



ramblers scotland
at the heart of walking

Forth Valley, Fife & Tayside

Area Joint Programme

April to September 2017

Walks and Events for:

Blairgowrie & District
Brechin
Dalgety Bay & District
Dundee & District
Dunfermline & West Fife
Forfar & District
Glenrothes
Kinross & Ochil
Kirkcaldy
Perth & District
St Andrews & NE Fife
Stirling, Falkirk & District
Strathtay



Information Page

Welcome to the 35th edition of the joint programme covering the Summer programme for 2017. We hope that you find the programme informative and helpful in planning your walking programme for the next 6 months. You can now download a PDF version of this programme to your computer, phone, etc.

The complete programme as printed can be found at

<http://www.dalgetybayramblers.org.uk/all-area-walks/area-programme.html>

Changes to walks, notified after this programme was printed, can be found at

<http://www.dalgetybayramblers.org.uk/all-area-walks/changes.html>

Publication Information for Next Issue

Deadlines: Electronic walk programmes to Ian Bruce by mid-August 2017

Articles, News Items, Letters etc to Area Secretary by the same date.

Group News, single A4/A5 sheet, 1 or 2 sided, hard copy ready for photocopying.

Please send it directly to Trevor Abell by the end of August. Email attachments are also acceptable and indeed preferred.

The FV, F & T Joint Programme Team:

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General Information

Walks Grading

The walks in this programme are graded according to the following:

E	Easy Access Walks for everyone, including people with conventional wheelchairs and pushchairs, using easy access paths. Comfortable shoes or trainers can be worn. Assistance may be needed to push wheelchairs on some sections: visitors are advised to check with the walk leader.
D	Leisurely Walks for reasonably fit people. May include unsurfaced rural paths. Walking boots or comfortable footwear and warm, waterproof clothing are recommended. 2 to 5 miles.
C	Easy, mainly on level ground and often paths and tracks.
C+	Easy to moderate, for those with improving fitness, offering some modest challenges.
B	Moderate, demanding higher standards of fitness and stamina than C+.
B+	Between moderate and strenuous, for the reasonably fit. Standard grading for summits taken at a slower pace in summer conditions.
A	Strenuous. For the fit, involving some or all of the following factors: on high or rough ground; with steep ascents and descents; distances over 15 miles.
A+	Severe. Arduous walks for the experienced and very fit, involving some or all the following factors: high, exposed ground; steep ascents and descents; brisk pace; distance over 15 miles. Standard grading for hill-walking in winter conditions.

The grade is intended as a rough guide only. More information is supplied in each entry.

Walkers' Responsibilities

Walkers must be 18+ or accompanied by an adult holding parental responsibility. Ramblers volunteers cannot provide direct care and supervision to children under 15. Instead the children must be accompanied by an adult who holds parental responsibility, such as a parent, legal guardian, carer, teacher or youth worker.

Unaccompanied walkers aged 15-17 are welcome (except on overnight stays) with a valid 15-17 Year Old Parental Consent Card, obtainable free from Ramblers main office, tel 020 7339 8500 or see www.ramblers.org.uk/localgroups.

If you are unsure of the suitability of a walk contact the Walk Leader beforehand. It is not always possible to shorten a walk if you are overexerting yourself; choose a grade of walk suitable to your level of fitness and experience.

All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being the paramount concern, accidents will occasionally occur. It is important, therefore, that when entering into the activity, each member appreciates that they have a responsibility to identify the

hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise. Personal accident insurance is available from several sources. The Walk Leader or Deputy must be a member of the RA. The Leader may change a walk at his/her discretion. Members or visitors should not leave a walk without informing the Leader or divert from a walk without the agreement of the Leader. Many groups carry a first aid kit and/or mobile phone. Individuals are reminded that they are responsible for carrying any special medication that they require for personal use. Walkers must also inform the Walk Leader of any medical condition that could affect their ability to complete the walk.

Dogs are not generally suitable on most walks; however some walks are indicated as being suitable for dogs. **Please note: for all walks Registered Assistance Dogs (RADO) are welcome.**

The Weather

Listen to the weather forecast (hill walkers' forecast on Radio Scotland) and prepare accordingly. If extreme weather is expected the walk may be cancelled. If you are in doubt, contact the Walk Leader.

Clothing and Equipment

Dress according to the season. *Note:* Denim clothes are not suitable.

Winter: thermal base layer and layers of clothing, (shirt, trousers, jumper or fleece, and a windproof shell, plus hat, scarf, and gloves). A waterproof jacket (with hood) and waterproof trousers are also needed.

Summer: wear fewer, thinner layers but take sun protection.

Wear well-fitting walking boots and take a rucksack to carry your gear.

Food and Drink

In general, for a day walk take a flask containing a hot drink, a packed lunch, and various snacks. In warmer weather extra liquid is *essential*.

Ticks

Some of the areas walked may contain ticks, which are known to be a source of infection in humans. It is advised that you wear long trousers, a long sleeved shirt and a hat, even in summer. It is also advisable to tuck your trousers into your socks and apply insect repellent. Examine yourself for ticks after a walk and if you find one remove it immediately and cleanly using fine-tipped tweezers or a special tick removal tool. Care is necessary to avoid leaving the mouth parts in the skin; hence you should grasp the tick as close to the skin as possible and pull upwards, slowly but firmly. Once removed apply antiseptic and keep an eye on it for some weeks. The concern is for Lyme Disease, the usual early signs are for an expanding rash. It can be treated but it is serious if neglected. Any unusual reaction should be followed up by a visit to your general practitioner for further advice

Transport

Generally cars are used to transport walkers to the start of a walk; car sharing is encouraged. Abbreviations for car parks used as pick up points are included in this programme.

When car sharing, it is recommended that car passengers make a contribution to the running costs, the method of calculation and mileage rates are set by individual groups. Car drivers are reminded to call in at the pick up point prior to departure for the walk if they have a spare seat. Passengers are advised to take shoes and a bag for dirty boots and spare dry clothes in wet weather. The times given in this programme are departure times, if you are from a different group and/or going straight to the start of the walk, it is recommended that you contact the Walk Leader beforehand.

Walks may also use public transport, the fare may be indicated and it is the individual's responsibility to pay. Various walks use hired minibuses, in this case the person responsible, a deadline for booking, and (possibly) a fee will be indicated in the programme. If you book a place on a bus and then find that you must cancel at a later date, unless a replacement is found, you may still be liable for the full cost.

Cancelling Walks

Groups may have their own accepted procedure; but it is expected that if a walk has to be cancelled due to weather or other reasons, that the Leader or a deputy will go to the normal Group Meeting Point to advise any walkers of the change in plans. It should not be assumed that a Leader will go to the walk start, since this might mean extensive travel in possibly poor conditions. When weather conditions are likely to be poor all walkers planning on going directly to the walk start should confirm by phone with the Walk Leader if the walk will go ahead or not. The Walk Leader should make a note of the phone number of any visitors that indicate their intention of attending the walk and ring them back if the walk is to be cancelled.

Ramblers Walking Holidays

Our long-standing supporter and advertiser to the AJP (back page) provided this following update~: Ramblers Holidays have been successfully providing outstanding walking and activity holidays since 1946. As we continue to innovate and look to the future, and to celebrate our heritage, the company is launching two new brands. To showcase the depth of our experience, we are concentrating our walking holidays into one new look programme to be called **Ramblers Walking Holidays**. The new Summer 2017 brochure (published and online from w/c 10 October 2016) offers 110 holidays, spanning over 40 countries, with a range of walking grades from leisurely to challenging. The brand-new **Chapters Experience Holidays** encompass a wealth of activities that further explore the destinations we visit, combined with walking. We aim to inspire more holidaymakers to join us on journeys of soft adventure and cultural discovery. The new Summer 2017 portfolio presents 80 holidays, in over 50 counties, each categorized by activity level. All holidays will continue to be in small groups, expertly led and offer exceptional value for money.

To mark this major development, the company will now be trading as **RWH Travel Limited**, retaining, of course, it's not-for-profit philosophy. The above brands will trade under this name as well as our existing holiday brands Adagio, Load Off Your Back and Cruise & Walk.

Meeting Points

The following abbreviations are used for group meeting places:

Blairgowrie	WCPB	Wellmeadow Car Park, Blairgowrie.
Brechin	SNSB	St Ninian's Square, Brechin.
Dalgety Bay	DBSCCP	Dalgety Bay Shopping Centre Car Park.
Dundee East	OCCP	Odeon Cinema Car Park, Douglasfield, Dundee
Dundee West	CWCP	Cineworld Car Park, Camperdown Leisure Park, Dundee
Dundee Fife	TBCP	Tay Road Bridge (South) Car Park
Dunfermline & West Fife	LPRCP	Leys Park Road Car Park, Dunfermline.
Forfar	EGCP	East Greens Car Park, Forfar.
Glenrothes	LCCP	Lomond Centre Car Park, Glenrothes.
Kinross & Ochil	KPR	Kinross Park and Ride
	BURN	Dollar Burnside Car Park.
Kirkcaldy	KRSN	Kirkcaldy Railway Station North (Forth Ave).
Perth	ASDACP	Asda Supermarket Car Park, Perth.
St Andrews & NE Fife	FCPC	Fluthers Car Park, Cupar.
Stirling & Falkirk	LACP	Linden Ave Car Park, Stirling..
Strathtay	CCP	Car Park behind Co-op Aberfeldy.

Acronyms used in the Programme

RADO = Registered Assistance Dogs Only

DWOL = Dogs welcome on Leads

CWRA = Children with responsible adults

NoSC = Not suitable for children



Walks Diary

Glenrothes Strollers walks

On most Thursdays over the dates of the programme, Glenrothes Strollers have a midweek walk, to which all are welcome. The walk is selected by the walk leaders on the week of the walk, the location and distance depends on the weather conditions. To go on the walk meet at St. Columba's Church.

Grade C: 4 - 6 miles 2.5 - 3.5 hours. **Meet/Time:** Car Park behind St Columba's Church next to Glenrothes town centre at 10.00 **OS:** 59 **GR:** NO269008 **Description:** A short local walk (mostly within a 10 mile radius of Glenrothes), for details call one of the leaders.

Leaders: Linda Aitken or Gill Hagger 01592 757144 or 01592 563039

Kinross & Ochil Tuesday Walkers

These walks usually take place every second Tuesday. All are welcome.

All walks are **Grade C:** maximum 4 miles, approx 2 hours, and usually within a 10 mile radius of Kinross). **Meet/Time:** Kinross Park & Ride (KPR) at 10.00 **OS:** 58 **GR:** NO112025

Description: For details of any walk, please phone leader.

Leader: Edna Burnett, 01577 862977.

Dundee-Ramblers Family Walks

A sub group of the Dundee Ramblers has been started to provide short walks suitable for families with or without children. Dogs are welcome but may need to be on leads. Contact Jean MacGillivray,

Secretary Dundee or look up www.meetup.com/Dundee-Ramblers-Family-Walks-Meetup

Tayside Young Walkers

This is a group founded in February 2014 to provide an opportunity for walkers in the age groups of 20s, 30s and 40s to walk together and enjoy various social events. The group now has over 800 walkers attached to it. The group is linked to the Ramblers organisation and those walking regularly are expected to join the Ramblers. Walks are set up using Meetup, and to ensure that numbers are manageable, people are expected to place themselves on a list to attend.

Details can be seen at <https://www.meetup.com/Tayside-Young-Walkers/>. Those of you in the younger age brackets are welcome to walk with them.

Saturday 1st April

Blairgowrie: Comrie to Torlum Hill Circular

Grade B: 11mils ▲ 300m/984ft. **Depart:** WCPB at 08:45 **Walk start:** Car Park on Right just before Bridge of Lednock at 10:00 **OS:** 368 **GR:** NN776223 **Description:** Walk through Comrie, south uphill to wildlife centre, then east around Torlum Hill. Road walk north through Upper Strowan and Strowan to disused railway track, west along track back to Comrie. **Note:** RADO.

Leader: Jean Stewart, 01250 873852

Dalgety Bay: Ravenscraig, Coastal Path & Countryside Circular

Grade C+: 7mils ▲ 120m/393ft. **Depart:** DBSCCP at 09:30 **Walk start:** Ravenscraig Car Park, Kirkcaldy at 10:15 **OS:** 59 **GR:** NT292926 **Description:** Circular walk on Coastal path to West Wemyss and through woods to Standin' Stane Road at Borlands. **Note:** RADO.

Leader: Alice McEwan & Susan Adamson, 01383 822013 & 07749 388113 or 01383 822093

Dundee: Glen Moy Circular

Grade C+: 6mils **Depart:** OCCP at 09:15 **Walk start:** Road end parking past bridge over Glen Moy burn at 10:30 **OS:** 44 **GR:** NO402646 **Description:** Circular walk from Glen Moy, gradual ascents, good views and paths.

Leader: Pat Hargraves, 01307 462882

Dunfermline & West Fife: Myreton, Colsnaur & Bengengie Hills

Grade B+: 6mils/5hrs ▲650m/2132ft. **Depart:** LPRCP at 09:30 **Walk start:** Leisure Centre CP at Menstrie at 10:15 **OS:** 366 **GR:** NS850969 **Description:** Vehicle track into Menstrie Glen before leaving it to reach top of Myreton Hill. North to Colsnaur Hill then East to Bengengie. Return over Mid Cairn and descend SW to reservoir and track back to Menstrie. **Note:** DWOL. Parking may be easier on opposite side roads - North of A91

Leader: Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

Glenrothes: Kilmany - Balmerino and Stirton circular

Grade B: 9mils/4.5hrs **Depart:** LCCP at 9:30 **Walk start:** Kilmany at 10:15 **OS:** 59 **GR:** NO388218 **Description:** A pleasant walk from Kilmany - cross the A92 and follow the track uphill to Gauldry – continue on to Balmerino. Return by Hazelton and Stirton Mill by the disused railway to Kilmany.

Note: NoSC RADO **Leader:** C Mackie 07960513994 catherineannmackie@hotmail.co.uk

Kinross & Ochil: Aberfeldy - Rob Roy Trail

Grade B: 6.5mils **Depart:** KPR at 08.45 or BURN at 08:15 **Walk start:** The Birks Car Park, Aberfeldy at 10:00 **OS:** 52 **GR:** NN855486 **Description:** Initial fairly steep climb through Birks of Aberfeldy to Falls of Moness. Then follow parts of Rob Roy Way with good views over open moorland and to the north, across Strathtay to Schiehallion. **Note:** RADO. CWRA.

Leader: Alan Bridges & Jacqui Ritchie, 01577 866813

Perth: Bannockburn to North Third Reservoir

Grade B: 8mils ▲200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Bannockburn Heritage Centre Car Park at 10:00 **OS:** 57 **GR:** NS797905 **Description:** Paths, tracks and minor road walking, and some steep sections onto the escarpment. Worth the effort for good views if a clear day. **Note:** RADO. Mostly C+ walk but with some steep ascents/descents which could be cut by alternative route.

Leader: Lynn Salvin, 01738 634628 or 07712 298939

St. Andrews & NE Fife: Kenmore Circular Doubler

Grade B: 8mils/4hrs ▲182m/600ft. **Depart:** FCPC at 09:00 **Walk start:** Car park at southern end of Kenmore, off A827. Leader will meet at start at 11:00 **OS:** 53 **GR:** NN773454 **Description:** 2 walks-morning& afternoon from same start, with option to do only 1. Morning walk to Falls of Acharn has some steep inclines and can be muddy. Afternoon walk is leisurely to Chinese Bridge & Taymouth Castle, with some minor road walking. **Note:** RADO. NoSC. Option for afternoon walk on its own - D Walk--2.75miles, 1.5 hrs, minimal ascent, approx. start time 2 to 2:30pm, CWRA

Leader: Jim Coates, 01337 831113, james.coates1944@btinternet.com

Sunday 2nd April

Forfar: Johnshaven, Benholm, Balandro Circular

Grade C: 6.5mils **Depart:** EGCP at 09:30 **Walk start:** Johnshaven Caravan Park at Seashore at 10:30 **OS:** 45 **GR:** NO805673 **Description:** Along old railway line through daffodil woods, past Benholm Mill, on to Burn of Benholm, along old drovers track to Balandro. Return to Johnshaven.

Leader: Mary Morrison, 01307 464912

Stirling & Falkirk: Lomond Reservoirs

Grade C+: 7mils/4.5hrs ▲152m/500ft. **Depart:** LACP at 09:30 **Walk start:** Holl Reservoir Car Park at 10:45 **OS:** 58 **GR:** NO224034 **Description:** An open walk around Holl, Ballo and Harperleas Reservoirs with good views of the Lomond Hills. **Note:** RADO. NoSC. KY6 3HR Mileage to drive 65 miles

Leader: Janet McNee, 01324 872205 or 07929 130582, janet.mcnee@googlemail.com

Tuesday 4th April

Dundee: Birkhill Woods, Balmerino

Grade C+: 4.5mls/2.5hrs ▲175m/574ft. **Depart:** TBCP at 10:00 **Walk start:** Balmerino Abbey at 10:30 **OS:** 59 **GR:** NO357246 **Description:** Westwards from the Abbey close to River Tay, turning south to Coultra Farm. Mainly on good paths, some road walking.

Leader: Stewart & Val MacDonald, 01382 642728 & 07960 624539 or 07852 815900

Kirkcaldy: Langtoun Daunderers - Dothan / Cluny / Begg Farm Circular

Grade C: 6mls **Depart:** KRSN at 10:00 **Walk start:** Chapel Home Farm View at 10:15 **OS:** 59 **GR:** NT249945 **Description:** Circular walk from 'Chapel Home Farm View' to Dothan entrance and Cardenden Woods following lower forest path. From there to Cluny Square and Coalden. Continue by Begg Farm to walk core paths either side of A92 and return to start. **Note:** DWOL. CWRA. Proposed lunch venue is 'Chapel Home Farm View'.

Leader: Elaine Collins, 07739 964212

Wednesday 5th April

Dunfermline & West Fife: Dog Trot in Devilla Forest

Grade C: 6mls/2.5hrs ▲50m/164ft. **Depart:** LPRCP at 09:30 **Walk start:** Devilla Forest car park at 10:00 **OS:** 357 **GR:** NS964871 **Description:** Walk designed with dogs in mind! Forest trails and roads around the forest passing Moor Loch and Peppermill Dam. **Note:** DWOL.

Leader: Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

Thursday 6th April

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 8th April

Brechin: Backmuir Wood & the Drovers Road

Grade C: 6mls **Depart:** SNSB at 09:00 **Walk start:** Muirhead/Birkhill Millennium Hall at 10:00 **OS:** 53 **GR:** NO349340 **Description:** Round Backmuir Wood then to Liff by the Drovers' Road. Return through Backmuir Wood. **Note:** Walk start is on OS Map 54 but some of the walk is on Map 53.

Leader: Colin Whyte, 01356 622283 or 07949 402506, colinwhyte@colinwhyte.plus.com

Dalgety Bay: Trossachs - Brig o' Turk Circular

Grade C+: 7mls/4hrs ▲200m/656ft. **Depart:** DBSCCP at 09:30 **Walk start:** Little Drum Wood CP on the A821 near Brig o' Turk at 10:45 **OS:** 57 **GR:** NN549063 **Description:** A circular walk through forested areas on waymarked paths. **Note:** RADO.

