



*Forth Valley, Fife & Tayside  
Area Joint Programme  
October 2018 to March 2019*

*Walks and Events for:*

Blairgowrie & District  
Brechin  
Dalgety Bay & District  
Dundee & District  
Dunfermline & West Fife  
Forfar & District  
Glenrothes  
Kinross & Ochil  
Kirkcaldy  
Perth & District  
St Andrews & NE Fife  
Stirling, Falkirk & District  
Strathtay



## Information Page

Welcome to the 38th edition of the joint programme covering the Winter programme for 2018/19. We hope that you find the programme informative and helpful in planning your own walking programme for the next 6 months. You can now download a PDF version of this file to your computer, phone, etc.

The complete programme can be found on the new FVFT website; namely [fvft-ramblers.org.uk](http://fvft-ramblers.org.uk). This website also provides information on any changes that have been notified.

This site is intended as a central area of information for the members and volunteers of all groups in the Forth Valley, Fife & Tayside area.

There are walk listings in various formats and IMPORTANTLY a prominent panel showing walks that have been altered since this printed programme was published.

This issue of the programme can be downloaded from the site in PDF format. Several previous editions are also available.

Note: The original Area website: [www.ramblers.org.uk/forth-valley-fife-tayside](http://www.ramblers.org.uk/forth-valley-fife-tayside) is still being maintained for the moment and will provide information on training etc as well as all the walks for each group.

### Publication Information for Next Issue

Deadlines: Electronic walk programmes to Ian Bruce by mid-February 2019

Articles, News Items, Letters etc to Area Secretary by the same date.

Group News, single A4/A5 sheet, 1 or 2 sided, hard copy ready for photocopying.

Please send it directly to Trevor Abell by the end of February. Email attachments are also acceptable and indeed preferred.

### The FV, F & T Joint Programme Team:

#### **Publications and Advertising Secretary:**

Tel 01738 813123, e-mail: [tmbabell@gmail.com](mailto:tmbabell@gmail.com)

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#### **Assistant Publications Secretary:** Ian Bruce.

Tel: 01383 616062, e-mail [ianbruce100@btinternet.com](mailto:ianbruce100@btinternet.com).

**General Data Protection Regulations (GDPR).** Remember that Group Secretaries are now only supposed to email members regarding any information about walks if the members preferences indicate that they are willing to receive emails. Lists come from Ramblers HQ London and are often based on information from the time people joined. These preferences can only be changed by members themselves, not the Group Secretaries. The easiest way to do this is to set up your own account with Ramblers at [ramblers.org.uk/join](http://ramblers.org.uk/join) For members without access to a computer, you could try contacting the membership team on 020 7339 8595. If you are not receiving the national Walk Magazine, it might be that your preferences currently indicate no postal communication. This can also be changed on line through your account.

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## General Information

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### Walks Grading

The walks in this programme are graded according to the following:

**E** Easy Access Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections: visitors are advised to check with the walk leader.

**D** Easy Walks for reasonably fit people. May include unsurfaced rural paths. Walking boots or comfortable footwear and warm, waterproof clothing are recommended. 2 to 5 miles.

**C** Leisurely, mainly on level ground and often paths and tracks.

**C+** Leisurely to moderate, for those with improving fitness, offering some modest challenges.

**B** Moderate, demanding higher standards of fitness and stamina than C+

**B+** Between moderate and strenuous, for the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.

**A** Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; with steep ascents and descents; distances over 15 miles.

**A+** Severe. Arduous walks for the experienced and very fit, involving some or all the following factors: high, exposed ground; steep ascents and descents; brisk pace; distance over 15 miles. Standard grading for hill-walking in winter conditions.

The walk grade is intended as a rough guide only. More information is supplied in each entry.

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### Walker's Responsibilities

Ramblers want everyone to enjoy walking, including children and vulnerable adults. We are committed to equal opportunities and diversity and aim to treat everyone with dignity and respect. While we want to provide and support walking activities, we can't provide specialist care, supervision or support for children and for those who are unable to care independently for themselves. Children under 18 and those with special needs should be accompanied by others who take responsibility for meeting their needs.

Everyone under 18 must be accompanied by an adult with parental responsibility. We no longer accept unaccompanied young people aged 15-17 on Ramblers activities even with written consent from a parent or guardian, and the consent cards we previously issued are no longer valid. People with special needs must be accompanied by someone responsible for their direct care (who needn't be a Ramblers member)

If you are unsure of the suitability of a walk contact the Walk Leader beforehand. It is not always possible to shorten a walk if you are overexerting yourself; choose a grade of walk suitable to your level of fitness and experience.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise. Personal accident insurance is available from several sources. The Walk Leader or Deputy must be a member of the RA. The Leader may change a walk at his/her discretion. Members or visitors should not leave a walk without informing the Leader or divert from a walk without the agreement of the Leader. Many groups carry a first aid kit and/or mobile phone. Individuals are reminded that they are responsible for carrying any special medication that they require for personal use. Walkers must also inform the Walk Leader of any medical condition that could affect their ability to complete the walk.

**Dogs** are not generally suitable on most walks; however some walks are indicated as being suitable for dogs. **Please note: for all walks Registered Assistance Dogs (RADO) are welcome.**

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## The Weather

Listen to the weather forecast (hill walkers' forecast on Radio Scotland) and prepare accordingly. If extreme weather is expected the walk may be cancelled. If you are in doubt, contact the Walk Leader.

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## Clothing and Equipment

Dress according to the season. *Note:* Denim clothes are not suitable.

**Winter:** thermal base layer and layers of clothing, (shirt, trousers, jumper or fleece, and a windproof shell, plus hat, scarf, and gloves). A waterproof jacket (with hood) and waterproof trousers are also needed.

**Summer:** wear fewer, thinner layers but take sun protection.

Wear well-fitting walking boots and take a rucksack to carry your gear.

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## Food and Drink

In general, for a day walk take a flask containing a hot drink, a packed lunch, and various snacks. In warmer weather extra liquid is *essential*.

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## Ticks

Some of the areas walked may contain ticks, which are known to be a source of infection in humans. It is advised that you wear long trousers, a long sleeved shirt and a hat, even in summer. It is also advisable to tuck your trousers into your socks and apply insect repellent. Examine yourself for ticks after a walk and if you find one remove it immediately and cleanly using fine-tipped tweezers or a special tick removal tool. Care is necessary to avoid leaving the mouth parts in the skin; hence you should grasp the tick as close to the skin as possible and pull upwards, slowly but firmly. Once removed apply antiseptic and keep an eye on it for some weeks. The concern is for Lyme Disease, the usual early signs are for an expanding rash. It can be treated but it is serious if neglected. Any unusual reaction should be followed up by a visit to your general practitioner for further advice

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## Transport

Generally cars are used to transport walkers to the start of a walk; car sharing is encouraged. Abbreviations for car parks used as pick up points are included in this programme.

When car sharing, it is recommended that car passengers make a contribution to the running costs, the method of calculation and mileage rates are set by individual groups. Car drivers are reminded to call in at the pick up point prior to departure for the walk if they have a spare seat. Passengers are advised to take shoes and a bag for dirty boots and spare dry clothes in wet weather. The times given in this programme are departure times, if you are from a different group and/or going straight to the start of the walk, it is recommended that you contact the Walk Leader beforehand.

Walks may also use public transport, the fare may be indicated and it is the individual's responsibility to pay. Various walks use hired minibuses, in this case the person responsible, a deadline for booking, and (possibly) a fee will be indicated in the programme. If you book a place on a bus and then find that you must cancel at a later date, unless a replacement is found, you may still be liable for the full cost.

## Cancelling Walks

Groups may have their own accepted procedure; but it is expected that if a walk has to be cancelled due to weather or other reasons, that the Leader or a deputy will go to the normal Group Meeting Point to advise any walkers of the change in plans. It should not be assumed that a Leader will go to the walk start, since this might mean extensive travel in possibly poor conditions. When weather conditions are likely to be poor all walkers planning on going directly to the walk start should confirm by phone with the Walk Leader if the walk will go ahead or not. The Walk Leader should make a note of the phone number of any visitors that indicate their intention of attending the walk and ring them back if the walk is to be cancelled.

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## **Meeting Points**

The following abbreviations are used for group meeting places:

|                         |                                                                                                                                          |                                                     |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------|
| Blairgowrie             | WCPB                                                                                                                                     | Wellmeadow Car Park, Blairgowrie.                   |
| Brechin                 | SNSB                                                                                                                                     | St Ninian's Square, Brechin.                        |
| Dalgety Bay             | DBSCCP                                                                                                                                   | Dalgety Bay Shopping Centre Car Park.               |
| Dundee East             | OCCP                                                                                                                                     | Odeon Cinema Car Park, Douglasfield, Dundee         |
| Dundee West             | CWCP                                                                                                                                     | Cineworld Car Park, Camperdown Leisure Park, Dundee |
| Dundee Fife             | TBCP                                                                                                                                     | Tay Road Bridge (South) Car Park                    |
| Dunfermline & West Fife | LPRCP                                                                                                                                    | Leys Park Road Car Park, Dunfermline.               |
| Forfar                  | EGCP                                                                                                                                     | East Greens Car Park, Forfar.                       |
| Glenrothes              | LCCP                                                                                                                                     | Lomond Centre Car Park, Glenrothes.                 |
| Kinross & Ochil         | KPR                                                                                                                                      | Kinross Park and Ride                               |
|                         | BURN                                                                                                                                     | Dollar Burnside Car Park.                           |
| Kirkcaldy               | KRSN                                                                                                                                     | Kirkcaldy Railway Station North (Forth Ave).        |
| Perth                   | ASDACP                                                                                                                                   | Asda Supermarket Car Park, Perth.                   |
| St Andrews & NE Fife    | FCPC                                                                                                                                     | Fluthers Car Park, Cupar.                           |
| Stirling & Falkirk      | LACP                                                                                                                                     | Linden Ave Car Park, Stirling..                     |
| Strathtay               | CCP                                                                                                                                      | Car Park behind Co-op Aberfeldy.                    |
| Tayside Young Walkers   | Various – Details can be seen at <a href="https://www.meetup.com/Tayside-Young-Walkers">https://www.meetup.com/Tayside-Young-Walkers</a> |                                                     |

## **Acronyms used in the Programme**

**RADO** = Registered Assistance Dogs Only

**DWOL** = Dogs welcome on Leads

**CWRA** = Children with responsible adults

**NoSC** = Not suitable for children



## **MINUTES FOR THE AGM HELD ON THE 25<sup>TH</sup> NOV. 2017** **AT THE BURNSIDE HALL SCONE**

In the absence of the convenor Roger Brickell Mike Gray ( Treasurer ) chaired the meeting

### **OFFICE BEARERS PRESENT**

Mike Gray ( **M G** ) Treasurer, John Andrews ( **J A** ) Access Officer, Trevor Abell ( **T A** ) Publications Secretary

Ian Bruce ( **I B** ) Assistant Publications Secretary, Colin Thomson ( **C T** ) Membership Secretary,

Jim Forret ( **J F** ) Area Secretary

### **MEMBERS PRESENT**

Mike Morris, Jill Pontin, Linda Cullis, Dorothy Hutcheon, Christine Ferguson, Charles McRae, Anna May, Margaret McRae, Irene Rintoul, Alison Arnold, Jean Stewart, Margaret Best, Edna Burnett, Irene McGogan, Brian Clark, Liz Greig, Jean McGillivray, Brian McGillivray, Pat Fraser, Helen Stanghon, Liz Chisholm, Chris Roberts, Catherine Robertson, Will Aitken, Phil Taylor

### **APOLOGIES**

Apologies were received from; Betty Barton, Chris Barton, Dorothy Cameron, Ben Douglas, Roger Brickell,

Stewart Collier, Linda Collier, Mike Livesey, Chris Campbell, Barbara Oswald, Jacky Hamilton,

Alan Bardwell, Fiona Tasker

M G thanked the members from the Blairgowrie group for providing the catering and for leading the walk after lunch

### **MINUTES FOR THE 2106 AGM**

The minutes for the 2016 AGM, published in the AJP were read and approved

Proposed by Brian Clark

Seconded by Brian McGillivray

### **MATTERS ARISING**

There were no matters arising from these minutes

Brian McGillivray pointed out a wrong date on the agenda for 2017

## **PRESENTATION OF THE ANNUAL REPORT**

The constituents of the annual report were discussed on an individual basis with M G asking for any additions by the Officers involved.

The Convenors report was not read out in full but **M G** reiterated the last paragraph in which the Convenor

Paid thanks to all the members who in any way contributed to the functioning of the both the Area and all composite groups

### **Area Secretary's report**

The only addition to this report was made by **J A** when he asked all present to remember Alan Bridges and other members who sadly passed away this year

### **Access Officers report**

**J A** asked all members present if anyone knew the size of the area covered by Forth Valley, Fife & Tayside

There were quite a few guesses on the subject and the answer was; furthest west Loch Lomond, furthest

East around the Montrose area, furthest North near Ballater, furthest south between Bathgate and Airdrie

This gives an area of app. 110 miles by 85 miles

**J A** stated that this is a large area to cover and there are 9 access authorities in this area and we should try our hardest to get a local rep. on each authority area plus the 2 National Parks

**J A** has emailed all local groups to find out who the members of the local access forums are in their area and if they have a local access officer

Brian Clark highlighted a problem that Kirkcaldy group is having with a local estate because Fife Council has an agreement in place with the estate which prohibits entry by any walkers for 4 months of the year

**J A** said that Fife Council have appointed a Technician to assist the area Access officer and this agreement will be getting looked at to try and resolve this issue

Brian Clark said that Kirkcaldy group do not delegate anyone to attend the Fife Access Forum although some members do attend by themselves

**J A** explained that members of local access forums are not delegates of any organisations but represent various interest groups

### **Publications Secretary**

**T A** reported that the area website has a list of all walks in the area and the new area website being installed by Ian Bruce will contain a link to it

Jean McGillivray pointed out that the Ramblers website has a link to the Dundee Family Walking group but the pictures are not of their members so need changing

### **Treasures report**

**M G** reported that expenditure this year was up due to the first aid training which has now been completed



Our budget for next year has been agreed in full by head office in London

Will Aitken reported that the leaflets for the walks in Cupar & St Andrews will be printed in January

**I B** gave a brief overview of the new area website [www.fvft-ramblers.org.uk](http://www.fvft-ramblers.org.uk) which he has set up to enable all groups in the area to access for information, there will be links to the Ramblers website also

Ian stated this website will work on any device and he has printed small cards with the web address for people to take away with them. He encourages members to go on the site and if they have any suggestions as to how it could be improved to let him know and he will have a look at this (within reason)

The annual report was formally adopted. Proposed by Brian McGillivray.  
Seconded by Pat Fraser.

### **Appointment of Office Bearers**

**M G** reported that all the present office bearers were willing to stand for re-election and asked if there were any other nominations. There being no other nominations the present Office bearers were re-elected en bloc. Proposed by Brian McGillivray  
Seconded by Pat Fraser

Nominations for the vacant post of vice Convenor

As there were no nominations from the floor it was decided that the Area Council will look at this in the near future. *(At a later Area meeting, Mike Morris took on this role)*

### **Appointment of Independent examiner of accounts**

**M G** stated that Mr Allan Paul was willing to remain in this post and this motion was carried. Proposed by Mike Gray. Seconded by John Andrews

### **Appointment of delegates to attend Scottish Council**

The delegates to attend the Scottish council on the 10/11<sup>th</sup> of March 2018 at the Hilton doubletree in Aberdeen will be Trevor Abell and Mike Morris

### **Appointment of delegates to attend General Council**

The delegates to attend the General Council on the 7/8<sup>th</sup> April 2108 in Bangor, Wales will be Jean McGillivray and Christine Ferguson

### **Venue for the 2018 AGM**

After discussion it was decided the 2018 AGM will be held in the Burnside Hall, Scone Kinross and Ochil have kindly offered to provide the catering

### **A O C B**

Mike Morris reported on training

He thanked all the secretaries for their help in getting the First Aid training organised He said the first Aid training was a bit of a rush due to budget constraints but we got there in the end

There has been a lot of positive feedback from the members that have attended these courses

Walk leader training courses will begin in January with one mid-week course and one weekend course

The venues are hoped to be the small Burnside Hall, Scone and the RSPB facility at Vane Farm, Kinross

The training will be carried out by Katy Robinson from Ramblers Scotland who will also cover all costs with no cost to participants

Map reading and Navigation courses are to be considered and Mike will email all groups to gauge an interest in this subject. There are three types of course for this, designated Bronze/Silver/gold

**M G** thanked mike for taking on the role of Area Training Coordinator- without someone doing this, the courses were just not happening

Chris Roberts thanked Mike for the First Aid courses

Will Aitken asked if the training officer should be part of the council, it was decided that this was not necessary but a report on training will be included in the annual report

**C T** asked if anyone used Ramblers Routes for walk information, one or two members said they had and found it very useful

**C T** said it is very easy to access; just put in your email address and create a password and you will gain access to all the routes. He said that new routes are always being developed and added that maybe with a bit more education we will get a lot more people using it

**J A** reported that Ramblers Scotland are very keen to learn of any damage to core paths and bridges in the area and how many bridges are being replaced. He said that in England there is a statutory duty to repair or replace them on rights of way, but this is not the case in Scotland and that we need raise awareness in Ramblers Scotland and the Local Authorities to get this sorted out

**J A** has prepared a motion to be presented at Scottish Council as follows

“Scottish Council urges its Executive Committee to give careful consideration to the repair and replacement of bridges on public paths in Scotland”

The motion was approved by the meeting

There being no other business the meeting was closed at 11.10

**FORTH VALLEY, FIFE AND TAYSIDE AREA AGM**  
**Saturday 24<sup>th</sup> November 9.30.**  
**Venue: Church Hall, Burnside, Scone PH2 6LP.**

**Directions:** The hall is situated at the southern end of Scone close to the memorial to Douglas.

**Draft Programme:**

|                 |                                 |
|-----------------|---------------------------------|
| 9.30 – 10.00 am | Registration and coffee/tea.    |
| 10.00- 11.00    | Area AGM                        |
| 11.00 -11.30    | Interval                        |
| 11.30-12.00     | Speaker                         |
| 12.00 -12.30    | Discussion                      |
| 12.30 -1.15     | Lunch (packed lunches)          |
| 1.15            | Walk if conditions are suitable |

**Registration:**

It would be helpful if members intending to attend could inform the Area Secretary by phone or email two weeks before the event.

**Contact :** Mr Jim Forret: 01334656137 mobile: 07526670535,

Email: james.forret@btinternet.com

**SPECIAL GROUPS**

**Glenrothes Strollers walks**

On most Thursdays over the dates of the programme, Glenrothes Strollers have a midweek walk, to which all are welcome. The walk is selected by the walk leaders on the week of the walk, the location and distance depending on the weather conditions. To go on the walk, meet at St. Columba's Church.

**Grade C:** 4 - 6 miles 2.5 - 3.5 hours. **Meet/Time:** St Columba's Church CP at 10.00 **OS:** 59 **GR:** NO269009 **Description:** A short local walk (mostly within a 10 mile radius of Glenrothes), for details call one of the leaders.

**Leaders:** Linda Aitken or Gill Hagger 01592 757144 or 01592 563039

**Kinross & Ochil Tuesday Walkers**

These walks usually take place every second Tuesday. All are welcome.

All walks are **Grade C:** maximum 4 miles, approx 2 hours, and usually within a 10-mile radius of Kinross. **Meet/Time:** Kinross Park & Ride (KPR) at 10.00 **OS:** 58 **GR:** NO112025

**Description:** For details of any walk, please phone leader.

**Leader:** Edna Burnett, 01577 862977.

**Dundee Ramblers Family Walks**

A sub group of the Dundee Ramblers has been started to provide short walks suitable for families with or without children. Dogs are welcome but may need to be on leads. Contact Jean MacGillivray, Secretary Dundee or look up

[www.meetup.com/Dundee-Ramblers-Family-Walks-Meetup](http://www.meetup.com/Dundee-Ramblers-Family-Walks-Meetup)

## **Tayside Young Walkers**

This is a group founded in February 2014 to provide an opportunity for walkers in the age groups of 20s, 30s and 40s to walk together and enjoy various social events. The group now has over 900 walkers attached to it. The group is linked to the Ramblers organisation and those walking regularly are expected to join the Ramblers. Walks are set up using Meetup, and to ensure that numbers are manageable, people are expected to place themselves on a list to attend.

Details can be seen at <https://www.meetup.com/Tayside-Young-Walkers>

Those of you in the younger age brackets are welcome to walk with them.

Contact: Angharad Gibreel - email [myfanwy\\_1@hotmail.com](mailto:myfanwy_1@hotmail.com)

## **Perth A Walkers**

Perth have been running their A Walkers Group for the last year in order to provide a programme of walks dedicated to those members wanting to undertake more demanding walks including Munros and Corbetts. As much as possible the walks will be advertised on the group webpage and by direct email contact to those who have indicated an interest. Dates will change, however, in accordance with the vagaries of the weather.

