- Gartmorn Dam

GRADE C+: 11mls/5hrs Ascent: 50m/160ft **DEPART:** WCPB at 09:00 **WALK START:** Car Park at Dam/Visitor Centre at 10:30 **OS:** 58 **GR:** NS912942 **DESCRIPTION:** Flat walk around the south of the dam, following Black Devon to Forestmill, south to Slack cottage, west along old railway line, north to Linn Mill and the eastern edge of the dam and return to the car park. **LEADER:** Anne Easson: a.easson@btinternet.com 01828 628001

DUNDEE:- Guildtown, St Martins and Wolfhill

GRADE C+: 6.8mls/3.5hrs **DEPART:** CWCP at 09:45 **WALK START:** Guildtown Village Hall, Hall Road, Guildtown at 10:30 **OS:** 53 **GR:** NO133317 **DESCRIPTION:** Moderate low level route following paths, tracks and minor roads through farmland passing by standing stones. Minimal ascent. **LEADER:** Barbara Sayers: 07986 867255

DUNFERMLINE & WEST FIFE:- Menstrie Glen and Jerah

GRADE C+: 6mls/3.5hrs Ascent: 200m/656ft. **DEPART:** LPRCP at 09:30 **WALK START:** Menstrie Dumyat Centre car park at 10:15 **OS:** 366 **GR:** NS852969 **DESCRIPTION:** Good tracks and views through Menstrie Glen by Craigomish, Myreton Hill and Red Brae to Jerah farm and return on track below Dumyat. **NOTE:** DWOL. Walk leader will meet everyone at the start at Dumyat centre **LEADER:** Linda Moyes, 01383 852817 or 07840 759384, lm57.moyes@gmail.com

PERTH:- Gargunnock Circular

GRADE C+: 7.5mls Ascent: 137m/450ft **DEPART:** ASDACP at 09:30 **WALK START:** Main Street Gargunnock at 10:30 **OS:** 57 **GR:** NS704944 **DESCRIPTION:** An almost circular walk following good tracks, quiet lanes and the old military road with views to ten Munros on a good day. **NOTE:** RADO. **LEADER:** Sue Henderson: tanniesue_peru@yahoo.com 01738 861026 or 07980 147967

ST ANDREWS & NE FIFE:- Scone Circular

GRADE C+: 8.5mls/4hrs Ascent: 150m/500ft **DEPART:** FCPC at 09:30 **WALK START:** Quarrymill Car Park at 10:45 **OS:** 58 **GR:** NO120251 **DESCRIPTION:** Circular walk past racecourse alongside River Tay to Waulkmill and then through Scone back to start. **NOTE:** NoSC. **LEADER:** Jim Coates: jcoates1944@gmail.com 01337 831113

Sunday 30th August

DALGETY BAY:- Pentlands: Four Tops from Nine Mile Burn

GRADE B+: 9mls/6hrs Ascent: 750m/2460ft **DEPART:** DBSCCP at 09:00 **WALK START:** Parking area at Nine Mile Burn, off A702 at 10:00 **OS:** 66 **GR:** NT177577 **DESCRIPTION:** Follow the old Monks Road over Cap Law to West Kip bealach. Descend to Green Cleugh & the Howe with steep climbs & descents over Scald Law, South Black Hill, East & West Kip before returning via Braid Law bealach to Nine Mile Burn. **NOTE:** RADO NoSC. **LEADER:** Julia Miflin: julia.miflin@outlook.com 07747 761252

FORFAR:-**Kingoodie Quarries, Invergowrie**

GRADE C: 5.5mils **DEPART:** MMCP at 09:30 **WALK START:** Riverside Nature Park Car Park Dundee at 10:15 **OS:** 54 **GR:** NO359296 **DESCRIPTION:** Low level walk on paths, tracks and village streets, Lovely views and opportunity for birdwatching along the way. **LEADER:** Christine Ferguson: 01382 532384

GLENROTHES:-**Stronachie - Black Hill wood circular**

GRADE B: 9mils/4.5hrs Ascent: 1250ft **DEPART:** LCCP at 09:30 **WALK START:** Milnathort - Stronachie road on entrance to wood at 10:15 **OS:** 58 **GR:** NO070078 **DESCRIPTION:** Walk on tracks and paths through woodland with great views of Loch Leven, Cleish and Ochil Hills. **NOTE:** CWRA RADO **LEADER:** L Allen 01592 748016 lesallen80@gmail.com