Leader: Ben Douglas, 01383 822715 or 07852 658675

Dundee: Balmerino

Grade C+: 9mls **Depart:** TBCP at 09:30 **Walk start:** Car Parking at Wormit Bay near the Memorial for the Tay Bridge Disaster at 09:45 **OS:** 59 **GR:** NO392260 **Description:** Circular Walk from Wormit Bay to Balmerino Abbey and return. **Note:** RADO.

Leader: Rose Garvie, 01382 450763

Kirkcaldy: Glenduckie Hill Fort from Newburgh

Grade B: 9mls **Depart:** KRSN at 09:00 **Walk start:** Car park beside Newburgh Primary School at 10:00 **OS:** 59 **GR:** NO241183 **Description:** Figure-of-eight route on paths, tracks and rough ground. Good views. **Note:** RADO. NoSC.

Leader: Ruth Beddall, 01592 260578

Perth: The Hermitage and Pine Cone Viewpoint

Grade C+: 8mls ▲400m/1312ft. **Depart:** ASDACP at 09:00 **Walk start:** Inver Caravans side road at 09:45 **OS:** 53 **GR:** NO013425 **Description:** A circular walk on forest tracks and by the riverside with excellent views. **Note:** RADO.

Leader: Kenny Valentine, 01738 446496

Strathtay: Bruar Falls and Glen Bruar

Grade B: 10mils **Depart:** CCP at 09:00 **Walk start:** Bruar at 09:40 **OS:** 43 **GR:** NN820660
Description: Circular walk to the Falls of Bruar, then up through Glen Banvie Wood, and returning on track through Gleann a' Chrombaidh. **Note:** RADO.
Leader: John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

Sunday 9th April**Glenrothes: Lower Largo - Largo Law Circular**

Grade B: 6.5mils/4hrs **▲**900ft **Depart:** LCCP at 9:30 **Walk start:** Temple CP Lower Largo at 10:00
OS: 59 **GR:** NO422026 **Description:** Walk from Lower Largo to Upper Largo cemetery then to top of Largo Law via Chesterton farm. Return by Keil's Den, some road walking. Great views of the Firth of Forth and Fife coastline. **Note:** NoSC RADO
Leader: D Cole 07761589685 torbrexbones@yahoo.co.uk

Stirling & Falkirk: Crieff Behind the Visitor Centre

Grade C+: 8mils/4hrs **▲**238m/780ft. **Depart:** LACP at 09:30 **Walk start:** Car park at Crieff Visitor Centre at 10:30 **OS:** 52 **GR:** NN854206 **Description:** A circuit of the area behind Crieff Visitor Centre, linking the Loch of Balloch, Torlum Hill and Knock Mary Hill. Involves a fair amount of climbing, but the ascents are gradual. **Note:** RADO. NoSC. PH7 4HQ Mileage to drive 40 miles
Leader: James Higgins, 01786 470641, jameshig0@gmail.com

Monday 10th April**St. Andrews & NE Fife: Group Committee Meeting**

Meet: Community Room in Cupar Fire Station-Millgate at 19:00 **Note:** Please park on left side of car park, next to tower
Contact: Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

Tuesday 11th April**Kinross & Ochil: Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 13th April**Dalgety Bay: Roamers ~ Dalgety Bay to Aberdour (minimal ascent)**

Grade D: 4mils **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **Description:** Along the Coastal Path when the daffodils are in bloom. After a refreshment opportunity, the option is to return by bus or walk back. **Note:** RADO.
Leader: Alice McEwan, 01383 822013 or 07749 388113

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 15th April**Blairstown: Fife Coastal Path 6 - Earlsferry/Elie - Cellardyke**

Grade C+: 8.5mils **▲**50m/164ft. **Depart:** WCPB at 09:00 **Walk start:** Street parking in Earlsferry/Elie at 10:15 **OS:** 66 **GR:** NT482997 **Description:** A flat and pleasant walk along the coast, via St Monans, Pittenweem and Anstruther. Return to start by bus or car shuttle. Visitors must telephone in advance to confirm car parking/travel arrangements. **Note:** RADO.
Leader: Bill Phillips, 01250 870260

Dalgety Bay: Lochearnhead & Glen Ogle

Grade B+: 14mils/7hrs **▲**540m/1771ft. **Depart:** DBSCCP at 08:45 **Walk start:** Car Park at Lochearnhead opposite Water Sports Centre at 10:30 **OS:** 51 **GR:** NN592238 **Description:** From CP head towards A85 to access signposted track: then short steep ascent and along old railway track. Leave track at high point for a woodland section. Return through nature trail. **Note:** RADO. NoSC.
Leader: Andrew Lees, 01383 824795 or 07901 806024

Dundee: Glen Doll (Mountains and Peoples Project)

Grade C: 3.5mls **Depart:** OCCP at 09:30 **Walk start:** Glen Doll Car Park Ranger Centre at 10:45
OS: 44 **GR:** NO283761 **Description:** From Ranger Centre follow the South Esk circular path by the River Esk then cross the bridge and on to Moulzie and return. It's a flat walk with great scenery.
Leader: Pat Hargraves, 01307 462882

Forfar: River Erich

Grade C+: 8mls **Depart:** EGCP at 09:30 **Walk start:** Wellmeadow car park Blairgowrie at 10:30
OS: 59 **GR:** NO180453 **Description:** Riverside walk southwards from Blairgowrie to Kitty Swanson's Bridge, returning on other side.
Leader: Christine Ferguson, 01382 532384

Glenrothes: Glamis Village to Denoon Fort

Grade C+: 7mls/4hrs ▲250ft **Depart:** LCCP at 9:30 **Walk start:** Car Park to South of Main Street, Glamis at 10:30 **OS:** 54 **GR:** NO385467 **Description:** A walk through the village of Glamis, then round by Hunters Hill and past Charleston, through woods, along quiet roads to Denoon Iron Age Fort. Return through woods and the village. **Note:** CWRA DWOL
Leader: H Morrison 01592 749170 or 07821148256 hazmgtmor@hotmail.com

Perth: Ceres and Tarvit

Grade C+: 8.5mls ▲270m/885ft. **Depart:** ASDACP at 09:00 **Walk start:** Museum Car Park Ceres at 10:00 **OS:** 59 **GR:** NO400114 **Description:** Heading east to North Callange, then following a circuit past Wester Pitscottie, Hill of Tarvit, Chance Inn and Denhead. **Note:** RADO.
Leader: John Andrews, 01738 827275 & 07526 884953, john@jandrews.co.uk

St. Andrews & NE Fife: Lomonds & Ballo Reservoir

Grade B: 9.5mls/5hrs ▲380m/1250ft. **Depart:** FCPC at 09:45 **Walk start:** Falkland Estate Car Park (£2 voluntary donation) at 10:15 **OS:** 59 **GR:** NO247075 **Description:** Lollipop shaped walk, starting and ending with Falkland Estate & Maspie Den. Walk goes round Ballo Reservoir via limekilns, Drumain Woods and Little Ballo. Walk has steady climb up Maspie Den then relatively flat. **Note:** RADO. NoSC. Walk uses farm tracks and footpaths, with some rough terrain in Drumain Woods.
Leader: Nicky Haxell, 01334 839117, nickyhax@gmail.com

Sunday 16th April

Kinross & Ochil: Three Hills of Auchterhouse

Grade C+: 7mls **Depart:** KPR at 09:00 or BURN at 08:30 **Walk start:** Disused Quarry at Auchterhouse at 10:00 **OS:** 54 **GR:** NO352384 **Description:** Circular walk taking in three modest hills with good views to north and south. **Note:** RADO.
Leader: Peter Edgerton, 01577 840449

Stirling & Falkirk: Brig o' Turk Loch Drunkie Circular

Grade C: 7.5mls/4hrs ▲121m/400ft. **Depart:** LACP at 10:00 **Walk start:** The Byre Inn at 10:45 **OS:** 57 **GR:** NN532065 **Description:** An interesting walk on lochsides and through woods. Mainly on good paths with one boggy section. **Note:** RADO. NoSC. FK17 8HT Mileage to drive 50 miles
Leader: Val Smith, 01786 470976 or 07828 149859, vps6@iname.com

Tuesday 18th April

Dundee: Kirrie Circular

Grade C: 7mls/3.5hrs **Depart:** OCCP at 09:45 **Walk start:** Tannage Brae Car Park, Kirriemuir at 10:30 **OS:** 54 **GR:** NO382540 **Description:** An easy circular walk through Kirrie Den and Caddham Woods.
Leader: Pat Hargraves, 01307 462882

Kirkcaldy: Tulliallan & Clackmannan Tower

Grade C: 8mls **Depart:** KRSN at 09:00 **Walk start:** Car park at rear of Tulliallan Golf Club at 10:00 **OS:** 65 **GR:** NS930884 **Description:** Past Tulliallan Police College. Through countryside to Clackmannan Tower. Some walking on minor roads for the return leg of the walk. Possible to eat in Tulliallan Golf Club after the walk. **Note:** RADO. NoSC.

Leader: Alex Donald, 07943 871219, alex@donaldwyf.f9.co.uk

Wednesday 19th April

St. Andrews & NE Fife: Mid-week Leisurely Walk: Inverkeithing to Aberdour

Grade C: 6mls/3.5hrs ▲152m/500ft. **Depart:** Cupar Rail Station--9:45am train (bring Fife Pass if have one) at 09:35 **Walk start:** Inverkeithing Rail Station at 10:45 **OS:** 65 **GR:** NT131833 **Description:** Easy going walk along Fife Coastal Path with nice coastal views on good paths, with gentle inclines. **Note:** RADO. NoSC. May return on 15.12 pm train from Aberdour or by earlier train according to walking time

Leader: Jim Forret, 01334 656137, james.forret@btinternet.com

Thursday 20th April

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 21st April

Dunfermline & West Fife: Long Weekend Meet at Peebles

Description: See Facebook and Web Pages or contact leaders for further details.

Contact: Grant Robertson, 01577 208436, 07936 738581, grobert50@tesco.net and Alan Paul 01383 727875, 07739 169674, apaspaul9@gmail.com

Kirkcaldy: Weekend at Grantown-on-Spey

Meet: At time & place arranged. **Description:** Depart Friday 21st April and return Sunday 23rd April. Venue is Grant Arms Hotel for two nights. A full programme of walks will be on the agenda.

Contact: Liz Greig, 01592 653682, 07919 985239

Saturday 22nd April

Brechin: The Balmoral Cairns - Bus + Meal on Return Journey

Grade C+: 6mls **Depart:** SNSB at 08:00 **Walk start:** Crathie car park at 10:00 **OS:** 44 **GR:** NO263949 **Description:** Circular walk on Balmoral Estate past the cairns erected by the Royal Family. On paths & tracks, steep in places. An extension to the walk may be available. **Note:** Bus money and meal choice to Sheila Mather (01356 650240) no later than 8th April.

Leader: Alison Stewart, 01307 818770

Dalgety Bay: A saunter around Scone

Grade C+: 8mls/4.5hrs ▲250m/820ft. **Depart:** DBSCCP at 09:00 **Walk start:** Scone Old Parish Church at 10:15 **OS:** 58 **GR:** NO131255 **Description:** Through Scone den to McDuff's monument and Lymedock obelisk. Returning on minor roads and paths via Quarrymill.

Leader: Audrey Price, 01383 824173 or 07871 806582

Dundee: Mailer Hill and Buckie Braes

Grade C+: 6.5mls/3.5hrs ▲225m/738ft. **Depart:** CWCP at 09:30 **Walk start:** Broxden Park & Ride Car Park at 10:00 **OS:** 58 **GR:** NO087226 **Description:** A moderate route with some fairly steep ascents following good tracks and paths. Some sections can be muddy. Keep dogs under close control on farmland.

Leader: L Beveridge & J Cumming, 01382 730832 & 07811 462266 or 01382 642752 & 07526 237526

Perth: Kelty to Kinross

Grade C+: 10mls ▲320m/1049ft. **Depart:** Perth Bus Station at 9.00 to catch 09.10 X55 to Kelty Cross at 09:00 **Walk start:** Kelty Cross Main Street bus stop at 10:05 **OS:** 58 **GR:** NT144943 **Description:** A linear walk on good paths from Kelty, round the western side of Lochore, through Harran Woods, round the eastern side of Benarty Hill using the core path to Vane Farm and then by the Loch Leven path to Kinross. One steep climb on Benarty. **Note:** RADO. Alternative is to drive to Kinross Park and Ride and then catch the same bus at 9.52. Walk returns to P&R to catch bus home.

Leader: Pete & Anne Trant, 01738 565075 & 07985202934 or 07557 785696, thetrants@virginmedia.com

Sunday 23rd April

Dundee: Birnam Circular

Grade C+: 7mls/3.5hrs **Depart:** CWCP at 10:00 **Walk start:** Birnam - Beatrix Potter Garden at 11:00 **OS:** 52 **GR:** NO031418 **Description:** A level walk past the Birnam Oak, up one side of the river and returning down the other side via Dunkeld.

Leader: Evelyn Watson, 01382 480325 or 07884 123988

Glenrothes: Crieff - Turret Burn and Laggan Hill Circular

Grade C+: 8mls/4.5hrs ▲1000ft **Depart:** LCCP at 09:30 **Walk start:** Macrosty Park Crieff at 10:45 **OS:** 52 **GR:** NN857221 **Description:** A walk round Glen Turret distillery over Laggan Hill to Baird Monument returning by Lady Mary Walk. Mainly on good tracks in woodland, may be muddy in places. **Note:** NoSC RADO

Leader: C & B Barton 01383 725859 chrisbettybarton@gmail.com

Stirling & Falkirk: Glenrothes – North Leslie circular

Grade C+: 9mls/4.5hrs ▲50m/164ft. **Depart:** LACP at 09:15 **Walk start:** Coul resrv CP at 10:30 **OS:** 59 **GR:** NO270038 **Description:** Circular walk starting at Coul resrv, heading towards Leslie, crossing over the old railway viaduct to Riverside Park, then Pitcoudie A mixture of path surfaces, some woodland, some tarmac. **Note:** RADO. NoSC. KY7 6FW Mileage to drive 70 miles. Coul resrv CP is small – car sharing is advised

Leader: Babs Butler, 01324 720165 or 07711 575561, barbaraabutler@btinternet.com

Strathay: Fortingall Architecture and Archaeology

Grade C: 6mls **Depart:** CCP at 09:00 **Walk start:** Fortingall at 09:15 **OS:** 52 **GR:** NN741470 **Description:** An architecture and archaeology walk around Fortingall. Visit the yew tree, Carn na Marbh, standing stones, Dun Geal and the fort, stone and bronze age barrows, a mediaeval homestead, plus Arts and Crafts architecture. **Note:** RADO.

Leader: Jenny Rees, 01887 830521, jenny.rees@virgin.net

Tuesday 25th April

Dalgety Bay: Dollar -Tillicoultry circular version 2

Grade C+: 7mls/4hrs ▲140m/459ft. **Depart:** DBSCCP at 09:30 **Walk start:** Sterling Mills Car Park at 10:30 **OS:** 58 **GR:** NS919965 **Description:** From car park River Devon, through woodlands, via Wester Sheardale House, Lower Sheardale to Dollar return by Devon Way. **Note:** RADO.

Leader: Heather Haines & Rose Nutt, 01383 822187 & 07990 660724 or 01383 822669 & 07494 235392

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 27th April

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 29th April

Blairgowrie: Cloan Glen Auchterarder

Grade C: 6mils ▲250m/820ft. **Depart:** WCPB at 09:00 **Walk start:** Crown Inn Wynd car park - first left after first traffic lights when coming from Perth at 10:00 **OS:** 58 **GR:** NN943127 **Description:** Very varied walk in a lovely glen comprising woodland and farmland with part of the walk following the Cloan Burn. Stunning views over Auchterarder and Craig Rossie. Mainly on paths and tracks with minor road walking. **Note:** RADO.

Leader: Pat Fraser, 01250 873577, patriciafraser@btinternet.com

Dalgety Bay: Culteuchar Hill, Forgandenny

Grade C+: 6.5mils/4hrs ▲370m/1213ft. **Depart:** DBSCCP at 09:30 **Walk start:** Bus stop in centre of Forgandenny near Post Office. Parking in Station Road 50 yds past PO on right. at 10:30 **OS:** 58 **GR:** NO086182 **Description:** Up Kinnaird Rd take right fork and climb towards woodland, then turn left on a track and follow it to open fields and a lane. Left to Culteuchar, Culteuchar Hill and Fort Law. Passing the ruin descend on tracks to Forgandenny. Can be muddy. **Note:** RADO.

Leader: Chris Roberts, 01383 822184 or 07749 757587

Glenrothes: Stirling - Logie, Menstrie and Bridge of Allan Circular

Grade B: 9mils/4.5hrs **Depart:** LCCP at 9:30 **Walk start:** Logie Church CP at 10:15 **OS:** 57 **GR:** NS808967 **Description:** By track from Logie to Menstrie then on to Lossburn Reservoir by a drove road. Return by Cocksburn Reservoir and Bridge of Allen (with some road walking). **Note:** NoSC RADO

Leader: S Fury 01592 756497 sheena.fury@yahoo.co.uk

Kinross & Ochil: The Union Canal - Ratho to The Almond

Grade C: 6mils **Depart:** KPR at 09.15 or BURN at 08:45 **Walk start:** Ratho Village Car Park at 10:00 **OS:** 65 **GR:** NT126724 **Description:** A pleasant canalside walk to the highest aqueduct in Scotland over the river Almond and return. **Note:** DWOL. CWRA.

Leader: Rosemary & Mike Smith, 01577 862520

Kirkcaldy: Forret & Logie

Grade C: 8.5mils **Depart:** KRSN at 09:15 **Walk start:** Dairsie Lane beside Primary School at 10:00 **OS:** 59 **GR:** NO411173 **Description:** Circular walk through attractive countryside north of Dairsie. Mainly on paths and tracks. **Note:** RADO. NoSC.

Leader: Margaret Miller, 01592 266956

Perth: Whitewisp Hill

Grade B: 10mils ▲450m/1476ft. **Depart:** ASDACP at 09:00 **Walk start:** Glen Sherup Activity Centre on A823 near top of Glen Devon at 09:50 **OS:** 58 **GR:** NN972052 **Description:** A circuit of hills around Glen Sherup including Innerdownie and Whitewisp Hill. **Note:** RADO. Not recommended for young children

Leader: Roger Brickell, 01764 656114 or 07733 317725, rogerbrickell@icloud.com

St. Andrews & NE Fife: Wallace Road, Glenfarg

Grade B: 9mils/4hrs ▲216m/710ft. **Depart:** FCPC at 09:30 **Walk start:** North End of Main Street in Glenfarg (B996) at 10:30 **OS:** 58 **GR:** NO136110 **Description:** Mainly circular walk following the ancient Wallace Road from Lochelbank to West Dron. Returning by Path of Dron drover road. Mainly tracks and paths, with some minor road walking between Glenfarg and Lochelbank. **Note:** RADO. NoSC.

