



ramblers scotland
at the heart of walking

Forth Valley, Fife & Tayside

Area Joint Programme

October 2017 to March 2018

Walks and Events for:

**Blairgowrie & District
Brechtin**

Dalgety Bay & District

Dundee & District

Dunfermline & West Fife

Forfar & District

Glenrothes

Kinross & Ochil

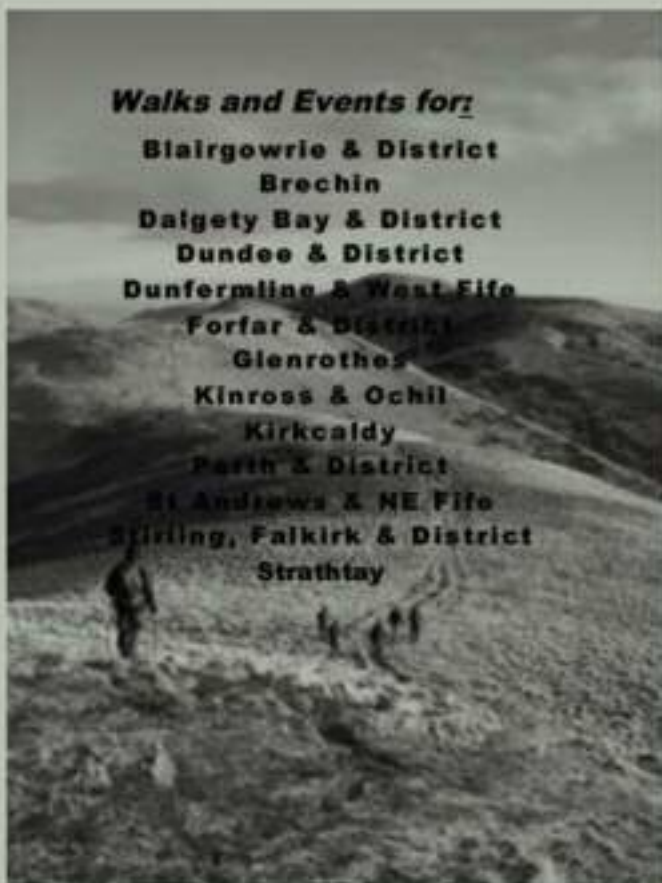
Kirkcaldy

Perth & District

St Andrews & NE Fife

Stirling, Falkirk & District

Strathtay



Information Page

Welcome to the 36th edition of the joint programme covering the Winter programme for 2017/18. We hope that you find the programme informative and helpful in planning your own walking programme for the next 6 months. You can now download a PDF version of this file to your computer, phone, etc.

The complete programme as printed can be found on the Dalgety Bay website dalgetybayramblers.org.uk and is also linked to the Area Website:

<http://www.ramblers.org.uk/forth-valley-fife-tayside> This site also lists the walks for the entire Area giving information on the start point.

Publication Information for Next Issue

Deadlines: Electronic walk programmes to Ian Bruce by mid-February 2018
Articles, News Items, Letters etc to Area Secretary by the same date.

Group News, single A4/A5 sheet, 1 or 2 sided, hard copy ready for photocopying. Please send it directly to Trevor Abell by the end of August. Email attachments are also acceptable and indeed preferred.

The FV, F & T Joint Programme Team:

Publications and Advertising Secretary: Trevor Abell, 8, Culteuchar Road, Ardargie, Forgandenny Perth, PH2 9QE. Tel 01738 813123, e-mail: tmbabell@gmail.com

Assistant Publications Secretary: Ian Bruce, 4 Spencerfield Cottages, Dunfermline, KY11 9LA. Tel: 01383 616062, e-mail ianbruce100@btinternet.com



General Information

Walks Grading

The walks in this programme are graded according to the following:

E	Easy Access Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections: visitors are advised to check with the walk leader.
D	Leisurely Walks for reasonably fit people. May include unsurfaced rural paths. Walking boots or comfortable footwear and warm, waterproof clothing are recommended. 2 to 5 miles.
C	Easy, mainly on level ground and often paths and tracks.
C+	Easy to moderate, for those with improving fitness, offering some modest challenges.
B	Moderate, demanding higher standards of fitness and stamina than C+.
B+	Between moderate and strenuous, for the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.
A	Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; with steep ascents and descents; distances over 15 miles.
A+	Severe. Arduous walks for the experienced and very fit, involving some or all the following factors: high, exposed ground; steep ascents and descents; brisk pace; distance over 15 miles. Standard grading for hill-walking in winter conditions.

The grade is intended as a rough guide only. More information is supplied in each entry.

Walker's Responsibilities

Walkers must be 18+ or accompanied by an adult holding parental responsibility. Ramblers volunteers cannot provide direct care and supervision to children under 15. Instead the children must be accompanied by an adult who holds parental responsibility, such as a parent, legal guardian, carer, teacher or youth worker.

Unaccompanied walkers aged 15-17 are welcome (except on overnight stays) with a valid 15-17 Year Old Parental Consent Card, obtainable free from Ramblers main office, tel 020 7339 8500 or see www.ramblers.org.uk/localgroups.

If you are unsure of the suitability of a walk contact the Walk Leader beforehand. It is not always possible to shorten a walk if you are overexerting yourself; choose a grade of walk suitable to your level of fitness and experience.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or

minimise the potential for an accident to arise. Personal accident insurance is available from several sources. The Walk Leader or Deputy must be a member of the RA. The Leader may change a walk at his/her discretion. Members or visitors should not leave a walk without informing the Leader or divert from a walk without the agreement of the Leader. Many groups carry a first aid kit and/or mobile phone. Individuals are reminded that they are responsible for carrying any special medication that they require for personal use. Walkers must also inform the Walk Leader of any medical condition that could affect their ability to complete the walk.

Dogs are not generally suitable on most walks; however some walks are indicated as being suitable for dogs. **Please note: for all walks Registered Assistance Dogs (RADO) are welcome.**

The Weather

Listen to the weather forecast (hill walkers' forecast on Radio Scotland) and prepare accordingly. If extreme weather is expected the walk may be cancelled. If you are in doubt, contact the Walk Leader.

Clothing and Equipment

Dress according to the season. *Note:* Denim clothes are not suitable.

Winter: thermal base layer and layers of clothing, (shirt, trousers, jumper or fleece, and a windproof shell, plus hat, scarf, and gloves). A waterproof jacket (with hood) and waterproof trousers are also needed.

Summer: wear fewer, thinner layers but take sun protection.

Wear well-fitting walking boots and take a rucksack to carry your gear.

Food and Drink

In general, for a day walk take a flask containing a hot drink, a packed lunch, and various snacks. In warmer weather extra liquid is *essential*.

Ticks

Some of the areas walked may contain ticks, which are known to be a source of infection in humans. It is advised that you wear long trousers, a long sleeved shirt and a hat, even in summer. It is also advisable to tuck your trousers into your socks and apply insect repellent. Examine yourself for ticks after a walk and if you find one remove it immediately and cleanly using fine-tipped tweezers or a special tick removal tool. Care is necessary to avoid leaving the mouth parts in the skin; hence you should grasp the tick as close to the skin as possible and pull upwards, slowly but firmly. Once removed apply antiseptic and keep an eye on it for some weeks. The concern is for Lyme Disease, the usual early signs are for an expanding rash. It can be treated but it is serious if neglected. Any unusual reaction should be followed up by a visit to your general practitioner for further advice

Transport

Generally cars are used to transport walkers to the start of a walk; car sharing is encouraged. Abbreviations for car parks used as pick up points are included in this programme.

When car sharing, it is recommended that car passengers make a contribution to the running costs, the method of calculation and mileage rates are set by individual groups. Car drivers are reminded to call in at the pick up point prior to departure for the walk if they have a spare seat. Passengers are advised to take shoes and a bag for dirty boots and spare dry clothes in wet weather. The times given in this programme are departure times, if you are from a different group and/or going straight to the start of the walk, it is recommended that you contact the Walk Leader beforehand.

Walks may also use public transport, the fare may be indicated and it is the individual's responsibility to pay. Various walks use hired minibuses, in this case the person responsible, a deadline for booking, and (possibly) a fee will be indicated in the programme. If you book a place on a bus and then find that you must cancel at a later date, unless a replacement is found, you may still be liable for the full cost.

Cancelling Walks

Groups may have their own accepted procedure; but it is expected that if a walk has to be cancelled due to weather or other reasons, that the Leader or a deputy will go to the normal Group Meeting Point to advise any walkers of the change in plans. It should not be assumed that a Leader will go to the walk start, since this might mean extensive travel in possibly poor conditions. When weather conditions are likely to be poor all walkers planning on going directly to the walk start should confirm by phone with the Walk Leader if the walk will go ahead or not. The Walk Leader should make a note of the phone number of any visitors that indicate their intention of attending the walk and ring them back if the walk is to be cancelled.



FORTH VALLEY, FIFE AND TAYSIDE AREA

DRAFT MINUTES FOR THE AGM HELD ON THE 26TH NOV. 2016 AT MUIRHEAD & BIRKILL MILLENIUM HALL

OFFICE BEARERS PRESENT

John Andrews, Trevor Abell, Alan Bridges, Ian Bruce, Jim Forret

MEMBERS PRESENT

Jill Pontin, Joyce Cumming, Sheila Wallace, Isobel Cowie, Linda Pirie, Jean McGillivray, Brian McGillivray, Lena Brown, Ann McReedy, Liz Greig, Ros Fairgrieve, Brian Clark, Dorothy Hutcheon, Christine Ferguson, Andrew Lees, Chris Roberts, Marilyn Galbally, Sean Galbally Catherine Robertson, Jim Young, Will Aitken, Margaret Aitken, Dorothy Cameron, Sandra Haworth, Helen Stanghon, Roger Brickell, Irene McGowan, Linda Cullis, Lynn Salvin, Helen Todd (Ramblers Scotland)

APOLOGIES

Apologies were received from: Colin Thomson, Betty & Chris Barton, Mike Gray, Pat Fraser, Alan Paul, Ben Douglas, Alan Bardwell, Alison Mitchell (Convenor for Ramblers Scotland)

MINUTES FOR THE PREVIOUS AGM

The minutes for the AGM held on the 19th FEB. 2016 were read and approved
Proposed by Alan Bridges. Seconded by Jean McGillivray

MATTERS ARISING

There were no matters arising from these minutes

PRESENTATION OF THE ANNUAL REPORT

All the constituents of the annual report were considered by the members present : Convenors report, Area Secretary's report, Membership secretary's report, Access Officers report, Publication & advertising Officer's report, Treasurers report

Alan Bridges stated there was still money available for training courses, Jean McGillivray asked if it would be possible to have a course on Social Media, as the one to be held at Ramblers Scotland training day in September was

cancelled

Helen Todd suggested we contact Jeanie Cranfield about this.

APPOINTMENT OF OFFICE BEARERS

The position of Convenor was open due to John Andrews standing down.

The single nomination for the post was Roger Brickell

Proposed by John Andrews, seconded by Trevor Abell

As this was the only nomination for the post Roger Brickell was duly elected to the post of Convenor

Since all the other Office Bearers were standing for re-election Brian McGillivray proposed that they be elected on masse

This was seconded by Brian Clark & passed by the members present

The office positions are

Vice Convenor	Alan Bridges (Kinross & Ochil)
Area Secretary	Jim Forret (St Andrews. NE Fife)
Membership Secretary	Colin Thomson (Stirling & Falkirk)
Treasurer	Mike Gray (Stirling & Falkirk)
Access Officer	John Andrews (Perth)
Publications Secretary	Trevor Abell (Perth)
Assistant Publications secretary	Ian Bruce (Dalgety Bay & District)

APPOINTMENT OF INDEPENDENT EXAMINER OF ACCOUNTS

Mr Alan Paul was re-elected to the post of Independent Examiner of accounts

Proposed by Catherine Robertson Seconded by Brian McGillivray

DELEGATES TO SCOTTISH COUNCIL

The delegates elected to attend Scottish Council in 2017 are Roger Brickell & Trevor Abell

DELEGATES TO GENERAL COUNCIL

The delegates elected to attend General Council in 2017 are Roger Brickell & Mike Gray

DATE & VENUE FOR 2017 AGM

It was decided by the members present that the venue for the 2017 AGM will be the Church Hall, Burnside Scone, PH2 6LP

The date is the 25th November 2017

AOCB

There was no other business to be discussed

Before closing the meeting, John Andrews thanked the office bearers for all their assistance during his time as Convenor

He also thanked the members of the Dundee group for booking the venue, providing the tea/coffee/ biscuits and for leading the walk after lunch

The meeting closed at 10.35

FORTH VALLEY, FIFE AND TAYSIDE AREA ANNUAL GENERAL MEETING & OPEN DAY

Saturday 25th November 2017: 9.30 a.m. – 2.30 pm

Venue: Church Hall, Burnside, Scone PH2 6LP

Directions:

The hall is situated at the southern end of Scone close to the memorial to Douglas.

DRAFT PROGRAMME

9.30 -- 10.00 am.	Registration and Coffee/Tea
10.00 – 11.00 am.	Area AGM
11.00 – 11.30 am	◇ Interval ◇
11.30 – 12.00 am.	Speaker to be announced
12.00 – 12.30 pm	Open discussion Chaired by the Area Convener
12.30 - 1.30 pm. ◇ Lunch:	Members bring own packed lunch
1.30	A short Walk (should weather conditions permit) around the local area.
2.15 -2.30	Closing Remarks

Please use the Registration Form opposite

*Copies of the Accounts and the FV, F & T Area Annual Report 2017
will be available at the Meeting.*

Registration Form

AGM and Open Day FV, F & T Area

Date: Saturday 25th November 2017
Start Time: 9.30 a.m. for 10.00 a.m. **Finish:** 3.00 p.m.
Venue: Church Hall, Burnside, Scone.

To register, please complete this form and return it no later than **11th November 2017** to the Area Secretary
Mr Jim Forret, 27 Robertson Road, Cupar, Fife KY15 5YR

There will be **no charge** of for teas/coffees at registration and morning interval. Members should bring their own packed lunch.

If you do not wish to cut this form out of your programme, a photocopy is fine or simply send an email to james.forret@btinternet.com

Please tick the relevant box

I wish to attend the AGM/Open Day ☐

I cannot attend the AGM/Open Day, but I would like to receive a copy of the FVF&T Area Annual Report (*by email only). ☐

Name(s): _____ / _____

Group: _____

Address: _____

Postcode: _____ **Telephone:** _____

E-mail: _____

Meeting Points

The following abbreviations are used for group meeting places:

Blairgowrie	WCPB	Wellmeadow Car Park, Blairgowrie.
Brechin	SNSB	St Ninian's Square, Brechin.
Dalgety Bay	DBSCCP	Dalgety Bay Shopping Centre Car Park.
Dundee East	OCCP	Odeon Cinema Car Park, Douglasfield, Dundee
Dundee West	CWCP	Cineworld Car Park, Camperdown Leisure Park, Dundee
Dundee Fife	TBCP	Tay Road Bridge (South) Car Park
Dunfermline & West Fife	LPRCP	Leys Park Road Car Park, Dunfermline.
Forfar	EGCP	East Greens Car Park, Forfar.
Glenrothes	LCCP	Lomond Centre Car Park, Glenrothes.
Kinross & Ochil	KPR	Kinross Park and Ride
	BURN	Dollar Burnside Car Park.
Kirkcaldy	KRSN	Kirkcaldy Railway Station North (Forth Ave).
Perth	ASDACP	Asda Supermarket Car Park, Perth.
St Andrews & NE Fife	FCPC	Fluthers Car Park, Cupar.
Stirling & Falkirk	LACP	Linden Ave Car Park, Stirling..
Strathtay	CCP	Car Park behind Co-op Aberfeldy.
Tayside Young Walkers		Varies – Details can be seen at https://www.meetup.com/Tayside-Young-Walkers

Acronyms used in the Programme

RADO = Registered Assistance Dogs Only

DWOL = Dogs welcome on Leads

CWRA = Children with responsible adults

NoSC = Not suitable for children



Walks Diary

Glenrothes Strollers walks

On most Thursdays over the dates of the programme, Glenrothes Strollers have a midweek walk, to which all are welcome. The walk is selected by the walk leaders on the week of the walk, the location and distance depending on the weather conditions. To go on the walk meet at St. Columba's Church.

Grade C: 4 - 6 miles 2.5 - 3.5 hours. **Meet/Time:** St Columba's Church CP at 10.00 **OS:** 59 **GR:** NO269009 **Description:** A short local walk (mostly within a 10 mile radius of Glenrothes), for details call one of the leaders.

Leaders: Linda Aitken or Gill Hagger 01592 757144 or 01592 563039

Kinross & Ochil Tuesday Walkers

These walks usually take place every second Tuesday. All are welcome.

All walks are **Grade C:** maximum 4 miles, approx 2 hours, and usually within a 10 mile radius of Kinross. **Meet/Time:** Kinross Park & Ride (KPR) at 10.00 **OS:** 58 **GR:** NO112025

Description: For details of any walk, please phone leader.

Leader: Edna Burnett, 01577 862977.

Dundee Ramblers Family Walks

A sub group of the Dundee Ramblers has been started to provide short walks suitable for families with or without children. Dogs are welcome but may need to be on leads. Contact Jean MacGillivray, Secretary Dundee or look up www.meetup.com/Dundee-Ramblers-Family-Walks-Meetup

Tayside Young Walkers

This is a group founded in February 2014 to provide an opportunity for walkers in the age groups of 20s, 30s and 40s to walk together and enjoy various social events. The group now has over 800 walkers attached to it. The group is linked to the Ramblers organisation and those walking regularly are expected to join the Ramblers. Walks are set up using Meetup, and to ensure that numbers are manageable, people are expected to place themselves on a list to attend.

Details can be seen at <https://www.meetup.com/Tayside-Young-Walkers>

Those of you in the younger age brackets are welcome to walk with them.

Contact: Morna McClean Morna83@hotmail.co.uk

Perth A Walkers

The Perth Group are trying an experiment of forming a sub group dedicated to undertaking more demanding walks during the Summer/Autumn including Munros and Corbetts. As much as possible the walks will be advertised on the group webpage and by direct email contact to those who have indicated an interest. Dates will change, however, in accordance with the vagaries of the weather.

Main contact for this subgroup is Gil McGeachy: gil.mcgeachy@gmail.com

Sunday 1st October

Forfar: Gella Bridge Circular

Grade C+: 4.5mils **Depart:** EGCP at 10:00 **Walk start:** Gella Bridge Car Park at 10:30 **OS:** 44 **GR:** NO373652 **Description:** Pleasant walk on farm and forest tracks past Brocklas Cottage, returning through forest to join outward path (Short distance of road walking).

Leader: Dot Eaton, 01307 465319

Glenrothes: Edinburgh - Pentland Hills - Black Hill Circular

Grade B: 9.5mils/5.5hrs **Depart:** LCCP at 09:30 **Walk start:** Harlaw reservoir CP at 10:30 **OS:** 66 **GR:** NT182655 **Description:** A walk taking in Glencorse and Loganlea Reservoirs on rights of way and countryside tracks returning by Threipmuir and Harlaw Reservoir. **Note:** NoSC RADO

Leader: S Fury 01592 756497 sheena_fury@yahoo.co.uk

St. Andrews & NE Fife: Christmas Lunch Booking

Meet: Christmas Lunch will be on Saturday 2nd December at 12:30 **Description:** Lunch will be in Monturpie Restaurant near Upper Largo. Will be option of 2 courses at £20 or 3 courses at £25, both including tea/coffee. If wish to come, please book with me with £5 deposit by 20th November.