Main contact for this subgroup is Gil McGeachy: [gil.mcgeachy@gmail.com](mailto:gil.mcgeachy@gmail.com)

## **SUMMARY OF WALKS BY GRADE AND GROUP**

|                      | WALKS IN THIS PROGRAMME |   |    |    |    |     |    |   |      |     |                    |                  |     | All |
|----------------------|-------------------------|---|----|----|----|-----|----|---|------|-----|--------------------|------------------|-----|-----|
|                      | GRADES                  |   |    |    |    |     |    |   | DAYS |     |                    |                  |     |     |
|                      | A+                      | A | B+ | B  | C+ | C   | D  | E | Sat  | Sun | Regular<br>midweek | Other<br>midweek |     |     |
| Blairgowrie          | -                       | - | 1  | 2  | 3  | 6   | -  | - | 12   | -   | -                  | -                | 12  |     |
| Brechin              | -                       | - | -  | -  | 4  | 9   | -  | - | 13   | -   | -                  | -                | 13  |     |
| Dalgety Bay          | -                       | - | -  | 4  | 11 | 11  | 6  | - | 22   | 2   | 6                  | 2                | 32  |     |
| Dundee               | -                       | - | -  | 2  | 13 | 14  | -  | - | 16   | 5   | -                  | 8                | 29  |     |
| Dunfermline & W Fife | -                       | - | 1  | 7  | 3  | 11  | -  | - | 8    | 2   | -                  | 12               | 22  |     |
| Forfar               | -                       | - | -  | -  | 1  | 10  | -  | - | 6    | 5   | -                  | -                | 11  |     |
| Glenrothes           | -                       | - | -  | 5  | 11 | 34  | -  | - | 13   | 11  | 26                 | -                | 50  |     |
| Kinross & Ochil      | -                       | - | -  | 1  | 4  | 19  | -  | - | 6    | 6   | 12                 | -                | 24  |     |
| Kirkcaldy            | -                       | 1 | -  | 4  | 5  | 14  | -  | - | 15   | 3   | 6                  | -                | 24  |     |
| Perth                | -                       | - | -  | 2  | 16 | 6   | -  | - | 24   | -   | -                  | -                | 24  |     |
| St Andrews & NE Fife | -                       | - | 1  | -  | 6  | 11  | 1  | - | 8    | 5   | 6                  | -                | 19  |     |
| Stirling & Falkirk   | -                       | - | 1  | 4  | 9  | 11  | 4  | - | 6    | 23  | -                  | -                | 29  |     |
| Strathtay            | -                       | - | 1  | 1  | 2  | 8   | -  | - | 6    | 6   | -                  | -                | 12  |     |
|                      |                         |   |    |    |    |     |    |   |      |     |                    |                  |     |     |
| Totals               | 0                       | 1 | 5  | 32 | 88 | 164 | 11 | 0 | 155  | 68  | 56                 | 22               | 301 |     |

# Walks Diary

## Monday 1st October

### **St Andrews & NE Fife:-**

### **Book for Christmas Lunch on 1st Dec**

**Description:** If wish to come to Christmas Lunch in Elmwood Golf Club, send.£5 deposit to Will Aitken by 31st Oct. **Contact:** Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

## Tuesday 2nd October

### **Kirkcaldy:-**

### **Langtoun Daunders - Braes Loan Circular Historical Trail**

**Grade C:** 4.5mils **Depart:** KRSN at 10:00 **Walk start:** Glass Street Car Park, Markinch at 10:30 **OS:** 59 **GR:** NO297019 **Description:** A leisurely walk on paths and tracks taking in historical sites. Possible post walk lunch venue, Carlton Coffee Shop, but will be confirmed on the day. **Note:** RADO. CWRA. **Leader:** Nancy Davies, 01592 262260, daves1746@gmail.com

## Thursday 4th October

### **Dundee:-**

### **Carnoustie Circular**

**Grade C:** 6mils/3hrs **Depart:** OCCP at 10:00 **Walk start:** Tayside Street Car Park (sea side of level crossing) at 10:30 **OS:** 54 **GR:** NO567344 **Description:** Circular walk around Carnoustie, tracks, road and pavement walking. Minimal ascent. **Leader:** Sheila Wallace, 01382 320243 or 07944 570925

### **Glenrothes:-**

**Strollers Walk - See details at beginning of this programme.**

## Friday 5th October

### **Dunfermline & West Fife:- Arran Long Weekend**

**Meet: Contact:** Grant Robertson, 01577 208436, 07936 738581, grantrobertson1952@gmail.com

## Saturday 6th October

### **Blairgowrie:-**

### **Moncrieff Hill**

**Grade C+:** 5.5mils ▲ 250m/820ft. **Depart:** WCPB at 09:15 **Walk start:** Car Park just off Rhynd Road at 10:00 **OS:** 58 **GR:** NO138210 **Description:** Beautiful woodland walk to summit with great views of Perth and the surrounding areas south of the River Tay. **Note:** RADO. **Leader:** Madeleine McIntosh, 01250 872005 or 07904 382840, maddiesworld@outlook.com

### **Brechin:-**

### **Kinnoull Hill**

**Grade C+:** 8mils **Depart:** SNSB at 09:30 **Walk start:** South Inch Car Park, Perth at 10:45 **OS:** 58 **GR:** NO119229 **Description:** Varied walk, taking in some woodland, and also some road walking. Great views from top of Kinnoull Hill. River Tay crossed using walkway alongside railway viaduct. **Leader:** Catherine Ferguson, 07789 631115, catherineferg@icloud.com

### **Dalgety Bay:-**

### **Charlestown and Elgin Lands Circular**

**Grade C:** 7mils/4hrs ▲ 150m/492ft. **Depart:** DBSCCP at 09:30 **Walk start:** Limekilns Promenade at 10:00 **OS:** 65 **GR:** NT075833 **Description:** A walk on tracks and paths incorporating a section through Broomhall Estate. Some road walking. **Note:** RADO. **Leader:** Margaret Johnston, 01383 860725

### **Dundee:-**

### **Craigvinean**

**Grade B:** 9mils/4.5hrs ▲ 240m/787ft. **Depart:** CWCP at 09:00 **Walk start:** Hermitage Car Park at 10:00 **OS:** 52 **GR:** NO013423 **Description:** Walk to Craigvinean via Hermitage and back by Folly. On good tracks and paths throughout, one small section may be muddy. **Leader:** Lena Brown, 01382 884649 or 07597 690186

**Glenrothes:- Clackmannan and Alloa towers**

**Grade C:** 6.5mls/3hrs **Depart:** LCCP at 9:30 **Walk start:** Clackmannan tolbooth at 10:30 **OS:** 58 **GR:** NS911918 **Description:** Clackmannan tower, Mary wood, Alloa tower, return by Black Devon wetlands and circular round Clackmannan. **Note:** NoSC RADO **Leader:** C Mackie & T McLaren 07903132319 tmlclaren39@gmail.com

**Kirkcaldy:- Cupar / Springfield Circular**

**Grade C:** 7mls **Depart:** KRSN at 09:00 **Walk start:** Fluthers Car Park, Cupar at 09:45 **OS:** 59 **GR:** NO377147 **Description:** Almost level easy walking on paths and tracks with some road walking. **Note:** DWOL. CWRA. **Leader:** Liz Greig, 01592 653682 or 07919 985239

**Perth:- Fowls Wester & Abercairny**

**Grade C+:** 8.5mls ▲200m/656ft. **Depart:** Perth Bus Station for No 15 bus departing at 09:20 **Walk start:** Bus stop on A85 at New Fowls at 10:00 **OS:** 58 **GR:** NN927232 **Description:** A circuit which heads through Fowls Wester and Thorn Shannacher and passes Abercairny and Dolerie Houses. Return to Perth is via same bus service. **Note:** RADO. **Leader:** John Andrews, 01738 827275 or 07526 884953, john@jdandrews.co.uk

**St Andrews & NE Fife:- Clatto Reservoir & Devon Wood**

**Grade C:** 6mls/3hrs ▲60m/200ft. **Depart:** FCPC at 10:00 **Walk start:** Clatto Reservoir Car Park (limited spaces) at 10:30 **OS:** 59 **GR:** NO365079 **Description:** Easy walk mostly on good forest paths and roads forming part of new Fife Pilgrims' Way. Short section on minor public road. **Note:** DWOL. CWRA. As limited car parking at Clatto Reservoir, as many as possible should meet at Fluthers to share cars **Leader:** Will MacKay, 01334 652903, wsmackay144@gmail.com

## **Sunday 7th October**

**Stirling & Falkirk:- Walk Round Mendick Hill.**

**Grade C+:** 8.5mls/4.5hrs ▲50m/164ft. **Depart:** LACP at 09:30 **Walk start:** Limited Roadside Parking by West Linton Golf Course EH46 7HN at 10:45 **OS:** 72 **GR:** NT142523 **Description:** An interesting walk on good footpaths from West Linton golf course through open countryside to Garvald and back to West Linton along the Roman Road. **Note:** RADO. CWRA. Mileage to start & return - 100 **Leader:** Val Smith, 01786 470976 or 07828 149859, vps6@iname.com

**Strathguy:- Leagag**

**Grade C+:** 6mls **Depart:** CCP at 09:30 **Walk start:** Wester Camghouran at 10:00 **OS:** 51 **GR:** NN549565 **Description:** A circuit of Leagag on the South side of Loch Tummel ending in Bridge of Gaur. All on tracks and paths through wild moorland. **Note:** RADO. **Leader:** Bill Bruce, 01887 829753, bill\_1\_bruce@btinternet.com

## **Tuesday 9th October**

**Kinross & Ochil:- Tuesday Walkers - See details at beginning of this programme.**

## **Wednesday 10th October**

**St Andrews & NE Fife:- Mid-week Leisurely Walk: Boarhills Circular**

**Grade C:** 4.5mls/2.5hrs ▲85m/278ft. **Depart:** FCPC at 12:30 **Walk start:** Park by Notice Board in centre of Boarhills Village at 13:00 **OS:** 59 **GR:** NO564140 **Description:** Easy low level route following paths and tracks, incorporating some of Fife Coastal Path, which can be muddy and slippery after rain. **Note:** RADO. NoSC. **Leader:** Susan Richmond, 01382 542516, susanrichmond@live.co.uk

## **Thursday 11th October**

**Dalgety Bay:- Roamers ~ Fordell Estate Circular**

**Grade D:** 4mls/2hrs **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **Description:** A morning walk through woodland and farmland. **Note:** RADO. **Leader:** June Wright, 01383 822358

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

## Saturday 13th October

### **Dalgaty Bay:-**

### **Carse of Lecropt and Keir Estate**

**Grade C+:** 8mls/5hrs ▲ 100m/328ft. **Depart:** DBSCCP at 09:00 **Walk start:** Bridge of Allan under motorway bridge on side road at 10:15 **OS:** 57 **GR:** NS780979 **Description:** A walk along the paths through open countryside and woodlands. **Note:** RADO. **Leader:** Irene Garvie, 01383 791050 or 07941 620775

### **Dundee:-**

### **Glen Artney to see Deer Rut**

**Grade C:** 7mls/4hrs **Depart:** CWCP at 09:00 **Walk start:** Car Park Glen Artney (Take Braco turn off on left from Comrie, turn right over bridge to Army Hut then down single track road to car park) at 10:15 **OS:** 57 **GR:** NN712162 **Description:** Leisurely walk, hoping to see and hear deer rutting. Some road walking. Bring binoculars. **Note:** RADO. **Leader:** Rose Garvie, 01382 450763

### **Kirkcaldy:-**

### **Ben Vrackie Bealach Circular**

**Grade A:** 11mls **Depart:** KRSN at 09:00 **Walk start:** Ben Vrackie overflow car park (Moulin) at 10:30 **OS:** 52 **GR:** NN944596 **Description:** Mainly on hill paths and tracks with 300m ascent to the bealach. Drop down to Killiecrankie and return to Moulin via forestry tracks. **Note:** RADO. CWRA. **Leader:** Brian Clark, 01592 784553, bjclark@live.co.uk

### **Perth:-**

### **Birnam Hill and the Tay**

**Grade B:** 11mls ▲ 500m/1640ft. **Depart:** ASDACP at 09:00 **Walk start:** Quarry Car Park under King's Seat at 09:30 **OS:** 53 **GR:** NO042404 **Description:** Good paths but rough and steep over King's Seat. Good views over Dunkeld and the River Tay. **Note:** RADO. **Leader:** Gil McGeachy or 07946 655068, gil.mcgeachy@gmail.com

## Sunday 14th October

### **Dundee:-**

### **Carnoustie Circular**

**Grade C+:** 8mls/4hrs **Depart:** OCCP at 10:00 **Walk start:** Tayside Street Car Park (sea side of Railway Station level crossing, Carnoustie) at 10:30 **OS:** 54 **GR:** NO567344 **Description:** Circular walk around Carnoustie via Panbride, Barry. **Leader:** Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

### **Forfar:-**

### **Alyth Circular**

**Grade C:** 6.5mls **Depart:** EGCP at 10:00 **Walk start:** Alyth Square at 10:30 **OS:** 53 **GR:** NO246486 **Description:** North West out of Square through the Den of Alyth to minor road at Bridge of Tully uphill to West Tullyfergus then descend to Hill of St Fink. Track eastwards takes us back to Alyth. N.B. Possible diversion at West Tullyfergus. **Leader:** Ross Henderson, 01307 467721

### **Glenrothes:-**

### **Livingston - Almondell and Linn Mill aqueduct**

**Grade C+:** 7mls/4hrs **Depart:** LCCP at 9:30 **Walk start:** At the North CP in Almondell country park at 10:30 **OS:** 65 **GR:** NT091696 **Description:** A figure of eight walk from Almondell Country Park on forest paths and tracks beside the river Almond and past the Linn Mill aqueduct. A small section along a quiet country road. **Note:** CWRA DWOL **Leader:** C Baker 01592 751384 cabecosse1@aol.co.uk

### **Kinross & Ochil:-**

### **The Darn Road, Dunblane to Bridge of Allan**

**Grade C:** 6mls **Depart:** KPR at 09:00 or BURN at 09:15 **Walk start:** Dunblane Cathedral Square at 10:00 **OS:** 57 **GR:** NN782015 **Description:** A scenic walk from Dunblane along an ancient track, by Allan Water to Bridge of Allan, with great views of the river. Return to Dunblane. **Note:** RADO. CWRA. **Leader:** Susan Tester, 01786 834535, susantester@btinternet.com

### **Stirling & Falkirk:-**

### **Linlithgow / Muirhouses**

**Grade B:** 12mls/6hrs ▲ 200m/656ft. **Depart:** LACP at 09:00 **Walk start:** St. Ninians Way CP, Linlithgow EH49 7BU at 09:45 **OS:** 65 **GR:** NS997772 **Description:** A varied walk on roads, tracks and through fields, and by canal side towpath. **Note:** RADO. NoSC. From the W. in Linlithgow pass West Port & Black Bitch pubs, turn L onto A706 (Bo'ness). Take first R after 200m. Mileage 30 **Leader:** Colin Thomson, 01786 472726 or 07702 636505, colinbthomson@gmail.com

## Monday 15th October

### St Andrews & NE Fife:-

### Group Committee Meeting

**Meet:** Cupar Fire Station Community Room at 19:00 **Contact:** Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

## Thursday 18th October

### Dunfermline & West Fife:- Lady Mary's Walk & Laggan Hill

**Grade C:** 6mils/3hrs **Depart:** LPRCP at 09:30 **Walk start:** Taylor car park, Crieff at 10:45 **OS:** 368 **GR:** NN858221 **Description:** Following a good path along the River Earn then easy ascent over Laggan Hill. **Note:** DWOL. **Leader:** Maureen Paul, 01383 727875 or 07842 386718, apaspaul9@gmail.com

### Glenrothes:-

**Strollers Walk - See details at beginning of this programme.**

## Saturday 20th October

### Blairgowrie:-

### Glen Lochsie, Spittal of Glenshee

**Grade C+:** 7.5mils ▲320m/1049ft. **Depart:** WCPB at 09:15 **Walk start:** 300m along Dalmunzie Hotel road at 10:00 **OS:** 43 **GR:** NO105701 **Description:** Moderate valley route following tracks and paths. The route crosses pasture and moorland. **Note:** RADO. **Leader:** Irene Rintoul, 01250 870463

### Brechin:-

### Aboyne Circular

**Grade C+:** 7.5mils **Depart:** SNSB at 09:30 **Walk start:** Lower car park, Station Square, Aboyne at 10:30 **OS:** 37 **GR:** NO530986 **Description:** A circular walk with option to ascend Mortlich Hill, which has good views. Joint leader is Irene McCool, 01356 623521. **Leader:** Frances Low, 01356 625348

### Dalgaty Bay:-

### Wemyss Circular

**Grade C:** 6mils/4hrs ▲125m/410ft. **Depart:** DBSCCP at 09:45 **Walk start:** Car park at end of Main Street, West Wemyss at Church / recycle bins at 10:30 **OS:** 59 **GR:** NT327949 **Description:** West Wemyss, Coaltown of Wemyss, East Wemyss, return to West Wemyss via Coastal Path. Old railway lines, tracks a little road walking. Muddy in places. **Note:** RADO. Walk leader will meet group at start of walk. **Leader:** Andrew Lees, 07901 806024

### Dunfermline & West Fife:- Dumyat

**Grade B:** 6mils/3.5hrs ▲260m/853ft. **Depart:** LPRCP at 09:30 **Walk start:** Pendreich car park, Sherrifmuir Road at 10:15 **OS:** 366 **GR:** NS810976 **Description:** Hill paths, tracks and roads. May be muddy in places. **Note:** DWOL. **Leader:** Linda Moyes, 01383 852817 or 07840 759384, lm57.moyes@gmail.com

### Glenrothes:-

### Inverkeithing - Burntisland to Inverkeithing linear

**Grade B:** 9.5mils/5hrs ▲1000ft **Depart:** LCCP at 9:30 **Walk start:** Inverkeithing Station Long-stay CP (King St) at 10:15 **OS:** 58 **GR:** NT131830 **Description:** Train from Inverkeithing to Burntisland (10:32am). Fife Coastal Path from Burntisland back to Inverkeithing. Undulating walk with one steep hill at Aberdour. **Note:** CWRA RADO Leaders will meet group at walk. Please check train times with leader. **Leader:** C & B Barton 01383 725859 chrisbettybarton@gmail.com

### Kirkcaldy:-

### Leslie Circular

**Grade C:** 8mils **Depart:** KRSN at 09:30 **Walk start:** Riverside Park Car Park, Glenrothes at 10:00 **OS:** 59 **GR:** NO265016 **Description:** Walk through countryside surrounding Leslie. **Note:** DWOL. NoSC. **Leader:** Margaret Miller, 01592 266956

### Perth:-

### Methven Wood & Almondbank

**Grade C+:** 8mils ▲200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** CP King George Jubilee Park Methven on the left as you enter Methven at 09:30 **OS:** 58 **GR:** NO029259 **Description:** Woodland tracks, riverside path and minor roads with good signage and waymarking. **Note:** RADO. **Leader:** Kenny Valentine, 01738 446496



**St Andrews & NE Fife:- Den & Hill of Alyth**

**Grade C+:** 7mils/3.5hrs ▲271m/890ft. **Depart:** FCPC at 09:15 **Walk start:** Alyth Market Square at 10:30 **OS:** 53 **GR:** NO246485 **Description:** Unchallenging walk on paths, tracks through a wooded valley, on a drovers' road, across the open moorland of Alyth Hill. Far ranging views over Alyth to Sidlaw Hills. walk includes a short narrow and awkward section above the river. **Note:** RADO. NoSC. No lengthy steep sections on the walk.. Leaders will meet at Alyth walk start point. **Leader:** Stewart & Linda Collier, 07881 596883

**Stirling & Falkirk:- Glasgow City Walk and Malaysian Meal**

**Grade D:** 2.5mils/2.5hrs ▲46m/150ft. **Depart:** John Lewis Café (optional) at 12:00 **Walk start:** Junction of Dundas Street and West George Street at George Square at 13:00 **OS:** 64 **GR:** NS591655 **Description:** Walking from George Square to the Necropolis visiting Rottenrow Gardens, Glasgow Cathedral and other city landmarks. Malaysian Meal in Rumours Kopitiam at 17.00hrs. **Note:** RADO. NoSC. The duration of the walk will depend on how much time we spend at the different locations. Booking required for meal. **Leader:** Betty Brodie, 01324 556762 or 07936 380395, bettybrodie@aol.com

**Strathgry:- Murthly Castle and the Tay**

**Grade C:** 6mils **Depart:** CCP at 09:30 **Walk start:** Murthly Castle off B9099 at 10:00 **OS:** 52 **GR:** NO093393 **Description:** A circular walk round the attractive grounds of Murthly Estate, with a stunning collection of champion trees in a beautiful setting. Return by the River Tay. **Note:** RADO. **Leader:** Grace Proudfoot, 07548 626285, sheffieldwoman@gmail.com

**Sunday 21st October**

**Stirling & Falkirk:- Perth to Quarrymill and Kinnoull Hill**

**Grade C+:** 8mils/4.5hrs ▲320m/1049ft. **Depart:** LACP at 09:30 **Walk start:** South Inch car park, Perth PH2 8AW at 10:45 **OS:** 58 **GR:** NO120230 **Description:** The walk passes by the Gannochy Estate to get to Quarrymill, and then follows part of the 'Milkboys' Path' to approach Kinnoull Hill by a fairly gradual route before descending to Perth. **Note:** RADO. NoSC. Mileage to start & Return - 70 **Leader:** Phil Seale, 07840 957215, phil@philseale.co.uk

**Tuesday 23rd October**

**Dalgety Bay:- Cardenden Circular (minimal ascent)**

**Grade C:** 5mils **Depart:** DBSCCP at 10:00 **Walk start:** Station Road Car Park, Bowhill (near leisure centre) at 10:30 **OS:** 58 **GR:** NT216955 **Description:** From Cardenden to Carden Den, Sunnyside Plantation returning via New Carden Plantation mainly paths and tracks. **Note:** RADO. **Leader:** H Haines & Rose Nutt, 01383 822187 & 07990 660724 or 01383 822669 & 07494 235392

**Kinross & Ochil:- Tuesday Walkers - See details at beginning of this programme.**

**Thursday 25th October**

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

**Saturday 27th October**

**Dalgety Bay:- East Lothian Countryside and Country House**

**Grade C+:** 8mils/4.5hrs **Depart:** DBSCCP at 09:00 **Walk start:** Main Street, Aberlady just beyond Bowling Club at 10:30 **OS:** 66 **GR:** NT463798 **Description:** Aberlady to Spittal on tracks and through woods, and then to disused railway track to Longniddry and through Gosford Estate with points of interest. Return on John Muir Way. **Note:** RADO. **Leader:** Evelyn Gordon, 01383 823221 or 07790 656855, ergordon2126@yahoo.co.uk

**Dundee:- Newport Circular**

**Grade C:** 6mils/3hrs **Walk start:** TBCP at 10:30 **OS:** 54 **GR:** NO426287 **Description:** Circular walk around Newport and surrounds. **Leader:** Linda Pirie, 01382 778490 or 07881 369442

### **Forfar:-**

### **Fund Raiser - Broughty Ferry to Monifieth**

**Grade C:** 5mls **Depart:** EGCP at 10:00 **Walk start:** Broughty Ferry Castle Car Park at 10:40 **OS:** 54 **GR:** NO468306 **Description:** Fund Raiser Walk for Children in Need. - Walk from Broughty Ferry to Monifieth and return. Members of other Ramblers Groups are welcome to join. **Leader:** Dorothy Hutcheon, 01307 468034.