Leader: Will MacKay, 01334 652903



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Sunday 30th April

Forfar: Hermitage

Grade C+: 8mls **Depart:** EGCP at 09:30 **Walk start:** Hermitage Car Park at 10:40 **OS:** 53 **GR:** NO003419 **Description:** Pleasant woodland walk with lovely views.

Leader: Lexie Lumsden, 01307 465829

Stirling & Falkirk: Murthly Castle Estate Daffodil Walk

Grade B: 8mls/4.5hrs **▲** 250m/820ft. **Depart:** LACP at 09:30 **Walk start:** Car park at Birnam Quarry on B867 at 10:30 **OS:** 52 **GR:** NO041405 **Description:** Short steep ascent through Birnam Wood then generally easy walking to Murthly Castle Estate and return by River Tay. **Note:** RADO. NoSC. PH8 0DW Mileage to drive 90 miles. Hopefully see some daffodils

Leader: Hilary Thomson, 01786 472726 or 07834 529694, hilarydthomson@gmail.com

Tuesday 2nd May

Kirkcaldy: Langtoun Daunders - NE Kirkcaldy countryside walk

Grade C: 6mls **Depart:** KRSN at 10:00 **Walk start:** Gallatown Recreational Ground car park. at 10:15 **OS:** 58 **GR:** NT298941 **Description:** Pavements, vehicle tracks, field edge and minor road. Suggested lunch venue is 'The Dining Room'. **Note:** To access car park at walk start turn off Rosslyn Street into York Place then turn into Pool Lane

Leader: Alex Donald, 07943 871219, alex@donaldwyt.f9.co.uk

Wednesday 3rd May

Dunfermline & West Fife: Seamab Hill

Grade B: 5.5mls/3hrs **▲** 380m/1246ft. **Depart:** LPRCP at 09:30 **Walk start:** Castlehill Reservoir car park at 10:15 **OS:** 366 **GR:** NN997033 **Description:** Through forest plantations on to open moorland at Commonedge Hill. Over Seamab Hill and descent through young, deciduous woodland to car park. **Note:** DWOL.

Leader: Maureen Paul, 01383 727875, 07842 386718, apaspaul9@gmail.com

Thursday 4th May

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 5th May

Perth: Perth Ramblers Weekend Away - Friday 5th - Monday 8th May inc.

Meet: Port Patrick Hotel at 12:00 **Description:** The Perth Ramblers Weekend Away to Port Patrick, Dumfries and Galloway. A variety of walks and activities will be planned for the event and decided nearer the day. Contact Trevor Abell for information. Meet time is optional. **Note:** Members not already booked in with Trevor, should book directly with the Port Patrick Hotel or make other arrangements

Contact: Trevor Abell, 01738 813123 & 07913288098, tmbabell@gmail.com

Saturday 6th May

Brechin: St Arnold's Seat Circular

Grade C+: 7mls **Depart:** SNSB at 09:00 **Walk start:** Near bridge just before Glenmoy Farm at 09:45 **OS:** 44 **GR:** NO402646 **Description:** Past Hillside to summit of Naked Tam (486m / 1,594ft) then along to the large cairn on St Arnold's Seat (493m / 1,617ft). Return past Baikies & Buckies.

Leader: Colin Whyte, 01356 622283 or 07949 402506, colinwhyte@colinwhyte.plus.com

Dalgety Bay: Blackford Hill and Braid Hills Circular

Grade C+: 6mls/4hrs ▲ 150m/492ft. **Depart:** Meadowfield Bus Stop in time for X58 bus leaving at 09:10 **Walk start:** Edinburgh West End Bus Stop at 09:50 **OS:** 66 **GR:** NT246737 **Description:** Walk to Lothian Rd. to catch bus (11 or 16) to walk start proper. A varied walk through quiet glen, Royal Observatory to Hill tops for fantastic views of Edinburgh. A long flight of steep steps at one point. **Note:** RADO. VISITORS must phone a leader to check times and directions.
Leader: Matsue Williams & Jane Mitchell, 0131 332 4395 or 01383 822843

Dundee: Benholm Circular

Grade C: 6mls/3hrs ▲ 150m/492ft. **Depart:** OCCP at 09:30 **Walk start:** Benholm Mill Car Park at 10:30 **OS:** 45 **GR:** NO808690 **Description:** This is an easy walk on good tracks and tarmac. 2/3 track, 1/3 tarmac approx. Good views if the weather is clear.
Leader: Dave Barrett, 07935 805403

Dunfermline & West Fife: Water of May

Grade B: 8mls/4.5hrs ▲ 480m/1574ft. **Depart:** LPRCP at 09:30 **Walk start:** Forestry lay-by on minor road between Path of Condie and Dunning at 10:30 **OS:** 368 **GR:** NO067125 **Description:** An exploration of the little-known hill country of the central Ochil Hills. A mix of forest, open moorland, a picturesque river and grassy tracks. **Note:** DWOL.
Leader: Grant Robertson, 01577 208436, 07936 738581, grobert50@tesco.net

Kirkcaldy: A Low Level Pentlands Walk

Grade C+: 9mls **Depart:** KRSN at 09:00 **Walk start:** Harlaw car park at 10:00 **OS:** 66 **GR:** NT182655 **Description:** A low level walk around the Pentlands including hill tracks, woodland paths and a minor road. **Note:** RADO. NoSC. Harlaw car park is sometimes busy and you may have to park on the approach road.
Leader: Alex Donald, 07943 871219, alex@donaldwyt.f9.co.uk

Strathtay: Dunkeld Bluebell Walk

Grade C: 6mls **Depart:** Aberfeldy at 08:55 **Walk start:** Dunkeld at 09:35 **OS:** 52 **GR:** NO025429 **Description:** Take bus to Dunkeld. Circular walk round Dunkeld taking in the spring bluebells in Craig Wood near Loch of the Lowes. **Note:** RADO.
Leader: Joyce Cameron, 01887 840343, jemcameron@hotmail.co.uk

Sunday 7th May

Glenrothes: Glenrothes - Star Moss Circular

Grade C: 9mls/4.5hrs ▲ 600ft **Depart:** LCCP at 9:30 **Walk start:** Lomond Centre car park at 9:45 **OS:** 59 **GR:** NO285008 **Description:** A variation of a popular walk starting from the Lomond Centre, an easy circular walk through woodland using paths and rights of way to Cuinin Hill, Star Moss and Balbirnie Estate (with a little road walking). **Note:** CWRA DWOL
Leader: W Cumming contact by Email splish2splosh@gmail.com

Stirling & Falkirk: Schiehallion

Grade A: 6.25mls/5hrs ▲ 731m/2398ft. **Depart:** LACP at 09:00 **Walk start:** Braes of Foss car Park (parking charge) at 10:45 **OS:** 42 **GR:** NN753556 **Description:** Straightforward walk up and back along the main route. Note that there is a boulder field to be traversed. **Note:** RADO. NoSC. PH16 5NN Mileage to drive 110 miles
Leader: Colin Thomson, 01786 472726 or 07702 636505, colinbthomson@gmail.com

Stirling & Falkirk: Trossachs Trail linear from Kilmahog

Grade C: 8mls/4.5hrs ▲ 121m/400ft. **Depart:** LACP at 09:30 **Walk start:** Bochart car park Kilmahog at 10:15 **OS:** 57 **GR:** NN607081 **Description:** An undulating, scenic linear walk along yet another stretch of the Great Trossachs Trail. If the weather is inclement we will do a shortened "there and back" version of the walk and no car shuttle will be required. **Note:** RADO. NoSC. FK17 8HD. Mileage to start 35. Car shuttle will be necessary.
Leader: Fiona McMurray, 01324 632740 or 07842 449328, fionanmcmurray@btinternet.com

Tuesday 9th May

Dundee: Dinner at Dundee and Angus College

Meet: Kingsway Campus, Dundee at 18:00 **Description:** Dinner at Dundee and Angus College Training Restaurant at Kingsway Campus Dundee. Cost £16.50. If you want to go please contact Martha by 18th April. Please also let Martha know if you have any food allergies or dietary requirements.

Contact: Martha McCallin, 01307 462277, 07840 765660

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 11th May

Dalgety Bay: Roamers ~ Aberdour to Burntisland (minimal ascent)

Grade D: 4mils **Depart:** Meadowfield Bus Stop at 9.30 - No. 7 BUS LEAVES at 09:39 **Walk start:** Aberdour Rail Station at 10:00 **OS:** 65 **GR:** NT191854 **Description:** A walk along a section of the Fife Coastal Path, finishing with a short circuit of Burntisland. **Note:** RADO.

Leader: June Wright, 01383 822358

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 12th May

Stirling & Falkirk: Newtonmore weekend

Meet: The Balavil Hotel Newtonmore at 00:00 **Description:** From Friday 12th May, until Monday 15th May. There will a variety of walks to suit all levels on offer. **Note:** See Babs for further details

Contact: Babs Butler, 01324 720165, 07711 575561, barbarabutler@btinternet.com

Saturday 13th May

Blairgowrie: The Pine Cone, the Hermitage

Grade C+: 9mils ▲200m/656ft. **Depart:** WCPB at 09:30 **Walk start:** Birnam Hotel Car Park at 10:30 **OS:** 52 **GR:** NO031419 **Description:** Pleasant walk along the bank of the River Tay with a gradual climb to the Pine Cone, returning by the Hermitage and Inver. **Note:** RADO.

Leader: Anne Crombie, 01828 650308

Dalgety Bay: Campsie Hills - Meikle Bin

Grade B: 8mils/5hrs ▲350m/1148ft. **Depart:** DBSCCP at 09:30 **Walk start:** Carron Valley Reservoir (CP nearest dam) on B818 Fintry to Denny Rd at 10:30 **OS:** 64 **GR:** NS722838 **Description:** From CP the route skirts the SE corner of the reservoir then climbs to the summit of Meikle Bin via Burnhouse. Return by the March Burn. **Note:** RADO.

Leader: David Thomson, 01383 860324 or 07922 050562, davidthomson@tesco.net

Forfar: Letham Square to Balgavies Loch

Grade C: 5mils **Depart:** EGCP at 09:30 **Walk start:** Letham Square at 09:50 **OS:** 54 **GR:** NO529488 **Description:** Walk from Letham Square to Balgavies Loch (*Look out for Ospreys) clockwise round loch and return by outward route. Some road walking.

Leader: Dot Eaton, 01307 465319

Glenrothes: Comrie - Braefordie Circular

Grade B: 9mils/5hrs ▲1750ft **Depart:** LCCP at 9:30 **Walk start:** CP near Comrie Golf Club at 10:45 **OS:** 52 **GR:** NN776223 **Description:** A walk on good tracks through forest and over open countryside through Laggan Wood, Braefordie to waterfall and returning to car park. **Note:** NoSC RADO

Leader: C Mackie 07960513994 catherineannmackie@hotmail.co.uk

Kirkcaldy: Leuchars

Grade C+: 9mls **Depart:** KRSN at 09:00 **Walk start:** Behind Church - School Hill at 10:00 **OS:** 59 **GR:** NO455214 **Description:** Moderate low level walk through forestry, across moor and along coast. **Note:** RADO. NoSC. **Leader:** Margaret Miller, 01592 266956

Perth: Elie to Anstruther Coastal Walk

Grade C: 7mls ▲100m/328ft. **Depart:** ASDACP at 09:00 **Walk start:** Centre of Elie Village at 10:15 **OS:** 59 **GR:** NT493000 **Description:** Linear walk along the Fife Coastal Path from Elie to Anstruther passing through the coastal villages of St Monans and Pittenweem. Return to Elie by bus. **Note:** RADO. **Leader:** Roger Brickell, 01764 656114 or 07733 317725, rogerbrickell@icloud.com

St. Andrews & NE Fife: Fruits of Alyth

Grade C+: 7.5mls/4hrs ▲237m/780ft. **Depart:** FCPC at 09:00 **Walk start:** Market Square, Alyth at 10:15 **OS:** 53 **GR:** NO246485 **Description:** Pleasant circular walk on good paths and minor country roads. A few moderate inclines, rewarded by great views of the Sidlaw Hills and Strathmore. **Note:** DWOL. CWRA. **Leader:** Bob Stirrat, 01334 653481 or 07980 371588, robertstirrat@hotmail.co.uk

Sunday 14th May**Dundee: Montrose Beach to North Water**

Grade C+: 10mls/4.5hrs ▲20m/65ft. **Depart:** OCCP at 09:30 **Walk start:** Links Car Park, Montrose (past Golf Club House) at 10:30 **OS:** 54 **GR:** NO725582 **Description:** Beach walk to North Esk and return via old airfield and golf course. **Leader:** Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

Kinross & Ochil: Lochore Meadows to Vane Farm

Grade B+: 11mls **Depart:** KPR at 09.30 or BURN at 09:00 **Walk start:** Water Sports Car Park (green building) at Lochore Meadows at 10:00 **OS:** 58 **GR:** NT164951 **Description:** A fairly newly opened path. Along lochside up to Harran Hill Wood. Through an undulating wooded area to the top of the hill, then down to Vane Farm for lunch. Return via very steep uphill paths. Spectacular views and, hopefully, bluebells. **Leader:** Angie Shearer, 07854 4493076

Tuesday 16th May**Kirkcaldy: Harran Hill Bluebells**

Grade C: 6mls **Depart:** KRSN at 09:30 **Walk start:** Lochore Meadows car park at 10:00 **OS:** 58 **GR:** NT171962 **Description:** An easy walk around the loch and through the woodland with, hopefully, viewing of the bluebells. **Note:** RADO. NoSC. **Leader:** Ros Fairgrieve, 01592 784454

Wednesday 17th May**St. Andrews & NE Fife: Mid-week Leisurely Walk: Cairnie to Moonzie Kirk**

Grade D: 4mls/2hrs ▲60m/200ft. **Depart:** FCPC at 12:45 **Walk start:** Cairnie Fruit Farm at 13:00 **OS:** 59 **GR:** NO370169 **Description:** A linear there and back stroll on farm tracks and paths from Fruit Farm to historic Moonzie Kirk. Return to Fruit Farm to enjoy refreshments. **Note:** RADO. CWRA. This walk is part of Walk 6 in Cupar Walks leaflet **Leader:** Will MacKay, 01334 652903

Thursday 18th May**Dunfermline & West Fife: Preston Island & Culross - Evening Walk**

Grade C: 4mls/2hrs **Depart:** LPRCP at 18:00 **Walk start:** Culross car park, west end. at 18:30 **OS:** 367 **GR:** NS982859 **Description:** Good paths on flat ground. Spectacular views across the River Forth to Bo'ness and all the way along to the Forth Bridges. **Note:** DWOL. **Leader:** Margaret Graham, 01383 738429, 07745 219494, margaret.graham@live.co.uk

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Annual Reports for our Groups

Dundee Ramblers Report

Once again Dundee Ramblers have had a very successful year with walks at all levels. The Midweek walks are continuing to be well attended and extra walks are being shown on the Facebook page. These walks are open to all Dundee Ramblers. We have also started a Family Rambling Group with walks once or twice a month attended by between 15 and 20 adults and children. Many members attended the Ramblers Gathering in Strathpeffer last year and intend going to Newtonmore this year. We had our own weekend away in Crianlarich in Autumn last year. Our biggest social event this year was the 30th Anniversary Ceilidh where we welcomed our Broughty Ferry Members and celebrated 4 big Birthdays. Apart from that there was the Meal at Dundee College, Day Away in Edinburgh, visit to the Theatre and our usual Christmas meal in the Queens Hotel.

Dundee Family Walks

Since starting the Dundee Ramblers Family Walks in August 2016 we have had between 15 and 20 Adults and children on our walks. They have varied from Country Parks, Broughty Ferry Beach, Forfar Loch and Riverside Nature Park. We had a Fancy Dress Halloween Walk in Crombie Park and Santa Hats were worn on the Riverside Nature Park in December. Our next walks planned are in Lochee Park and Newtyle Railway Line where we will be looking for Gruffalos and Fairies. These walks are open to all, with or without children. The website for these is www.meetup.com/Dundee-Ramblers-Family-Walks-Meetup

Jean MacGillivray (Organiser)

Kirkcaldy

We enjoyed our 25th Anniversary this year and held a celebration meal at the Dunnikier Golf Club after walking the inaugural route. There was a good turnout of members past and present including the Group's first Chairman, Andy Shaw. Brendan Paddy, the Interim Director of Ramblers Scotland was the guest speaker at the event and he presented Liz Greig and Bill Gibson with certificates recognising their many years of service to the group. The group has updated its website and this has now moved to ramblers.org.uk/kirkcaldy

Forfar and District

26 walks were organised with a further 2 having to be cancelled because of wet weather. The walks were a mixture of coastal paths, forest trails, gentle climbs and three urban walks taking in places of interest. Membership has increased slightly, which is encouraging. However, attendance on walks has dropped significantly from last year, with an average of only 12 people attending walks.

Social events continue to be popular and well attended. We had an enjoyable day trip to Aberdeen in the summer and in September our long weekend took us to Crieff, which proved to be an excellent centre for lovely walks and our accommodation in The Murrayspark Hotel was first class. Once again, we will have our Christmas meal in Glamis and look forward to more walking and good fellowship in 2017.

Stirling and Falkirk District Group

It is pleasing to welcome our new regular active members and to note that the numbers on our group walks are on the increase. The group enjoyed a wide variety of walks each week over all the seasons and thanks are due to our walk leaders for being so dedicated and imaginative. The Group's spring weekend away was to Fort William, which was a first for us. In the autumn we returned to Windermere after a gap of a few years. On both weekends we had good weather and great fun. Other social events included a group trip by coach to the Pitlochry Festival Theatre; a Glasgow daunder followed by a meal, a visit to Oranmore Play, Pie and a Pint, and our usual Christmas festivities. We look forward to another exciting year.

Glenrothes Group

Our year has been mixed. On the plus side we have enough leaders to run a walk every week over the last programme, with good attendance and plenty of visitors. Thursday Strollers walks have continued under new management and the walks have been well attended. We tried a bit of path clearing, which was badly needed in some areas. Our core paths in Fife are not being maintained. It has been a sad year; we have lost three committee members. One member resigned due to ill health, and two members unfortunately died quite unexpectedly. Quite quickly leaders came forward to lead the Strollers walks; they now have more than before. Members stepped up to join the committee, which gives more confidence for the group in the future.

Perth Group

This has been a successful year with a full programme of weekly walks for Saturdays and Wednesdays, with only a few cancellations due to weather. Our Wednesday programme, which is not so widely advertised, is now proving to be more popular than the Saturday walks in terms of numbers. We had our May long weekend this year at Grantown on Spey and the regular two coach trips this year were to Banchory in May and to Helensburgh and Balloch Country Park in September. These were all popular and we are able to reduce the cost of the fares for the coach trips by using funds raised through various income-generation activities held during the year.

Membership is holding up well at around 215 with a trickle of new members to replace those that leave.

Dalgety Bay and Distict

The group had another successful year, with over 55 walks in various parts of the country with a good turnout for most of them. I must commend the walk leaders for their diligence and imaginative ideas for the walks. It is good to see others step forward and volunteer as walk leaders. We are always willing to have new walk leaders to come forward. We had a brilliant weekend away in Oban. The weather was very kind to us, sunshine all the way. The walks over the weekend were very varied and challenging, it helps if a recce can be done before hand which this not always possible. The Three night weekend is a good idea as we can get in walking on two days without rushing home on the Sunday. A few walks have been a bit damp but does not put anyone off walking. Of course there has been some cancellations due weather and unforeseen circumstances, but it only happens about twice a year.