Note: There will be optional pre-lunch walk--details on 2nd Dec entry

Contact: Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

Stirling & Falkirk: Buckhaven to Kirkcaldy (Fife Coastal Path) Linear

Grade C+: 6.5mls/3.5hrs ▲ 100m/330ft. **Depart:** LACP at 09:20 **Walk start:** Ravenscraig Park Car Park, Kirkcaldy at 10:30 **OS:** 59 **GR:** NT293927 **Description:** We take 10.42 X58 bus from Ravenscraig Park to start at Muiredge. The walk is on good tracks and encompasses fine views and numerous sites of historic interest. **Note:** RADO. NoSC. KY1 2TA Mileage to start & back 80

Leader: Hilary Thomson, 01786 472726 or 07834 529694, hilarydthomson@gmail.com

Tuesday 3rd October

Kirkcaldy: Langtoun Daunders - Kinghorn Return Coastal Path

Grade C: 5mls **Depart:** KRSN at 10:00 **Walk start:** Seafield car park at 10:15 **OS:** 66 **GR:** NT280897 **Description:** Walk from Kirkcaldy to Kinghorn return via coastal path. Optional lunch venue to be decided. **Note:** DWOL. CWRA.

Leader: Madge Poklekowska, 01592 328992, madge.p@live.co.uk

Wednesday 4th October

Dundee: Newtyle Circular

Grade C: 6mls/3hrs **Depart:** CWCP at 10:00 **Walk start:** Car Park on North Street, Newtyle at 10:30 **OS:** 53 **GR:** NO298415 **Description:** Circular walk from car park, North Street, on disused rail tracks, country roads and woodland.

Leader: Sheila Wallace, 01382 320243 or 07944 570925

Thursday 5th October

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 6th October

Dunfermline & West Fife: Long Weekend Meet - Granton on Spey

Description: See Web Pages and Facebook or contact leader for further details.

Contact: Alan Paul, 01383 727875 & 07739 169674 or Grant Robertson, 01577 208436, 07936 738581, grobert50@tesco.net

Glenrothes: Group Weekend at Aberfoyle

Description: At Rob Roy Hotel Aberfoyle from Friday 6th to Monday 9th October.

Contact: J Duncan 01337 831888 john@johnandmorven.co.uk

Saturday 7th October

Brechin: Hillside Circular

Grade C: 6mls **Depart:** SNSB at 09:30 **Walk start:** Hillside car park at 10:00 **OS:** 45 **GR:** NO708610 **Description:** A circular walk in the Hillside area.

Leader: Catherine Ferguson, 07789 631115, catherineferg@icloud.com

Kirkcaldy: Musselburgh to Holyrood

Grade C: 8mls **Depart:** Kirkcaldy bus station stance 5 at 08:40 **Walk start:** Bus stop at Debenhams, Princes Street, Edinburgh at 09:50 **OS:** 66 **GR:** NT251738 **Description:** Bus X58 to Edinburgh (Debenhams) at 8.45am then bus to Musselburgh (frequent service). Walk is part of the 'John Muir Way' then Radical Road to Holyrood. Mostly on tarmac pathways. **Note:** RADO. NoSC.

Leader: Margaret Miller, 01592 266956

Perth: Ceres to Drumcarrow Craig

Grade B: 9.5mls ▲200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Car Park at Fife Folk Museum, Ceres at 10:15 **OS:** 59 **GR:** NO400115 **Description:** Circular from Ceres on tracks, paths, minor roads through farmland to Drumcarrow Craig. Good views, lovely countryside. Can be muddy. Graded B as fitness required for 3 stiles, burn crossing and sections of overgrown path (gaiters useful). **Note:** RADO. Care needed at road crossings.
Leader: Lynn Salvin, 01738 634628 or 07712 298939

Sunday 8th October

Dalgety Bay: Bruar Falls & Glen Banvie Wood

Grade C+: 10mls/5hrs **Depart:** DBSCCP at 08:45 **Walk start:** House of Bruar at 10:30 **OS:** 43 **GR:** NN820660 **Description:** An In and out walk, starting at the House of Bruar walking up to the Falls then through Glen Banvie Wood to derelict cottage then return. If the water level is low this walk is circular. **Note:** RADO.

Leader: Audrey Robertson, 01383 860569 or 07720 980715

Dundee: Arbroath (West End)

Grade C+: 7mls/4hrs **Depart:** OCCP at 10:00 **Walk start:** West Links Car Park (Pleasureland) at 10:30 **OS:** 54 **GR:** NO639402 **Description:** A walk on footpaths, roads and tracks around the western outskirts of Arbroath.

Leader: Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

Stirling & Falkirk: Beinn Ghlas & Ben Lawers

Grade A: 6.5mls/6.5hrs ▲968m/3175ft. **Depart:** LACP at 09:00 **Walk start:** 6 miles NE of Killin, North of loch Tay, hill road off A827 at 10:00 **OS:** 51 **GR:** NN608377 **Description:** Straightforward ascent of Ben Lawers via Beinn Ghlas. **Note:** RADO. NoSC. FK21 8TY Mileage to start & back 80
Leader: Drew McBride, 01786 479213 or 07933 541764, cortez562@hotmail.co.uk

Strathtay: Urlar Round

Grade C+: 8mls **Walk start:** Birks of Aberfeldy CP at 09:30 **OS:** 52 **GR:** NN855486 **Description:** Circular route from the Birks of Aberfeldy out to the green hut and returning on the Rob Roy Way. **Note:** RADO.

Leader: Bill Bruce, 01887 829753, bill_1_bruce@btinternet.com

Monday 9th October

St. Andrews & NE Fife: Group Committee Meeting

Meet: Cupar Fire Station Community Room at 19:00

Contact: Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

Tuesday 10th October

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Wednesday 11th October

Dunfermline & West Fife: Gartmorn Dam & Linn Mill

Grade C: 5mls/2.5hrs **Depart:** LPRCP at 09:30 **Walk start:** Gartmorn Dam Visitor Centre at 10:00 **OS:** 366 **GR:** NS911940 **Description:** Paths and quiet roads, including part of the Cycle Way. Return via Linn Mill, eastern end of Gartmorn Dam and woodland paths. **Note:** DWOL.

Leader: Maureen Paul, 01383 727875 or 07842 386718, apaspaul9@gmail.com

St. Andrews & NE Fife: Mid-week Leisurely Walk: Cupar Muir and Simpson Bridge

Grade D: 4.5mls **Walk start:** FCPC at 13:30 **OS:** 59 **GR:** NO375146 **Description:** A very easy circular walk on mainly level paths, tracks and pavements in Cupar and its outskirts. **Note:** RADO. NoSC.

Leader: Jim Forret, 01334 656137, james.forret@btinternet.com

Thursday 12th October

Dalgety Bay: **Roamers ~ Fordell Estate Circular**

Grade D: 9.25mls/2hrs ▲25m/82ft. **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834

Description: A morning walk through woodland and farmland. **Note:** RADO.

Leader: June Wright, 01383 822358

Glenrothes: **Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 14th October

Blairgowrie: **Muir of Thorn Murthly**

Grade C+: 9.25mls ▲225m/738ft. **Depart:** WCPB at 09:30 **Walk start:** Murthly Village Hall at 10:00

OS: 53 **GR:** NO098384 **Description:** Moderate low level route following good tracks, paths and minor roads through farmland and forestry. Several features on the walk point to an unusual chapter in the history of the Murthly Estate. **Note:** RADO.

Leader: Pat Fraser, 01250 873577, patriciafraser@btinternet.com

Dalgety Bay: **Trossachs - Loch Ard**

Grade B: 10mls/6hrs ▲300m/984ft. **Depart:** DBSCCP at 09:00 **Walk start:** Tourist Information Centre CP, Aberfoyle at 10:30 **OS:** 57 **GR:** NN521009 **Description:** Long but easy walk mostly on good forest tracks. West from Aberfoyle following south shore of Loch Ard to reach a Victorian aqueduct. Then to Duchray Bridge and return by track south of Duchray Water. Superb views west towards Ben Lomond. **Note:** RADO.

Leader: Ian Bruce, 01383 616062 or 07518 154237, ianbruce100@btinternet.com

Dundee: **Glen Artney to see Deer Rut**

Grade C: 7mls/4hrs **Depart:** CWCP at 09:15 **Walk start:** Car Park Glen Artney (from Comrie turn right over bridge to Army Hut then down single track road to car park) at 10:30 **OS:** 57 **GR:** NN712162 **Description:** Leisurely walk, hoping to see and hear deer rutting. Some road walking, bring binoculars. **Note:** RADO. CWRA.

Leader: Rose Garvie, 01382 450763

Forfar: **Wormit to Balmerino**

Grade C+: 8mls **Depart:** EGCP at 10:00 **Walk start:** Car park at end of Bay Road, Wormit at 10:50 **OS:** 59 **GR:** NO392260 **Description:** Costal woodland walk with superb views of Dundee and the Tay Rail Bridge. Path to Balmerino. View the ruins of the 13th century Abbey and return.

Leader: Christine Ferguson, 01382 532384

Kirkcaldy: **Water of May**

Grade B: 8mls **Depart:** KRSN at 09:00 **Walk start:** Forestry lay-by on minor road between Path of Condie & Dunning at 10:00 **OS:** 58 **GR:** NO067125 **Description:** A mixture of forest and open moorland with lovely scenery. **Note:** RADO. NoSC.

Leader: Liz Greig, 01592 653682 or 07919 985239

Perth: **Saline and Knock Hill**

Grade B: 7.5mls ▲320m/1049ft. **Depart:** ASDACP at 09:00 **Walk start:** Steelend Community Centre Car Park at 10:15 **OS:** 58 **GR:** NT041922 **Description:** From Steelend beside burn to Saline, then northwards circling Saline Hill. We pass Sheardrum and West Lethans on way to top of Knock Hill before heading downhill to complete the circuit. **Note:** RADO.

Leader: John Andrews, 01738 827275 & : 07526 884953, john@jdandrews.co.uk

Sunday 15th October

Glenrothes: **Thornton - Kirkcaldy circular**

Grade C: 7mls/3.5hrs **Depart:** LCCP at 9:30 **Walk start:** Thornton Railway Station at 9:45 **OS:** 59 **GR:** NT291972 **Description:** An easy walk from Thornton to Kirkcaldy by footpaths and farm tracks passing through Dunnikier park. Returning by rights of way along the river Ore. **Note:** CWRA RADO

Leader: G Pottie 01592 753110 geordie72@btinternet.com

Kinross & Ochil: Craig a Barns

Grade C+: 7mils **Depart:** KPR at 09:00 or BURN at 08:30 **Walk start:** Cally Car Park at 10:00 **OS:** 53 **GR:** NN929588 **Description:** Varied walk on tracks and paths (some narrow along hillside) ascending and descending through forest and on open ground. Fine views of crags, River Tay and hills to north. Muddy stretches possible. **Note:** DWOL. CWRA.
Leader: Alan Bridges & Jacqui Ritchie, 01577 866813

St. Andrews & NE Fife: Arbroath & Auchmithie

Grade C+: 7mils **Depart:** FCPC at 09:00 **Walk start:** Car park along Kings Drive at the east end of Victoria Park, near the public toilets at 10:30 **OS:** 54 **GR:** NO657412 **Description:** A walk of varied coastal scenery along coastal path on tracks and minor roads. Some steps and some paths could be muddy after rain. Walk takes part linear, part circular route. **Note:** RADO. NoSC.
Leader: Dorothy Cameron, 01334 474305

Stirling & Falkirk: Birnam Hill and Beyond

Grade B: 7mils/5hrs ▲304m/1000ft. **Depart:** LACP at 09:30 **Walk start:** Main Street Birnam at 10:30 **OS:** 52 **GR:** NO031418 **Description:** From Birnam a moderate ascent of Birnam Hill taken at an easy pace rewarded with (weather permitting) some beautiful views, returning to the outskirts of Birnam by a different route where there will be the opportunity to leave the walk. **Note:** RADO. NoSC. PH8 OBG Mileage to start & back 90
Leader: Fiona McMurray, 01324 632740 or 07842 449328, fionanmcmurray@btinternet.com

Thursday 19th October**Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 21st October**Brechin: Alyth Circular**

Grade C+: 8mils **Depart:** SNSB at 09:30 **Walk start:** Market Square car park, Alyth at 10:30 **OS:** 53 **GR:** NO246485 **Description:** Via Kirklandbank & Newton of Bamff to Little Bamff. Return by Ardornie & over Hill of Alyth.
Leader: June Greig, 01674 676413

Dalgaty Bay: Earlston, Leader Water Circular

Grade C+: 6.5mils/4.5hrs ▲150m/492ft. **Depart:** DBSCCP at 09:00 **Walk start:** War Memorial Earlston at 10:30 **OS:** 73 **GR:** NT575383 **Description:** Undulating circular using Diamond Jubilee path to Leaderfoot Viaduct returning on Leader Water path. Lots of steps to negotiate. **Note:** RADO.
Leader: Audrey Price, 01383 824173 or 07871 806582, anprice@live.co.uk

Dundee: Ladybank Woods Circular

Grade C: 6mils/3.5hrs **Depart:** TBCP at 09:30 **Walk start:** Car Park off A92 at Ladybank Edensmuir Woods at 10:15 **OS:** 59 **GR:** NO296095 **Description:** Flat walk through woods around Ladybank. Mainly forest tracks but some road walking.
Leader: Linda Pirie, 01382 778490 or 07881 369442

Dunfermline & West Fife: Core paths to Bandrum and the back of Saline Golf Course

Grade C+: 5mils/2.5hrs **Walk start:** Car park at Steelend Community Centre. Leader will meet group here. at 10:15 **OS:** 367 **GR:** NT038922 **Description:** From Steelend up and over hill towards Midfield farm then along to Bandrum, stopping at the Community cafe for coffee/tea. Up towards the Temple, past the golf course to Saline and return to Steelend. Mostly following core paths. **Note:** DWOL.
Leader: Linda Moyes, 01383 852817 or 07840 759384, lm57.moyes@gmail.com

Glenrothes: Valleyfield - Shires Mill to Devilla circular

Grade B: 10mls/5hrs ▲ 650ft **Depart:** LCCP at 9:30 **Walk start:** Valleyfield Woodland CP by Shires Mill, (A985 then B9037 Blairhall to Shires Mill, follow 'Disabled Riding Centre' sign) at 10:30 **OS:** 58 **GR:** NT004876 **Description:** Mainly level walk by Alloa cycleway to Devilla forest returning by 'Coffin Road' to Valleyfield. All on core paths through mixed woodland and open countryside. Good views. **Note:** NoSC DWOL Leaders will meet group at Shires Mill
Leader: C & B Barton 01383 725859 chrisbettybarton@gmail.com

Perth: Appin of Dull, Aberfeldy

Grade C+: 7.5mls ▲ 300m/984ft. **Depart:** ASDACP at 09:00 **Walk start:** Tay Bridge Drive, Aberfeldy at 10:00 **OS:** 52 **GR:** NN852492 **Description:** Beginning with a level walk along the River Tay then a lengthy but gradual ascent offering splendid views. Finish with descent through forest to Weem and Aberfeldy. **Note:** RADO.
Leader: Jim Pirie, 01738 451314 or 07923 457219

Strathtay: Loch Farleyer

Grade C: 7mls **Depart:** CCP at 09:30 **Walk start:** Camserney at 09:45 **OS:** 52 **GR:** NN819491 **Description:** A popular walk following tracks (sometimes steep) past Weem Rock to Loch Farleyer, then paths across moorland around Weem Hill to enter woods and return by Shenavail. **Note:** RADO.
Leader: John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

Sunday 22nd October

Kirkcaldy: Kinnoull Hill, Perth

Grade C+: 8mls ▲ 457m/1499ft. **Depart:** KRSN at 09:00 **Walk start:** South Inch car park at 10:00 **OS:** 58 **GR:** NO119229 **Description:** Cross the River Tay using the railway viaduct. Road walking to Kinnoull Tower on good paths. Great views over the River Tay. Some road walking before a pleasant walk along the river bank to the railway viaduct crossing. **Note:** RADO. NoSC.
Leader: Joan Bizzarri, 01592 269323 or 07851 702935, bizzarri.joan6@gmail.com

Stirling & Falkirk: Dunfermline and Town loch

Grade C: 8mls/4hrs ▲ 100m/328ft. **Depart:** LACP at 09:30 **Walk start:** Park in Pittencrieff Park near the Pavilion cafe area at 10:15 **OS:** 65 **GR:** NT085872 **Description:** This is an undemanding town & country walk on good tracks, paths and pavement to the north and in the centre of Dunfermline. **Note:** RADO. NoSC. KY12 8QH Mileage to start & back 40
Leader: Janette Seale, 01786 447107 or 07709 957317, janette.seale@hotmail.co.uk

Tuesday 24th October

Dalgety Bay: Kinross and Loch Leven (minimal ascent)

Grade C: 5mls/3hrs **Depart:** DBSCCP at 10:00 **Walk start:** The Boathouse Car Park Sandport Close, Kinross at 10:45 **OS:** 58 **GR:** NO122017 **Description:** From the CP follow the new walkway and path to 1 mile east of Burleigh Sands, skirting the golf course and joining up with the existing path to Burleigh from the north end of Kinross. A part circular walk. **Note:** RADO.
Leader: Heather Haines & Rose Nutt, 01383 822187 & 07990 660724 or 01383 822669 & 07494 235392

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 26th October

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Munros, Murdos and Marilyns

We all know that **Munros** are mountains in Scotland over 3,000 ft. The name comes from Sir Hugh Munro who compiled the original list in 1891. It gets modified from time to time, with some mountains changing their status after re-measurement. Associated summits linked to the main top are given the status of “tops”; but there is no hard and fast rule that defines what can be a separate summit and what is just another top. Currently there are 282 Munros and 227 linked tops.

By the way, there are 6 peaks in England, 15 in Wales and 13 in Ireland that would be Munros if they had not had the unfortunate fate to arise outside Scotland.

Hugh Munro was unable to complete the ascent of all the mountains on his list, though he did climb 99%. The first person to bag all the Munros was long thought to be Reverend A.E. Robertson in 1901, later minister at Braes of Rannoch. Later research questions whether he might have missed out two. Robert Burn definitely completed all in 1923 including all the tops.

Over 6,000 people have now completed all the Munros – with Steven Fallon of Edinburgh doing it 13 times and a young Ben Fleetwood completed them all at the tender age of 10 years - so what's your excuse!

Murdos is a term that was devised by Alan Dawson in 1995, to better define the difference between the Munro summit and its associated tops. They comprise all summits in Scotland over 3,000 ft (914.4m) with a prominence of at least 30m (98ft); an unfortunate mix of imperial and metric measures. All Murdos are Munro Tops but many Munro Tops fail to qualify as Murdos. Currently there are 442 Murdos.

And for lesser souls: -

Corbetts

Hills in Scotland between 2,500 and 3,000 ft with a prominence of at least 500 ft. The name comes from John Rooke Corbett who compiled his list in the 1920s. There are 222 named Corbetts.

Grahams

Mountains in Scotland between 2,000ft and 2,499ft with a drop of at least 150 m (490ft) all around. The name comes from Fiona Torbet (nee Graham) who first compiled a list. Currently 221.

Donalds

Mountains in the Scottish Lowlands over 2,000 ft. Currently 140 Donalds.

Marilyns

Mountains and Hills within Britain with a prominence of at least 150m (490ft). There are 1,556 Marilyns in Britain of which 1,217 are in Scotland.