### **Kirkcaldy & Ochil:-**

### **Alan's Memorial Walk - Menstrie Glen Circular**

**Grade C+:** 5mls **Depart:** KPRN at 09:10 or BURN at 09:30 **Walk start:** Ochil and Menstrie Road (Old back road) at 10:00 **OS:** 58 **GR:** NN851961 **Description:** After initial short (nippy) climb up old pony trail, beautifully scenic walk up east side of the glen to Jerrah Farm. Cross burn below Lossburn Reservoir to return along old drove road on west side. Alan loved this walk!. **Note:** RADO. **Leader:** Bill Bedborough, 01259 742491

### **Kirkcaldy:-**

### **Kirkcaldy / Kilrie / Kinghorn Circular**

**Grade C+:** 11mls **Depart:** KRSN at 10:00 **Walk start:** Beveridge Park car park, where there is ample parking. at 10:15 **OS:** 59 **GR:** NT273908 **Description:** Kirkcaldy, Kilrie, Glassmount, Kinghorn Loch and Kinghorn, returning to Kirkcaldy along the Fife Coast Path. Bar three short road sections the walk is on paths and tracks, but some sections can be vegetated. There is a small amount of ascent **Note:** RADO. NoSC. **Leader:** Mike Livesey, 07783 201492 or 01592 503272

### **Perth:-**

### **Hill and Den of Alyth**

**Grade C+:** 9.5mls **▲** 400m/1312ft. **Depart:** ASDACP at 09:00 **Walk start:** Alyth Den CP off Bamff Road, Alyth at 10:00 **OS:** 53 **GR:** NO236487 **Description:** A varied walk on hill paths, farm tracks and quiet minor roads. Climbing the Hill of Alyth, walking through Alyth and out towards Drimmie Woods, and returning through the Den of Alyth. Good views at various points. **Note:** RADO. **Leader:** Pete & Anne Trant, 01738 565075 & 07985 202934 or 07557 785696, thetrants@virginmedia.com

## **Sunday 28th October**

### **Glenrothes:-**

### **Lomond Hills - Three Peaks**

**Grade B:** 13mls/7hrs **Depart:** LCCP at 09:00 **Walk start:** Holl Reservoir CP at 09:30 **OS:** 58 **GR:** NO224035 **Description:** From Holl Reservoir walk up Bishop Hill then West and East Lomond returning by Ballo. **Note:** CWRA DWOL Leader will meet at start of walk **Leader:** W Cumming contact by Email splish2splosh@gmail.com

### **Stirling & Falkirk:-**

### **Abercorn to Society**

**Grade C:** 5mls/3.5hrs **▲** 120m/393ft. **Depart:** LACP at 09:30 **Walk start:** Abercorn near to church EH30 9SL at 10:30 **OS:** 65 **GR:** NT080789 **Description:** Mainly easy walking on grassy paths, minor roads and through the beautiful Hopetoun Estate. Wonderful views of the River Forth and the Bridges and across to Fife. Returning along the rocky foreshore to Abercorn Point. **Note:** RADO. CWRA. Foreshore requires care as it is rocky with no path. If the weather is bad this part would be omitted. Mileage 50 **Leader:** Betty Brodie, 01324 556762 or 07936 380395, bettybrodie@aol.com

## **Tuesday 30th October**

### **Dundee:-**

### **AGM**

**Meet:** Lochee Bowling Club, Muirton Road, Dundee at 19:30 **Description:** Hopefully the business part will be short after which Irene Miller is going to give us a talk on the Tall Ships. Tea and biscuits will be provided. **Contact:** Jean MacGillivray, 01382 623052, 07932 014859, jean.macgillivray@btinternet.com

## **Thursday 1st November**

### **Dunfermline & West Fife:-**

### **St Ninian's & Loch Fitty**

**Grade C+:** 6mls/3hrs **▲** 110m/360ft. **Depart:** LPRCP at 09:30 **Walk start:** Car park at Halfway House, Kingseat at 10:00 **OS:** 367 **GR:** NT125904 **Description:** Walk around Loch Fitty then around the abandoned opencast mine area, climbing to the top of a man-made hill to take in the views and see the tyre sculptures. Mainly good gravel paths and a short steep climb. **Note:** DWOL. **Leader:** Margaret Graham, margaret.graham@live.co.uk, 01383 738429 or 07745 219494,

## Glenrothes:-

**Strollers Walk - See details at beginning of this programme.**

### **Saturday 3rd November**

#### Blairgowrie:-

##### **Ben Vrackie**

**Grade B+:** 6mls ▲ 720m/2362ft. **Depart:** WCPB at 08:30 **Walk start:** Car Park on Moulin Road at 09:30 **OS:** 52 **GR:** NN944597 **Description:** Ben Vrackie summit is a great view point and the ascent follows good paths through woodland, open moorland, past picturesque Loch a' Choire with a well made steep path section to the summit. **Note:** RADO. **Leader:** Mike Morris, 01828 632548 or 07984 463213, morriskilry@gmail.com

#### Brechin:-

##### **Tarfside - Millden circular**

**Grade C+:** 8mls **Depart:** SNSB at 09:30 **Walk start:** Tarfside car park at 10:30 **OS:** 44 **GR:** NO493796 **Description:** Tarfside to Millden via Blackcraigs. Return via tower and Craig Crane. **Leader:** Ellen Smith & Loraig Alexander, 01307 818632 or 01307 818791

#### Dalgety Bay:-

##### **Wormit to Balmerino Loop**

**Grade C+:** 8.5mls/5hrs ▲ 100m/328ft. **Depart:** DBSCCP at 09:15 **Walk start:** Car park at far end of Bay Road, Wormit. at 10:30 **OS:** 59 **GR:** NO391259 **Description:** An undulating coastal woodland walk, on clear paths and farm tracks, with superb views of Dundee and the River Tay. **Leader:** Caroline Cronie, 01383 432174 or 07557 870976

#### Dunfermline & West Fife:-

##### **Meikle Bin**

**Grade B:** 6mls ▲ 397m/1302ft. **Depart:** LPRCP at 09:00 **Walk start:** N end of Carron Valley Reservoir, Todholes, on B818 at 10:15 **OS:** 348 **GR:** NS672858 **Description:** Steep but easy climb with great views from the summit. **Note:** DWOL. **Leader:** Alan McGuckin, 01383 731557 or 07970 172593, atmccg53@gmail.com

#### Glenrothes:-

##### **South Queensferry - Dalmeny Estate Circular**

**Grade C:** 8mls/4.5hrs **Depart:** LCCP at 09:30 **Walk start:** Hawes Pier, S. Queensferry at 10:30 **OS:** 65 **GR:** NT136784 **Description:** An easy walk by the Forth to the River Almond then inland by Dalmeny House **Note:** NoSC RADO Leaders will meet at start of walk **Leader:** R and M Fairgrieve 07761 753437 rosfairgrieve@gmail.com

#### Kirkcaldy:-

##### **Hermitage of Braid to Portobello Beach**

**Grade C:** 8.5mls **Depart:** Kirkcaldy Bus Station on X 60 bus to Edinburgh at 08:25 **Walk start:** Frasers at the Corner of Princes Street then catch bus to start of walk at 09:20 **OS:** 66 **GR:** NT246736 **Description:** Hermitage of Braid, Blackford Pond, Craigmillar Castle and Figgate Burn Park to Portobello Beach. Mostly on good pedestrian paths. Return from Portobello by bus. **Note:** RADO. NoSC. NB. Bus times may change. Please check with walk leader **Leader:** Margaret Miller, 01592 266956

#### Perth:-

##### **Spittalfield to Caputh**

**Grade C+:** 7mls ▲ 200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Spittalfield Bowling Club at 09:45 **OS:** 53 **GR:** NO106408 **Description:** Leave Spittalfield Green following good track to Millhole, Mains of Fordie, Locholly, over hill to meet road at Stenton. Return along Tay to Caputh and then back to walk start. All the walk on good paths with only a moderate climb. **Note:** RADO. **Leader:** Trevor Abell, 01738 813123 or 07913 288098, tmbabell@gmail.com

### **Sunday 4th November**

#### Dundee:-

##### **Wormit to Balmerino Abbey Circular**

**Grade C+:** 6mls/4hrs **Depart:** TBCP at 10:00 **Walk start:** Wormit Bay (near the memorial for Tay Bridge Disaster) at 10:15 **OS:** 54 **GR:** NO394260 **Description:** A coastal walk with superb views of Dundee and the Tay. Some gentle ascents/descents. **Leader:** Evelyn Watson, 01382 480325 or 07880 812200

**St Andrews & NE Fife:- Glamis Village to Denoon Fort**

**Grade C+:** 8mils/4hrs ▲200m/656ft. **Depart:** FCPC at 09:30 **Walk start:** Car park to south of Main St in Glamis at 10:30 **OS:** 54 **GR:** NO385466 **Description:** Walk through Glamis and round by Hunter's Hill, passing Charleston and through woods along quiet roads to Denoon Iron Age Fort. Return through woods and village. **Note:** RADO. NoSC. **Leader:** Susan Richmond, 01382 542516, susanrichmond@live.co.uk

**Stirling & Falkirk:- AGM**

**Meet:** Dunblane New Golf Club FK15 0LJ at 14:30 **Description:** This year our AGM will be held on a Sunday for a change in the Clubhouse of Dunblane New Golf Club immediately after our walk to Wharry Burn and Allan Water. We would like to welcome all members to attend whether they join the walk or not. **Note:** Following on from the Dunblane to Wharry Burn and Gallow Hill - pre AGM walk **Contact:** Betty Brodie, 01324 556762, 07936 380395, [bettybrodie@aol.com](mailto:bettybrodie@aol.com)

**Stirling & Falkirk:- Dunblane to Wharry Burn and Gallow Hill - pre AGM walk**

**Grade C:** 6mils/3.5hrs ▲100m/328ft. **Depart:** LACP at 09:30 **Walk start:** Dunblane New Golf Club FK15 0LJ at 10:00 **OS:** 57 **GR:** NN784011 **Description:** An undemanding walk on paths, tracks and a quiet road. The walk includes meandering through broadleaf woodland and walking alongside the Wharry Burn and Allan Water. **Note:** RADO. NoSC. We can use the golf club CP and their toilets prior to the walk. We will be holding our AGM at the Clubhouse. Mileage 15 **Leader:** Colin Thomson, 01786 472726 or 07702 636505, colinbthomson@gmail.com

**Strathgry:- Spittalfield Circular**

**Grade C:** 5mils **Depart:** CCP at 09:30 **Walk start:** Spittalfield Green at 10:00 **OS:** 53 **GR:** NO108409 **Description:** Circular walk on undulating good tracks and some minor roads, with views over River Tay and taking in the Roman Fort at Delvine. **Note:** RADO. **Leader:** Joyce Cameron, 01887 840343, jemcameron@hotmail.co.uk

## Monday 5th November

**St Andrews & NE Fife:- Group AGM**

**Meet:** Cupar Fire Station Community Room at 19:00 **Description:** Agenda for AGM will be sent out in October. **Note:** Good attendance will be essential with important Group changes to discuss **Contact:** Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

## Tuesday 6th November

**Kinross & Ochil:- Tuesday Walkers - See details at beginning of this programme.**

**Kirkcaldy:- Langtoun Daunders - Beveridge Park Circular**

**Grade C:** 5mils **Depart:** KRSN at 10:00 **Walk start:** Beveridge Park Car Park at 10:15 **OS:** 59 **GR:** NT273908 **Description:** Around Wizard's walk, Raith Lake through woods to Raith House, returning down woodland path, then back to start. Proposed post walk lunch venue - Beveridge Park Hotel. **Note:** RADO. CWRA. **Leader:** Liz Greig, 01592 653682 or 07919 985239

## Wednesday 7th November

**Kirkcaldy:- Kirkcaldy Group AGM**

**Meet:** St Bryce Church, Kirkcaldy at 19:00 **Description:** Annual General Meeting. **Note:** Please note that the AGM cannot take place on its usual Thursday date, due to early closing of the venue on a Thursday. **Contact:** Mike Livesey, 07783 201492, 01592 503272

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## Thursday 8th November

### Dalgety Bay:-

### **Roamers ~ Edinburgh West End to Botanic Gardens**

**Grade D:** 4mls/3hrs ▲60m/196ft. **Depart:** Meadowfield Bus Stop - meet at 09:00 for X58 bus at 09:10 **Walk start:** West End Bus Stop at 10:00 **OS:** 66 **GR:** NT246737 **Description:** Circular walk through iconic streets to the renowned Gardens. Wonderful vista of Edinburgh from the Terrace café. Return by X58 or X60. **Note:** RADO. CWRA. **Leader:** Ben Douglas, 01383 822715 or 07852 658675

### Dundee:-

### **Kinpurnie Hill**

**Grade C+:** 4mls/3hrs ▲283m/928ft. **Depart:** CWCP at 10:00 **Walk start:** Car Park on North Street, Newtyle at 10:30 **OS:** 53 **GR:** NO298415 **Description:** Moderately steep climb to Tower along old mill stream and open hillside. Return same route. **Leader:** Sheila Wallace, 01382 320243 or 07944 570925, smwallace55@gmail.com

### Glenrothes:-

**Strollers Walk - See details at beginning of this programme.**

## Friday 9th November

### Perth:-

### **Perth and District Annual General Meeting**

**Meet:** Scone Old Parish Church Hall, Burnside, Scone at 19:00 **Description:** AGM followed by free buffet. Business meeting including nominations for committee members and officers please. Come along, join in the discussions then stay on for a bite to eat and refreshments. Ample parking and on the No.7 bus route. **Contact:** Trevor Abell, 01738 813123, 07913 288098, tmbabell@gmail.com

## Saturday 10th November

### Dalgety Bay:-

### **Markinch - Coul Reservoir Circular**

**Grade C:** 6mls/3.5hrs ▲150m/492ft. **Depart:** DBSCCP at 09:30 **Walk start:** Balbirnie Park, Markinch, public car park at 10:15 **OS:** 59 **GR:** NO292018 **Description:** Circular route mainly on cycle paths and footpaths by Gilvenbank Park to Coul Reservoir and the Coul Burn Path. **Note:** RADO. **Leader:** Ian Bruce, 01383 616062 or 07518 154237, ianbruce100@btinternet.com

### Dundee:-

### **The Gauldry and Kilmany, Fife**

**Grade C+:** 5.5mls/3.25hrs ▲150m/492ft. **Depart:** TBCP at 10:00 **Walk start:** Morison Duncan Hall, Main Road, The Gauldry at 10:20 **OS:** 59 **GR:** NO373237 **Description:** Moderately easy low level route following tracks, paths and minor roads through woodland and over farmland with some well graded ascent. **Leader:** Joyce Cumming, 01382 642752 or 07526 237526, joyce@cumming14.plus.com

### Forfar:-

### **St Vigeans**

**Grade C:** 6mls **Depart:** EGCP at 10:00 **Walk start:** St Vigeans Church Car Park at 10:40 **OS:** 54 **GR:** NO639429 **Description:** Pleasant easy walk along paths and minor roads. **Leader:** Christine Ferguson, 01382 532384

### Kirkcaldy:-

### **Falkland Circular**

**Grade B:** 9mls **Depart:** KRSN at 09:00 **Walk start:** Free car park in centre of Falkland at 09:45 **OS:** 59 **GR:** NO254073 **Description:** Up scenic Maspie Den, around the base of East Lomond with good view over Fife, down into Freuchie, and then back to Falkland via some quiet country roads and Newton of Falkland. Some paths and tracks may be muddy. **Note:** RADO. NoSC. **Leader:** Jim Hall, 01592 640395, jameshalkdy55@gmail.com

### Kirkcaldy:-

### **Last day for bookings and payment for Pre Christmas Social**

**Description:** The cost is £14.50, including tip, for the evening meal on 18 November 2018 which should be paid to Liz Greig no later than 10/11/18. **Contact:** Liz Greig, 01592 653682, 07919 985239

**Perth:-****Comrie**

**Grade C+:** 8mils ▲300m/984ft. **Depart:** ASDACP at 09:00 **Walk start:** Golf Club CP at east end of Comrie at 10:00 **OS:** 52 **GR:** NN777223 **Description:** Through Laggan Wood to Balmuick and then crossing Shaky Bridge to follow Maam Road towards St Fillans. Return to Comrie via Twenty Shilling Wood. **Note:** RADO. **Leader:** Roger Brickell, 01764 656114 or 07733 317725, rogerbrickell@icloud.com

**Sunday 11th November****Glenrothes:-****Lochore Meadows - Benarty Hill Circular**

**Grade B:** 9mils/5hrs ▲1050ft **Depart:** LCCP at 09:30 **Walk start:** Lochore Meadows CP at 10:00 **OS:** 58 **GR:** NT171962 **Description:** A traverse of Benarty hill (Sleeping Giant) ridge combined with a circuit of Loch Ore. From start, follow the loch on the north side for a short distance to continue on fairly good tracks, paths and a short distance on a minor road. **Note:** CWRA DWOL Leader will meet at start of walk **Leader:** M Slaven 01383 515995 or 07754141295 marygg08@talktalk.net

**Kinross & Ochil:-****Milnathort/Kinross Circular & AGM**

**Grade C:** 4.5mils **Depart:** KPR at 09:45 or BURN at 09:30 **Walk start:** Auld Mart Road, Milnathort at 10:00 **OS:** 58 **GR:** NO118042 **Description:** Circular walk on paths taking in Community Woodland walk and Heritage Path from Burleigh Sands to Kinross. Details of AGM venue & meal to be circulated later. **Note:** RADO. CWRA. **Leader:** Margaret Best, 01577 864112.

**Stirling & Falkirk:-****Blairadam and Cowden Hill**

**Grade C+:** 6.5mils/3.5hrs ▲183m/600ft. **Depart:** LACP at 09:30 **Walk start:** Blairadam forest car park KY4 0JQ at 10:15 **OS:** 58 **GR:** NT128944 **Description:** Easy walking on good tracks and paths, with a few metres of easy climb up Cowden Hill, one short very muddy section. **Note:** RADO. CWRA. B914 signposted from Kelty don't stop at first car park follow road to the end. Mileage to start & Return - 50 **Leader:** Lorraine Milne, 01324 631661 or 07925 217341, lorrainemilne@hotmail.co.uk

**Wednesday 14th November****Glenrothes:-****A.G.M**

**Description:** St Columbas Church Hall at 7pm All members should attend if possible to provide feedback and make your views known. **Contact:** M Slaven 01383 515995 or 07754141295 marygg08@talktalk.net

**St Andrews & NE Fife:-****Mid-week Leisurely Walk: Falkland Walkabout**

**Grade C:** 5mils/2.5hrs ▲91m/300ft. **Depart:** FCPC at 09:45 **Walk start:** Main Car Park in Falkland at 10:30 **OS:** 59 **GR:** NO253073 **Description:** Easy-going walk around Falkland Estate with some uphill sections. Good paths and tracks. **Note:** RADO. NoSC. **Leader:** Jim Forret, 01334 656137, james.forret@btinternet.com

**Thursday 15th November****Dunfermline & West Fife:-****Holl & Harperleas Reservoirs**

**Grade C:** 5mils/2.5hrs **Depart:** LPRCP at 10:00 **Walk start:** Holl Reservoir car park at 10:45 **OS:** 369 **GR:** NO225035 **Description:** Circular walk on farm tracks and paths passing Harperleas reservoir. Probably muddy. **Note:** DWOL. **Leader:** Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

**Glenrothes:-**

**Strollers Walk - See details at beginning of this programme.**

**Saturday 17th November****Blairgowrie:-****Lumley Den - Circular**

**Grade B:** 8mils ▲565m/1853ft. **Depart:** WCPB at 09:15 **Walk start:** Roadside layby Lumley Den at 10:00 **OS:** 54 **GR:** NO399418 **Description:** Walk on paths and some rough ground with scenic views over Dundee and surrounding area. **Note:** RADO. **Leader:** Anne Crombie, 07341 669925

**Brechin:- Stormontfield - Scone return**

**Grade C:** 8mils **Depart:** SNSB at 09:30 **Walk start:** Stormontfield Church at 10:45 **OS:** 53 **GR:** NO108298 **Description:** Riverside walk with short loop via Waulkmill and Stormontfield fish ponds. **Leader:** Morag Boyd, 01674 830657 or 07935 799368, morag.boyd1@btinternet.com

**Dalgety Bay:- Whiteadder reservoir - Priestlaw Hill circular**

**Grade B:** 7mils **▲**250m/820ft. **Depart:** DBSCCP at 08:30 **Walk start:** Cattle grid at Priestlaw Farm on B6355 at 10:00 **OS:** 67 **GR:** NT643642 **Description:** First follows the line of old Herring Road, passes the boundary between East Lothian and the Scottish Borders and to the summit of Priestlaw, a lower Lammermuir hill. Some road (quiet) walk involved. **Note:** RADO. **Leader:** Matsue Williams, 0131 332 4395

**Dunfermline & West Fife:- Stronend from Fintry**

**Grade B:** 6mils/5hrs **▲**450m/1476ft. **Depart:** LPRCP at 08:00 **Walk start:** Fintry Sports Centre car park at 10:15 **OS:** 348 **GR:** NS615869 **Description:** A rough hill walk from a pretty village in the middle of the Campsies, with a return along the Endrick Water meadows. **Note:** DWOL. **Leader:** Grant Robertson, 01577 208436 or 07936 738581, grantrobertson1952@gmail.com

**Glenrothes:- Lindores (Grange of) - Weddersbie Hill**

**Grade C+:** 7mils/4hrs **▲**800ft **Depart:** LCCP at 9:30 **Walk start:** Abdie & Dunbog Parish Church CP, Grange of Lindores at 10:00 **OS:** 59 **GR:** NO256167 **Description:** Moderately easy low-level route following minor roads, paths and forest tracks. Might be muddy, and we pass through some high Gorse/Broom at times. **Note:** CWRA DWOL **Leader:** H Morrison 01592 749170 or 07821148256 hazmgtmor@hotmail.com

**Perth:- Blairgowrie Circular**

**Grade C+:** 8mils **▲**250m/820ft. **Depart:** Meet Perth Bus Station to catch the bus to Blairgowrie (57a) at 09:10 **Walk start:** from the bus stop in Wellmeadow, Blairgowrie at 10:00 **OS:** 53 **GR:** NO179451 **Description:** Circular walk on the Blairgowrie Path Network: the Knockie Path, the Ardblair Trail and the Bluebell Wood Path. Return to Perth on No 57 bus. **Note:** RADO. **Leader:** Tara Harper, 07762 265869, rugpurcat@hotmail.co.uk

**St Andrews & NE Fife:- Cameron Reservoir**

**Grade C:** 6mils/3hrs **▲**20m/65ft. **Depart:** FCPC at 10:00 **Walk start:** Cameron Reservoir at 10:30 **OS:** 59 **GR:** NO478114 **Description:** Good paths and some minor roads, with option for shorter 3 mile walk. **Note:** RADO. CWRA. **Leader:** Jim Coates, 01337 831113, jcoates1944@gmail.com

**Strathay:- Loch Hoil**

**Grade C+:** 7mils **Depart:** CCP at 09:30 **Walk start:** A826 roadside at 09:45 **OS:** 52 **GR:** NN885451 **Description:** A circular route, mainly on forest tracks around Monadh nam Mial past Loch Hoil and below Craig Formal. **Note:** RADO. **Leader:** John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