I wish to thank all my fellow office bearers for their help during the year. We work as a team and it is nice that everyone is willing to help with any matter that arises.

Kinross and Ochil Group

We have enjoyed another year with a full and varied programme, both for our weekend and Tuesday walkers. Attempts are made to vary the grades of walks but C+ and C are the most popular. It has been nice to see new walk leaders coming forward this year. Membership continues to rise which is very encouraging. In June with good weather we spent the weekend in Kingussie, where our usual Friday night quiz was very competitive and we managed to dodge the charity cyclists on our Sunday walk. The main walk for the weekend was in Glen Feshie.

Blairgowrie

We are now in our 24th year and at the 23rd AGM in November, we welcomed a very interesting speaker, Stewart Miller, Director of International Raptor Research & Conservation. He has been a falconer for over 30 years and had with him a peregrine falcon. Our annual Day Away was to Loch Katrine and the Weekend Away to Ullapool were both very well attended as usual. We have been pleased to welcome since the beginning of December, 7 new members, our membership stands at 78 and of these we have a core of 37 who walk very regularly. This along with good numbers attending our fortnightly walks (the average on the last 3 walks was just over 30) means we look to the future with confidence. Several of our very long standing walk leaders have decided to hang up their boots (not from walking but just from leading having more than done their bit over many years to ensure the success of our Group). However we have been fortunate to replace them with new

volunteer leaders from our membership and are confident that we can continue to offer a good variety of walks.

St Andrews and NE Fife

This has been another successful year. Many members have supported the Walks Planning for 2016 and again for the new programme in 2017. Our new Group Website of (<http://www.standrewsnefiferamblers.com>) has improved the distribution of information. The Walks Programme is included along with Group News, Group History, photographs etc. Where we have to make changes to the Walks Programme after it has been published, these will be found on the website.

Following requests from older members and Ramblers Association, this summer we will be running a number of shorter and easier Mid-week Leisurely Walks. If these prove popular, we will consider continuing these in the winter programme and at higher frequency.

Saturday 20th May

Brechin: Portlethen to Muchalls

Grade C+: 10mls **Depart:** SNSB at 09:00 **Walk start:** Portlethen Church at 10:00 **OS:** 38 **GR:** NO923966 **Description:** A low-level mostly coastal walk from Portlethen to Muchalls & back.
Leader: Catherine Ferguson, 07789 631115

Dalgety Bay: Weekend Away - Angus Hotel, Blairgowrie (Fri 19th - Mon 22nd May)

Description: All allocated rooms are taken. Details of walks will be notified to those going.
Contact: Rose Nutt, 01383 822669, 07494 235392

Dundee: Craig of Balloch, Backwater Dam

Grade B: 8mls/4hrs **Depart:** CWCP at 09:30 **Walk start:** Backwater Dam, North car park at 10:30 **OS:** 44 **GR:** NO256615 **Description:** Walk on tracks and moorland, short steep ascent.
Leader: Linda Pirie, 01382 778490 or 07881 369442

Dunfermline & West Fife: Blairingone Area

Grade C: 4mls/2.5hrs **Depart:** LPRCP at 09:30 **Walk start:** Easter Muirhead farm - limited parking. Check with leader at 10:00 **OS:** 366 **GR:** NS995953 **Description:** Following a core path past fields, a farm and a wooded area. Short stretch of road, gentle climb up and down. Paths might be muddy in places, depending on weather. **Note:** DWOL.
Leader: Linda Moyes, 01383 852817, 07840 759384, lm57.moyes@gmail.com

Perth: Newtyle and Thriepley

Grade B: 8mls ▲380m/1246ft. **Depart:** ASDACP at 09:00 **Walk start:** Recreation Ground car park at Newtyle at 10:00 **OS:** 53 **GR:** NO298415 **Description:** A circuit from Newtyle taking in Hill of Keillor, Long Loch, Thriepley and Newtyle Hill. **Note:** RADO.
Leader: John Andrews, 01738 827275 & 07526 884953, john@jandrews.co.uk

Strathtay: Killin Circular and Finlarig Castle

Grade C: 8mls **Depart:** CCP at 09:00 **Walk start:** Killin at 09:30 **OS:** 51 **GR:** NN574332 **Description:** Circular walk round Killin taking in Finlarig Castle and Morenish Longhouse. **Note:** RADO.
Leader: Muriel Findley, 01887 820095, murfin41@btinternet.com

Sunday 21st May

Glenrothes: Stanley to Bluebell Woods

Grade C+: 8mils/4.5hrs ▲ 50ft **Depart:** LCCP at 9:30 **Walk start:** Stanley Mills Car Park at 10:30
OS: 53 **GR:** NO114329 **Description:** Walking mostly on tracks & dis-used railway lines, with a little road-walking. From Stanley to North Woods, for lunch amongst the Bluebells and return. **Note:** CWRD DWOL

Leader: H Morrison 01592 749170 or 07821148256 hazmgtmor@hotmail.com

Stirling & Falkirk: Glen Turret to Skirley Craig

Grade B: 8mils/5hrs ▲ 140m/459ft. **Depart:** LACP at 10:00 **Walk start:** Loch Turret dam car park at 11:00 **OS:** 52 **GR:** NN821265 **Description:** walk in the Perthshire countryside with great views over the Forth valley and beyond. And, of course, a lovely little waterfall. **Note:** RADO. NoSC. PH7 4LD Mileage to drive 50 miles

Leader: John Ferguson, 01324 823230 or 07966 044794, john-ferguson@blueyonder.co.uk

Monday 22nd May

Dundee: Mystery Walk

Grade C: 5mils/3hrs **Walk start:** CWCP at 10:30 **OS:** 54 **GR:** NO370325 **Description:** This is a mystery walk, the destination to be decided later, but will be an easy one between 4 and 5 miles. The walk may be started from CWCP or we may share cars to start walk from another location nearby.

Leader: Sheila Wallace, 01382 320243 or 07944 570925

Tuesday 23rd May

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 25th May

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 27th May

Blairgowrie: Fife Coastal Path 7 - Cellardyke to Kingsbarns

Grade B: 9mils ▲ 100m/328ft. **Depart:** WCPB at 09:00 **Walk start:** Car Park at Cellardyke old harbour at 10:15 **OS:** 66 **GR:** NO579041 **Description:** This is a more demanding section of the FCP and some scrambling is involved. We walk via Crail, Fife Ness and Cambo Sands. Return to start by bus or car shuttle. Visitors must phone in advance to confirm travel arrangements. **Note:** RADO. **Leader:** Bill Phillips, 01250 870260

Dundee: Fungarth & Atholl Woods Walk

Grade B: 8.5mils/5hrs **Depart:** CWCP at 09:30 **Walk start:** Dunkeld Car Park at 10:30 **OS:** 52 **GR:** NO026428 **Description:** Walk from Dunkeld following path via Fungarth and Golf Course then Cally Car Park, walk through Atholl Woods and back via Dunkeld House Hotel. **Note:** There will be some walking on narrow paths. **Leader:** L Brown, 01382 884649 or 07597 690186

Forfar: Dunkeld

Grade C: 6mils **Depart:** EGCP at 09:30 **Walk start:** Car Park at top of Dunkeld at 10:40 **OS:** 53 **GR:** NO027427 **Description:** Riverside walks with a chance of seeing Bluebells.

Leader: Dorothy Hutcheon, 01307 468034

Glenrothes: Perth - Kinnoull Hill - Scone Den Circular

Grade B+: 9mils/5hrs ▲ 1600ft **Depart:** LCCP at 9:30 **Walk start:** Corsiehill CP, Perth at 10:30 **OS:** 58 **GR:** NO135235 **Description:** Nice varied walk taking in woodland, Scone den, Coronation road, Obelisk, McDuff tower and superb views from the top of Kinnoull hill. **Note:** NoSC RADO **Leader:** L Allen 01592 748016 lesallen80@gmail.com

Kinross & Ochil: Doon Hill & Lochan Spling, Aberfoyle

Grade C: 8mils **Depart:** KPR at 08.45 or BURN at 09:00 **Walk start:** Aberfoyle Riverside Car Park behind Woollen Mill at 10:00 **OS:** 57 **GR:** NN522008 **Description:** An undulating walk with stunning views. Along old railway track towards Gartmore. Pass Coveland Campsite and Lemahamish Pool. Follow river past Doonhill Fairy Trail to Kirkton graveyard. Round Loch Spling and return. **Note:** DWOL. CWRA. **Leader:** Sybil Taylor & Lesley Creevy, 07890 217935 or 07875 720910

Perth: Blackford and Gleneagles Circular

Grade C+: 8mils ▲ 100m/328ft. **Depart:** ASDACP at 09:00 **Walk start:** Tullibardine Distillery car park Blackford at 09:45 **OS:** 58 **GR:** NN895088 **Description:** Following a right of way towards and then through Gleneagles Golf Course and returning to Blackford via another right of way. **Note:** RADO. **Leader:** Jim Pirie, 01738 451314 or 07923 457219

St. Andrews & NE Fife: Dunkeld--Fungarth and River Walks

Grade C+: 8mils/4hrs ▲ 274m/900ft. **Depart:** FCPC at 08:45 **Walk start:** Cally Car park which is one kilometre from Dunkeld. Follow the main road north from the village, turning right at the T-junction onto the A923 Blairgowrie road. The lane leading to the car park is the second left from this road. at 10:00 **OS:** 53 **GR:** NO023436 **Description:** Undulating walk through woodland, golf course and river tracks. Some minor road walking. Slight incline on return, passing Polney Loch. Open views over Dunkeld. **Note:** RADO. NoSC. **Leader:** Dorothy Cameron, 01334 474305

Sunday 28th May

Dalgety Bay: A meander around Melrose

Grade C: 8mils/4.5hrs ▲ 100m/328ft. **Depart:** DBSCCP at 09:00 **Walk start:** Melrose visitor centre. Abbey Street. at 10:30 **OS:** 73 **GR:** NT547341 **Description:** Priorswalk to Newstead. Visit Rhymer's stone then site of Roman fort at Trimontium. Return via riverside walk on both sides of the Tweed. **Leader:** Audrey Price, 01383 824173 or 07871 806582

Kirkcaldy: Black Hill

Grade C+: 9.5mils **Depart:** KRSN at 09:00 **Walk start:** Forest entrance adjacent to minor road. at 10:00 **OS:** 58 **GR:** NO070078 **Description:** Good views towards Cleish Hills. Walking on forest tracks & paths and a minor road. May be cattle in one field. Payment for evening meal on 17th June should be given to Liz Greig by 6th June. **Note:** RADO. NoSC. **Leader:** Alex Donald, 07943 871219, alex@donaldwyt.f9.co.uk

Stirling & Falkirk: A search for Bluebells in estates near Dunblane

Grade C+: 8mils/5hrs ▲ 45m/150ft. **Depart:** LACP at 10:00 **Walk start:** On west side of B8033 (old A9) at dip in road about a mile south of Dunblane at 10:15 **OS:** 57 **GR:** NS780999 **Description:** Involving Kippendavie, Kippenrair and Keir estates on paths, tracks, farm roads and woodlands. Only gradual short inclines. **Note:** RADO. NoSC. FK15 0YJ Mileage to drive 15 miles Hopefully see some bluebells **Leader:** Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Thursday 1st June

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 3rd June

Brechin: Tentsmuir Circular

Grade C+: 9mils **Depart:** SNSB at 09:00 **Walk start:** Tayport East Common car park at 10:00 **OS:** 54 **GR:** NO464284 **Description:** A level walk mostly on good tracks and paths, partly along the beach.

Leader: Moira Dunbar, 01356 622327 & 07759 215616, moiradunbar@talktalk.net

Dalgety Bay: Craigenfalt Circular

Grade C: 6mils/3hrs ▲50m/164ft. **Depart:** DBSCCP at 10:00 **Walk start:** Craigenfalt Car Park at 10:30 **OS:** 66 **GR:** NT261873 **Description:** Good paths, some road walking, interesting area for history of Kinghorn good views. **Note:** RADO. NoSC.

Leader: June Wright, 01383 822358

Dundee: Castlehill Reservoir to Commonedged Hill to Quey Reservoir

Grade C+: 8.25mils ▲320m/1050ft. **Depart:** CWCP at 09:00 **Walk start:** Castlehill Reservoir, Glendevon on the A823 at 10:15 **OS:** 58 **GR:** NS996033 **Description:** From Reservoir ascend by good tracks then hill paths to Commonedged Hill - extensive views of the Forth Valley. Mostly gradual ascent but one short steep ascent.

Leader: L Beveridge & J Cumming, 01382 730832 & 07811 462266 or 01382 642752 & 07526 237526

Dunfermline & West Fife: Loch Turret Circular

Grade B: 9mils/5.5hrs ▲550m/1804ft. **Depart:** LPRCP at 08:30 **Walk start:** car park at Dam at 09:45 **OS:** 52 **GR:** NN821264 **Description:** Good tracks and paths. Scenic walk along the shore of the loch then a steady uphill to Auchnafree Hill. Downhill thereafter, culminating in a level walk back to the car park. **Note:** RADO.

Leader: Anne Laird, 01383 727515 or 0776 886066.

Perth: Pool of Muckhart Circular

Grade C+: 7mils ▲200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Cairns Place - see note at 09:45 **OS:** 58 **GR:** NO000007 **Description:** Varied walk thro' countryside on good paths, roads and farm tracks. Fine views by The Muckhart Mill, Rumbling Bridge and Naemoor. **Note:** RADO. Cairns Place parking - turn into Kirkhill from the A91, then first left at Monas Cafe on Main Street. Pool of Muckhart.

Leader: Donald Purvis, 01738 813294 & 07478247825, purvishome@gmail.com

Strathtay: Blath Bhalg

Grade C+: 6mils ▲270m/885ft. **Depart:** CCP at 09:00 **Walk start:** Moorland above Moulin at 09:40 **OS:** 43 **GR:** NN991620 **Description:** Short walk on easy moorland paths to good views on isolated Blath Bhalg. **Note:** RADO.

Leader: Muriel Findley, 01887 820095, murfin41@btinternet.com

Sunday 4th June

Glenrothes: Lomond Hills - Falkland to Bunnet Stane circular

Grade B: 9mils/5.5hrs **Depart:** LCCP at 9:30 **Walk start:** Pillars of Hercules CP at 9:45 **OS:** 59 **GR:** NO241082 **Description:** Walk from Pillars of Hercules CP along the foot of the Lomonds to the Bunnet Stane return by road to Strathmiglo then take the cycle path back to Falkland. **Note:** NoSC RADO

Leader: L Allen 01592 748016 lesallen80@gmail.com

Stirling & Falkirk: Ben Lomond and Ptarmigan Circular

Grade A: 8mils/5hrs ▲975m/3200ft. **Depart:** LACP at 09:30 **Walk start:** Rowardennan Car Park at 10:30 **OS:** 56 **GR:** NS360988 **Description:** A climb up the tourist path to Ben Lomond, returning via a lesser-known path to the summit of Ptarmigan, and thence down to Loch Lomond, joining a short section of the West Highland Way. **Note:** RADO. G63 0AR Return Mileage to start 60

Leader: Wraight Shepherd, 01786 475137 or 07753 941564, wraight.shepherd@talk21.com

Monday 5th June

St. Andrews & NE Fife: Annual Holiday: 5th to 9th June

Meet: Strathpeffer--Highland Hotel at 14:30 **Description:** The holiday is fully booked. If members of Group wish to make own arrangements or go on waiting list, contact Leader.

Contact: Jim Coates, 01337 831113, james.coates1944@btinternet.com

Tuesday 6th June

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Kirkcaldy: Langtoun Daunders - Kinghorn / Craigencalt / Binnend Circular

Grade C: 5mls **Depart:** KRSN at 09:00 **Walk start:** Car park in Pettycur Road, Kinghorn at 09:30

OS: 66 **GR:** NT269866 **Description:** To Kinghorn Loch and Craigencalt. Then via Rodanbraes to Binnend, returning to Kinghorn via Gallowhill and Grangehill. Mostly on paths and roads, though some paths may be muddy and/or vegetated. **Note:** DWOL. CWRA. Suggested lunch venue is Pettycur Bay Caravan Site Cafe/Restaurant.

Leader: Brian Clark, 01592 784553, bjclark@live.co.uk

Wednesday 7th June

Dundee: Cupar to Cairnie Fruit Farm and return

Grade C: 5mls/2.5hrs **Depart:** TBCP at 12:45 **Walk start:** Fluthers Car Park, Cupar at 13:30 **OS:** 59 **GR:** NO378147 **Description:** Easy country walk on quiet roads and tracks to Cairnie Fruit Farm for refreshments. Return the same way. Slight incline at the start.

Leader: Moira Dobson & Nessie Cowie, 01382 459543 & 07792140781 or 01382 507682

Thursday 8th June

Dalgety Bay: Roamers ~ Water of Leith from Dean Bridge to Leith

Grade D: 4mls **Depart:** Meadowfield Bus Stop at 9.00 a.m. to catch X58 bus at 09:10 **Walk start:** West End bus stop at 10:00 **OS:** 66 **GR:** NT246737 **Description:** The lower section of the Water of Leith Walkway. At the end of the walk, walkers can choose to have a snack, or make their own way home via a LRT bus. **Note:** RADO.

Leader: Ben Douglas, 01383 822715 or 07852 658675

Dunfermline & West Fife: Balgownie Forest - evening walk

Grade C+: 3.5mls/2hrs **Depart:** LPRCP at 18:00 **Walk start:** Car park at entrance to Balgownie Forest at 18:30 **OS:** 367 **GR:** NS983886 **Description:** Walk through woodland on paths and tracks which are a mix of wide gravel forest roads and narrow earth paths with some short moderate and steep slopes. **Note:** DWOL.

Leader: Margaret Graham, 01383 738429, 07745 219494, margaret.graham@live.co.uk

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 9th June

Kinross & Ochil: Weekend Away in Borders (Friday to Sunday) **Description:** Walking weekend based in Galashiels. Walks to be confirmed but likely to include a short walk on Friday afternoon and choice of two walks on Saturday and Sunday. **Note:** RADO.

Contact: Liz Douglas, 01337 827582

Saturday 10th June

Blairgowrie: Aviemore - Funicular railway and Walk

Grade C: 5mls ▲50m/164ft. **Depart:** WCPB at 09:00 **Walk start:** Cairngorm Car Park at 11:00 **OS:** 36 **GR:** NH990060 **Description:** Funicular to Cairngorm, followed by low level walk round Loch Morlich. A meal will be arranged in Aviemore before returning. **Note:** RADO. See newsletter for details of cost / transport and book through Madeleine McIntosh Tel 01250 872005 maddiesworld@outlook.com

Leader: Mike Morris, 01828 632548, morris.inchley@btinternet.com

Dalgety Bay: Schiehallion

Grade A: 6.5mls/5hrs ▲750m/2460ft. **Depart:** DBSCCP at 08:30 **Walk start:** Braes of Foss Car Park (£2 Charge) at 10:30 **OS:** 52 **GR:** NN753556 **Description:** One of the easier Munros, with superb views, but very bouldery terrain near the summit. **Note:** RADO.