Saturday 28th October

Blairgowrie: Fife Coastal Path - Kingsbarns to St Andrews

Grade B: 8.5mls ▲ 100m/328ft. **Depart:** WCPB at 09:00 **Walk start:** Car Park at Kingsbarns at 10:15 **OS:** 59 **GR:** NO602125 **Description:** Some sections of this walk are not straightforward and some scrambling is involved. Tidal delays are possible. Via Boarhills, Buddo Ness, Kinkell Ness. Drivers return to start by car shuttle, while main party enjoy facilities of St Andrews. **Note:** RADO. **Leader:** Bill Phillips, 01250 870260

Dundee: Driesh From Glen Doll

Grade B+: 7.5mls ▲ 835m/2739ft. **Depart:** OCCP at 09:15 **Walk start:** Glen Doll Car Park at 10:30 **OS:** 44 **GR:** NO284760 **Description:** Climb Driesh by Kilbo Path and return same way. **Leader:** Peter Hargraves, 01307 462882 or 07986 423328

Kinross & Ochil: Kirkcaldy to West Wemyss

Grade C: 6mls **Depart:** KPR at 09.15 or BURN at 08:45 **Walk start:** Ravenscraig Car Park at 10:00 **OS:** 59 **GR:** NT292926 **Description:** An easy walk from Ravenscraig car park following the coastal path to West Wemyss, returning the same way. **Note:** RADO. CWRA. **Leader:** Christina Rodger, 01577 863785

Kirkcaldy: West Dron

Grade B: 9mls **Depart:** KRSN at 09:00 **Walk start:** On minor road to west and parallel with Durley Dene Crescent, Kintillo at 10:00 **OS:** 58 **GR:** NO128172 **Description:** On arrival, park cars in suitable surrounding streets. Be aware that Forgandenny Road and Kintillo Road is a bus route so ensure you park cars to allow passage. Walk is on good paths tracks with good views but no paths on top of West Dron. **Note:** RADO. CWRA. **Leader:** Alex Donald, 07943 871219, alex@donaldwyt.f9.co.uk

Perth: Comrie to St Fillans via Glen Boltachan

Grade B: 10mls ▲ 400m/1312ft. **Depart:** ASDACP at 08:00 **Walk start:** Car Park opposite Four Seasons Hotel to catch 09.35 bus back to Comrie at 09:30 **OS:** 51 **GR:** NN690246 **Description:** Walk commences close to Comrie Golf Club up Glen Lednock, then turns east to follow path past Dunira and through the forest to Glen Boltachan. Descent through Glentarken Wood to St.Fillans. **Note:** RADO. Remember EARLY start from ASDA to catch bus at St.Fillans and bus pass if you have one. **Leader:** Trevor Abell, 01738 813123 & :07913288098, tmbabell@gmail.com

St. Andrews & NE Fife: Tullybaccart Circular and Lundie Craigs

Grade B: 8mls ▲ 375m/1230ft. **Depart:** FCPC at 09:15 **Walk start:** Car park on the west of the A923, opposite a track that is signed for Tullybaccart Farm at 10:15 **OS:** 53 **GR:** NO263360 **Description:** Circular walk via Pitcur Woods, Long Loch and Lundie Craigs for great views. Alternative lower path to walk along crags top path. Country tracks and paths, which generally good but may be rough, muddy or boggy in places. **Note:** RADO. NoSC. Leader will meet at walk start **Leader:** Susan Richmond & Sarah Dallas-Ross, 01382 542516 or 07828 403601, susanrichmond@live.co.uk

Sunday 29th October

Dalgety Bay: Dunkeld and the Pine Cone Point

Grade B: 8.5mls/5.5hrs ▲ 250m/820ft. **Depart:** DBSCCP at 09:15 **Walk start:** Dunkeld North Car Park (Charge Involved) at 10:30 **OS:** 52 **GR:** NO026428 **Description:** Along the north bank of the River Tay to enter the forest at Craigvinean, then climbing to view the autumn colours of Perthshire from the Pine Cone. Descend to Ossian's Hall to return via The Hermitage and Inver to Dunkeld. **Note:** RADO. **Leader:** Michael & Evelyn Gordon, 01383 823221, magordon2003@yahoo.co.uk

Forfar: Laws, Kingennie Circular

Grade C: 7mils **Depart:** EGCP at 09:30 **Walk start:** Dobbies Car Park, Ethiebeaton at 10:00 **OS:** 54 **GR:** NO488335 **Description:** A circular walk from Dobbies car park over the Laws Hill (site of an Iron Age Fort) to Shank of Omachie via Kingennie and Drumsturdy Road. An easy walk on farm tracks with a short section alongside a public road.

Leader: David & Elizabeth Anderson, 01382 370980

Glenrothes: Crieff - Trowan Circular

Grade C+: 7.5mils/4hrs **▲650ft** **Depart:** LCCP at 09:30 **Walk start:** Macrosty Park Crieff at 10:45 **OS:** 58 **GR:** NN857220 **Description:** Follow River Earn to Trowan (optional climb to monument). The walk continues to Torlum Wood, Balloch and Knock Mary Hill. Some road walking on quiet roads. **Note:** NoSC RADO

Leader: G Christie 07943178810 grant911a@gmail.com

Stirling & Falkirk: Cloan Glen, Auchterarder

Grade C+: 6mils/3hrs **▲230m/754ft.** **Depart:** LACP at 09:30 **Walk start:** Crown Wynd Car Park, Auchterarder at 10:15 **OS:** 58 **GR:** NN945128 **Description:** Tracks and country roads through woodland and farmland. A gradual climb through Cloan Glen into the Ochils. On the return the view stretches over Auchterarder and Strathearn to the Highlands (weather permitting of course). **Note:** RADO. NoSC. PH3 1GB Mileage to start & back 40. Toilets at car park

Leader: Betty Brodie, 01324 556762 or 07936 380395, bettybrodie@aol.com

Tuesday 31st October

Dundee: AGM

Meet: Lochee Bowling Club, Muirton Road, Dundee at 19:30 **Description:** Hopefully the business part will be short after which John Alexander is going to give us a talk on Whaling from Dundee. Tea and biscuits will be provided.

Contact: J MacGillivray, 01382 623052, 07932 014859, jean.macgillivray@btinternet.com

Thursday 2nd November

Blairgowrie: AGM

Meet: Royal Hotel, Blairgowrie at 19:30 **Description:** Usual format of presentation by speaker, details in newsletter, and business meeting, when members can make choices for day out and weekend away. Please book for optional bar meal at 6pm by contacting Pat no later than 26th October.

Contact: Pat Fraser, 01250 873577, patriciafraser@btinternet.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Kirkcaldy: AGM

Meet: St Bryce Church, Kirkcaldy at 19:30 **Description:** An opportunity for members to select their committee and to air their views. Please come along, have your say and support your group.

Contact: Mike Livesey, 07783 201492

Saturday 4th November

Brechin: Falls of Unich

Grade C+: 8mils **Depart:** SNSB at 09:30 **Walk start:** Invermark car park at 10:45 **OS:** 44 **GR:** NO447804 **Description:** On track beyond the head of Loch Lee then on path to the falls (may be muddy). Return by the same route.

Leader: Sheila Mather, 01356 650240

Dalgety Bay: St Andrews Circular

Grade C: 6.5mils/4hrs **▲60m/196ft.** **Depart:** DBSCCP at 09:15 **Walk start:** St Andrews Univ CP (free) at 10:30 **OS:** 59 **GR:** NO502167 **Description:** A walk mostly on paths & tracks via Lade Braes & Craigton Park with a short road walking section. **Note:** RADO.

Leader: Margaret Johnston, 01383 860725

Dundee: Atholl Woods Path

Grade C: 7mils/4hrs **Depart:** CWCP at 09:30 **Walk start:** Cally Car Park at 10:30 **OS:** 53 **GR:** NO023436 **Description:** Walk from car park to Mill Dam then through Atholl Woods to Polney Loch then back to car park. All on good tracks.

Leader: L Brown, 01382 884649 or 07597 690186

Dunfermline & West Fife: Forth & Clyde Canal and Antonine Wall

Grade C+: 6.6mils/3hrs **Depart:** LPRCP at 09:30 **Walk start:** Public car park at Auchinstarry Basin at 10:30 **OS:** 349 **GR:** NS721767 **Description:** A lovely circular walk that takes in a canal tow path and some low hills to visit the remains of the Roman Antonine Wall. **Note:** DWOL.

Leader: Alan McGuckin, 01383 731557 or 07970 172593, atmcg53@gmail.com

Glenrothes: Leuchars - Craigie, Burnside circular

Grade C: 6.6mils/4.5hrs **Depart:** LCCP at 09:00 **Walk start:** Leuchars Railway Station CP at 10:15 **OS:** 59 **GR:** NO450208 **Description:** Passing Earlshall Castle, skirting Army Base, then along part of disused railway to Craigie. Through St Michael's Wood and return via Burnside. Good paths and tracks. **Note:** NoSC RADO

Leader: C Baker 01592 751384 cabecosse1@aol.co.uk

Kirkcaldy: Pitlessie & Redundant Mines Area

Grade C: 8mils **Depart:** KRSN at 09:00 **Walk start:** Pitlessie at 09:30 **OS:** 59 **GR:** NO331096 **Description:** Park cars along Ladybank Road, High Street or any place which does not obstruct residents. Pitlessie to / from and around disused limestone mine working area. **Note:** RADO. CWRA.

Leader: Alex Donald, 07943 871219, alex@donaldwyt.f9.co.uk

Perth: Wemyss Circular

Grade C+: 7.5mils **Depart:** ASDACP at 09:00 **Walk start:** Car Park at west end of West Wemyss - down the hill and turn right at the bottom at 10:00 **OS:** 59 **GR:** NT324946 **Description:** Circular walk starting and finishing in West Wemyss. Fife coastal path to East Wemyss then head inland to Coalton of Wemyss and back to West Wemyss. **Note:** RADO.

Leader: Tara Harper, 07762 265869, rugpurcat@hotmail.co.uk

Sunday 5th November**Stirling & Falkirk: Fintry Sports Centre to Dunmore Fort and on to Corrie of Balglass**

Grade B: 7mils/5hrs **Depart:** LACP at 09:30 **Walk start:** Fintry Sports Centre Carpark at 10:15 **OS:** 57 **GR:** NS616868 **Description:** Initially a steepish climb on faint track from Main Street to iron age Dunmore Fort then upwards on sometimes boggy ground to the impressive Corrie of Balglass for great views of surroundings. Returning by slightly different route. **Note:** RADO. NoSC. G63 OYA Mileage to start & back 30

Leader: Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Strathay: Pine Cone Point

Grade C: 6mils **Depart:** CCP at 09:30 **Walk start:** The Hermitage at 10:00 **OS:** 52 **GR:** NO012422 **Description:** Follow side of Tay and cross into Craigvinean Forest. Out and back detour to fine viewpoint at Pine Cone Point. **Note:** RADO.

Leader: Bill McEwan, 01796 472780, billmcewan40@gmail.com

Monday 6th November**St. Andrews & NE Fife: Group Annual General Meeting**

Meet: Cupar Fire Station Community Room at 19:00 **Note:** AGM Agenda will be distributed by October 15th through email and Group website

Contact: Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

Tuesday 7th November

Dalgety Bay: AGM

Meet: Daycare Centre, Dalgety Bay at 19:30 **Description:** Members are encouraged to attend.

Contact: Chris Roberts, 01383 822184, 07749 757587

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Kirkcaldy: Langtoun Daunders - Aberdour Area

Grade C: 4.5mls **Depart:** KRSN at 09:45 **Walk start:** Aberdour railway station car park at 10:15
OS: 66 **GR:** NT191853 **Description:** Aberdour train departs Kirkcaldy at 10.00am. Walk is pleasant and easy with good views over Forth along Coastal Path to St Bridget's Church and back. Lunch venue to be decided later. Possibly Beveridge Park Hotel or somewhere in Aberdour. **Note:** DWOL. CWRA.

Leader: Liz Greig, 01592 653682 or 07919 985239

Wednesday 8th November

Dundee: Backmuir Woods and Liff

Grade C: 6mls/3hrs **Depart:** CWCP at 10:00 **Walk start:** Car Park Backmuir Woods at 10:15 **OS:** 54 **GR:** NO342335 **Description:** Circular walk on tracks with some road walking.

Leader: Sheila Wallace, 01382 320243 or 07944 570925

Thursday 9th November

Dalgety Bay: Roamers ~ Calais Muir Woodland, Dunfermline (minimal ascent)

Grade D: 3.5mls/2hrs **Depart:** Dalgety Bay Library at 09:30 **Walk start:** Tesco, Duloch at 10:00
OS: 62 **GR:** NT126861 **Description:** The route includes the Enchanted Walk, the Middle Path and the Gypsy Way. **Note:** RADO.

Leader: Ben Douglas, 01383 822715 or 07852 658675

Dunfermline & West Fife: Balgownie Wood

Grade C+: 3.5mls/2hrs **Depart:** LPRCP at 10:00 **Walk start:** Car park at entrance to Balgownie Wood at 10:30 **OS:** 367 **GR:** NS984886 **Description:** Woodland walk on paths and tracks which are a mixture of wide gravel forest roads and narrow earth paths with some short moderate and steep slopes. **Note:** DWOL.

Leader: Margaret Graham, 01383 738429 or 07745 219494, margaret.graham@live.co.uk

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Stirling & Falkirk: AGM

Meet: MAYFIELD CENTRE, ST NINIANS, STIRLING. FK7 0DB at 19:30 **Description:** Annual General Meeting.

Contact: Betty Brodie, 01324 556762, 07936 380395, bettybrodie@aol.com

Friday 10th November

Perth: Perth and District Annual General Meeting

Meet: Scone Old Church Hall, Burnside, Scone at 19:00 **Description:** You are invited to our AGM and free buffet. Business meeting including nominations for committee members and officers please. Come along and contribute to the future of our group then afterwards have a bite to eat and a chance to socialise. **Note:** Plenty parking / No.7 bus route

Contact: Trevor Abell, 01738 813123, 07913 288098, tmbabell@gmail.com

Saturday 11th November

Blairgowrie: Kitty Swanson 's Bridge

Grade C+: 8mls **Walk start:** WCPB at 09:30 **OS:** 53 **GR:** NO180451 **Description:** Starting in Rattray walking good tracks and paths following River Ericht past old mills, through agricultural ground to Kitty Swanson's Bridge. Crossing the bridge, similar terrain back to Blairgowrie, approx 1 mile of minor road walking. **Note:** RADO.

Leader: Nina Bell, 01250 874301, blairbelles@tiscali.co.uk

Forfar: North Ericht Circular, Blairgowrie

Grade C: 6.25mls **Depart:** EGCP at 10:00 **Walk start:** Public Car Park at rear of Bus Station at 10:40 **OS:** 53 **GR:** NO182452 **Description:** Follow the Cateran Trail up out of the town centre and Old Military Road to Middle House, eastwards across A93 returning via old road.

Leader: Janette & Ross Henderson, 01307 467721

Kinross & Ochil: Limekilns to Charlestown & AGM

Grade C: 4mls **Depart:** KPR at 09.30 or BURN at 09:30 **Walk start:** Limekilns Harbour Car Park at 10:00 **OS:** 65 **GR:** NT077833 **Description:** A pleasant walk along the prom passing Charlestown, then cutting inland to pass through the Elgin estate and returning to Limekilns. Walk will be followed by a meal at the Elgin Hotel and our AGM. Details of meal to be circulated later. **Note:** RADO.

Leader: Andrew Black, 01259 743457

Kirkcaldy: Kirkcaldy to Auchtertool Circular

Grade B: 11mls **Walk start:** Beveridge Park car park at 10:00 **OS:** 59 **GR:** NT273909 **Description:** From Beveridge Park to Balwearie Castle then towards Kilrie Farm & Kilrie woodland area. Up through North & South Glassmount to Kissing Trees Road and into Craigencait Village, Kinghorn to return to Beveridge Park via coastal path. **Note:** RADO. NoSC. Last day for reservation & payment (cost £15.50 including tip) of evening meal on Saturday 18th November.

Leader: Elaine Collins, 07739 964212

Perth: Macduff Tower and Lynedoch Monument

Grade C: 6.5mls ▲200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Old Scone Church Car Park at 09:30 **OS:** 53 **GR:** NO133255 **Description:** Climb up to Macduff Tower then follow the ridge to Lynedoch Monument before returning to Scone near the Park and Ride then along suburban roads back to cars parked at the start. **Note:** RADO.

Leader: Roger Brickell, 01764 656114 or 07733 317725, rogerbrickell@icloud.com

St. Andrews & NE Fife: Aberdour to Kinghorn

Grade C: 6mls **Walk start:** Meet at Cupar Rail station to get 10.04 train to Aberdour. Walk will start from Aberdour station at 11:00 **OS:** 59 **GR:** NT195856 **Description:** Easy going walk along coastal path to Kinghorn to enjoy the fine coastal scenery on gravel paths, pavements and beach. **Note:** RADO. NoSC. Train timing may be subject to change if train times change. Expect to return to Cupar on 15:21 train from Kinghorn

Leader: Jim Forret, 01334 656137, james.forret@btinternet.com

Sunday 12th November

Dundee: Cupar - Ceres - Hill of Tarvit

Grade C: 7mls/4.5hrs **Depart:** TBCP at 10:00 **Walk start:** Cupar Cemetery Car Park at 10:30 **OS:** 59 **GR:** NO377137 **Description:** Walk on tracks and paths with some minor road walking. Can be muddy in places.

Leader: Steve Carmichael, 01382 534119 or 07729 393206

Glenrothes: Tay Bridge - Newport Circular

Grade C+: 9mls/5hrs ▲550ft **Depart:** LCCP at 09:30 **Walk start:** Tayport Harbour CP at 10:15 **OS:** 59 **GR:** NO458290 **Description:** A fairly level walk on good tracks and footpaths taking us through Tayport on coastal path then inland to Morton Loch and Kirkton Barns. Returning by Newport via Chesterfield and Causwayhead. **Note:** NoSC RADO

Leader: G Christie 07943178810 grant911a@gmail.com

Stirling & Falkirk: Braeval, Aberfoyle

Grade C+: 7mils/4hrs ▲ 152m/500ft. **Depart:** LACP at 09:30 **Walk start:** Braeval Car Park at 10:15 **OS:** 57 **GR:** NN541006 **Description:** A lovely walk from Braeval in the foothills of the Menteith Hills with a mixture of forest and open views. Most of the walk will be on the Rob Roy Way but with some deviations. **Note:** RADO. NoSC. FK8 3UY Mileage to start & back 40
Leader: Janet McNee, 01324 872205 or 07929 130582, janet.mcnee@googlemail.com

Wednesday 15th November

St. Andrews & NE Fife: Mid-week Leisurely Walk: Morton Lochs

Grade D: 4.5mils **Depart:** FCPC at 09:45 **Walk start:** Tayport Harbour car park at 10:30 **OS:** 59 **GR:** NO458288 **Description:** Easy going walk along coastal path, forest tracks and minor roads. **Note:** RADO. CWRA.
Leader: Jim Coates, 01337 831113, jcoates1944@gmail.com

Thursday 16th November

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 18th November

Brechin: Ceres Circular

Grade C: 6.5mils **Depart:** SNSB at 09:30 **Walk start:** Ceres village car park at 11:00 **OS:** 59 **GR:** NO399115 **Description:** Via Denhead Farm to Hill of Tarvit House. Optional short ascent of Hill of Tarvit then to Scotstarvit Tower. Return via Chance Inn, Craigrothrie & Denhead Farm.
Leader: Peter & Anna Fiabane, 01307 461121 or 07743 943171, fiabanes@gmail.com

Dalgety Bay: Auchterarder - Cloan Glen

Grade C+: 7.5mils/4.5hrs ▲ 275m/902ft. **Depart:** DBSCCP at 09:00 **Walk start:** The Community School of Auchterarder Car Park at 10:15 **OS:** 58 **GR:** NN945131 **Description:** Circular walk under A9 past Woodend, Butend, Eind to Foswell House to Cloan Burn at lane. Return through Cloan Glen. Paths & tracks, can be muddy in places. **Note:** RADO. The Car Park is signed from the High Street

Leader: Chris Roberts, 01383 822184 or 07749 757587, c-b.roberts@tiscali.co.uk

Dundee: River Ericht, Blairgowrie, Perth and Kinross

Grade C: 6.25mils/3hrs **Depart:** CWCP at 09:30 **Walk start:** Blairgowrie Bridge in the centre of Blairgowrie (car parking available in Wellmeadow car park or streets nearby) at 10:30 **OS:** 43 **GR:** NO180452 **Description:** Easy low level route following good paths and tracks by river and through open countryside with some signage and waymarking and a section of prolonged ascent. Keep dogs under close control over farmland.