KIRKCALDY:-**Devilla Forest - Four Lochs**

GRADE C: 6mils **DEPART:** KRSN at 09:15 **WALK START:** Forestry Commission car park on the A985 (FK10 4AS) at 10:00 **OS:** 65 **GR:** NS963870 **DESCRIPTION:** A snaking walk taking three waymarked trails. **NOTE:** DWOL NoSC. **LEADER:** Beth Dickson: bd6427@icloud.com 07791 912417

STIRLING & FALKIRK:- Craig Hill

GRADE B+: 11mils/6hrs Ascent: 610m/2000ft **DEPART:** LACP at 09:00 **WALK START:** Birks of Aberfeldy car Park PH15 2ET Return mileage 90 at 10:15 **OS:** 52 **GR:** NN855485 **DESCRIPTION:** We climb the Birks of Aberfeldy, continue to open countryside then climb Craig Hill. Undulating return via Bolfracks Hill. **NOTE:** RADO NoSC. **LEADER:** Colin Thomson: colinbthomson@gmail.com 01786 472726 or 07702 636505

STIRLING & FALKIRK:- Dalmeny Circular

GRADE C: 5.5mils/4.5hrs Ascent: 100m/330ft **DEPART:** LACP at 09:15 **WALK START:** Pier opposite Hawes Inn, South Queensferry EH30 9TB Return mileage - 50 at 10:00 **OS:** 65 **GR:** NT137784 **DESCRIPTION:** Start at pier opposite Hawes Inn and walk along the shore path to Dalmeny Estate. Continue along to the village of Dalmeny and then loop round and down and back to the start of the walk. Mainly paths with some road/pavement walking. **NOTE:** RADO NoSC. From Linden Avenue to start of walk 26.8 miles, 45 minutes, I will be going directly to the start of the walk. **LEADER:** Lynne Bell: Macbell@hotmail.co.uk 01324 621857 or 07946 247727

Monday 31st August**DUNDEE:-****Ardler, Meigle Circular Walk**

GRADE C: 7mils/3hrs **DEPART:** CWCP at 09:30 **WALK START:** Ardler Tavern, Ardler, Meigle at 10:00 **OS:** 53 **GR:** NO265420 **DESCRIPTION:** Circular walk around Ardler on tracks with some road walking. Lunch to follow for those interested. Minimal ascent. **LEADER:** Sheila Wallace: smwallace55@gmail.com 01382 320243 or 07944 570925

Tuesday 1st September**KIRKCALDY:-****Langtoun Daunders - Kirkcaldy to Kinghorn circular**

GRADE C: 6mils **DEPART:** KRSN at 10:00 **WALK START:** Kirkcaldy Lorry Park, Esplanade (KY1 1RD) at 10:15 **OS:** 59 **GR:** NT279903 **DESCRIPTION:** Leaving Kirkcaldy via Inveriel taking the Jawbanes Road to Kissing Trees Lane, then passing Craigencalt Farm to the edge of Kinghorn before returning to Kirkcaldy. **NOTE:** RADO NoSC. The proposed lunch venue is Morrison's cafe. **LEADER:** Beth Dickson: bd6427@icloud.com 07791 912417

Wednesday 2nd September**DUNFERMLINE & WEST FIFE:- Dollar and Muckhart Mill**

GRADE C+: 7mils/3hrs Ascent: 200m/656ft. **DEPART:** LPRCP at 09:30 **WALK START:** Dollar. Main road next to burn at 10:00 **OS:** 366 **GR:** NS963980 **DESCRIPTION:** Tracks and quiet roads to Muckhart Mill. Return to Dollar by back road and Lawhill Community Woodland. **NOTE:** DWOL. **LEADER:** Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

Thursday 3rd September

GLENROTHES:-

Strollers Walk - see first page of this programme for details.