Leader: Audrey Robertson, 01383 860569 or 07720 980715

Dundee: Badalair Glen Esk

Grade B: 8mls/4.5hrs ▲236m/774ft. **Depart:** OCCP at 09:00 **Walk start:** Tarfside, Glen Esk at 10:30 **OS:** 44 **GR:** NO491798 **Description:** Circular walk up to Badalair and back via Hill of Rowan.

Leader: L Mitchell, 01241 431641

Forfar: Spittalfield-Gourdie-Inchtuthill Roman Fort - Circular

Grade C: 7mls **Depart:** EGCP at 09:30 **Walk start:** Spittalfield Village Green (A984) at 10:30 **OS:** 53 **GR:** NO107409 **Description:** Attractive circular walk on good paths and quiet country roads passing Inchtuthill Roman Fort site,.

Leader: Jenny McDade, 01241 855481

Kirkcaldy: Ochils Circular

Grade A: 10mls **Depart:** KRSN at 09:00 **Walk start:** Woodland car park at 10:15 **OS:** 58 **GR:** NS899975 **Description:** A very good hill walk on hill tracks and paths. Route is via Silver Glen to Ben Buck. Then over to Ben Cleuch and Andrew Gannel Hill before dropping down to Mill Glen and return to Woodland car park. **Note:** RADO. CWRA.

Leader: Brian Clark, 01592 784553, bjclark@live.co.uk

Perth: Comrie to St Fillans via Glen Boltachan

Grade B: 10mls ▲400m/1312ft. **Depart:** ASDACP at 08:00 **Walk start:** Car Park opposite the Four Seasons Hotel to catch 09.35 bus back to Comrie at 09:30 **OS:** 51 **GR:** NN690246 **Description:** Walk commences close to Comrie Golf Club up Glen Lednock, then turns east to follow path past Dunira and through the forest to Glen Boltachan. Descent through Glentarken Wood to St Fillans. **Note:** RADO. Remember the early start from ASDA to catch the bus at St Fillans and bus pass if you have one.

Leader: Trevor Abell, 01738 813123 & 07913288098, tmbabell@gmail.com

Sunday 11th June

Dundee: Clachnaben and Glen Dye

Grade B: 9.5mls/5hrs ▲400m/1312ft. **Depart:** OCCP at 09:30 **Walk start:** Car park north of Glen Dye Lodge on B974 at 10:30 **OS:** 45 **GR:** NO649867 **Description:** Upland walk on heather moor, paths and tracks to summit and return through Glen Dye. (for car park take B974 Fettercairn to Banchory Rd and park in quarry car park on west side of road some 500 mtrs north of Glen Dye Lodge.).

Leader: Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

Glenrothes: Perth - River Almond Circular

Grade C+: 8mls/5hrs **Depart:** LCCP at 09:30 **Walk start:** Almondbank Field Car Park at 10:30 **OS:** 58 **GR:** NO067258 **Description:** Circular walk from Almondbank along the river Almond to Pitcairngreen, Dalcrue and return through Methven Woods. **Note:** NoSC RADO

Leader: M Laing 01337 832724 ishabelrankin@gmail.com

Stirling & Falkirk: Balmore & Lennox forest

Grade C+: 7.5mls/4hrs ▲230m/754ft. **Depart:** LACP at 09:30 **Walk start:** Park along Old Balmore Road near "The Coach House" at 10:30 **OS:** 64 **GR:** NS602735 **Description:** Walk mainly on narrow country roads, but there are also a few challenging sections over rough ground. **Note:** RADO. NoSC. G64 4AE or G64 4AN Mileage to drive 50 miles

Leader: Janette Seale, 01786 447107 or 07709 957317, janette.seale@hotmail.co.uk

Wednesday 14th June

St. Andrews & NE Fife: Lucklaw Hill

Grade C: 5mls/4hrs ▲200m/656ft. **Depart:** FCPC at 09:40 **Walk start:** Burnside Hall overflow car park(parking permission obtained) at 10:00 **OS:** 59 **GR:** NO425209 **Description:** Walk on minor roads and paths across farmland and through woods. Short section on busy A914. Some steep uphill sections. There are fine views from Lucklaw Hill to Dundee, St Andrews and Eden Estuary. **Note:** RADO. NoSC. Leaders will meet at start of walk. Terrain excludes this walk being included in Mid-Week Leisurely Walks programme.

Leader: Stewart & Linda Collier, 01334 477673 or 07881 596883, stewart.collier@outlook.com

Thursday 15th June

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 17th June

Brechin: Glas Maol Linear - Bus + Meal on Return Journey

Grade B: 7mls **Depart:** SNSB at 08:00 **Walk start:** Glen Shee Ski Centre car park at 10:00 **OS:** 43 **GR:** NO138782 **Description:** Via Glas Maol (3,504ft/1,068m) & Monega Hill (2,979ft/908m) to Tulchan Lodge in Glen Isla to meet bus for return to Brechin. Alternative easy walk may be available from Tulchan Lodge up Glen Isla past Bessie's Cairn. **Note:** Bus money & meal choice to walk leaders no later than 3rd June. Forfar pick-up will be arranged if necessary.

Leader: Peter & Anna Fiabane, 01307 461121 or 07743 943171, fiabanes@gmail.com

Dalgety Bay: Ferry Hills & North Queensferry Circular

Grade C: 5.5mls/3.5hrs ▲100m/328ft. **Depart:** Meadowfield Bus Stop - No 7 BUS LEAVES at 09:40 **Walk start:** junction of Hope St & Ferryhills Rd (located two thirds of the way between Inverkeithing Square and Ferry Toll P & R. at 10:10 **OS:** 65 **GR:** NT125821 **Description:** Follow Ferryhills Rd and paths south to N Queensferry. then a circuit around the historic core of the village. Return by coastal path to Inverkeithing. Optional extension to continue to Dalgety Bay (Total of 8mls 4.5hrs). **Note:** RADO.

Leader: Ben Douglas, 01383 822715 or 07852 658675

Dundee: Circular walk around Elie followed by high tea

Grade C: 7mls/4hrs **Depart:** TBCP at 10:15 **Walk start:** Ruby Car Park, Elie at 11:30 **OS:** 59 **GR:** NT497997 **Description:** Low level circular walk including Kilconquhar Loch, Kincaig Point and section of coastal path. Followed by High Tea at a cost of £12.50 at The Pavilion at 4.30p.m. Non walkers welcome. **Note:** Contact Moira Dobson asap for numbers if going to High Tea.

Leader: Moira Dobson, 01382 459543 or 07792 140781

Kirkcaldy: Elie and Kilconquhar & Evening Meal

Grade C: 7mls **Depart:** KRSN at 10:00 **Walk start:** Ruby Bay car park, Elie at 11:00 **OS:** 59 **GR:** NT497997 **Description:** An easy walk on tracks, minor road and Coastal Path. Evening meal is at Upper Largo Hotel 4.00pm for 4.30pm where non walkers may join us. Booking & payment to Liz Greig (tel 01592 653682) by 6th June. **Note:** RADO. NoSC.

Leader: Ros Fairgrieve, 01592 784454

Perth: Kinrossie to Balbeggie Linear

Grade C: 6.5mls ▲76m/252ft. **Depart:** Perth Bus Station to catch the 10.00 No 57 Blairgowrie bus to Kinrossie at 10:00 **Walk start:** Bus stop at Kinrossie opposite village hall at 10:40 **OS:** 53 **GR:** NO188323 **Description:** A pleasant, reasonably flat, linear walk through woods and open farmland with short sections of road walking. Finish in Balbeggie and return to Perth by bus. May be muddy in places. **Note:** RADO. Check bus times before leaving. The No 57 arrives at Kinrossie at 10.32 **Leader:** Tara Harper, 07762 265869, rugpurcat@hotmail.co.uk

Sunday 18th June

Dunfermline & West Fife: Glen Clova and Jock's Road

Grade A: 9mls/6hrs ▲650m/2132ft. **Depart:** LPRCP at 08:00 **Walk start:** Glen Doll car park (charge) Glen Clova at 10:00 **OS:** 53 **GR:** NO284760 **Description:** Taking the old drove road linking the Angus Glens to Braemar, via Jock's Road and around the hill mass of Craig Mellon via Bachnagairn, we will encounter forest, crag and exposed high plateau in this impressive country. **Note:** DWOL. **Leader:** Grant Robertson, 01577 208436, 07936 738581, grobert50@tesco.net

Glenrothes: Kennoway - Devon Wood and Kilmux Circular

Grade C: 8mls/4.5hrs ▲450ft **Depart:** LCCP at 9:30 **Walk start:** LARGE shed opposite Devon Farm road end (by permission) at 10:00 **OS:** 59 **GR:** NO341058 **Description:** Through Devon wood to Clatto Barns, on good tracks, through woods and over fields, into Kilmux wood, around colliston hill returning over fields via Taloisk wood. **Note:** NoSC RADO May be muddy in places **Leader:** S Galloway 07913 117542 alexandergalloway3116@gmail.com

St. Andrews & NE Fife: Kirkmichael Circular

Grade B: 8.5mls/5hrs ▲304m/997ft. **Depart:** FCPC at 09:00 **Walk start:** Car park opposite Kirkmichael Primary School at 10:30 **OS:** 53 **GR:** NO079600 **Description:** A walk from Kirkmichael along part of Cateran Trail, taking in Dalvey and Pitcarmick Loch, on moorland tracks and rocks. Parts of walk have steep inclines. **Note:** RADO. NoSC. **Leader:** Sarah Dallas-Ross, 01382 541769 or 07828 403601, sarahadele.sdr@gmail.com

Stirling & Falkirk: Loch Ordie from Dowally

Grade C+: 9.25mls/4.5hrs ▲213m/700ft. **Depart:** LACP at 09:15 **Walk start:** Bridge on the old A9 road near the Dowally Craft Centre. Please park on the old road taking care not to obstruct the gateway into a field at 10:30 **OS:** 52 **GR:** NO001482 **Description:** A circular walk on landrover tracks and good paths which visits four lovely Perthshire lochs. **Note:** RADO. NoSC. Note Early start. PH9 ONT. Mileage to drive 100 miles **Leader:** Fiona McMurray, 01324 632740 or 07842 449328, fionanmcmurray@btinternet.com

Strathtay: Ben Venue

Grade B+: 8.5mls ▲740m/2427ft. **Depart:** CCP at 09:00 **Walk start:** Ben Venue CP on A821 at 10:30 **OS:** 57 **GR:** NN505068 **Description:** Follow well-signed paths all the way to the summit of Ben Venue (727m) in The Trossachs for excellent views towards Ben Lomond and the west. **Note:** RADO. **Leader:** Jenny Rees, 01887 830521, jenny.rees@virgin.net

Tuesday 20th June

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 22nd June

Brechin: Winter Walks Meeting

Meet: St Andrews Church Hall, Brechin at 19:00

Contact: Linda Robbie, 01307 464512, lnr1@btinternet.com

Dundee: Programme Planning Meeting

Meet: Methodist Church Hall, Marketgait, Dundee at 19:30 **Description:** All members welcome to exchange ideas for walks and outings. Offers to lead walks would be most welcome. Tea and coffee provided.

Contact: Joyce Cumming, 01382 642752, 07526 237526, joyce@cumming14.plus.com

Dunfermline & West Fife: Milnathort & Loch Leven - evening walk

Grade C: 5mils/2hrs ▲30m/98ft. **Depart:** LPRCP at 18:30 **Walk start:** Auld Mart Road car park at 19:00 **OS:** 367 **GR:** NO118042 **Description:** Fairly flat circuit from the village to Loch Leven and Kinross. **Note:** DWOL.

Leader: Grant Robertson, 01577 208436, 07936 738581, grobert50@tesco.net

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 23rd June**Kirkcaldy: Winter 2017 - 2018 Walk's Programme**

Please send suggestions for winter walk's programme to Brian Clark (Walk's Prog. Co-ord.) by 7th July.

Contact: Brian Clark, 01592 784553, bjclark@live.co.uk

Saturday 24th June**Blairgowrie: Kirkmichael/Menachban/Whitefield**

Grade B: 9mils ▲390m/1279ft. **Depart:** WCPB at 09:15 **Walk start:** Car Park at Kirkmichael at 10:00 **OS:** 43 **GR:** NO079601 **Description:** Moderately challenging walk over varied uneven terrain, starting on a flat section of the Cateran Trail from Kirkmichael to Enochdhu, then climbing gradually to Menachban and on to Whitefield Hill. 2 castles on return route. **Note:** RADO.

Leader: Kathleen Frew, 01250 873805 or 07900 531159, kathleenfrew@msn.com

Glenrothes: Dunblane - Allan Water Circular

Grade C: 7mils/4.5hrs **Depart:** LCCP at 9:30 **Walk start:** Dunblane Cathedral Square at 10:45 **OS:** 57 **GR:** NN782015 **Description:** A circular walk from Dunblane by the Allan Water to Kinbuck via Ashfield, returning past Crofts of Cromlix. **Note:** NoSC RADO

Leader: G Christie 01592 743282 or 07943178810 grant911a@gmail.com

Kirkcaldy: Tullybaccart and Lundie Craigs

Grade C+: 6mils **Depart:** KRSN at 09:00 **Walk start:** Car park opposite Tullybaccart Farm 5 miles west of Muirhead on A923 Coupar Angus road at 10:15 **OS:** 53 **GR:** NO264360 **Description:** A pleasant walk with two short but strenuous climbs, returning by Ledcreeff Loch. **Note:** RADO. NoSC.

Leader: Liz Greig, 01592 653682 or 07919 985239

Perth: Corroul to Rannoch Station Linear

Grade B: 11mils ▲160m/524ft. **Depart:** ASDACP at 08:00 **Walk start:** Rannoch Station (to catch 11.09 train to Corroul Station) at 10:50 **OS:** 42 **GR:** NN423577 **Description:** From Corroul around southern tip of Loch Ossian then across wild moorland back to Rannoch Station. Don't forget train ticket money or rail card, midgie spray etc. and dress for all 4 seasons. A long day out but worth it. **Note:** RADO. Check with the walk leader before setting out for weather and train times etc.

Leader: Paula Bowman, 01738582339 & 07870937963, pbowman58@hotmail.com

Sunday 25th June**Forfar: Local Walk round Forfar (followed by Planning Meeting 2pm)**

Grade C: 4mils **Walk start:** EGCP at 09:30 **OS:** 53 **GR:** NO457508 **Description:** A short walk around Forfar, followed by the walks planning meeting in St Johns Church Hall at 2pm.

Leader: Lexie Lumsden, 01307 465829

Kinross & Ochil: Dunblane to Sheriffmuir

Grade C+: 7.5mils **Depart:** KPR at 09:00 or BURN at 09:15 **Walk start:** Dunblane, Cathedral Square at 10:00 **OS:** 57 **GR:** NN782015 **Description:** From Dunblane to Sheriffmuir with great views of the Ochils. Gradual ascent (250m) on paths, tracks and minor roads, visiting Clan Macrae Monument and the Gathering Stone and (possibly) the Sherriffmuir Inn. Return to Dunblane. **Note:** DWOL. CWRA.

Leader: Susan Tester, 01786 834535

Stirling & Falkirk: Bishops Hill Circular

Grade B: 9mils/4.5hrs ▲ 300m/984ft. **Depart:** LACP at 09:30 **Walk start:** Car Park by Holl Reservoir at 10:30 **OS:** 58 **GR:** NO225035 **Description:** A circular walk with wonderful views of the Fife countryside mainly on paths and track. **Note:** RADO. NoSC. KY6 3HR Mileage to drive 65

Leader: Val Smith, 01786 470976 or 07828 149859, vps6@iname.com

Wednesday 28th June**Kirkcaldy: Vane Farm & Benarty Hill Summer Evening Walk**

Grade B: 6mils **Depart:** KRSN at 18:00 **Walk start:** Vane Farm car park at 18:30 **OS:** 58 **GR:** NT160990 **Description:** Circular walk with steep initial ascent on good paths before skirting perimeter of Benarty Hill plateau then onward to top. Return to Vane Farm through Benarty Woods. **Note:** RADO. NoSC.

Leader: Elaine Collins, 07739 964212

St. Andrews & NE Fife: Mid-week Leisurely Walk: Strathtyrum Estate Circular

Grade D: 3.5mils/2.5hrs ▲ 40m/131ft. **Depart:** FCPC at 13:30 **Walk start:** Eden Golf Course Car Park--park at end nearest Golf Academy at 14:00 **OS:** 59 **GR:** NO496175 **Description:** Leisurely walk on minor roads, pavements, estate paths and tracks. Walk through North Haugh campus to David Russell buildings, and then through Strathtyrum/Balgoive Estate. After crossing A91, return to start on cycle/walkway. **Note:** RADO. CWRA. Easy climb and decline with good tracks and roads. Option to finish with coffee in Eden Clubhouse

Leader: Will Aitken, 01334 470066 or 07908 721466, wh.aitken@gmail.com

Thursday 29th June**Glenrothes: Strollers Walk**

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Stirling & Falkirk: Date for submission of walks for the winter programme

Meet: No meeting - entry for information only at 00:00 **Description:** Please submit your winter walks ideas to Fiona, and copies to Eric - davidson.family.es@gmail.com and Val Smith - vps6@iname.com.

Contact: Fiona McMurray, 01324 632740, 07842 449328, fionanmcmurray@btinternet.com

Saturday 1st July**Brechin: Loch Ordie Circular**

Grade C+: 10mils **Depart:** SNSB at 09:00 **Walk start:** Cally car park (near Dunkeld) at 10:15 **OS:** 53 **GR:** NO023437 **Description:** Along good tracks to Mill Dam and up to Loch Ordie. Return via Dowally & Rotmell Lochs.

Leader: Frances Low, 01356 625348

Dalgety Bay: Circular walk from Romannobridge

Grade C+: 6.5mils ▲ 230m/754ft. **Depart:** DBSCCP at 09:15 **Walk start:** Car Park just before Newlands Church at 10:45 **OS:** 72 **GR:** NT161467 **Description:** Around Whiteside Hill and between Drum Maw and Hag Law. The walk is generally on grassy tracks, with two easy burn crossings and a few inclines, but not steep. There are no styles, but a short road walk at the end. **Note:** RADO.

Leader: Mike Gordon, 01383 823221

Dunfermline & West Fife: Barnton to Wester Hailes

Grade C: 7mls/4hrs ▲50m/164ft. **Depart:** LPRCP at 09:30 **Walk start:** Barnton bus stop, adjacent to Miller & Carter, Cramond Brig at 10:00 **OS:** 66 **GR:** NT186749 **Description:** Suburban, linear walk through Cammo Estate, Craigmount, N & S Gyle, Edinburgh Park and Union Canal to Wester Hailes Plaza. Bus back into Edinburgh, then bus back to Barnton. **Note:** DWOL.

Leader: Olive Inglis, 01383 842693, 07773 995015, olivem inglis@aol.com

Perth: Beinn a' Chaisteil

Grade B+: 12mls ▲1000m/3280ft. **Depart:** ASDACP at 08:30 **Walk start:** Auch (A85) by private road at 10:00 **OS:** 50 **GR:** NN317353 **Description:** 2 Corbetts and a third hill day, dramatic view points, good tracks and grassy slopes. Some steep sections. A big day out. **Note:** RADO.