Leader: L Beveridge & J Cumming, 01382 730832 & 07811 462266 or 01382 642752 & 07526 237526

Dunfermline & West Fife: Crieff and Surrounds

Grade B: 9mils/4.5hrs ▲ 300m/984ft. **Depart:** LPRCP at 09:00 **Walk start:** Glen Turret Distillery at 10:30 **OS:** 368 **GR:** NN856234 **Description:** A varied walk on the edge of this Highland Boundary town: option to climb the Cnoc of Crieff. **Note:** DWOL.

Leader: Grant Robertson, 01577 208436 or 07936 738581, grobert50@tesco.net

Glenrothes: Rathillet Circular

Grade C+: 6.5mils/3hrs **Depart:** LCCP at 9:30 **Walk start:** Track east of A92 Rathillet at 10:15 **OS:** 56 **GR:** NO365210 **Description:** Circular walk on farm tracks and end riggs round Torr of Kedlock, Logie, Forret and return. Potentially muddy. **Note:** NoSC RADO

Leader: C Mackie 07960513994 catherineannmackie@hotmail.co.uk

Kirkcaldy: Culross / Devilla Forest Circular & Evening Meal

Grade C+: 7.5mls **Depart:** KRSN at 10:15 **Walk start:** Culross car park (first one on left as you approach Culross from Dunfermline side) at 11:00 **OS:** 65 **GR:** NS990859 **Description:** From car park in Culross up to Abbey then to West Kirk and plague graves. Across A895 to Walled Garden / Devilla Forest and circular route returning to A895 then past Blair Mains farm / castle to pick up cycle path to start. **Note:** RADO. CWRRA. The evening meal is at the Mill & Grill, Dunfermline where non walkers may join 3.30pm for 4.00pm.

Leader: Elaine Collins, 07739 964212

Perth: Perth to Pitcairngreen

Grade C: 6mls **Depart:** ASDACP at 09:25 **Walk start:** Asda Car Park at 09:30 **OS:** 53 **GR:** NO110247 **Description:** A local walk along the Tay and Almond to Pitcairngreen with hopefully some bird spotting along the way. Bring bus pass for return on No.14 bus to Perth (regular hourly service). **Note:** RADO.

Leader: Paula Bowman, 01738 582339 & :07870937963, pbowman58@hotmail.com

Strathtay: South Inch and Craigie Hill

Grade C: 6mls **Depart:** Chapel Street Bus Stop, Aberfeldy at 08:55 **Walk start:** Perth Bus Station at 10:20 **OS:** 52 **GR:** NO114232 **Description:** An exploration of the South Inch and Craigie Hill in Perth. **Note:** RADO.

Leader: Joyce Cameron, 01887 840343, jemcameron@hotmail.co.uk

Sunday 19th November

Stirling & Falkirk: Ballochallan to Doune Linear walk 1

Grade B: 9.5mls/505hrs ▲ 182m/600ft. **Depart:** LACP at 09:30 **Walk start:** Doune Ponds Car Park at 10:10 **OS:** 57 **GR:** NN725019 **Description:** We catch Bus No. 59 from Doune at 10.24 to take us to start. Walk along River Teith, woodlands and disused railway. **Note:** RADO. NoSC. FK16 6DZ Mileage to start & back 20. Don't be late for the bus!

Leader: Colin Thomson, 01786 472726 or 07702 636505, colinbthomson@gmail.com

Stirling & Falkirk: Easter Coillechat to Doune Linear walk 2

Grade C: 6mls/4hrs ▲ 152m/500ft. **Depart:** LACP at 09:30 **Walk start:** Doune Ponds Car Park at 10:10 **OS:** 57 **GR:** NN725019 **Description:** We catch Bus No. 59 from Doune at 10.24 to take us to start at NN685035. Walk along River Teith, woodlands and disused railway. **Note:** RADO. NoSC. FK16 6DZ Mileage to start & back 20. Don't be late for the bus! Alternative easier walk to Colin's Ballochallan walk

Leader: Eric Davidson, 07757 658055, davidson.family.es@gmail.com

Tuesday 21st November

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 23rd November

Dunfermline & West Fife: AGM

Meet: Dell Farquharson Centre, Nethertown Broad Street at 19:30 **Description:** Items for the agenda to the Secretary.

Contact: Alan McGuckin, 01383 731557, 07970 172593, atmcg53@gmail.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 25th November

Blairgowrie: Area AGM Scone Old Church

Meet: WCPB at 09:00 **Description:** As Blairgowrie Ramblers are hosting the AGM this year we are encouraging our members to attend. If attending please ensure you submit registration which can be found in the programme. **Note:** Remember to bring a packed lunch. There will be a short walk in the afternoon.

Contact: Linda Cullis, 01828 632892, 07854 722715, cullislinda@gmail.com

Dundee: Dunottar

Grade C: 6mls/4hrs **Depart:** CWCP at 09:15 **Walk start:** Car Park at Outdoor Pool, Stonehaven at 10:30 **OS:** 45 **GR:** NO877852 **Description:** Circular walk passing Stonehaven harbour along the cliff top path to the memorial and then on to Dunottar Castle. Returning through forest paths.

Leader: Pat Hargraves, 01307 462882

Sunday 26th November

Forfar: Local Walk - Followed by AGM

Grade C: 5mls **Walk start:** EGCP at 10:00 **OS:** 54 **GR:** NO285008 **Description:** A local walk followed by the AGM in St John's Church Hall at 2pm.

Leader: Dorothy Hutcheon, 01307 468034.

Glenrothes: Glenrothes - Pitcairn to E Lomond, Freuchie & Kirkforthar Circular

Grade B: 9mls/5hrs ▲450ft **Depart:** LCCP at 9:30 **Walk start:** Pitcairn Ranger Station, Glenrothes at 9:45 **OS:** 59 **GR:** NO266035 **Description:** Start by walking up towards East Lomond, then down to Freuchie, over to Muirhead and Kirkforthar. Return through Lochmuir Wood, skirt Balbirnie and back by the Coul Burn path to Pitcairn. Mainly on good paths, with some field edges and a little road walking. **Note:** CWRA RADO Leader will meet walkers at Pitcairn

Leader: H Morrison 01592 749170 or 07821148256 hazmgtmor@hotmail.com

Kinross & Ochil: Kincardine to Clackmannan Circular

Grade C+: 7mls **Depart:** KPR at 09.00 or BURN at 09:30 **Walk start:** Kincardine Park & Ride at 10:00 **OS:** 65 **GR:** NS932874 **Description:** The route goes past the site of the old Kincardine Power Station. On to the ruins of the old distillery at Kennet Pans via the Clackmannanshire Crossing, then up to Clackmannan Tower. Return by a slightly different route. **Note:** RADO. CWRA.

Leader: Sheena Bedborough, 01259 742491

Kirkcaldy: Cupar to Moonzie Kirk

Grade C+: 9.5mls **Depart:** KRSN at 09:15 **Walk start:** Fluthers car park, Cupar at 10:00 **OS:** 59 **GR:** NO378146 **Description:** Tracks and paths, rough in places. Some road walking. **Note:** RADO. NoSC.

Leader: Margaret Miller, 01592 266956

St. Andrews & NE Fife: Pool of Muckhart to Dollar

Grade C+: 7.5mls ▲180m/590ft. **Depart:** FCPC at 09:30 **Walk start:** Coronation car park in Pool of Muckhart where we will do car shuttle to Dollar at 10:20 **OS:** 58 **GR:** NN999004 **Description:** Attractive , mainly flat, walk on old drover road, country tracks and paths, minor roads, with nice views and lots of points of interest to finish in Dollar(Park Place next to Primary School off A91). May be some muddy sections. **Note:** RADO. NoSC. Will require to arrange to leave cars in Dollar for end of walk return to start to pick up cars(5 mins drive).

Leader: Will Aitken, 01334 470066 or 07908 721466, wh.aitken@gmail.com

Stirling & Falkirk: Moncreiff Hill Wood

Grade C+: 5mls/3hrs ▲243m/800ft. **Depart:** LACP at 10:00 **Walk start:** Moncreiff Hill Woodlands Car Park at 11:00 **OS:** 58 **GR:** NO138210 **Description:** Walk on good tracks through Woodland Trust Park taking in two Iron Age hill forts. **Note:** RADO. NoSC. PH2 8QJ Mileage to start & back 70

Leader: Colin Thomson, 01786 472726 or 07702 636505, colinbthomson@gmail.com

Thursday 30th November

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 2nd December

Brechin: Arbirlot Circular

Grade C: 7mls **Depart:** SNSB at 09:30 **Walk start:** Arbroath West Links car park at 10:15 **OS:** 54 **GR:** NO634401 **Description:** Along West Links to Elliot then up path to Arbirlot Village. Return via Bankhead, Millfield & Lochlands.

Leader: Irene McCool, 01356 623521, irene.mccool@yahoo.co.uk

Dalgety Bay: Roslin to Penicuik (Linear)

Grade C: 5mls/4hrs **Depart:** DBSCCP at 10:00 **Walk start:** Roslin Glen Country Park CP at 11:00 **OS:** 66 **GR:** NT273628 **Description:** From the car park the walk follows the Dalkeith to Penicuik old railway walkway via Auchendinny and Beeslack to the old mills at the south end of Penicuik. Return to Roslin by service bus. **Note:** RADO.

Leader: Ben Douglas, 01383 822715 or 07852 658675

Dundee: Moncrieff Hill

Grade C+: 5mls ▲330m/1082ft. **Depart:** CWCP at 09:30 **Walk start:** Tay Car Park (northern entrance Moncrieff Hill) a mile along minor road off A912 signposted Rhynd & Elcho Castle at 10:15 **OS:** 58 **GR:** NO139209 **Description:** A walk up Moncrieff Hill through beautiful woodland with great views.

Leader: L Beveridge & J Cumming, 01382 730832 & 07811 462266 or 01382 642752 & 07526 237526

Dunfermline & West Fife: Fife Coastal Path - Elie to Anstruther

Grade C: 5.5mls/3hrs **Depart:** LPRCP at 09:30 **Walk start:** Wood Haven car park, Elie at 10:30 **OS:** 371 **GR:** NT496997 **Description:** Coastal path through St Monance and Pittenweem. Return to Elie by bus. **Note:** DWOL.

Leader: Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

Glenrothes: Pool of Muckart - Naemoor - Crook of Devon - Rumbling Bridge and return

Grade C+: 7.5mls/3.5hrs ▲600ft **Depart:** LCCP at 09:30 **Walk start:** Coronation Hall CP, School Rd, Pool of Muckart at 10:15 **OS:** 58 **GR:** NN999005 **Description:** A pleasant circular walk on good paths and farm tracks taking in the Rumbling Bridge gorge. **Note:** NoSC RADO

Leader: L Allen 01592 748016 lesallen80@gmail.com

Kirkcaldy: Pentlands Walk

Grade C+: 11mls **Depart:** KRSN at 09:00 **Walk start:** Flotterstone car park at 10:00 **OS:** 66 **GR:** NT233631 **Description:** A walk in the Pentlands. Low level, mostly tracks but with some minor road walking. **Note:** RADO. NoSC.

Leader: Madge Poklekowska, 01592 328992, madge.p@live.co.uk

Perth: Pitlochry and its Lochs

Grade D: 4.5mls ▲150m/492ft. **Depart:** ASDACP at 09:00 **Walk start:** Black Spout Car Park at 10:00 **OS:** 52 **GR:** NN951576 **Description:** Good paths and tracks. **Note:** RADO.

Leader: Gil McGeachy, 01738 583940 or 07946 655068, gil.mcgeachy@gmail.com

St. Andrews & NE Fife: Christmas Lunch & Optional Walk

Meet: For lunch in Monturpie Restaurant on A915 near Upper Largo at 12:30 **Description:** Refer to 1st October entry for lunch detail and booking. **Note:** Optional mystery walk of under 5 miles from restaurant car park at 10am

Contact: Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

Sunday 3rd December

Stirling & Falkirk:

A short winter venture to the Ochils incl Alva and Silver Glen

Grade B: 6mils/5hrs ▲ 520m/1706ft. **Depart:** LACP at 09:30 **Walk start:** Alva Glen car park at 10:00 **OS:** 58 **GR:** NS885975 **Description:** Cutting across from Alva Glen car park to Silver Glen and proceeding to back slopes of Wood Hill. Climbing Wood hill north slope for good all round views then descending steep path for return. Mainly good tracks or grassy paths. **Note:** RADO. NoSC. FK12 5JZ Mileage to start & back 20

Leader: Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Strathtay:

Glen Lyon - Roro and Bridge of Balgie

Grade C: 7mils ▲ 200m/656ft. **Depart:** CCP at 09:30 **Walk start:** Camusvrachan at 10:00 **OS:** 51 **GR:** NN620477 **Description:** Low level walk from Roro in Glen Lyon on tracks along the south side of the river, crossing at Bridge of Balgie (Tea Room). Walk back the same way but make a side trip to view the split rock. **Note:** RADO.

Leader: Jenny Rees, 07979 608496, jenny.rees@virgin.net

Tuesday 5th December

Kinross & Ochil:

Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Kirkcaldy:

Langtoun Daundersers - Kirkcaldy Beach & Beyond

Grade C: 5.5mils **Depart:** KRSN at 10:00 **Walk start:** Seafield car park, south of Morrison's Supermarket at 10:15 **OS:** 66 **GR:** NT278897 **Description:** From Seafield car park along Kirkcaldy beach to Ravenscraig Park and return along the promenade. Lunch venue to be decided. **Note:** DWOL. CWRA.

Leader: Alex Donald, 07943 871219, alex@donaldwyt.f9.co.uk

Thursday 7th December

Dunfermline & West Fife:

Short Winter Walk

Grade C: 4mils/2hrs **Depart:** LPRCP at 10:00 **Walk start:** To be arranged at **Description:** Easy local walk. Route dependent on weather conditions and capabilities of party. Contact leader the previous day for details. **Note:** DWOL.

Leader: Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

Glenrothes:

Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 8th December

Kirkcaldy:

Summer 2018 Walks Programme

Description: Please send suggestions for Summer Walks Programme to Brian Clark (Walks Prog. Co-Ord.) by 29th December.

Contact: Brian Clark, 01592 784553, bjclark@live.co.uk

Saturday 9th December

Blaigowrie:

A little bit of Cateran

Grade C: 6.5mils **Depart:** WCPB at 09:30 **Walk start:** Bridge of Cally at 10:00 **OS:** 53 **GR:** NO141514 **Description:** A lovely walk taking in a small part of the Cateran Trail from Bridge of Cally to Blairgowrie, with beautiful views on good tracks and paths. **Note:** RADO.

Leader: Madeleine McIntosh, 01250 872005 or 07904 382840, maddiesworld@outlook.com

Dalgety Bay:

Christmas Lunch and Walk

Note: Members will be informed of details in the usual way.

Contact: Chris Roberts, 01383 822184, 07749 757587



Perth Ramblers in the Tayport Area

Forfar: **Forfar Christmas Meal**

Meet: TBA at 01:00 **Description:** Venue to be advised - details to follow. Please check with committee members for further updates.

Contact: The Committee, 07443 044126

Perth: **Pitmedden Forest**

Grade C+: 6.5mls **Depart:** ASDACP at 09:00 **Walk start:** Pitmedden Forestry Commission Car Park at 09:30 **OS:** 58 **GR:** NO188142 **Description:** Circular walk through forest on access roads. Views of Howe of Fife, the Lomond Hills and River Tay. **Note:** RADO.

Leader: Jim McCulloch, 01738 560604 & : 07954 255876, james49mcculloch@virginmedia.com

Sunday 10th December

Dalgety Bay: **Moncreiffe Hill**

Grade C+: 5.5mls/3.5hrs ▲300m/984ft. **Depart:** DBSCCP at 09:30 **Walk start:** Moncreiffe Hill new car park at 10:30 **OS:** 58 **GR:** NO139209 **Description:** An undulating walk through mixed woodland on good paths. **Note:** RADO.

Leader: Audrey Price, 01383 824173 or 07871 806582, anprice@live.co.uk

Dundee: Carnoustie Circular

Grade C+: 9mils/4.5hrs **Depart:** OCCP at 10:00 **Walk start:** Tayside Street Car Park (at sea side of level crossing) at 10:30 **OS:** 54 **GR:** NO567344 **Description:** Circular walk around Carnoustie via Panbride and Barry.

Leader: Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

Glenrothes: Walk followed by Christmas meal

Description: Choice of two walks followed by meal at Village Inn Pittlessie. The details of the walks will be given by the walk leaders nearer the date. All who wish to go for the meal must put name in to John Duncan or Linda Aitken by Thursday 23 November. For walkers and non-walkers, be at Pittlessie by 3.30pm, meal to be served at approx 4pm. **The longer walk** to start at 11am, meet at Lomond Centre. **The strollers walk** to start at 12am, meet at St Columba's Church. Limit is 45 for the meal, partners and non-walkers welcome, book early!

Contact: J Duncan 01337 831888 john@johnandmorven.co.uk or Linda Aitken 01592 757144

Kinross & Ochil: Christmas Walk and Lunch

Grade C: 5mils **Depart:** KPR at 09.30 or BURN at 09:45 **Walk start:** Car park opposite Sauchie Public Hall at 10:00 **OS:** 58 **GR:** NS893942 **Description:** Circular walk along Devon way from Sauchie to Sterling Mills and back, taking in March Glen and Sauchie Tower. Xmas lunch at the Woodsman, Fishcross. Details to be circulated later. **Note:** RADO.

Leader: Doreen Gauld, 01259 722807

Kirkcaldy: Town Loch & Kingseat

Grade C: 7mils **Depart:** KRSN at 09:15 **Walk start:** Town Loch car park, Dunfermline at 10:00 **OS:** 65 **GR:** NT100891 **Description:** A three quarter circuit of the loch, then out to Kingseat and returning via Queen Margaret Hospital. Mostly good paths and tracks with some field edges. **Note:** RADO. NoSC.

Leader: Mike Livesey & Janet Fraser, 07783 201492

Stirling & Falkirk: Stirling Historical Western Approaches

Grade C: 8mils/4hrs ▲200m/656ft. **Depart:** LACP at 10:00 **Walk start:** Fisherman's Car Park, Craigforth, Stirling (signposted past Vehicle Testing point on old "cut-off" main road) at 10:15 **OS:** 57 **GR:** NS777954 **Description:** From Fisherman's CP follow the new riverside path to old Stirling Bridge. Ascend Gowan Hill viewpoint. Cross to Castle Esplanade, return via Kings Park, Homesteads, N Kersebonny and through the Prudential campus. **Note:** RADO. NoSC. FK9 4UH Mileage to start & back 6

Leader: Wraight Shepherd, 01786 475137 or 07753 941564, wraight.shepherd@talk21.com

Tuesday 12th December

Dundee: Christmas Meal

Meet: Queens Hotel, Dundee at 19:00 **Description:** Once again we are having our Christmas Meal in the Queens's Hotel, Dundee. Cost £17. Name and £7 deposit to Nessie by 31st October and balance to be paid by 30th November.

