



Forth Valley, Fife & Tayside

Area Joint Programme

April to September 2018

Walks and Events for:

**Blairgowrie & District
Brechin**

Dalgety Bay & District

Dundee & District

Dunfermline & West Fife

Forfar & District

Glenrothes

Kinross & Ochil

Kirkcaldy

Perth & District

St Andrews & NE Fife

Stirling, Falkirk & District

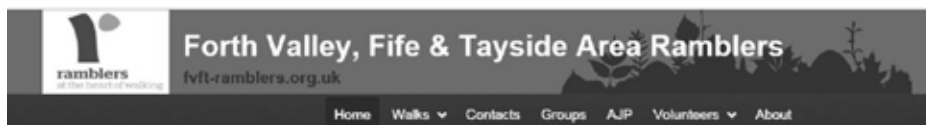
Strathtay



Information Page

Welcome to the 37th edition of the joint programme covering the Summer programme for 2018. We hope that you find the programme informative and helpful in planning your own walking programme for the next 6 months. You can now download a PDF version of this file to your computer, phone, etc.

The complete programme as printed can be found on the new FVFT website; namely fvft-ramblers.org.uk. This website also provides information on any changes that have been notified.



NEW AREA WEB SITE www.fvft-ramblers.org.uk

This site is intended as a central area of information for the members and volunteers of all groups in the Forth Valley, Fife & Tayside area.

There are walk listings in various formats and IMPORTANTLY a prominent panel showing walks that have been altered since this printed programme was published.

More content will be added to the Volunteer Pages in the coming months. Any suggestions for improvements or additions will be considered.

This issue of the programme can be downloaded from the site in PDF format. Several previous editions are also available.



Publication Information for Next Issue

Deadlines: Electronic walk programmes to Ian Bruce by mid-August 2018

Articles, News Items, Letters etc to Area Secretary by the same date.

Group News, single A4/A5 sheet, 1 or 2 sided, hard copy ready for photocopying.

Please send it directly to Trevor Abell by the end of August. Email attachments are also acceptable and indeed preferred.

The FV, F & T Joint Programme Team:

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Assistant Publications Secretary: Ian Bruce, 4 Spencerfield Cottages, Dunfermline, KY11 9LA. Tel: 01383 616062, e-mail ianbruce100@btinternet.com.

General Information

Walks Grading

The walks in this programme are graded according to the following:

E Easy Access Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections: visitors are advised to check with the walk leader.

D Easy Walks for reasonably fit people. May include unsurfaced rural paths. Walking boots or comfortable footwear and warm, waterproof clothing are recommended. 2 to 5 miles.

C Leisurely, mainly on level ground and often paths and tracks.

C+ Leisurely to moderate, for those with improving fitness, offering some modest challenges.

B Moderate, demanding higher standards of fitness and stamina than C+

B+ Between moderate and strenuous, for the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.

A Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; with steep ascents and descents; distances over 15 miles.

A+ Severe. Arduous walks for the experienced and very fit, involving some or all the following factors: high, exposed ground; steep ascents and descents; brisk pace; distance over 15 miles. Standard grading for hill-walking in winter conditions.

The walk grade is intended as a rough guide only. More information is supplied in each entry.

Walker's Responsibilities

Walkers must be 18+ or accompanied by an adult holding parental responsibility. Ramblers volunteers cannot provide direct care and supervision to children under 15. Instead the children must be accompanied by an adult who holds parental responsibility, such as a parent, legal guardian, carer, teacher or youth worker.

Unaccompanied walkers aged 15-17 are welcome (except on overnight stays) with a valid 15-17 Year Old Parental Consent Card, obtainable free from Ramblers main office, tel 020 7339 8500 or see www.ramblers.org.uk/localgroups.

If you are unsure of the suitability of a walk contact the Walk Leader beforehand. It is not always possible to shorten a walk if you are overexerting yourself; choose a grade of walk suitable to your level of fitness and experience.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable

steps to eliminate or minimise the potential for an accident to arise. Personal accident insurance is available from several sources. The Walk Leader or Deputy must be a member of the RA. The Leader may change a walk at his/her discretion. Members or visitors should not leave a walk without informing the Leader or divert from a walk without the agreement of the Leader. Many groups carry a first aid kit and/or mobile phone. Individuals are reminded that they are responsible for carrying any special medication that they require for personal use. Walkers must also inform the Walk Leader of any medical condition that could affect their ability to complete the walk.

Dogs are not generally suitable on most walks; however some walks are indicated as being suitable for dogs. **Please note: for all walks Registered Assistance Dogs (RADO) are welcome.**

The Weather

Listen to the weather forecast (hill walkers' forecast on Radio Scotland) and prepare accordingly. If extreme weather is expected the walk may be cancelled. If you are in doubt, contact the Walk Leader.

Clothing and Equipment

Dress according to the season. *Note:* Denim clothes are not suitable.

Winter: thermal base layer and layers of clothing, (shirt, trousers, jumper or fleece, and a windproof shell, plus hat, scarf, and gloves). A waterproof jacket (with hood) and waterproof trousers are also needed.

Summer: wear fewer, thinner layers but take sun protection.

Wear well-fitting walking boots and take a rucksack to carry your gear.

Food and Drink

In general, for a day walk take a flask containing a hot drink, a packed lunch, and various snacks. In warmer weather extra liquid is *essential*.

Ticks

Some of the areas walked may contain ticks, which are known to be a source of infection in humans. It is advised that you wear long trousers, a long sleeved shirt and a hat, even in summer. It is also advisable to tuck your trousers into your socks and apply insect repellent. Examine yourself for ticks after a walk and if you find one remove it immediately and cleanly using fine-tipped tweezers or a special tick removal tool. Care is necessary to avoid leaving the mouth parts in the skin; hence you should grasp the tick as close to the skin as possible and pull upwards, slowly but firmly. Once removed apply antiseptic and keep an eye on it for some weeks. The concern is for Lyme Disease, the usual early signs are for an expanding rash. It can be treated but it is serious if neglected. Any unusual reaction should be followed up by a visit to your general practitioner for further advice

Transport

Generally cars are used to transport walkers to the start of a walk; car sharing is encouraged. Abbreviations for car parks used as pick up points are included in this programme.

When car sharing, it is recommended that car passengers make a contribution to the running costs, the method of calculation and mileage rates are set by individual groups. Car drivers are reminded to call in at the pick up point prior to departure for the walk if they have a spare seat. Passengers are advised to take shoes and a bag for dirty boots and spare dry clothes in wet weather. The times given in this programme are departure times, if you are from a different group and/or going straight to the start of the walk, it is recommended that you contact the Walk Leader beforehand.

Walks may also use public transport, the fare may be indicated and it is the individual's responsibility to pay. Various walks use hired minibuses, in this case the person responsible, a deadline for booking, and (possibly) a fee will be indicated in the programme. If you book a place on a bus and then find that you must cancel at a later date, unless a replacement is found, you may still be liable for the full cost.

Cancelling Walks

Groups may have their own accepted procedure; but it is expected that if a walk has to be cancelled due to weather or other reasons, that the Leader or a deputy will go to the normal Group Meeting Point to advise any walkers of the change in plans. It should not be assumed that a Leader will go to the walk start, since this might mean extensive travel in possibly poor conditions. When weather conditions are likely to be poor all walkers planning on going directly to the walk start should confirm by phone with the Walk Leader if the walk will go ahead or not. The Walk Leader should make a note of the phone number of any visitors that indicate their intention of attending the walk and ring them back if the walk is to be cancelled.



Meeting Points

The following abbreviations are used for group meeting places:

Blairgowrie	WCPB	Wellmeadow Car Park, Blairgowrie.
Brechin	SNSB	St Ninian's Square, Brechin.
Dalgety Bay	DBSCCP	Dalgety Bay Shopping Centre Car Park.
Dundee East	OCCP	Odeon Cinema Car Park, Douglasfield, Dundee
Dundee West	CWCP	Cineworld Car Park, Camperdown Leisure Park, Dundee
Dundee Fife	TBCP	Tay Road Bridge (South) Car Park
Dunfermline & West Fife	LPRCP	Leys Park Road Car Park, Dunfermline.
Forfar	EGCP	East Greens Car Park, Forfar.
Glenrothes	LCCP	Lomond Centre Car Park, Glenrothes.
Kinross & Ochil	KPR	Kinross Park and Ride
	BURN	Dollar Burnside Car Park.
Kirkcaldy	KRSN	Kirkcaldy Railway Station North (Forth Ave).
Perth	ASDACP	Asda Supermarket Car Park, Perth.
St Andrews & NE Fife	FCPC	Fluthers Car Park, Cupar.
Stirling & Falkirk	LACP	Linden Ave Car Park, Stirling..
Strathtay	CCP	Car Park behind Co-op Aberfeldy.
Tayside Young Walkers		Various – Details can be seen at https://www.meetup.com/Tayside-Young-Walkers

Acronyms used in the Programme

RADO = Registered Assistance Dogs Only

DWOL = Dogs welcome on Leads

CWRA = Children with responsible adults

NoSC = Not suitable for children



SPECIAL GROUPS

Glenrothes Strollers walks

On most Thursdays over the dates of the programme, Glenrothes Strollers have a midweek walk, to which all are welcome. The walk is selected by the walk leaders on the week of the walk, the location and distance depending on the weather conditions. To go on the walk, meet at St. Columba's Church.

Grade C: 4 - 6 miles 2.5 - 3.5 hours. **Meet/Time:** St Columba's Church CP at 10.00 **OS:** 59 **GR:** NO269009 **Description:** A short local walk (mostly within a 10 mile radius of Glenrothes), for details call one of the leaders.

Leaders: Linda Aitken or Gill Hagger 01592 757144 or 01592 563039

Kinross & Ochil Tuesday Walkers

These walks usually take place every second Tuesday. All are welcome.

All walks are **Grade C:** maximum 4 miles, approx 2 hours, and usually within a 10-mile radius of Kinross. **Meet/Time:** Kinross Park & Ride (KPR) at 10.00 **OS:** 58 **GR:** NO112025

Description: For details of any walk, please phone leader.

Leader: Edna Burnett, 01577 862977.

Dundee Ramblers Family Walks

A sub group of the Dundee Ramblers has been started to provide short walks suitable for families with or without children. Dogs are welcome but may need to be on leads. Contact Jean MacGillivray, Secretary Dundee or look up www.meetup.com/Dundee-Ramblers-Family-Walks-Meetup

Tayside Young Walkers

This is a group founded in February 2014 to provide an opportunity for walkers in the age groups of 20s, 30s and 40s to walk together and enjoy various social events. The group now has over 900 walkers attached to it. The group is linked *Dundee Family Walkers and a new friend*

to the Ramblers organisation and those walking regularly are expected to join the Ramblers. Walks are set up using Meetup, and

to ensure that numbers are manageable, people are expected to place themselves on a list to attend.

Details can be seen at <https://www.meetup.com/Tayside-Young-Walkers>

Those of you in the younger age brackets are welcome to walk with them.

Contact: Angharad Gibreel - email myfanwy_1@hotmail.com

Perth A Walkers

Perth have been running their A Walkers Group over 2017 in order to provide a programme of walks dedicated to those members wanting to undertake more demanding walks including Munros and Corbetts. As much as possible the walks will be advertised on the group webpage and by direct email contact to those who have indicated an interest. Dates will change, however, in accordance with the vagaries of the weather.

Main contact for this subgroup is Gil McGeachy: gil.mcgeachy@gmail.com



WALKS IN THIS PROGRAMME													
RMW = Regular Short Midweek Walks OMW = Other Midweek Walks													
	Grades							Days					
	A+	A	B+	B	C+	C	D	E	Sat	Sun	RMW	OMW	ALL
Blaigowrie	1	0	2	4	4	1	0	0	12	0	0	0	12
Brechin	0	0	0	1	7	4	0	0	12	0	0	0	12
Dalgaty Bay	0	3	3	4	6	8	6	0	20	2	6	2	30
Dundee	0	2	1	6	8	13	0	0	16	6	0	8	30
Dunfermline & West Fife	0	1	3	6	5	8	0	0	12	2	0	9	23
Forfar	0	0	1	1	5	5	0	0	7	5	0	0	12
Glenrothes	0	0	1	13	11	27	0	0	13	13	26	0	52
Kinross & Ochil	0	0	0	1	9	17	0	0	7	7	13	0	27
Kirkcaldy	0	1	1	6	4	11	0	0	11	5	6	1	23
Perth	0	0	1	6	13	3	0	0	23	0	0	0	23
St Andrews & NE Fife	0	0	2	5	3	9	0	0	7	6	6	0	19
Stirling & Falkirk	0	1	2	8	15	2	2	0	3	27	0	0	30
Strathtay	0	0	0	5	7	1	0	0	7	6	0	0	13
Totals	1	8	17	66	97	109	8	0	150	79	57	20	306

RMW are Glenrothes Strollers, Kinross & Ochil Tuesday Walkers, Dalgety Bay Roamers, Kirkcaldy Langtoun Daunderers and St Andrews & NE Fife Mid-week Leisurely Walkers.

WALK PROGRAMME

Sunday 1st April

Glenrothes: Newburgh - Glenduckie circular

Grade C+: 9mils/5hrs **▲**750ft **Depart:** LCCP at 09:30 **Walk start:** CP near Newburgh Primary School at 10:15 **OS:** 59 **GR:** NO240182 **Description:** A figure-of-eight walk with moderate inclines on paths, tracks and some rough ground. The route takes in Braeside of Lindores, Lindores Hill and part of the Coastal Path returning via Glenduckie Village on lower level tracks which can be muddy. Great views of Tay Estuary. **Note:** CWRA RADO
Leader: M Slaven 01383 515995 or 07754141295 marygg08@talktalk.net

Kinross & Ochil: Kinghorn Loch, The Binn & Binnend Village

Grade C+: 7.5mils **Depart:** KPR at 09:20 or BURN at 08:50 **Walk start:** Public car park Pettycur Road, Kinghorn at 10:00 **OS:** 66 **GR:** NT270866 **Description:** Walk to the loch & thro Craigencalt Ecology Centre. Gentle climb to The Binn, retrace path then up past ruins of Binnend Village. Field path then quiet road to return. Excellent views. **Note:** RADO. CWRA.
Leader: Andrew & Edna Burnett, 01577 862977

Kirkcaldy: Collessie - Lindores Loch Circular

Grade B: 7.5mils **Depart:** KRSN at 09:15 **Walk start:** Collessie Community Hall car park at 10:00 **OS:** 59 **GR:** NO287134 **Description:** Moderate route following tracks with some road walking. Some well graded ascents with lovely views. **Note:** RADO. NoSC.
Leader: Joan Bizzarri, 01592 269323 or 07851 702935, bizzarri.joan6@gmail.com

Stirling & Falkirk: Almondbank Circular

Grade C+: 8mils/5hrs **Depart:** LACP at 09:30 **Walk start:** Almondbank Playing Fields Car Park at 10:30 **OS:** 52 **GR:** NO067258 **Description:** A circular walk leaving from Almondbank playing fields and taking in Pitcairngreen, Dalcrue and back via Methven woods. That gives us a bit of path work, fields, woodland and road. **Note:** RADO. NoSC. PH1 3SP 70 Miles to start & return
Leader: Babs Butler, 01324 720165 or 07711 575561, barbara@butler.btinternet.com

Tuesday 3rd April

Kirkcaldy: Langtoun Daunders - Leven Area Circular

Grade C: 6mils **Depart:** Kirkcaldy bus station for 9.50am X60 bus to Leven at 09:45 **Walk start:** Leven bus station at 10:30 **OS:** 59 **GR:** NO381005 **Description:** Walk along prom. to Lundin Links then cut up for more rural walk returning via Blacketyside for lunch. Complete walk after lunch and return to bus station via Silverburn. **Note:** RADO. CWRA. Those intending to travel by bus should check bus times with Walk Leader.
Leader: Liz Greig, 01592 653682 or 07919 985239

Thursday 5th April

Dundee: Forfar Loch

Grade C: 3mils/2hrs **Depart:** OCCP at 10:00 **Walk start:** Lochside Leisure Centre, Forfar at 10:30 **OS:** 54 **GR:** NO451505 **Description:** Leisurely circular walk around Forfar Loch followed by lunch in Forfar for those interested.
Leader: Sheila Wallace, 01382 320243 or 07944 570925

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 7th April

Brechin: Killiecrankie and Glen Girnaig - Bus + Meal on Return Journey

Grade C+: 9.5mls **Depart:** SNSB at 08:00 **Walk start:** NTS Killiecrankie Visitor Centre at 10:00
OS: 43 **GR:** NN917626 **Description:** Past Old Faskally and Druid on track to waterfall and intake on burn. Up river bank to bridge and join track towards Reinakyllich. Return via track on opposite bank, and via Battle site and Soldier's Leap. **Note:** Bus money and meal choice to Moira Dunbar (01356 622327) by 24 March. Forfar pickup will be arranged.

Leader: Peter & Anna Fiabane, 01307 461121 or 07743 943171, fiabanes@gmail.com

Dalgety Bay: Braidburn Park - Mortonhall Estate - Hermitage of Braids Circular

Grade C: 6mls/3hrs **Depart:** Meadowfield Bus Stop (meet by 09:00) - X58 bus leaves at 09:05
Walk start: Take Lothian Bus 11,15 or 16 to Braidburn Park Entrance, AFTER meeting leader at West End Bus Stop at 09:45 **OS:** 66 **GR:** NT246737 **Description:** A circular walk on good tracks and paths. There is a rather steep descent of steps or slope at one point. **Note:** RADO.

Leader: Matsue Williams, 0131 332 4395

Dundee: Clatto Hill, Kettlehill, Fife

Grade C+: 6.75mls/4hrs ▲201m/660ft. **Depart:** TBCP at 09:30 **Walk start:** Phone Box in centre of Kettlehill at 10:10 **OS:** 59 **GR:** NO324075 **Description:** Moderate low level route following tracks, paths and minor roads through farmland and forestry.

Leader: L Beveridge & J Cumming, 01382 730832 & 07811 462266 or 01382 642752 & 07526 237526

Dunfermline & West Fife: Ben Cleuch via Andrew Gannel

Grade B: 9mls/6hrs ▲850m/2788ft. **Depart:** LPRCP at 08:30 **Walk start:** Mill Glen car park at 10:30 **OS:** 366 **GR:** NS914974 **Description:** A circular walk on tracks and hill paths over Kings Seat, Andrew Gannel, Ben Cleuch and Ben Ever, returning by the Silver Burn. Can be shortened if weather inclement. **Note:** DWOL.

Leader: Anne Laird, 01383 727515 or 07768 860066, anne-laird@hotmail.com

Glenrothes: Forfar Path Network

Grade C+: 8mls/4.5hrs ▲350ft **Depart:** LCCP at 09:30 **Walk start:** Myre Road CP, Forfar. at 10:30 **OS:** 54 **GR:** NO454506 **Description:** A semi urban walk around Forfar, taking in Balmashanner Hill and Restenneth Priory on a mixture of paths and tracks including some tarmac. **Note:** NoSC RADO

Leader: H Morrison 01592 749170 or 07821148256 hazmgmtmor@hotmail.com

Perth: Muthill and Drummond

Grade C: 9mls ▲180m/590ft. **Depart:** ASDACP at 09:00 **Walk start:** Muthill Primary School at 10:00 **OS:** 58 **GR:** NN868170 **Description:** From Muthill via Newra and Anmore Wood to Drummond Castle and Bennybeg, then using the River Earn Path to return via Strageath and Sallyardoch Wood. **Note:** RADO.

Leader: John Andrews, 01738 827275 & 07526 884953, john@jdandrews.co.uk

Strathtay: Pitlochry to Aberfeldy

Grade C+: 9mls **Depart:** Chapel Street Bus Stop, Aberfeldy at 09:25 **Walk start:** Pitlochry Dam at 10:20 **OS:** 52 **GR:** NN935579 **Description:** A linear walk from Pitlochry Dam up Clunie Hill on farm and forest tracks. Then descending through Ballechin Wood to Strathtay and Grandtully. Follow old railway line to Aberfeldy (option to catch a bus in Grandtully). **Note:** RADO.

Leader: Joyce Cameron, 01887 840343, jemcameron@hotmail.co.uk

Sunday 8th April

St. Andrews & NE Fife: Moncrieffe Hill Circular

Grade C+: 5mils/3hrs ▲250m/820ft. **Depart:** FCPC at 09:30 **Walk start:** Turn east off A912 Edinburgh on to Rhynd Road. Take minor road for a mile where find car park on right at 10:15 **OS:** 58 **GR:** NO138210 **Description:** Beautiful woodland walk to hill summit with great views. Woodland tracks which may be muddy in places. **Note:** RADO. NoSC.

Leader: Susan Richmond & Dorothy Cameron, 01382 542516 or 01334 474305, susanrichmond@live.co.uk

Stirling & Falkirk: Up Ben Shee for the keen, round for the less enthusiastic

Grade B: 6.5mils/4hrs ▲305m/1000ft. **Depart:** LACP at 09:30 **Walk start:** Glensherup car park on A823 at 10:15 **OS:** 58 **GR:** NN972053 **Description:** This is an easy undulating walk on good paths and tracks, may be muddy in parts. There will be the option to miss out the hill climb and go round the hill instead (a C+ walk). Fabulous views. This gentle hill walk will be taken a slow pace. **Note:** RADO. NoSC. FK14 7JZ 45 Miles to start & return. Car park is one and a half mile west of Glendevon village on A823

Leader: Lorraine Milne, 01324 631661 or 07925 217341, lorrainemilne@hotmail.co.uk

Monday 9th April

St. Andrews & NE Fife: Group Committee Meeting

Meet: Cupar Fire Station Community Room at 19:00

Contact: Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

Tuesday 10th April

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Wednesday 11th April

St. Andrews & NE Fife: Mid-week Leisurely Walk: Falkland Estate Circular

Grade C: 5mils/3hrs ▲30m/100ft. **Depart:** FCPC at 13:00 **Walk start:** Car Park in Falkland Village Centre at 13:40 **OS:** 59 **GR:** NO254075 **Description:** Easy-going walk around parts of the estate, following paths and tracks through woodland. **Note:** RADO. NoSC.