Saturday 5th September

BRECHIN:-

Banchory to Crathes Circular

GRADE C: 7mls **DEPART:** SNSB at 09:00 **WALK START:** King George V Park car park in Banchory at 10:00 **OS:** 38 **GR:** NO698954 **DESCRIPTION:** Also on map 45. Level walk along old railway to Crathes Station. On to Crathes Castle grounds and return through woodland. **LEADER:** Frances Low: 01356 625348

DALGETY BAY:-

Newburgh - Lindores Hill - Glenduckie Hill

GRADE B: 10.3mls/5hrs Ascent: 400m/1310ft **DEPART:** DBSCCP at 09:00 **WALK START:** Car park beside Newburgh Primary School at 10:00 **OS:** 59 **GR:** NO241183 **DESCRIPTION:** Figure of eight walk on paths tracks and some rough ground. Good views. **NOTE:** RADO. **LEADER:** Jane Searles: 07900 175403

DUNDEE:-

Kinnoull Hill, Perth

GRADE C+: 6mls **DEPART:** CWCP at 09:30 **WALK START:** Jubilee Car Park (turning off at Kinfauns Junction) at 10:15 **OS:** 53 **GR:** NO144236 **DESCRIPTION:** Moderate ascents reaching MacDuffs Tower with lovely views, then on to Coronation Path. Minimal road walking. **NOTE:** After turning off at Kinfauns Junction, pass Kinfauns Village then a winding road to Jubilee Car Park. **LEADER:** Anne McCreery: 07519 650998

DUNFERMLINE & WEST FIFE:- Birnam Hill and The Hermitage

GRADE B+: 8mls/6hrs Ascent: 400m/1312ft. **DEPART:** LPRCP at 08:30 **WALK START:** Birnam and Dunkeld Railway Station at 10:00 **OS:** 52 **GR:** NO031416 **DESCRIPTION:** Tracks and paths through woodland and open moorland via Kingseat Hill, Birnam Hill, Ossians Cave and The Hermitage. Can be shortened if weather inclement. **NOTE:** DWOL. **LEADER:** Anne Laird, 01383 727515 or 07768 860066, anne-laird@hotmail.co.uk

GLENROTHES:-

Comrie to Crieff via Auchingarrich

GRADE B: 9mls/5hrs Ascent: 1650ft **DEPART:** LCCP at 09:30 **WALK START:** McCrosty/Taylor Park Crieff at 10.30hrs. Walk to the High Street bus stop in Crieff in time for the 11.00hrs No. 15 bus to Dalingross, Comrie. at 10:30 **OS:** 52 **GR:** NN858221 **DESCRIPTION:** A linear walk from Comrie to Crieff on tracks and paths via Auchingarrich with good views over Strathearn. **NOTE:** NoSC RADO **LEADER:** C Mackie & T McLaren 07903132319 tmlaren39@gmail.com

KINROSS & OCHIL:-

Howe of Fife Circular

GRADE C: 8mls **DEPART:** KPR at 09:30 or BURN at 09:15 **WALK START:** Elmwood Golf car park between Springfield and Stratheden at 10:00 **OS:** 370 **GR:** NO349121 **DESCRIPTION:** Low level and undulating, varied surfaces. Possibility of steps over railway line. **NOTE:** RADO. Children welcome. Leader will be at start. **LEADER:** Liz Douglas: 01337 827582

KIRKCALDY:-

Strathpeffer weekend

MEET: As arranged at 09:30 **DESCRIPTION:** Two nights half board at the Bay Highland Hotel in Strathpeffer. **NOTE:** Walks to be posted on the group web page. **CONTACT:** Mike Livesey: 07783 201492 or 01592 503272

PERTH:-

Loch Kennard and Loch Scoly Circular

GRADE C+: 9mls Ascent: 500m/1640ft **DEPART:** ASDACP at 09:30 **WALK START:** Griffin Car Park between Amulree and Aberfeldy on A826 near Loch na Craige at 10:30 **OS:** 52 **GR:** NN886451 **DESCRIPTION:** A circuit around Loch Kennard and on to Loch Scoly on woodland tracks. **NOTE:** RADO. **LEADER:** Roger Brickell: rogerbrickell@icloud.com 01764 656114 or 07733 317725

Sunday 6th September

DUNDEE:-

September Holiday

MEET: Winnock Hotel, The Square, Drymen, G63 0BL **DESCRIPTION:** 3 nights at £57 pppn (single supplement £19.50 per night) (£3 reduction pppn if sharing triple/quad rooms). Includes dinner, bed and breakfast. Please book with hotel direct (£60 deposit per room, balance 14 days before arrival). Please let Jarka or Gwen (gwen5429@hotmail.co.uk) know by text or email when you have booked. (book by end April) **CONTACT:** Jarka Polednova & Gwen Loudon: jp1093@googlemail.com 07792 859395 or 07951 746125