Leader: Gil McGeachy, 01738 583940 or 07946 655068, gil.mcgeachy@gmail.com

St. Andrews & NE Fife: Dunkeld Pineapple

Grade C+: 8mls/4.5hrs ▲390m/1279ft. **Depart:** FCPC at 09:00 **Walk start:** Hermitage Car Park (Off A9) near Dunkeld at 10:15 **OS:** 53 **GR:** NO013422 **Description:** Low level walk following paths through woodland and along the riverside, with ascent to Pine Cone Point (modern folly with fine views). Walk uses well-defined tracks, paths and minor roads. Will be some steep inclines. **Note:** RADO. NoSC.

Leader: Susan Richmond, 01382 542516, susanrichmond@live.co.uk

Strathtay: Loch Derculich

Grade B: 8mls **Depart:** CCP at 09:00 **Walk start:** Edradynate at 09:15 **OS:** 52 **GR:** NN884518 **Description:** Circular walk mostly on tracks and paths to Loch Derculich. Good views of Farragon Hill. **Note:** RADO.

Leader: Alistair Cameron, 01887 820555, alistair@cameron2.plus.com

Sunday 2nd July

Dundee: Loch Brandy & Wharal Circular

Grade A: 9mls/6hrs ▲670m/2198ft. **Depart:** OCCP at 09:00 **Walk start:** Clova Hotel at 10:00 **OS:** 44 **GR:** NO328731 **Description:** Circular upland walks on tracks and paths, some steep climbs and descents with some road walking.

Leader: David Banks, 01382 858495 or 07719 382703

Glenrothes: Balquhiddier to Killin (Rob Roy Way) linear

Description: Long and short walks using coach with meal afterwards. Long Walk: Kinghouse Hotel to Killin following the Rob Roy way, 10.5 miles with total ascent of 1000ft Short Walk: Ardchyle to Killin on disused railway and Rob Roy Way, 4.5 miles with total ascent of 200ft Bus will depart promptly from Lomond Centre CP at 9.30 AM, there will be meal after the walk. Must Book with leader by Sunday 25 June, cost of coach will be required. Further details of costs (bus + meal) will be posted on Glenrothes Ramblers website.

Leader: J Duncan 01337 831888 john@johnandmorven.co.uk

Stirling & Falkirk: Ben Vorlich and Ben Our

Grade A: 7mls/7hrs ▲1014m/3326ft. **Depart:** LACP at 09:30 **Walk start:** Limited parking - Lay-by at the east gate of Ardvorlich House, Lochearnhead at 10:15 **OS:** 51 **GR:** NN634233 **Description:** Mountain paths with steep ascents. Ben Our has rougher ground and is mostly pathless. The views from both are excellent. **Note:** RADO. NoSC. FK19 8QE Mileage to drive 60 miles

Leader: Drew McBride, 01786 479213 or 07933 541764, cortez562@hotmail.co.uk

Tuesday 4th July

Dalgety Bay: Kinghorn to Dysart (Linear)

Grade C: 6mls/4hrs ▲50m/164ft. **Depart:** DBSCCP at 10:00 **Walk start:** Pettycur Road Car Park at 10:30 **OS:** 66 **GR:** NT270867 **Description:** From Car Park follow Coastal Path to Dysart via Kirkcaldy Esplanade and Ravenscraig Castle. Return by Bus. **Note:** RADO.

Leader: Heather Haines & Rose Nutt, 01383 822187 & 07990 660724 or 01383 822669 & 07494 235392

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Kirkcaldy: Langtoun Daunders - Kirkcaldy West Circular

Grade C: 6mls **Walk start:** Car park at rear of Templehall Community Centre at 10:00 **OS:** 59 **GR:** NT264935 **Description:** An easy walk in and around the north west of Kirkcaldy. Proposed lunch venue 'Charley's Bar'. **Note:** DWOL. CWRA.

Leader: Ros Fairgrieve, 01592 784454

Thursday 6th July**Dunfermline & West Fife: Country Paths to West of Dunfermline**

Grade C: 5mls/3hrs **▲** 50m/164ft. **Depart:** LPRCP at 09:15 **Walk start:** William Street car park at 09:30 **OS:** 367 **GR:** NT081880 **Description:** Various paths to the west of Dunfermline towards Cairneyhill through woodland and countryside. **Note:** DWOL.

Leader: Olive Inglis, 01383 842693, 07773 995015, oliveminglis@aol.com

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 8th July**Blairgowrie: Corrie Fee**

Grade B: 5mls **▲** 203m/666ft. **Depart:** WCPB at 09:30 **Walk start:** Glen Doll Car Park (£2 Charge) at 10:45 **OS:** 44 **GR:** NO284760 **Description:** This is a very picturesque walk through mature woodlands with a very gradual climb on good tracks and paths, until reaching the Nature Reserve. From here, there is some steepness with rocky sections to reach the waterfall. **Note:** RADO.

Leader: Nina Bell, 01250 874301, blairbelles@tiscali.co.uk

Dalgety Bay: Loch Brandy

Grade B+: 8mls/5hrs **▲** 850m/2788ft. **Depart:** DBSCCP at 08:30 **Walk start:** Car Park just past Glen Clova Hotel at 10:30 **OS:** 44 **GR:** NO326731 **Description:** From the hotel follow paths via Loch Brandy to the summit of Green Hill and then across a plateau to "The Goat". Descend via the east shore of Loch Wharral to the start point. **Note:** RADO. NoSC.

Leader: David Thomson, 01383 860324 or 07922 050562, davidthomson@tesco.net

Dundee: Glen Moy Circular

Grade B: 9mls/5.5hrs **▲** 720m/2362ft. **Depart:** OCCP at 09:00 **Walk start:** Park on left just after bridge at Glen Moy at 10:00 **OS:** 44 **GR:** NO402645 **Description:** Circular walk on tracks (not all tracks are showing on map). Glen Moy - Shank - Carig Mou - Duchriss Hill - Balbui - Shank Hill - return to cars.

Leader: Steve Carmichael, 01382 543119 or 07729 393206

Forfar: Edzell Circular

Grade C: 6mls **Depart:** EGCP at 09:30 **Walk start:** Car Park at North End of Edzell Village at 10:30 **OS:** 44 **GR:** NO599691 **Description:** Scenic walk along banks of the River North Esk to Rocks of Solitude, returning to Edzell over the Shakkin Brig.

Leader: Christine Ferguson, 01382 532384

Glenrothes: Falkirk Wheel - Shieldhill Circular

Grade C+: 9.5mls/5.5hrs **▲** 400ft **Depart:** LCCP at 09:30 **Walk start:** Falkirk Wheel - South car park at 10:45 **OS:** 65 **GR:** NS852801 **Description:** A walk viewing the Wheel, going along the towpath, some steep sections, through woodlands and a tunnel. **Note:** NoSC RADO

Leader: L Bain thebains@yahoo.com

Kinross & Ochil: East & West Lomond, Fife

Grade B: 7mls **Depart:** KPR at 09.30 or BURN at 09:00 **Walk start:** Craigmead Car Park at 10:00 **OS:** 58 **GR:** NO227062 **Description:** An "out and back" walk taking in both summits of Lomond Hills. Climb East Lomond (434m/1,424 ft). Descend from summit, retracing your steps back to car park for lunch. Climb West Lomond (522m/1,713ft) then back to car park. **Note:** DWOL. CWRA. **Leader:** Moira McCauley, 01383839795 & 07594504293

Perth: The Hills Above Monzie

Grade B: 9mls **▲**430m/1410ft. **Depart:** ASDACP at 09:00 **Walk start:** Monzie Church car park at 10:00 **OS:** 58 **GR:** NN879250 **Description:** Heading NE towards the Falls of Monzie, then climbing to pass to N of Craig Kipmaclyne. Continuing W to descend via the Falls of Barvick and return past Monzie Castle. **Note:** RADO.

Leader: John Andrews, 01738 827275 & 07526 884953, john@jdandrews.co.uk

Sunday 9th July**Kirkcaldy: Mayar & Driesh**

Grade A: 9mls **Depart:** KRSN at 08:45 **Walk start:** Glen Doll Ranger's car park at 10:30 **OS:** 44 **GR:** NO284760 **Description:** A walk taking in Corrie Fee and two Munros with the option of bypassing Driesh. Terrain comprises forest paths, open moorland, hill tracks and paths. Steep section at exit from Corrie Fee. **Note:** RADO. NoSC.

Leader: Mike Livesey, 07783 201492

Stirling & Falkirk: Around Arbroath then onwards to Auchmithie - Linear Coach Walk

Grade C: 8.5mls/6hrs **▲**50m/164ft. **Depart:** LACP at 09:00 **Walk start:** Arbroath cliffs c. p. at 10:30 **OS:** 54 **GR:** NO663413 **Description:** Paths around Arbroath then following cliff path to Auchmithie or option to only do walking around Arbroath then do visitor thing. Coach walk. **Note:** RADO. NoSC. DD11 5SB

Leader: Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Monday 10th July**St. Andrews & NE Fife: Group Winter Walks Planning Meeting**

Meet: Community Room in Cupar Fire Station-Millgate at 19:00 **Note:** Please park on left side of car park, next to tower

Contact: Will Aitken, 01334 470066, 07908 721466, wh.aitken@gmail.com

Thursday 13th July**Dalgety Bay: Roamers ~ Lochore Meadows (minimal ascent)**

Grade D: 4mls/2hrs **Depart:** Dalgety Bay Library at 10:00 **Walk start:** Lochore Meadows Centre CP at 10:30 **OS:** 58 **GR:** NT170962 **Description:** A circular walk around Loch Ore. **Note:** RADO.

Leader: Rose Nutt, 01383 822669 or 07969 198917

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 15th July**Brechin: Mowat's Seat Circular**

Grade C+: 7mls **Depart:** SNSB at 09:00 **Walk start:** Afflochie at 09:45 **OS:** 44 **GR:** NO476643 **Description:** Past Trusta then sharp ascent to ridge by Old Man and along to Mowat's Seat. Return through forest to Afflochie.

Leader: Irene McCool, 01356 623521, irene.mccool@yahoo.co.uk

Dundee: Kirkmichael - Enochdhu Circular

Grade B: 9mls **Depart:** CWCP at 09:00 **Walk start:** Car park across bridge as you enter Kirkmichael village. at 10:30 **OS:** 43 **GR:** NO082598 **Description:** Follow Cateran trail NW to Enochdhu, over moorland to Menachbhan Hill, then on to Whitefield Hill and back to Kirkmichael.

Leader: Peter Hargraves, 01307 462882 or 07986 423328

Dunfermline & West Fife: Eildon Hills from Melrose

Grade B: 5.5mls/4hrs ▲477m/1564ft. **Depart:** LPRCP at 08:00 **Walk start:** Abbey car park, Melrose at 10:30 **OS:** 338 **GR:** NT547341 **Description:** Fine half day hill walk taking in the three summits of the Eildon Hills. **Note:** DWOL.

Leader: Alan McGuckin, 01383 731557, 07970 172593, atmog53@gmail.com

Kirkcaldy: St Ninians / Loch Fitty / Townhill Loch

Grade C+: 11mls **Depart:** KRSN at 09:30 **Walk start:** Kingseat Community Learning Centre car park at 10:00 **OS:** 58 **GR:** NT126904 **Description:** Circular walk encompassing Charles Jencks architecture at St Ninians before crossing Loch Fitty causeways heading towards Townhill Loch. Route returns via Townhill Woods and core paths around Kingseat. **Note:** RADO. NoSC.

Leader: Elaine Collins, 07739 964212

Perth: Perth Ramblers Bus Trip Day to Braemar

Meet: ASDACP at 07:50 **Description:** Bus Trip day out to Braemar for Perth Members. Contact Lynn Salvin for tickets at £5 each. A choice of walks and activities will be available - details nearer the day. **Note:** Bus will leave at 8.00am sharp

Contact: Lynn Salvin, 01738 634628, 07712 298939

St. Andrews & NE Fife: Blackford & Tullibardine Circular

Grade C+: 8.5mls/4.5hrs ▲225m/738ft. **Depart:** FCPC at 09:00 **Walk start:** Blackford--park in south end of main street past Tullibardine Distillery, near to signposted path to Braco Road at 10:30 **OS:** 58 **GR:** NN896089 **Description:** This very varied circular walk has great views of Perthshire and Ochil Hills. Walk will include golf courses, moorland, old chapel, famous hotel grounds. Terrain will be muddy and rough in places, as well as stiles, tarred roads and tracks. **Note:** RADO. NoSC. Walk includes 1 unmanned level crossing, possible contact with horses. Some short steeper sections.

Leader: Will Aitken, 01334 470066 or 07908 721466, wh.aitken@gmail.com

Sunday 16th July**Dalgety Bay: Loch Drunkie from East Lodge (near Callander)**

Grade C: 6mls **Depart:** DBSCCP at 09:00 **Walk start:** Car Park just beyond East Lodge at 10:30 **OS:** 57 **GR:** NN594055 **Description:** Along the south side of Loch Venachar on a very quiet road, then forest tracks to discover the redundant Glasgow reservoir Loch Drunkie. Ben A'an and Ben Ledi come into view. Re-join the south shore of Loch Venachar and return to start. **Note:** RADO.

Leader: Mike Gordon, 01383 823221

Dundee: Dunnichen & Lownie Hills

Grade C+: 6mls/4hrs **Depart:** OCCP at 09:45 **Walk start:** The Square, Letham at 10:30 **OS:** 54 **GR:** NO530488 **Description:** Walk up the hills to the north of Letham (angus).

Leader: Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

Glenrothes: RSPB Vane Farm - Benarty Hill – Lochore Meadows circular

Grade B: 8mls/4.5hrs ▲1050ft **Depart:** LCCP at 9:30 **Walk start:** RSPB Vane Farm CP at 10:00 **OS:** 58 **GR:** NT160990 **Description:** Follow hill trail over Vane Hill to Lochore Meadows and return over heather moorland with good views of Loch Leven and beyond. **Note:** NoSC RADO

Leader: G Christie 01592 743282 or 07943178810 grant911a@gmail.com

Stirling & Falkirk: Comrie to Carse of Trowan

Grade C+: 7.5mls/4.5hrs ▲200m/656ft. **Depart:** LACP at 09:30 **Walk start:** Car Park adjacent to Recreation Ground in Comrie, off A85 on road to Crieff at 10:30 **OS:** 51 **GR:** NN777223 **Description:** Walk through woodland to Carse of Trowan, return by disused railway close to River Earn. Short lengths through fields, otherwise on tracks. **Note:** RADO. NoSC. PH6 2EA Mileage to drive 50 miles

Leader: Colin Thomson, 01786 472726 or 07702 636505, colinbthomson@gmail.com

Strathtay: Creag Liath

Grade B: 6mls ▲450m/1476ft. **Depart:** CCP at 09:00 **Walk start:** Glen Banchor CP near Newtonmore at 10:15 **OS:** 35 **GR:** NN693998 **Description:** Follow good track up the East side of the Allt a' Chaorain to a bridge leading to the North slopes of Creag Liath. Descend down South slopes to the ruin at Glenballoch to regain the track to the start. **Note:** RADO.
Leader: Alec Ferguson, 01796 470507, waferguson12@btinternet.com

Tuesday 18th July

Dalgety Bay: Walks Programme Planning Meeting

Description: See web site for details.

Contact: Ian Bruce, 01383 616062, 07518 154237, ianbruce100@btinternet.com

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Wednesday 19th July

Dunfermline & West Fife: Harran Hill Woods and Loch Ore - evening walk

Grade C: 5mls/2hrs ▲90m/295ft. **Depart:** LPRCP at 17:30 **Walk start:** Car park off Great North Road at Kelty end of Lochore Meadows country park at 18:00 **OS:** 367 **GR:** NT152949 **Description:** Circular walk via the bird hide, Harran Hill woods and Loch Ore. **Note:** DWOL.
Leader: Anne Laird, 01383 727515, 07768 860066, anne-laird@hotmail.co.uk

St. Andrews & NE Fife: Mid-week Leisurely Walk: Ceres Circular

Grade D: 4.5mls/3hrs ▲100m/328ft. **Depart:** FCPC at 10:00 **Walk start:** Car park at Ceres Green at 10:15 **OS:** 59 **GR:** NO401114 **Description:** Walk from Ceres to Craigrothie on Waterless Road, then to Hill of Tarvit (option to climb to top). Return via Ceres Village. Tracks, paths and minor roads. **Note:** RADO. CWRA.
Leader: Joan Crichton, 01334 652402

Thursday 20th July

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 22nd July

Blairgowrie: Kirriemuir Circular

Grade C: 6mls ▲25m/82ft. **Depart:** WCPB at 10:00 **Walk start:** Loch Kinnordy car park at 10:30 **OS:** 54 **GR:** NO361539 **Description:** A semi urban tour of the town via Kirrie Den, Maryton, Southmuir and Westmuir. Good paths and tracks, some tarmac. **Note:** RADO.
Leader: Graham Bullock, 07470 969572, graham.bullock3@btinternet.com

Dalgety Bay: Scotlandwell - Sir Michael Bruce Way

Grade C+: 5mls/4hrs ▲100m/328ft. **Depart:** DBSCCP at 10:00 **Walk start:** Scotlandwell CP at 10:45 **OS:** 58 **GR:** NO183015 **Description:** This circular walk includes the well known trail and a short extension via Easter Balgeddie and the shores of Loch Leven. **Note:** RADO.
Leader: Irene Garvie, 01383 791050

Dundee: Little Glenshee and Creag Liath

Grade B: 7.5mls/4.5hrs ▲374m/1230ft. **Depart:** CWCP at 09:30 **Walk start:** Little Glenshee at 10:30 **OS:** 52 **GR:** NN988340 **Description:** Circular walk mainly on tracks along Little Glenshee, ascent of Creag Liath then back via Sack Stone to car park.
Leader: L Brown, 01382 884649 or 07597 690186

Glenrothes: Peebles - Cademuir Hill/River Tweed

Grade B: 10mls/5.5hrs ▲1150ft **Depart:** LCCP at 9:30 **Walk start:** Kingsmeadow Car Park, Peebles at 10:45 **OS:** 73 **GR:** NT251401 **Description:** Circular walk from Peebles up Cademuir Hill onto Lyne Station and return by the River Tweed. **Note:** NoSC RADO
Leader: I Rankin 01337 830360 ishabelrankin@gmail.com

Perth: Corwharn from Backwater Reservoir

Grade B: 8.5mls **▲**515m/1689ft. **Depart:** ASDACP at 09:00 **Walk start:** Car park at northern end of Backwater Reservoir at 10:15 **OS:** 58 **GR:** NO256614 **Description:** A circular walk with fine views. The route follows Hole Burn, through Drumshade Plantation to reach open moor. A short steep climb over rough ground to the top of Corwharn and along the broad ridge of Mildewan Hill before returning downhill. **Note:** RADO.