Leader: Jim Forret, 01334 656137, james.forret@btinternet.com

Thursday 12th April

Dalgety Bay: Roamers ~ Dalgety Bay to Aberdour (minimal ascent)

Grade D: 4mils/2.5hrs **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **Description:** Along the Coastal Path when the daffodils are in bloom. After a refreshment opportunity, the option is to return by bus or walk back. **Note:** RADO.

Leader: Alice McEwan, 01383 822013 or 07749 388113

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 13th April

Dunfermline & West Fife: Long Weekend Meet

Meet: Braemar **Description:** See Facebook and web pages for further details. Or contact leader.

Contact: Grant Robertson, 01577 208436, 07936 738581, grobert50@tesco.net

Saturday 14th April

Blairgowrie: Pool of Muckhart, Crook of Devon, Rumbling Bridge

Grade C+: 7.5mls ▲185m/606ft. **Depart:** WCPB at 09:00 **Walk start:** Car Park, School Rd, Pool of Muckhart at 10:15 **OS:** 58 **GR:** NN999005 **Description:** Reasonably flat circular walk on good paths and farm tracks taking in Rumbling Bridge gorge. Some road walking at the beginning. **Note:** RADO.

Leader: Kathleen Frew, 01250 873805 or 07900 531159, kathleenfrew@msn.com

Dalgety Bay: Loch Glow from Maryburgh

Grade C+: 8mls/4hrs ▲300m/984ft. **Depart:** DBSCCP at 09:30 **Walk start:** At side of minor road near corner north of Maryburgh, near Kelty at 10:15 **OS:** 58 **GR:** NT137961 **Description:** A walk on tracks and paths with the option of walking to the top of Dummiefarine Hill [Grade B]. Some road walking. **Note:** RADO.

Leader: Caroline Cronie, 01383 432174 or 07557 870976

Dundee: Den of Alyth

Grade C: 7mls/3.5hrs **Depart:** CWCP at 09:45 **Walk start:** Den of Alyth Car Park at 10:30 **OS:** 53 **GR:** NO235486 **Description:** Woodland walk and drovers road across open moorland.

Leader: Linda Pirie, 01382 778490 or 07881 369442

Kinross & Ochil: Cambus, Forth & Devon

Grade C: 6mls **Depart:** KPR at 09:00 or BURN at 09:30 **Walk start:** Cambus Weirs, road parking by Diageo's at 10:00 **OS:** 58 **GR:** NS855938 **Description:** A figure of eight walk, by the rivers Forth and Devon, taking in Nature Reserve at Cambus Pools. **Note:** RADO.

Leader: Doreen Gauld, 01259 722807

Kirkcaldy: Pattiesmuir & Pitreavie Circular

Grade C+: 7.5mls **Depart:** KRSN at 09:30 **Walk start:** Car park at Primrose Lane Medical Centre, Rosyth. at 10:00 **OS:** 65 **GR:** NT109844 **Description:** By Douglasbank Cemetery, Hill House and Pitreavie Golf Course on countryside tracks, urban footpaths and rough ground. Leader will meet walkers at start of walk. **Note:** RADO. NoSC.

Leader: Alice Stein, 01383 511916

Perth: Glen Tilt Circular, Blair Atholl

Grade C+: 9.5mls ▲326m/1069ft. **Depart:** ASDACP at 09:00 **Walk start:** Old Bridge of Tilt Car Park at 10:00 **OS:** 43 **GR:** NN874662 **Description:** Up one side of the beautiful glen and return on the other. Good tracks and paths nearly all the way. **Note:** RADO.

Leader: Jim Pirie, 01738 451314 or 07923 457219

St. Andrews & NE Fife: Sidlaw Hills Circular

Grade B: 6.5mls/4hrs ▲365m/1200ft. **Depart:** FCPC at 09:30 **Walk start:** Balkello Woodland Car Park, 1.5 miles east of Kirkton of Auchterhouse (off B954/A923 north west of Dundee) at 10:30 **OS:** 54 **GR:** NO365385 **Description:** Circular walk up to Baluderon Hill to enjoy views from Sydney Scroggie Cairn. Some rough and steep sections on paths and tracks in open country that may be muddy in places. Minor road walking in places. **Note:** RADO. NoSC.

Leader: Dorothy Cameron, 01334 474305

Sunday 15th April

Forfar: Moncrieffe Hill

Grade C+: 5mls **Depart:** EGCP at 09:30 **Walk start:** Car Park off A912 on Rhynd Road at 10:30 **OS:** 58 **GR:** NO135210 **Description:** Lovely woodland walk to summit with great views.

Leader: Christine Ferguson, 01382 532384

Glenrothes: Kelty - Lochore Meadows to Blairadam forest circular

Grade C+: 9mls/4.5hrs **▲** 500ft **Depart:** LCCP at 9:30 **Walk start:** Lochore Meadows CP at 10:00
OS: 58 **GR:** NT170962 **Description:** From Lochore into Blairadam forest by Blairfordel returning by Keltyhill. Mainly forest tracks and lochside paths with some quiet road walking. Rough paths in places. Good views. **Note:** NoSC RADO Leaders will meet group at Lochore CP
Leader: C & B Barton 01383 725859 chrisbettybarton@gmail.com

Stirling & Falkirk: Crieff to Strowan

Grade C+: 8mls/5hrs **▲** 182m/600ft. **Depart:** LACP at 09:30 **Walk start:** Macrosty Park car Park, Crieff at 10:15 **OS:** 52 **GR:** NN858221 **Description:** We go along Laggan Road to Trowan then cross the River Earn to explore Strowan before returning via Lady Mary's Walk. **Note:** RADO. NoSC. PH7 4LJ 45 Miles to start & return
Leader: Colin Thomson, 01786 472726 or 07702 636505, colinbthomson@gmail.com

Thursday 19th April

Dunfermline & West Fife: Beecraigs & Cockleroy

Grade C+: 5mls/3hrs **▲** 150m/492ft. **Depart:** LPRCP at 09:30 **Walk start:** Beecraigs Park Centre car park at 10:15 **OS:** 65 **GR:** NT006746 **Description:** Forest paths through Country Park then south on tracks to Witchcraig. Back N through Country Park then W to Cockleroy. Return E to start. **Note:** DWOL.
Leader: Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 20th April

Kirkcaldy: Weekend at Blairgowrie

Meet: At time & place arranged. **Description:** Depart Friday 20th April and return Sunday 22nd April. Venue is Angus Hotel for two nights. A full programme of walks will be on the agenda.
Contact: Liz Greig, 01592 653682, 07919 985239

Saturday 21st April

Brechin: Glen Taitneach

Grade C+: 8mls **Depart:** SNSB at 09:00 **Walk start:** Car park adjacent to church at Spittal of Glenshee at 10:30 **OS:** 43 **GR:** NO110702 **Description:** Easy walk on good track to foot of Creag Dallaig. Optional extension to Loch nan Eun. Some fording.
Leader: Alison Stewart, 01307 818770

Dalgety Bay: Cupar via Cairnie

Grade C: 8mls/4.5hrs **▲** 100m/330ft. **Depart:** DBSCCP at 09:00 **Walk start:** Fluthers Car Park Cupar at 10:00 **OS:** 59 **GR:** NO377147 **Description:** Tracks from Cupar via Cairnie fruit farm, circuit of Kilmaron Hill, return by same route. **Note:** RADO.
Leader: Margaret Johnston, 01383 860725

Dunfermline & West Fife: Lochgelly & Lochore

Grade C: 6mls/2.5hrs **Depart:** LPRCP at 09:30 **Walk start:** Lochgelly High School at 10:00 **OS:** 367 **GR:** NT183946 **Description:** Tracks and paths to Lochore Meadows, round the loch and back to the start. **Note:** DWOL.
Leader: Linda Moyes, 01383 852817 or 07840 759384, lm57.moyes@gmail.com

Glenrothes: Lomond Hills - East and West Lomond circular

Grade B: 8.5mls/5hrs **▲** 1500ft **Depart:** LCCP at 09:30 **Walk start:** East Lomond CP at 10:00 **OS:** 59 **GR:** NO251058 **Description:** Walk the ridge of the Lomond Hills starting with East Lomond (you can miss out the peak) on to Craigmhead, Maidens Castle to West Lomond (again you can miss out peak) return by Ballo with great local views. **Note:** CWRA RADO
Leader: W Cumming contact by Email splish2splosh@gmail.com

Perth: Primrose Hill Loch Katrine

Grade C+: 7mils ▲289m/948ft. **Depart:** ASDACP at 09:00 **Walk start:** Loch Katrine Pier Car Park at 10:30 **OS:** 57 **GR:** NN496072 **Description:** Along the road by the shore of Loch Katrine, then climbing, sometimes steeply, through woods. After a flatter section with views, a steep zigzag descent to the loch shore for the return by road. Good paths throughout. **Note:** Car parking charges apply

Leader: Pete & Anne Trant, 01738 565075 & 07985 202934 or 07557 785696, thetrants@virginmedia.com

Sunday 22nd April

Stirling & Falkirk: Around Killin

Grade C+: 8mils/5hrs ▲152m/500ft. **Depart:** LACP at 09:15 **Walk start:** Killin Town Car Park at 10:30 **OS:** 51 **GR:** NN574332 **Description:** Explore the shore of Loch Tay on Killin's old railway lines and then cross the River Dochart into Achmore Estate and Acharn Woods to walk a part of the Rob Roy Way. **Note:** RADO. NoSC. FK21 8TP 75 Miles to start & return

Leader: Janet McNee, 01324 872205 or 07929 130582, janet.mcnee@googlemail.com

Strathtay: Loch Farleyer

Grade C+: 7mils **Depart:** CCP at 09:00 **Walk start:** Camserney at 09:15 **OS:** 52 **GR:** NN819491 **Description:** A popular walk following tracks (sometimes steep) past Weem Rock to Loch Farleyer, then paths across moorland around Weem Hill to enter woods and return by Shenavil. **Note:** RADO.

Leader: John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

Tuesday 24th April

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 26th April

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 28th April

Blaigowrie: Weem Hill Circular

Grade B: 8mils ▲400m/1312ft. **Depart:** WCPB at 09:00 **Walk start:** Camserney Village Hall at 10:15 **OS:** 52 **GR:** NN820491 **Description:** Tracks and paths over open moorland and through forests via Loch Farleyer, Weem Hill and Rawer. Good views over Tay Valley. **Note:** RADO.

Leader: Phil Taylor, 01828 633648

Dalgety Bay: Castle Law & Dumyat via Burnwarroch

Grade B+: 7mils/4.5hrs ▲700m/2296ft. **Depart:** DBSCCP at 09:30 **Walk start:** On street parking in Menstrie at 10:30 **OS:** 58 **GR:** NS849971 **Description:** A less common ascent of Dumyat by Burnwarroch [the gash up the front] Visit Castle Law then over the summit and descend to Jerah. Return through the new plantation. **Note:** RADO. NoSC. Distance, time and ascent are estimates. Check website for updates.

Leader: Ian Bruce, 01383 616062 or 07518 154237, ianbruce100@btinternet.com

Dundee: Weddersbie Hill, Grange of Lindores, Fife

Grade C+: 7mils/4hrs ▲240m/790ft. **Depart:** TBCP at 09:30 **Walk start:** Abdie & Dunbog Parish Church, Grange of Lindores at 10:00 **OS:** 59 **GR:** NO256167 **Description:** Moderately easy low level route following minor roads, paths and forest tracks. Stout footwear and gaiters recommended due to gorse growth on some sections.

Leader: L Beveridge & J Cumming, 01382 730832 & 07811 462266 or 01382 642752 & 07526 237526

Forfar:**Rait**

Grade C+: 7mils **Depart:** EGCP at 09:30 **Walk start:** CP on North side of Rait Antiques Centre at 10:30 **OS:** 53 **GR:** NO229268 **Description:** Circular walk from Rait up to Frankly Den Farm via Fingask Castle, lovely views.

Leader: Ann Clubb, 01307 461902

Perth:**Atholl Woods Circuit, Dunkeld**

Grade C+: 7mils ▲ 222m/728ft. **Depart:** ASDACP at 09:00 **Walk start:** Cally Car Park, Dunkeld at 10:00 **OS:** 53 **GR:** NO023437 **Description:** An old favourite around Atholl Woods on good tracks with excellent views. Up the track to Mill Dam and then over the hill and skirting the forest and taking in Polney Loch before returning to the start. **Note:** RADO.

Leader: Allen Bardwell, 01738 444459 or 07952 339171, allenbardwell@blueyonder.co.uk

Sunday 29th April

Glenrothes:**Perth - Kinnoull Hill - Scone Den Circular**

Grade B+: 9.5mils/5hrs ▲ 1800ft **Depart:** LCCP at 09:30 **Walk start:** Corsiehill CP, Perth at 10:30 **OS:** 58 **GR:** NO135235 **Description:** Nice varied walk taking in woodland, Scone den, Coronation road, Obelisk, McDuff tower and superb views from the top of Kinnoull hill. **Note:** NoSC RADO

Leader: L Allen 01592 748016 lesallen80@gmail.com

Kinross & Ochil:**Crieff-Trowan Circular**

Grade C+: 7.5mils **Depart:** KPR at 09:15 or BURN at 09:20 **Walk start:** Macrosty Park, Crieff at 10:00 **OS:** 58 **GR:** NN857220 **Description:** Follow River Earn to Trowan, up to the monument, through woods and up Knock Mary Hill, past the distillery and back to car park. **Note:** RADO. CWRA.

Leader: Carolyn Jenkins, 07925 972650, carolynjenkins1309@gmail.com

St. Andrews & NE Fife:**Atholl Woods Circular**

Grade C: 7mils/4hrs ▲ 220m/721ft. **Depart:** FCPC at 08:30 **Walk start:** Cally car park, north of Dunkeld—take main road north from the village, turning right at the T junction onto the A923 Blairgowrie road. The lane leading to the car park is the second left from this road. at 10:00 **OS:** 52 **GR:** NO023436 **Description:** Walk through Atholl Woods to Mill Dam and Polney Loch, with good views of the River Tay. Forestry tracks, good paths, short section on roadside verge. **Note:** RADO. NoSC. Walk Leaders will be at Cally Car Park for start of walk

Leader: Stewart & Linda Collier, 07881 596883, stewart.collier@outlook.com

Stirling & Falkirk:**Below Ben Ledi**

Grade B: 8.5mils/5hrs ▲ 228m/750ft. **Depart:** LACP at 09:30 **Walk start:** Car Park on left just beyond the Lade Inn Kilmahog, Callander at 10:15 **OS:** 57 **GR:** NN608080 **Description:** A circular walk on forest tracks beneath the lower slopes of Ben Ledi returning along by Loch Lubnaig and the Falls of Leny. **Note:** RADO. NoSC. FK17 8HB 35 Miles to start & return

Leader: Fiona McMurray, 01324 632740 or 07842 449328, fionanmcmurray@btinternet.com

Tuesday 1st May

Kirkcaldy:**Langtoun Daunderers - Circular from Seafield**

Grade C: 5mils **Depart:** KRSN at 10:00 **Walk start:** Seafield car park at 10:15 **OS:** 66 **GR:** NT280895 **Description:** Walk up minor road towards Kissing Trees Road, down to Kinghorn Loch, across golf course and return to Seafield via Coastal Path. Proposed lunch venue to be decided. **Note:** DWOL. CWRA.

Leader: Madge Poklekowska, 01592 328992, madge.p@live.co.uk

Core Paths

When planning a walk, we all make use of OS maps and sometimes such valuable resources as the Walkhighlands website as well as the many guide books around – particularly the really excellent Cicerone Guides. But don't forget we now have another resource – Core Paths. Details are available on the website for your Council.



The image above is from the interactive core path map for PK Council. You can then select a particular area and zoom down to get the real detail. Similar maps are available for the other councils in our area. Below is part of the interactive map for Fife Council.



Thursday 3rd May

Dunfermline & West Fife: Dollar Area

Grade C: 5mils/3hrs **Depart:** LPRCP at 09:30 **Walk start:** Burn beside Castle Campbell Hotel, Dollar at 10:15 **OS:** 366 **GR:** NS963979 **Description:** Old railway line and paths around the Dollar area and River Devon. **Note:** DWOL.

Leader: Maureen Paul, 01383 727875 or 07842 386718, apaspaul9@gmail.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 4th May

Brechin: Weekend at Crieff (Friday 4th to Monday 7th May)

Contact: Sheila Mather, 01356 650240

Perth: Annual Scottish Ramblers Gathering

Description: The Annual Scottish Ramblers Gathering will be based at the Station Hotel in Perth and takes place over the weekend of 4th-7th May. See Ramblers Scotland website for details of the event. Note that advanced booking will be required. **Note:** Note that this is not a Perth Ramblers organised event and John Andrews will have only limited information.

Contact: John Andrews, 01738 827275 & 07526 884953, john@jdandrews.co.uk

Stirling & Falkirk: Arran weekend

Meet: Kinloch Hotel, Blackwaterfoot at 00:05 **Description:** 4th May to 7th May. **Note:** There will a variety of walks to suit all levels on offer. Note: See Babs for further details

Contact: Babs Butler, 01324 720165, 07711 575561, barbaraabutler@btinternet.com

Saturday 5th May

Dunfermline & West Fife: Glen Tilt

Grade B: 10mils/5hrs ▲ 326m/1069ft. **Depart:** LPRCP at 09:00 **Walk start:** Old Bridge of Tilt car park at 10:30 **OS:** 386 **GR:** NN874662 **Description:** Circular walk round Glen Tilt following clear paths, tracks and minor roads with good views of the surrounding hills. **Note:** DWOL.

Leader: Alan McGuckin, 01383 731557 or 07970 172593, atmcg53@gmail.com

Glenrothes: Crail - Fife Coastal Path to Cambo circular

Grade B: 10mils/5.5hrs **Depart:** LCCP at 09:30 **Walk start:** CP along from T junction Crail at 10:30 **OS:** 59 **GR:** NO613078 **Description:** This walk combines coastal path, agricultural land around Crail with good paths and a little road walking. **Note:** NoSC RADO

Leader: G Galloway 01592752838 gwgalloway@blueyonder.co.uk

Kirkcaldy: Ceres to Drumcarrow Craig

Grade C+: 9.5mils **Depart:** KRSN at 09:00 **Walk start:** Ceres Folk Museum at 10:00 **OS:** 59 **GR:** NO400115 **Description:** Circular walk on paths, minor roads and through farmland to Drumcarrow Craig. Lovely views. **Note:** RADO. NoSC.

Leader: Margaret Miller, 01592 266956

Strathtay: Corroul to Rannoch

Grade B: 10mils **Depart:** CCP at 07:00 **Walk start:** Rannoch Station at 08:30 **OS:** 42 **GR:** NN422577 **Description:** Take 08:46 train from Rannoch Station to Corroul. Walk on new track via Peter's Rock and the old Corroul Shooting Lodge back to the Rannoch road. **Note:** RADO.

Leader: Grace Proudfoot, 07548 626285, sheffieldwoman@gmail.com

Tuesday 8th May

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 10th May

Dalgety Bay: **Roamers ~ Calton Hill to Holyrood Park (50m ascent)**

Grade D: 4mls/2hrs ▲ 50m/164ft. **Depart:** Meadowfield Bus Stop at 8.55 a.m. to catch X58 bus at 09:05 **Walk start:** Edinburgh Bus Station at 10:05 **OS:** 66 **GR:** NT258742 **Description:** Gentle ascent to top of Calton Hill and return via Holyrood Park. Return X58 buses are 10 mins past the hour. **Note:** RADO.

Leader: Ben Douglas, 01383 822715 or 07852 658675

Glenrothes: **Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 11th May

Dalgety Bay: **Weekend Away - Scotland's Hotel, Pitlochry - Fri 11th to Mon 14th**

Note: Schiehallion on Saturday - other walks will be notified to those going.

Contact: Chris Roberts, 01383 822184, 07749 757587, c-b.roberts@tiscali.co.uk

Saturday 12th May

Blairgowrie: **Glen Moy**

Grade B+: 7mls ▲ 553m/1814ft. **Depart:** WCPB at 09:00 **Walk start:** By the Bridge at 10:00 **OS:** 44 **GR:** NO403645 **Description:** A pleasant walk with a steady incline to 553m on track and path with good views. **Note:** RADO.

Leader: Anne Crombie, 01828 650308

Dalgety Bay: **Schiehallion**

Grade A: 6.5mls/5hrs ▲ 750m/2460ft. **Walk start:** Braes of Foss Car Park [£2(?) charge] at 10:00 **OS:** 52 **GR:** NN753556 **Description:** One of the easier Munros, with superb views, but very bouldery terrain near the summit. **Note:** RADO.

Leader: Audrey Robertson, 01383 860569 or 07720 980715

Dundee: **Mount Keen**

Grade A: 11mls/7hrs ▲ 810m/2657ft. **Depart:** OCCP at 08:15 **Walk start:** Invermark Car Park at 09:30 **OS:** 44 **GR:** NO446804 **Description:** From Invermark to Mount Keen via Queenswell and return. **Note:** (There MAY be the option of a shorter walk to Queenswell so check Facebook page or website nearer the time.)