STIRLING & FALKIRK:- A Walk Round Falkirk's Surprising Sights

GRADE C: 4mils/3hrs Ascent: 45m/150ft **DEPART:** LACP at 09:30 **WALK START:** Falkirk Grahamston C P (it is also easy to park at The Retail Park CP FK1 1HR Return mileage - 20 at 10:00 **OS:** 65 **GR:** NS889804 **DESCRIPTION:** An easy walk through the historical centre of Falkirk, Callendar Woods, and the green fields above, returning via the canal, but avoiding the tunnel by taking a new path over the top. **NOTE:** DWOL CWRA. **LEADER:** Wraight Shepherd: wraight.shepherd@talk21.com 01786 475137 or 07753 941564

STIRLING & FALKIRK:- Alva Glen, Ben Ever and Wood Hill

GRADE B+: 7.7mils/6hrs Ascent: 640m/2100ft **DEPART:** LACP at 09:30 **WALK START:** Ochil Hills Woodland car park. FK12 5HU Return mileage - 20 at 10:00 **OS:** 58 **GR:** NS898975 **DESCRIPTION:** Through Wood Hill Wood then following Rhodders Farm track up Alva Glen to a footpath up the Cloves, E skirting Alva Moss and Glenwinell to Ben Ever. Thence to Wood Hill and a descent through woods to the start. **NOTE:** RADO NoSC. 2 easy fences to climb. Bracken for a short distance down through the wood. Confirm attendance with walk lead. **LEADER:** Douglas Tulloch: doug@tulloch.info 07881 662885

STRATHTAY:- Loch Con and Limestone Pavements

GRADE C+: 7mils **DEPART:** CGCP at 09:00 **WALK START:** Trinafour (entrance to dam road) at 09:30 **OS:** 42 **GR:** NN725650 **DESCRIPTION:** Along the old military road then take track up past limestone pavements. Short ascent over Meall Dail-Chealach and down to Loch Con. Down along the Allt Con to Loch Errochty, over the dam and follow track back to start. **NOTE:** RADO. **LEADER:** Bill Bruce: bill_1_bruce@btinternet.com 01887 829753

Tuesday 8th September

KINROSS & OCHIL:-

Tuesday Walkers - See details at beginning of this programme.

Thursday 10th September

DALGETY BAY:-

Roamers ~ Letham Hill Wood

GRADE D: 4mils/2.5hrs Ascent: 100m/330ft **WALK START:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **DESCRIPTION:** Woodland walk on paths, which can be muddy, with a little more ascent than the other walks in this series. **NOTE:** RADO. **LEADER:** Rose Nutt: 01383 822669 or 07494 235392

GLENROTHES:-

Strollers Walk - see first page of this programme for details.

Friday 11th September

BLAIRGOWRIE:-

11-14 September Weekend Away - Aberfoyle

MEET: Rob Roy Hotel Aberfoyle at 14:00 **DESCRIPTION:** A range of walks will be available Friday afternoon to Sunday, with a choice of walks on Saturday and Sunday. Full details to follow. Booking as below, FINAL PAYMENT DUE 31/7/20. **NOTE:** Booking and deposit of £25 should have already been paid to Madeleine MacIntosh 01250 872005 maddiesworld@outlook.com. **CONTACT:** Phil Taylor: 01828 633648

Saturday 12th September

FORFAR:-

Lunan Bay to Ethiehaven

GRADE C: 5mls **DEPART:** MMCP at 09:30 **WALK START:** Lunan Bay Car Park at 10:15 **OS:** 54 **GR:** NO692515 **DESCRIPTION:** Pleasant coastal walk along to Corbieknowe and Ethiehaven and return **LEADER:** Margaret Mackie: 01307 464656

PERTH:-

Dunblane to Kinbuck

GRADE C+: 8mls Ascent: 95m/310ft **DEPART:** ASDACP at 09:00 **WALK START:** From Haining Car Park behind the Cathedral in Dunblane at 09:45 **OS:** 57 **GR:** NN781014 **DESCRIPTION:** Walking on quiet minor roads, riverside tracks and paths, may be muddy at times. Some gentle ascent, descent, boggy field section, steps, stiles, following the Allan Water in parts. Nice views. **NOTE:** RADO. Public toilet near start of walk, Car park very busy so please car share as much as possible. **LEADER:** Lynn Salvin: salvin@blueyonder.co.uk 01738 634628 or 07712 298939