Contact: Nessie Cowie, 01382 507682

Thursday 14th December

Dalgety Bay: Roamers ~ Dalgety Bay to Aberdour (minimal ascent)

Grade D: 2.5mils/3hrs **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **Description:** A walk along the Coastal Path with seasonal refreshment in Aberdour. Return by bus. There is the option to return on foot, Grade C: 5mils 4hrs. **Note:** RADO.

Leader: Rose Nutt, 01383 822669 or 07494 235392

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 16th December

Brechin: Christmas Walk & Lunch

Grade C: 4mls **Depart:** SNSB at 09:30 **Walk start:** Car park in Montrose opposite Roo's Leap at 10:00 **OS:** 54 **GR:** NO724582 **Description:** A short leisurely walk on the Montrose path network, followed by Christmas lunch (details to be advised). **Note:** Meal choices to be advised to Moira Dunbar by Saturday 2nd December

Leader: Moira Dunbar & Morag Boyd, 01356 622327 or 01674 830657, moiradunbar@talktalk.net

Dundee: Kinpurnie Hill

Grade C+: 4mls/2hrs ▲ 274m/900ft. **Depart:** CWCP at 11:00 **Walk start:** Car park on North Street, Newtyle at 11:30 **OS:** 53 **GR:** NO298415 **Description:** Moderately steep climb to Tower along old mill stream and open hillside. Return the same route.

Leader: I Cowie, 01382 884367 or 07810 011232

Dunfermline & West Fife: Christmas lunch

Meet: Cedar Inn, Aberdour at 12:30 **Description:** Names of those attending lunch to Grant by end of November please. Meet for walk around Hawkcraig and Aberdour beaches at Cedar Inn at 10.30.

Contact: Grant Robertson, 01577 208436, 07936 738581, grobert50@tesco.net

Glenrothes: Clackmannan and Alloa towers

Grade C: 6.5mls/3hrs **Depart:** LCCP at 9:30 **Walk start:** Clackmannan tolbooth at 10:30 **OS:** 58 **GR:** NS911918 **Description:** Clackmannan tower, Mary wood, Alloa tower, return by Black Devon wetlands and circular round Clackmannan. **Note:** NoSC RADO

Leader: T McLaren 07903 132319 tmclaren39@gmail.com

Perth: Christmas Lunch

Meet: North Car Park Dunkeld at 09:30 **Description:** Short C walk about 4/5miles, dependent on weather, followed by Christmas meal at Atholl Arms Hotel, Dunkeld. Lunch 12.30 for 13.00. See Perth Newsletter for details of menu, to book meal etc. Regular buses from Perth to Dunkeld.

Contact: Lynn Salvin, 01738 634628, 07712 298939

Stirling & Falkirk: Christmas walk and Lunch

Meet: Woodside Hotel, Doune at 10:00 **Description:** Walk at 10:00 or lunch only at 13:30. **Note:** Contact John for details

Contact: John Ferguson, 01324 823230, 07966 044794, john-ferguson@blueyonder.co.uk

Stirling & Falkirk: Date for submission of walks for the summer programme

Meet: None **Description:** Entry for information only - Please submit your winter walks ideas to Babs (provisional Walks Co-ordinator) with a copy to Eric.

Contact: Babs Butler, 01324 720165, 07711 575561, barbara@btinternet.com

Strathtay: Aberfeldy to Grandtully

Grade C: 9mls **Walk start:** Aberfeldy Cemetery CP (note late start) at 10:30 **OS:** 52 **GR:** NN866497 **Description:** Traditional walk along the River Tay to Grandtully to eat in the Inn on the Tay. Walk back to Aberfeldy or catch the bus. **Note:** RADO.

Leader: Bill McEwan, 01796 472780, billmcewan40@gmail.com



Whinstone Ridge above Bannockburn

Sunday 17th December

Blairgowrie: Mill Dam /Loch Ordie

Grade C+: 5.75mls ▲100m/328ft. **Depart:** WCPB at 09:15 **Walk start:** Saw Mill (Cally) Car Park at 10:00 **OS:** 53 **GR:** NO023435 **Description:** Walk on forest tracks and paths to Mill Dam and return. If the weather is suitable this may be extended to Loch Ordie which will double the mileage and ascent. This would be an option with a second leader. **Note:** RADO.

Leader: Mike Morris, 01828 632548, morris.inchley@btinternet.com

Wednesday 20th December

St. Andrews & NE Fife: Mid-Week Leisurely Walk: Craigtoun to East Sands, St Andrews

Grade D+: 4.5mls ▲60m/200ft. **Depart:** FCPC at 13:30 **Walk start:** Meet at Coastal Pat car park, East Sands to arrange car shuttle to Craigtoun Park at 14:00 **OS:** 59 **GR:** NO519160 **Description:** Easy undulating walk on tracks, paths and minor roads, to enjoy great views of St Andrews and northern vistas. One section may be muddy. **Note:** RADO. CWRA. Will require to arrange car shuttle to walk start and at end of the walk

Leader: Will Aitken, 01334 470066 or 07908 721466, wh.aitken@gmail.com

Thursday 21st December

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 23rd December

Perth:

Monzie and the Knock

Grade C: 4.5mls ▲ 100m/328ft. **Depart:** ASDACP at 09:00 **Walk start:** Ewanfield Car Park, Crieff Hydro at 09:45 **OS:** 52 **GR:** NN866221 **Description:** Circuit of the Knock and then descend to Culcrieff Cottages before following the path on the west side with views up to Comrie. All on good tracks with, weather permitting, excellent views throughout. **Note:** RADO.

Leader: Roger Brickell, 01764 656114 or 07733 317725, rogerbrickell@icloud.com

Thursday 28th December

Dundee:

Festival of Winter Walks - Camperdown Park, Templeton, Clatto

Grade C: 5mls/3.5hrs **Walk start:** Camperdown Park Car Park (north side of main drive) at 10:00 **OS:** 54 **GR:** NO365329 **Description:** Flat walk through woods and tracks. Soup and sandwiches after the walk at Camperdown Zoo Café at a cost of £7.50pp.

Leader: Linda Pirie, 01382 778490 or 07881 369442

Glenrothes:

Lower Largo to Shell Bay Circular

Grade C+: 8.5mls/4.5hrs **Depart:** LCCP at 09:30 **Walk start:** Temple CP Lower Largo. at 10:30 **OS:** 59 **GR:** NO422027 **Description:** An easy circular walk using disused railway and short road link to Shell Bay returning by the Fife coastal path. **Note:** CWRA RADO Festival of Winter Walks

Leader: J Duncan 01337 831888 john@johnandmorven.co.uk

Glenrothes:

Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Stirling & Falkirk:

Torwood Mysteries

Grade C: 6mls/3hrs ▲ 15m/50ft. **Walk start:** Layby on A9 at Torwood at 10:30 **OS:** 65 **GR:** NS842846 **Description:** A wander through Torwood to find a Castle, a Broch and a mysterious blue pool! A little leg-stretch to end the year. **Note:** RADO. NoSC. FK5 4SL Note no meeting at Linden Avenue

Leader: Janet McNee, 01324 872205 or 07929 130582, janet.mcnee@googlemail.com

Friday 29th December

Dalgety Bay:

In and Around Dalgety Bay (minimal ascent)

Grade C: 5mls **Walk start:** DBSCCP at 09:30 **OS:** 65 **GR:** NT156835 **Description:** A walk along the Coastal Path and on woodland paths. **Note:** RADO.

Leader: Ben Douglas, 01383 822715 or 07852 658675

Saturday 30th December

Brechin:

Mystery Tour on Brechin Path Network

Grade C: 6mls **Depart:** SNSB at 09:30 **Walk start:** St Ninians Square, Brechin at 09:35 **OS:** 44 **GR:** NO601602 **Description:** A circular walk. The route will be decided on the day, depending on the weather & underfoot conditions.

Leader: Frances Low, 01356 625348

Perth:

Bankfoot and Five Mile Wood

Grade C+: 7.5mls **Depart:** ASDACP at 09:00 **Walk start:** Bankfoot Church Centre at 09:30 **OS:** 53 **GR:** NO062350 **Description:** The route heads east through woodland and under the A9, then passes Ardonachie before making circuit of Wood. Then northwards to North Barns, over the A9 to Coltrannie, then down into the village. An optional conclusion around Airleywight.

Leader: John Andrews, 01738 827275 & : 07526 884953, john@jdandrews.co.uk



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Tuesday 2nd January

Kirkcaldy:

Langtoun Daunderers - West, East & Coaltown of Wemyss Circular

Grade C: 5.5mls **Depart:** KRSN at 09:30 **Walk start:** West Wemyss harbour car park at 10:00 **OS:** 59 **GR:** NT324946 **Description:** Coastal Path to East Wemyss, return by woodland path to Coaltown of Wemyss. Mainly paths and roads. Woodland paths may be muddy. Proposed lunch venue is 'The Path Tavern'. **Note:** DWOL. CWRA.

Leader: Kathleen Curley & Glenna Douglas, 07757 282455 or 07847 675961

Thursday 4th January

Glenrothes:

Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 6th January

Blairgowrie:

Taymount Woods - Ballathie Circular

Grade C: 7mls **Depart:** WCPB at 10:10 **Walk start:** Taymount Woods Car Park at 10:30 **OS:** 53 **GR:** NO119351 **Description:** Woodland tracks and paths through woods and farmland, via King's Myre to Old England, West Wood End and grounds of Ballathie Hotel. Then onto the old railway track back to Taymount Woods. **Note:** RADO. Phil Taylor sharing the lead on this walk

Leader: Jean Stewart, 01250 873852

Dalgety Bay:

The River Almond Walkway

Grade C: 7mls/3.5hrs **Depart:** DBSCCP at 09:30 **Walk start:** Cramond Glebe Road CP at 10:15 **OS:** 66 **GR:** NT190770 **Description:** Walk along the river Almond and through Cammo village to the railway line at the east boundary of Edinburgh airport. Return to the river via tracks, minor roads and an old bridge. There are steep staircases at one point. **Note:** RADO.

Leader: Matsue Williams, 0131 332 4395

Dundee:

North Dundee

Grade C: 5mls **Walk start:** Rennell Road side of Stobsmuir Ponds (Get 15/17 bus or cars can park on Rennell Road) at 10:30 **OS:** 54 **GR:** NO418321 **Description:** Walk from Ponds to Caird Park, Trottick Reserve and back again. Bring binoculars. **Note:** RADO.

Leader: Rose Garvie, 01382 450763

Forfar:

Kirriemuir Circular - followed by Walks Planning Meeting

Grade C: 5.5mls **Depart:** EGCP at 10:00 **Walk start:** Bellies Brae Car Park Kirriemuir at 10:20 **OS:** 54 **GR:** NO385537 **Description:** Circular walk round Kirriemuir and Kinnordy - followed by the walks planning meeting.

Leader: Grace Johnston, 01575 574685

Kinross & Ochil:

Kinross Countryside

Grade C: 6mls **Depart:** BURN at 09.30 or Street parking by Green Hotel, Kinross at 09:50 **Walk start:** Green Hotel, Kinross at 10:00 **OS:** 58 **GR:** NO118027 **Description:** New Year walk followed by lunch at The Courthouse. Good paths and tracks. Pass Burleigh Castle, thro' community woodlands to Burleigh Sands, onto the Heritage trail, thro' woods and back to start. Names for lunch to Carolyn by 2 January. **Note:** RADO.

Leader: Carolyn Jenkins, 07925 972650

Perth:

Errol and Port Allen - Festival of winter walks

Grade C: 5mls **Depart:** No.16 bus stop N, South Street Perth at 09:35 **Walk start:** Mercat Cross High Street Errol at 10:00 **OS:** 59 **GR:** NO251228 **Description:** Circular, scenic walk on minor roads, farm tracks and earth paths through woodland and beside the River Tay. Maybe muddy. Bus return to Perth 6mins past the hour from Errol. **Note:** RADO. Check bus times.

Leader: Lynn Salvin, 01738 634628 or 07712 298939

St. Andrews & NE Fife: Errol Circular

Grade C: 7mls ▲100m/328ft. **Depart:** FCPC at 09:10 **Walk start:** Public car park next to Errol Church at 10:00 **OS:** 53 **GR:** NO253230 **Description:** Easy circular walk along part of northern shore of River Tay, returning inland on minor roads and tracks, which may be muddy. Walk has fine views over to Fife. **Note:** RADO. NoSC.

Leader: Susan Richmond, 01382 542516, susanrichmond@live.co.uk

Sunday 7th January

Dunfermline & West Fife: Townhill Loch and Woods

Grade C: 6mls/3.5hrs **Walk start:** LPRCP at 10:00 **OS:** 367 **GR:** NT098877 **Description:** Pleasant stroll round Townhill Loch and Woods, starting from Leys Park car park. No hills but one set of steps. Might be muddy. Dogs and older children welcome. **Note:** DWOL.

Leader: Jean Barclay, 01383 432495, jean.barclay@tiscali.co.uk

Glenrothes: Lomond Hills - Bishop Hill circular

Grade B: 7.5mls/4.5hrs ▲1000ft **Depart:** LCCP at 09:30 **Walk start:** Holl Reservoir CP at 10:00 **OS:** 58 **GR:** NO224034 **Description:** Starting from Holl Reservoir walk to Bishop Hill then along the ridge with excellent views of Loch Leven and the Fife countryside two things of special interest being Carlin Maggie and the limestone quarry workings. **Note:** NoSC RADO Leader will meet walkers at start of walk

Leader: W Cumming contact by Email splish2splosh@gmail.com

Stirling & Falkirk: Cambusbarron, Swanswater, Tinkers Loan and on to Heritage Centre

Grade C: 7.5mls/4.5hrs ▲40m/131ft. **Depart:** LACP at 10:30 **Walk start:** Cambusbarron Community Centre at 11:00 **OS:** 57 **GR:** NS779924 **Description:** On local quiet roads, lanes and muddy paths with negligible inclines. **Note:** RADO. NoSC. FK7 9NF Mileage to start & back 4 - Car shuttle will be required

Leader: Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Monday 8th January

St. Andrews & NE Fife: Summer 2018 Walks Planning Meeting

Meet: Cupar Fire Station Community Room at 19:00 **Note:** If unable to attend, please pass on any walks ideas to the Walks Coordinator or Group Secretary before the meeting

Contact: Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

Tuesday 9th January

Dalgety Bay: Walks Planning Meeting for Summer 2018

Meet: Day Care Centre, Dalgety Bay at 19:30 **Description:** Come and give us your input for the next programme. Submitting your walks before the meeting is appreciated.

Contact: Ian Bruce, 01383 616062, 07518 154237, ianbruce100@btinternet.com

Kirkcaldy: Thornton Countryside

Grade C+: 8mls **Depart:** KRSN at 09:00 **Walk start:** Park cars anywhere on Main Street Thornton. Meet at end of Park Place street, at the gated entrance to Thornton Memorial Park at 09:20 **OS:** 59 **GR:** NT290975 **Description:** A variety of scenery. Crossing Thornton Golf Course, past wind turbines, through woods, over rivers, under railway lines, around disused tip and returning via farm tracks. May be cattle in a field on 50 yd stretch of the route. **Note:** RADO. CWRA.

Leader: Alex Donald, 07943 871219, alex@donaldwyt.f9.co.uk

Thursday 11th January

Dalgety Bay: Roamers ~ Dalgety Bay to Inverkeithing

Grade D: 2.5mls/2hrs **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **Description:** A walk along the Coastal Path and, after refreshment, return by bus. There is the option to return on foot, Grade C: 5mls 3hrs. **Note:** RADO.

Leader: Ben Douglas, 01383 822715 or 07852 658675

Dunfermline & West Fife: Short Winter Walk

Grade C: 4mls/2hrs **Depart:** LPRCP at 10:00 **Walk start:** To be arranged at **Description:** Easy, local walk. Route dependent on weather and capabilities of party. Contact leader the day beforehand to confirm details. **Note:** DWOL.

Leader: Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 13th January

Brechin: The Sidlaws

Grade C+: 6mls **Depart:** SNSB at 09:30 **Walk start:** Balkello Wood car park at 10:30 **OS:** 54 **GR:** NO365385 **Description:** A circular walk. The route will be decided on the day, depending on the weather & underfoot conditions.

Leader: Colin Whyte, 01356 622283 or 07949 402506, colinwhyte@colinwhyte.plus.com

Dalgety Bay: Markinch, Star Moss Circular

Grade C: 6mls/3.5hrs ▲70m/229ft. **Depart:** DBSCCP at 09:30 **Walk start:** Glass Street Car Park at 10:15 **OS:** 59 **GR:** NO297018 **Description:** Circular route on track and paths, rough in places some road walking. **Note:** RADO.

Leader: Ken Wright, 01383 822358 or 07535 386982

Dundee: Errol - Port Allan

Grade C: 7mls/4hrs **Depart:** CWCP at 10:00 **Walk start:** Car Park beside Church at 10:30 **OS:** 53 **GR:** NO52229 **Description:** A circular walk on tracks and some minor road walking.

Leader: Steve Carmichael, 01382 534119 or 07729 393206

Glenrothes: Anstruther-Pittenweem-Kilrenny-Cellardyke Circular

Grade C+: 8mls/4hrs **Depart:** LCCP at 09:30 **Walk start:** CP adjacent to Coop at 10:00 **OS:** 59 **GR:** NO562038 **Description:** Figure of eight coastal and inland walk following the coastal path and grassy tracks with lovely views over surrounding countryside and the Forth. **Note:** CWRA RADO

Leader: C Mackie 07960513994 catherineannmackie@hotmail.co.uk

Kirkcaldy: Kinglassie / Glenrothes / Cluny Circular

Grade C+: 10.5mls **Depart:** KRSN at 09:30 **Walk start:** Kinglassie Primary School Playground at 10:00 **OS:** 58 **GR:** NT233987 **Description:** Steep ascent to Blythe's Tower then towards Leslie, Glenrothes golf course and Southfield by police station to River Ore. Return via Cluny, Kinglassie and Dogton Equestrian Centre. All on core paths, cycle paths, woodland and farm tracks. **Note:** RADO. NoSC.

Leader: Elaine Collins, 07739 964212

Perth: Birnam and Dunkeld

Grade C: 7mls **Depart:** ASDACP at 09:00 **Walk start:** Birnam Arts Centre at 10:00 **OS:** 52 **GR:** NO032419 **Description:** Circular walk on paths near Birnam and Dunkeld, passing through the Hermitage.

Leader: Tom Ross, 01738 441849 or 07949 715716, tomwoodville@aol.com

Strathtay: Moncreiffe Hill

Grade C: 5mls **Depart:** CCP at 09:30 **Walk start:** CP near Rhynd at 10:20 **OS:** 52 **GR:** NO135210 **Description:** A walk up and round Moncreiffe Hill to the south of the River Tay. **Note:** RADO.

Leader: Jenny Rees, 07979 608496, jenny.rees@virgin.net

Sunday 14th January

Stirling & Falkirk: A Winter Wander Round Airth.