Leader: Peter Hargraves, 01307 462882 or 07986 423328

Kinross & Ochil: **Dumyat by the Hill Path**

Grade C+: 5mls ▲ 290m/951ft. **Depart:** KPR at 08:45 or BURN at 09:15 **Walk start:** Pendreich Forestry Car Park at 10:00 **OS:** 57 **GR:** NS810975 **Description:** A fairly gentle route to the top of Dumyat with superb views of Stirling, the Central Belt, the Ochils and beyond. **Note:** RADO. CWRA.

Leader: Susan Tester, 01786 834535

Perth: **Tracks to Loch Skiach**

Grade B: 9.5mls ▲ 450m/1476ft. **Depart:** ASDACP at 09:00 **Walk start:** Balmacneil on the B898 by the Kinnaird Estate at 10:00 **OS:** 52 **GR:** NN976507 **Description:** Head up the track from the car parking to reach Loch Skiach and lunch at the fisherman's hut. Double back round the loch and at the head cross to the main path and then back down to another hut for a short break before returning by road. **Note:** RADO.

Leader: Gil McGeachy, 01738 583940 or 07946 655068, gil.mcgeachy@gmail.com

Sunday 13th May

Forfar: **Coupar Angus Loop**

Grade C: 5mls **Depart:** EGCP at 09:30 **Walk start:** Coupar Angus Cross at 10:00 **OS:** 54 **GR:** NO231408 **Description:** From Market Cross via track down Buttery Bank, then follow riverside path until sign for Townhead, Meadows Farm then path through wooded strip & round the Maltings and over stream returning to the town.

Leader: Janette & Ross Henderson, 01307 467721

Glenrothes: Glenrothes - Star Moss Circular

Grade C+: 9mils/4.5hrs **▲**600ft **Depart:** LCCP at 09:30 **Walk start:** Lomond Centre CP at 09:45
OS: 59 **GR:** NO285008 **Description:** A variation of a popular walk starting from the Lomond Centre, an easy circular walk through woodland using paths and rights of way to Cuinin Hill, Star Moss and Balbirnie Estate (with a little road walking). **Note:** CWRA DWOL
Leader: W Cumming contact by Email splish2splosh@gmail.com

St. Andrews & NE Fife: Killiecrankie Circular

Grade B: 8.5mils/4.5hrs **▲**274m/900ft. **Depart:** FCPC at 09:30 **Walk start:** National Trust Visitor Centre at Killiecrankie at 11:00 **OS:** 43 **GR:** NN917626 **Description:** Walk follows tracks and minor roads to waterfall with good views. Some steep sections. May be muddy in places. **Note:** RADO. NoSC. May be car park charge for non-NT members
Leader: Jim Coates, 01337 831113, jcoates1944@gmail.com

Stirling & Falkirk: Garry Gorge, Rivers Garry and Tummel

Grade B: 8.5mils/4.5hrs **▲**50m/164ft. **Depart:** LACP at 09:30 **Walk start:** Garry Bridge car park at 10:45 **OS:** 43 **GR:** NN914610 **Description:** Triple loop walk by rivers, loch and woods in the lovely Perthshire countryside. **Note:** RADO. NoSC. PH16 5LE 120 Miles to start & return
Leader: John Ferguson, 01324 823230 or 07966 044794, john-ferguson@blueyonder.co.uk

Tuesday 15th May

Dundee: Dinner at Dundee and Angus College

Meet: Kingsway Campus, Dundee at 18:00 **Description:** Dinner at Dundee and Angus College Training Restaurant at Kingsway Campus, Dundee. Cost £17. If you want to go please contact Linda by 10th April (maximum number of 35 so first come first served). **Note:** Please also let Linda know if you have any food allergies or dietary requirements.
Contact: L Beveridge, 01382 730832, 07811 462266

Wednesday 16th May

St. Andrews & NE Fife: Mid-week Leisurely walk: Loch Ore Circular

Grade C: 4.5mils/2.5hrs **▲**91m/300ft. **Depart:** FCPC at 09:00 **Walk start:** Lochore Meadows Country Park Centre car park, south west of Glenrothes at 10:00 **OS:** 59 **GR:** NT170961
Description: Easy walk round Lochore Meadows Country Park and Harra Hill, where there are fine views of the park and over the Clune, where there are archaeological features dating back to the Bronze Age. Good paths, toilets and cafe. **Note:** RADO. Walk Leaders will be at Walk Start in Lochore Meadows
Leader: Stewart & Linda Collier, 07881 596883, stewart.collier@outlook.com

Thursday 17th May

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 18th May

Perth: Perth Ramblers Weekend Away to Bute

Description: The Perth Ramblers Weekend Away to the Isle of Bute from Friday 18th May to Monday 21st May staying at the Glenburn Hotel on Bute or accommodation arranged individually. Sharing of lifts to be arranged nearer the time. Arrive around midday. **Note:** Deposits for the Glenburn have been paid and the balance is required before 20th April to Pete Trant Treasurer.
Contact: Trevor Abell, 01738 813123 & 07913288098, tmbabell@gmail.com



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Saturday 19th May

Brechin:

Fortingall - a Walk through History. Bus & Meal on Return Journey

Grade C+: 6mils **Depart:** SNSB at 08:00 **Walk start:** Fortingall Church car Park at 10:00 **OS:** 52 **GR:** NN742470 **Description:** Up Drummond Hill to An Dun Geal Fort for good views. Over hill to Balnald farm. Follow river to Peter's Pool. Return through fields full of archaeology. **Note:** Bus money and meal choice to Walk leader by 05 May. Forfar pickup can be arranged.

Leader: Sheila Mather, 01356 650240

Dalgely Bay:

Dirleton Circular

Grade C: 7mils/4hrs **▲**20m/65ft. **Depart:** DBSCCP at 09:00 **Walk start:** North side Dirleton Village Green at 10:30 **OS:** 66 **GR:** NT515841 **Description:** Circular walk beginning and ending on the John Muir Trail. Waymarked paths with some rocky beach. **Note:** RADO.

Leader: Ben Douglas, 01383 822715 or 07852 658675

Dundee:

Dunkeld Loch of Lowes Circular

Grade B: 8mils/4.5hrs **Depart:** CWCP at 09:00 **Walk start:** Dunkeld Car Park, North End at 10:00 **OS:** 53 **GR:** NO026428 **Description:** Walk through woods and tracks to Loch with minimal ascents. Return via Bluebell Woods.

Leader: Linda Pirie, 01382 778490 or 07881 369442

Dunfermline & West Fife:

Glenearn Hills

Grade B: 7mils/4hrs **▲**390m/1279ft. **Depart:** LPRCP at 09:30 **Walk start:** Opposite entrance to Kilgraston House School at 10:15 **OS:** 369 **GR:** NO129174 **Description:** Over West Dron and Glenearn Hills to Castle Law fort. Tracks, paths and farm roads. **Note:** DWOL. Not yet rec'd. Detail and walk start may change. Check Ramblers web site nearer the date.

Leader: Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

Glenrothes:

Edinburgh - Blackford and Braid Hills circular

Grade C+: 6mils/4hrs **▲**1220ft **Depart:** Glenrothes Bus Station at 9:30 **Walk start:** Comiston Rd, Edinburgh at 11:15 **OS:** 66 **GR:** NT242695 **Description:** A varied walk through a quiet glen with two climbs giving great views. Meet at Glenrothes Town Centre bus station at 9.30 to catch X59 bus at 9.40 or Halbeath at 10.00. Leave bus at Debenham's, Princes Street for Lothian bus 15 or 11 to Comiston Road. **Note:** NoSC RADO Please note change of meeting place from LCCP. Leaders will join walkers on bus at Halbeath.

Leader: R and M Fairgrieve 07761 753437 rosfairgrieve@gmail.com

Kirkcaldy:

Coul Den & Braes Loan

Grade C: 8.5mils **Depart:** KRSN at 09:30 **Walk start:** Balbirnie Park, Markinch, public car park at 10:00 **OS:** 59 **GR:** NO292018 **Description:** Circular route mainly on cycle paths and footpaths by Gilvenbank Park to Coul Reservoir and the Coul Burn Path. Return by Braes Loan. **Note:** DWOL. NoSC.

Leader: Ruth Beddall, 01592 260578

Sunday 20th May

Dundee:

Leuchars to Tentsmuir

Grade C: 10mils/5hrs **Depart:** TBCP at 10:10 **Walk start:** Leuchars Railway Station Car Park at 10:30 **OS:** 59 **GR:** NO450208 **Description:** Walk from Leuchars to Tentsmuir Beach and return.

Leader: Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

Stirling & Falkirk:

Conic Hill and Milarrochy Bay

Grade B: 5mils/4hrs **▲**340m/1115ft. **Depart:** LACP at 09:30 **Walk start:** Balmaha Car Park at 10:15 **OS:** 56 **GR:** NS421909 **Description:** From Balmaha Car Park ascend Conic Hill via West Highland Way. Descend to Arrochymore and follow road to Milarrochy Bay. Return along loch-side path to Craigie Fort and Balmaha. **Note:** RADO. NoSC. G63 0JQ 50 Miles to start & return

Leader: Wraight Shepherd, 01786 475137 or 07753 941564, wraight.shepherd@talk21.com

Strathtay: Newton Bridge to Amulree

Grade C+: 10mls ▲220m/721ft. **Depart:** CCP at 09:00 **Walk start:** Newton Bridge at 09:30 **OS:** 52 **GR:** NN889314 **Description:** From Newton Bridge, take the track along Glen Almond to Auchnafree, then path up over lovely Glen Lochan, and follow track along Glen Quaich to Amulree. **Note:** RADO.

Leader: John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

Tuesday 22nd May

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 24th May

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 26th May

Blairgowrie: Crieff - Bairds Monument - Knock Mary Circular

Grade C+: 8mls ▲250m/820ft. **Depart:** WCPB at 09:00 **Walk start:** Car Park at 10:00 **OS:** 368 **GR:** NN858221 **Description:** West along riverside and farm track to Trivan, ascending hill to Baird Monument(optional), road walk south to Upper Strowan then on to hillside leading to Knock Mary and back to Crieff. **Note:** RADO.

Leader: Jean Stewart, 01250 873852

Dalgety Bay: Torduff & Clubbiedean Reservoirs and Harbour Hill Circular

Grade B: 8.5mls/4.5hrs ▲400m/1312ft. **Depart:** DBSCCP at 09:30 **Walk start:** Dregghorn Junction of Edinburgh City Bypass Road at 10:15 **OS:** 66 **GR:** NT227680 **Description:** A circular walk on good tracks and paths passing Torduff and Clubbiedean reservoirs and over Harbour Hill. **Note:** RADO.

Leader: Matsue Williams, 0131 332 4395

Dundee: Acharn to Aberfeldy (by coach)

Grade B: 9.5mls ▲350m/1150ft. **Walk start:** Dundee Riverside Drive next to Bridgeview Restaurant at 09:00 **OS:** 52 **GR:** NO385292 **Description:** Scenic walk with rewarding views. Meal stop on the way home. **Note:** Bus will depart from Forfar Tesco at 8.30am then come to Dundee.

Leader: Pat Hargraves & Martha McCallin, 01307 462882 or 01307 462277

Forfar: Minister's Path Circular

Grade B+: 7mls **Depart:** EGCP at 09:30 **Walk start:** Glenprosen Village Car Park at 10:30 **OS:** 44 **GR:** NO327658 **Description:** Circular walk from Prosen Village Car Park via forestry track to Buckhood then Hill track up Glen Cally onto Minister's Path and return. **Note:** RADO.

Leader: David Anderson, 01382 370980 or 07510 182157

Perth: Enochdhu to Spittal of Glenshee

Grade B: 10mls ▲200m/656ft. **Depart:** ASDACP at 08:45 **Walk start:** Enochdhu (Recycling Car Park) at 10:00 **OS:** 43 **GR:** NO062628 **Description:** From Enochdhu to the Spittal of Glenshee and return. This walk picks up the final section of the Cateran Trail through a forest plantation and across a remote grouse moor. Great views if the weather is good. **Note:** RADO.

Leader: Mike Brown, 01738 446330 & 07825 014442, mikebrown1957@btinternet.com

St. Andrews & NE Fife: Almondbank Circular

Grade C+: 7.5mls/4hrs ▲200m/656ft. **Depart:** FCPC at 09:15 **Walk start:** Car park at George V Jubilee Park, Main St, Methven at 10:30 **OS:** 58 **GR:** NO029259 **Description:** Moderate route following woodland track, riverside path and minor roads to Dalcrue, then alongside River Almond, returning via Almondbank to Methven. **Note:** RADO. NoSC. Leader will meet at walk start

Leader: Susan Richmond, 01382 542516, susanrichmond@live.co.uk

Sunday 27th May

Glenrothes: Dundee Law Circular

Grade C+: 7mils/4hrs ▲550ft **Depart:** LCCP at 9:30 **Walk start:** Dundee Esplanade CP (Free on Sundays) at 10:15 **OS:** 54 **GR:** NO400295 **Description:** Urban walk to top of the Law. (175m Ascent) Walk passes various points of interest, Lochee & Balgay Hill. Great Views. Walk is on paths and pavements with 2 steep sections, and many steps. **Note:** CWRA DWOL
Leader: H Morrison 01592 749170 or 07821148256 hazmgtmor@hotmail.com

Kinross & Ochil: Loch Ordie

Grade B: 10mils **Depart:** KPR at 09:00 or BURN at 08:45 **Walk start:** Cally Car Park at 10:00 **OS:** 53 **GR:** NO024437 **Description:** Walk on tracks to Mill Dam, then on to Loch Ordie, returning via Dowally and Rotmell Lochs. **Note:** RADO.
Leader: Margaret Best, 01577 864112.

Kirkcaldy: Dunkeld river walk

Grade C: 7mils **Depart:** KRSN at 09:00 **Walk start:** Dunkeld car park at 10:15 **OS:** 52 **GR:** NO026428 **Description:** From car park, follow riverside path past Cathedral going north. Cross over river at bridge on A9 trunk road and take a forest walk to The Hermitage. Return to Dunkeld by riverside path on west bank of River Tay. **Note:** RADO. CWRA.
Leader: Madge Poklekowska, 01592 328992, madge.p@live.co.uk

Stirling & Falkirk: Kinclaven Woods Bluebell Walk

Grade C: 6mils/3hrs ▲150m/492ft. **Depart:** LACP at 09:30 **Walk start:** Ballathie House Hotel at 10:30 **OS:** 53 **GR:** NO143373 **Description:** A wander through the famous bluebell woods near Kinclaven plus a delightful walk along the banks of the River Tay. **Note:** RADO. NoSC. PH1 4QN 90 Miles to start & return
Leader: Colin Thomson & Hilary Thomson, 01786 472726 or 07702 636505, colinbthomson@gmail.com

Thursday 31st May

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 1st June

Kinross & Ochil: Weekend Away in Aberfoyle

Meet: Rob Roy Hotel, Aberfoyle at 15:00 **Description:** Friday to Sunday, with both long and short walks available. Beautiful countryside.
Contact: Susan Tester, 01786 834535

Saturday 2nd June

Brechin: Backwater Dam

Grade C: 8mils **Depart:** SNSB at 09:00 **Walk start:** Backwater Dam Car Park at 10:00 **OS:** 53 **GR:** NO251589 **Description:** Easy circular walk up one side of reservoir to Glenhead Farm. Return down other side of reservoir.
Leader: Agnes Cleland, 01561 378141, agnes.cleland@btinternet.com

Glenrothes: Abernethy - Pitmedden Forest to Pitcarlie Hill circular

Grade B: 8mils/4.5hrs ▲1300ft **Depart:** LCCP at 09:30 **Walk start:** The Tower, Abernethy (park on Main Street) at 10:00 **OS:** 58 **GR:** NO190164 **Description:** From Abernethy Tower, climb to Tarduff Hill and through Pitmedden forest to Pitcarlie Hill return by Craigden **Note:** NoSC RADO
Leader: J Duncan 01337 831888 john@johnandmorven.co.uk

Kirkcaldy: Linlithgow Circular

Grade C: 8mils **Depart:** KRSN at 09:00 **Walk start:** St Ninian's car park, Bo'hess Road, Linlithgow. at 10:00 **OS:** 65 **GR:** NS997771 **Description:** Head for canal, continue to aqueduct, follow River Avon back to Linlithgow Bridge and finish with a circuit of the loch. Last day for payment of evening meal on 9th June. **Note:** DWOL. CWRA.
Leader: Liz Greig, 01592 653682 or 07919 985239

Perth: St Andrews to Craigtoun Park

Grade C+: 10mils ▲105m/344ft. **Depart:** ASDACP at 09:00 **Walk start:** Park and Ride car park on North Haugh at 10:00 **OS:** 59 **GR:** NO502169 **Description:** A lollipop shaped walk from St Andrews along the Lade Braes to Craigtoun Park and back, following the Kinness Burn to the sea and around some of the historical sights. **Note:** RADO.
Leader: Tara Harper, 07762 265869, rugpurcat@hotmail.co.uk

Strathtay: Ben Vrackie

Grade B: 5.5mils ▲610m/2001ft. **Depart:** CCP at 09:00 **Walk start:** Ben Vrackie CP at 09:30 **OS:** 52 **GR:** NN944597 **Description:** Climb Ben Vrackie on good path from above Moulin, passing Loch a'Choire. Excellent views. **Note:** RADO.
Leader: Bill McEwan, 01796 472780, billmcewan40@gmail.com

Sunday 3rd June

Dunfermline & West Fife: Glas Maol via the Monega Road

Grade B+: 11mils/6.5hrs ▲750m/2460ft. **Depart:** LPRCP at 08:30 **Walk start:** Auchavan, the public road end, head of Glen Isla at 10:15 **OS:** 52 **GR:** NO192698 **Description:** A Grampian Munro from Glen Isla via and old hill track giving spectacular views into a remote, rocky amphitheatre. **Note:** DWOL.
Leader: Grant Robertson, 01577 208436 or 07936 738581, grobert50@tesco.net

Stirling & Falkirk: Bracklinn Falls and Scout's Pool Callander

Grade C+: 7mils/3.5hrs ▲325m/1066ft. **Depart:** LACP at 09:30 **Walk start:** Ancaster Square, Callander at 10:15 **OS:** 57 **GR:** NN628081 **Description:** Walk to the Bracklinn Falls from Callander and on to Scout's Pool returning through woods above Callander. **Note:** RADO. NoSC. FK17 8BL 35 Miles to start & return
Leader: Betty Brodie, 01324 556762 or 07936 380395, bettybrodie@aol.com

Monday 4th June

St. Andrews & NE Fife: Group Holiday to Melrose from 4th to 8th June

Meet: Waverley House Hotel, Melrose, if wish to join 'taster' walk at 14:00 **Description:** Group Holiday will include range of walks each day as agreed by those attending. Holiday is fully booked but if able to arrange own accommodation, contact Leader. Leader will advise when final payment for hotel is due. **Note:** Individuals who have booked holiday should make own travel arrangements. If need help with transport, contact Leader
Contact: Jim Coates, 01337 831113, jcoates1944@gmail.com

Tuesday 5th June

Dalgety Bay: Ladybank Woods Circular

Grade C: 6mils/3hrs **Depart:** DBSCCP at 09:30 **Walk start:** Monkstown Wood Car Park on the B938 (from A92 to Ladybank) at 10:15 **OS:** 59 **GR:** NO297095 **Description:** Flat walk through woods around Ladybank. Mainly forest tracks with some road walking. **Note:** RADO.
Leader: Heather Haines & Rose Nutt, 01383 822187 & 07990 660724 or 01383 822669 & 07494 235392

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Kirkcaldy: **Langtoun Daunderers - Aroond & Aboot Station End Kirkcaldy**
Grade C: 5mls **Depart:** KRSN at 10:00 **Walk start:** Kirkcaldy Railway Station North at 10:05 **OS:** 59 **GR:** NT275918 **Description:** Up through woods off Oriel Road, cross over the road and proceed down through Raith Woods to Raith Lake then proceed in and around Beveridge Park. Possible lunch venue - 'The Beveridge Park Hotel'. **Note:** DWOL. CWRA.
Leader: Joan Bizzarri, 01592 269323 or 07851 702935, bizzarri.joan6@gmail.com

Wednesday 6th June

Dundee: **Cupar to Cairnie Fruit Farm and return**
Grade C: 5mls/2.5hrs **Depart:** TBCP at 12:45 **Walk start:** Fluthers Car Park, Cupar at 13:30 **OS:** 59 **GR:** NO378147 **Description:** Easy country walk on quiet roads and tracks to Cairnie Fruit Farm for refreshments. Return the same way. Slight incline at the start.
Leader: Moira Dobson, 01382 459543 or 07792 140781

Thursday 7th June

Dunfermline & West Fife: **The Pineapple and Dunmore - Evening Walk**
Grade C: 4mls/2hrs **Depart:** LPRCP at 18:00 **Walk start:** Pineapple car park at 18:30 **OS:** 65 **GR:** NS888884 **Description:** Explore paths around the Pineapple (could be muddy) then along good tracks to Dunmore village and back. **Note:** DWOL.
Leader: Margaret Graham, 01383 738429 or 07745 219494, margaret.graham@live.co.uk

Glenrothes: **Strollers Walk**
All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 9th June

Blairgowrie: **Falkirk Wheel and Walk**
Grade C: 8mls **Depart:** WCPB at 09:00 **Walk start:** Falkirk Wheel Car Park at 10:30 **OS:** 65 **GR:** NS854801 **Description:** There will be the opportunity to experience the Falkirk wheel and enjoy a walk in the area. A meal is also being arranged. Full details will be sent out once a recce has been completed. **Note:** RADO. See newsletter for details and book through Madeleine McIntosh Tel 01250 872005 maddiesworld@outlook.com
Leader: Mike Morris, 01828 632548, morriskilry@gmail.com

Dalgety Bay: **Pentlands from Nine Mile Burn**
Grade B+: 11mls ▲ 700m/2296ft. **Depart:** DBSCCP at 09:00 **Walk start:** Nine Mile Burn, just off A702 at 10:00 **OS:** 65 **GR:** NT177577 **Description:** Cap Law, West Kip, East Kip, Scald Law, then down to The Howe, skirt round Hare Hill and back to Nine Mile Burn. **Note:** RADO.
Leader: Andrew Lees, 07901 806024

Kinross & Ochil: **Glen Tarken**
Grade C+: 8mls ▲ 450m/1476ft. **Depart:** KPR at 09:00 or BURN at 08:30 **Walk start:** St Fillans car park on A85 beside Loch Earn- as close as possible to Four Seasons Hotel. at 10:00 **OS:** 51 **GR:** NN688247 **Description:** Circular route through Glen Tarken, on tracks up one side of the glen and return on other side. A steep climb up forestry road at start.. **Note:** RADO.
Leader: Moira McCauley & Ann Eve, 01383 839795 & 07484 718783 or 01577 863887

Kirkcaldy: **Bill Gibson Memorial Walk - Leven Circular & Evening Meal**
Grade C+: 8mls **Depart:** KRSN at 10:30 **Walk start:** Public car park at south end Leven prom. at 11:00 **OS:** 59 **GR:** NO382005 **Description:** Follow course of River Leven to Windygates then proceed along a multi-user track and minor roads to Letham Glen. Return via Blacketyside, Silverburn and coastal path. Evening meal is at Upper Largo Hotel where non walkers may join us. **Note:** RADO. CWRA. Booking & payment for evening meal to Liz Greig (tel 01592 653682) by 2nd June.
Leader: Morna Scriven, 01592 268172 or 07762 712721

Perth: Balmuick and Braefordie

Grade C+: 9mls ▲400m/1312ft. **Depart:** ASDACP at 09:00 **Walk start:** Golf Club Car Park at the east end of Comrie at 10:00 **OS:** 51 **GR:** NN777223 **Description:** Through Laggan Wood to Balmuick and then over moor to Braefordie with an optional visit to the stone circle before returning to Comrie. **Note:** RADO.