## **AREA AGM IS NEXT SATURDAY – COME ALONG**

### **Sunday 18th November**

**Kirkcaldy:- Aberdour to Kirkcaldy & Evening Meal**

**Grade C:** 9mils **Depart:** KRSN to catch train at 9.29 at 09:15 **Walk start:** Aberdour Station at 10:00 **OS:** 66 **GR:** NT190854 **Description:** Aberdour to Kirkcaldy along coastal path, some of which is on paths and tracks but requires some pavement walking depending on tide. The evening meal is at Dunnikier Golf Club where non-walkers may join walkers at 4.00 for 4.30. **Note:** DWOL. CWRA. Purchase single ticket rail fare on train from Kirkcaldy to Aberdour. **Leader:** Beth Dickson, 07791 912417, bd6427@icloud.com

**Kirkcaldy:- Pre Christmas Meal**

**Meet:** Dunnikier Golf Club, Cost £14.50 at 16:30 **Description:** Non- walkers can join walkers for this meal at 16.00 for 16.30. **Contact:** Liz Greig, 01592 653682, 07919 985239



**Stirling & Falkirk:- Strathyre and Beinn an t-Sithein**

**Grade B:** 5mls/4hrs ▲325m/1066ft. **Depart:** LACP at 09:30 **Walk start:** Car Park off A84 south of Strathyre Village FK18 8NL at 10:15 **OS:** 57 **GR:** NN559168 **Description:** A short climb to the viewpoint of Beinn an t-Sithein (Fairy Hill), and an exploration of 'Bonny Strathyre'. **Note:** RADO. NoSC. Mileage to start & Return - 50 **Leader:** Wraight Shepherd, 01786 475137 or 07753 941564, wraight.shepherd@talk21.com

**Monday 19th November**

**Stirling & Falkirk:- Midweek away – Dunstanburgh Castle Hotel to Wednesday 21<sup>st</sup> Nov.**

**Description:** Monday to Wednesday, contact Colin for additional information. **Contact:** Colin Thomson, 01786 472726, 07702 636505, colinbthomson@gmail.com

**Tuesday 20th November**

**Dalgety Bay:- AGM**

**Meet:** Day Centre, Pentland Rise, Dalgety Bay at 19:30 **Description:** Members are encouraged to attend. **Contact:** Chris Roberts, 01383 822184, 07749 757587, c-b.roberts@tiscali.co.uk

**Kinross & Ochil:- Tuesday Walkers - See details at beginning of this programme.**

**Thursday 22nd November**

**Dundee:- Easthaven to Elliot**

**Grade C:** 6mls/3hrs **Depart:** OCCP at 10:00 **Walk start:** Public car park, Easthaven at 10:30 **OS:** 54 **GR:** NO591362 **Description:** A walk along coastal path to Elliot and return by same route. **Leader:** Sheila Wallace, 01382 320243 or 07944 570925, smwallace55@gmail.com

**Dunfermline & West Fife:- AGM**

**Meet:** Dell Farquharson Centre, Nethererton Broad Street at 19:30 **Description:** Items for the agenda to the Secretary. **Contact:** Alan McGuckin, 01383 731557, 07970 172593, atmcg53@gmail.com

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

**Saturday 24th November**

**AREA AGM AT SCONE - DETAILS ON PAGE 10**

**Dalgety Bay:- Methven Circular via Methven Woods and Almondbank**

**Grade C+:** 7.5mls/4hrs ▲200m/656ft. **Depart:** DBSCCP at 09:30 **Walk start:** Car Park at King George V Jubilee Park, Methven at 10:15 **OS:** 58 **GR:** NO029259 **Description:** A circular walk through Methven woods, by the River Almond to Almondbank and return. **Note:** RADO. **Leader:** Mike Gordon, 01383 823221 or 07752 145911, magordon2003@yahoo.co.uk

**Dundee:- Cameron Reservoir**

**Grade C:** 6mls/3.5hrs ▲94m/310ft. **Depart:** TBCP at 09:30 **Walk start:** Cameron Reservoir car park accessed from A915, 5km south of St Andrews, by minor road signed for Cameron Kirk /Reservoir at 10:15 **OS:** 59 **GR:** NO478114 **Description:** Moderate low level walk following tracks and paths with a short section of road walking. The route crosses farmland where dogs should be on the lead due to livestock. **Leader:** Joyce Cumming, 01382 642752 or 07526 237526, joyce@cumming14.plus.com

**Kinross & Ochil:- Pitlochry Figure of Eight**

**Grade C:** 6.5mls **Depart:** KPR at 08:45 or BURN at 08:45 **Walk start:** Black Spout car park at 10:00 **OS:** 52 **GR:** NN951575 **Description:** Two circular walks combined to give a figure of eight, taking in whisky, waterfall, salmon and a loch. **Note:** RADO. CWRA. **Leader:** Peter Edgerton, 01577 840449

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### **Sunday 25th November**

**Forfar:-**

**Local Walk followed by A.G.M.**

**Grade C:** 5mls **Walk start:** EGCP at 10:00 **OS:** 54 **GR:** NO457508 **Description:** Local walk round Forfar followed by the A.G.M. at St John's Church at 2.00pm. **Leader:** Dot Eaton, 01307 465319

**Glenrothes:-**

**Markinch - Balfour Mains circular**

**Grade C+:** 7mls/3.5hrs **Depart:** LCCP at 9:30 **Walk start:** Markinch station CP at 9:45 **OS:** 59 **GR:** NO298014 **Description:** Riverside path to Milton, Balgonie flax mill (ruin), Balfour Castle, South Parks, Coaltown and return. **Note:** NoSC RADO **Leader:** C Mackie & T McLaren 07903132319 [tmclaren39@gmail.com](mailto:tmclaren39@gmail.com)

**Kirkcaldy:-**

**Black Hill & Hare Hill**

**Grade B:** 10mls **Depart:** KRSN at 09:15 **Walk start:** Red Moss Nature Reserve car par at 10:30 **OS:** 65 **GR:** NT165637 **Description:** A pleasant ramble around Threipmuir Reservoir (renowned for its bird life) and overlooking hills. Heavy going up Black Hill but easier elsewhere. **Note:** RADO. NoSC. **Leader:** Brian Clark, 01592 784553, [bjclark@live.co.uk](mailto:bjclark@live.co.uk)

**Stirling & Falkirk:-**

**Balmore, R.Kelvin & Forth & Clyde Canal**

**Grade C:** 7.5mls/4hrs **Depart:** LACP at 09:30 **Walk start:** Park along Old Balmore Road (where the Garden Centre used to be). G64 4AF at 10:30 **OS:** 64 **GR:** NS604734 **Description:** This is an easy walk on good surfaces. **Note:** RADO. NoSC. Mileage to start & Return - 50 **Leader:** Janette Seale, 01786 447107 or 07709 957317, [janette.seale@hotmail.co.uk](mailto:janette.seale@hotmail.co.uk)

## Wednesday 28th November

### **Dundee:-**

#### **Lucklaw Hill, Balmullo**

**Grade C+:** 5mils/2.5hrs ▲ 150m/492ft. **Depart:** TBCP at 10:00 **Walk start:** Car Park in Balmullo at 10:30 **OS:** 59 **GR:** NO429209 **Description:** From Balmullo, walk up Lucklaw Hill on forest tracks and paths. Great views. **Leader:** Stewart & Val MacDonald, 01382 642728 & 07960 624539 or 07852 815900

## Thursday 29th November

### **Dunfermline & West Fife:- Short Winter Walk**

**Description:** Details will be published on the Dunfermline & West Fife Ramblers web site on 27 November. **Note:** DWOL. **Leader:** Grant Robertson, 01577 208436 or 07936 738581, grantrobertson1952@gmail.com

### **Glenrothes:- Strollers Walk - See details at beginning of this programme.**

## Saturday 1st December

### **Blairgowrie:-**

#### **Spittalfield Circular**

**Grade C:** 5mils ▲ 50m/164ft. **Depart:** WCPB at 10:00 **Walk start:** Bowling Club car park on right at west end of village at 10:30 **OS:** 53 **GR:** NO109409 **Description:** Flat walk along farm tracks and the River Tay. **Note:** RADO. **Leader:** Kathleen Frew, 01250 873805 or 07900 531159, kathleenfrew@msn.com

### **Brechin:-**

#### **Inverkeilor and Red Head**

**Grade C:** 7mils **Depart:** SNSB at 09:30 **Walk start:** Inverkeilor village, opposite Primary School at 10:15 **OS:** 54 **GR:** NO666492 **Description:** Following path to Corbie Knowe at Lunan Bay, then coastal path to Red Head. Return by New Mill, New Barns and Priestfield. **Leader:** Christine Bean, 01356 624285

### **Dalgety Bay:-**

#### **Dalkeith Country Park**

**Grade C+:** 6mils/3.5hrs ▲ 50m/164ft. **Depart:** DBSCCP at 09:30 **Walk start:** Laundry House Car Park beside Restoration Yard at 10:15 **OS:** 66 **GR:** NT337682 **Description:** A walk around the country park on waymarked routes. Mainly gentle walking with a couple of undulations. **Leader:** Audrey Price, 01383 824173 or 07871 806582, anprice@live.co.uk

### **Dundee:-**

#### **Elliot to St Vigeans**

**Grade C:** 6.5mils **Depart:** OCCP at 10:00 **Walk start:** Elliot Car Park at 10:30 **OS:** 54 **GR:** NO619395 **Description:** Easy walk via Hercules Den to St Vigeans and back to the High Common and along the West Links to Elliot. **Leader:** L Mitchell, 01241 431641

### **Dunfermline & West Fife:- Dean Plantation**

**Grade C+:** 6mils/3hrs **Walk start:** Pittencrieff Park car park at 10:00 **OS:** 367 **GR:** NT085875 **Description:** Field paths to the west of Dunfermline. Circuit of Dean Plantation. Return probably by cycle track. **Note:** DWOL. **Leader:** Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

### **Glenrothes:-**

#### **Newport on Tay Wester and Easter Friarton**

**Grade C+:** 8mils/4.5hrs ▲ 800ft **Depart:** LCCP at 09:30 **Walk start:** Car Park at Kirk Road, Wormit (Waterstone Crook Sport Centre). at 10:15 **OS:** 59 **GR:** NO419271 **Description:** An undulating walk on disused railway line, tracks, paths and some minor roads (2 main road crossings) passing by Flass, Wester Friarton, Drumoig and Easter Friarton with lovely views of the Tay and Eden. **Note:** CWRA RADO **Leader:** I Rankin 01337 830360 ishabelrankin@gmail.com

### **Perth:-**

#### **Vicars Bridge - Blairingone Circular**

**Grade C+:** 8mils ▲ 182m/600ft. **Depart:** ASDACP at 09:00 **Walk start:** Powmill Milk Bar at 09:45 **OS:** 58 **GR:** NT021984 **Description:** Circular walk mainly on farm tracks and minor roads. Please take extra care as quite a lot of road walking. **Note:** RADO. **Leader:** Donald Purvis, 01738 813294 or 07478 247825, purvishome@gmail.com

### **St Andrews & NE Fife:- Christmas Lunch**

**Meet:** Elmwood Golf Club at 12:30 **Description:** Booking of lunch with £5 deposit by 31st October.

**Note:** Menu will be circulated before 31st October. See also optional pre-lunch walk **Contact:** Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

### **St Andrews & NE Fife:- Optional Pre-lunch Walk to Springfield**

**Grade D:** 5mls/2.5hrs ▲20m/65ft. **Walk start:** Elmwood Golf Club car park at 10:00 **OS:** 59 **GR:** NO351124 **Description:** Easy-going walk around Springfield area on good paths. **Note:** RADO. NoSC. Linked to Christmas Lunch at Golf Club at 1230pm **Leader:** Jim Forret, 01334 656137, james.forret@btinternet.com

### **Stirling & Falkirk:- Festive Lunch**

**Meet:** Stirling Bowling Club FK8 2QL at 13:00 **Description:** Lunch at 1.30. Followed by folk group Tarneybackle. Names and payment to Hilary please by 18th November. **Note:** After our usual pre-lunch walk **Contact:** Hilary Thomson, 01786 472726, 07834 529694, hilarydthomson@gmail.com

### **Stirling & Falkirk:- Gentle walk prior to Festive Lunch**

**Grade D:** 4mls/2hrs ▲50m/164ft. **Walk start:** Stirling Bowling Club FK8 2QL at 10:00 **OS:** 57 **GR:** NS791935 **Description:** Meet at Stirling Bowling Club for walk prior to Festive lunch. **Note:** RADO. NoSC. Note Saturday **Leader:** Hilary Thomson, 01786 472726 or 07834 529694, hilarydthomson@gmail.com

## **Sunday 2nd December**

### **Strathtay:- Lady Mary's Walk**

**Grade C:** 5mls **Depart:** CCP at 09:30 **Walk start:** Crieff at 10:00 **OS:** 52 **GR:** NN864225 **Description:** Lady Mary's Walk is a delightful walk which includes the beautiful north bank of the River Earn in Crieff. **Note:** RADO. **Leader:** Muriel Findley, 01887 820095, murfin41@btinternet.com

## **Tuesday 4th December**

**Kirkcaldy & Ochil:- Tuesday Walkers - See details at beginning of this programme.**

### **Kirkcaldy:- Langtoun Daunders - North Kirkcaldy Circular**

**Grade C:** 4mls **Depart:** KRSN at 10:00 **Walk start:** Car Park at Wilson Avenue at 10:15 **OS:** 59 **GR:** NT275929 **Description:** From the car park we go up the Middle Den, skirt around the edge of Dunnikier Golf Course, go through Dunnikier woods, and then return via Pannie Den. Mainly on paths and tracks, some of which may be muddy. **Note:** RADO. CWRA. Proposed lunch venue at the end of the walk is The Steadings. **Leader:** Jim Hall, 01592 640395, jameshallkdy55@gmail.com

## **Thursday 6th December**

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

## **Saturday 8th December**

### **Dalgety Bay:- Christmas Lunch**

**Meet:** Woodside Hotel, Aberdour at 13:00 for meal at 13:30 **Description:** Members will be informed of full details in the usual way. **Contact:** Chris Roberts, 01383 822184, 07749 757587, c-b.roberts@tiscali.co.uk

### **Dundee:- Kirriemuir Circular**

**Grade C:** 6mls **Depart:** OCCP at 09:30 **Walk start:** Kirriemuir Car Park (go along Lindsay St, turn right down Knowehead, car park at bottom of hill opposite entrance to Kirrie Den) at 10:30 **OS:** 54 **GR:** NO384538 **Description:** Walk through Kirrie Den towards Kinnordy Loch, round Caddam Woods to Camera Obscura and back to car park. **Leader:** Pat Hargraves, 01307 462882

**Perth:-**

**Binn Hill and Kinnoull Hill**

**Grade C+:** 7mls ▲400m/1312ft. **Depart:** ASDACP at 09:00 **Walk start:** Corsiehill CP at 09:30 **OS:** 58 **GR:** NO136236 **Description:** Pleasant walk largely through woodland, footpaths and short stretches of minor road. Lovely views at various points, including the tops of Binn Hill (with folly) and Kinnoull Hill (also with folly). Good surfaces generally, possibly muddy. **Note:** RADO. **Leader:** Pete & Anne Trant, 01738 565075 & 07985 202934 or 07557 785696, [thetrants@virginmedia.com](mailto:thetrants@virginmedia.com)

**Stirling & Falkirk:-**

**South Falkirk Paths walk - details to be confirmed**

**Grade C:** 6mls/4hrs ▲150m/492ft. **Depart:** LACP at 10:00 **Walk start:** Somewhere in Falkirk - tba at 10:45 **OS:** 65 **GR:** NS977783 **Description:** Fiona has volunteered an extra walk around the south of Falkirk path network. More details to be published on both websites when we receive them. **Note:** RADO. CWRA. Note Saturday **Leader:** Fiona McMurray, 01324 632740 or 07842 449328, [fionanmcmurray@btinternet.com](mailto:fionanmcmurray@btinternet.com)



*A great view of Kenmore taken on a walk by the Blairgowrie Group*

## Sunday 9th December

### **Forfar:- Christmas Meal**

**Meet:** Chapel Bank Hotel - Forfar at 13:00 **Description:** Christmas Meal - At Chapel Bank Hotel - Names and £10 deposit to Margaret Mackie by 25th November. **Contact:** Margaret Mackie, 01307 464656

### **Glenrothes:- Walk followed by Christmas meal**

**Description:** Choice of two walks followed by Christmas High Tea at Balbirnie Golf Club. The details of the walks will be given by the walk leaders nearer the date. All who wish to go for the meal must put name in to John Duncan or Linda Aitken by Thursday 22 November. For walkers and non walkers, be at Balbirnie Golf Club by 3.30pm, meal to be served at aprox 4pm. The longer walk to start at 11am meet at Lomond Centre. The stroller walk to start at 12pm meet at St Columba's Church. Limit is 45 for the meal, partners and non-walkers welcome, book early! **Contact:** J Duncan 01337 831888 john@johnandmorven.co.uk

### **Kinross & Ochil:- Lower Largo & Xmas Lunch**

**Grade C:** 5mls **Depart:** KPR at 09:15 or BURN at 09:00 **Walk start:** The Temple, Lower Largo at 10:00 **OS:** 370 **GR:** NO423026 **Description:** Gentle walk along old railway line and dunes, returning along the seashore. Meal at the Upper Largo Hotel. Details to follow. **Note:** RADO. **Leader:** Andrew Black, 01259 743457

### **Stirling & Falkirk:- The Ochils close to Blackford. Wetherhill, Graigentaggart & more**

**Grade B+:** 7.9mls/6hrs **▲**750m/2460ft. **Depart:** LACP at 09:30 **Walk start:** quiet road adjacent to dual PH4 1QP at 10:15 **OS:** 58 **GR:** NN894085 **Description:** Heading east from Blackford on quiet roads then on to tracks and paths leading to the hills. Nothing too steep or boggy. **Note:** RADO. NoSC. Three summits, last one on way down. Mileage to start & Return - 30 **Leader:** Ray Finlay, 01786 449135 or 07792 549363, rayfin\_1@hotmail.com

## Tuesday 11th December

### **Dundee:- Christmas Meal**

**Meet:** Queens Hotel, Dundee at 19:00 **Description:** Once again we are having our Christmas Meal in the Queen's Hotel, Dundee. Cost £17. Name and full payment to Joyce by 31st October. **Contact:** Joyce Cumming, 01382 642752, 07526 237526, joyce@cumming14.plus.com

### **Kirkcaldy:- Summer Walks' Programme Meeting**

**Meet:** The Path Tavern, 7, Mid Street, Kirkcaldy.KY1 2PE at 18:30 **Description:** Meeting to consider future walks. Members should come along to the meeting with proposals for the new programme having completed the proforma available on the Kirkcaldy Ramblers Group Webpage. **Contact:** Mike Livesey, 07783 201492, 01592 503272

## Wednesday 12th December

### **St Andrews & NE Fife:- Mid-week Leisurely Walk: St Monan's -Pittenweem Circular**

**Grade C:** 6mls/3hrs **▲**90m/295ft. **Depart:** FCPC at 09:45 **Walk start:** Hope Place Car Park (next to playing fields) at top of Forth St in St Monans at 10:30 **OS:** 59 **GR:** NO528018 **Description:** From St Monan's, walk heads inland and swings round by Balcaskie Estate to reach Pittenweem and on to it's harbour. Return along one of the easiest and scenic parts of the Fife Coastal Path. **Note:** RADO. NoSC. **Leader:** Helen Cadden, 01334 650988, helencadden37@gmail.com

## Thursday 13th December

### **Dalgety Bay:- Roamers ~ Dalgety Bay to Aberdour (minimal ascent)**

**Grade D:** 2.5mls/3hrs **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **Description:** A walk along the Coastal Path with seasonal refreshment in Aberdour. Return by bus. There is the option to return on foot, Grade C: 5mls 4hrs. **Note:** RADO. **Leader:** Rose Nutt, 01383 822669 or 07494 235392

### **Dunfermline & West Fife:- Short Winter Walk**

**Description:** Details will be published on Dunfermline & West Fife Ramblers web site on 10th December. **Note:** DWOL.