Grade C: 8mls/4hrs ▲15m/50ft. **Depart:** LACP at 09:45 **Walk start:** Netherby Road Car Park Airth at 10:15 **OS:** 65 **GR:** NS897878 **Description:** A circular walk round some of the landmarks in Airth and the surrounding area. **Note:** RADO. NoSC. FK2 8RA Mileage to start & back 15

Leader: Fiona McMurray, 01324 632740 or 07842 449328, fionanmcmurray@btinternet.com

Tuesday 16th January

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Wednesday 17th January

St. Andrews & NE Fife: Cairngreen Wood, Cupar

Grade C: 6mils ▲120m/393ft. **Walk start:** FCPC at 10:30 **OS:** 59 **GR:** NO375146 **Description:** Easy going walk from Cupar to Cairngreen Wood, using tracks and paths, some of which may be rough or muddy. **Note:** RADO. NoSC.

Leader: Jim Forret, 01334 656137, james.forret@btinternet.com

Thursday 18th January

Dundee: Walks Planning Meeting

Meet: Methodist Church Hall, Marketgait, Dundee at 19:30 **Description:** All members welcome to exchange ideas and offer suggestions for walks and outings. Offers to lead walks would be most welcome and experienced leaders will help anyone who has never led a walk before. Tea and coffee provided.

Contact: Joyce Cumming, 01382 642752, 07526 237526, joyce@cumming14.plus.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 20th January

Blairgowrie: Winter Lunch - Circular walk around Newtyle

Grade C: 5mils **Depart:** Pitcrocknie Restaurant Car Park (Was Glen Isla Golf Club) at 10:00 **Walk start:** Car park on Glammis road out of Newtyle at 10:15 **OS:** 53 **GR:** NO298415 **Description:** Flat walk mostly on good tracks with a quiet road section in the middle. Lunch will be at Pitcrocknie Restaurant at 1pm. Please see details in newsletter and book through Pat Fraser patriciafraser@btinternet.com / 01250 873577. **Note:** RADO. Parking: B954 Glen Isla road, past golf courses and over little bridge on left at Pitcrocknie Restaurant

Leader: Mike Morris, 01828 632548, morris.inchley@btinternet.com

Dunfermline & West Fife: River Devon Circular

Grade C+: 8mils/4hrs ▲180m/590ft. **Depart:** LPRCP at 10:00 **Walk start:** Church Road, Crook of Devon at 10:30 **OS:** 369 **GR:** NO032001 **Description:** Circular walk following spectacular tumbling water of Rumbling Bridge Gorge. **Note:** DWOL.

Leader: Alan McGuckin, 01383 731557 or 07970 172593, atmcg53@gmail.com

Perth: Crail and the Fife Coastal Path

Grade C: 7mils ▲50m/164ft. **Depart:** ASDACP at 09:00 **Walk start:** Crail Main Street at 10:15 **OS:** 59 **GR:** NO613076 **Description:** Pleasant walk along shore paths, field tracks and the edge of golf course to return to village. **Note:** RADO.

Leader: Sue Henderson, 01738 861026 & : 07980 147967, tanniesue_peru@yahoo.com

Sunday 21st January

Dundee: East Haven to Arbroath

Grade C: 6mils/3hrs **Depart:** OCCP at 10:00 **Walk start:** East Haven car park (through Railway Bridge) at 10:30 **OS:** 54 **GR:** NO592363 **Description:** Beach walk to Arbroath and return.

Leader: Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

Forfar: Glamis & Charleston

Grade C: 5mils **Depart:** EGCP at 10:00 **Walk start:** Glamis Village Car Park at 10:15 **OS:** 54 **GR:** NO385465 **Description:** From Glamis to Charleston then track to Mains of Rochelhill, Wester Rochelhill through forest back to Charleston and Glamis. Fair amount of road walking.

Leader: Dot Eaton, 01307 465319

Glenrothes: Falkland - Maspie Den to Drumdreel Wood circular

Grade B: 8mls/4hrs ▲1000ft **Depart:** LCCP at 09:30 **Walk start:** Stables CP at 10:00 **OS:** 58 **GR:** NO247074 **Description:** Following path up Maspie Den to Craigmead (steady climb) then past Maiden Castle to Tyndal Monument (short steep ascent and descent) and Drumdreel Wood, return by lower route. Short road walk, mainly woodland paths. **Note:** NoSC RADO
Leader: L Allen 01592 748016 lesallen80@gmail.com

Kinross & Ochil: Dunkeld - Bishop's, Fiddler's & Inver Paths

Grade C: 6.5mls **Depart:** KPR at 09.15 or BURN at 08:45 **Walk start:** Car Park at north end of Dunkeld at 10:00 **OS:** 52 **GR:** NO026428 **Description:** A delightful, gentle walk past the cathedral and along Bishop's path with its spectacular trees. Fiddler's path takes us along the bank of the Tay, joining up with the Inver path. Back to Dunkeld via the Beatrix Potter Garden. **Note:** RADO. CWRA.
Leader: Andrew & Edna Burnett, 01577 862977

St. Andrews & NE Fife: Moncrieff Hill

Grade C+: 5mls ▲250m/820ft. **Depart:** FCPC at 09:30 **Walk start:** Turn east off the A912 Edinburgh on to Rhynd Road. Take minor road for mile where car park on right at 10:15 **OS:** 58 **GR:** NO138210 **Description:** Beautiful woodland walk to summit with great views. Woodland tracks which may be muddy in places. **Note:** RADO. CWRA.
Leader: Dorothy Cameron, 01334 474305

Stirling & Falkirk: Dupplin estate & Cairnie Braes

Grade C+: 7mls/3.5hrs ▲200m/656ft. **Depart:** LACP at 09:30 **Walk start:** The old A9, by the Dupplin Estate entrance at 10:00 **OS:** 58 **GR:** NO039200 **Description:** A lovely walk through various parts of the Dupplin estate, passing Dupplin Loch. Crossing the Cairnie Braes before re-entering the Dupplin estate. **Note:** RADO. NoSC. PH2 OPR. Mileage to start & back 60. Please try to car share
Leader: Babs Butler, 01324 720165 or 07711 575561, barbaraftbutler@btinternet.com

Thursday 25th January

Brechin: Summer Walks Meeting

Meet: St Ninians Church Hall, Brechin at 19:00
Contact: Moira Dunbar, 01356 622327 & 07759 215616, moiradunbar@talktalk.net

Dundee: Dundee West Circular Walk

Grade C: 4mls/2hrs **Walk start:** Junction of Glamis Road and Perth Road (on street parking bottom half of Glamis Road) at 10:00 **OS:** 54 **GR:** NO371299 **Description:** Circular walk west end of Dundee. Mainly on pavements but some parks and tracks.
Leader: Sheila Wallace, 01382 320243 or 07944 570925

Dunfermline & West Fife: Short Winter Walk

Grade C: 4mls/2hrs **Depart:** LPRCP at 10:00 **Walk start:** To be arranged at **Description:** Easy local walk. Route dependent on weather conditions and capabilities of party. Contact leader the day before to confirm details. **Note:** DWOL.
Leader: Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 27th January

Brechin: Inglmaldie

Grade C: 6mls **Depart:** SNSB at 09:30 **Walk start:** On minor road at south-east corner of Inglmaldie Wood at 10:00 **OS:** 45 **GR:** NO656669 **Description:** A circular woodland walk. Can be shortened in the event of inclement weather.
Leader: Nancy McFarlane, 01356 626229 or 07986 531971

Dalgety Bay: Mystery Walk

Grade C: Description: See web site for details of walk. **Note:** RADO.

Leader: Ian Bruce, 01383 616062 or 07518 154237, ianbruce100@btinternet.com

Dundee: Bus Trip to Glasgow (more details to follow later)

Description: Walk and visit to museums. High Tea on way home. The cost for the bus is £10 pp. Names and money to Pat on or before Christmas Meal.

Contact: Pat Hargraves, 01307 462882

Glenrothes: Kingsbarns - Distillery, Fife Coastal path and disused railway circular

Grade C+: 8.5mls/4.5hrs **Depart:** LCCP at 9:30 **Walk start:** Kingsbarns distillery CP at 10:15 **OS:** 59 **GR:** NO603107 **Description:** From distillery, then Fife Coastal Path to Pitmilny, Morton returning disused railway and West Newhall. **Note:** NoSC RADO

Leader: M Duncan 01337831888 john@johnandmorven.co.uk

Kirkcaldy: Tollie Hill & Swan Pond

Grade C+: 8mls **Depart:** KRSN at 09:30 **Walk start:** Car park opposite Lumphinnans Bowling Club at 10:00 **OS:** 58 **GR:** NT171926 **Description:** Circular country walk to Lochore Meadows. Some parts may be muddy. **Note:** RADO. NoSC.

Leader: Alison Matthews, 01592 780450

Perth: Cargill's Leap, Knockie and Ardblair Trail, Blairgowrie

Grade C+: 9.5mls **Depart:** ASDACP at 09:00 **Walk start:** Riverside Car Park, Blairgowrie at 10:00 **OS:** 53 **GR:** NO180454 **Description:** Walk on marked paths, tracks and minor roads to Cargill's Leap, the Knock and then following the Ardblair Trail. Waterfalls, woodlands, old mills.

Leader: Mike Brown, 01738 446330 & : 07825 014442, mikebrown1957@btinternet.com

Sunday 28th January

Dundee: Auchterhouse, Balluderon & Craigowl Hills

Grade B: 5mls/4hrs ▲250m/820ft. **Depart:** CWCP at 10:00 **Walk start:** Balkello Community Car Park at 10:30 **OS:** 54 **GR:** NO367385 **Description:** Walk mainly on tracks and paths, car park to the summits or the three hills (weather permitting) and return, some steep ascents and descents, track can be rough in parts.

Leader: David Banks, 01382 858495 or 07719 382703

Stirling & Falkirk: Kincardine & the 2 bridges

Grade C: 8mls/4hrs ▲12m/40ft. **Depart:** LACP at 09:30 **Walk start:** Park in Kincardine Park & Ride car park. Walker St. FK10 4NT at 10:00 **OS:** 65 **GR:** NS931873 **Description:** This is an undemanding walk : over 2 bridges, on minor road, good paths and tracks in open countryside and through woodland. **Note:** RADO. NoSC. FK10 4NR Mileage to start & back 25

Leader: Janette Seale, 01786 447107 or 07709 957317, janette.seale@hotmail.co.uk

Strathtay: Allean Forest

Grade C: 5mls **Depart:** CCP at 09:30 **Walk start:** Forest CP near Queen's View at 10:15 **OS:** 52 **GR:** NN857600 **Description:** Circular walk mainly on good gravel tracks with a few fairly steep sections round Allean Forest, north of Loch Tummel, visiting view points, an 18th century homestead and, conditions permitting, a Pictish fort. **Note:** RADO.

Leader: Grace Proudfoot, 07548 626285, sheffieldwoman@gmail.com

Tuesday 30th January

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 1st February

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Stirling & Falkirk: Summer programme walks meeting

Meet: Mayfield centre, St Ninians, Stirling. FK7 0DB at 19:30 **Description:** Come along to socialise and hear a preview of the new walks for the summer programme from the walks leaders. All are welcome.

Contact: Babs Butler, 01324 720165, 07711 575561, barbaraafbutter@btinternet.com

Saturday 3rd February

Blairgowrie: Mailer Hill and Buckie Braes

Grade C+: 6mils ▲222m/728ft. **Depart:** WCPB at 09:45 **Walk start:** Broxden Park and Ride at 10:15 **OS:** 58 **GR:** NO087226 **Description:** Good tracks and paths through agricultural and wooded areas with a few steep inclines. **Note:** RADO.

Leader: Kathleen Frew, 01250 873805 or 07900 531159, kathleenfrew@msn.com

Dundee: Balmerino Abbey

Grade C: 6mils/4hrs **Depart:** TBPC at 10:00 **Walk start:** Wormit Bay (near the memorial for Tay Bridge Disaster) at 10:15 **OS:** 54 **GR:** NO394260 **Description:** Circular walk to Balmerino Abbey from Wormit Bay and return.

Leader: L Beveridge & J Cumming, 01382 730832 & 07811 462266 or 01382 642752 & 07526 237526

Forfar: Brechin - Burghill Circular

Grade C: 7mils **Depart:** EGCP at 10:00 **Walk start:** Brechin Castle Garden Centre at 10:30 **OS:** 54 **GR:** NO575598 **Description:** Circular walk via Stannochy, Rough Moss, Brechin Bridge and back through Toll Wood.

Leader: Dorothy Hutcheon, 01307 468034.

Kinross & Ochil: Cleish Hills & Loch Glow

Grade C+: 6mils **Depart:** KPR at 09.30 or BURN at 09:00 **Walk start:** Car park at end of road into Loch Glow at 10:00 **OS:** 58 **GR:** NT095954 **Description:** Circular forestry and lochside walk in the Cleish hills. **Note:** RADO.

Leader: Margaret Best, 01577 864112.

Kirkcaldy: Balcarres Estate & Flagstaff Hill

Grade C+: 10mils **Depart:** KRSN at 09:15 **Walk start:** Car park at Temple, Lower Largo at 10:00 **OS:** 59 **GR:** NO422026 **Description:** Walk to Drumeldrie then circular route by Charleton and Coates back to Drumeldrie. On country tracks, quiet roads, footpaths and field edges. **Note:** RADO. NoSC.

Leader: Ruth Beddall, 01592 260578

Perth: Murthly

Grade C+: 9.25mils ▲225m/738ft. **Depart:** ASDACP at 09:00 **Walk start:** Murthly Village Hall at 09:30 **OS:** 53 **GR:** NO101385 **Description:** Moderate low level route following good tracks, paths and minor roads through farmland and forestry. **Note:** RADO.

Leader: Kenny Valentine, 01738 446496

St. Andrews & NE Fife: Blackford & Tullibardine Circular

Grade C+: 8.5mils ▲225m/738ft. **Depart:** FCPC at 09:00 **Walk start:** Blackford--park in south end of main street past Tullibardine Distillery, near to signposted path to Braco Road at 10:30 **OS:** 58 **GR:** NN896089 **Description:** This very varied circular walk has great views of Perthshire and Ochil Hills. Walk will include golf courses, moorland, old chapel, famous hotel grounds. Terrain can be muddy and rough in places, as well as stiles, tarred roads and tracks. **Note:** RADO. NoSC. Walk includes 1 unmanned level crossing, possible contact with horses. Some short steeper sections.

Leader: Will Aitken, 01334 470066 or 07908 721466, wh.aitken@gmail.com



Return from Glen Tarken towards St Fillans

Sunday 4th February

Dalgety Bay: Roslin Circular

Grade C+: 8mils/4hrs **▲** 180m/590ft. **Depart:** DBSCCP at 09:15 **Walk start:** Rosslyn Chapel Car Park at 10:15 **OS:** 66 **GR:** NT274631 **Description:** A walk through Roslin Glen before going on a good path between fields to Loanhead and returning via Bilston woods and the North Esk river. Can be muddy. There are a number of steps to climb. **Note:** RADO.

Leader: Michael & Evelyn Gordon, 01383 823221, magordon2003@yahoo.co.uk

Dunfermline & West Fife: Historic Dunfermline

Grade C: 5mils/2.5hrs **Walk start:** LPRCP at 10:00 **OS:** 367 **GR:** NT098877 **Description:** The walk will take us round the historic sights of the old town and Pittencrieff Glen, extending further into the countryside if time and weather allow. **Note:** The walk should end in time to have a look round and enjoy a snack at the stunning new galleries at the Carnegie Library

Leader: Jean Barclay, 01383 432495, jean.barclay@tiscali.co.uk

Glenrothes: Glenrothes - Pitcairn to Holl Reservoir Circular

Grade B: 9mils/5hrs **Depart:** LCCP at 09:30 **Walk start:** Pitcairn Ranger station at 09:45 **OS:** 59 **GR:** NO266035 **Description:** Starting with some road walking this local walk takes farm roads hill tracks to Holl reservoir and along edge of East Lomond returning downhill to the starting point. **Note:** CWRA RADO Leader will meet walkers at start of walk

Leader: W Cumming contact by Email splish2splosh@gmail.com

Stirling & Falkirk: The Falkirk Canals and Westquarter Glen

Grade C: 8mils/5hrs **▲** 100m/328ft. **Depart:** LACP at 09:30 **Walk start:** Public car park for The Helix, 100M along road leading to Kelpies from A9 (Northern Distributor Road), at 10:00 **OS:** 65 **GR:** NS905814 **Description:** Circular walk generally on good paths, round some of the sights of Falkirk. with the morning break under the waterfall in Westquarter Glen. Then up to Hallglen. On to the Union canal and lunch at the Falkirk wheel. **Note:** RADO. NoSC. FK3 8YE Mileage to start & back 15

Leader: Wraight Shepherd, 01786 475137 or 07753 941564, wraight.shepherd@talk21.com

Tuesday 6th February

Kirkcaldy:

Langtoun Daunders - Kinghorn / Craigencalt / Mire

Grade C+: 5mls **Depart:** KRSN at 09:30 **Walk start:** Pettycur Road car park (Kinghorn) adjacent to Carousel Restaurant at 10:00 **OS:** 66 **GR:** NT269866 **Description:** By Pettycur and Grangehill to Kinghorn Loch. Then by Craigencalt and Mire Path to Kinghorn Harbour. Mainly paths and roads. Some paths may be muddy. Proposed lunch venue - The Bay Caravan Park. **Note:** DWOL. CWRA. **Leader:** Kathleen Curley & Glenda Douglas, 07757 282455 or 07847 675961

Wednesday 7th February

Dundee:

Errol - Port Allen circular

Grade C+: 5mls/2.5hrs **Depart:** CWCP at 10:30 **Walk start:** The Cross, Errol at 11:00 **OS:** 53 **GR:** NO250228 **Description:** From Errol via New Farm to River Tay and Port Allen on good paths and tracks.

Leader: Stewart & Val MacDonald, 01382 642728 & 07960 624539 or 07852 815900

Thursday 8th February

Dalgety Bay:

Roamers ~ Townhill Loch, Dunfermline (minimal ascent)

Grade D: 4mls/2.5hrs **Depart:** Dalgety Bay Library at 10:00 **Walk start:** Townhill Loch CP at 10:30 **OS:** 65 **GR:** NT103891 **Description:** A pleasant easy walk on good paths around Townhill Loch on the north side of Dunfermline. **Note:** RADO.

Leader: Ken Wright, 01383 822358 or 07535 386982

Dunfermline & West Fife: Culross

Grade C: 7mls/4hrs **Depart:** LPRCP at 09:30 **Walk start:** West car park, Culross at 10:00 **OS:** 367 **GR:** NS982859 **Description:** A circular walk around the outskirts of Culross, including Valleyfield Woods. **Note:** DWOL.

Leader: Olive Inglis, 01383 842693 or 07773 995015, oliveminglis@aol.com

Glenrothes:

Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 10th February

Brechin:

Inverbervie Circular

Grade C+: 7mls **Depart:** SNSB at 09:30 **Walk start:** Inverbervie shore car park at 10:30 **OS:** 54 **GR:** NO833723 **Description:** By the old coach road past Tillygrain to Mill of Benholm, Return by coastal path.

Leader: Colin Whyte, 01356 622283 or 07949 402506, colinwhyte@colinwhyte.plus.com

Glenrothes:

Auchtermuchty - The Clink Forest Circular

Grade C+: 7mls/4hrs **Depart:** LCCP at 09:30 **Walk start:** Burnside in Auchtermuchty at 10:00 **OS:** 59 **GR:** NO239117 **Description:** Circular walk through Auchtermuchty Common and the Clink. Some pavement/ road walking. **Note:** NoSC RADO

Leader: I Rankin 01337 830360 ishabelrankin@gmail.com

Perth:

Loch Ordie

Grade C+: 10mls **Depart:** ASDACP at 09:00 **Walk start:** Dowally Church Car Park at 09:45 **OS:** 53 **GR:** NO001480 **Description:** Ascent to Roar Lodge and Loch Ordie and then northerly circuit with descent towards Tulliemet with lane and tracks back to Dowally. **Note:** RADO.