Leader: Roger Brickell, 01764 656114 or 07733 317725, rogerbrickell@icloud.com

Stirling & Falkirk: A leisurely undemanding walk around Gargunnoch.

Grade D: 4mls/2hrs ▲50m/164ft. **Walk start:** Gargunnoch Main Street opposite pub. at 15:00 **OS:** 57 **GR:** NS705944 **Description:** A stroll around the perimeter paths of Gargunnoch arriving back at the Gargunnoch Inn for tea. Nice menu in Gurgunnoch Inn. **Note:** RADO. NoSC. FK8 3BW 15 Miles to start & return. NOTE no LACP meet as it isn't free on Saturdays.

Leader: Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Sunday 10th June

Dundee: Sidlows Walk

Grade B: 6mls/3.5hrs ▲300m/984ft. **Depart:** CWCP at 10:00 **Walk start:** Balkello Community Car Park at 10:30 **OS:** 54 **GR:** NO365385 **Description:** Walk over rough tracks and heather moor to Balkello Hill and Auchterhouse Hill.

Leader: Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

Forfar: Airlie Monument

Grade C+: 5.5mls **Depart:** EGCP at 09:30 **Walk start:** Car Park off Glen Prosen Road at 10:00 **OS:** 44 **GR:** NO328658 **Description:** Climb up to the monument then level to woods. Lovely views. Down hill to the road and back. If weather is misty route can be changed.

Leader: Ann Clubb, 01307 461902

Glenrothes: Kirriemuir - Glen Prosen the Minister's path circular

Grade B: 9mls/5hrs ▲1500ft **Depart:** LCCP at 9:30 **Walk start:** Disused quarry at Buckhoo at 11:00 **OS:** 44 **GR:** NO349634 **Description:** A circular walk round Glen Prosen incorporating a section of the Minister's path and with a number of moderate ascents. **Note:** NoSC RADO

Leader: C Mackie & T McLaren 07903132319 tmclaren39@gmail.com

Stirling & Falkirk: The Brack (Corbett)

Grade A: 8mls/6hrs ▲787m/2582ft. **Depart:** LACP at 09:30 **Walk start:** Ardgartan Visitor Centre at 10:45 **OS:** 56 **GR:** NN269037 **Description:** This walk has steep ascents and descents but is rewarded by fine views to the south side of The Cobbler, Ben lme etc and all round. **Note:** RADO. NoSC. G83 7AR 105 Miles to start & return

Leader: Drew McBride, 01786 479213 or 07933 541764, mcbride169@btinternet.com

Tuesday 12th June

Dundee: Newtyle Railway Line

Grade C: 6mls/3hrs **Depart:** CWCP at 10:00 **Walk start:** Car Park, North Street, Newtyle at 10:30 **OS:** 53 **GR:** NO298415 **Description:** Circular walk on disused rail tracks, country roads and woodland. Ascent minimal.

Leader: Sheila Wallace, 01382 320243 or 07944 570925

Thursday 14th June

Dalgety Bay: Roamers ~ Aberdour to Burntisland (minimal ascent)

Grade D: 4mls/2hrs **Depart:** Meadowfield Bus Stop at 9.30 - No. 7 BUS LEAVES at 09:39 at 09:03 **Walk start:** Aberdour Rail Station at 10:00 **OS:** 65 **GR:** NT191854 **Description:** A walk along a section of the Fife Coastal Path, finishing with a short circuit of Burntisland. **Note:** RADO.

Leader: June Wright, 01383 822358

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.



Forfar Ramblers confront Glamis Resident

Friday 15th June

Kirkcaldy: **Winter 2018 - 2019 Walk's Programme**

Description: Please send suggestions for winter walk's programme to Brian Clark (Walk's Prog. Co-Ord.) by 1st July.

Contact: Brian Clark, 01592 784553, bjclark@live.co.uk

Saturday 16th June

Brechin: **Glen Lethnot Circuit**

Grade B: 10mls **Depart:** SNSB at 09:00 **Walk start:** Glen Lethnot Road, just past Tillibardine road end. at 10:00 **OS:** 44 **GR:** NO485733 **Description:** Up Broom Craig and past Little Black Hill to Black Hill. Return by West Knock and Clash of Wirren.

Leader: Morag Boyd & Nancy McFarlane, 01674 830657 or 01356 626299, morag.boyd1@btinternet.com

Dalgety Bay: Eddleston - Black Barony Circular

Grade C+: 8mils/4hrs **Depart:** DBSCCP at 09:30 **Walk start:** Old Scots Pine Tea Rooms at 10:30
OS: 73 **GR:** NT244480 **Description:** Well waymarked circular route via Darnhall, Cloich Forest Loop and Fairydean Burn. Good paths and tracks but parts of the final section can be muddy.
Note: RADO.

Leader: Alistair Robb, 01383 820632 or 07757 809102

Dundee: Cloan Glen, Auchterarder, followed by High Tea

Grade C+: 6mils/3.5hrs **▲**250m/820ft. **Depart:** CWCP at 11:00 **Walk start:** Crown Inn Wynd Car Park (first left after traffic lights after coming from Perth on main road in Auchterarder. at 12:00
OS: 58 **GR:** NN943127 **Description:** Very varied walk in a lovely glen comprising woodland and farmland with part of the walk following the Cloan Burn. Stunning views over Auchterarder and Craig Rossie. Mainly paths and tracks with minor road walking. **Note:** Followed by High Tea (provisionally booked the Golf Club in Auchterarder at a cost of £10 pp). Names to Jean by end May.

Leader: Moira Dobson & Jean MacGillivray, 01382 459543 & 07792 140781 or 01382 623052 & 07932 014859

Dunfermline & West Fife: Alloa to Cambus and return

Grade C: 7.5mils/3hrs **Depart:** LPRCP at 09:30 **Walk start:** Path leading to Alloa Tower at junction with Tesco car park at 10:00 **OS:** 366 **GR:** NS888926 **Description:** Mostly level tracks and paths. **Note:** DWOL.

Leader: Linda Moyes, 01383 852817 or 07840 759384, lm57.moyes@gmail.com

Glenrothes: Amulree - Glen Quaich circular

Grade B: 8mils/5hrs **▲**1400ft **Depart:** LCCP at 09:30 **Walk start:** Amulree CP (voluntary donation) at 10:45 **OS:** 52 **GR:** NN898363 **Description:** A scenic walk with 1400 ft climb over the pass to Allt na Molne returning by Glen Quaich with scenic views of Loch Freuchie. **Note:** CWRA RADO Leaders will meet group at Amulree

Leader: C & B Barton 01383 725859 chrisbetybarton@gmail.com

Kirkcaldy: Melrose to Lauder on The Southern Upland Way

Grade B: 10mils **▲**335m/1100ft. **Depart:** KRSN at 08:30 **Walk start:** Bus stop at The Avenue, opposite The Golden Bannock and The Flat Cat Gallery, Lauder at 10:30 **OS:** 73 **GR:** NT530476 **Description:** Walk follows a section of the Southern Upland Way, following paths & tracks over moorland. Easter Housebyres to Woodheads Hill is quite exposed. **Note:** RADO. NoSC. There is a small car park and on-street parking nearby to start point. We will take the No 61 bus at 10.45am to Melrose.

Leader: Mike Livesey, 07783 201492

Perth: Perth Ramblers Bus Trip Day

Meet: ASDACP at 08:00 **Description:** Bus Trip day to Milnagvie. Tickets at £7 from Lynn Salvin (book early to avoid disappointment). A variety of walks and activities planned for the day. **Note:** The bus leaves ASDA sharp at 8 am.

Contact: Lynn Salvin, 01738 634628, 07712 298939

St. Andrews & NE Fife: Aberdour--Cullaloe Hills Circular

Grade B: 9mils/5hrs **▲**182m/600ft. **Depart:** FCPC at 09:30 **Walk start:** Aberdour Railway Station at 10:30 **OS:** 66 **GR:** NT192854 **Description:** Circular walk mainly on farm tracks and woodland paths and tracks from Aberdour via Old North Road, Cullaloe Hills and Goat Quarry. **Note:** RADO. NoSC.

Leader: Will MacKay, 01334 652903

Stirling & Falkirk: Dunblane to Kinbuck Circular

Grade C+: 8.5mils/4hrs **▲**15m/50ft. **Depart:** LACP at 09:30 **Walk start:** Cathedral Car Park Dunblane at 10:15 **OS:** 57 **GR:** NN781014 **Description:** An interesting walk following the River Allan from Dunblane, mainly on good paths. **Note:** RADO. NoSC. FK15 0AW 15 Miles to start & return NOTE this is a Saturday walk

Leader: Val Smith, 01786 470976 or 07828 149859, vps6@iname.com

Sunday 17th June

Dundee: Schiehallion

Grade A: 6mls/7.5hrs ▲733m/2404ft. **Depart:** CWCP at 09:00 **Walk start:** Braes of Foss at 10:00 **OS:** 51 **GR:** NN753557 **Description:** From car park follow well defined path over moorland, steep ascent to boulder field onto summit. Returning same way.

Leader: David Banks, 01382 858495 or 07719 382703

Strathray: Meall an t-Seallaidh

Grade B: 8mls ▲710m/2329ft. **Depart:** CCP at 09:00 **Walk start:** Balquhiddier Auld Kirk at 10:00 **OS:** 57 **GR:** NN535210 **Description:** Ascend Meall an t-Seallaidh, a Corbett in the Trossachs, via Kirkton Glen from Balquhiddier, where Rob Roy is buried. The Gaelic name means Hill of the View. **Note:** RADO.

Leader: Jenny Rees, 07979 608496, jenny.rees@virgin.net

Tuesday 19th June

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Wednesday 20th June

Dunfermline & West Fife: Benarty Hill round - Evening walk

Grade B: 2mls/2.5hrs ▲200m/656ft. **Depart:** LPRCP at 18:00 **Walk start:** Start of forest track on minor road between Lochran and Balingry at 18:30 **OS:** 367 **GR:** NT159969 **Description:** Short forest and hill walk to fine summit with extensive views. **Note:** DWOL.

Leader: Grant Robertson, 01577 208436 or 07936 738581, grobert50@tesco.net

St. Andrews & NE Fife: Mid-week Leisurely walk: Auchtermuchty Common

Grade C: 4mls/2.5hrs ▲140m/459ft. **Depart:** FCPC at 09:00 **Walk start:** Burnside in Auchtermuchty--300 yds on B936 north from village centre cross-roads at 10:00 **OS:** 58 **GR:** NO239117 **Description:** A pleasant circuit climbing through farmland above Auchtermuchty with good views across to the Lomond Hills, returning through wood and common land. Minor roads, tracks and paths. **Note:** RADO. NoSC.

Leader: Stewart & Linda Collier, 07881 596883, stewart.collier@outlook.com

Thursday 21st June

Brechin: Winter Walks Meeting

Meet: St Andrews Church Hall, Brechin at 19:00

Contact: Linda Robbie, 01307 464512, lnr1@btinternet.com

Dundee: Walks Planning Meeting

Meet: Methodist Church Hall, Marketgait, Dundee at 19:30 **Description:** All members welcome to exchange ideas and offer suggestions for walks and outings. Offers to lead walks would be most welcome and experienced leaders will help anyone who has never led a walk before. Tea and coffee provided.

Contact: Joyce Cumming, 01382 642752, 07526 237526, joyce@cumming14.plus.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 23rd June

Blairgowrie: Cat Law

Grade B+: 6.5mls ▲616m/2020ft. **Depart:** WCPB at 09:15 **Walk start:** Road Side Parking at 10:00 **OS:** 44 **GR:** NO295586 **Description:** Walk to rounded summit of Cat Law which divides lower Glen Prosen from Strathmore. Excellent views over the rich farmland of Angus. **Note:** RADO.

Leader: Irene Rintoul, 01250 870463

Dundee: Methven Wood, Methven, Perth and Kinross

Grade C+: 7.5mls/4hrs ▲201m/660ft. **Depart:** CWCP at 09:30 **Walk start:** Car park at King George V Jubilee Park at the eastern end of Main Street, Methven at 10:15 **OS:** 58 **GR:** NO029259 **Description:** Moderate route following woodland tracks, riverside path and minor roads with good signage and waymarking.

Leader: L Beveridge & J Cumming, 01382 730832 & 07811 462266 or 01382 642752 & 07526 237526

Forfar: Queen's Well

Grade B: 5mls **Depart:** EGCP at 09:30 **Walk start:** Car Park at Invermark at 10:30 **OS:** 54 **GR:** NO448806 **Description:** Route follows the Mounth Road, an ancient drove road linking Glen Esk with Glen Tanar. **Note:** RADO.

Leader: David Anderson, 01382 370980 or 07510 182157

Perth: Corroul to Rannoch Station linear

Grade B: 11mls ▲160m/524ft. **Depart:** ASDACP at 08:00 **Walk start:** Rannoch Station (to catch the 11.09 train to Corroul Station) at 10:50 **OS:** 42 **GR:** NN423577 **Description:** From Corroul around the southern tip of Loch Ossian and then across wild moorland back to Rannoch Station. A long day out, but worth it. Check with walk leader before setting out for weather/train times etc. **Note:** RADO. Bring Railcard/money for train ticket to Corroul. Midgie spray and clothes for 4 seasons.

Leader: Paula Bowman, 01738 582339 & 07870937963, pbowman58@hotmail.com

Sunday 24th June

Glenrothes: Dunkeld - Birnam to Craig Obney circular

Grade B: 9.5mls/5hrs ▲1500ft **Depart:** LCCP at 9:30 **Walk start:** Junction of Perth Road and Birnam Glen (opp the Birnam Hotel) at 10:30 **OS:** 52 **GR:** NO031419 **Description:** A walk from Birnam to the top of Craig Obney returning via the waterfalls of Rumbling Bridge and the Hermitage. **Note:** NoSC RADO

Leader: C Mackie & T McLaren 07903132319 tmclaren39@gmail.com

Kinross & Ochil: Taybridge to Newport circular

Grade C+: 9mls ▲167m/550ft. **Depart:** KPR at 09:00 or BURN at 08:45 **Walk start:** Tayport Harbour Car Park at 10:00 **OS:** 59 **GR:** NO458290 **Description:** A fairly level walk on good tracks, footpaths and coastal path. From Tayport towards Newport, inland to Morton Loch, on round the edge of Tentsmuir and back to the coast. **Note:** RADO. CWRA.

Leader: Carolyn Jenkins, 07925 972650, carolynjenkins1309@gmail.com

St. Andrews & NE Fife: Limekilns, Charlestown Circular

Grade C: 7.5mls/4hrs ▲150m/495ft. **Depart:** FCPC at 09:30 **Walk start:** Pier Car Park, Limekilns at 10:45 **OS:** 65 **GR:** NT075833 **Description:** Moderate route on paths and tracks, both coast and country. Walking includes Fife Coast and historical villages with important industrial past. **Note:** RADO. NoSC.

Leader: Jim Forret, 01334 656137, james.forret@btinternet.com

Stirling & Falkirk: Kirkton Glen circular from Balquidder

Grade C+: 7mls/4.5hrs ▲400m/1312ft. **Depart:** LACP at 09:30 **Walk start:** Balquidder at 10:30 **OS:** 51 **GR:** NN537209 **Description:** Easy walking through Kirkton Glen, nothing too steep with a visit to Rob Roy's grave at the end if time permits. All on forestry tracks and paths. Good views of Loch Voil. **Note:** RADO. NoSC. FK19 8PA 60 Miles to start & return

Leader: Katie, 01786 821294 or 07985 455814, katiebaker50@sky.com

Stirling & Falkirk: Kirkton Glen to Lochan an Eireannaich and on return to Balquidder

Grade B: 8mls/5.5hrs ▲450m/1476ft. **Depart:** LACP at 09:30 **Walk start:** Balquidder at 10:30 **OS:** 51 **GR:** NN537209 **Description:** Initially on forestry tracks and paths in Kirkton Glen then on to Lochan an Eireannaich on slightly steeper path. For better views of the area we cross to Meall an Lochain a few hundred feet higher. Return by slightly different route. **Note:** RADO. NoSC. FK19 8PA 60 Miles to start & return

Leader: Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Thursday 28th June

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Stirling & Falkirk: Date for submission of walks for the winter programme

Meet: No meeting - entry for information only at 00:05 **Description:** Please submit your winter walks ideas to Babs, copies to Eric - davidson.family.es@gmail.com.

Contact: Babs Butler, 01324 720165, 07711 575561, barbaraffbutler@btinternet.com

Saturday 30th June

Brechin: Balnamoon's Cave

Grade C+: 9mils **Depart:** SNSB at 09:00 **Walk start:** Invermark Car Park at 10:00 **OS:** 44 **GR:** NO447804 **Description:** Up Glen Mark to Balnamoon's Cave. Return by same route.

Leader: June Greig, 01674 676413, snowyowljg@gmail.com

Dalgety Bay: The Mell Circuit, Glen Finglas

Grade A: 17mils/7hrs **▲**560m/1837ft. **Depart:** DBSCCP at 08:00 **Walk start:** Glen Finglas Car Park at 09:30 **OS:** 57 **GR:** NN546065 **Description:** This is a long circular route on good paths and tracks. The outward route follows Glen Meann before climbing to the summit of the trail and returning via Glen Finglas. **Note:** RADO. NoSC.

Leader: Mike Gordon, 01383 823221, magordon2003@yahoo.co.uk

Dundee: Hermitage & Birnam Glen

Grade C+: 6mils/4hrs **Depart:** CWCP at 09:30 **Walk start:** Hermitage Car Park at 10:30 **OS:** 52 **GR:** NO013423 **Description:** Lovely walk taking in Hermitage, Rumbling Fall, Birnam Glen and Birnam Oak. All on good tracks.

Leader: L Brown, 01382 884649 or 07597 690186

Glenrothes: Glen Devon - Castlehill reservoir to Glenquey Reservoir

Grade B: 8mils/5hrs **▲**1500ft **Depart:** LCCP at 09:30 **Walk start:** Castlehill reservoir CP on A 823 Glen Devon at 10:30 **OS:** 58 **GR:** NN996033 **Description:** A steep climb from Castlehill reservoir to Castleton Hill with great views of Loch Leven and the Forth. Returning by forest tracks and moorland paths via Maidens Well along Glenquey Reservoir. **Note:** NoSC RADO

Leader: J Duncan 01337 831888 john@johnandmorven.co.uk

Perth: Balado to Muckhart

Grade C: 9mils **▲**130m/426ft. **Depart:** ASDACP at 08:45 **Walk start:** Killoch Bridge, Balado on A977 at 10:10 **OS:** 58 **GR:** NO086022 **Description:** Catch the No23 bus from Pool of Muckhart at 9.50 to Balado. Then a linear walk from Balado to Pool of Muckhart via Coldrain, Crook of Devon and Rumbling Bridge. **Note:** RADO. Note the times - catch bus at 9.50 at Pool of Muckhart and walk start at 10.10 from Balado.

Leader: John Andrews, 01738 827275 & 07526 884953, john@jdandrews.co.uk

Strathay: Loch Ordie and the Laird's House

Grade C+: 12mils **Depart:** CCP at 09:00 **Walk start:** Dowally at 09:30 **OS:** 53 **GR:** NO000482 **Description:** From Dowally up past Loch Ordie and on to the Laird's House near Loch Benachally, and circle round back to the start. **Note:** RADO.

Leader: Muriel Findley, 01887 820095, murfin41@btinternet.com

Sunday 1st July

Kirkcaldy: Gartmorn Dam and Forestmill

Grade C: 8mls **Depart:** KRSN at 09:30 **Walk start:** Gartmorn Dam car park at 10:30 **OS:** 58 **GR:** NS911940 **Description:** Circular walk from Gartmorn Dam along good paths / tracks to Forestmill. Return via disused railway track / cycleway. **Note:** RADO. CWRA.