ST ANDREWS & NE FIFE:-

Stanley to Airtully Circular

GRADE C: 7.5mls/3.5hrs Ascent: 90m/300ft **DEPART:** FCPC at 09:15 **WALK START:** Car park in Stanley village, off B9099 (Perth Rd) on south side of village at 10:15 **OS:** 53 **GR:** NO108331 **DESCRIPTION:** Explore countryside north of Perth on walk from Stanley village along disused railway line, then through Taymount Wood, pass Kingsmyre, return via Airtully. Minor roads, tracks & farm roads. **NOTE:** RADO NoSC. **NOTE:** there is a pedestrian crossing over major railway line. **LEADER:** Will Aitken: wh.aitken@gmail.com 01334 470066 or 07908 721466

Sunday 13th September

GLENROTHES:-

Dunfermline - Dean Plantation circular

GRADE C+: 7.5mls/4.5hrs Ascent: 500ft **DEPART:** LCCP at 09:30 **WALK START:** Pitencrieffe CP, Dunfermline at 10:15 **OS:** 65 **GR:** NT085875 **DESCRIPTION:** An interesting walk to the West of Dunfermline with good views to the Forth, using rights of way, the Berry Law and in the Dean Plantation (may be muddy). **NOTE:** CWRA DWOL **LEADER:** J Duncan 01337 831888 john@johnandmorven.co.uk

KIRKCALDY:-

Deuchary Hill & Loch Ordie circular

GRADE B+: 11mls **DEPART:** KRSN at 09:00 **WALK START:** Cally car park (PH8 OEP, off A923 just north of Dunkeld) at 10:40 **OS:** 53 **GR:** NO023437 **DESCRIPTION:** A circular walk taking in some of the finest scenery in Perthshire. Splendid views make the effort worthwhile. Hill tracks and paths all the way. **NOTE:** RADO NoSC. **LEADER:** Brian Clark: bjclark@live.co.uk 01592 784553

STIRLING & FALKIRK:-

Primrose Hill, Loch Katrine

GRADE C+: 7mls/4hrs Ascent: 250m/820ft **DEPART:** LACP at 09:30 **WALK START:** Loch Katrine Car Park FK17 8HZ Return mileage - 50 at 10:30 **OS:** 57 **GR:** NN496072 **DESCRIPTION:** We walk along the north shore of the loch and on the adjacent lower slopes, which offer fantastic views. **NOTE:** RADO NoSC. Parking fee applies. **LEADER:** Hilary Thomson: hilarydthomson@gmail.com 01786 472726 or 07834 529694

Tuesday 15th September

DALGETY BAY:-

Barnton to Ocean Terminal (Minimal ascent)

GRADE C: 6mls/3hrs **DEPART:** MBS - meet at 09:05 to catch the X57 bus at 09:14 **WALK START:** Barnton bus stop at 09:50 **OS:** 66 **GR:** NT186750 **DESCRIPTION:** Barnton to Ocean terminal via Cramond and Esplanade. Return by bus. Mainly on pavement and tarmac surfaces. **NOTE:** RADO. **LEADER:** H Haines & Rose Nutt: 01383 822187 & 07990 660724 or 01383 822669 & 07494 235392

Wednesday 16th September

DALGETY BAY:- Ben Vorlich (Loch Earn)

GRADE A: 7mils/7hrs Ascent: 890m/2920ft **DEPART:** DBSCCP at 08:00 **WALK START:** Roadside parking at Ardvorlich at 09:30 **OS:** 51 **GR:** NN633232 **DESCRIPTION:** A straightforward ascent of this popular Munro and return by the same route. On a clear day the views are spectacular. The walk will be cancelled or rescheduled if weather is unsuitable. Check with leader or Area Website before travelling. **NOTE:** RADO NoSC. **LEADER:** Ian Bruce: ianbruce100@btinternet.com 01383 616062 or 07518 154237

ST ANDREWS & NE FIFE:- Crail Circular

GRADE C: 5mils/2.5hrs Ascent: 150m/500ft **DEPART:** FCPC at 09:30 **WALK START:** Town Centre Car Park at 10:30 **OS:** 59 **GR:** NO611073 **DESCRIPTION:** Circular walk taking in Craighead, Fife Ness and returning by the Fife Coastal Path. **NOTE:** CWRA. **LEADER:** Jim Coates: jcoates1944@gmail.com 01337 831113