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

## **Saturday 15th December**

### **Blairgowrie:- Taymount Woods - Ballathie Circular**

**Grade C:** 7mls **Depart:** WCPB at 10:10 **Walk start:** Taymount Woods at 10:30 **OS:** 53 **GR:** NO119351 **Description:** Flat walk on tracks and paths through woods and farmland, via King's Myre to Old England, West Wood End and the grounds of Ballathie Hotel. Then onto the old railway track back to Taymount Woods. **Note:** RADO. **Leader:** Jean Stewart, 01250 873852

### **Brechin:- Christmas Walk and Lunch**

**Grade C:** 4mls **Depart:** SNSB at 09:30 **Walk start:** Car Park at Roo's Leap, Montrose at 10:00 **OS:** 54 **GR:** NO724582 **Description:** Short, leisurely walk on Montrose Path Network, followed by Christmas Lunch (details to be advised). **Note:-** Meal choices to Ellen Smith 01307 818632 or Morag Boyd (see below) by Saturday 01 December. **Leader:** Morag Boyd, 01674 830657 or 07935 799368, morag.boyd1@btinternet.com

### **Dundee:- Circular walk around St Andrews**

**Grade C+:** 6mls/3hrs **▲** 45m/150ft. **Depart:** TBCP at 10:00 **Walk start:** East Sands Coastal Car Park beside Leisure Centre, St. Andrews at 10:45 **OS:** 59 **GR:** NO519159 **Description:** Circular walk around St. Andrews via Pipeland, Scooniehill and Balmungo. Road walking to start, then tracks and farm land returning by the coastal path. Some rough tracks may be boggy depending on the weather. **Leader:** Moira & Kenneth Dobson, 01382 459543 & 07792 140781 or 0783683490

### **Dunfermline & West Fife:- Christmas walk and lunch**

**Meet:** Limekilns Pier car park for walk around Limekilns/Charleston at 10:30 **Note:** For lunch only, meet at the Bruce Arms hotel at 12:30. Names for those attending the lunch by the end of November please **Contact:** Grant Robertson, 01577 208436, 07936 738581, grantrobertson1952@gmail.com

### **Glenrothes:- Newburgh circular**

**Grade C:** 7mls/4.5hrs **▲** 400ft **Depart:** LCCP at 09:30 **Walk start:** CP at West end of Newburgh at 10:00 **OS:** 58 **GR:** NO229182 **Description:** A circular walk using the Fife coastal path. **Note:** NoSC RADO Optional visit for coffee at distillery **Leader:** M Duncan 01337831888 john@johnandmorven.co.uk

### **Perth:- Perth Group Walk and Christmas Lunch**

**Meet:** ASDACP at 10:00 **Description:** Short linear walk from Asda to the Huntingtower Hotel, 6 miles. Return on foot or by bus after lunch. Christmas lunch at 1.00 pm details in newsletter. Members to book and pay treasurer Peter Trant by mid-November please. **Contact:** Paula Bowman, 01738 582339, 07870 937963, pbowman58@hotmail.com

### **Strathay:- Loch Faskally**

**Grade C:** 4mls **Depart:** Aberfeldy Bus Stop at 09:25 **Walk start:** Pitlochry Dam Visitor Centre at 10:10 **OS:** 52 **GR:** NN935579 **Description:** Easy winter walk to Loch Dunsmore along Loch Faskally, followed by Christmas sandwich lunch in Pitlochry Dam Visitor Centre. **Note:** RADO. **Leader:** Bill McEwan, 01796 472780, billmcewan40@gmail.com

## **Sunday 16th December**

### **St Andrews & NE Fife:- Scotstarvit Hill, Hill of Tarvit & Ceres**

**Grade C:** 7mls/3.5hrs **▲** 137m/450ft. **Walk start:** FCPC at 10:30 **OS:** 59 **GR:** NO377147 **Description:** Circular walk starting from Fluthers Car Park in Cupar. Varied countryside with optional access to National Trust properties and taking in old mill river section. Minor roads and farm tracks, some of which could be muddy. Woodland sections. **Note:** Options for coffee stop on return. This walk is in Cupar Walks Leaflet **Leader:** Will Aitken, 01334 470066 or 07908 721466, wh.aitken@gmail.com



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### **Stirling & Falkirk:- Tillicoultry to Alva Glen**

**Grade C:** 7mils/4hrs ▲ 150m/492ft. **Depart:** LACP at 09:30 **Walk start:** Sterling Mills Outlet Village, park near the entrance FK13 6HQ at 10:00 **OS:** 58 **GR:** NS920965 **Description:** An easy walk from the Sterling Mills Outlet Shopping village in Tillicoultry, through the Ochil Hills Woodland Park to Alva Glen, returning by an alternative (more southerly) path. **Note:** RADO. NoSC. Mileage to start & Return - 20 **Leader:** Phil Seale, 07840 957215, [phil@philseale.co.uk](mailto:phil@philseale.co.uk)

## **Tuesday 18th December**

**Kinross & Ochil:- Tuesday Walkers - See details at beginning of this programme.**

## **Thursday 20th December**

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

### **Stirling & Falkirk:- Date for submission of walks for the summer programme**

**Meet:** None at 22:00 **Description:** Entry for information only - Please submit your summer walks ideas to Babs, with a copy to Eric. **Contact:** Babs Butler, 01324 720165, 07711 575561, [barbarafbutler@btinternet.com](mailto:barbarafbutler@btinternet.com)



## Saturday 22nd December

### Perth:-

#### **Circuit of the Knock**

**Grade C:** 4.5mls ▲ 100m/328ft. **Depart:** ASDACP at 09:00 **Walk start:** Ewanfield CP Crieff Hydro at 09:45 **OS:** 52 **GR:** NN866221 **Description:** Circuit of the Knock and then descend to Culcrieff Cottages before following the path on the west side with views up to Comrie. All on good tracks with, weather permitting, excellent views throughout. **Note:** RADO. **Leader:** Roger Brickell, 01764 656114 or 07733 317725, rogerbrickell@icloud.com

## Sunday 23rd December

### Dundee:-

#### **Backmuir Woods and Drovers Road**

**Grade C:** 3mls **Depart:** CWCP at 10:30 **Walk start:** Backmuir Woods Car Park at 10:45 **OS:** 53 **GR:** NO340333 **Description:** Leisurely, circular walk. Mainly on tracks but some road walking. Opportunity to go for light lunch afterwards. **Leader:** Sheila Wallace, 01382 320243 or 07944 570925, smwallace55@gmail.com

### Stirling & Falkirk:-

#### **The Glasgow Canals and The Kelvin Valley**

**Grade C:** 6mls/3.5hrs ▲ 100m/328ft. **Depart:** LACP at 09:30 **Walk start:** Car Park behind Kelvingrove Museum (or adjacent streets) G12 8QQ at 10:15 **OS:** 64 **GR:** NS568666 **Description:** Where does the Forth and Clyde Canal go to in Glasgow? Lets find out. We will also explore Glasgow's best kept secret, the lower Kelvin Valley. **Note:** RADO. NoSC. Mileage to start & Return - 55 **Leader:** Wraight Shepherd, 01786 475137 or 07753 941564, wraight.shepherd@talk21.com

## Thursday 27th December

### Glenrothes:-

**Strollers Walk - See details at beginning of this programme.**

## Saturday 29th December

### Brechin:-

#### **Mystery Tour (of Brechin!)**

**Grade C:** 6mls **Depart:** SNSB at 09:30 **Walk start:** St Ninian's Square Brechin at 09:35 **OS:** 44 **GR:** NO601602 **Description:** A circular walk - exact route to be decided on the day according to weather and underfoot conditions. **Leader:** Frances Low, 01356 625348

### Dalgety Bay:-

#### **Caerketton, Allermuir and Capelaw Circular**

**Grade B:** 7mls/4.5hrs ▲ 450m/1476ft. **Depart:** DBSCCP at 09:00 **Walk start:** Swanston Car park at 10:00 **OS:** 66 **GR:** NT241674 **Description:** A steep climb from Swanston car park to Caerketton. A steep descent from Allermuir to Capelaw before returning to the car park. **Note:** RADO. NoSC. **Leader:** Audrey Robertson, 01381 552 2561 or 07720 980715

### Dalgety Bay:-

#### **In and Around Dalgety Bay (minimal ascent)**

**Grade C:** 5mls/3hrs **Walk start:** DBSCCP at 09:30 **OS:** 65 **GR:** NT156835 **Description:** A walk along the paths through open countryside and woodlands. **Note:** RADO. **Leader:** Ben Douglas, 01383 822715 or 07852 658675

### Dundee:-

#### **Festival of Winter Walks - River Tay in Perth**

**Grade C:** 5mls **Depart:** CWCP at 09:30 **Walk start:** South Inch Car Park, Perth (parking charges apply) at 10:00 **OS:** 58 **GR:** NO119229 **Description:** From car park walk over the Railway Bridge then follow the Sculpture Trail to Norrie Miller Park then over the bridge to the North Inch. Walk round the Inch then back along Tay Street. Lunch towards end of walk at Royal George Hotel. **Note:** Soup/sandwiches, tea/coffee/shortbread at a cost of £8.95 pp ( £4.95 per child aged 6 and under) **Leader:** Jean MacGillivray, jean.macgillivray@btinternet.com, 01382 623052 or 07932 014859

### Glenrothes:-

#### **West Wemyss to Coaltown and East Wemyss circular**

**Grade C:** 6.5mls/3.5hrs **Depart:** LCCP at 9:30 **Walk start:** West Shore CP West Wemyss at 10:00 **OS:** 59 **GR:** NT324946 **Description:** From West Wemyss, go through castle grounds to Coaltown and then on to East Wemyss. Ascend to Macduff castle with optional visit to caves and return by old railway line and coastal path. **Note:** CWRA DWOL **Leader:** J Duncan

### **Kinross & Ochil:- FRB to Dalmeny loop**

**Grade C:** 8mils **Depart:** KPR at 09:30 or BURN at 09:30 **Walk start:** Ferry Toll P&R at 10:00 **OS:** 367 **GR:** NT124820 **Description:** Work off some off the xmas over-indulgence! From the Park & Ride, walk along to and across the Forth Road Bridge, with views along the Forth and the other two bridges. Through South Queensferry to Dalmeny Park. Hard surface and tracks. **Note:** DWOL. CWRA. **Leader:** Carolyn Jenkins, 07925 972650, carolynjenkins1309@gmail.com

### **Kirkcaldy:- Woodland Wander at Falkland**

**Grade C+:** 7.5mils **Depart:** KRSN at 09:15 **Walk start:** Public Car Park at Falkland Village at 10:00 **OS:** 59 **GR:** NO254073 **Description:** Into Falkland Estate along the embankment path and through the woods to Black Hill, then to Craigmead for lunch. Return on new paths down Maspie Den. Underfoot surfaces vary. **Note:** RADO. NoSC. **Leader:** Ruth Beddall, 01592 260578

### **Perth:- Festival of Winter Walks - Scone to Perth**

**Grade C+:** 5mils ▲100m/328ft. **Walk start:** Scone bus stop opposite the cemetery on Perth to Scone Road (A91) at 10:00 **OS:** 52 **GR:** NO133255 **Description:** Festival of Winter Walks - Linear, Scone to Perth. Take No 7 bus to Scone then walk along Coronation Path up to Deuchny Woods, Kinnoull Hill Tower then down to Perth City Centre via Rodney Gardens. Some gentle inclines to be taken slowly. **Note:** RADO. **Leader:** Allen Bardwell, 01738 444459 or 07952 339171, allenbardwell@blueyonder.co.uk

### **Stirling & Falkirk:- Plean Country Park**

**Grade D:** 5mils/3hrs ▲50m/164ft. **Walk start:** Plean Country Park Car Park FK7 8BB at 11:00 **OS:** 57 **GR:** NS827868 **Description:** Work off the Christmas turkey and before the New Year celebrations begin, enjoy a stroll through this little gem which sits on our doorstep. See how nature has regenerated itself from the former pit bins of this mining area. **Note:** RADO. CWRA. Note Saturday. Mileage to start & Return - 10 **Leader:** Janet McNee, 01324 872205 or 07929 130582, janet.mcnee@googlemail.com

## **Thursday 3rd January**

### **Dunfermline & West Fife:- Short Winter Walk**

**Description:** Details will be published on the Dunfermline & West Fife Ramblers web site on 31st December. **Note:** DWOL. **Leader:** Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

**Glenrothes:-** Strollers Walk - See details at beginning of this programme.

## **Saturday 5th January**

### **Dalgety Bay:- Dunmore and The Pineapple Circular**

**Grade C:** 6mils/4hrs **Depart:** DBSCCP at 09:30 **Walk start:** Market Cross in Airth at 10:15 **OS:** 65 **GR:** NS898875 **Description:** Pleasant low level walk which visits the site where pineapples were first grown in Scotland and the model village of Dunmore. Negligible ascent. **Note:** RADO. **Leader:** Audrey Price, 01383 824173 or 07871 806582, anprice@live.co.uk

### **Forfar:- Crombie Park/Monikie Park**

**Grade C:** 5mils **Depart:** EGCP at 10:00 **Walk start:** Crombie Park at 10:45 **OS:** 54 **GR:** NO528400 **Description:** A short walk round Crombie Country Park, then on to Monikie Park. **Leader:** Grace Johnston, 01575 574685

### **Perth:- Birnam and Dunkeld**

**Grade C+:** 7mils **Depart:** ASDACP at 09:30 **Walk start:** Birnam Arts Centre at 10:00 **OS:** 52 **GR:** NO032418 **Description:** Circular walk on paths near Birnam and Dunkeld, passing through the Hermitage. **Leader:** Tom Ross, 01738 441849 or 07949 715716, tomwoodville@aol.com

## Sunday 6th January

### **Dunfermline & West Fife:- Townhill Loch & Woods**

**Grade C:** 6mils/3.5hrs **Walk start:** Leys Park car park at 10:00 **OS:** 367 **GR:** NT098877  
**Description:** Pleasant stroll round Townhill Loch and Woods starting from Leys Park car park. No hills but one set of steps. May be muddy. Dogs and older children welcome. **Note:** DWOL. **Leader:** Jean Barclay, 01383 432495, jean.barclay@tiscali.co.uk

### **Glenrothes:- Glenrothes South Circular**

**Grade C+:** 9mils/5hrs ▲ 350ft **Depart:** LCCP at 09:30 **Walk start:** Lomond Centre Car Park at 09:30 **OS:** 59 **GR:** NO285008 **Description:** Walk on good tracks from LCCP via Stenton, Thornton and Coaltown of Balgonie. **Note:** NoSC RADO **Leader:** L Allen 01592 748016 lesallen80@gmail.com

### **St Andrews & NE Fife:- Bridging the Forth**

**Grade C+:** 7.5mils/4hrs ▲ 200m/656ft. **Depart:** FCPC at 09:15 **Walk start:** Ferrytoll Car Park (meet at Bus Terminal) at 10:30 **OS:** 65 **GR:** NT131836 **Description:** Walk across Forth Road Bridge in both directions to enjoy the western and eastern views, taking in walks through North and South Queensferry. All walking on pavements and minor roads. **Note:** RADO. NoSC. **Leader:** Will Aitken, 01334 470066 or 07908 721466, wh.aitken@gmail.com

### **Stirling & Falkirk:- Dollar Glen to Glen Quey reservoir and dam**

**Grade C+:** 5.5mils/4hrs ▲ 350m/1148ft. **Depart:** LACP at 09:30 **Walk start:** Dollar Glen main (lower) car park FK14 7BZ at 10:15 **OS:** 58 **GR:** NS964989 **Description:** Walk past Castle Campbell, through forest and along open path to head of reservoir and the dam. Return by same route to forest entrance, join a different path to a forest track and back to start point. **Note:** RADO. NoSC. Mileage to start & Return - 30 **Leader:** Janet McAuley, 01786 489903 or 07732 982135, janetmcauley@waitrose.com

## Monday 7th January

### **St Andrews & NE Fife:- Summer Walks Planning Meeting**

**Meet:** Cupar Fire Station Community Room at 19:00 **Description:** Important and fun meeting to prepare walk programme for Summer 2019. New Walks Leaders always welcome, as without Leaders offering walks, there can be no walks programme. **Contact:** Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

## Tuesday 8th January

**Kirkcaldy & Ochil:- Tuesday Walkers - See details at beginning of this programme.**

### **Kirkcaldy:- Langtoun Daunderers - Stenton Twist**

**Grade C:** 4.5mils **Depart:** Kirkcaldy Bus Station on X37 bus from stance 11 at 09:15 **Walk start:** Lomond Centre Car Park, Glenrothes at 09:45 **OS:** 59 **GR:** NO286007 **Description:** An urban walk to Stenton Pond and back taking a twist or two round houses and woodland along the way. Proposed lunch venue, The Lomond Centre. **Note:** RADO. CWRA. **Leader:** Ruth Beddall, 01592 260578

## Thursday 10th January

### **Dalgety Bay:- Roamers ~ Dalgety Bay to Inverkeithing**

**Grade D:** 2.5mils/2hrs **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **Description:** : A walk along the Coastal Path and, after refreshment, return by bus. There is the option to return on foot, Grade C: 5mils 3hrs. **Note:** RADO. **Leader:** Ben Douglas, 01383 822715 or 07852 658675

### **Dundee:- Walks Planning**

**Description:** As there is no Walks Planning Meeting this year please email or pass walks for the summer programme to me by today's date. Offers to lead walks would be most welcome and experienced leaders will help anyone who has never led a walk before. **Contact:** Joyce Cumming, 01382 642752, 07526 237526, joyce@cumming14.plus.com

## Glenrothes:-

**Strollers Walk - See details at beginning of this programme.**

### **Saturday 12th January**

#### **Blairgowrie:-**

##### **Craigvinean and the Tay**

**Grade C:** 7mls **▲** 150m/492ft. **Depart:** WCPB at 09:30 **Walk start:** Upper Heritage Car Park (National Trust) at 10:15 **OS:** 52 **GR:** NO009421 **Description:** Mainly woodland tracks through conifer woodland and wooded riverbank. Visiting the Pinecone viewpoint. **Note:** RADO. **Leader:** Anne Easson, 01828 628001, a.easson@btinternet.com

#### **Brechin:-**

##### **Crombie - Monikie circular**

**Grade C:** 7.2mls **Depart:** SNSB at 09:30 **Walk start:** Crombie Country Park car park (charge) at 10:15 **OS:** 54 **GR:** NO528402 **Description:** Via Crombie Reservoir, East and West Hillhead to Monikie. Return via Monikie Reservoir, Craigton and Guildyden. Can be shortened if weather dictates. **Leader:** Peter & Anna Fiabane, 01307 461121 or 07743 943171, fiabanes@gmail.com

#### **Dalgaty Bay:-**

##### **Hidden Gem of Edinburgh**

**Grade C:** 6mls/3hrs **▲** 50m/164ft. **Depart:** Meadowfield Bus Stop at 09:45 **Walk start:** Edinburgh Bus Station at 10:35 **OS:** 66 **GR:** NT256742 **Description:** Good paths and some road walking. **Note:** RADO. **Leader:** Ken Wright, 01383 822358 or 07535 386982

#### **Dundee:-**

##### **Balmerino**

**Grade C+:** 6mls/3hrs **Depart:** TBCP at 09:30 **Walk start:** Wormit Bay (near the Memorial for Tay Bridge Disaster) at 10:00 **OS:** 54 **GR:** NO394260 **Description:** A coastal walk with superb views of Dundee and the Tay. Some gentle ascents/descents. **Leader:** Stewart & Val MacDonald, 01382 642728 & 07960 624539 or 07852 815900

#### **Glenrothes:-**

##### **Dalgaty Bay - Fordell Glen**

**Grade C+:** 6.5mls/hrs **Depart:** LCCP at 09:30 **Walk start:** Tesco CP off Regents Way at 10:15 **OS:** 65 **GR:** NT157834 **Description:** Coastal Path in Dalgaty Bay, tracks through Letham Hill Wood and Fordell Glen with two short inclines. **Note:** CWRA RADO **Leader:** J Duncan

#### **Perth:-**

##### **Linn of Tummel Circuit, Garry Bridge**

**Grade C+:** 7mls **▲** 175m/574ft. **Depart:** ASDACP at 09:00 **Walk start:** Garry Bridge CP at 09:45 **OS:** 52 **GR:** NN913609 **Description:** A circular walk around Loch Faskally taking in the Linn of Tummel and the Clunie power station en-route. Easy walking on lochside and river paths with some minor road walking and a number of stepped sections. **Note:** RADO. **Leader:** Allen Bardwell, 01738 444459 or 07952 339171, allenbardwell@blueyonder.co.uk

#### **Strath Tay:-**

##### **Taymouth Castle Estate**

**Grade C:** 5mls **Depart:** CCP at 09:30 **Walk start:** Kenmore at 09:45 **OS:** 52 **GR:** NN774453 **Description:** Circular walk through Taymouth Castle Estate, including the Newhall standing stones and Croft Moraig. **Note:** RADO. **Leader:** Grace Proudfoot, 07548 626285, sheffieldwoman@gmail.com

### **Sunday 13th January**

#### **Kinross & Ochil:-**

##### **Fishcross/Coalsnaughton circular**

**Grade C:** 7mls **Depart:** KPR at 09:30 or BURN at 09:40 **Walk start:** Devonside Car Park opp Devonvale Hall at 10:00 **OS:** 58 **GR:** NS919965 **Description:** An easy walk on well marked paths. Some short sections on tarmac. Good views of hills and Gartmorn Dam. One short steep incline. **Note:** DWOL. CWRA. **Leader:** Sybil Taylor & Lesley Creevy, 07890 217935 or 07875 720910

#### **Stirling & Falkirk:-**

##### **Arthur's seat**

**Grade C+:** 5mls/3hrs **▲** 243m/800ft. **Walk start:** St. Giles Cathedral Edinburgh EH1 1RE at 11:45 **OS:** 66 **GR:** NT257735 **Description:** A social day out. There is the option to have coffee at St. Giles Cathedral Café from 11am. Walk starts there at 11.45. Short hill walk includes steep ascents and descents, some on rough ground. **Note:** RADO. NoSC. After the walk there is an option for a pub meal. Limited places booking required. Colin will take names at AGM. Mileage 70 **Leader:** Colin Thomson, 01786 472726 or 07702 636505, colinbthomson@gmail.com

## Tuesday 15th January

### Dalgety Bay:-

### **Summer Walks Planning Meeting**

**Meet:** Day Centre, Pentland Rise, Dalgety Bay at 19:30 **Description:** Come along to discuss the programme for next summer. All members (not just current walk leaders) are welcome to attend.

**Contact:** Ian Bruce, 01383 616062, 07518 154237, ianbruce100@btinternet.com

## Wednesday 16th January

### St Andrews & NE Fife:-

### **Mid-week Leisurely Walk: Cardenden Den**

**Grade C:** 5mls/2.5hrs ▲ 20m/65ft. **Depart:** FCPC at 10:00 **Walk start:** Wallsgreen Park, off Station Road, Cardenden at 10:30 **OS:** 58 **GR:** NT216954 **Description:** Low level walk through wooded ravine, which could be muddy in places after rain. **Note:** RADO. CWRA. **Leader:** Jim Coates, 01337 831113, jcoates1944@gmail.com

## Thursday 17th January

### Dunfermline & West Fife:- **Short Winter Walk**

**Description:** Details will be published on Dunfermline & West Fife web site on. 14th January. **Note:** DWOL. **Leader:** Margaret Graham, 01383 738429 or 07745 219494, margaret.graham@live.co.uk

### Glenrothes:-

**Strollers Walk - See details at beginning of this programme.**

## Saturday 19th January

### Dalgety Bay:-

### **Silverknowes - Craigleith - Corstorphine Hill Circular**

**Grade C+:** 7mls ▲ 150m/492ft. **Depart:** DBSCCP at 09:45 **Walk start:** Marine Drive ( parking), left at roundabout at the end of Silverknowes Road, Edinburgh at 10:15 **OS:** 65 **GR:** NT200770 **Description:** A walk through Silverknowes cycling Path, Craigleith Retail Park, Corstorphine Hill, Davidson's Mains and back to start. **Note:** RADO. **Leader:** Matsue Williams, 0131 332 4395

### Kirkcaldy:-

### **Anstruther to Elie**

**Grade C:** 6mls **Depart:** KRSN at 09:00 **Walk start:** Parking on Elie High Street at 09:45 **OS:** 59 **GR:** NO492001 **Description:** Catch bus from Elie High Street to Anstruther with scenic walk along coastal path back to Elie. **Note:** RADO. NoSC. **Leader:** Liz Greig, 01592 653682 or 07919 985239

### Perth:-

### **Scone Circular**

**Grade C+:** 6mls ▲ 250m/820ft. **Depart:** ASDACP at 09:00 **Walk start:** Approaching Scone on A94 turn sharp left down Burnside to CP beyond Scone Old Church at 09:30 **OS:** 53 **GR:** NO131256 **Description:** An interesting walk via the Den of Scone, McDuff's Monument and Lynedoch Obelisk on grassy paths, minor roads and one steep moorland section. **Note:** RADO. **Leader:** Lynn Rankin, 01738 270568 or 07928 758259

### St Andrews & NE Fife:-

### **Craigtoun to Kincapple**

**Grade C+:** 6mls/3.5hrs ▲ 121m/400ft. **Depart:** FCPC at 09:30 **Walk start:** Main entrance/car park -Craigtoun Country Park at 10:30 **OS:** 59 **GR:** NO477141 **Description:** Linear walk from Craigtoun Country Park though undulating tracks and paths (could be muddy), minor roads, tarred coastal path, to St Andrews. Great views of Eden Estuary and St Andrews area. This walk is in St Andrews Walks Leaflet. **Note:** RADO. NoSC. Park in Petherham Car Park to meet Leader in St Andrews Bus Station at 10:00am to get 10:10am 64A bus to Craigtoun Park. **Leader:** Dorothy Cameron, 01334 474305

## Sunday 20th January

### Dundee:-

### **Arbroath**

**Grade C+:** 6.5mls/4hrs **Depart:** OCCP at 10:00 **Walk start:** West Links Car Park (Pleasureland), Arbroath at 10:30 **OS:** 54 **GR:** NO639402 **Description:** A walk on footpaths, roads and tracks around the western outskirts in Arbroath. **Leader:** Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

**Dunfermline & West Fife:- Dunsinane Hill and King's Seat in the Sidlaws**

**Grade B:** 5mls/4.5hrs ▲ 400m/1312ft. **Depart:** LPRCP at 09:30 **Walk start:** Corner of minor road SE of Collace (1 mile from A94) at 10:30 **OS:** 380 **GR:** NO207321 **Description:** A hillwalk to two tops with Iron Age and historic associations, giving great views over the Tay Estuary, Strathmore and the Highland LIne. **Note:** DWOL. **Leader:** Grant Robertson, 01577 208436 or 07936 738581, grantrobertson1952@gmail.com

**Forfar:- Local Walk followed by Walks Planning Meeting**

**Grade C:** 5mls **Walk start:** EGCP at 10:00 **OS:** 54 **GR:** NO457508 **Description:** A short local walk followed by the walks planning meeting in St John's Church Hall at 2.00 pm. **Leader:** Dorothy Hutcheon, 01307 468034.