Leader: Brian Clark, 01592 784553, bjclark@live.co.uk

Stirling & Falkirk: Ben Venue

Grade B+: 5mls/5hrs ▲750m/2460ft. **Depart:** LACP at 09:30 **Walk start:** Car Park near Hotel at the bottom of the Duke's Pass at 10:30 **OS:** 57 **GR:** NN504065 **Description:** From Car Park climb Ben Venue via the main tourist path. Return down same path. **Note:** RADO. NoSC. FK17 8HZ 50 Miles to start & return

Leader: Wraight Shepherd, 01786 475137 or 07753 941564, wraight.shepherd@talk21.com

Tuesday 3rd July

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Kirkcaldy: Langtoun Daunders - Thornton to Chapel Linear

Grade C: 5mls **Depart:** Kirkcaldy bus station, stance 12. at 09:35 **Walk start:** Bus stop at Thornton railway station at 10:05 **OS:** 59 **GR:** NT290972 **Description:** Bus No 39 at 09.42am to Thornton. Linear walk from Thornton by River Ore and Diagio footpath to finish at Chapel with optional lunch at Home Farm View. **Note:** DWOL. CWRA. Contact Walk Leader before walk to confirm bus times and any other bus details.

Leader: Ruth Beddall, 01592 260578

Wednesday 4th July

Dundee: Walk round Golf Course in Carnoustie

Grade C: 4mls/2hrs **Depart:** OCCP at 09:30 **Walk start:** Car Park Links Parade, Carnoustie at 10:00 **OS:** 54 **GR:** NO565344 **Description:** Pleasant walk along the coast then inland round the Golf Course. Lunch stop in Dobbies on the way home.

Leader: Jean MacGillivray, 01382 623052 or 07932 014859, jean.macgillivray@btinternet.com

Thursday 5th July

Dunfermline & West Fife: Craigluscar - Evening walk

Grade C+: 4mls/2hrs **Depart:** LPRCP at 18:10 **Walk start:** Craigluscar car park (beside water tanks) at 18:30 **OS:** 367 **GR:** NT059907 **Description:** Walk through forestry paths (could be muddy) then moderately steep walk up to the top of Craigluscar Hill to take in views, finishing back at car park. **Note:** DWOL.

Leader: Margaret Graham, 01383 738429 or 07745 219494, margaret.graham@live.co.uk

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 7th July

Blairgowrie: Craig of Balloch Circular, Backwater Dam

Grade B: 8mls ▲280m/918ft. **Depart:** WCPB at 09:00 **Walk start:** Car Park at Backwater Dam (over the dam, NOT by the toilets) at 10:00 **OS:** 44 **GR:** NO256615 **Description:** Mainly good paths and tracks, starting with a short road walk, crossing into fields and heading towards Craig of Balloch in Glen Quharity, onwards towards Milldewan hill. Should be the opportunity to see plenty of wild life and good views. **Note:** RADO.

Leader: Nina Bell, 01250 874301, blairbelles@tiscali.co.uk

Dalgety Bay: Birks of Aberfeldy and Weem

Grade C+: 7.5mls/4hrs **▲**200m/656ft. **Depart:** DBSCCP at 08:45 **Walk start:** Birks car park on A826 opposite Moness Resort at 10:30 **OS:** 52 **GR:** NN855485 **Description:** Steep climb up left side of gorge on uneven steps then follow Rob Roy way to Dunskaig. Crossing river using Wade Bridge. Follow riverside towards Castle Menzies before returning to Aberfeldy via Weem. **Note:** RADO.

Leader: Audrey Price, 01383 824173 or 07871 806582, anprice@live.co.uk

Dunfermline & West Fife: Tarmachan Ridge

Grade A: 8mls/6hrs **▲**780m/2559ft. **Depart:** LPRCP at 08:00 **Walk start:** Ben Lawers car park at 09:45 **OS:** 51 **GR:** NN608378 **Description:** An undulating ridge over four tops. Initially a quite steep descent to join a good track back to start.

Leader: Anne Laird, 01383 727515 or 07768 860066, anne-laird@hotmail.com

Forfar: Perth Day Out

Grade C: 5mls **Depart:** EGCP at 09:00 **Walk start:** South Inch Car Park (off Shore Road) Parking Charges Apply at 10:30 **OS:** 53 **GR:** NO120228 **Description:** Car Share for Day Out to Perth - Historical walk round Perth - 2 Course Meal at Red House Hotel, Coupar Angus 5.30pm Names and £10 deposit for Meal to Christine Ferguson by 7th June.

Leader: Christine Ferguson, 01382 532384

Kinross & Ochil: Musselburgh to Holyrood

Grade C: 8mls **Depart:** KPR at 09:00 **Walk start:** Debenhams, Princes St at 10:15 **OS:** 66 **GR:** NT251738 **Description:** M90 or X56 bus to Edinburgh (timetables. to be checked closer to the date) then bus to Musselburgh (frequent service). Walk is part of the John Muir Way, then Radical Road to Holyrood. Mostly on tarmac paths. **Note:** RADO. CWRA. Remember bus passes. M90 Bus to Edinburgh about 09:10, book seats beforehand.

Leader: Christina Rodger, 01577 863785, christina@westerloan.plus.com

Perth: Newport and Tayport Loop

Grade C+: 8mls **▲**200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Car Park at the South End of the Tay Bridge at 10:00 **OS:** 59 **GR:** NO426287 **Description:** A moderate walk along the Fife Coastal Path on tracks and minor roads including a short walk through Tentsmuir national Nature Reserve. **Note:** RADO.

Leader: Kenny Valentine, 01738 446496

St. Andrews & NE Fife: Linear Water of Leith from Balerno to Haymarket

Grade C: 7.5mls/4hrs **Depart:** Cupar Rail Station at 08:40 **Walk start:** Water of Leith Walkway beside Balerno High School at 11:00 **OS:** 66 **GR:** NT163668 **Description:** Pleasant, easy, riverside walk on good pathway, following part of the River of Leith Walkway, down river (200ft descent) towards the centre of Edinburgh. The walk will include stop at the Visitor Centre at Slateford. **Note:** RADO. NoSC. Train from Cupar to Haymarket, then bus 44 to walk start: return train from Haymarket

Leader: Christine Arnold & Carol Philip, 01334 654158 or 01334 475997, jandca.winslow@btinternet.com

Sunday 8th July

Glenrothes: Dunkeld - Craig a' Barns circular

Grade C+: 7mls/4hrs **Depart:** LCCP at 9:30 **Walk start:** Cally CP Dunkeld at 10:45 **OS:** 53 **GR:** NO023438 **Description:** Varied walk on tracks & paths (some narrow along hillside - suggest use of walking pole/s) Through forest and open ground - good views of River Tay & hills to north. **Note:** NoSC RADO

Leader: G Christie 07443904731 grant911a@gmail.com

Stirling & Falkirk: Killearn, Dumgoyne & Kirkhouse Wood

Grade C+: 8mils/4hrs ▲180m/590ft. **Depart:** LACP at 09:30 **Walk start:** Meet at Station Rd beside car park by Health Centre. at 10:15 **OS:** 57 **GR:** NS523861 **Description:** This is an undemanding walk on good paths & tracks with good views. Terrain: road, WHW path, grassy path, pipe track. There are many gates on this route. Can be muddy/boggy patches. **Note:** RADO. NoSC. Park in Balfroon Rd. Killearn (nr Health Centre NS523861 G63 9NA or Village Hall G63 9NL) 45 Miles to start & return.

Leader: Janette Seale, 01786 447107 or 07709 957317, janette.seale@hotmail.co.uk

Monday 9th July

St. Andrews & NE Fife: Winter Walks Planning Meeting

Meet: Cupar Fire Station Community Room at 19:00 **Description:** Winter Walks Programme to be agreed, including Christmas Lunch location. Members are encouraged to send in walk ideas if unable to attend.

Contact: Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

Thursday 12th July

Dalgety Bay: Roamers ~ Fordell Estate Circular (40m gentle ascent)

Grade D: 4mils/2.5hrs ▲40m/131ft. **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **Description:** A walk on tracks and the B916 footpath/cycleway. **Note:** RADO.

Leader: Ken Wright, 01383 822358 or 07535 386982

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 14th July

Brechin: St Cyrus Nature Reserve

Grade C+: 11mils **Depart:** SNSB at 09:00 **Walk start:** Montrose Splash car park at 09:30 **OS:** 54 **GR:** NO727580 **Description:** Along beach to Northwaterbridge viaduct. Then to St Cyrus Visitor Centre. Return by Kinnaber. **Note:** Walk can be shortened by returning at any point.

Leader: Irene McCool, 01356 623521, irene.mccool@yahoo.co.uk

Dundee: Glen Tilt

Grade B: 10mils/5hrs ▲152m/500ft. **Depart:** CWCP at 09:00 **Walk start:** Glen Tilt Lodge car park at 10:00 **OS:** 43 **GR:** NN875664 **Description:** On track and paths, returning by Marble Lodge and Glen Fender. **Note:** A shorter route of 6 miles will be available.

Leader: Val MacDonald & Moira Clark, 01382 624728 & 07852 815900 or 01382 665292

Glenrothes: Dunkeld - Loch Ordie from Dowally circular

Grade C+: 9mils/4.5hrs ▲700ft **Depart:** LCCP at 9:30 **Walk start:** Bridge on the old A9 road "near" Dowally Craft Centre at 10:45 **OS:** 52 **GR:** NO001481 **Description:** A circular walk on good paths and tracks. Around Loch Ordie passing other lochs and with lovely views on route. **Note:** NoSC RADO

Leader: L Bain 07977489965 thebains@yahoo.com

Kirkcaldy: Sidlaw Hills

Grade B: 5mils **Depart:** KRSN at 09:00 **Walk start:** Balkello Community Woodland car park. at 10:15 **OS:** 54 **GR:** NO365385 **Description:** Short walk with some fairly strenuous sections of ascent covering Auchterhouse Hill Fort, Ballunderon Hill and Craigowl Hill. Last day for booking 'Weekend at Edzell' with payment in full to Liz Greig. **Note:** DWOL. NoSC.

Leader: Liz Greig, 01592 653682 or 07919 985239

Perth: Blackwood of Rannoch

Grade C+: 7.5mls ▲450m/1476ft. **Depart:** ASDACP at 09:00 **Walk start:** Car Park and Toilet area on minor road on the south side of Loch Rannoch just by Carie at 10:15 **OS:** 51 **GR:** NN617571 **Description:** From the Carie Forest Car Park through to the Black Woods on good tracks. Lunch around Dall House then past the track marked Glen Lyon and then the main track back to the start. **Note:** RADO. There is another car park marked on the map just before Carie. Don't use this one. There are toilets at the car park.

Leader: Gil McGeachy, 01738 583940 or 07946 655068, gil.mcgeachy@gmail.com

Sunday 15th July

Dalgety Bay: Braveheart Circular (Stirling)

Grade C: 6mls/4hrs **Depart:** DBSCCP at 09:30 **Walk start:** Dumbarton Road, Stirling (Free parking on Sundays) at 10:30 **OS:** 57 **GR:** NS795933 **Description:** Ancient city streets and some rough tracks. From Dumbarton Road, pass castle, into Gowanhill and then to Wallace Monument. return by Cambuskenneth Abbey. **Note:** RADO.

Leader: Caroline Cronie, 01383 432174 or 07557 870976

Dundee: Glenesk, Loch Lee, Falls of Damff Circular

Grade B: 9mls/5hrs **Depart:** OCCP at 09:30 **Walk start:** Loch Lee car park at 10:30 **OS:** 44 **GR:** NO448804 **Description:** Walk along the shore of Loch Lee, climb to Falls of Damff and return along Loch Lee.

Leader: Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

Stirling & Falkirk: East Coast Trail (coach) Linear

Grade C+: 9.5mls/5hrs ▲45m/150ft. **Depart:** LACP at 09:00 **Walk start:** Coastal Path near Cockburnspath at 10:45 **OS:** 67 **GR:** NT771723 **Description:** A linear walk along the undulating coastal path between Cockburnspath and Dunbar which links the end of the Southern Upland Way and the start of the John Muir Way. Alternate pick up - Gateway Business Park Grangemouth: 09.15. **Note:** RADO. NoSC. TD13 5XE

Leader: Fiona McMurray, 01324 632740 or 07842 449328, fionanmcmurray@btinternet.com

Strathtay: Creag Ruadh (Glen Tarken)

Grade B: 6mls ▲700m/2296ft. **Depart:** CCP at 09:30 **Walk start:** Layby on N side of Loch Earn at 10:00 **OS:** 51 **GR:** NN669247 **Description:** Follow track into Glen Tarken (steeply) then counter clockwise before heading up over fairly easy ground then path to summit. A Graham. Return by a similar route. Option just to circle Glen Tarken and reduce climb by 280m. **Note:** RADO.

Leader: Alec Ferguson, 01796 470507, waferguson12@btinternet.com

Tuesday 17th July

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Wednesday 18th July

St. Andrews & NE Fife: Mid-week Leisurely Walk: Balmullo to Set Hill

Grade C: 4mls/2hrs ▲76m/250ft. **Walk start:** Burnside Hall Car Park, Balmullo at 12:30 **OS:** 59 **GR:** NO426208 **Description:** Circular walk mostly on good paths, tracks and Rights of Way. **Note:** RADO. CWRA. We will meet at walk start not Fluthers Car Park

Leader: Will MacKay, 01334 652903

Thursday 19th July

Dunfermline & West Fife: Dalmeny Estate

Grade C: 8mls/4hrs **Depart:** LPRCP at 09:30 **Walk start:** South Queensferry sea front car park at 10:00 **OS:** 65 **GR:** NT135783 **Description:** Level walk along section of John Muir Way to Cramond, returning through Dalmeny Estate and village. **Note:** DWOL. Take train to Dalmeny Station and follow signs to South Queensferry.

Leader: Olive Inglis, 01383 842693 or 07773 995015, oliveminglis@aol.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 21st July

Blairstown: Glen Tarken Circular

Grade B: 7mils ▲366m/1200ft. **Depart:** WCPB at 09:00 **Walk start:** Car Park at 10:30 **OS:** 51 **GR:** NN689247 **Description:** Lovely picturesque, varied circular route taking in views of Loch Earn and surrounding hills, including heather moorland and the glen itself. **Note:** RADO. **Leader:** Pat Fraser, 01250 873577, patriciafraser@btinternet.com

Dalgety Bay: Newburgh to Abernethy via Pitmedden Forest

Grade B: 7mils/4hrs ▲250m/820ft. **Depart:** DBSCCP at 09:30 **Walk start:** Car Park at Corn Kist Cafe off A913 at Abernethy and Bus to Newburgh at 10:15 **OS:** 58 **GR:** NO187164 **Description:** A Linear walk. Initially a steep climb on a minor road from Newburgh and then on forest tracks and paths through forest and woods to Abernethy. Good views. **Note:** RADO. Bus from Abernethy departs 10:35. BRING BUS PASSES (Fare £2.10) **Leader:** Evelyn Gordon, 01383 823221, magordon2003@yahoo.co.uk

Dundee: Airlie Monument from Cortachy

Grade C+: 7.5mils/4hrs **Depart:** OCCP at 09:30 **Walk start:** Cortachy Car Park at 10:30 **OS:** 54 **GR:** NO393597 **Description:** Walk up river to Dykehead then head up to Airlie Monument via Cortachy Cemetery and return via Glenprosen to Dykehead and back to start. **Leader:** L Mitchell, 01241 431641

Dunfermline & West Fife: Ben Vrackie

Grade B+: 6mils/4hrs ▲720m/2362ft. **Depart:** LPRCP at 09:00 **Walk start:** Ben Vrackie car park just north of Moulin at 10:15 **OS:** 386 **GR:** NN943597 **Description:** Picturesque walk following good paths with great views from the summit. **Note:** DWOL. **Leader:** Alan McGuckin, 01383 731557 or 07970 172593, atm53@gmail.com

Forfar: Local Walk Followed by Walks Planning Meeting

Grade C: 5mils **Walk start:** EGCP at 09:30 **OS:** 54 **GR:** NO456506 **Description:** Local walk round Forfar (5mils) followed by the Walks Planning Meeting at 2pm in St John's Hall. **Leader:** Margaret Mackie, 01307 464656

Perth: Bishop Hill from Holl Reservoir

Grade C+: 7.5mils ▲273m/895ft. **Depart:** ASDACP at 09:00 **Walk start:** Car Park at Holl Reservoir at 10:10 **OS:** 58 **GR:** NO224035 **Description:** A circular walk taking in the summit and ridge of Bishops Hill using tracks and a hill path to make the circuit. Excellent views over Loch Leven and surrounding areas. A good head for heights is beneficial. **Note:** RADO. **Leader:** Allen Bardwell, 01738 444459 or 07952 339171, allenbardwell@blueyonder.co.uk

St. Andrews & NE Fife: Glen Prosen Circular

Grade B+: 9mils/5.5hrs ▲450m/1476ft. **Depart:** FCPC at 09:00 **Walk start:** Old quarry entrance, on the left at top of Buckhoo Brae on minor road, 3 miles from Dykehead, 2 miles south of Glenprosen Village at 10:30 **OS:** 44 **GR:** NO351634 **Description:** Ridge walk around Glen Cally with various short inclines. Great views in good weather. Walk is mainly on tracks with short distances on quiet minor road at start and end of walk. Intersects with the Minister's Road for a short distance. **Note:** RADO. NoSC. Dykehead is on B955 north of Kirriemuir. Meet Leaders at Walk Start **Leader:** Sarah Dallas-Ross & Susan Richmond, 07828 403601 or 01382 542516, sarahadele.sdr@gmail.com



Sunday 22nd July

Glenrothes:

Wormit to Balmerino circular

Grade C+: 9mils/5hrs **▲**1200ft **Depart:** LCCP at 09:30 **Walk start:** Wormit at far end of Bay Road at 10:15 **OS:** 59 **GR:** NO390259 **Description:** A coastal woodland walk with superb views of Dundee and the Tay. Some gentle ascents/descents.

Note: CWRA RADO

Leader: G Christie 07443904731 grant911a@gmail.com

Kinross & Ochil:

Lady Mary's Walk and Laggan Hill

Grade C+: 7mils **Depart:** KPR at 09:15 or BURN at 08:50 **Walk start:** Taylor Car Park at 10:00 **OS:** 52 **GR:** NN859221 **Description:** Pleasant gentle walk on good path, initially along riverside, with fine views of the countryside: thereafter following ascent of Laggan Hill. **Note:** RADO. CWRA.

Leader: Bill & Sheena Bedborough, 01259 742491

Stirling & Falkirk:

Round the Nebit, Alva

Grade B: 6mils/4.5hrs **▲**430m/1410ft. **Depart:** LACP at 09:30 **Walk start:** Woodland car park Alva at 10:15 **OS:** 58 **GR:** NS898975 **Description:** From Alva Woodland Park take part of Silver Glen round the Nebit, over the Moss and back to SilverGlen. Mostly on good tracks, nothing too steep, damp on the Moss. **Note:** RADO. FK12 5HU 20 Miles to start & return.

Leader: Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Thursday 26th July

Glenrothes:

Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 28th July

Brechin:

Glenesk to Badalair

Grade C+: 7.5mils **Depart:** SNSB at 09:00 **Walk start:** Tarfside village car park at 10:00 **OS:** 44 **GR:** NO493796 **Description:** Via Milton to Badalair summit (536 m / 1760 ft). Return by Auchronie and Hill of Rowan.

Leader: Morag Boyd, 01674 830657 or 07935 799368, morag.boyd1@btinternet.com

Glenrothes:

Alyth - Balduff Hill Circular

Grade B: 10mils/5.5hrs **▲**1800ft **Depart:** LCCP at 09:30 **Walk start:** Den of Alyth CP at 10:30 **OS:** 53 **GR:** NO235487 **Description:** Steady climb over Hill of Alyth to Balduff Hill, beautiful views of Strathmore and Glenisla. **Note:** NoSC RADO

Leader: J Duncan 01337 831888 john@johnandmorven.co.uk

Perth:

Circular walk in Upper Glen Lochay

Grade C+: 7.5mils **▲**200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Car Park 1km before end of metalled road just beyond Kenknock at 10:30 **OS:** 51 **GR:** NN468365 **Description:** An easy walk on tracks all the way in a remote upper glen with great views in good weather. **Note:** RADO.

Leader: Sue Henderson, 01738 861026 & 07980 147967, tanniesue_peru@yahoo.com

Strathay:

Falls of Acharn

Grade C+: 5mils **▲**450m/1476ft. **Depart:** CCP at 09:00 **Walk start:** Acharn at 09:20 **OS:** 52 **GR:** NN756438 **Description:** Up past Falls of Acharn and Hermit's Cave, and on to a stone circle. Cross Acharn Burn and circle back to start. **Note:** RADO.

Leader: Bill Bruce, 01887 829753, bill_1_bruce@btinternet.com

Sunday 29th July

Dalgety Bay: East Linton Circular

Grade B: 10.5mls/6hrs ▲250m/820ft. **Depart:** DBSCCP at 08:30 **Walk start:** Market Cross at church, East Linton at 10:00 **OS:** 67 **GR:** NT592773 **Description:** Mainly on paths and tracks but 2 miles on quiet road. Visiting Preston Mill (NT), Hailes Castle and Traprain Law. **Note:** RADO. **Leader:** Audrey Price, 01383 824173 or 07871 806582, anprice@live.co.uk

Kirkcaldy: Loch Venachar circuit

Grade B: 12mls ▲396m/1300ft. **Depart:** KRSN at 08:45 **Walk start:** Invertrossachs car park. at 10:30 **OS:** 57 **GR:** NN592055 **Description:** Cycle paths and minor roads around the loch. **Note:** RADO. NoSC.