Thursday 17th September

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Saturday 19th September

BRECHIN:- Caputh Circular

GRADE C+: 7mils **DEPART:** SNSB at 09:00 **WALK START:** Caputh Village Hall at 10:00 **OS:** 53 **GR:** NO088401 **DESCRIPTION:** Moderate route, following good tracks and paths through farmland with a short section of road walking. **NOTE:** RADO. **LEADER:** Sheena Leven: 01356 630208

DALGETY BAY:- Kelty to Dunfermline (linear walk with shorter 'C' option)

GRADE C+: 8.5mils/4.5hrs Ascent: 200m/660ft **DEPART:** Regents Way bus stop (opposite Hugo's Bar) Meet at 08:55 to catch the no 7B bus at 09:00 **WALK START:** Kelty, Westcroft Way bus stop at 10:10 **OS:** 58 **GR:** NT141951 **DESCRIPTION:** Route is based on Fife Pilgrim Way - Route 3. Return from Dunfermline on bus no 7 or no 7B. Grade C option finishes at Kingseat - 5 miles, ascent 150m. Kingseat is on the 7B bus route to return to Dalgety Bay. **NOTE:** RADO. **LEADER:** Ben Douglas: 01383 822715 or 07852 658675

DUNDEE:- Crombie Circular

GRADE C: 8mils/5hrs **DEPART:** OCCP at 09:30 **WALK START:** Crombie Country Park Car Park at 10:00 **OS:** 54 **GR:** NO528401 **DESCRIPTION:** On forest tracks and paths through Panmure Estate taking in Countess Margaret's Tower and the site of Panmure House then on to Monikie Park. About half a mile of road walking. **LEADER:** Graham Smith: 01382 528153 or 07963 819719

DUNFERMLINE & WEST FIFE:- Cultybraggan and Bogton Braes, Comrie

GRADE C+: 8mils/4.5hrs Ascent: 120m/393ft. **DEPART:** LPRCP at 09:00 **WALK START:** Dalginross car park, Comrie at 10:30 **OS:** 47 **GR:** NN773218 **DESCRIPTION:** A circular walk exploring the countryside around the Highland-edge town of Comrie in Strathearn. It follows the Water of Ruchill to a community-owned former POW camp before exploring the countryside of lowland Perthshire. **NOTE:** DWOL. Way-marked paths, short section of walking on a minor road, rougher sections by the river. **LEADER:** Grant Robertson, 01383 332265 or 07936 738581, grantrobertson1952@gmail.com

GLENROTHES:- Gartmorn Dam Circular

GRADE C+: 8.5mils/4.5hrs Ascent: 500ft **DEPART:** LCCP at 09:30 **WALK START:** Gartmorn Lochside Car Park at 10:30 **OS:** 58 **GR:** NS911940 **DESCRIPTION:** A circular walk from Gartmorn Dam along good paths, farm tracks and some minor road walking passing Aberdona Mains, Lawmuir Wood and Coalsnaughton. May be muddy in places after rain. **NOTE:** CWRA DWOL Leader will meet walkers at the start of the walk **LEADER:** M Slaven 07754141295 marygg08@talktalk.net

KIRKCALDY:- Portmoak to Glenrothes linear

GRADE B: 9.5mils **DEPART:** Kirkcaldy bus station stance 11, for 09:45 X37 bus, at 09:40 **WALK START:** Glenrothes bus station stance 12, for bus 201 to Portmoak, at 10:25 **OS:** 59 **GR:** NO275009 **DESCRIPTION:** Alighting from bus at Portmoak Church, the first mile presents a challenging contoured ascent. Then easy walking through hill country and woods to end at Glenrothes Kingdom Centre for a bus to Kirkcaldy. **NOTE:** RADO NoSC. Anyone travelling by car is advised to park in Glenrothes and join the walk at Glenrothes bus station. **LEADER:** Ruth Beddall: 01592 260578

STRATHTAY:- Maam Road (Comrie)

GRADE B: 10mils **DEPART:** CGCP at 09:00 **WALK START:** Car park over the bridge on B827 at 09:45 **OS:** 52 **GR:** NN773218 **DESCRIPTION:** The walk goes up by the Deil's Caldron and then up to Melville's Monument before joining the Maam Road. **NOTE:** RADO. **LEADER:** John & Lily Fleming: jandlfleming@btinternet.com 01887 820575