**Glenrothes:- Lomond Hills - Holl to Harperleas reservoirs circular**

**Grade C+:** 7mls/3.5hrs ▲ 500ft **Depart:** LCCP at 09:30 **Walk start:** Holl Reservoir CP at 10:00 **OS:** 58 **GR:** NO224035 **Description:** Starting from Holl Reservoir walk towards the Bishop Hill then branch off towards Harperleas Reservoir through woodland and back to the car park. **Note:** CWRA RADO **Leader:** W Cumming contact by Email splish2splosh@gmail.com

**Stirling & Falkirk:- Tillicoultry to Kirk Glen**

**Grade C:** 6mls/4hrs ▲ 161m/530ft. **Depart:** LACP at 10:30 **Walk start:** Small CP opposite Devonvale Hall in Tillicoultry FK13 6NU at 11:00 **OS:** 58 **GR:** NS920966 **Description:** From the CP by the Devonvale hall, Tillicoultry, we follow the river Devon to the Glenfoot Bridge. A little road walking to take us up to the Golf club, over to Kirk Glen and back down to Harviestoun. Returning along the old railway line. **Note:** RADO. CWRA. Mileage to start & Return - 20 **Leader:** Eric Davidson, 07757 658055, davidson.family.es@gmail.com

**Tuesday 22nd January**

**Kinross & Ochil:- Tuesday Walkers - See details at beginning of this programme.**

**Thursday 24th January**

**Brechin:- Summer Walks Meeting**

**Meet:** St Andrew's Church Hall, St Andrew Street, Brechin at 19:00 **Description:** To decide on walks for summer 2019. **Contact:** Ellen Smith, 01307 818632

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

**Saturday 26th January**

**Blairgowrie:- Winter Lunch - Short walk in Murthly Castle Grounds**

**Grade C:** 6mls ▲ 50m/164ft. **Depart:** WCPB at 09:30 **Walk start:** Parking area at gate of Murthly Castle at 10:00 **OS:** 53 **GR:** NO093393 **Description:** A short fairly flat walk around the grounds of Murthly Castle. Lunch will be at The Uisge Restaurant in Murthly at 1pm. Please see details in newsletter and book through Pat Fraser patriciafraser@btinternet.com/01250 873577. **Note:** RADO. Parking space is limited at start of walk, please, where possible, meet in Blairgowrie to car share. **Leader:** Jean Stewart, 01250 873852

**Brechin:- Lunan Bay to Ethie Haven**

**Grade C:** 6mls **Depart:** SNSB at 09:30 **Walk start:** Lunan Bay Car Park at 10:00 **OS:** 54 **GR:** NO691515 **Description:** Short distance on road, then easy walk south along tracks or beach with short ascent on cliff path and descent into Ethie Haven. Can be extended to Kirk Loch and the chapel (another mile). **Leader:** Sheila Mather, 01356 650240

**Dalgety Bay:- Blairadam Rearranged**

**Grade C:** 5mls/3hrs ▲ 150m/492ft. **Depart:** DBSCCP at 10:30 **Walk start:** Clentry Car Park, Blairadam at 11:00 **OS:** 58 **GR:** NT129946 **Description:** Shinrin-yoku in Fife. An undulating walk through the pines and beeches of Blairadam Forest. Mostly good forest tracks (some short uneven stretches). Gentle slopes throughout, but we will take our time. **Note:** RADO. **Leader:** Ian Bruce, 01383 616062 or 07518 154237, ianbruce100@btinternet.com

### **Dundee:- Bus Trip to Stirling**

**Meet:** Car Park by Bridgeview Restaurant, Riverside Drive at 09:15 **Description:** Historic walk through Cambuskenneth Abbey to Wallace Monument. Cost of bus £10 to be paid to Pat on or before Christmas Meal on 11th December. High tea on way home. (Further details to follow). **Note:** Bus leaves Forfar 8.45am and Dundee 9.15am **Contact:** Pat Hargraves, 01307 462882

### **Glenrothes:- Colinsburgh - Balcarres Estate circular**

**Grade C+:** 6mils/3hrs **Depart:** LCCP at 9:30 **Walk start:** Junction of Main St and North Wynd (adj. to Corner Shop) at 10:00 **OS:** 59 **GR:** NO476034 **Description:** A walk through Balcarres Estate via Sprattyhall, Miggies acres, Balneil Farm, Balcarres Den to Balcarres Craig Tower, return to Colinsburgh. **Note:** NoSC RADO **Leader:** C Mackie & T McLaren 07903132319 tmlaren39@gmail.com

### **Kinross & Ochil:- Rabbie's Ramble**

**Grade C+:** 6mils **Depart:** KPR at 09:30 or BURN at 09:40 **Walk start:** Kirk Alloway or other TBA at 10:00 **OS:** 58 **GR:** NS919965 **Description:** Time for ghosts, houlets, bogles, warlocks & witches! Celebrate the Bard with a Mystery walk through the gentle but eerie Scottish winter countryside. Traditional Burns Supper fare, music & recitations at the various hostleries we visit. **Note:** RADO. Full details available later. **Leader:** Bill Bedborough, 01259 742491

### **Kirkcaldy:- Kingsbarns Circular**

**Grade C:** 9.5mils **Depart:** KRSN at 09:00 **Walk start:** Kingsbarns Square. There is parking here and nearby at 09:30 **OS:** 59 **GR:** NO593120 **Description:** A walk in the countryside on farm tracks to Kenly then on to Boarhills village and following on to a section of Fife coastal path before returning to Kingsbarns. **Note:** RADO. NoSC. **Leader:** Mike Livesey, 07783 201492 or 01592 503272

### **Perth:- From Methven to West Huntingtower**

**Grade C:** 8mils ▲210m/688ft. **Depart:** Perth bus station for No 15 bus at 09:20 **Walk start:** Methven Arms Hotel at 09:50 **OS:** 58 **GR:** NO025259 **Description:** A linear walk from Methven to West Huntingtower via Cleanhill, Dalcrue, Pitcairngreen and Almondbank. Return to Perth is by same bus service. **Note:** RADO. **Leader:** John Andrews, 01738 827275 or 07526 884953, john@jandrews.co.uk

## **Sunday 27th January**

### **Stirling & Falkirk:- Dupplin estate & Cairnie Braes**

**Grade C:** 7mils/3.5hrs ▲200m/656ft. **Depart:** LACP at 09:30 **Walk start:** The old A9, by the Dupplin Estate entrance PH2 OPR. at 10:15 **OS:** 58 **GR:** NO039200 **Description:** A lovely walk through various parts of the Dupplin estate, passing Dupplin Loch. Crossing the Cairney Braes before re-entering the Dupplin estate. **Note:** RADO. CWRA. Early start to avoid the traffic while crossing A9. Mileage to start & back 60. Please try to car share Mileage 60 **Leader:** Babs Butler, 01324 720165 or 07711 575561, barbaraafbutter@btinternet.com

### **Strathtay:- Loch Ordie**

**Grade C:** 5.5mils **Depart:** CCP at 09:30 **Walk start:** Tulliemet at 10:00 **OS:** 52 **GR:** NO006495 **Description:** On good paths and tracks up and around Loch Ordie. **Note:** RADO. **Leader:** Muriel Findley, 01887 820095, murfin41@btinternet.com

## **Thursday 31st January**

### **Dunfermline & West Fife:- Short Winter Walk**

**Description:** Details will be published on Dunfermline & West Fife web site on 28th January. **Note:** DWOL. **Leader:** Olive Inglis, 01383 842693 or 07773 995015, oliveminglis@aol.com

### **Glenrothes:- Strollers Walk - See details at beginning of this programme.**

### **Stirling & Falkirk:- Summer programme walks meeting**

**Meet:** Mayfield centre, St Ninians, Stirling. FK7 0DB at 19:30 : Come along to socialise and hear a preview of the new walks for the summer programme from the walks leaders. All are welcome. **Contact:** Babs Butler, 01324 720165, 07711 575561, barbaraafbutter@btinternet.com

## Saturday 2nd February

### Dalgety Bay:-

### Blairadam Extended

**Grade C+:** 7mils/3.5hrs ▲250m/820ft. **Depart:** DBSCCP at 10:00 **Walk start:** Small car park off B914 at entry to Blairadam Forest at 10:30 **OS:** 58 **GR:** NT129937 **Description:** Going beyond the limits of last week's and last year's Blairadam walks. At times venturing off the well maintained tracks and finding corners you may not have seen before. **Note:** RADO. **Leader:** Ian Bruce, 01383 616062 or 07518 154237, ianbruce100@btinternet.com

### Dundee:-

### Loch Freuchie, Amulree

**Grade C+:** 7mils/4hrs **Depart:** CWCP at 09:30 **Walk start:** Hall, Amulree (just off A822) at 10:30 **OS:** 52 **GR:** NN898363 **Description:** Circular walk on minor road and track round Loch Freuchie. Negligible ascent. **Leader:** Stewart & Val MacDonald, 01382 642728 & 07960 624539 or 07852 815900

### Dunfermline & West Fife:- Dollar to Glen Devon via Glen Quey

**Grade B:** 9mils/5hrs ▲170m/560ft. **Depart:** LPRCP at 09:00 **Walk start:** Castle Campbell car park at 09:45 **OS:** 366 **GR:** NS963993 **Description:** An undulating linear walk using the old drove road. Refreshments at Tormaukin Inn before returning by the same route. **Note:** DWOL. **Leader:** Anne Laird, 01383 727515 or 07768 860066, anne-laird@hotmail.co.uk

### Forfar:-

### Day Out at St Andrews

**Grade C:** 4mils **Walk start:** St Andrews Bus Station at 10:45 **OS:** 59 **GR:** NO501168 **Description:** A pleasant walk in St Andrew's passing places of interest. If weather inclement - Museum, Art Gallery and Shops!. **Leader:** Christine Ferguson, 01382 532384

### Perth:-

### Newtyle Paths

**Grade C+:** 8mils ▲200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Newtyle playpark CP at 09:45 **OS:** 53 **GR:** NO298415 **Description:** Route follows old railway tracks, field paths, minor roads around Newtyle. Flights of steps and boggy parts. Walk to include an uphill climb for views of the Strathmore Valley or could also be lower level depending on the weather. **Note:** RADO. **Leader:** Lynn Salvin, 01738 634628 or 07712 298939

## Sunday 3rd February

### Glenrothes:-

### Bridge of Earn - Moncrieff Hill Circular

**Grade C+:** 5mils/3hrs ▲1000ft **Depart:** LCCP at 09:30 **Walk start:** New Tay CP off the A912 at 10:15 **OS:** 58 **GR:** NO138210 **Description:** A walk up to Moncrieff Hill through woodland with nice views. **Note:** CWRA DWOL **Leader:** will meet at start of walk **Leader:** D Mathieson 07535 813423 don2908@yahoo.co.uk

### St Andrews & NE Fife:-

### Drumoig-Tayport Circular

**Grade C:** 8mils/4hrs ▲243m/800ft. **Depart:** FCPC at 09:45 **Walk start:** Drumoig Golf Driving Range at 10:15 **OS:** 59 **GR:** NO439251 **Description:** Walk through fields and minor roads to Scotsraig Estate, then along Coastal Path to Tayport. Return to Drumoig. **Note:** This walk can be shortened in event of inclement weather **Leader:** Susan Richmond, 01382 542516, susanrichmond@live.co.uk

### Stirling & Falkirk:-

### Strathallan circular

**Grade C+:** 6.4mils/4hrs ▲152m/500ft. **Depart:** LACP at 09:30 **Walk start:** Minor road off A823 PH3 1NP at 10:15 **OS:** 58 **GR:** NN891152 **Description:** An undemanding walk in beautiful rural Perthshire. The route follows tracks, mostly through woodland, and quiet country roads. We will include a visit to Malloch's Oak and view Strathallan Castle. **Note:** RADO. NoSC. Mileage to start & return - 20. **Leader:** Allan Drew, 07921 687285, allan.drew@yahoo.co.uk

## Tuesday 5th February

**Kinross & Ochil:-** Tuesday Walkers - See details at beginning of this programme.



**Kirkcaldy:- Langtoun Daunders - Ceres and Craighall Den**

**Grade C:** 4.5mils **Depart:** KRSN at 09:30 **Walk start:** Public Car Park at Ceres Folk Museum and Coffee Shop at 10:15 **OS:** 59 **GR:** NO399114 **Description:** Scenic walk through the Den and Ceres with good views of the local landscape. Proposed post walk lunch venue The Press Cafe/ Bistro, Cupar. **Note:** RADO. CWRA. **Leader:** Beth Dickson, 07791 912417, bd6427@icloud.com

**Wednesday 6th February**

**Dundee:- Ferry Tale Trail by the Tay**

**Grade C:** 4mils **Depart:** CWCP at 09:30 **Walk start:** St David's chapel, Kirk Lane, Stormontfield (4 miles north of Perth) at 10:15 **OS:** 58 **GR:** NO108298 **Description:** Pleasant walk along the banks of the Tay passing Waulkmill Ferry. Lunch in local cafe (still to be decided). **Leader:** Jean MacGillivray, 01382 623052 or 07932 014859, jean.macgillivray@btinternet.com

**Thursday 7th February**

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

**Saturday 9th February**

**Blairgowrie:- River Ericht/Craighall, Blairgowrie**

**Grade C+:** 6.25mils ▲252m/826ft. **Walk start:** WCPB at 09:30 **OS:** 53 **GR:** NO180451 **Description:** A circular walk beginning along the banks of River Ericht and returning by the Old Bridge of Cally Road. It is on good paths and tracks with some road walking through open countryside. **Note:** RADO. **Leader:** Nina Bell, 01250 874301, blairbelles@tiscali.co.uk

**Brechin:- Rossie Island Circular**

**Grade C:** 7mils **Depart:** SNSB at 09:30 **Walk start:** Montrose Academy at 10:00 **OS:** 54 **GR:** NO717576 **Description:** Around Rossie Island, up by Rossie braes, and around the back of Ferryden. Return by other side of Rossie Island (on roads). **Leader:** Colleen Lumsden, 01356 623126

**Dalgety Bay:- The Gauldry & Kilmany**

**Grade C:** 6mils/4hrs ▲170m/557ft. **Depart:** DBSCCP at 09:30 **Walk start:** Morison Duncan Hall, Main Rd. Gauldry at 10:30 **OS:** 59 **GR:** NO373237 **Description:** Thro' the narrow streets & down track to Kilmany cross A92 to village. Round village, west to lane, onto rail route west & under A92 to lane, north for Fincaigs farm, right on track with marker posts border woodland & head for start. **Note:** RADO. Parking along Main Street **Leader:** Chris Roberts, 01383 822184 or 07749 757587, c-b.roberts@tiscali.co.uk

**Glenrothes:- Kilmany - Gauldry circular**

**Grade C:** 6mils/3.5hrs ▲550ft **Depart:** LCCP at 9:30 **Walk start:** Kilmany, near Jim Clark monument at 10:15 **OS:** 59 **GR:** NO386216 **Description:** A walk on farm tracks, rights of way with a short section of quiet road. **Note:** CWRA RADO **Leader:** L Allen 01592 748016 lesallen80@gmail.com

**Kirkcaldy:- Pltcairn Circular**

**Grade B:** 9mils **Depart:** KRSN at 09:30 **Walk start:** Pltcairn Ranger Station at 10:00 **OS:** 59 **GR:** NO266035 **Description:** Road and farm road walking with hill tracks to Holl reservoir then along the edge of East Lomond returning to start point. **Note:** RADO. NoSC. **Leader:** Joan Brown, 07989 904371, joanbrown8@gmail.com

**Perth:- Stirling**

**Grade C:** 7mils **Depart:** ASDACP at 09:00 **Walk start:** Dobbies Garden Centre on A84 west of Stirling at 09:45 **OS:** 57 **GR:** NS770958 **Description:** Walk on good tracks and paths with a couple of busy roads to cross. Please try and park near the Dobbies CP entrance to meet up. **Leader:** Jim Pirie, 01738 451314 or 07923 457219

**Strathtay:- A Birnam Circular**

**Grade C:** 6mls **Depart:** Aberfeldy Bus Stop at 09:25 **Walk start:** Birnam at 10:10 **OS:** 52 **GR:** NO026421 **Description:** On tracks along the Inchewen burn and under Birnam Hill. **Note:** RADO. **Leader:** Violet Keir, 07568 440607

**Sunday 10th February**

**Kinross & Ochil:- Wormit circular**

**Grade C+:** 9mls **Depart:** KPR at 09:15 or BURN at 09:00 **Walk start:** Far end of Bay Road, Wormit at 10:00 **OS:** 59 **GR:** NO390259 **Description:** A coastal, woodland and country walk with lovely views of the Tay, Dundee & Balmerino Abbey. **Note:** RADO. CWRA. **Leader:** Carolyn Jenkins, 07925 972650, carolynjenkins1309@gmail.com

**Stirling & Falkirk:- Dysart to East Wemyss**

**Grade C:** 8mls/5hrs ▲50m/164ft. **Depart:** LACP at 09:30 **Walk start:** Dysart Harbour Car Park KY1 2TQ at 10:45 **OS:** 59 **GR:** NT302927 **Description:** This is an interesting and picturesque part of the Fife Coastal Path and includes the former mining communities of East and West Wemyss. The walk also includes some woodland paths above the shoreline. **Note:** RADO. NoSC. Mileage to start & Return - 90 **Leader:** Janet McNee, 01324 872205 or 07929 130582, janet.mcnee@googlemail.com

**Wednesday 13th February**

**St Andrews & NE Fife:- Mid-week Leisurely Walk: Largo and Keil's Den**

**Grade C:** 4mls/2.5hrs ▲76m/250ft. **Depart:** FCPC at 09:00 **Walk start:** Net House Car Park on Main Street, Lower Largo at 10:00 **OS:** 59 **GR:** NO423026 **Description:** A walk linking Lower to Upper Largo and the wooded den of Keil's Burn. Return via harbour. No lengthy steep ascents, sections could be muddy after rain. **Note:** RADO. NoSC. Leaders will meet at walk start **Leader:** Stewart & Linda Collier, 07881 596883

**Thursday 14th February**

**Dalgety Bay:- Roamers ~ Townhill Loch, Dunfermline (minimal ascent)**

**Grade D:** 4mls/2.5hrs **Depart:** Dalgety Bay Library at 10:00 **Walk start:** Townhill Loch CP at 10:30 **OS:** 65 **GR:** NT103891 **Description:** A pleasant easy walk on good paths around Townhill Loch on the north side of Dunfermline. **Note:** RADO. **Leader:** Ken Wright, 01383 822358 or 07535 386982

**Dunfermline & West Fife:- Short Winter Walk**

**Description:** Details will be published on Dunfermline & West Fife ramblers web site on 11th February. **Note:** DWOL. **Leader:** Grant Robertson, 01577 208436 or 07936 738581, grantrobertson1952@gmail.com

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

**Saturday 16th February**

**Dalgety Bay:- Around Auchlinsky**

**Grade B:** 9mls/5hrs ▲550m/1804ft. **Depart:** DBSCCP at 09:00 **Walk start:** Castle Campbell Car Park at 10:00 **OS:** 58 **GR:** NS964989 **Description:** Track on South & East of Hillfoot Hill, then path to Commonedge Hill & Seamab (great views). Return by Glenquay & Maiden's Well. **Note:** RADO. **Leader:** Irene Garvie, 01383 791050

**Dundee:- Alyth Circular**

**Grade C:** 6.5mls/3.5hrs **Depart:** CWCP at 09:30 **Walk start:** Alyth Square at 10:15 **OS:** 53 **GR:** NO245486 **Description:** Walk from the square to and through the Den of Alyth and carry on westwards to West Tullyfergus and then south east to Hill of St Fink and Muirton Farm, following track eastwards into Alyth. (Sheltered walk). Ascent minimal. **Leader:** Barbara Sayers, 07986 867255

### **Dunfermline & West Fife:- Bonaly and the Four Reservoirs**

**Grade B:** 7.5mls/4hrs ▲106m/350ft. **Depart:** LPRCP at 09:15 **Walk start:** Bonaly Tower car park at 10:00 **OS:** 350 **GR:** NT212675 **Description:** A circular walk on good tracks and paths via Torduff, Clubidean, Glencorse and Bonaly reservoirs. **Note:** DWOL. **Leader:** Anne Laird, 01383 727515 or 07768 860066, anne-laird@hotmail.co.uk