Leader: Mike Livesey, 07783 201492

Stirling & Falkirk: Cambusmichael to Stormontfield

Grade C+: 7mls/4hrs ▲150m/492ft. **Depart:** LACP at 09:30 **Walk start:** Cambusmichael Farm at 10:45 **OS:** 53 **GR:** NO117322 **Description:** We follow forestry tracks via Colen Wood to Stormontfield and return along the banks of the River Tay. **Note:** RADO. NoSC. PH2 6BN 80 miles to start & return

Leader: Hilary Thomson, 01786 472726 or 07834 529694, hilarydthomson@gmail.com

Tuesday 31st July

Dalgety Bay: Musselburgh to City Centre

Grade C+: 7mls/4hrs ▲70m/229ft. **Depart:** Meadowfield Bus Stop at 08:55 for X58 bus departing at 09:05 **Walk start:** Outside Debenhams Princes St, Edinburgh at 09:50 **OS:** 66 **GR:** NT251738 **Description:** Bus to Musselburgh, walk part of John Muir Way return to City Centre via Hunters Bog return by bus. Please check website for changes in bus times. **Note:** RADO.

Leader: Heather Haines & Rose Nutt, 01383 822187 & 07990 660724 or 01383 822669 & 07494 235392

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Wednesday 1st August

Dundee: Dundee to Broughty Ferry/Monifieth

Grade C: 4.5mls **Walk start:** Discovery Point, Dundee (beside the penguins) at 10:00 **OS:** 54 **GR:** NO404298 **Description:** Walking the new cycling/walking route to grassie beach Broughty Ferry (4.5 miles) and/or Monifieth (6.5 miles) and take bus back to city. (Bring bus pass). **Note:** There are plenty of points along the way where you can get a bus back if you don't want to do the whole walk.

Leader: Rose Garvie, 01382 450763

Thursday 2nd August

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Stirling & Falkirk: Winter programme Walks meeting

Meet: Mayfield Centre, St Ninians, Stirling, FK7 0DB at 19:30 **Description:** Come along to socialise and hear a preview of the new walks for the winter programme from the walk leaders. All are welcome.

Contact: Babs Butler, 01324 720165, 07711 575561, barbarabutler@btinternet.com

Saturday 4th August

Blairgowrie: Fife Coastal Path - Guardbridge to Lundin Bridge/Tayport

Grade B: 10.5mls ▲50m/164ft. **Depart:** WCPB at 09:00 **Walk start:** Car Park at Guardbridge off A91 at 10:15 **OS:** 59 **GR:** NO455189 **Description:** Flat walk on minor roads and forest tracks through Tentsmuir Forest with sea views over the sands. Drivers return to start by car shuttle, while main party enjoy facilities of Tayport. **Note:** RADO.

Leader: Bill Phillips, 01250 870260

Dalgety Bay: Leven to Ravenscraig Park [linear]

Grade C+: 9.5mls/4.5hrs ▲100m/328ft. **Depart:** DBSCCP at 09:00 **Walk start:** Ravenscraig Car Park Kirkcaldy at 09:30 **OS:** 59 **GR:** NT293927 **Description:** We take 09:57 X60 bus from Ravenscraig park to start at Leven. The walk is on good tracks and encompasses great views and numerous sites of historic interest. **Note:** RADO.

Leader: Jane Mitchell, 01383 822843

Dundee: Atholl Woods, Dunkeld (Short Walk)

Grade C: 7mls/3.5hrs **Depart:** CWCP at 09:00 **Walk start:** Cally Car Park, Dunkeld at 10:00 **OS:** 52 **GR:** NO023437 **Description:** Walk via Mill Dam and Polney Loch.

Leader: Stewart MacDonald, 01382 642728 or 07960 624539

Dundee: Loch Ordie (Long Walk)

Grade B: 10mls/5hrs **Depart:** CWCP at 09:00 **Walk start:** Cally Car Park, Dunkeld at 10:00 **OS:** 52 **GR:** NO023437 **Description:** On tracks and paths via Mill Dam.

Leader: Val MacDonald & Moira Clark, 01382 624728 & 07852 815900 or 01382 665292

Dunfermline & West Fife: Yarrow - Ettrick Circular

Grade B+: 13mls/7hrs ▲470m/1541ft. **Depart:** LPRCP at 08:15 **Walk start:** Oxcleuch Haugh at 10:00 **OS:** 73 **GR:** NT236205 **Description:** Ancient drove roads used by Scott and Hogg. Circular walk on good tracks and paths with a little road walking. Route via Southern Upland Way, Captains Road, Ettrick Kirk and St Mary's Loch. Can be shortened if necessary.

Leader: Anne Laird, 01383 727515 or 07768 860066, anne-laird@hotmail.com

Kinross & Ochil: Vicars Bridge-Blairingone Circular

Grade C+: 8mls **Depart:** KPR at 09:40 or BURN at 09:50 **Walk start:** Powmills Milk Bar at 10:00 **OS:** 58 **GR:** NT021984 **Description:** A circular walk on minor roads and farm tracks. **Note:** RADO. CWRA.

Leader: Peter Edgerton, 01577 840449

Kirkcaldy: Capelaw, Allermuir & Caerketton Hills (Pentlands)

Grade B: 8mls **Depart:** KRSN at 09:00 **Walk start:** Pentland Hills walkers' car park, Swanston Village. at 10:00 **OS:** 66 **GR:** NT240674 **Description:** Walk taking in three Pentland Hills and a hidden valley. Rough underfoot and steep in places but with good views. **Note:** RADO. NoSC.

Leader: Margaret Miller, 01592 266956

Perth: Corrie Fee and Dounalt Trail

Grade C+: 7mls ▲340m/1115ft. **Depart:** ASDACP at 09:00 **Walk start:** Car Park at Glen Doll Ranger Base (charge applies) at 10:30 **OS:** 53 **GR:** NO284760 **Description:** Follow Corrie Fee trail through forest to corrie entrance with stunning views. Return by same route to join Dounalt Trail along White Water in Glen Doll to tree line for open views. Return by a section of Jock's Road. Good paths throughout. **Note:** RADO. Remember to bring car park money

Leader: Pete & Anne Trant, 01738 565075 & 07985 202934 or 07557 785696, thetrants@virginmedia.com

Group Reports for 2017

Kinross and Ochil Group

Over the last year we have managed a full programme of walks some of them were very challenging due to the wet weather. Grade C and C+ remain the most popular. Numbers vary but Tuesday walks have done better than the weekends. Membership remains at 67. In June we spent the weekend in Galashiels with excellent company, accommodation and food. Walks were varied and interesting unfortunately the weather was mixed. The Saturday walk in the Eildon Hills was very challenging, battling against strong winds and driving rain. This year our treasurer resigned after 6 years he and his wife moved to North Berwick. Sadly one of our founder members passed away unexpectedly in September, he held committee positions both at group and area level. (Margaret Best – Convenor).

Stirling, Falkirk & District

We enjoyed a full and varied programme of walks over the year. We enjoyed the company of President Ben Dolphin on one of these. The group climbed 4 Munros over the summer: probably a record for us. There were well attended weekends away to Newtonmore and Arrochar. As usual, these proved to be very enjoyable and some poor weather did not dampen our spirits. Our group hosted Scottish Council in Dunblane in March 2017 and we organised walks for attendees. Our coach walks continue to be well supported as do our social events. Many thanks to those who make it all possible. (Colin Thomson).



Our intrepid climbers on Ben Nevis

Dundee Ramblers

Once again Dundee Ramblers have had a very successful year with walks at all levels. We have had Saturday, Sunday and midweek walks on the programme and extra walks are added to the Facebook Page. These walks are open to all Ramblers. We have also started a Twitter page but as yet not many tweets from members but retweets and likes from Ramblers Scotland and other Outdoor Groups. Many members attended the Ramblers Gathering in Newtonmore and our own weekend away in Fort William. 4 members climbed Ben Nevis – well done. We held our usual social events – Fish Supper Night, Day Away in Glasgow and our Christmas Meal in the Queens Hotel. Unfortunately, our Annual Meal at Dundee College was cancelled due to a lecturer's strike. Hopefully we can go in 2018. (Jean MacGilvray)

Dundee Family Walking Group

This is proving very popular and we now have 4 regular Walk Leaders. We have had a variety of walks including Dundee Law, Quarrymill Park, Den of Alyth, Kinnoull Hill and Backmuir Woods. We held a back to school walk and picnic round Clatto Park, a Halloween walk in Crombie Park with a visit from Hamish, Mascot of Tayside Mountain Rescue and a Christmas walk at Piper Dam. These walks are open to all and we specially invite anyone from the Area to join us. You don't need to have children to come along but be prepared the pace is not fast as there are trees to climb and interesting things to look at. You can find our walks on: [meetup.com/Dundee-Ramblers-Family-Walks-Meetup](https://www.meetup.com/Dundee-Ramblers-Family-Walks-Meetup)

Dalgety Bay & District

The past year has been successful. We carry out over 50 scheduled walks of varying grades and in contrasting localities. Our weekend away to Blairgowrie was enjoyable despite the indifferent weather. We do have a sizeable number of walk leaders. What I find particularly impressive about

the Group's activities is the good spirit which exists on walks and in the post walk refreshment stops. I would also add the excellent co-operation which exists between walk leaders aiding each other in carrying out walk recces. It is particularly gratifying when members put themselves forward to lead walks for the first time in the knowledge that there is a reservoir of expertise and knowledge to mentor prospective walk leaders. This year, when *The Fife Pilgrim Way* is available for walkers, the Group have agreed to 'audit' the section between North Queensferry and Dunfermline. (Ben Douglas - Chairman).

Forfar

We have enjoyed another year with a varied programme of walks. It has been interesting to note that the largest turnouts have been on walks which were new to us and/or which included elements of historical or seasonal interest. In February Lady Augusta's walk at the House of Dun through carpets of snowdrops was a great success. Closer to home, an urban walk in Dundee brought to our attention several landmarks which many of us had been unaware of. Thanks are due to our small band of walk leaders who do sterling work year after year.

Social events remain as popular as ever. We had a great day out in Stirling, learning a bit about the history of the town and enjoying high tea in The Golden Lion. Our weekend away took us again to Crieff with lovely, scenic walks in fine weather and quizzes in the evening adding to the fun. Our Christmas meal, was held at Chapelbank in Forfar.

Perth Group.

A full programme of Saturday and Wednesday walks was organised including two bus trips to Braemar and to Peebles. Our usual long weekend this year was to Portpatrick in the far south-west. This was in May and the weather was glorious and the Portpatrick Hotel proved to be top class. A first for the group (at least for some years) was an overseas trip. This was a walking

holiday in Greece in which 25 members took part in late October. Again, the weather was really kind, but to be expected in Greece. We also started our A-Walkers Sub Group. This is designed to provide more demanding walks for those ramblers that would like to stretch themselves on more serious hills or longer distances. This group is of course open to all Ramblers and contact details are given in the programme.



The group in Greece

Glenrothes Group

We have enjoyed another year with a great mixture of walks over all seasons and in various parts of the country. We continue to offer walks every alternate Saturday/Sunday and every Thursday. This is in no small part due to the dedication of our many walk leaders. Numbers attending the weekend walks have reduced this year; the Thursday "Strollers" are continuing to thrive with attendances remaining good.

We arranged a summer coach trip to Balquidder. Members had a choice of two great walks and enjoyed high tea at the Kenmore Hotel. Our weekend away in Aberfoyle was well attended with a great variety of walks for all abilities. We held our 24th A.G.M. in November and welcomed Andy

Cloquet who is a member of the Ochils Mountain Rescue Team. He provided a very interesting and informative insight into the work of the O.M.R.

The Group's membership has been stable now for several years - currently 104. We are looking forward to more great walking and good companionship in 2018.

Blairgowrie Group



We had successful trips to Speyside (our day away) and to Strathpeffer (our weekend away). Our 'Winter Walk and Lunch' was well attended and the good weather and fine food was much appreciated. The group are planning a day away to Falkirk Wheel and a weekend in the Borders. Like most groups some members have left but we have also welcomed several new members. Some of our members have also benefitted from the First Aid and walk Leader courses and are waiting for the Navigation Courses later in the year.

A member of the Blairgowrie Group having problems understanding his new GPS

Kirkcaldy

We had a varied programme of walks, including the popular short monthly Daunderers walks in and around Kirkcaldy. We also enjoyed two weekends away at Grantown-on-Spey in April and Arrochar in September. The latter will be remembered fondly or otherwise by all who were there. On the Sunday we took the ferry from Tarbet to Inversnaid, then walked along the section of the West Highl and way south to Rowardennan for the ferry back to Tarbet. However the weather was, to be generous, inclement making the going rather slower than anticipated – we made the ferry with just 5 minutes to spare!

St.Andrews & N.E. Fife



Despite some very poor weather (first in over 10 years) for our annual holiday last June in Strathpeffer, it has not put off members for fully booking up another fun week in June.

A recent survey of our regular walks indicated that there was little difference in support for Wednesdays, Saturdays or Sundays, so we are continuing in Summer 2018 with 2 Saturdays to 1 Sunday walk, and 1 monthly Wednesday walk, designed to be easier, shorter and more local.

During the winter, a few members attended a very successful First Aid Training Day, organised by Ramblers Scotland.

Recently 2 of our members represented the Group at the Town & Gown social interaction between local community organisations and St Andrews University.



After an extremely successful fund-raising effort, we have been able to recently publish new Local Walks Leaflets for both St Andrews and Cupar. They are free of charge, can be downloaded from our Group or from Area website; hard copies can be procured from a number of locations; send email to wh.aitken@gmail.com.

As usual, we will be sending 2 members to the Scottish Council meeting.

Over the winter, we have had good attendance at most walks, some members not being off with some snow, only a few walks having to be cancelled. Our mid-week leisurely walks are proving popular with members who can no longer manage the longer weekend walks.



Brechin

Ramblers have had a busy year with walks for all abilities. Thanks to our enthusiastic walk leaders we were able to provide a wide variety of walk with a Munro thrown into the mix. Each walk was well attend with an average of 25 members and visitors attending. In March we had a cheese and wine evening welcoming some old and new members. A pleasant evening had by all. Our AGM held in September so some changes to the Committee with myself voted on as Chairperson and Loraig Alexander as Vice. We were also able elect 2 new members to our committee. October saw 11 members including myself and my Vice attending a first aid course with further members keen to attend leadership and Navigation in 2018. Our year concluded with a walk around Montrose and Christmas lunch at the Royal Montrose Golf club. Highly recommended! We are looking forward to 2018 with enthusiasm. (Ellen Smith Chairperson).

Tayside Young Walkers



We have a very diverse group of people from various culture and background, and a great way to meet new people, explore the area and improve your fitness and health! 😊

During the year of 2017, we saw 213 new members join our group., there were a number of walks hosted by our dedicated volunteer walkers of some beautiful and varied walks for our members, 2017 saw the following activities:

Walk before the Christmas Party

- Multiple Munros walks for a variety of fitness levels from long multiple Munros days to shorter Munros days.
- Various lower level walks to target range of group members we have.
- Annual events like our Christmas event of which includes a walk and meal after and our Annual Glen Coe weekend of which include a whole weekend at Glen co with various walks and plenty of chance to chat and get to know each other and walkers from

Dunfermline

We've had a very good year, putting on 45 walks, locally and further afield including the Borders, Strathclyde and Perthshire, with an enthusiastic team of walk leaders. We've recently welcomed a number of new faces, including some new members and visitors from other groups. In addition we have made financial donations in support of the Ochils Mountain Rescue Team and the West Fife Woodlands Group," (Alan McGuckin)

If you are in the Dunkeld -Meikleour Area, make a detour to Spittalfield

**The Walkin Café is now open Wed – Sat 10am-4pm and
Sunday 11am-3.30pm**

Cycling & Walking friendly

(local maps on display of all the Core Paths around Spittalfield)

Lovely Coffee & Tea

Fresh Scones & Cakes

Soup, Sandwiches, Paninis & Toasties

Contact 07824398378

facebook: Walkin'cafe



Sunday 5th August

Forfar: Pittenweem - Balcaskie Estate - St Monans - Fife Coastal Path

Grade C: 7.5mls **Depart:** EGCP (Please Note Early Start) at 09:00 **Walk start:** AA Designated Car Park - Off A917 *Pittenweem Arts Festival at 10:15 **OS:** 59 **GR:** NO550028 **Description:** A Circular walk using farm yard tracks and rights of way from Pittenweem cross country to Balcaskie Estate continuing to St Monans, Then follow coastal path back to starting point.

Leader: Jenny McDade, 01241 855481

Glenrothes: Scone - Balbeggie towards Guildtown Circular

Grade B: 8mls/4.5hrs ▲500ft **Depart:** LCCP at 9:30 **Walk start:** Balbeggie Village Hall CP at 10:30 **OS:** 53 **GR:** NO169295 **Description:** A walk mainly on Core Paths and Farm Tracks with minimal road walking. **Note:** CWRA DWOL

Leader: D Mathieson 07535 813423 don2908@yahoo.co.uk

Stirling & Falkirk: Glen Artney from Comrie

Grade C+: 7.5mls/5hrs ▲290m/951ft. **Depart:** LACP at 09:30 **Walk start:** Through Ross to car park beside Water of Ruchill at 10:30 **OS:** 51 **GR:** NN762201 **Description:** A lovely walk up the glen on grassy tracks and woodland paths. We cross some rough moorland to return by estate tracks and minor roads. Magnificent views. One steep section to cross a ditch. **Note:** RADO. CWRA. PH6 2LE 55 miles to start & return. Short stretch of rough, boggy moorland with no track. May be barbed wire fence to cross

Leader: Betty Brodie, 01324 556762 or 07936 380395, bettybrodie@aol.com

Tuesday 7th August

Kirkcaldy: Langtoun Daundersers - Ravenscraig to West Wemyss

Grade C: 5mls **Depart:** KRSN at 10:00 **Walk start:** Ravenscraig Park car park at 10:15 **OS:** 59 **GR:** NT293927 **Description:** Through Ravenscraig Park to Dysart then follow Coastal Path to West Wemyss. Return by same route. Optional lunch venue will be Path Tavern. **Note:** DWOL. CWRA.

Leader: Beth Dickson, 07791 912417, bd6427@icloud.com

Thursday 9th August

Dalgely Bay: Roamers ~ Kirkcaldy to Kinghorn

Grade D: 4mls/2hrs **Depart:** Meadowfield Bus Stop 09:30 - No. 7 BUS LEAVES at 09:39 **Walk start:** Seafield Car Park, Kirkcaldy at 10:30 **OS:** 66 **GR:** NT279897 **Description:** A walk along a section of the Fife Coastal Path. **Note:** RADO.

Leader: Rose Nutt, 01383 822669 or 07494 235392

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 11th August

Brechin: Clatto Country Park and Dronley Wood

Grade C: 8mls **Depart:** SNSB at 09:00 **Walk start:** Clatto Country Park car park at 10:00 **OS:** 54 **GR:** NO369343 **Description:** To Rosemill, then follow track of old Newtyle Railway to North Dronley. Circuit of Dronley Wood. Return by same route.

Leader: Nancy McFarlane, 01356 626229 or 07986 531971

Dalgely Bay: Ochils from Glendevon

Grade B+: 9.5mls/6hrs ▲630m/2066ft. **Depart:** DBSCCP at 09:00 **Walk start:** Glen Sherup Car Park at 10:00 **OS:** 58 **GR:** NN972051 **Description:** Circular hill walk taking in 5 tops in the Ochils. Ben Shee, Scad Hill, Tarmangie Hill, Whitewisp Hill & Innerdownie Hill. **Note:** RADO.