Sunday 20th September**KINROSS & OCHIL:- Loch Meallbrodden**

GRADE C+: 7mils **DEPART:** KPR at 09:15 or BURN at 09:00 **WALK START:** Fowlis Wester Hall Car Park at 10:00 **OS:** 52 **GR:** NN929241 **DESCRIPTION:** Circular walk around the Braes of Fowlis passing "cup & ring" marked rock, standing stones, stone circles and a lovely fishing loch. Good views and many interesting features. Usually a good variety of wildlife & fauna. **NOTE:** RADO. **LEADER:** Peter Edgerton: 01577 840449 or 07922 120910

STIRLING & FALKIRK:- Colzium circular

GRADE C+: 8.8mils/5hrs Ascent: 100m/330ft **DEPART:** LACP at 09:30 **WALK START:** Curling Pond Car Park at Colzium Estate G65 OPY Return mileage - 30 at 10:00 **OS:** 64 **GR:** NS733785 **DESCRIPTION:** Walk on paths through the Colzium Lennox estate and then alongside Banton loch before dropping down to the canal tow path to Auchinstarry. Return to Colzium. Mixture of good paths with a small section on a road. **NOTE:** RADO NoSC. The CP is signed as you enter the estate – take the first L hand turn and it's by the pond. I will be going direct. **LEADER:** Lynne Bell: Macbell@hotmail.co.uk 01324 621857 or 07946 247727

Tuesday 22nd September

KINROSS & OCHIL:- Tuesday Walkers - See details at beginning of this programme.

PERTH:- Away trip to Oporto, Portugal

DESCRIPTION: An exciting opportunity to re-visit the Portuguese Ramblers with a week long trip, 22nd-29th September, to Oporto. A range of walks and cultural visits will be planned. **NOTE:** Gil McGeachy is taking the lead for this visit so to ensure your place contact him asap. **CONTACT:** Gil McGeachy: gil.mcgeachy@gmail.com or 07946 655068

Thursday 24th September

GLENROTHES:- Strollers Walk - see first page of this programme for details.

Friday 25th September**FORFAR:- Weekend Away**

MEET: Forfar **DESCRIPTION:** Weekend Away to Pitlochry - Details to follow **CONTACT:** Christine Ferguson: 01382 532384

Saturday 26th September**BLAIRGOWRIE:- Glen Derby**

GRADE C+: 7.5mils/4.5hrs Ascent: 300m/980ft **DEPART:** WCPB at 09:30 **WALK START:** Car Park opposite Kirkmichael Primary School at 10:15 **OS:** 53 **GR:** NO079600 **DESCRIPTION:** Walk is over woodlands and moor mostly on tracks and paths with steady inclines. Can be boggy. A very tranquil glen. **LEADER:** Anne Crombie: 07341 669925

DALGETY BAY:- Elie to Kilconquhar

GRADE C: 7mils/4hrs Ascent: 60m/200ft **DEPART:** DBSCCP at 09:30 **WALK START:** Shepherd's Knowe CP, Elie at 10:30 **OS:** 59 **GR:** NT498997 **DESCRIPTION:** The route takes in a section of the Fife Coastal Path, tracks and a minor road. **NOTE:** RADO. **LEADER:** Sheila & John Stewart: sheilsmail@yahoo.co.uk 01383 600370 or 07517 004993 & 07873 954758

KIRKCALDY:- Benarty Edge

GRADE B: 8.5mils Ascent: 360m/1180ft **DEPART:** KRSN at 09:15 **WALK START:** Lochore Meadows main car park (KY5 8AG) at 10:00 **OS:** 58 **GR:** NT171962 **DESCRIPTION:** Take the Avenue (Ladath Stripe) to Hill Road. Through Benarty Wood to join the Vane Farm path, then along the ridge to Binn Wood, recrossing Hill Road into Benarty Den and returning along the side of Loch Ore. **NOTE:** RADO NoSC. **LEADER:** Mike Livesey & Janet Fraser: 07783 201492

PERTH:- Bishop Hill Circular from Holl Reservoir

GRADE C+: 7.5mils Ascent: 273m/900ft **DEPART:** ASDACP at 09:30 **WALK START:** Car Park at Holl Reservoir at 10:30 **OS:** 59 **GR:** NO224035 **DESCRIPTION:** A circuit on tracks and hill paths over mainly open moorland and fields up to Bishop Hill via Harperlees Reservoir and Holl Reservoir. Fine views all round. **NOTE:** RADO. **LEADER:** Allen Bardwell: allenbardwell@blueyonder.co.uk 01738 444459 or 07952 339171