### **Kirkcaldy:- Fountainbridge/ Cramond**

**Grade B:** 11mls **Depart:** KRSN at 08:45 **Walk start:** Lochrin Basin, Fountainbridge at 10:30 **OS:** 66 **GR:** NT245727 **Description:** Due to restricted parking in Edinburgh, those travelling from Kirkcaldy will park at Cramond and walk to Silverknowes to get the 16 or 27 bus to Fountainbridge. From Lochrin Basin via John Muir Way, Water of Leith, Corstorphine Hill. **Note:** RADO. NoSC. The walk returns to Cramond via Silverknowes. Some steep inclines in parts. **Leader:** Mike Livesey, 07783 201492 or 01592 503272

### **Perth:- Moncreiffe Hill**

**Grade C+:** 5mls ▲250m/820ft. **Depart:** ASDACP at 09:00 **Walk start:** Minor road heading east from A912 just north of Bridge of Earn. Then 1.5 km track on left to CP at 09:30 **OS:** 58 **GR:** NO153192 **Description:** Circular woodland walk on paths. Please car share where possible as small car park. **Note:** RADO. **Leader:** Cathy Creedican, 01738 634653 or 07747 088844

### **St Andrews & NE Fife:- Newport and Tayport Loop**

**Grade C+:** 8mls/4hrs ▲200m/656ft. **Depart:** FCPC at 10:00 **Walk start:** Car park at south end of Tay Road Bridge at 10:40 **OS:** 59 **GR:** NO426287 **Description:** A moderate route setting out along the Fife Coastal Path and thereafter following good paths, tracks and minor roads, with coastal and country views. **Note:** RADO. NoSC. **Leader:** Jim Coates, 01337 831113, jcoates1944@gmail.com

### **Stirling & Falkirk:- Short Saturday afternoon walk in Alva area.**

**Grade D:** 4mls/2hrs ▲50m/164ft. **Walk start:** Alva Glen car park FK12 5JZ at 15:00 **OS:** 58 **GR:** NS885975 **Description:** A short two hour walk in the Alva area followed by tea at a venue to be announced later... **Note:** RADO. NoSC. Easy walking followed by tea - Note Saturday. Mileage to start & Return - 20 **Leader:** Ray Finlay, 01786 449135 or 07792 549363, rayfin\_1@hotmail.com

## **Sunday 17th February**

### **Forfar:- Coupar Angus Loop**

**Grade C:** 6mls **Depart:** EGCP at 10:00 **Walk start:** Coupar Angus Town Centre at 10:30 **OS:** 53 **GR:** NO222402 **Description:** Atholl Street leads on to open countryside and the Isla which we meet near Kemphill. Along a track to A923, crossing to follow one of Isla's loops. Return via Townhead, circling the urban edge and stop to visit the ruins of the Abbey. **Leader:** Ross Henderson, 01307 467721

### **Glenrothes:- Ladybank Circular**

**Grade C:** 6mls/3.5hrs **Depart:** LCCP at 09:30 **Walk start:** Ladybank Railway Station CP at 09:45 **OS:** 59 **GR:** NO306096 **Description:** A virtually flat walk through woods, field edges etc, all to the East of the A92. Likely to be muddy at times. **Note:** CWRA DWOL **Leader:** H Morrison 01592 749170 or 07821148256 hazmgmtmor@hotmail.com

### **Stirling & Falkirk:- Dumyat Circular**

**Grade B:** 5mls/5hrs ▲415m/1361ft. **Depart:** LACP at 09:30 **Walk start:** Car Park off A91 to the east of Blairlogie Village FK9 5QE at 10:00 **OS:** 57 **GR:** NS832969 **Description:** An exploration of Dumyat Hill and its surroundings. Starting at the car park west of Blairlogie, we ascend to Dumyat Farm, up the east ridge and down through Yellowcraig Wood, before crossing the fields back to Blairlogie. **Note:** RADO. NoSC. Mileage to start & Return - 12 **Leader:** Wraight Shepherd, 01786 475137 or 07753 941564, wraight.shepherd@talk21.com

## **Tuesday 19th February**

**Kinross & Ochil:- Tuesday Walkers - See details at beginning of this programme.**

## Thursday 21st February

### Glenrothes:-

**Strollers Walk - See details at beginning of this programme.**

## Saturday 23rd February

### Blairgowrie:-

#### **Fife Coastal Path - Lundin Bridge/Tayport to Balmerino**

**Grade C:** 8.5mils **▲**50m/164ft. **Depart:** WCPB at 09:00 **Walk start:** Car Park at Lundin Bridge at 10:15 **OS:** 59 **GR:** NO465285 **Description:** Flat walk on minor roads and coastal track under the Tay road and rail bridges with estuary views to Dundee. Drivers return to start by car shuttle, while main party explores Balmerino. **Note:** RADO. **Leader:** Bill Phillips, 01250 870260

### Brechin:-

#### **Fasque Estate**

**Grade C:** 6mils **Depart:** SNSB at 09:30 **Walk start:** Fettercairn Square at 10:00 **OS:** 45 **GR:** NO651735 **Description:** Past Fettercairn Distillery to Stankeye Loch, through the Estate, and return by Fettercairn House. **Leader:** Sheila Peebles, 01241 431163

### Glenrothes:-

#### **Dunfermline - Hill of Beath to Townhill circular**

**Grade C+:** 7mils/5hrs **▲**700ft **Depart:** LCCP at 09:30 **Walk start:** FRC CP at Robertson Road Dunfermline at 10:15 **OS:** 58 **GR:** NT112889 **Description:** Around countryside to NE of Dunfermline on core paths. Includes easy hill walk to Hill of Beath, an excellent viewpoint. (Summit optional). Some moderate inclines. **Note:** CWRA DWOL Leaders will meet group at walk **Leader:** C & B Barton 01383 725859 chrisbettybarton@gmail.com

### Kinross & Ochil:-

#### **Lady Mary's Walk & Laggan Hill**

**Grade C+:** 5.75mils **Depart:** KPR at 09:15 or BURN at 08:50 **Walk start:** The Famous Grouse Experience at 10:00 **OS:** 52 **GR:** NN856234 **Description:** A varied walk from the Glenturret Distillery down to MacRosty Park, along the River Earn and up Laggan Hill. **Note:** RADO. CWRA. **Leader:** Gwen Perry, 01577 861556

### Kirkcaldy:-

#### **Barnyards Marsh and Kilconquhar Loch**

**Grade C:** 7.5mils **Depart:** KRSN at 09:00 **Walk start:** High Street, Elie, near church at 10:00 **OS:** 59 **GR:** NO492001 **Description:** Circular route takes in Elie Golf Course, Kilconquhar Castle Estate and Elie Estate, on tracks, paths, roads and rough ground, and there should be some snowdrops. **Note:** RADO. NoSC. **Leader:** Ruth Beddall, 01592 260578

### Perth:-

#### **Ladybank**

**Grade C:** 7mils **Depart:** ASDACP at 09:00 **Walk start:** Monkston Wood CP on B938 near Ladybank at 09:50 **OS:** 52 **GR:** NO297095 **Description:** After walking through Ladybank Village a circuit through woods to Charlottetown then returning to car park on more woodland paths. **Note:** RADO. **Leader:** Roger Brickell, 01764 656114 or 07733 317725, rogerbrickell@icloud.com

## Sunday 24th February

### Dalgety Bay:-

#### **Clackmannan & Alloa Towers**

**Grade C:** 6.5mils/3hrs **Depart:** DBSCCP at 09:40 **Walk start:** Clackmannan Tollbooth at 10:30 **OS:** 58 **GR:** NS911918 **Description:** Clackmannan Tower, Mary Wood, Alloa Tower and return by Black Devon Wetlands and circular round Clackmannan. **Note:** RADO. **Leader:** Jane Mitchell, 01383 822843 or 07975 984015, janemaclean1@hotmail.com

### Stirling & Falkirk:-

#### **Balgownie Woods from Shiresmill**

**Grade C:** 7mils/4hrs **▲**75m/246ft. **Depart:** LACP at 09:30 **Walk start:** Shiresmill – Car park adjacent to Riding centre KY12 8ER at 10:30 **OS:** 65 **GR:** NT004876 **Description:** Starting on the snowdrop trail through the former Valleyfield estate and remnants of a Humphrey Retson designed landscape. We cross farm land to join forest tracks. Short section on minor road and the old railway line. **Note:** RADO. CWRA. This is a fairly new path network completed by W Fife Woodlands. The Balgownie circular is 1 of Fife Walking Routes. 32 miles **Leader:** Betty Brodie, 01324 556762 or 07936 380395, bettybrodie@aol.com

**Strathtay:- Cleaven Dyke**

**Grade C:** 5mls **Depart:** CCP at 09:30 **Walk start:** Meikleour at 10:00 **OS:** 53 **GR:** NO157396  
**Description:** The route includes Cleaven Dyke, an interesting Neolithic feature consisting of a pair of ditches which run for over a mile. **Note:** RADO. **Leader:** Jenny Rees, 07979 608496, jenny.rees@virgin.net

**Tuesday 26th February**

**Dundee:- Tayport to Tentsmuir**

**Grade C:** 5mls/4hrs **Depart:** TBCP at 10:15 **Walk start:** Tayport Harbour Car Park at 10:30 **OS:** 59 **GR:** NO458292 **Description:** Circular walk around Tentsmuir Forest. **Leader:** Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

**Thursday 28th February**

**Dunfermline & West Fife:- Cramond and Corstorphine Hill**

**Grade B:** 7mls/4.5hrs **Depart:** L at 09:30 **Walk start:** Side road behind Miller & Carter restaurant (old Cramond Brig hotel) at 10:00 **OS:** 350 **GR:** NT179754 **Description:** Along River Almond to Cramond then urban walking through Silverknowes. Slightly steep walk up Corstorphine Hill and back through Barnton. **Note:** DWOL. CWRA. Leader will meet walkers at start of walk. **Leader:** Olive Inglis, 01383 842693 or 07773 995015, oliveminglis@aol.com

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

**Saturday 2nd March**

**Dundee:- Forfar Loch and Balmashanner**

**Grade C+:** 6mls/4hrs ▲ 115m/377ft. **Depart:** OCCP at 09:45 **Walk start:** Forfar Leisure Centre Car Park at 10:30 **OS:** 54 **GR:** NO450507 **Description:** Circular walk around loch and climb up to Balmashanner. **Leader:** Linda Pirie, 01382 778490 or 07881 369442

**Dunfermline & West Fife:- Hill of Tarvit and Scotstarvit from Ceres**

**Grade C:** 6.5mls **Depart:** LPRCP at 09:00 **Walk start:** Hope Green car park by the Folk Museum, Ceres at 10:00 **OS:** 370 **GR:** NO400114 **Description:** This walk takes in the attractive village of Ceres, a mansion house, fine viewpoint and a Medieval tower. **Note:** DWOL. **Leader:** Alan McGuckin, 01383 731557 or 07970 172593, atmog53@gmail.com

**Forfar:- Liff & Fowlis**

**Grade C:** 6mls **Depart:** EGCP at 10:00 **Walk start:** Woodland Trust Backmuir Wood Car Park (Half mile east of Liff) at 10:45 **OS:** 54 **GR:** NO340333 **Description:** Through Backmuir Wood along the drover's road to Fowlis and then to Liff. A low level route through woodland and farmland, following paths, tracks and rural roads. Some sections can be muddy under foot. **Leader:** Ross Henderson, 01307 467721

**Kirkcaldy:- Abernethy - Castle Law**

**Grade C+:** 4.5mls **Depart:** KRSN at 09:00 **Walk start:** Old Tower in Abernethy at 10:00 **OS:** 58 **GR:** NO190163 **Description:** From Abernethy through woods to Craigden, up tracks to the fort at Castle Law then along the top through the woods and back to Abernethy. Total ascent 800 ft. **Note:** RADO. NoSC. **Leader:** Mike Livesey & Janet Fraser, 07783 201492

**Perth:- Bishop Hill Circular from Holl Reservoir**

**Grade C+:** 7.5mls ▲ 290m/951ft. **Depart:** ASDACP at 09:00 **Walk start:** Holl CP - turn north off the A911 west of Leslie onto minor road unmarked except for Scottish Water sign at 10:10 **OS:** 58 **GR:** NO224035 **Description:** Head north on tracks and hill path with views across moorland to W and E Lomond. At head of Glen Vale, turn south then west up shallow valley onto crest towards Bishop Hill. Return via Munduff Hill plantation past farm to Holl CP. **Note:** RADO. Walk leader will go straight to start of this walk. **Leader:** Colin Fraser, 01382 541617, cfraser365@gmail.com

**St Andrews & NE Fife:- Coronation Road & Elcho Castle**

**Grade C+:** 7.5mls/3.5hrs **▲** 70m/229ft. **Depart:** FCPC at 09:30 **Walk start:** Off-road parking at East Rhynd--remains of Old Rhynd Church at 10:30 **OS:** 58 **GR:** NO183185 **Description:** Part of old carriage route between Falkland and Scone, with great views, ancient monument, river tracks, field edges, fortified tower. **Note:** RADO. NoSC. **Leader:** Will Aitken, 01334 470066 or 07908 721466, wh.aitken@gmail.com

### **Sunday 3rd March**

**Dalgety Bay:- Janet's Brae, Glentress & Eshiels Community Woodland**

**Grade C+:** 7mils/4hrs **Depart:** DBSCCP at 09:15 **Walk start:** Kingsmeadow Car park Peebles at 10:30 **OS:** 73 **GR:** NT251402 **Description:** After leaving the town centre you enter Glentress Forest by Janet's Brae where you will follow one of the trails round to the main entrance of the forest. From here you cross the A72 to follow the link to Eshiels Community Woodland. **Note:** RADO. NoSC. **Leader:** Audrey Robertson, 0131 552 2561 or 07720 980715

**Glenrothes:- Perth Lade and River Tay Circular**

**Grade C:** 6mils/3.5hrs **Depart:** LCCP at 9:30 **Walk start:** South Inch CP at 10:15 **OS:** 58 **GR:** NO119229 **Description:** Easy Circular walk (some road walking) on tracks and paths following the Lade through Perth returning by the River Tay through the North Inch. **Note:** CWRA DWOL Leader will meet at start of walk **Leader:** D Mathieson 07535 813423 don2908@yahoo.co.uk

**Stirling & Falkirk:- Duncryne and Ross Priory**

**Grade C+:** 8.3mils/4hrs **▲** 200m/656ft. **Depart:** LACP at 09:30 **Walk start:** car park opposite Millennium Hall, Church Road, Gartocharn G83 8NF at 10:15 **OS:** 56 **GR:** NS428862 **Description:** Includes a gentle ascent of Duncryne ('Tom Weir's Hill') as well as the shores of Loch Lomond and a visit to the gardens of Ross Priory. **Note:** RADO. NoSC. Mileage to start & Return - 50 **Leader:** Phil Seale, 07840 957215, phil@philseale.co.uk

### **Tuesday 5th March**

**Dalgety Bay:- Corstorphine Hill to Cramond Brig**

**Grade C+:** 6.5mils/4.5hrs **Depart:** Meadowfield Bus Stop - Meet at 09:00 for No.58 bus at 09:10 **Walk start:** Barnton Roundabout. at 09:35 **OS:** 66 **GR:** NT186750 **Description:** By local bus to Royal High School bus stop on Queensferry Road, opposite Clermiston Rd. Circuit up Corstorphine Hill and back. Then walk to Cramond waterfront via Davidson Mains and return to The Barnton via River Almond. **Note:** RADO. **Leader:** H Haines & Rose Nutt, 01383 822187 & 07990 660724 or 01383 822669 & 07494 235392

**Kinross & Ochil:- Tuesday Walkers - See details at beginning of this programme.**

**Kirkcaldy:- Langtoun Daunderers - Largo & Keil's Den**

**Grade C:** 4.5mils **Depart:** KRSN at 09:30 **Walk start:** Car Park at Temple, Lower Largo at 10:15 **OS:** 59 **GR:** NO422026 **Description:** A walk linking Lower to Upper Largo and the wooded den of the Keil Burn, returning to Lower Largo via Lundin Links. Mostly on tracks, some of which may be muddy. Proposed lunch venue at the end of the walk is the Crusoe Hotel, Lower Largo. **Note:** RADO. CWRA. **Leader:** Jim Hall, 01592 640395, jameshallkdy55@gmail.com

### **Thursday 7th March**

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

### **Saturday 9th March**

**Blairgowrie:- Luncarty to Perth**

**Grade C:** 6.25mils **Depart:** WCPB at 08:45 **Walk start:** Luncarty at 09:45 **OS:** 53 **GR:** NO094299 **Description:** A linear walk beside the River Tay from Luncarty to Perth city centre. **Note:** RADO. Parking in Perth (Asda car park - to be confirmed) and taking the No 34 bus to Luncarty, bus leaves Mill St at 9.30. **Leader:** Richard Townsend, 07753 418101, richmtownsend@outlook.com

**Brechin:- Dalbrack Circular, Glenesk.**

**Grade C+:** 8.5mls **Depart:** SNSB at 09:30 **Walk start:** Dalbrack Bridge at 10:30 **OS:** 44 **GR:** NO469783 **Description:** Ascent to Cowie Hill(440 m / 1,445 ft.) Descent to Keenie, then return along riverside via Turnabrain. **Leader:** Nancy McFarlane, 01356 626229 or 07986 531971

**Dalgety Bay:- St Andrews Town, Gown & Sands**

**Grade C:** 5.5mls/5hrs **Depart:** DBSCCP at 09:15 **Walk start:** Car Park at the end of Golf Place at 10:30 **OS:** 59 **GR:** NO505171 **Description:** A sightseeing, informative walk around the historic streets of St Andrews Town and along the famous sands of St Andrews Beach. **Leader:** Caroline Cronie, 01383 432174 or 07557 870976

**Dundee:- Long Goat and Catlaw**

**Grade B:** 7mls **▲**451m/1480ft. **Depart:** OCCP at 09:00 **Walk start:** West Glenprosen Road half km past Muir of Pearsie at 10:15 **OS:** 44 **GR:** NO355618 **Description:** Steady climb first to Long Goat then on to the summit of Catlaw. **Leader:** Peter Hargraves, 01307 462882 or 07986 423328

**Glenrothes:- Falkirk - The Kelpies and The Falkirk Wheel**

**Grade C+:** 9mls/5hrs **Depart:** LCCP at 9:30 **Walk start:** The Helix CP, Falkirk at 10:30 **OS:** 65 **GR:** NS903816 **Description:** An easy walk on paths and tracks initially following the River Carron, then the Forth and Clyde Canal. Can be shortened. **Note:** NoSC RADO Leaders will meet at start of walk **Leader:** R and M Fairgrieve 07761 753437 rosfairgrieve@gmail.com

**Kirkcaldy:- Gleneagles Circular**

**Grade C:** 7mls **Depart:** KRSN at 09:00 **Walk start:** Parking in Stirling Street, Blackford at 09:45 **OS:** 58 **GR:** NN896087 **Description:** Scenic walk through paths and fields crossing Gleneagles Golf Course circumnavigating the Hotel. **Note:** RADO. CWRA. **Leader:** Joan Bizzarri & Madge Poklekowska, 07851 702935 & 01592 328992, bizzarri.joan@gmail.com

**Perth:- Allean Forest**

**Grade C+:** 7mls **▲**300m/984ft. **Depart:** ASDACP at 09:00 **Walk start:** Forest Trails CP on B8019 right hand side of road 500m beyond Queen's View at 10:15 **OS:** 52 **GR:** NN860600 **Description:** A circular walk and climb through forest onto open moorland. Good views once out of forest if clear day. Can be muddy. Eco toilets at car park. **Note:** RADO. **Leader:** Lynn Salvin, 01738 634628 or 07712 298939

**Strathtay:- Paps of Fife**

**Grade B:** 7mls **Depart:** CCP at 09:30 **Walk start:** East Lomond CP at 10:30 **OS:** 58 **GR:** NO252058 **Description:** From Purin Hill up East Lomond and continue over West Lomond. **Note:** RADO. **Leader:** John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

## **Sunday 10th March**

**Kinross & Ochil:- Dunkeld - Bishops', Fiddler's & Inver Paths**

**Grade C:** 6.5mls **Depart:** KPR at 09:15 or BURN at 08:45 **Walk start:** Car park at north end of Dunkeld at 10:00 **OS:** 52 **GR:** NO026428 **Description:** A gentle walk past the Cathedral and along Bishops' path with its spectacular trees. Fiddler's path takes us along the bank of the Tay, joining up with the Inver path. Back to Dunkeld via the Beatrix Potter Garden. **Note:** RADO. CWRA. **Leader:** Andrew & Edna Burnett, 01577 862977

**Stirling & Falkirk:- Bo'ness to Kinneil Estate**

**Grade C+:** 6mls/4hrs **▲**90m/295ft. **Depart:** LACP at 09:30 **Walk start:** Pier Car Park, Bo'ness EH51 9AA at 10:15 **OS:** 65 **GR:** NT000819 **Description:** We visit Kinneil nature Reserve then go uphill to Kinneil House and Wood, passing many points of historic interest. On paths, slippery in places. **Note:** RADO. NoSC. Mileage to start & Return - 30 **Leader:** Hilary Thomson, 01786 472726 or 07834 529694, hilarydthomson@gmail.com



*The long walk home*

### Wednesday 13th March

#### **Dundee:- Crombie Country Park**

**Grade C:** 3mls/2hrs **Depart:** OCCP at 10:00 **Walk start:** Crombie Country Park at 10:30 **OS:** 54 **GR:** NO503383 **Description:** Walk around loch followed by lunch for those interested. **Leader:** Sheila Wallace, 01382 320243 or 07944 570925, smwallace55@gmail.com

#### **St Andrews & NE Fife:- Mid-week Leisurely Walk: Newburgh and River Tay**

**Grade C:** 3.5mls/2hrs ▲ 40m/131ft. **Depart:** FCPC at 09:30 **Walk start:** Car park next to school on Cupar Road in east end of Newburgh at 10:00 **OS:** 59 **GR:** NO240182 **Description:** Undemanding walk with slight inclines to view River Tay and environs, through fields, past a water mill and along Fife Coastal Path. **Note:** RADO. NoSC. **Leader:** Stewart & Linda Collier, 07881 596883

### Thursday 14th March

#### **Dalgety Bay:- Roamers ~ Braefoot Point**

**Grade D:** 4mls/2.5hrs ▲ 25m/82ft. **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **Description:** A walk to the old ammunition pier on woodland tracks and the Coastal Path. **Note:** RADO. **Leader:** Alice McEwan, 01383 822013 or 07749 388113