Leader: Andrew Lees, 07901 806024

Dundee: Falls of Bruar & Blair Castle

Grade C+: 9mils/5hrs ▲304m/997ft. **Depart:** CWCP at 09:00 **Walk start:** House of Bruar at 10:30
OS: 43 **GR:** NN822660 **Description:** Visit both lower and upper Falls of Bruar before heading up to Baluain Wood and Creag Urrard then on to Blair Castle and return to Bruar.
Leader: L Brown, 01382 884649 or 07597 690186

Dunfermline & West Fife: Cramond Bridge, Corstorphine Hill

Grade C: 7mils/4.5hrs **Depart:** LPRCP at 09:30 **Walk start:** Side road behind old Cramond Brig hotel at 10:00 **OS:** 350 **GR:** NT179754 **Description:** Along R Almond to Cramond then through Silverknowes to Corstorphine Hill and back through Barnton. **Note:** DWOL.
Leader: Olive Inglis, 01383 842693 or 07773 995015, oliveminglis@aol.com

Glenrothes: Dairsie Forret and Logie circular

Grade C+: 8.5mils/4.5hrs ▲900ft **Depart:** LCCP at 9:30 **Walk start:** Dairsie primary school CP at 10:15 **OS:** 59 **GR:** NO412173 **Description:** From Dairsie to Wester and Easter Forret, Logie returning by Ritormie. **Note:** NoSC RADO
Leader: L Allen 01592 748016 lesallen80@gmail.com

Perth: Arbroath - Auchmithie Coast Walk

Grade C: 7mils ▲60m/200ft. **Depart:** ASDACP at 09:00 **Walk start:** Whiting Ness: East end of Arbroath at 10:20 **OS:** 54 **GR:** NO659411 **Description:** Follow the coastal path to Auchmithie with a descent to the beach for lunch. Return by inland route passing East Seaton. **Note:** RADO.
Leader: Roger Brickell, 01764 656114 or 07733 317725, rogerbrickell@icloud.com

Sunday 12th August

St. Andrews & NE Fife: Norman's Law

Grade B: 7.5mils **Depart:** FCPC at 10:00 **Walk start:** Luthrie Village Hall, off A92 at 10:30 **OS:** 59 **GR:** NO331196 **Description:** From Luthrie Village along good tracks with steep ascent of the Law for fantastic views all round (Law is a Marilyn - a hill with at least a 150m drop all round). Returning via coastal path wooded section in Denmuir and Wester Kinsleith. **Note:** Likely to be muddy sections on this walk. Leader will meet at start of walk
Leader: Nicky Haxell, 01334 839117, nickyhax@gmail.com

Stirling & Falkirk: Cally Car Park to Loch Ordie Circular - option 1

Grade B: 12mils/6hrs ▲274m/900ft. **Depart:** LACP at 09:30 **Walk start:** Cally car park at 10:30 **OS:** 52 **GR:** NO024437 **Description:** An interesting walk with varied terrain and lovely views. On good paths with a gradual climb to Loch Ordie and then round the back of Deuchary Hill. **Note:** RADO. NoSC. PH8 0EP 95 miles to start & return. Additional shorter walk available - see option 2
Leader: Val Smith, 01786 470976 or 07828 149859, vps6@iname.com

Stirling & Falkirk: Cally Car Park toward Loch Ordie Circular - option 2

Grade C+: 8.5mils/4.5hrs ▲137m/450ft. **Depart:** LACP at 09:30 **Walk start:** Cally car park at 10:30 **OS:** 52 **GR:** NO024437 **Description:** Walk on good paths, a gradual climb past Mill Dam and then turning back towards Dowally Loch and the Cally Car Park. **Note:** RADO. NoSC. PH8 0EP 95 miles to start & return. Additional longer walk available - see option 1
Leader: Val Smith, 01786 470976 or 07828 149859, vps6@iname.com

Strathtay: Loch Oisinneach

Grade C+: 10mils **Depart:** CCP at 09:00 **Walk start:** Tullimet at 09:30 **OS:** 52 **GR:** NO004513 **Description:** Circular walk round Loch Oisinneach Mhor and Loch Oisinneach. **Note:** RADO.
Leader: Muriel Findley, 01887 820095, murfin41@btinternet.com

Tuesday 14th August

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Wednesday 15th August

St. Andrews & NE Fife:

Mid-week Leisurely Walk Lade Braes & Balgove Estate & Links

Grade C: 4mls/2.5hrs **Depart:** FCPC at 10:30 **Walk start:** West Port, South St, St Andrews at 11:00 **OS:** 59 **GR:** NO505165 **Description:** An easy circular walk from the town centre through a hidden glen, a country estate, returning along Fife Coastal Path beside golf courses. **Note:** CWRA. This is Walk 2 in the new St Andrews Local Walks Leaflet published by the Group in Jan 2018

Leader: Susan Richmond, 01382 542516, susanrichmond@live.co.uk

Thursday 16th August

Dundee:

Coastal Walk - Broughty Ferry to Monifieth

Grade C: 4.5mls/2.5hrs **Walk start:** Broughty Ferry Castle at 10:30 **OS:** 54 **GR:** NO465304 **Description:** Leisurely walk from Broughty Ferry Castle to Blue Seaway Park, Monifieth and return. Lunch at Van Diner on return journey.

Leader: Sheila Wallace, 01382 320243 or 07944 570925

Dunfermline & West Fife:

A Fife Woodland circuit

Grade C+: 8mls/4hrs **▲** 170m/557ft. **Depart:** LPRCP at 09:30 **Walk start:** Culross west car park at 10:00 **OS:** 367 **GR:** NS983859 **Description:** Circular walk, using newly opened paths, linking Valleyfield and Balgownie woods with Devilla Forest. **Note:** DWOL.

Leader: Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

Glenrothes:

Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 18th August

Blairgowrie:

Clunie Footbridge to Killiecrankie Circular

Grade C+: 8mls **▲** 160m/524ft. **Depart:** WCPB at 09:15 **Walk start:** Car Park at 10:00 **OS:** 52 **GR:** NN929586 **Description:** Walk from Clunie Footbridge following the Killiecrankie path alongside Faskally Loch and River Garry to Killiecrankie, returning on the path on the opposite side of the river. Some road walking. Mainly flat paths. **Note:** RADO.

Leader: Anne Easson, 01828 628001, a.easson@btinternet.com

Dalgety Bay:

Ledcrieff & Lundicraigs

Grade C+: 6.5mls/4hrs **▲** 300m/984ft. **Depart:** DBSCCP at 09:30 **Walk start:** Layby at Tullybaccart on A923 at 10:30 **OS:** 53 **GR:** NO263360 **Description:** Cross A923 & track to Tullybaccart Farm, Ledcrieff Loch, Ledcrieff & Lundicraigs woods Right up track to gate/stile, 20m past left, left fork, NE to monument, head for Trig point & mast, top of Lundie Craigs to Ledcrieff Loch & return. **Note:** RADO.

Leader: Chris Roberts, 01383 822184 or 07749 757587, c-b.roberts@tiscali.co.uk

Dunfermline & West Fife:

Blair Atholl and Loch Bhac

Grade B: 9mls/5.5hrs **▲** 450m/1476ft. **Depart:** LPRCP at 08:30 **Walk start:** Blair Atholl - car park next to water mill at 10:00 **OS:** 43 **GR:** NN872651 **Description:** A glen, moorland and loch walk in the heart of Highland Perthshire. **Note:** DWOL.

Leader: Grant Robertson, 01577 208436 or 07936 738581, grobert50@tesco.net

Forfar:

Conlawer Hill Circular, Memus

Grade C+: 8mls **Depart:** EGCP at 09:30 **Walk start:** Memus Village Hall at 10:30 **OS:** 54 **GR:** NO427590 **Description:** Minor road to Horniehaugh then track to Anniegathel Ruins, on to Baikies, eastward through Den of Batternach to meet public road below Redheugh. Downhill to Goynd and westwards to Den of Ogil, Glenquiech, Boghaug Farm to Newmill Cottage.

Leader: Ross Henderson, 01307 467721

Perth: Kinrossie to Inchmichael

Grade C+: 7mils ▲240m/787ft. **Depart:** Perth Bus Station for the No 57A bus to Kinrossie at 09:00 **Walk start:** Kinrossie Village Hall at 09:45 **OS:** 53 **GR:** NO189324 **Description:** Take the 9.10 No 57A bus from Perth Bus Station to Kinrossie. Then a linear walk from Kinrossie to Inchmichael via Bandirran, Franklyden and Fingask. Return to Perth by the No 16 bus. **Note:** RADO. Don't forget your bus pass (if you are lucky enough to have one !)

Leader: John Andrews, 01738 827275 & 07526 884953, john@jdandrews.co.uk

Sunday 19th August

Dundee: Newport to Wormit

Grade C: 6mils/3hrs ▲100m/328ft. **Depart:** OCCP at 10:00 **Walk start:** Tay Bridge Car Park (South side) at 10:30 **OS:** 59 **GR:** NO427287 **Description:** Walk along old rail line to Wormit and return via woods.

Leader: Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

Glenrothes: Dundee Lundie Crags and Loch Long

Grade B: 9mils/5hrs ▲500ft **Depart:** LCCP at 9:30 **Walk start:** Tullybaccart CP on A923 at 10:45 **OS:** 53 **GR:** NO263360 **Description:** A circular walk on tracks and paths, maybe rough/muddy in places through heather. Fabulous views. Alternative lower path to walking along the crags top path. **Note:** NoSC RADO

Leader: I Rankin 01337 830360 ishabelrankin@gmail.com

Kinross & Ochil: Beechraigs Country Park, Witchcraig & Cockleroy

Grade C+: 6mils **Depart:** KPR at 09:10 or BURN at 09:10 **Walk start:** Balvornie Car Park at 10:00 **OS:** 65 **GR:** NO998741 **Description:** Walk on good paths through the Country Park, ascending to the top of Witchcraig. Then through woodland to enjoy the glorious views from the top of Cockleroy. **Note:** RADO.

Leader: Andrew & Edna Burnett, 01577 862977

Kirkcaldy: East & West Lomond Summits

Grade B: 9mils **Depart:** KRSN at 09:15 **Walk start:** Car park at East Lomond Signal Station at 10:00 **OS:** 59 **GR:** NO252058 **Description:** A climb of both East and West Lomond Hills and return via Harperleas Reservoir. Hill paths and tracks all the way. Excellent views on a good day. **Note:** RADO. CWRA.

Leader: Brian Clark, 01592 784553, bjclark@live.co.uk

Stirling & Falkirk: Crieff: Culcrieff, Callum's Road & The Knock

Grade C+: 8mils/4.5hrs ▲330m/1082ft. **Depart:** LACP at 09:30 **Walk start:** Car Park beside Taylor Macrosty Park at the foot of Milnab St off the A822 at 10:15 **OS:** 52 **GR:** NN857221 **Description:** This is a scenic undulating walk on mainly good paths and tracks but there may be some muddy sections and a few steepish inclines. There are roads to cross. **Note:** RADO. NoSC. PH7 4JJ 50 miles to start & return

Leader: Janette Seale, 01786 447107 or 07709 957317, janette.seale@hotmail.co.uk

Tuesday 21st August

Kirkcaldy: North Queensferry to Dalgety Bay Linear

Grade C: 6mils **Depart:** South platform Kirkcaldy Railway Station at 11:45 **Walk start:** North Queensferry Railway Station at 12:25 **OS:** 65 **GR:** NT132808 **Description:** Before meeting leader on platform, book single ticket to North Queensferry for 11.58 train. From North Queensferry Railway Station walk along coast path through Inverkeithing to Dalgety Bay and finish at Meadowfield bus stop. **Note:** DWOL. CWRA. Check train time with leader before joining walk.

Leader: Ruth Beddall, 01592 260578

Thursday 23rd August

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 25th August

Brechin: Forvie Sands - Bus and Meal on return Journey

Grade C: 8mls **Depart:** SNSB at 08:00 **Walk start:** Forvie Centre at 10:00 **OS:** 30 **GR:** NK034289 **Description:** Leisurely Walk around Forvie Sands Nature Reserve. **Note:** Bus money and meal choice to Walk Leader by 11 August.

Leader: Moira Dunbar, 01356 622327 or 07759 215616, moiradunbar@talktalk.net

Dalgety Bay: Duloch to Dalgety Bay

Grade C: 5mls **Depart:** DBSCCP at 09:50 **Walk start:** TESCO at 10:30 **OS:** 65 **GR:** NT126861 **Description:** Linear walk from Duloch to Dalgety Bay via Calais Wood and Fordell Estate. **Note:** RADO. From Dalgety Bay we will take the 87 bus to Duloch, leaving at 10:03.

Leader: Alice McEwan, 01383 822013 or 07749 388113

Dundee: Logie Nr Balmullo

Grade C: 7mls/4hrs **Depart:** TBCP at 09:30 **Walk start:** Cupla Hills Car Park at 10:00 **OS:** 59 **GR:** NO415204 **Description:** Circular walk through Fife countryside, some road walking.

Leader: Linda Pirie, 01382 778490 or 07881 369442

Glenrothes: Lochore Meadows - Kelty Circular

Grade C: 7mls/3.5hrs ▲300ft **Depart:** LCCP at 09:30 **Walk start:** Lochgelly High School CP at 10:00 **OS:** 58 **GR:** NT183946 **Description:** An undulating walk through farmland and woodland. A short road-side section. Lovely views, may be muddy. **Note:** NoSC RADO Leaders will meet walkers at start of the walk

Leader: R and M Fairgrieve 07761 753437 rosfairgrieve@gmail.com

Kirkcaldy: East Lothian Circuit

Grade A: 16mls ▲213m/700ft. **Depart:** KRSN at 08:45 **Walk start:** Levenhall Links Leisure Park car park, Musselburgh at 10:15 **OS:** 66 **GR:** NT359735 **Description:** Along the John Muir Way to the River Esk then the Penicuik-Musselburgh cycle / walkway along the river via Whitecraig to Smeaton Junction. Thence to Crossgatehall, picking up the Pencaitland Railway Walk, then paths to North Elphinstone. **Note:** RADO. NoSC. From North Elphinstone the route continues via paths to Prestonpans, returning to Musselburgh on the John Muir Way.

Leader: Mike Livesey, 07783 201492

Perth: Bankfoot to Dunkeld via Glengarr

Grade B: 10mls ▲280m/918ft. **Depart:** The bus stop opposite ASDA to catch the 8.54 No 23 bus to Bankfoot at 08:40 **Walk start:** Bus stop at Garry Place, Bankfoot (End of Prieston Road) at 09:30 **OS:** 53 **GR:** NO064352 **Description:** Take the 8.54 No 23 bus from Perth to Bankfoot. Then a linear walk from Bankfoot to Dunkeld using the old drover's path. Great views along the way. Return to Perth from Dunkeld by bus. **Note:** RADO. Check bus times nearer the date. Bring your bus pass.

Leader: Paula Bowman, 01738 582339 & 07870937963, pbowman58@hotmail.com

St. Andrews & NE Fife: Reservoirs Walk--Pentland Hills Regional Park Circular

Grade B: 9.5mls/5.5hrs ▲192m/630ft. **Depart:** FCPC at 08:45 **Walk start:** Threipmuir Reservoir Car Park(follow Marchbank Road, south of Balerno to reach CP on left) at 10:30 **OS:** 66 **GR:** NT166638 **Description:** A circular walk on countryside tracks, taking in Loganlea and Glencorse Reservoirs, returning by Harlaw and Threipmuir Reservoirs. May be rough and muddy in places. **Note:** RADO. NoSC. Walk Leaders will meet at walk start point.

Leader: Carol Philip & Christine Arnold, 013344 475997 or 01334 654158, carolphilip@btinternet.com

Strathtay: Keltneyburn to Fortingall

Grade C+: 11mls **Depart:** CCP at 09:00 **Walk start:** Keltneyburn at 09:30 **OS:** 52 **GR:** NN773492 **Description:** Up past Garth Castle to Gleann Mor and over moorland to Meall Crumach and back to Fortingall. **Note:** RADO.

Leader: Bill Bruce, 01887 829753, bill_1_bruce@btinternet.com



Blairgowrie Group heading home

Sunday 26th August

Stirling & Falkirk: **Ben A'an Circular**

Grade B: 7mils/4hrs ▲457m/1500ft. **Depart:** LACP at 09:30 **Walk start:** Ben A'an carpark at 10:15 **OS:** 57 **GR:** NN509070 **Description:** A climb on new paths and a short scramble to the the summit for brilliant views. Careful descent round back of the hill to Loch Katrine returning on road to carpark. **Note:** RADO. NoSC. FK17 8HY 50 miles to start & return
Leader: Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Tuesday 28th August

Kinross & Ochil: **Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 30th August

Glenrothes: **Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 31st August

Forfar: **Weekend Away - Edinburgh**

Meet: Mega Bus to Edinburgh **Description:** Weekend Away to Edinburgh Details to follow.

Contact: Dorothy Hutcheon, 01307 468034.

Saturday 1st September

Blairgowrie: Glen Tilt

Grade C+: 10mls ▲150m/492ft. **Depart:** WCPB at 09:00 **Walk start:** Old Bridge of Tilt Car Park at 10:15 **OS:** 43 **GR:** NN874663 **Description:** A walk up one of Perthshire's finest glens, through pasture and woodland, below a grand sweep of mountains, providing constantly changing scenery. **Note:** RADO.

Leader: Madeleine McIntosh, 01250 872005 or 07904 382840, maddiesworld@outlook.com

Dalgety Bay: Loch Ordie

Grade B: 11mls/5hrs ▲150m/492ft. **Depart:** DBSCCP at 09:00 **Walk start:** Cally CP on A923 north of Dunkeld at 10:00 **OS:** 53 **GR:** NO023438 **Description:** A walk to Loch Ordie via Rottmeil Loch and Raor Lodge and returning using track on west side of Deuchary Hill to the Mill Dam and the Glack. **Note:** RADO.

Leader: Alistair Robb, 01383 820632 or 07757 809102

Dunfermline & West Fife: Otterstone and Fordell

Grade C: 6mls/2.5hrs **Depart:** LPRCP at 09:30 **Walk start:** Church at Dalgety Bay at 10:00 **OS:** 367 **GR:** NT155836 **Description:** Mostly tracks and paths. Some road walking. **Note:** DWOL.

Leader: Linda Moyes, 01383 852817 or 07840 759384, lm57.moyes@gmail.com

Kinross & Ochil: Glen Quaich -Loch Freuchie

Grade C: 7.5mls **Depart:** KPR at 09:15 or BURN at 09:00 **Walk start:** Amulree Hotel, on A822, 10mls north of Gilmerton at 10:00 **OS:** 52 **GR:** NN901367 **Description:** Low level walk taking in small part of the Roy Roy Way. Good path and tracks, some minor road walking. **Note:** RADO.

Leader: Graham Campbell, 01259 742593, grahamg.campbell@gmail.com

Perth: Farragon Hill from Strathtay

Grade B+: 12mls ▲950m/3116ft. **Depart:** ASDACP at 09:00 **Walk start:** Village shop in Strathtay (restricted parking - see note) at 10:00 **OS:** 52 **GR:** NN910533 **Description:** Following the path past Findynate Farm and passing the side of Loch Na Ba, rising to a ridge of hills and east to Beinn Eagagach, past old Barite mines and onto Farragon Hill. Descend close to Loch Derculich and Eradradynate Steading. **Note:** RADO. Don't use the village shop car park - use the one near the golf course or over the bridge in Grandtully. A big day out.

Leader: Trevor Abell, 01738 813123 & 07913288098, tmbabell@gmail.com

Sunday 2nd September

Dundee: Birnam Circular

Grade C+: 7mls/3.5hrs **Depart:** CWCP at 10:00 **Walk start:** Beatrix Potter Garden, Birnam at 11:00 **OS:** 52 **GR:** NO031418 **Description:** A level walk past the Birnam Oak, up one side of the river and returning down the other side via Dunkeld.

Leader: Evelyn Watson, 01382 480325 or 07880 812200

Glenrothes: Glenrothes - Boblingen Way, Gipsy Trail, Leslie

Grade C+: 8.5mls/4.5hrs ▲350ft **Depart:** LCCP at 09:30 **Walk start:** Lomond CP at 9:45 **OS:** 59 **GR:** NO286008 **Description:** Follow Boblingen Way to west Glenrothes, through Newcastle and using gipsy trail to Leslie, returning by Leslie House and Riverside Park. **Note:** NoSC DWOL

Leader: W Cumming contact by Email splish2splosh@gmail.com

Stirling & Falkirk: Murthly and beyond

Grade C+: 9.25mls/5hrs ▲224m/738ft. **Depart:** LACP at 09:30 **Walk start:** Murthly Village Hall at 10:30 **OS:** 52 **GR:** NO098384 **Description:** A nice non strenuous walk through Perthshires buffalo country. We will be walking along country roads, farm tracks, estate tracks and woodland paths. There is a section in the woodland which is always really boggy even in dry weather. **Note:** RADO. NoSC. PH1 4HL 90 miles to start & return

Leader: Babs Butler, 01324 720165 or 07711 575561, barbaraftbutler@btinternet.com

Tuesday 4th September

Dundee: Auchterhouse, Newtyle Railway Line, Dronley Woods

Grade C: 6mls/3hrs **Depart:** CWCP at 10:00 **Walk start:** Pitpointie Farm at 10:15 **OS:** 54 **GR:** NO352374 **Description:** Circular walk in Auchterhouse area including part of Newtyle Railway Line and Dronley Woods. Minimal ascent.

Leader: Sheila Wallace, 01382 320243 or 07944 570925

Kirkcaldy: Langtoun Daunders - Esplanade / Balwearie Circular

Grade C: 5mls **Depart:** KRSN at 10:00 **Walk start:** Esplanade lorry / car park at 10:15 **OS:** 59 **GR:** NT279902 **Description:** Follow roadside footpath from Invertiel along Queensferry Passage Road turning off to cross Kirkcaldy golf course and head to Balwearie Castle. Return along Boglily Road, through Mill Dam, past golf clubhouse and West Mill to start point. **Note:** DWOL. CWRA. Optional lunch venue 'The Duchess'.

Leader: Beth Dickson, 07791 912417, bd6427@icloud.com

Thursday 6th September

Dunfermline & West Fife: Springfield Circular

Grade C: 8mls/3hrs ▲150m/492ft. **Depart:** LPRCP at 09:30 **Walk start:** Springfield Tavern, Main Street, Springfield (parking nearby) at 10:15 **OS:** 370 **GR:** NO342119 **Description:** Through woodland and country roads and paths via Cults Hill and Pittlessie. **Note:** DWOL.

Leader: Maureen Paul, 01383 727875 or 07842 386718, apaspaul9@gmail.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 7th September

Blairgowrie: 7-10 September Weekend Away - Melrose

Meet: Bay Waverley Castle Hotel Car Park - Booted and ready to start walking at 14:00 **Description:** A range of walks will be available Friday afternoon to Sunday, a choice on Saturday and Sunday, no lead walk Monday, details to follow. Booking and deposit of £25 by 12th March to Madeleine Macintosh 01250 872005, maddiesworld@outlook.com.

Contact: Mike Morris, 01828 632548, morriskilry@gmail.com

Kirkcaldy: Weekend at Edzell

Meet: At time & place arranged. **Description:** Depart Friday 7th September and return Sunday 9th September. Venue will be Panmure Arms for two nights. A full programme of walks will be on the agenda.

Contact: Liz Greig, 01592 653682, 07919 985239

Saturday 8th September

Brechin: Moncreiffe Hill

Grade C+: 6mls **Depart:** SNSB at 09:00 **Walk start:** Moncreiffe Hill South Side car park near Easter Moncreiffe at 10:30 **OS:** 58 **GR:** NO153192 **Description:** Woodland Walk on paths. Great views over Perth from remains of Iron Age fort. Will pass woodland sculptures on our route.