Leader: Pete & Anne Trant, 01738 565075 & 07985202934 or 07557 785696, thetrants@virginmedia.com

Sunday 23rd July

Forfar: Away Day - Stirling

Meet: EGCP (Prompt 8.30) at 08:30 **Description:** Coach trip to Stirling. £5.00 for Forfar members £10.00 for visitors payable to Margaret Mackie by 8th July at the latest. Cost of high tea to be advised.

Contact: Dot Eaton & Mary Morrison, 01307 465319, 01307 464912

Kinross & Ochil: Elie to Anstruther

Grade C: 6mls **Depart:** KPR at 09.00 or BURN at 08:30 **Walk start:** Elie High Street at 10:00 **OS:** 59 **GR:** NO492001 **Description:** Easy walk along Fife Coastal Path via St Monans and Pittenweem. Fish & Chips or packed lunch. Return by bus. (Remember bus pass or money). **Note:** RADO. CWRA.

Leader: Margaret Best, 01577 864112

Stirling & Falkirk: Strathblane

Grade C+: 9.5mls/5hrs **▲**140m/462ft. **Depart:** LACP at 09:30 **Walk start:** Kirkhouse Inn, Strathblane at 10:15 **OS:** 64 **GR:** NS562794 **Description:** We follow the pipeline beneath the Campsies above the Blane Valley. Return is via the West Highland Way and John Muir Way. Some interesting features relating to the pipeline along the way. Good tracks and paths, minimal road walking. **Note:** RADO. NoSC. G63 9AA Mileage 55, Park at far end of hotel car park

Leader: Betty Brodie, 01324 556762 or 07936 380395, bettybrodie@aol.com

Thursday 27th July

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 29th July

Brechin: Auchintaple Loch Circular

Grade C+: 7mls **Depart:** SNSB at 09:00 **Walk start:** Near Balnamennoch Farm at 10:00 **OS:** 43 **GR:** NO194633 **Description:** Through woodland and over open ground mainly on Forestry Commission tracks. **Note:** Limited parking at start point. Possible shuttle to larger car park at Folda.

Leader: Linda Robbie, 01307 464512, lnr1@btinternet.com

Dundee: Loch Shandra

Grade C+: 8mls/4.5hrs **Depart:** CWCP at 09:15 **Walk start:** Freuchies Car Park at 10:30 **OS:** 44 **GR:** NO224608 **Description:** Circular walk on good tracks passing Glenmarkie Lodge, round Craigie Law and Loch Shandra. **Note:** RADO.

Leader: Ishbel Cowie & Linda Pirie, 01382 884367 & 07810 011232 or 01382 778490 & 07881 369442

Kirkcaldy: The Devil's Burdens

Grade C+: 6.5mls **Depart:** KRSN at 09:15 **Walk start:** Craigmead car park at 10:00 **OS:** 58 **GR:** NO227062 **Description:** Circular walk, mainly on tracks but some rough ground, skirting base of West Lomond summit. Option for 'B' grade climb to the trig. point. **Note:** RADO. NoSC.

Leader: Ruth Beddall, 01592 260578

Perth: Comrie and Maam Road

Grade C+: 10.5mls ▲200m/656ft. **Depart:** ASDACP at 09:00 **Walk start:** Car park by Comrie Golf Course on entry to Comrie at 10:00 **OS:** 51 **GR:** NN777223 **Description:** Walk up east side of Glen Lednock to Shaky Bridge and then via Maam Road to Kindrochet, returning to Comrie by former railway track and back roads. **Note:** RADO.

Leader: Roger Brickell, 01764 656114 or 07733 317725, rogerbrickell@icloud.com

Strathtay: Castle Dow

Grade C+: 6mls **Depart:** Aberfeldy at 08:55 **Walk start:** Grandtully at 09:05 **OS:** 52 **GR:** NN913530 **Description:** Take bus to Grandtully. Then circular route on old railway track and forest tracks to Castle Dow Fort. **Note:** RADO.

Leader: Alistair Cameron, 01887 820555, alistair@cameron2.plus.com

Sunday 30th July

Glenrothes: Edinburgh - Water of Leith, Colinton to Leith linear

Grade B: 9mls/5hrs ▲450ft **Depart:** LCCP at 9:00 **Walk start:** Glenrothes bus station (X59 bus, departs 9.30) at 9.30 **OS:** 66 **GR:** NO275010 **Description:** Go by X59 bus to St Andrews Square, to take No. 16 corporation bus to Colinton (Westgarth Ave.). Then use the Water of Leith Millennium walkway to walk to Leith. Return by No 16 bus from Commercial St to St Andrews Square for X59 home. **Note:** CWRA DWOL The meeting point will be at the entrance of St Andrews Bus station at 10.45 for those travelling by different means (contact leader beforehand).

Leader: J Duncan 01337 831888 john@johnandmorven.co.uk

St. Andrews & NE Fife: Edzell River & Countryside Walk

Grade C+: 9.5mls/4.5hrs ▲274m/900ft. **Depart:** FCPC at 08:45 **Walk start:** Edzell North End Car Park near toilets. at 10:15 **OS:** 44 **GR:** NO599691 **Description:** Pavement walk to Gannochy Bridge, then by riverside track past the Burn House on way to Rocks of Solitude. Return is on minor roads and south riverside track. Relatively flat walk with easy inclines. **Note:** RADO. NoSC.

Leader: Dorothy Cameron, 01334 474305

Stirling & Falkirk: Lochore Meadows Country park & Benarty hill

Grade C+: 8mls/4hrs ▲270m/885ft. **Depart:** LACP at 09:30 **Walk start:** Car park Park at Lochore Meadows. Car park opp. Visitor Centre at 10:30 **OS:** 58 **GR:** NT169961 **Description:** This is a varied, scenic walk, mainly on good waymarked paths. There are a few steep sections and some steps. There is a field to cross, perhaps with cows in the field. **Note:** RADO. NoSC. KY5 8BA Mileage to drive 60 miles

Leader: Janette Seale, 01786 447107 or 07709 957317, janette.seale@hotmail.co.uk

Tuesday 1st August

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Kirkcaldy: Langtoun Daunderers - Ravenscraig Area Circular

Grade C: 5mls **Depart:** KRSN at 10:00 **Walk start:** Car park at the top of 'The Path' overlooking Pathhead Sands at 10:15 **OS:** 59 **GR:** NT287924 **Description:** A walk on paths with some road walking around Ravenscraig area. Suggested lunch venue 'Path Tavern'. **Note:** DWOL. CWRA.

Leader: Liz Greig, 01592 653682 or 07919 985239

Wednesday 2nd August

Dunfermline & West Fife: Crombie Church and Old Church - evening walk

Grade C: 4.5mls/2hrs **Depart:** LPRCP at 18:00 **Walk start:** Torryburn car park at 18:30 **OS:** 367 **GR:** NT021862 **Description:** Coastal path towards Crombie Point the up towards Old Church. Back to road heading down to Crombie Point and back along coastal path. **Note:** DWOL. Leader will meet everyone at Torryburn

Leader: Linda Moyes, 01383 852817, 07840 759384, lm57.moyes@gmail.com

Thursday 3rd August

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 5th August

Blairgowrie: Scone Circular

Grade C+: 6mls **Depart:** WCPB at 09:15 **Walk start:** Riverside Car Park near Scone Old Church at 10:00 **OS:** 53 **GR:** NO131255 **Description:** Circular walk with a little road walking, visiting the Lynedoch Obelisk and McDuff's monument. Good views over Perth and Scone. **Note:** RADO.

Leader: Irene Rintoul, 01250 870463

Dundee: Normans Law

Grade B: 7mls/3.5hrs ▲396m/1300ft. **Depart:** TBCP at 09:30 **Walk start:** Luthrie Village Hall at 10:00 **OS:** 59 **GR:** NO331196 **Description:** A steady climb from Luthrie village to the summit of Norman's Law on good tracks. Returning via Denmuir and Wester Kinsleith. The rocks near the summit may be slippery and the track through the forest may be very muddy in places.

Leader: Dave Barrett, 07935 805403

Dunfermline & West Fife: Mount Battock from Glen Esk

Grade B+: 9.5mls/5hrs ▲673m/2208ft. **Depart:** LPRCP at 08:30 **Walk start:** Millden, Glen Esk at 10:15 **OS:** 395 **GR:** NO540789 **Description:** Circular walk taking in the most easterly of The Corbetts. **Note:** DWOL.

Leader: Alan McGuckin, 01383 731557, 07970 172593, atmeg53@gmail.com

Forfar: Backwater Reservoir

Grade C+: 7mls **Depart:** EGCP at 09:30 **Walk start:** Backwater Reservoir Dam Car Park at 10:15 **OS:** 53 **GR:** NO250590 **Description:** A low-level walk on well made tracks, paths and a minor road round Backwater Reservoir.

Leader: Janette & Ross Henderson, 01307 467721

Glenrothes: Comrie to Crieff via Auchingarrich

Grade B: 9mls/5hrs ▲1650ft **Depart:** LCCP at 9:30 **Walk start:** McCrosty/Taylor Park Crieff at 10.30hrs. Walk to the High Street bus stop in Crieff in time for the 11.00hrs No. 15 bus to Dalingross, Comrie. at 10:30 **OS:** 52 **GR:** NN858221 **Description:** A linear walk from Comrie to Crieff on tracks and paths via Auchingarrich with good views over Strathearn. **Note:** NoSC RADO

Leader: C Mackie 07960513994 catherineannmackie@hotmail.co.uk

Kinross & Ochil: St Andrews, Lade Braes & Craigtoun

Grade C: 7mls **Depart:** KPR at 08.45 or BURN at 08:15 **Walk start:** East Sands Leisure Centre, St Andrews at 10:00 **OS:** 59 **GR:** NO519159 **Description:** A walk through the town and along the Lade Braes to Hallow Hill. Up Spinkie Den, past Craigtoun Park, continuing past a converted horse engine house and Mount Melville House. Back downstream and through the town to the Leisure Centre. **Note:** RADO. CWRA.

Leader: Andrew & Edna Burnett, 01577 862977

Kirkcaldy: Fordell Estate Exploration

Grade C: 8.5mls **Depart:** KRSN at 09:30 **Walk start:** Duloch leisure centre car park at 10:00 **OS:** 65 **GR:** NT132881 **Description:** Circular walk through Calaiswood and onwards to Fordell Estate using core paths network. Exploration of many interesting routes in and around Fordell Estate. **Note:** RADO. NoSC.

Leader: Elaine Collins, 07739 964212

Perth: Craigvinean Forest

Grade B: 8.5mls ▲400m/1312ft. **Depart:** ASDACP at 09:00 **Walk start:** Newton Craig car park at 10:00 **OS:** 53 **GR:** NO003437 **Description:** A circular forest walk with long sustained ascents and descents. Views over the Tay Valley. **Note:** RADO. Car parking is severely restricted (just 6/7 cars) so please car share where possible.

Leader: Tara Harper, 07762 265869, rugpurcat@hotmail.co.uk

Sunday 6th August

Dalgety Bay: Ben Vrackie

Grade B+: 6mls/5hrs ▲720m/2362ft. **Depart:** DBSCCP at 08:30 **Walk start:** Ben Vrackie Car park north of Moulin at 10:00 **OS:** 52 **GR:** NN944595 **Description:** The ascent of Ben Vrackie by established paths. **Note:** RADO.

Leader: Audrey Robertson, 01383 860569 or 07720 980715

Dundee: Stanley Circular

Grade C: 7.2mls/4hrs ▲160m/524ft. **Depart:** CWCP at 09:30 **Walk start:** Stanley Mill car park at 10:30 **OS:** 53 **GR:** NO115329 **Description:** Circular walk round Stanley on tracks, paths, field edge and minor roads.

Leader: Steve Carmichael, 01382 543119 or 07729 393206

Stirling & Falkirk: Cambusbarron to Gargunnoch via Touch reservoirs and hills Linear

Grade B: 7mls/5.5hrs ▲298m/980ft. **Depart:** LACP at 09:30 **Walk start:** Quarry car park at west end of Cambusbarron at 09:50 **OS:** 57 **GR:** NS773923 **Description:** Initially on quiet roads then gently sloping paths. Past Touch reservoirs on to open moorland before descending to Hillhead Farm and on to Gargunnoch. **Note:** RADO. NoSC. FK7 9NE Mileage to drive 5 miles. Car shuttle will be required

Leader: Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Thursday 10th August

Dalgety Bay: Roamers ~ Fordell Estate Circular

Grade D: 4mls/2.5hrs ▲40m/131ft. **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **Description:** A walk on tracks and the B916 footpath/cycleway. **Note:** RADO.

Leader: Ken Wright, 01383 822358 or 07535 386982

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Stirling & Falkirk: Winter programme Walks meeting

Meet: Mayfield Centre, St Ninians, Stirling at 19:30 **Description:** Come along to socialise and hear a preview of the new walks for the winter programme from the walk leaders. All are welcome.

Contact: Fiona McMurray, 01324 632740, 07842 449328, fionanmcmurray@btinternet.com

Saturday 12th August

Brechin: Loch Skiach - Bus + Meal on Return Journey

Grade B: 9mls **Depart:** SNSB at 08:00 **Walk start:** On B898 between Balmacneil & Balnamuir at 10:00 **OS:** 53 **GR:** NN972512 **Description:** By farm & hill tracks to 2 hill lochs with open views. A shorter walk may be available. **Note:** Bus money & meal choice to Colin Whyte (01356 622283) no later than 29th July. Forfar pick-up will be arranged if necessary.

Leader: Morag Boyd, 01674 830657

Dalgety Bay: Pittenweem - Fife Coastal Path - Balcaskie - St Monans

Grade C: 7.5mls/4.5hrs **Depart:** DBSCCP at 09:30 **Walk start:** Pittenweem West Braes CP at 10:45 **OS:** 59 **GR:** NO543023 **Description:** A circular walk using part of the Fife Coastal Path, farmyard tracks and rights of way. From the East of Pittenweem cross country to Balcaskie Estate continuing to St Monans then follow the coastal path back to the starting point. **Note:** RADO.

Leader: Jane Mitchell, 01383 822843

Dundee: Lundie Crag and Long Loch

Grade C+: 8.5mls/4.5hrs ▲91m/300ft. **Depart:** CWCP at 09:30 **Walk start:** Tullybaccart car park at 10:00 **OS:** 53 **GR:** NO263360 **Description:** Walk mostly on tracks with some narrow paths. Reasonable ascents. **Note:** RADO.

Leader: I Cowie & Rose Garvie, 01382 884367 & 07810011232 or 01382 450763

Perth: Rosemount and the Ericht

Grade C: 9mls ▲60m/196ft. **Depart:** ASDACP at 09:00 **Walk start:** Monk Myre car park at East Myreriggs at 09:45 **OS:** 53 **GR:** NO212428 **Description:** Heading East to the Ericht at Kitty Swanson's Bridge, then following the river bank towards The Welton. Continuing through Rosemount and skirting Stormont Loch. **Note:** RADO.

Leader: John Andrews, 01738 827275 & 07526 884953, john@jdandrews.co.uk

St. Andrews & NE Fife: Aberdour Circular

Grade B: 7.5mls/4hrs ▲274m/900ft. **Depart:** FCPC at 09:30 **Walk start:** Aberdour coastal path car park at 10:30 **OS:** 66 **GR:** NT198852 **Description:** Undulating coast and country walk on tracks, core paths and minor roads. Fine views. **Note:** RADO. NoSC. Leader will meet at start

Leader: Jim Coates, 01337 831113, james.coates1944@btinternet.com

Sunday 13th August**Glenrothes: Scone Woods and Balbeggie circular**

Grade C: 7.5mls/4hrs ▲50ft **Depart:** LCCP at 9:30 **Walk start:** Scone Park & Ride at 10:30 **OS:** 58 **GR:** NO144267 **Description:** A fairly flat circular walk in lovely countryside around Scone Woods and Balbeggie on paths and tracks with some road walking. May be muddy in some places. **Note:** CWRA DWOL Leader will meet walkers in Scone.

Leader: D Mathieson 07535 813423 don2908@yahoo.co.uk

Stirling & Falkirk: Muthill to Crieff Linear

Grade C: 6.5mls/3.5hrs ▲50m/164ft. **Depart:** LACP at 09:00 **Walk start:** Muthill Parish Church, Station Road at 10:00 **OS:** 58 **GR:** NN869170 **Description:** A lovely walk from Muthill Church to Strageath passing the old railway bridge, the following the River Earn to the Stuart Crystal factory. From there we cross the road and wind our way to the town centre. **Note:** RADO. NoSC. PH5 2AR Mileage to drive 20 miles. Linear walk so arrive at Muthill at 10:00 for car shuttle, walk start at 10:30

Leader: Babs Butler, 01324 720165 or 07711 575561, barbarafbutler@btinternet.com

Strathgry: Dollar Glen and the Ochils

Grade B: 9.5mls ▲900m/2952ft. **Depart:** CCP at 09:00 **Walk start:** Dollar at 10:20 **OS:** 58 **GR:** NS962983 **Description:** Walk up scenic Dollar Glen (NTS but free) past Castle Campbell. Climb the Ochil Hills to Whitewisp Hill and continue to Skythorn Hill. Return over King's Seat Hill. **Note:** RADO.

Leader: Bill McEwan, 01796 472780, billmcewan40@gmail.com

Tuesday 15th August**Kinross & Ochil: Tuesday Walkers**

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Kirkcaldy: Kennoway to Leven Linear

Grade C: 4.5mls **Depart:** Kirkcaldy Bus Station for No.41 bus departing 13.10 at 13:00 **Walk start:** Kennoway Shopping Centre at 13:50 **OS:** 59 **GR:** NO351024 **Description:** By Kennoway Den and Durie Vale to finish at Bawbee Brig, Leven. **Note:** DWOL. CWRA.

Leader: Ruth Beddall, 01592 260578

Wednesday 16th August

Dunfermline & West Fife: Dollar to Tormaukin and return

Grade B: 9mils/5hrs ▲200m/656ft. **Depart:** LPRCP at 09:30 **Walk start:** Car park between Dollar and Castle Campbell at 10:15 **OS:** 366 **GR:** NS963994 **Description:** Start up steep track north of Castle Campbell. Through forest then level out past Glen Quey reservoir and down to the Tormaukin Inn in Glendevon village. Return by the same route. **Note:** DWOL.

Leader: Margaret Graham, 01383 738429, 07745 219494, margaret.graham@live.co.uk

St. Andrews & NE Fife: Mid-week Leisurely Walk: Michael Bruce Way

Grade C: 3mils/2hrs ▲75m/246ft. **Depart:** FCPC at 10:15 **Walk start:** Kinneswood Car park (limited spaces). Leader will meet at start at 11:00 **OS:** 58 **GR:** NO176029 **Description:** Short walk with fine views, local history and some poetry along the Way. Opportunity to visit Michael Bruce Cottage Museum. Some pavement walking and tracks with some short steep sections. Long flight of steps at Kilmagadwood. **Note:** RADO. NoSC.

Leader: Jim Coates, 01337 831113, james.coates1944@btinternet.com

Thursday 17th August

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.



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Saturday 19th August

Blairgowrie: Kenmore and Drummond Hill

Grade C+: 7mls ▲250m/820ft. **Depart:** WCPB at 09:00 **Walk start:** Kenmore Car Park on A827 at 10:30 **OS:** 52 **GR:** NN774453 **Description:** Follow the path along the beech avenue, past Taymouth Castle, then up along forest roads along the side of Drummond Hill. Views across the Tay to the Crannog. **Note:** RADO.