#### **Dundee:- Fish Supper Night**

**Meet:** Lochee Bowling Club, Muirton Road, Dundee at 19:00 **Description:** As our Fish Supper Night falls near St Patrick's Day wear something Irish if you like. It is an open night so feel free to bring friends and family. Please be prompt. Cost £7. **Note:** Please send cheques to Jean by 1st March along with any dietary requirements. **Contact:** Jean MacGillivray, 01382 623052, 07932 014859, jean.macgillivray@btinternet.com



### **Dunfermline & West Fife:- Gartmorn Dam**

**Grade C:** 6mls/3hrs **Depart:** LPRCP at 10:00 **Walk start:** Side road off B910 (w end of Dunfermline-Alloa cycle track) at 10:45 **OS:** 366 **GR:** NS919925 **Description:** Following disused railway track then on to Gartmorn Dam and through Coalpots Wood, returning via Linn Mill. **Note:** DWOL. **Leader:** Maureen Paul, 01383 727875 or 07842 386718, apaspaul9@gmail.com

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

## **Friday 15th March**

### **Brechin:- Cheese and Wine Evening**

**Meet:** Mechanics Institute, Brechin at 19:30 **Description:** A social evening for members, guests, and potential new members. **Contact:** Irene McCool, 01356 623521, irene.mccool@yahoo.co.uk

## **Saturday 16th March**

### **Dalgety Bay:- Dunkeld - Fiddlers Path Circular**

**Grade C+:** 8mls/4hrs ▲ 150m/492ft. **Depart:** DBSCCP at 09:30 **Walk start:** Cally Car Park off A923 north of Dunkeld at 10:30 **OS:** 53 **GR:** NO023438 **Description:** Waymarked circular route via Polney Loch, Kings Seat viewpoint, riverside paths on east and west side of river, Neil Gow's oak and return by the Birnam Oaks and Dunkeld main street. **Note:** RADO. **Leader:** Alistair Robb, 01383 820632 or 07757 809102

### **Dundee:- Colinsburgh, Fife**

**Grade C+:** 6.5mls/4hrs ▲ 182m/600ft. **Depart:** TBCP at 09:30 **Walk start:** Junction of Main Street and North Wynd (adjacent to The Corner Shop), Colinsburgh (on street parking) at 10:15 **OS:** 59 **GR:** NO476034 **Description:** Moderate low level route following good tracks and paths, rising to viewpoint folly. **Leader:** Joyce Cumming, 01382 642752 or 07526 237526, joyce@cumming14.plus.com

### **Dunfermline & West Fife:- Two Corbetts above beautiful Glen Lyon**

**Grade B+:** 9mls/6.5hrs ▲ 850m/2788ft. **Depart:** LPRCP at 08:00 **Walk start:** Layby on hill road between Loch tay and Glen Lyon at 09:30 **OS:** 378 **GR:** NN582416 **Description:** Starting high on the Lawers access road. In spite of some rough ground these are two relatively easy Corbetts, giving superb views of the Southern Highlands. **Note:** DWOL. **Leader:** Grant Robertson, 01577 208436 or 07936 738581, grantrobertson1952@gmail.com

### **Kirkcaldy:- Rumbling Bridge Circular**

**Grade C+:** 7mls **Depart:** KRSN at 09:00 **Walk start:** Pool of Muckhart Village Hall at 10:00 **OS:** 58 **GR:** NN999005 **Description:** Slightly undulating. Walking past Rumbling Bridge and Muckhart Mill on tracks and road. **Note:** RADO. CWRA. **Leader:** Liz Greig, 01592 653682 or 07919 985239

### **Perth:- Crail and Fife Coastal Path**

**Grade C:** 7mls ▲ 50m/164ft. **Depart:** ASDACP at 09:00 **Walk start:** Marketgate, Crail at 10:15 **OS:** 59 **GR:** NO614078 **Description:** Circular walk following coastal path, field tracks and the edges of the golf course returning to the village centre. **Note:** RADO. **Leader:** Sue Henderson, 01738 861026 or 07980 147967, tanniesue\_peru@yahoo.com

### **St Andrews & NE Fife:- Rathillet Circular**

**Grade C:** 6.5mls/3hrs ▲ 120m/393ft. **Depart:** FCPC at 09:30 **Walk start:** Park beside track, east of A92 at Rathillet at 10:00 **OS:** 59 **GR:** NO365210 **Description:** Circular walk on farm tracks and end rigs round Torr of Kedlock, Logie, Forret and return. Could be muddy after rain. **Note:** RADO. NoSC. **Leader:** Julia Gadd, 01382 541267, julia.gadd@hotmail.com

## **Sunday 17th March**

### **Forfar:- Meikle/Ardler Loop**

**Grade C:** 7mls **Depart:** EGCP at 10:00 **Walk start:** Kinloch Memorial Hall, Dundee Road Meikle at 10:30 **OS:** 53 **GR:** NO289444 **Description:** South westwards to Ardler via former Cottage Hospital, Mains of Belmont, East Cambo and old railway line. Return via minor road to Belmont Castle where a track runs through the estate to Dundee Road. **Leader:** Ross Henderson, 01307 467721

**Glenrothes:- Perth - Mailer Hill and Buckie Braes Circular**

**Grade C:** 6mls/3.5hrs ▲800ft **Depart:** LCCP at 09:30 **Walk start:** Broxden Park and Ride at 10:30 **OS:** 58 **GR:** NO087227 **Description:** A walk following good paths and tracks on the outskirts of Perth to the trig point and masts on Mailer Hill, Craigie Hill and Buckie Braes. **Note:** CWRA RADO **Leader:** I Rankin 01337 830360 ishabelrankin@gmail.com

**Stirling & Falkirk:- Kinross and Milnathort**

**Grade C:** 7.5mls/4hrs ▲50m/164ft. **Depart:** LACP at 09:30 **Walk start:** Park near 'The Boathouse', Pier Rd. KY13 8UF at 10:30 **OS:** 58 **GR:** NO121017 **Description:** This is a scenic, undemanding level walk on good surfaces including along a section of Loch Leven Heritage Trail. **Note:** RADO. NoSC. Mileage to start & Return - 50 **Leader:** Janette Seale, 01786 447107 or 07709 957317, janette.seale@hotmail.co.uk

## **Tuesday 19th March**

**Kinross & Ochil:- Tuesday Walkers - See details at beginning of this programme.**

## **Thursday 21st March**

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

## **Saturday 23rd March**

**Blairgowrie:- Moness Den and Urlar Burn valley, Aberfeldy**

**Grade B:** 8.75mls ▲460m/1509ft. **Depart:** WCPB at 09:00 **Walk start:** Birks of Aberfeldy car park at 10:00 **OS:** 52 **GR:** NN855485 **Description:** Moness Burn through Birks of Aberfeldy, crossing bridge above Falls route follows valley of Urlar Burn with pasture land and heather moor then skirts to east of Craig Hill. Views of Lawers Range, Schiehallion. Return on Rob Roy Way. **Note:** RADO. **Leader:** Pat Fraser, 01250 873577 or 07843 786191, patriciafraser@btinternet.com

**Brechin:- Panmure Estate**

**Grade C:** 7mls **Depart:** SNSB at 09:30 **Walk start:** Side Road on right 250m after Panmure Gates on B9128, travelling South towards Muirdrum. at 10:15 **OS:** 54 **GR:** NO547386 **Description:** A guided walk around Panmure Estate, and past the Panmure testimonial. **Note:** RADO. **Leader:** Margaret Spalding, 01356 624426

**Dalgety Bay:- Kinghorn Circular**

**Grade C+:** 5.5mls/3.5hrs ▲120m/393ft. **Depart:** Meadowfield Bus Stop - meet at 09:35 for No. 7 bus at 09:44 **Walk start:** Kinghorn Memorial bus stop at 10:15 **OS:** 66 **GR:** NT268868 **Description:** Paths and tracks inland via The Bents and Binnend. **Note:** RADO. **Leader:** John & Sheila Stewart, 01383 600370 or 07517 004993 & 07873 954758, sheilsmail@yahoo.co.uk

**Glenrothes:- Falkland - Freuchie and East Lomond circular**

**Grade B:** 8.5mls/4.5hrs ▲1150ft **Depart:** LCCP at 09:30 **Walk start:** Falkland Library CP at 09:45 **OS:** 59 **GR:** NO253073 **Description:** From Falkland take Maspie Den to Craigmead, path to East Lomond to the limekiln then continue around East Lomond and descend through Freuchie Den returning by coffin path to start. **Note:** NoSC RADO **Leader:** C & B Barton 01383 725859 chrisbettybarton@gmail.com

**Kinross & Ochil:- Seamab Hill**

**Grade B:** 6.5mls **Depart:** KPR at 09:30 or BURN at 09:40 **Walk start:** Castlehill car park, Glen Devon at 10:00 **OS:** 369 **GR:** NN996033 **Description:** A long steady climb to the top of Commonedge Hill via Auchlinsky Hill on good forestry paths, then on grassy paths across to Seamab Hill and descent via Geordie's Wood. **Note:** RADO. **Leader:** Moira McCauley & Ann Eve, 07484 718783 or 07960 973866

**Perth:- From Guildtown to Scone**

**Grade C:** 8mls ▲ 150m/492ft. **Depart:** Perth Bus Station for No 58 bus at 08:45 **Walk start:** Anglers Arms Guildtown at 09:10 **OS:** 53 **GR:** NO132316 **Description:** From Guildtown via Cambusmichael and the Tay bank path to Stormontfield, then continuing past Blairhall and Balboughty. Return to Perth on No 7 bus. **Note:** RADO. **Leader:** John Andrews, 01738 827275 or 07526 884953, john@jandrews.co.uk

**Sunday 24th March**

**Dundee:- Lady Mary's Walk, Crieff**

**Grade C:** 7mls **Depart:** CWCP at 09:00 **Walk start:** Crieff Visitor Centre at 10:00 **OS:** 58 **GR:** NN855206 **Description:** Circular walk from Visitor Centre alongside River Earn and (optional) climb to Sir David Baird Monument. **Note:** Coffee stop after walk at Visitor Centre. **Leader:** Margaret Harley & Jean MacGillivray, 01382 667557 & 07712 287920 or 01382 623052 & 07932 014859, jean.macgillivray@btinternet.com

**Kirkcaldy:- Little Glenshee**

**Grade C:** 8.5mls **Depart:** KRSN at 09:00 **Walk start:** Small car park before a ford at western end of Glenshee road, near Little Glenshee at 10:15 **OS:** 52 **GR:** NN988340 **Description:** Circular walk on tracks and paths on open moorland, taking in Craig Gibbon and an Obelisk. **Note:** RADO. NoSC. **Leader:** Joan Bizzarri & Madge Poklekowska, 07851 702935 & 01592 328992, bizzarri.joan@gmail.com

**Stirling & Falkirk:- Circuit of Loch Mahaick**

**Grade B:** 11mls/6hrs ▲ 400m/1312ft. **Depart:** LACP at 09:30 **Walk start:** Doune Arts Centre on A84 FK16 6HD at 10:00 **OS:** 57 **GR:** NN716029 **Description:** A 'P' shaped walk on good tracks including a circuit of Loch Mahaick which is seen on the right throughout the circuit. Good views of Vorlich, Stuc a' Chroin and Ledi. **Note:** RADO. NoSC. Mileage to start & Return - 20 **Leader:** Ray Finlay, 01786 449135 or 07792 549363, rayfin\_1@hotmail.com

**Strathay:- Ben Chonzie (Glen Lednock)**

**Grade B+:** 8mls ▲ 712m/2335ft. **Depart:** CCP at 09:30 **Walk start:** Coishavachan in Glen Lednock at 10:30 **OS:** 52 **GR:** NN743273 **Description:** Good track and path to the summit of Ben Chonzie, and return. Probability of seeing see masses of white hares. **Note:** RADO. **Leader:** Jenny Rees, 07979 608496, jenny.rees@virgin.net

**Thursday 28th March**

**Dundee:- The Law and Balgay Hill**

**Grade C+:** 6mls/4hrs **Walk start:** Discovery Point at 10:00 **OS:** 52 **GR:** NO404298 **Description:** Circular route around Dundee taking in points of interest. Tracks road and pavement walking. **Leader:** Sheila Wallace, 01382 320243 or 07944 570925, smwallace55@gmail.com

**Dunfermline & West Fife:- Seamab Hill**

**Grade C+:** 5.5mls/3hrs ▲ 230m/754ft. **Depart:** LPRCP at 09:30 **Walk start:** Castlehill Reservoir car park at 10:15 **OS:** 366 **GR:** NN997033 **Description:** Through forest plantation on to open moorland at Commonedge Hill. Over Seamab Hill and descend through young, deciduous woodland back to car park. **Note:** DWOL. **Leader:** Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

**Glenrothes:- Strollers Walk - See details at beginning of this programme.**

**Friday 29th March**

**Dunfermline & West Fife:- Spring Long Weekend**

**Description:** Details to be announced in due course on web site.

## Saturday 30th March

### **Dalgety Bay:-**

### **Scottish Borders - The Three Brethren**

**Grade B:** 8.5mls/4.5hrs **▲** 450m/1476ft. **Depart:** DBSCCP at 08:45 **Walk start:** Yair Hill Forest Car Park on A707 just East of Yair Bridge at 10:30 **OS:** 73 **GR:** NT459324 **Description:** Circular walk. Good tracks all the way. **Note:** RADO. **Leader:** David Thomson, 01383 860324 or 07922 050562, dabthomson@gmail.com

### **Dundee:-**

### **Kinpurnie Tower**

**Grade C+:** 9mls/4.5hrs **Depart:** CWCP at 09:00 **Walk start:** Balkello Car Park at 09:30 **OS:** 54 **GR:** NO365385 **Description:** Walk mainly on track, some rough ground, through heather. May be muddy. Moderate ascent. **Leader:** Lena Brown, 01382 884649 or 07597 690186

### **Forfar:-**

### **Falkland Walk**

**Grade C+:** 7mls **Depart:** EGCP at 10:00 **Walk start:** Falkland Car Park (Inside Falkland Estate) at 11:15 **OS:** 59 **GR:** NO247075 **Description:** Walk up Maspie Den, on to Tyndall Bruce Monument and return through Falkland Estate. **Leader:** Christine Ferguson, 01382 532384

### **Perth:-**

### **Blair Castle to Glen Tilt**

**Grade B:** 10.5mls **▲** 250m/820ft. **Depart:** ASDACP at 09:00 **Walk start:** Old Bridge of Tilt CP at 10:00 **OS:** 43 **GR:** NN875663 **Description:** Good tracks and paths with woodland, streams and waterfalls, brilliant scenery, stunning views. **Leader:** Gil McGeachy or 07946 655068, gil.mcgeachy@gmail.com

### **Stirling & Falkirk:-**

### **Comrie Westwards Circular**

**Grade C+:** 7.4mls/4hrs **▲** 130m/426ft. **Depart:** LACP at 10:30 **Walk start:** Comrie Bridge Car Park PH6 2DT at 11:25 **OS:** 51 **GR:** NN774219 **Description:** Starting with a short bus ride from Comrie to Dalchonzie the walk begins along the disused railway line towards St Fillans and then loops back to Comrie. Mainly paths through mixed countryside with a fairly short climb over uneven ground. **Note:** RADO. CWRA. To catch 11.30 bus in Comrie to Dalchonzie \*\*\*Saturday\*\*\*. Mileage to start & Return - 50 **Leader:** Val Smith, 01786 470976 or 07828 149859, vps6@iname.com

## Sunday 31st March

### **Glenrothes:-**

### **Kinglassie - Glenrothes, Cluny Circular**

**Grade B:** 11mls/5.5hrs **▲** 750ft **Depart:** LCCP at 9:30 **Walk start:** Kinglassie Primary School Playground at 9:45 **OS:** 58 **GR:** NT233987 **Description:** A town and country walk on core paths, cycle paths, woodland and farm tracks. Start with a steep ascent to Blyth's Tower, on to Leslie, Glenrothes Golf Course, Southfield to river Ore, returning via Cluny. **Note:** CWRA RADO **Leader:** M Slaven 01383 515995 or 07754141295 marygg08@talktalk.net

### **St Andrews & NE Fife:-**

### **Rait Village - Braes of Carse Circular**

**Grade B+:** 8.5mls/5hrs **▲** 380m/1250ft. **Depart:** FCPC at 09:00 **Walk start:** Rait Village Hall (Rait is off A90 west of Dundee) at 10:00 **OS:** 53 **GR:** NO227267 **Description:** Circular walk from Rait Village via Shanry, returning via Frankly Den and Woodwell Farm. **Note:** RADO. NoSC. **Leader:** Sarah Dallas-Ross & Susan Richmond, 07828 403601 or 01382 542516, sarahadele.sdr@gmail.com

## Ramblers Group Walking Holidays

Ramblers Holidays have opened a new Private Groups Section and webpage.

Go to <https://walkingholidays.social/ramblers-private-group-holidays>

## Forth Valley, Fife & Tayside Area Honorary Officials

The following officials were elected or re-elected at the Area AGM at Scone Burnside Hall on the 25<sup>th</sup> November, 2017

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### Convenor

Roger Brickell, Tel: 01764 656114, email: [rogerbrickell@icloud.com](mailto:rogerbrickell@icloud.com)

### Secretary

Jim Forret, Tel: 01334656137, mobile: 07526670535, email: [james.forret@btinternet.com](mailto:james.forret@btinternet.com)

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### Membership Secretary

Colin Thomson, e-mail: [colinbthomson@gmail.com](mailto:colinbthomson@gmail.com)

### Treasurer

Mike Gray, tel 01360 550962, mobile 0797 9993614, e-mail: [branziertroad@gmail.com](mailto:branziertroad@gmail.com)

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### Access Officer

John Andrews,

Tel: 01738 827275, email: [john@jdandrews.co.uk](mailto:john@jdandrews.co.uk)

### Publications and Advertising Secretary

Trevor Abell,

Tel 01738 813123, e-mail: [tmbabell@gmail.com](mailto:tmbabell@gmail.com)

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### Assistant Publications Officer

Ian Bruce,

Tel: 01383 616062, e-mail: [ianbruce100@btinternet.com](mailto:ianbruce100@btinternet.com)

### Training Officer

Dr Mike Morris, email: [morriskilry@gmail.com](mailto:morriskilry@gmail.com)

At a subsequent Area Committee meeting, Mike was also appointed **Vice-Convenor**.

## Useful RA Addresses

**RA Central Office:** 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW Tel: 020 7339 8500, Fax: 020 7339 8501

e-mail: [ramblers@ramblers.org.uk](mailto:ramblers@ramblers.org.uk) web: [www.ramblers.org.uk](http://www.ramblers.org.uk)

If you are changing/correcting your name or address or changing group then you need the Membership Department or [www.ramblers.org.uk/membership/membermail.htm](http://www.ramblers.org.uk/membership/membermail.htm)

**RA Scotland:** Caledonia House, 1, Redheughs Rigg, South Gyle, Edinburgh EH12 9DQ

e-mail: [scotland@ramblers.org.uk](mailto:scotland@ramblers.org.uk) web: [www.ramblers.org.uk/scotland](http://www.ramblers.org.uk/scotland)

Tel: 0131 472 7006

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**Tayside Young Walkers:** Angharad Gibreel - email [myfanwy\\_1@hotmail.com](mailto:myfanwy_1@hotmail.com)

## Group Secretaries (correct September 2018)

|                              |                                                                                                                                     |
|------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|
| Blairgowrie                  | <b>Patricia Fraser</b><br>Tel 01250 873577 e-mail <a href="mailto:patriciafraser@btinternet.com">patriciafraser@btinternet.com</a>  |
| Brechin                      | <b>Linda Robbie</b><br>Tel 01307 464512 email: <a href="mailto:lnr1@btinternet.com">lnr1@btinternet.com</a>                         |
| Dalgety Bay                  | <b>Chris Roberts</b><br>Tel 01383 822184 email: <a href="mailto:chris.dbayramblersec@gmail.com">chris.dbayramblersec@gmail.com</a>  |
| Dundee                       | <b>Jean MacGillvray</b><br>Tel: 07932 014859 <a href="mailto:dundeeramblers@gmail.com">dundeeramblers@gmail.com</a>                 |
| Dunfermline & West Fife      | <b>Alan McGuckin</b><br>Tel 01383 731557; email <a href="mailto:atmcg53@gmail.com">atmcg53@gmail.com</a>                            |
| Forfar                       | <b>Dorothy Hutcheon</b><br>Tel 01307 468034 email: <a href="mailto:dorothy.hutcheon@sky.com">dorothy.hutcheon@sky.com</a>           |
| Glenrothes                   | <b>Mary Slaven</b><br>Tel: 01383 515995 e-mail <a href="mailto:info@glenrothesramblers.co.uk">info@glenrothesramblers.co.uk</a>     |
| Kinross & Ochil              | <b>Ann Eve</b><br>Tel 01577 863887. e-mail <a href="mailto:ann.eve@btinternet.com">ann.eve@btinternet.com</a>                       |
| Kirkcaldy                    | <b>Mike Livesey</b><br>Email: <a href="mailto:netteville@gmail.com">netteville@gmail.com</a>                                        |
| Perth                        | <b>Trevor Abell</b> Tel 01738 813123; e-mail <a href="mailto:tmbabell@gmail.com">tmbabell@gmail.com</a>                             |
| St Andrews & NE Fife         | <b>Will Aitken</b><br>Tel: 01334 470066 email <a href="mailto:wh.aitken@gmail.com">wh.aitken@gmail.com</a>                          |
| Stirling, Falkirk & District | <b>Betty Brodie</b><br>Tel: 01324 556762; <a href="mailto:sandf.ramblers@gmail.com">sandf.ramblers@gmail.com</a>                    |
| Strathtay                    | <b>Bill Bruce</b> (Treasurer) Tel 01887 829753; e-mail <a href="mailto:bill_1_bruce@btinternet.com">bill_1_bruce@btinternet.com</a> |

Dalgety Bay  
 Perth & District  
 Glenrothes  
 Dunfermline & West Fife:  
 Kirkcaldy  
 Stirling and Falkirk  
 St Andrews & NE Fife  
 Tayside Young Walkers

[dalgetybayramblers.org.uk](http://dalgetybayramblers.org.uk)  
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[meetup.com/Tayside-young-walkers](http://meetup.com/Tayside-young-walkers)

### **If you are walking with a group other than your own:**

- Phone the walk leader and confirm the meeting place and time
- Leave your full name and contact telephone number in the walk book
- Tell the walk leader if you have any relevant medical condition.
- Socialise, particularly if there are a large number of you from another group.
- Don't leave the walk without telling the walk leader
- Thank the walk leader at the end of the walk.



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