Leader: Alison Stewart, 01307 818770

Dalgety Bay: Gullane and Aberlady Bay Circular

Grade C: 5.5mls/3hrs ▲50m/164ft. **Depart:** DBSCCP at 09:30 **Walk start:** Main Street Gullane at 10:30 **OS:** 66 **GR:** NT488830 **Description:** Coastal and countryside paths and tracks. **Note:** RADO.

Leader: Ken Wright, 01383 822358 or 07535 386982

Glenrothes: Kirkcaldy to Auchtertool, Kinghorn Circular

Grade B: 11mls/6hrs **▲** 800ft **Depart:** LCCP at 9:30 **Walk start:** Beveridge Park Car Park at 10:15 **OS:** 59 **GR:** NT273909 **Description:** The walk is mainly on good paths and tracks with moderate inclines and some road walking. The route starts at Beveridge Park passing Balwearie Castle, Kilrie Farm and woodland area. Up through Glassmount, Kissing Trees Road and into Craigencait Village Kinghorn returning via the Coastal Path. **Note:** NoSC RADO
Leader: M Slaven 01383 515995 or 07754141295 marygg08@talktalk.net

Perth: Spittalfield Circular

Grade C+: 7.5mls **▲** 100m/328ft. **Depart:** ASDACP at 09:00 **Walk start:** Spittalfield Village Green at 09:45 **OS:** 53 **GR:** NO107409 **Description:** An interesting walk starting at Spittalfield through Gourdie and Inchtuthill. Attractive walk with varied paths and some road walking. The walk takes in the River Tay. **Note:** RADO.
Leader: Donald Purvis, 01738 813294 & 07478247825, purvishome@gmail.com

St. Andrews & NE Fife: Aberfeldy Birks & Moness Falls Circular

Grade B+: 8.25mls/4.25hrs **▲** 274m/900ft. **Depart:** FCPC at 09:30 **Walk start:** Aberfeldy Birks Car Park (off A826) at 11:00 **OS:** 52 **GR:** NN855486 **Description:** Walk through Aberfeldy Birks to Falls of Moness and return track via Dunskiag. Some minor road walking as well as country and woodland tracks. Nice views. May be muddy in places. **Note:** RADO. NoSC.
Leader: Jim Coates, 01337 831113, jcoates1944@gmail.com

Sunday 9th September

Stirling & Falkirk: Kingsbarns to Anstruther Linear Coach option 1

Grade C+: 10mls/5hrs **▲** 30m/100ft. **Depart:** LACP at 09:00 **Walk start:** Kingsbarns at 10:30 **OS:** 59 **GR:** NO593121 **Description:** Walk on the Fife Coastal Path in the lovely East Neuk of Fife. A choice of a 6 mile walk to Crail or continuing on for the 10 miles to Anstruther where hopefully there will be time for an ice-cream or more before we sleep on the coach back. **Note:** RADO. NoSC. KY16 8SP Note early start Note The coach will also stop at Grangemouth about 9:20
Leader: Janet McNee, 01324 872205 or 07929 130582, janet.mcnee@googlemail.com

Stirling & Falkirk: Kingsbarns to Crail Linear Coach option 2

Grade C: 6mls/3.5hrs **▲** 30m/100ft. **Depart:** LACP at 09:00 **Walk start:** Kingsbarns at 10:30 **OS:** 59 **GR:** NO593121 **Description:** Walk on the Fife Coastal Path in the lovely East Neuk of Fife a 6 mile walk to Crail. **Note:** RADO. NoSC. KY16 8SP Note early start. NOTE The coach will also stop at Grangemouth about 9:20
Leader: Janet McNee, 01324 872205 or 07929 130582, janet.mcnee@googlemail.com

Strathtay: Bridge of Balgie to Meggernie

Grade C: 7mls **Depart:** CCP at 09:00 **Walk start:** Innerwick at 09:45 **OS:** 52 **GR:** NN586474 **Description:** Explore the River Lyon to the ghostly Meggernie Castle and try to resist the temptations of the Bridge of Balgie tea room. **Note:** RADO.
Leader: Jenny Rees, 07979 608496, jenny.rees@virgin.net

Tuesday 11th September

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Wednesday 12th September

St. Andrews & NE Fife: Mid-week Leisurely Walk: Gauldry & Kilmany

Grade C: 5mls/3hrs **▲** 152m/500ft. **Depart:** FCPC at 13:15 **Walk start:** Morris Duncan Hall, Gauldry at 13:45 **OS:** 59 **GR:** NO373237 **Description:** Easy low level circular walk across mixed terrain of woodlands, farmland and minor roads. **Note:** RADO. NoSC.
Leader: Joan Crichton, 01334 652402

Thursday 13th September

Brechin: **AGM**

Meet: St Andrews Church Hall, Brechin at 19:00

Contact: Linda Robbie, 01307 464512, lnr1@btinternet.com

Dalgety Bay: **Roamers ~ Letham Hill Wood (100m ascent)**

Grade D: 4mls/2.5hrs ▲100m/328ft. **Walk start:** Dalgety Bay Library at 10:00 **OS:** 66 **GR:** NT156834 **Description:** Woodland walk on paths, which can be muddy, with a little more ascent than the other walks in this series. **Note:** RADO.

Leader: David Thomson, 01383 860324 or 07922 050562, davidthomson@tesco.net

Glenrothes: **Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 14th September

Dundee: **Week-End at Melrose**

Meet: Waverley Castle Hotel **Description:** From £119 for 3 nights depending on room type. Deposit of £25 (non returnable) by 25th March to Pat Hargraves. Balance to be paid by 1st August.

Contact: Pat/Peter Hargraves & Linda Beveridge, 01307 462882, 01382 730832 & 07811 462266

Saturday 15th September

Dalgety Bay: **Ben Lomond and Ptarmigan**

Grade A: 7.3mls/5.5hrs ▲990m/3248ft. **Depart:** DBSCCP at 08:00 **Walk start:** Ben Lomond Car Park, Rowardennan at 10:00 **OS:** 56 **GR:** NS360986 **Description:** Ascend the most southerly Munro and return via Ptarmigan. Well worth getting up early for the spectacular views. **Note:** RADO. NoSC.

Leader: Ian Bruce, 01383 616062 or 07518 154237, ianbruce100@btinternet.com

Forfar: **Lower Largo to Elie**

Grade C: 7.5mls **Depart:** EGCP (Note Early Start) at 09:00 **Walk start:** Ruby Car Park Elie (Prompt to catch bus to Lower Largo) at 10:30 **OS:** 59 **GR:** NT498997 **Description:** Walk from Lower Largo to Elie along the Fife Coastal Path to just south of Shell Bay then inland passing Kilconquhar loch returning to Ruby Car Park (Note no steps at Elie).

Leader: Jenny McDade, 01241 855481

Kirkcaldy: **Bonnybank to Markinch Linear**

Grade C+: 7.5mls **Depart:** Kirkcaldy bus station, stance 2. at 09:00 **Walk start:** Bonnybank Cupar Road bus stop at 09:50 **OS:** 59 **GR:** NO356035 **Description:** Cupar bus at 9.10am (No 41) to Bonnybank. Walk is mainly on country tracks and footpaths over gentle hills with good views, then across Star Moss to finish at Markinch. Return to Kirkcaldy by choice of public transport routes. **Note:** DWOL. NoSC. Check bus times with leader before joining walk.

Leader: Ruth Beddall, 01592 260578

Perth: **Glen Tarken Tracks**

Grade B: 8.5mls ▲450m/1476ft. **Depart:** ASDACP at 09:00 **Walk start:** Car Park at the layby just opposite the toilets at the west end of St Fillans at 10:00 **OS:** 51 **GR:** NN687246 **Description:** Cross the A85 and up steps to a private road then on good tracks through woods to Glen Tarken. Along the valley then back on the return track heading through a sheep dip complex and then return to start. **Note:** RADO.

Leader: Gil McGeachy, 01738 583940 or 07946 655068, gil.mcgeachy@gmail.com

Stirling & Falkirk: **A leisurely undemanding walk around Bridge of Allan**

Grade D: 5mls/2.5hrs ▲80m/262ft. **Walk start:** Blairfornie Drive Bridge of Allan at 15:00 **OS:** 57 **GR:** NS789977 **Description:** A stroll around the perimeter paths of Bridge of Allan arriving back at the Westerton Arms for tea. **Note:** RADO. NoSC. FK9 4QH 10 miles to start & return. NOTE SATURDAY, no LACP meet as it isn't free on Saturdays.

Leader: Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Sunday 16th September

Dunfermline & West Fife: Kinnoul and Murrayshall Hills, Perth

Grade B: 6mils/4.5hrs ▲380m/1246ft. **Depart:** LPRCP at 09:30 **Walk start:** Perth, Corsiehill car park at 10:30 **OS:** 58 **GR:** NO135235 **Description:** An exploration of the wooded country between Perth and Scone. **Note:** DWOL.

Leader: Grant Robertson, 01577 208436 or 07936 738581, grobert50@tesco.net

Glenrothes: Blair Atholl - Falls of Bruar and Glen Banvie wood circular

Grade B: 9mils/5hrs ▲1190ft **Depart:** LCCP at 9:30 **Walk start:** House of Bruar 5K west of Blair Atholl at 11:00 **OS:** 43 **GR:** NN821659 **Description:** A walk to the Falls of Bruar through Glen Banvie wood returning via Colrig. **Note:** NoSC RADO

Leader: C Mackie & T McLaren 07903132319 tmclaren39@gmail.com

Kinross & Ochil: Upland Lowland Circular

Grade C+: 7mils **Depart:** KPR at 09:30 or BURN at 09:15 **Walk start:** Strathmiglo School at 10:00 **OS:** 56 **GR:** NO212101 **Description:** An undulating walk in the Strathmiglo area, with slight variation in length (7 or 8 miles) depending on autumn land use. **Note:** RADO. CWWRA.

Leader: Liz Douglas, 01337 827582

Stirling & Falkirk: Beinn Dubh and Glen Luss

Grade B+: 6mils/5hrs ▲642m/2106ft. **Depart:** LACP at 09:00 **Walk start:** Luss Car Park at 10:30 **OS:** 56 **GR:** NS359931 **Description:** From Luss main car park ascend Beinn Dubh. Descend Glen Striddle to Glen Luss, and follow road then path down Glen Luss. Cross Luss Water to south and pick up village trail back to Village. **Note:** RADO. NoSC. G83 8PG 80 miles to start & return

Leader: Wraight Shepherd, 01786 475137 or 07753 941564, wraight.shepherd@talk21.com

Thursday 20th September

Dunfermline & West Fife: Moncrieff Hill

Grade C+: 5mils/3hrs ▲250m/820ft. **Depart:** LPRCP at 09:30 **Walk start:** Tay car park, north of Moncrieff Hill at 10:15 **OS:** 369 **GR:** NO139210 **Description:** Circular walk through woodland taking in Sculpture Trail and Moredun Top hill fort. **Note:** DWOL.

Leader: Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 22nd September

Blairgowrie: Mayar and Driesh

Grade A+: 9mils ▲835m/2739ft. **Depart:** WCPB at 09:00 **Walk start:** Glendoll Forestry Car Park at 10:15 **OS:** 44 **GR:** NO284760 **Description:** An opportunity to climb two iconic Munros with a circular route mostly on path with some steep ascents. If the weather is inclement the walk can be shortened to climbing Corrie Fee and descending the Shank of Drumfollow. **Note:** RADO.

Leader: Mike Morris, 01828 632548, morriskilry@gmail.com

Brechin: Brechin Path Network

Grade C: 9mils **Depart:** SNSB at 09:00 **Walk start:** St Ninian's Square, Brechin at 09:10 **OS:** 44 **GR:** NO601602 **Description:** A circular walk on the Brechin Path Network.

Leader: Sheena Leven & Helen Simpson, 01356 630208 or 01356 624583

Dalgety Bay: Fife Pilgrim Way - North Queensferry to Dunfermline

Grade C: **Walk start:** North Queensferry. **Description:** See web site in the late summer for full details of the walk which will depend on the intended route being fully implemented by the Fife Coast and Countryside Trust. I have a reserve walk if required. **Note:** RADO. This walk will use public buses to the start point and to return from finish.

Leader: Ben Douglas, 01383 822715 or 07852 658675

Dundee: Loch Brandy

Grade B+: 5.5mls/5.5hrs **▲**697m/2290ft. **Depart:** OCCP at 09:30 **Walk start:** Car Park at Clova at 10:30 **OS:** 44 **GR:** NO326730 **Description:** Walk from Glen Clova to Loch Brandy, which is a superb example of a mountain corrie, backed by craggy slopes and cradling a perfect loch. On good paths. The walk includes going up the Snub on to the plateau but this is optional. **Note:** Going up the Snub onto the plateau will depend on the weather.

Leader: Dave Rennie, 07760 460092

Glenrothes: Newburgh Walking the Boundary

Grade B: 10mls/5.5hrs **▲**750ft **Depart:** LCCP at 9:30 **Walk start:** Car park at East End by Primary School at 10:15 **OS:** 58 **GR:** NO240182 **Description:** A circular walk on paths and tracks following the traditional boundaries of Newburgh. **Note:** NoSC RADO

Leader: I Rankin 01337 830360 ishabelrankin@gmail.com

Perth: Circuit of Loch Mahaick

Grade B: 11mls **▲**1300m/4265ft. **Depart:** ASDACP at 09:00 **Walk start:** Doune Arts Centre off the A84 west of Doune at 10:00 **OS:** 57 **GR:** NN716029 **Description:** A 'P' shaped walk on good tracks including a circuit of Loch Mahaick which is seen on the right throughout the circuit. Good views of Ben Vorlich, Stuc a'Chroin and Ben Ledi.

Leader: Roger Brickell, 01764 656114 or 07733 317725, rogerbrickell@icloud.com

Strathay: Banvie, Sheicheachan and Tilt

Grade B: 13mls **Depart:** CCP at 09:00 **Walk start:** Old Bridge of Tilt at 09:45 **OS:** 52 **GR:** NN874662 **Description:** Circular route on moorland tracks linking the Allt an Seapail, Allt Sheicheachan and Allt Slanaidh. **Note:** RADO.

Leader: John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

Sunday 23rd September

St. Andrews & NE Fife: Newtyle Railway Walk

Grade C+: 7.5mls/4.5hrs **▲**140m/460ft. **Depart:** FCPC at 09:00 **Walk start:** Car Park on North St in Newtyle (minor road east at town crossroads on B954) at 10:15 **OS:** 54 **GR:** NO298414 **Description:** Moderate low level circular walk on former railway line, farm tracks & minor roads. Scenic countryside views. **Note:** RADO. NoSC.

Leader: Jim Forret, 01334 656137, james.forret@btinternet.com

Stirling & Falkirk: Clyde Valley: Mouse Water & Cleghorn Glen

Grade C+: 7mls/4hrs **▲**280m/918ft. **Depart:** LACP at 09:30 **Walk start:** in Castlebank Park, St Patrick's Rd (at the end of Friars Lane) Lanark at 10:30 **OS:** 72 **GR:** NS877433 **Description:** This is an attractive walk above & beside the Mouse Water, a tributary of the River Clyde and includes walking through the woodlands of Cartland Craggs National Nature Reserve. **Note:** RADO. NoSC. ML11 9EG 90 miles to start & return

Leader: Janette Seale, 01786 447107 or 07709 957317, janette.seale@hotmail.co.uk

Tuesday 25th September

Dundee: Camperdown Park to Clatto

Grade C: 6mls/3hrs **Walk start:** Mansion House, Camperdown Park at 10:00 **OS:** 54 **GR:** NO358329 **Description:** Leisurely walk from Mansion House, through Camperdown and Templeton Woods to Clatto Park and return. Lunch to follow at Camperdown Zoo cafe for those who are interested.

Leader: Sheila Wallace, 01382 320243 or 07944 570925

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 27th September

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 28th September

Glenrothes: Melrose weekend

Description: Waverley Castle Hotel, Melrose for 3 nights leaving Monday 1st October.

Contact: J Duncan 01337 831888 john@johnandmorven.co.uk

Stirling & Falkirk: Pitlochry Weekend

Meet: Pitlochry Hydro Hotel at 00:05 **Description:** 28th Sept to 1st October. **Note:** There will a variety of walks to suit all levels on offer. **Note:** See Fiona for further details

Contact: Fiona McMurray, 01324 632740, 07842 449328, fionanmcmurray@btinternet.com

Saturday 29th September

Dunfermline & West Fife: Falkland and Maspie Den

Grade C+: 5mils/2.5hrs **Depart:** LPRCP at 09:30 **Walk start:** Car park just inside Falkland Estate at 10:15 **OS:** 370 **GR:** NO247075 **Description:** Up Maspie Den then on to Tyndall Bruce monument. return through Falkland Estate. **Note:** DWOL.

Leader: Maureen Paul, 01383 727875 or 07842 386718, apaspaul9@gmail.com

Kirkcaldy & Ochil: Gargunnoch to Kippen

Grade C: 7.5mils **Depart:** KPR at 09:00 or BURN at 09:30 **Walk start:** Main Street, Gargunnoch at 10:00 **OS:** 57 **GR:** NS704944 **Description:** Circular walk along quiet roads and lanes. **Note:** DWOL.

Leader: Sybil Taylor & Lesley Creevy, 07890 217935 or 07875 720910

Kirkcaldy: Four lochs from Cally car park

Grade B+: 11.5mils ▲487m/1600ft. **Depart:** KRSN at 09:00 **Walk start:** Cally car park, Dunkeld at 10:30 **OS:** 53 **GR:** NO023437 **Description:** Forest track from car park to Mill Dam, past Deuchary Hill to Santa Crux Well. Minor road for 1.5 miles to Butterstone. Short section of A923 to path leading around south sides of Loch of Butterstone and Loch of the Lowes. **Note:** RADO. NoSC. Final part of route is via Fungarth and Dunkeld golf club before return to car park.

Leader: Mike Livesey, 07783 201492

Perth: Circular from Linlithgow

Grade C+: 8mils ▲150m/492ft. **Depart:** ASDACP at 09:00 **Walk start:** Xcite Sports Centre Car Park, McGinley Way, Linlithgow at 10:15 **OS:** 65 **GR:** NS987764 **Description:** Circular following canal to aqueduct then through Muiravonside Country Park and returning by riverside path (can be muddy). Variety of pavements, paths, tracks and a set of steps. **Note:** RADO.

Leader: Lynn Salvin, 01738 634628 or 07712 298939

Sunday 30th September

Forfar: The Law and Balgay Hill

Grade C+: 6mils **Depart:** EGCP at 09:30 **Walk start:** Discovery Point at 10:15 **OS:** 52 **GR:** NO404298 **Description:** An exploration of Dundee, taking in various points of interest. Good Views from the Law Summit.

Leader: Christine Ferguson, 01382 53238



Forth Valley, Fife & Tayside Area Honorary Officials

The following officials were elected or re-elected at the Area AGM at Scone Burnside Hall on the 25th November, 2017

Convenor

Roger Brickell, [REDACTED]
[REDACTED]

Secretary

Jim Forret, [REDACTED]
[REDACTED]

Membership Secretary

Colin Thomson, [REDACTED]

Treasurer

Mike Gray, [REDACTED]
[REDACTED]

Access Officer

John Andrews, [REDACTED]
[REDACTED]

Publications and Advertising Secretary

Trevor Abell, [REDACTED]
[REDACTED]

Assistant Publications Officer

Ian Bruce, [REDACTED]
[REDACTED]

Training Officer

Dr Mike Morris, [REDACTED]

Useful RA Addresses

RA Central Office: 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW
Tel: 020 7339 8500, Fax: 020 7339 8501

e-mail: ramblers@ramblers.org.uk web: www.ramblers.org.uk

If you are changing/correcting your name or address or changing group then you need the Membership Department or www.ramblers.org.uk/membership/membermail.htm

RA Scotland: Caledonia House, 1, Redheughs Rigg, South Gyle, Edinburgh EH12 9DQ

e-mail: scotland@ramblers.org.uk web: www.ramblers.org.uk/scotland

Tel: 0131 472 7006

Tayside Young Walkers: Angharad Gibreel - [REDACTED]

Group Secretaries (correct September 2017)

Blairgowrie	Patricia Fraser
Brechin	Linda Robble
Dalgety Bay	Chris Roberts
Dundee	Jean MacGillivray
Dunfermline & West Fife	Alan McGuckin
Forfar	Dorothy Hutcheon
Glenrothes	Mary Slaven
Kinross & Ochil	Ann Eve
Kirkcaldy	Mike Livesey
Perth	Trevor Abell
St Andrews & NE Fife	Will Aitken
Stirling, Falkirk & District	Betty Brodie
Strathtay	Bill Bruce (Treasurer) –

Dalgety Bay
 Perth & District
 Glenrothes
 Dunfermline & West Fife:
 Kirkcaldy
 Stirling and Falkirk
 St Andrews & NE Fife
 Tayside Young Walkers

dalgetybayramblers.org.uk
ramblers.org.uk/perth-district
glenrothesramblers.co.uk
dwframblers.btck.co.uk
ramblers.co.uk/kirkcaldy
sfdramblers.wordpress.com
standrewsnefiferamblers.com
meetup.com/Tayside-young-walkers



If you are walking with a group other than your own:

- ☐ **Phone the walk leader and confirm the meeting place and time.**
- ☐ **Leave your full name, address and telephone number in the walks book.**
- ☐ **Tell the walk leader if you have any relevant medical condition.**
- ☐ **Socialise, particularly if there is a large number of you from another group.**
- ☐ **Don't leave the walk without telling the walk leader.**
- ☐ **Thank the walk leader at the end of the walk.**



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