Sunday 27th September

GLENROTHES:- Lindores Loch

GRADE C+: 5.5mils/4.5hrs Ascent: 800ft **DEPART:** LCCP at 09:30 **WALK START:** Abdie and Dunbog Church at 10:00 **OS:** 59 **GR:** NO256167 **DESCRIPTION:** Circular walk on paths alongside Lindores Loch via Woodmill, Braeside and Inchrye. **NOTE:** CWRA RADO **LEADER:** G Christie 07443904731 grant911a@gmail.com

ST ANDREWS & NE FIFE:- Cortachy to Airlie Monument

GRADE C+: 7mils/3hrs Ascent: 120m/390ft **DEPART:** FCPC at 09:15 **WALK START:** Cortachy Car Park at 10:30 **OS:** 54 **GR:** NO393597 **DESCRIPTION:** Walk alongside river through woodland up to Airlie Monument and return by Capt Scott's monument and Dykehead. Fine views from monument, walking on paths and a short distance on road. **NOTE:** NoSC. **LEADER:** Susan Richmond: susanrichmond@live.co.uk 01382 542516 or 07593 230299

STIRLING & FALKIRK:- Powmill, Crook of Devon & Rumbling Bridge

GRADE C: 6.8mils/4.5hrs Ascent: 80m/260ft **DEPART:** LACP at 09:30 **WALK START:** Layby on Aldie Rd beyond Powmill Coffee Shop KY13 0QG Return mileage - 30 at 10:15 **OS:** 58 **GR:** NT019984 **DESCRIPTION:** This is an undemanding walk with good views on minor road, farm road and woodland paths. We include a walk through the dramatic box canyon of Rumbling Bridge gorge beside the River Devon. **NOTE:** RADO NoSC. **LEADER:** Janette Seale: janette.seale@hotmail.co.uk 01786 447107 or 07709 957317

Wednesday 30th September

STIRLING & FALKIRK:- Weekend away Blairgowrie 1-4 October is the real date

MEET: Blairgowrie **DESCRIPTION:** Contact Ray October 1 to 4th. This entry (30 September) is only there as a place holder, so we can see this entry in the summer schedule. **CONTACT:** Ray Finlay: rayfin_1@hotmail.com 01786 449135 or 07792 549363

Forth Valley, Fife & Tayside Area Honorary Officials

The following officials were elected or re-elected at the Area AGM at Scone Burnside Hall on the 23rd November, 2019.

Convenor

Roger Brickell (replacement for 2020 TBA)

Vice Convenor

Dr Mike Morris, email: morriskilry@gmail.com

Secretary

Jim Forret, Tel: 01334656137, mobile: 07526670535, email: james.forret@btinternet.com

Membership Secretary

TBA

Treasurer

Mike Gray, tel 01360 550962, mobile 0797 9993614, e-mail: branziertroad@gmail.com

Access Officer

John Andrews,

Tel: 01738 827275, email: john@jdandrews.co.uk

Publications and Advertising Secretary

Trevor Abell,

Tel 01738 813123, e-mail: tmbabell@gmail.com

Assistant Publications Officer

Ian Bruce,

Tel: 01383 616062, e-mail: ianbruce100@btinternet.com

Training Officer

Dr Mike Morris, email: morriskilry@gmail.com

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RA Central Office: 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW Tel: 020 3961 3300 (new).

e-mail: ramblers@ramblers.org.uk web: www.ramblers.org.uk

You can also contact the membership services team (020 3961 3232) and volunteer support (020 3961 3180) directly.

RA Scotland: Caledonia House, 1, Redheughs Rigg, South Gyle, Edinburgh EH12 9DQ e-mail: scotland@ramblers.org.uk web: www.ramblers.org.uk/scotland

Tel: 020 3961 3270

Young Walkers: <https://www.meetup.com/Tayside-Young-Walkers/> and <https://www.meetup.com/Stirling-Young-Walkers/>

Group Secretaries (correct January 2020)

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Dundee	Jean MacGillvray Tel: 07932 014859 dundeeramblers@gmail.com
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Strathtay	Bill Bruce (Treasurer) Tel 01887 829753; e-mail bill_1_bruce@btinternet.com

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If you are walking with a group other than your own:

- Phone the walk leader and confirm the meeting place and time
- Leave your full name and contact telephone number in the walk book
- Tell the walk leader if you have any relevant medical condition.
- Socialise, particularly if there are a large number of you from another group.
- Don't leave the walk without telling the walk leader
- Thank the walk leader at the end of the walk.



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