Leader: Roger Brickell, 01764 656114 or 07733 317725, rogerbrickell@icloud.com

Strathgairn:

Glen Garr

Grade C+: 8mls **Depart:** Chapel Street Bus Stop, Aberfeldy at 08:55 **Walk start:** Bankfoot at 09:30 **OS:** 52 **GR:** NO063354 **Description:** A linear walk via Glen Garr, Rumbling Bridge and The Hermitage to Dunkeld. Return by bus. **Note:** RADO.

Leader: John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

Sunday 11th February

Stirling & Falkirk: Abbey Craigs and the University

Grade C: 6.5mls/3.5hrs ▲260m/853ft. **Depart:** LACP at 10:00 **Walk start:** Wallace Monument Overflow Car Park. at 10:15 **OS:** 57 **GR:** NS807958 **Description:** A scenic walk through woodland and open spaces with views of the surrounding area. Mainly on good paths. **Note:** RADO. NoSC. FK9 4LP Mileage to start & return 6

Leader: Val Smith, 01786 470976 or 07828 149859, vps6@iname.com

Tuesday 13th February

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Wednesday 14th February

St. Andrews & NE Fife: Mid-week Leisurely Walk: Kingsbarns & Cambo

Grade D: 4mls ▲40m/131ft. **Depart:** FCPC at 10:00 **Walk start:** Kingsbarns Beach car park at 10:45 **OS:** 59 **GR:** NO603125 **Description:** Walk along coastal path and through woodland on paths, beach and minor roads. Short gradient and steps. **Note:** RADO. NoSC. Leaders will meet at walk start

Leader: Stewart & Linda Collier, 01334 477673 or 07881 596883, stewart.collier@outlook.com

Thursday 15th February

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 17th February

Blairgowrie: Easthaven to Elliott

Grade C: 5.75mls **Depart:** WCPB at 09:30 **Walk start:** Public Carpark East Haven at 10:30 **OS:** 54 **GR:** NO591362 **Description:** A walk along the beach and coastal path to Elliott and return by same route. **Note:** RADO.

Leader: Anne Crombie, 01828 650308

Dundee: Drumoig - Tayport Circular

Grade C+: 8mls/4hrs **Depart:** TBCP at 10:00 **Walk start:** Drumoig Driving Range at 10:15 **OS:** 59 **GR:** NO437234 **Description:** Through fields and minor roads to Scotsraig Estate then follow coastal path to Tayport and return to Drumoig.

Leader: Linda Pirie, 01382 778490 or 07881 369442

Dunfermline & West Fife: Duloch & Fordell Estate

Grade C: 5mls/3hrs **Walk start:** Duloch Bus Stop (beside Tesco Supermarket) at 10:00 **OS:** 367 **GR:** NT125862 **Description:** From Calais Muir wood, farm and country paths in Fordell estate, back to Duloch. **Note:** DWOL.

Leader: Olive Inglis, 01383 842693 or 07773 995015, oliveminglis@aol.com

Kirkcaldy: Kincardine to Cairneyhill Linear

Grade C: 10mls **Depart:** Kirkcaldy bus station stance 6 at 08:30 **Walk start:** Kincardine High Street (at The Cross) at 09:41 **OS:** 65 **GR:** NS931875 **Description:** Glasgow bus X27 to Kincardine at 8.35am. Easy walking mainly along the coast path. Linear route finishes at Cairneyhill. Car drivers may prefer to park at Cairneyhill and catch Glasgow bus (X27) at Brandy Rigg bus stop at 9.30am. **Note:** RADO. NoSC. Check bus times with walk leader before joining walk.

Leader: Ruth Beddall, 01592 260578

Perth: Crieff, its Knock and River Earn

Grade B: 8mls ▲400m/1312ft. **Depart:** ASDACP at 09:00 **Walk start:** Car Park at Turret Bridge, East Side at 09:45 **OS:** 52 **GR:** NN857222 **Description:** Good walk over paths and tracks, partly waymarked. **Note:** RADO.

Leader: Gil McGeachy, 01738 583940 or 07946 655068, gil.mcgeachy@gmail.com

Sunday 18th February

Dalgaty Bay: Anstruther - Pittenweem - Kilrenny - Cellardyke

Grade C+: 8mls/4hrs **Depart:** DBSCCP at 09:40 **Walk start:** Car park opposite Waid Academy/Anstruther Cemetery at 11:00 **OS:** 59 **GR:** NO563038 **Description:** Figure of eight coastal and inland walk following the coastal path and grassy tracks with lovely views over surrounding countryside and the Forth. **Note:** RADO.

Leader: Jane Mitchell, 01383 822843

Forfar: Carnoustie - Craigmill Den - Barry Mill

Grade C: 8mls **Depart:** EGCP at 10:00 **Walk start:** Beach Car Park Carnoustie at 10:30 **OS:** 54 **GR:** NO562340 **Description:** Easy walk from Beach Car Park to Craigmill Den (3.5mls) return to Car Park and on to Barry Mill and return (4.5mls), Terrain surfaced paths, pavement, minor roads and tracks.

Leader: Jenny McDade, 01241 855481

Glenrothes: Glenrothes - Snowdrops and Standing Stones

Grade C: 6.5mls/3.5hrs **Depart:** LCCP at 9:30 **Walk start:** Lomond Centre CP at 9:30 **OS:** 59 **GR:** NO285008 **Description:** A circular Winter Walk passing many of the more Ancient & historic remains in the New Town of Glenrothes. Mainly on good paths and pavements. **Note:** CWRA DWOL **Leader:** H Morrison 01592 749170 or 07821148256 hazmgtmor@hotmail.com

Kinross & Ochil: Linlithgow Circular

Grade C: 8.5mls **Depart:** KPR AT 09.15 OR BURN at 09:15 **Walk start:** Car park off A706 at end of St Ninians Way at 10:00 **OS:** 65 **GR:** NS997771 **Description:** A walk along good paths and tracks, starting by the loch. Then along the canal towpath and River Avon to the Aqueduct. On towards the viaduct and return alongside the loch. **Note:** RADO.

Leader: Carolyn Jenkins, 07925 972650

St. Andrews & NE Fife: Balcarres & Kilbrackmont Circular

Grade C: 6.5mls ▲100m/328ft. **Depart:** FCPC at 09:45 **Walk start:** Parking area at junction of B942 and B941 at 10:30 **OS:** 59 **GR:** NO487036 **Description:** Pleasant walk on paths and tracks, visiting ruined chapel and Balcarres Tower. Hopefully snowdrops will still be in bloom. **Note:** RADO. NoSC.

Leader: Susan Richmond, 01382 542516, susanrichmond@live.co.uk

Stirling & Falkirk: Cramond, Silverknowes to Trinity circular

Grade C+: 8mls/5hrs ▲123m/405ft. **Depart:** LACP at 09:30 **Walk start:** Cramond car park at 10:30 **OS:** 66 **GR:** NT191770 **Description:** Mainly road and Railway path walking. From Cramond to Silverknowes along the promenade. Then follow the railway path, Surprisingly not giving the impression of walking in the middle of Edinburgh. Returning through Telford College. **Note:** RADO. NoSC. EH4 6HZ Mileage to start & back 65. Toilets by car park

Leader: Eric Davidson, 07757 658055, davidson.family.es@gmail.com

Thursday 22nd February

Dundee: Circular Walk in and around Carnoustie

Grade C: 6mls/3hrs **Depart:** OCCP at 10:00 **Walk start:** Tayside Street Car Park at 10:30 **OS:** 54 **GR:** NO567344 **Description:** A mixture of tracks, road and pavement walking.

Leader: Sheila Wallace, 01382 320243 or 07944 570925

Dunfermline & West Fife: Carnock Woods, Cowstrandburn

Grade C+: 3.5mls/2hrs **Depart:** LPRCP at 11:30 **Walk start:** Car park at entrance to woods at Cowstrandburn at 12:00 **OS:** 367 **GR:** NT037907 **Description:** Walk through woodland starting on good gravel paths then narrow earth paths which could be muddy. Some short steep slopes. Lovely views at high point in the forest. **Note:** DWOL.

Leader: Margaret Graham, 01383 738429 or 07745 219494, margaret.graham@live.co.uk

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 24th February

Brechin: Kinnaird Estate

Grade C: 7.5mls **Depart:** SNSB at 09:30 **Walk start:** Kinnaird viaduct at 10:00 **OS:** 54 **GR:** NO655578 **Description:** A leisurely walk along the river to the weir, then through woods past Kinnaird Castle and back.

Leader: Moira Dunbar, 01356 622327 & 07759 215616, moiradunbar@talktalk.net

Dalgely Bay: Lochore Meadows & Harran Hill

Grade C+: 5mls/3hrs **▲**100m/328ft. **Depart:** DBSCCP at 10:00 **Walk start:** Lochore Meadows Centre CP at 10:30 **OS:** 58 **GR:** NT170962 **Description:** A circular walk around Loch Ore with an extension to Harran Hill. **Note:** RADO.

Leader: Caroline Cronie, 01383 432174 or 07557 879976

Glenrothes: Tillycoultry to Gartmorn Dam Circular

Grade C+: 8mls/4.5hrs **Depart:** LCCP at 09:30 **Walk start:** CP opposite Devondale Hall (on right before Sterling Mills) at 10:30 **OS:** 58 **GR:** NS916966 **Description:** Start via Coalsnaughton then following farm tracks and woodland paths to Gartmorn Dam then going round the loch. Return via Sauchie and Devon Way. **Note:** CWRA RADO Leaders will meet group at Tillycoultry

Leader: C & B Barton 01383 725859 chrisbettybarton@gmail.com

Perth: Murthly Estate Circular

Grade C: 6mls **Depart:** ASDACP at 09:00 **Walk start:** Gellyburn Car park at left of Castle Gate just off the B9099 at 09:30 **OS:** 53 **GR:** NO093393 **Description:** Scenic walk round the estate looking up to the Chapel and walking by the River Tay.

Leader: Donald Purvis, 01738 813294 & : 07478247825, purvishome@gmail.com

Sunday 25th February

Dundee: Perth - Kinnoull Hill - Quarrymill

Grade B: 9mls/6hrs **▲**220m/721ft. **Depart:** CWCP at 09:15 **Walk start:** South Inch Car Park, Perth at 10:00 **OS:** 58 **GR:** NO119231 **Description:** Walk on established tracks and paths. Leave Perth via the Rail bridge and ascend to Kinnoull Hill with views over the Tay Valley, continue to Deuchny Woods returning by Scone, Quarrymill and Norrie Miller Park.

Leader: David Banks, 01382 858495 or 07719 382703

Kirkcaldy: The Herring Road & Clints Dod

Grade B: 10.5mls **▲**396m/1300ft. **Depart:** KRSN at 08:45 **Walk start:** Woodend car park near Stenton at 10:30 **OS:** 67 **GR:** NT620725 **Description:** A circuit over the moors of the Lammermuirs, partly on old trade routes. Moorland tracks and minor roads for much of the walk, but some sections of the old routes have become rough underfoot. **Note:** RADO. NoSC.

Leader: Mike Livesey, 07783 201492

Stirling & Falkirk: Muckhart, Crook of Devon and Rumbling Bridge

Grade B: 9mls/5hrs **▲**167m/550ft. **Depart:** LACP at 09:30 **Walk start:** Coronation Hall, Pool of Muckhart at 10:15 **OS:** 58 **GR:** NN999006 **Description:** The walk uses small quiet roads and paths, traversing through farmland, woodland, small villages and by the River Devon. **Note:** RADO. NoSC. FK14 7JF Mileage to start & back 30. Limited parking, please try and car share

Leader: Hilary Thomson, 01786 472726 or 07834 529694, hilarydthomson@gmail.com

Strathguy: The Law and Balgay Hill

Grade C: 5.5mls **Depart:** CCP at 09:30 **Walk start:** Discovery Point at 10:40 **OS:** 52 **GR:** NO404298 **Description:** An exploration of Dundee taking in The Law, Balgay Hill, the Unicorn and the Tay Estuary. **Note:** RADO.

Leader: Jenny Rees, 07979 608496, jenny.rees@virgin.net

Tuesday 27th February

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 1st March

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 3rd March

Blaigowrie: Allean Forest and the Stones

Grade B: 6.5mls ▲250m/820ft. **Depart:** WCPB at 09:00 **Walk start:** Allean Forest Walks Car Park at 10:15 **OS:** 52 **GR:** NN858599 **Description:** Paths and tracks climbing through attractive conifer forest to open moorland with wide views, taking in the Atholl mountains, Ben Vrackie and Schiehallion. **Note:** RADO.

Leader: Anne Easson, 01828 628001, a.easson@btinternet.com

Dalgety Bay: Silverknowes Promenade - Craigleith - Corstorphine Hill

Grade C+: 7mls ▲150m/492ft. **Depart:** DBSCCP at 09:45 **Walk start:** Marine Drive (parking), left at roundabout at the end of Silverknowes Road, Edinburgh at 10:15 **OS:** 65 **GR:** NT200770 **Description:** A walk through Silverknowes cycling Path, Craigleith Retail Park, Corstorphine Hill, Davidson's Mains and back to start. **Note:** RADO.

Leader: Matsue Williams, 0131 332 4395

Dunfermline & West Fife: Balbirnie and Star Moss

Grade C+: 5.5mls/3hrs ▲70m/229ft. **Depart:** LPRCP at 09:30 **Walk start:** Balbirnie Park car park at 10:15 **OS:** 370 **GR:** NO292018 **Description:** Through Balbirnie Park, climbing Cuinin Hill to Star, then across Star Moss. Return via farm tracks and Longmuir Wood. **Note:** DWOL.

Leader: Maureen Paul, 01383 727875 or 07842 386718, apaspaul9@gmail.com

Forfar: Montreathmont

Grade C: 5.5mls **Depart:** EGCP at 10:00 **Walk start:** Pitkenney at 10:15 **OS:** 54 **GR:** NO539537 **Description:** Easy 'flat' circular walk from Pitkenney into Montreathmont Forest past Turin Home Farm & return. Some quiet road walking. **Note:** Parking - turn right at Pitkenney School parking along at first holding..

Leader: Dot Eaton, 01307 465319

Kinross & Ochil: Moncreiffe Hill

Grade B: 7mls **Depart:** KPR AT 09.30 or BURN at 09:00 **Walk start:** Tay Car Park on Rhynd Road at 10:00 **OS:** 58 **GR:** NO139210 **Description:** Walk on Moncreiffe Hill, taking in three hill forts. Firm, broad tracks with some steep climbs, including steps. Great views. **Note:** RADO. CWRA.

Leader: Ann Eve, 01577 863887 or 07960 973866

Perth: Camperdown, Templeton and Clatto Circular

Grade C: 6mls ▲104m/341ft. **Depart:** ASDACP at 09:00 **Walk start:** Parking in Camperdown Park - the third car park, on the left before reaching Camperdown House at 09:45 **OS:** 54 **GR:** NO359328 **Description:** An easy circular walk on tracks and paths around Camperdown Park and taking in Templeton woods and Clatto country park. Can be muddy at times.

Leader: Allen Bardwell, 01738 444459 or 07952 339171, allenbardwell@blueyonder.co.uk

St. Andrews & NE Fife: Devilla Forest, Peppermill Dam & Moor Loch

Grade C: 6mls ▲100m/328ft. **Depart:** FCPC at 09:15 **Walk start:** Devilla Forest new car park off A985, 2 miles east of Kincardine at 10:15 **OS:** 65 **GR:** NS964871 **Description:** Walk along well-maintained forestry tracks to shores of Peppermill Dam, returning to start via Moor Loch and short nature trail. Mainly flat. Some elements of paths could be overgrown and use duckboards. **Note:** Location of some history behind the Macbeth story.

Leader: Will Aitken, 01334 470066 or 07908 721466, wh.aitken@gmail.com

Sunday 4th March

Dundee:

River Ericht, Blairgowrie, Perth and Kinross

Grade C: 6.25mls/3hrs **Depart:** CWCP at 09:30 **Walk start:** Blairgowrie Bridge in the centre of Blairgowrie at 10:30 **OS:** 43 **GR:** NO180452 **Description:** Easy low level route following good paths and tracks by river and through open countryside with some signage and waymarking and a section of prolonged ascent. Keep dogs under close control over farmland.
Leader: Evelyn Watson, 01382 480325 or 07884 123988

Glenrothes:

Cupar - Hill of Tarvit - Scotstarvit

Grade B: 10mls/5.5hrs **Depart:** LCCP at 09:30 **Walk start:** Tesco CP Cupar at 10:00 **OS:** 59 **GR:** NO377140 **Description:** Starting from Cupar follow paths to Hill of Tarvit Scotstarvit return by Crawford Priory. **Note:** CWRA RADO

Leader: G Pottie 01592 753110 geordie72@btinternet.com

Stirling & Falkirk:

A visit to some of the Ochils close to Blackford. Wether Hill etc

Grade B+: 7.5mls/6hrs ▲ 750m/2460ft. **Depart:** LACP at 09:30 **Walk start:** Quiet road adjacent to dual carriageway at Blackford at 10:15 **OS:** 58 **GR:** NN894085 **Description:** Heading East from Blackford on quiet roads then on to tracks and paths leading to the hills where we may encounter some boggy ground. **Note:** RADO. NoSC. PH4 1QP Mileage to start & back 30 Note there are 3 summits - total ascents add up to 750 metres

Leader: Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Tuesday 6th March

Kirkcaldy:

Langtoun Daunderers - Wemyss Triangle

Grade C: 5mls **Depart:** KRSN at 10:00 **Walk start:** West Wemyss harbour car park at 10:30 **OS:** 59 **GR:** NT324946 **Description:** From West Wemyss to East Wemyss along coast path then to Wemyss Castle estate access. Through estate to Coaltown of Wemyss and return to West Wemyss. Apart from road section, all on paths & tracks. Some sections in the estate may be muddy. **Note:** DWOL. CWRA. Proposed lunch venue to be decided.

Leader: Mike Livesey & Janet Fraser, 07783 201492

Thursday 8th March

Dalgety Bay:

Roamers ~ Braefoot Point circular

Grade D: 4mls/2.5hrs ▲ 25m/82ft. **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **Description:** A walk to the old ammunition pier on woodland tracks and the Coastal Path. **Note:** RADO.

Leader: Alice McEwan, 01383 822013 or 07749 388113

Glenrothes:

Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 10th March

Brechin:

Newbigging Snowdrop Walk

Grade C: 6mls **Depart:** SNSB at 09:30 **Walk start:** The Speckled Hen car park at 10:15 **OS:** 54 **GR:** NO426377 **Description:** A circular walk, taking in the snowdrop walk at Gagie House.

Leader: Moira Dunbar, 01356 622327 & 07759 215616, moiradunbar@talktalk.net

Dalgety Bay:

Devilla Forest

Grade C: 6mls ▲ 30m/98ft. **Depart:** DBSCCP at 10:00 **Walk start:** Devilla Forest CP on the A 985 at 10:30 **OS:** 65 **GR:** NS965871 **Description:** An easy circular route on forest tracks and paths visiting both the Peppermill Dam and the Moor Loch. **Note:** RADO.

Leader: Ben Douglas, 01383 822715 or 07852 658675

Dundee: Lindores Loch Collessie

Grade C+: 8mils/5hrs ▲290m/951ft. **Depart:** TBCP at 09:30 **Walk start:** Victory Hall on northern edge of Collessie at 10:15 **OS:** 370 **GR:** NO286133 **Description:** Moderate route following tracks and paths with some road walking and some well graded ascent. Route crosses some grazing land. Lovely views.

Leader: L Beveridge & J Cumming, 01382 730832 & 07811 462266 or 01382 642752 & 07526 237526

Glenrothes: Monimail - Dunbog circular

Grade B: 9mils/4.5hrs **Depart:** LCCP at 09:30 **Walk start:** Monimail, church CP at 10:00 **OS:** 59 **GR:** NO299141 **Description:** The route is from Monimail Lindores Loch to Dunbog. Good views of surrounding area. **Note:** NoSC RADO

Leader: S Fury 01592 756497 sheena_fury@yahoo.co.uk

Kirkcaldy: Kilmany, Gauldry & Stirton

Grade C+: 8mils **Depart:** KRSN at 09:00 **Walk start:** Jim Clark monument in Kilmany at 10:00 **OS:** 59 **GR:** NO386216 **Description:** Circular walk with couple of short climbs and lovely views. From Kilmany on farm track and through woods to Gauldry then over fields and back to Stirton picking up old railway track leading back to Kilmany. **Note:** DWOL. CWRA.

Leader: Glenna Douglas & Morna Scriven, 01592 640163 or 07847 675961

Perth: Hill of Lewis and North Third Reservoir

Grade C+: 9mils ▲330m/1082ft. **Depart:** ASDACP at 09:00 **Walk start:** Bannockburn Visitor Centre Car Park (please park furthest away from visitor's building) at 10:00 **OS:** 57 **GR:** NS796905 **Description:** Along minor roads and tracks to the top of Hill of Lewis, then round North Third Reservoir on footpaths, then returning to car park through Windy Yet Glen. **Note:** RADO.

Leader: Pete & Anne Trant, 01738 565075 & 07985 202934 or 07557 785696, thetrants@virginmedia.com

Strathguy: Lady Mary's Walk

Grade C: 7mils **Depart:** CCP at 09:30 **Walk start:** Hydro Hotel, Crieff at 10:10 **OS:** 52 **GR:** NN865222 **Description:** Beautiful walk along the River Earn on this route named after Lady Mary Murray. **Note:** RADO.

Leader: Muriel Findley, 01887 820095, murfin41@btinternet.com

Sunday 11th March

Stirling & Falkirk: Linlithgow Loch, Union Canal and River Avon

Grade C: 7mils/3hrs ▲120m/393ft. **Depart:** LACP at 09:30 **Walk start:** St Ninians Car Park, Bo'ness Road, Linlithgow at 10:15 **OS:** 65 **GR:** NS997771 **Description:** Walking round part of the loch then up to the canal. Following the canal to the aqueduct then down to the river back to the town. Good paths though could be muddy in parts. Some pavement walking. **Note:** RADO. NoSC. EH49 7HL Mileage to start & back 30

Leader: Betty Brodie, 01324 556762 or 07936 380395, bettybrodie@aol.com

Tuesday 13th March

Dalgety Bay: Craigmillar Castle

Grade C+: 6mils ▲100m/328ft. **Depart:** Meadowfield Bus Stop - X58 leaves at 09:05 **Walk start:** Via bus from North Bridge to Royal Infirmary at **OS:** 66 **GR:** NT290704 **Description:** Little France return to city centre via Craigmillar Castle Innocent Railway, and Hunters Bog. **Note:** RADO. Check bus times with a leader before the walk.

Leader: Heather Haines & Rose Nutt, 01383 822187 & 07990 660724 or 01383 822669 & 07494 235392

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 15th March

Dundee: Fish Supper Night

Meet: Lochee Bowling Club, Muirton Road, Dundee at 19:00 **Description:** As our Fish Supper Night falls near St Patrick's Day wear something Irish if you like. It is an open night so feel free to bring friends and family. Please be prompt. Cost £7. **Note:** Please send cheques to Jean by 1st March along with any dietary requirements.

Contact: J MacGillivray, 01382 623052, 07932 014859, jean.macgillivray@btinternet.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 16th March

Brechin: Cheese & Wine Open Night

Meet: Mechanics' Institute, Brechin at 19:30 **Description:** A social evening for members, guests and potential new members.

Contact: Colin Whyte, 01356 622283, 07949 402506, colinwhyte@colinwhyte.plus.com

Saturday 17th March

Blairgowrie: Forfar Path Network

Grade C+: 8mils ▲150m/492ft. **Depart:** WCPB at 09:30 **Walk start:** Myre Car Park at 10:15 **OS:** 54 **GR:** NO454506 **Description:** A semi urban walk around Forfar, taking in Balmashanner Hill and Restenneth Priory on a mixture of paths and tracks including some tarmac. **Note:** RADO.

Leader: Graham Bullock, 07470 969572, graham.bullock3@btinternet.com

Dalgety Bay: Livingston Circular

Grade C: 7mils/4hrs ▲50m/164ft. **Depart:** DBSCCP at 09:30 **Walk start:** Premier Inn CP, Deer Park Drive, Livingston at 10:30 **OS:** 65 **GR:** NT046702 **Description:** A walk round Dechmont Law & Livingston Reservoir on tracks & paths, some pavement walking. **Note:** RADO.

Leader: Ken Wright, 01383 822358 or 07535 386982

Dundee: Ethie Woods/Auchmithie

Grade C: 6.5mils/3.5hrs **Depart:** OCCP at 10:00 **Walk start:** West Woods of Ethie at 10:30 **OS:** 54 **GR:** NO655455 **Description:** Circular walk via farm tracks and minor roads to Auchmithie. Return via Windyhills and woods.

Leader: L Mitchell, 01241 431641

Dunfermline & West Fife: Blairdenon Hill, the Ochils

Grade B+: 9mils/5.5hrs ▲700m/2296ft. **Depart:** LPRCP at 08:30 **Walk start:** Menstrie at 09:30 **OS:** 366 **GR:** NS850970 **Description:** A hill walk to the most westerly Donald (2000 foot summit) of the Ochil Hills. **Note:** DWOL.

Leader: Grant Robertson, 01577 208436 or 07936 738581, grobert50@tesco.net

Perth: Between Clackmannan and Coalsnaughton

Grade C+: 9mils **Depart:** ASDACP at 09:00 **Walk start:** Gartmorn Dam Car Park at 10:00 **OS:** 58 **GR:** NS910940 **Description:** Following paths NE through Gartmorn Country Park to pass Gartenkeir, then taking minor road to Aberdona. Heading S to follow the Black Devon to the outskirts of Clackmannan and passing Hillend on final stage. **Note:** RADO.

Leader: John Andrews, 01738 827275 & : 07526 884953, john@jdandrews.co.uk

St. Andrews & NE Fife: Ceres to St Andrews via Drumcarrow

Grade C+: 10mils **Walk start:** Ceres Village Car park (refer bus options below) at 10:00 **OS:** 59 **GR:** NO400115 **Description:** Linear undulating walk, mostly on good paths, minor roads, country park and town pavements. Option of short detour to climb up to Drumcarrow Craig for fine views and archaeological interest. Some paths could be muddy. **Note:** as linear walk, options to take Stagecoach 64 bus to start or return by bus at end of walk

Leader: Will MacKay, 01334 652903

Sunday 18th March

Forfar: Alyth Circular

Grade C: 6.5mils **Depart:** EGCP at 10:00 **Walk start:** Alyth Square at 10:30 **OS:** 53 **GR:** NO245486 **Description:** Walk from the square to and through the Den of Alyth and carry on westwards to West Tullyfergus and then south east to Hill of St Fink and Muirton Farm, following track eastwards into Alyth (sheltered walk).

Leader: Janette & Ross Henderson, 01307 467721

Glenrothes: Kirkcaldy West and North circular

Grade C+: 7mils/4hrs **▲** 500ft **Depart:** LCCP at 09:30 **Walk start:** Beveridge Park CP at 10:00 **OS:** 59 **GR:** NT273908 **Description:** Kirkcaldy North using Core paths along the way and return to Beveridge Park via Raith lake and Wooded area. **Note:** CWRA DWOL

Leader: D Mathieson 07535 813423 don2908@yahoo.co.uk

Kinross & Ochil: Fishcross/Coalsnaughton Circular

Grade C: 7mils **Depart:** KPR at 09:30 or BURN at 09:40 **Walk start:** Devonside Car Park opp Devonvale Hall at 10:00 **OS:** 58 **GR:** NS919965 **Description:** An easy walk on well marked paths. Some short sections on tarmac. Good views of hills and Gartmorn Dam. One short, steep incline. **Note:** DWOL. CWRA.

Leader: Sybil Taylor & Lesley Creevy, 07890 217935 or 07875 720910

Kirkcaldy: Auchtermuchty & Strathmiglo

Grade B: 9mils **Depart:** KRSN at 09:00 **Walk start:** Street parking near Cycle Tavern, Auchtermuchty at 09:45 **OS:** 58 **GR:** NO239117 **Description:** Via Leckiebank to Pitlour Hill then descending to Strathmiglo and returning via Dunshalt. **Note:** RADO. CWRA.

Leader: Liz Greig, 01592 653682 or 07919 985239

Stirling & Falkirk: Glenfarg Circular

Grade B: 8.5mils/4.5hrs **▲** 300m/984ft. **Depart:** LACP at 09:30 **Walk start:** Glenfarg Hotel, Main street at 10:30 **OS:** 58 **GR:** NO135105 **Description:** This is a circular walk, that crosses over then under the M90. My favourite rambling term 'undulating' applies here. We will be walking through fields, along farm tracks and on minor roads. Could be muddy. **Note:** RADO. NoSC. PH2 9NU. Mileage to start and back 60

Leader: Babs Butler, 01324 720165 or 07711 575561, barbara@butler.btinternet.com

Wednesday 21st March

St. Andrews & NE Fife: Pitmedden Forest Circular

Grade C+: 5.5mils **▲** 228m/750ft. **Depart:** FCPC at 09:45 **Walk start:** Forest car park on minor road off B936, north-west of Auchtermuchty at 10:30 **OS:** 58 **GR:** NO222128 **Description:** One of shorter walks in Pitmedden Forest. Although most of the route is on good paths, forest tracks and quiet roads, a few sections can be a bit on the muddy side. Some steep climbs. **Note:** RADO. NoSC.

Leader: Jim Coates, 01337 831113, jcoates1944@gmail.com

Thursday 22nd March

Dunfermline & West Fife: Glen Sherup and Ben Shee

Grade C+: 4.5mils/3hrs **▲** 300m/984ft. **Depart:** LPRCP at 10:00 **Walk start:** Glen Sherup car park at 11:00 **OS:** 366 **GR:** NN972051 **Description:** Forest track then across dam to W side of glen. Paths through Woodland Trust plantings to ridge then return over Ben Shee and back via the dam. **Note:** DWOL.

Leader: Alan Paul, 01383 727875 or 07739 169674, apaspaul9@gmail.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.



Ben A'an Trossachs

Saturday 24th March

Brechin: Newtyle Railway Walk

Grade C+: 7.5mls **Depart:** SNSB at 09:30 **Walk start:** Newtyle village car park at 10:30 **OS:** 53 **GR:** NO298415 **Description:** A circular walk by Ardler, Keillor & Kinpurnie Castle.

Leader: Ellen Smith, 01307 818632

Dalgety Bay: Moorfoot Hills and Portmore Loch

Grade C+: 6mls/4hrs **Depart:** DBSCCP at 09:30 **Walk start:** On minor Waterheads to Temple road at Westloch Farm at 10:30 **OS:** 73 **GR:** NT256515 **Description:** A circular walk on the western slopes of the Moorfoots via Portmore Loch Fishery to Boreland and returning by Marcus. Mostly sheltered with some moorland walking. **Note:** RADO.

Leader: Alistair Robb, 01383 820632 or 07757 809102

Dundee: Dunkeld Walk

Grade C: 7mls/4hrs **Depart:** CWCP at 09:30 **Walk start:** Dunkeld North Car Park at 10:30 **OS:** 52 **GR:** NO026428 **Description:** Walk along River Tay crossing Jubilee Bridge on to Pine Cone view point, to Hermitage, then river path back to Dunkeld. One short steep ascent. All on good track.

Leader: L Brown, 01382 884649 or 07597 690186

Glenrothes: Dunkeld - River Tay forests circular

Grade C+: 8.5mls/4.5hrs ▲600ft **Depart:** LCCP at 9:30 **Walk start:** Cally Car Park at 10:30 **OS:** 53 **GR:** NO023436 **Description:** Circular walk on forest paths taking in views of Loch of the Lowes and along both sides of the River Tay. **Note:** NoSC RADO

Leader: I Rankin 01337 830360 ishabelrankin@gmail.com

Kirkcaldy: Birnam and The Hermitage

Grade C+: 10mls **Depart:** KRSN at 09:00 **Walk start:** Birnam Hotel at 10:30 **OS:** 52 **GR:** NO031419 **Description:** A mainly flat walk taking in the banks of the River Tay, Birnam Oak, Neil Gow's Oak, The Hermitage, Ossian's Hall and Rumbling Bridge. **Note:** RADO. NoSC.

Leader: Mike Livesey, 07783 201492

Perth: Bankfoot to Dunkeld by Glengarr

Grade B: 10mls ▲280m/918ft. **Depart:** ASDACP at 08:40 **Walk start:** Bus stop opposite Asda to catch the No.23 bus (8.54) to Bankfoot at 08:50 **OS:** 53 **GR:** NO064352 **Description:** A linear walk from Bankfoot to Dunkeld along Glengarr using the old Drover's path. Bus from Perth to Bankfoot then return by bus Dunkeld to Perth. **Note:** Remember bus pass if you have one. Check bus times nearer the date please.

Leader: Paula Bowman, 01738 582339 & :07870937963, pbowman58@hotmail.com

Sunday 25th March

Stirling & Falkirk: Ben Cleuch Via Alva Glen, returning via Tillicoultry Glen

Grade B+: 8mls/4.5hrs ▲670m/2200ft. **Depart:** LACP at 09:30 **Walk start:** Alva Glen Car Park at 10:00 **OS:** 58 **GR:** NS884974 **Description:** A spectacular walk through Alva Glen, then climbing up Glenwinnet Burn to join a track to Ben Cleuch. Return via Ben Ever and a track which leads all the way down to Alva. **Note:** RADO. NoSC. FK12 5JR Mileage to start & back 15

Leader: Wraight Shepherd, 01786 475137 or 07753 941564, wraight.shepherd@talk21.com

Strathtay: Ben Vuirich

Grade B: 10mls ▲600m/1968ft. **Depart:** CCP at 09:30 **Walk start:** Clunskea on A924 at 10:15 **OS:** 52 **GR:** NO009637 **Description:** A long steadily ascending ridge leads to a shy Corbett behind Beinn Vrackie. Return by route of ascent. **Note:** RADO.

Leader: Muriel Findley, 01887 820095, murfin41@btinternet.com

Tuesday 27th March

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 29th March

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 31st March

Blairstown: Ceres - Drumcarrow Craig

Grade C+: 9.25mls ▲220m/721ft. **Depart:** WCPB at 09:00 **Walk start:** Public Car Park next to Fife Folk Museum at 10:15 **OS:** 59 **GR:** NO399114 **Description:** Moderate route following tracks, paths and minor roads through farmland with some well graded ascents. **Note:** RADO.

Leader: Irene Rintoul, 01250 870463

Dalgety Bay: Ochils Circular from Woodland Car Park

Grade B+: 8.5mls/6hrs ▲840m/2755ft. **Depart:** DBSCCP at 09:00 **Walk start:** Woodland Car Park, Alva at 10:00 **OS:** 58 **GR:** NS898975 **Description:** From CP to Tillicoultry then Andrew Gannel Hill, Ben Cleuch, Ben Ever and possibly the Nebit and back to start. **Note:** RADO.

Leader: Andrew Lees, 07901 806024

Forfar: Sheilhill Bridge Circular

Grade C: 6mls **Depart:** EGCP at 10:00 **Walk start:** Sheilhill Bridge (Over Bridge and park on LHS) at 10:30 **OS:** 54 **GR:** NO437579 **Description:** Circular walk along good paths, some road walking returning on path along South Esk River. - Shorter walk available (5mls).

Leader: Jenny McDade, 01241 855481

Perth: Loch Freuchie Circuit, Amulree

Grade C: 8mls ▲70m/229ft. **Depart:** ASDACP at 09:00 **Walk start:** Amulree Village Hall at 10:00 **OS:** 52 **GR:** NN900367 **Description:** Pleasant walk from Amulree on minor road to Loch Freuchie returning on minor track.

Leader: Mike Brown, 01738 446330 & : 07825 014442, mikebrown1957@btinternet.com

Forth Valley, Fife & Tayside Area Honorary Officials

The following officials were elected or re-elected at the Area AGM at Muirhead and Birhill Hall on the 26th November, 2016

Convenor

Roger Brickell, [REDACTED]
[REDACTED]

Vice- Convenor

Alan Bridges, [REDACTED]
[REDACTED]

Secretary

Jim Forret, [REDACTED]
[REDACTED]

Membership Secretary

Colin Thomson, [REDACTED]

Treasurer

Mike Gray, [REDACTED]
[REDACTED]

Access Officer

John Andrews, [REDACTED]
[REDACTED]

Publications and Advertising Secretary

Assistant Publications Officer

Ian Bruce, [REDACTED]
[REDACTED]

Useful RA Addresses

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e-mail: ramblers@ramblers.org.uk web: www.ramblers.org.uk

If you are changing/correcting your name or address or changing group then you need the Membership Department or www.ramblers.org.uk/membership/membermail.htm

RA Scotland: Caledonia House, 1, Redheughs Rigg, South Gyle, Edinburgh EH12 9DQ

e-mail: scotland@ramblers.org.uk web: www.ramblers.org.uk/scotland

Tayside Young Walkers:

Contact: Morna McClean
[REDACTED]

Group Secretaries (correct September 2017)

Blairstown	Patricia Fraser [REDACTED] [REDACTED] [REDACTED]
Brechin	Linda Robbie [REDACTED]
Dalgety Bay	Chris Roberts [REDACTED] [REDACTED]
Dundee	Jean MacGillvray [REDACTED] [REDACTED]
Dunfermline & West Fife	Alan McGuckin [REDACTED]
Forfar	Dorothy Hutcheon [REDACTED] [REDACTED]
Glenrothes	Mary Slaven [REDACTED]
Kinross & Ochil	Ann Eve [REDACTED] [REDACTED]
Kirkcaldy	Mike Livesey [REDACTED]
Perth	Trevor Abell [REDACTED] [REDACTED]
St Andrews & NE Fife	Will Aitken [REDACTED] [REDACTED]
Stirling, Falkirk & District	Betty Brodie [REDACTED]
Strathtay	Bill Bruce (Treasurer) – [REDACTED] [REDACTED]

Dalgety Bay
 Perth & District
 Glenrothes
 Dunfermline & West Fife:
 Kirkcaldy
 Stirling and Falkirk
 St Andrews & NE Fife
 Tayside Young Walkers

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dwframblers.btck.co.uk
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sfdramblers.wordpress.com
standrewsneiferamblers.com
meetup.com/Tayside-young-walkers



If you are walking with a group other than your own:

- ➔ **Phone the walk leader and confirm the meeting place and time.**
- ➔ **Leave your full name, address and telephone number in the walks book.**
- ➔ **Tell the walk leader if you have any relevant medical condition.**
- ➔ **Socialise, particularly if there is a large number of you from another group.**
- ➔ **Don't leave the walk without telling the walk leader.**
- ➔ **Thank the walk leader at the end of the walk.**



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