Leader: Anne Easson, 01828 628001, a.easson@btinternet.com

Dunfermline & West Fife: Dollar to Vicars Bridge and return

Grade C+: 4mls/2.5hrs **Depart:** LPRCP at 09:30 **Walk start:** Beside Castle Campbell Hotel, Dollar at 10:00 **OS:** 366 **GR:** NS963979 **Description:** From Dollar, along main roads to path beside river at Rack Mill and on to Vicar's Bridge. Return possibly along part of old railway line. **Note:** DWOL. Leader will meet everyone at Dollar.

Leader: Linda Moyes, 01383 852817, 07840 759384, lm57.moyes@gmail.com

Forfar: Kinpurney Hill

Grade C+: 7mls **Depart:** EGCP at 09:30 **Walk start:** North Street Car Park Newtyle at 10:00 **OS:** 53 **GR:** NO299415 **Description:** A steep climb up to the tower on Kinpurney Hill, followed by a walk along the old railway line.

Leader: Dorothy Hutcheon & Margaret Mackie, 01307 468034 or 01307 464656

Glenrothes: Leven - Letham Glen and Devon Wood Circular

Grade B: 9mls/5hrs ▲900ft **Depart:** LCCP at 9:30 **Walk start:** Letham Glen CP at 10:00 **OS:** 59 **GR:** NO382017 **Description:** A circular walk from Letham Glen, Kilmux, Devon Wood and Baintown on farmyard tracks and woodland paths with scenic views. **Note:** NoSC RADO

Leader: G Pottie 01592 753110 geordie72@btinternet.com

Kirkcaldy: Ben Ledi

Grade A: 6mls **Depart:** KRSN at 08:45 **Walk start:** Car park above Falls of Lenny at 10:30 **OS:** 57 **GR:** NN586092 **Description:** Commence climbing Ben Ledi (879m) on leaving car park. Good paths for most of route and great views all the way. Return via Stank Glen then along by Loch Lubnaig. **Note:** RADO. NoSC.

Leader: Brian Clark, 01592 784553, bjclark@live.co.uk

Perth: Glen Banvie and Bruar Circuit, Blair Atholl

Grade C+: 10mls ▲380m/1246ft. **Depart:** ASDACP at 09:00 **Walk start:** Car park near the Old Bridge of Tilt at 10:00 **OS:** 43 **GR:** NN874663 **Description:** A long but easy waymarked circuit heads through a mixture of woodland, forestry and open moorland and an opportunity to see the Falls of Bruar. **Note:** RADO.

Leader: Allen Bardwell, 01738 444459 or 07952 339171, allenbardwell@blueyonder.co.uk

Sunday 20th August

Dundee: Backwater Reservoir

Grade C+: 7.5mls/4.5hrs ▲200m/656ft. **Depart:** CWCP at 09:30 **Walk start:** Backwater Reservoir car park at 10:30 **OS:** 53 **GR:** NO251590 **Description:** Circular walk by Hare Cairn through forest, returning by road on side of reservoir.

Leader: Alex Kelman, 01382 776928 or 07840 732842, alexkelman@btinternet.com

Kinross & Ochil: Tillicoultry Glen & Alva

Grade C: 7mls **Depart:** KPR at 09.30 or BURN at 09:45 **Walk start:** Burnside near Woolpack Inn at 10:00 **OS:** 58 **GR:** NS914973 **Description:** Steep walk up, round and down recently upgraded glen using new stairways. Then into Alva and return, taking in Alva Woodland Park. ("chippy"/packed lunch). Panoramic views and some (quiet) road walking. Return from Alva by bus if preferred. **Note:** DWOL. CWRA.

Leader: Sybil Taylor & Lesley Creevy, 07890 217935 or 07875 720910

Stirling & Falkirk: Cambusmichael to Stormontfield

Grade C+: 7mls/4hrs ▲100m/328ft. **Depart:** LACP at 09:30 **Walk start:** Cambusmichael Farm at 10:45 **OS:** 53 **GR:** NO117322 **Description:** We follow forestry tracks via Colen Wood to Stormontfield and return along the banks of the River Tay. **Note:** RADO. NoSC. PH2 6BN Mileage to drive 80 miles

Leader: Hilary Thomson, 01786 472726 or 07834 529694, hilarydthomson@gmail.com

Thursday 24th August

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Saturday 26th August

Brechin: Glen Lethnot Circular

Grade B: 10mls **Depart:** SNSB at 09:00 **Walk start:** Car park beyond Craigendowie Farm at 09:45 **OS:** 44 **GR:** NO519695 **Description:** Steady climb past Braco up to Tamhilt (537m / 1,760ft) then along to Hill of Mondurran (602m / 1,975ft). Return by Laidwinley & Nathro Lodge.

Leader: Sheena Leven, 01356 630208

Dalgety Bay: Murrayshall Hill, Perth

Grade C+: 5mls/3.5hrs ▲310m/1017ft. **Depart:** DBSCCP at 09:30 **Walk start:** Jubilee Car Park, Deuchny Wood Woodland Park at 10:30 **OS:** 58 **GR:** NO145236 **Description:** A walk in the hills east of Perth, via McDuff's Monument, the top of Murrayshall Hill. Descend to a lane, west past Parkfield House onto a track to meet Coronation Road. Then back through Deuchny Wood to the start. Can be Muddy. **Note:** RADO.

Leader: Chris Roberts, 01383 822184 or 07749 757587

Perth: Loch Venachar Circuit

Grade B: 12mls ▲315m/1033ft. **Depart:** ASDACP at 09:00 **Walk start:** Glen Finglas car park just off the A821 east of Brig O' Turk at 10:15 **OS:** 57 **GR:** NN546065 **Description:** A leisurely walk round Loch Venachar on cycle paths & minor roads with views of the water for most of the way. **Note:** RADO.

Leader: Sue Henderson, 01738 861026 & 07980 147967, tanniesue_peru@yahoo.com

St. Andrews & NE Fife: Bankfoot to Dunkeld:Glen Barr, Rumbling Bridge & The Hermitage

Grade B: 10mls/5hrs ▲280m/918ft. **Depart:** FCPC at 08:30 **Walk start:** Dunkeld North Car Park to take local bus (bring Bus Pass) at 10:05 to Bankfoot. Car park free unless park in layby or street at 09:50 **OS:** 52 **GR:** NO027428 **Description:** Linear walk from Bankfoot via Glen Barr, Rumbling Bridge and The Hermitage (home to Ossian's Hall of Mirrors and Ossian's Cave, Georgian follies). Some minor road walking at start. Some paths can be muddy. **Note:** RADO. NoSC. Walk start in Bankfoot is at grid ref NO 063354

Leader: Sarah Dallas-Ross, 01382 541769 or 07828 403601, sarahadele.sdr@gmail.com

Strathtay: Loch Glassie and Weem Rock

Grade C+: 6mls **Walk start:** CCP at 09:00 **OS:** 52 **GR:** NN858490 **Description:** Circular route from Aberfeldy past Boltachan to Loch Glassie and Weem Rock. **Note:** RADO.

Leader: John & Lily Fleming, 01887 820575, jandlfleming@btinternet.com

Sunday 27th August

Glenrothes: Arbroath - Auchmithie Circular

Grade B: 9.5mls/5hrs ▲1000ft **Depart:** LCCP at 9:30 **Walk start:** Arbroath Harbour CP at 10:30 **OS:** 54 **GR:** NO641406 **Description:** Walk along the cliffs by the Seaton Nature Trail to Auchmithie with great views over the Tay Estuary. Return by Windyhills. **Note:** CWRA DWOL If Harbour CP is full, park near Museum and go the harbour for start of walk. Alternative Short 7.5mile walk: park at Victoria Park before cliffs and wait for group to come from harbour.

Leader: D Cole 07761589685 torbrexbones@yahoo.co.uk

Stirling & Falkirk: Peebles 1 - walk details to be confirmed - coach

Grade B+: 13mls/6.5hrs **Depart:** LACP at 09:00 **Walk start:** Details to be specified at 10:15 **OS:** 73 **GR:** NT255405 **Description:** 2 walks around the Peebles area - coach to Peebles. **Note:** RADO. NoSC. Further details will be provided when available. EH45 8AZ

Leader: Fiona McMurray, 01324 632740 or 07842 449328, fionanmcmurray@btinternet.com

Stirling & Falkirk: Peebles 2 - walk details to be confirmed - coach

Grade C+: 6.5mls/4.5hrs **Depart:** LACP at 09:00 **Walk start:** To be confirmed at 10:30 **OS:** 73 **GR:** NT255405 **Description:** 2 walks around the Peebles area - coach to Peebles. Details to be confirmed. **Note:** RADO. NoSC. Coach walk. Details will be announced when available - EH45 8AZ

Leader: Janet McNee, 01324 872205 or 07929 130582, janet.mcnee@googlemail.com

Tuesday 29th August

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 31st August

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 1st September

Blairgowrie: 1-3 September Weekend Away - Dornoch

Meet: Golspie Inn at 14:00 **Description:** A range of walks will be available from Friday afternoon to Sunday with a choice on Saturday, details to follow. Bookings and deposit of £25 by the end of March to Madeleine Mackintosh 01250 872005, maddiesworld@outlook.com.

Contact: Mike Morris, 01828 632548, morris.inchley@btinternet.com

Saturday 2nd September

Dalgety Bay: Boreland Glen

Grade B: 8mls/5hrs **Depart:** DBSCCP at 09:30 **Walk start:** Tormaukin Hotel Car Park on the A823 at 10:30 **OS:** 58 **GR:** NN991043 **Description:** A walk in the eastern Ochils starting from the CP, then to Glendevon and heading north up the Borland Glen then across Green Law and Lamb Hill before returning through woodland back to the CP. **Note:** RADO.

Leader: Alistair Robb, 01383 820632 or 07757 809102

Dunfermline & West Fife: Balmerino Figure of Eight

Grade C+: 9mls/4hrs **Depart:** LPRCP at 09:30 **Walk start:** Car park at end of Bay Road, Wormit. at 10:30 **OS:** 371 **GR:** NO392260 **Description:** Good paths in a mixture of farmland, woods and Fife Coastal Path. **Note:** DWOL.

Leader: Maureen Paul, 01383 727875, 07842 386718, apaspaul9@gmail.com

Forfar: Tentsmuir

Grade C: 5mls **Depart:** EGCP at 09:30 **Walk start:** Lundin Bridge Tayport at 10:15 **OS:** 59 **GR:** NO467278 **Description:** Easy level walk along the south coast of the Tay Estuary to Tentsmuir Point.

Leader: Janette & Ross Henderson, 01307 467721

Glenrothes: Blair Athol – Loch Moraig to Shinagag circular

Grade B: 8mls/4.5hrs **Depart:** LCCP at 9:30 **Walk start:** Loch Moraig at 11:00 **OS:** 52 **GR:** NN906672 **Description:** Go into Glen Girnaig from Loch Moraig. Route skirts the slopes of Carn Liath and gives close up views of the Beinn a' Ghlo range, return by Shinagag. **Note:** NoSC RADO

Leader: S Fury 01592 756497 sheena_fury@yahoo.co.uk

Kinross & Ochil: Almondell & Lin's Mill Aqueduct

Grade C: 6.5mils **Depart:** KPR at 09.00 or BURN at 09:00 **Walk start:** Car Park (small) on B8046 between Pumpherston & Mid Calder at 10:00 **OS:** 65 **GR:** NT076678 **Description:** A circular walk near Livingston, mostly on good woodland paths and minor roads. It takes in Almondell Country Park, a fine stone Naysmith Bridge and the impressive Lin's Mill Aqueduct which carries the Union Canal. **Note:** RADO. CWRA.

Leader: Bill & Sheena Bedborough, 01259 742491

Kirkcaldy: Cat Law & Corwharn

Grade B+: 11.5mils **Depart:** KRSN at 09:00 **Walk start:** Burnside of Balintore at 10:30 **OS:** 53 **GR:** NO295586 **Description:** Total ascent of 2500 ft on short stretch of minor road followed by hill tracks, paths and open moorland. Route via Knowehead of Auldallan, Black Hill, Cat Law, Cormaud, Tarapetmile, Corwharn, Long Drum and Glen Quharity back to start. **Note:** RADO. NoSC.

Leader: Mike Livesey, 07783 201492

Perth: Auchtermuchty Weddersbie Hill Circular

Grade C: 8mils ▲ 185m/606ft. **Depart:** ASDACP at 09:00 **Walk start:** Car Park near the Fire Station in Auchtermuchty or in road where space is available at 10:00 **OS:** 58 **GR:** NO236120 **Description:** On paths and minor roads 'Muchty to Lumquhat then through woods around Weddersbie Hill. Return by retracing track from Lumquhat. **Note:** RADO. Walk Leaders Gary Martin (garygroes@aol.com) and Bryson Porter (07780139566 brysonGP@aol.com) will meet at the start point.

Leader: Gary Martin, 07923 437068, garygroes@aol.com

Sunday 3rd September

Dundee: Dalchonzie - St Fillans and return

Grade C: 6mils/3.5hrs **Depart:** CWCP **Walk start:** Dalchonzie **OS:** 54 **GR:** NN741230 **Description:** Along old track bed of railway. In conjunction with Crieff Lines Railway Festival. There are many engineering features to be seen including deep rock cuttings, steel girder bridges & concrete viaducts, as well as some lovely views and wildlife. **Note:** Meeting times to follow after discussion with Rangers.

Leader: Stewart MacDonald, 01382 642728 or 07960 624539

Stirling & Falkirk: Ben Ledi from the southeast returning via Stank Glen

Grade A: 7.5mils/5hrs ▲ 761m/2500ft. **Depart:** LACP at 09:30 **Walk start:** Turning left on A84 to cross Bridge over Leny river and left again to busy parking area at 10:30 **OS:** 57 **GR:** NN587091 **Description:** Using well used tracks and paths leading to southeast approach and summit for the best views around. Descending down Stank Glen which is normally a bit wet/boggy to return alongside Loch Lubnaig. **Note:** RADO. NoSC. FK17 8HF Mileage to drive 40 miles

Leader: Ray Finlay, 01786 449135 or 07792 549363, rayfin_1@hotmail.com

Tuesday 5th September

Kirkcaldy: Langtoun Daunderers - Thornton Kirkcaldy Circular

Grade C: 4mils **Depart:** KRSN at 10:00 **Walk start:** 'The Dining Room' car park at 10:15 **OS:** 59 **GR:** NT298941 **Description:** Catch 39A bus to Thornton (6 min. journey, 2 buses per hour), walk back via lovely pond / community woodland on outskirts of Thornton to join core paths that eventually come out at ASDA Kirkcaldy. Proposed lunch venue is 'The Dining Room'. **Note:** DWOL. CWRA. **Leader:** Elaine Collins & Kathleen Curley, 07739 964212 or 01592 643318, elaine_h_collins@hotmail.com

Wednesday 6th September

Dunfermline & West Fife: Dollar Glen to Castle Campbell - afternoon walk

Grade C+: 3mils/2.5hrs ▲ 300m/984ft. **Depart:** LPRCP at 14:00 **Walk start:** Clock Tower in Dollar at 14:30 **OS:** 366 **GR:** NS964979 **Description:** Circular walk on paths and tracks through deep gorges to the impressive Castle Campbell. Weather permitting, walk can be extended to Bank Hill. **Note:** DWOL. **Leader:** Anne Laird, 01383 727515, 07768 860066, anne-laird@hotmail.co.uk

Thursday 7th September

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 8th September

Kirkcaldy: Weekend at Arrochar

Meet: At time & place arranged. **Description:** Depart Friday 8th September and return Sunday 10th September. Venue will be Arrochar Hotel for two nights. A full programme of walks will be on the agenda.

Contact: Liz Greig, 01592 653682, 07919 985239

Saturday 9th September

Brechin: Bridge of Cally Circular

Grade C: 7.5mils **Depart:** SNSB at 09:00 **Walk start:** Bridge of Cally Hotel at 10:00 **OS:** 53 **GR:** NO141514 **Description:** Part of Cateran Trail, with good views.

Leader: Irene McKay, 01356 622182

Dalgely Bay: Musselburgh - Inveresk and River Esk

Grade C: 6mils/4hrs **Depart:** DBSCCP at 10:00 **Walk start:** Fisherrow Harbour CP at 11:00 **OS:** 66 **GR:** NT334729 **Description:** A riverside walk through pleasant farmland and woodland and a short section of coast. Return via Inveresk. Afternoon visit to Inveresk Gardens (NTS) free to members otherwise £3.00. **Note:** RADO. NoSC.

Leader: Ken Wright, 01383 822358 or 07535 386982

Dundee: East and West Lomond Circular

Grade B: 6mils/5hrs **▲** 400m/1312ft. **Depart:** TBCP at 09:30 **Walk start:** Craigmead C/P at 10:30 **OS:** 58 **GR:** NO227063 **Description:** Climb West Lomond (222 mtrs). Return to C/P for lunch and in afternoon climb East Lomond (124 mtrs). Some steepish climbs. **Note:** DWOL.

Leader: Steve Carmichael, 01382 543119 or 07729 393206

Perth: Tracks to the Foxes

Grade C+: 9.5mils **▲** 250m/820ft. **Depart:** ASDACP at 08:30 **Walk start:** Fheadain Village Hall at 10:00 **OS:** 42 **GR:** NN504565 **Description:** A walk on good tracks, woodland hollows and natural woodland with nice views over the loch. A long day but worth it. **Note:** RADO. Parking at the tin shed and picnic tables at Fheadain village hall.

Leader: Gil McGeachy, 01738 583940 or 07946 655068, gil.mcgeachy@gmail.com

Sunday 10th September

Glenrothes: Lomond Hills - Bishop Hill from Loch Leven's Larder circular

Grade B: 9.5mils/5.5hrs **▲** 1250ft **Depart:** LCCP at 9:30 **Walk start:** Loch Leven's Larder CP at 10:00 **OS:** 58 **GR:** NO161041 **Description:** Using Loch Leven Heritage Trail to Scotlandwell, take trail to Bishop Hill (steep climb up). Returning via Wester Balgedie (short road section) along A911 to start. **Note:** NoSC RADO Leader will meet walkers at Loch Leven's Larder

Leader: M Slaven 01383 515995 or 07754141295 marygg08@talktalk.net

Stirling & Falkirk: Menstrie to Cambus returning via Glenochil

Grade C+: 9mils/5hrs **▲** 123m/405ft. **Depart:** LACP at 10:00 **Walk start:** Dumyat Centre Menstrie at 10:15 **OS:** 58 **GR:** NS850969 **Description:** Menstrie to Cambus taking in the improved paths around the Cambus ponds, returning skirting Tullibody to Glenochil. A small amount of road walking is involved. **Note:** RADO. NoSC. FK11 7BE Mileage to drive 10 miles

Leader: Eric Davidson, 07757 658055, davidson.family.es@gmail.com

Tuesday 12th September

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Wednesday 13th September

St. Andrews & NE Fife: Leuchars Circular

Grade C: 5mls/3.5hrs ▲70m/229ft. **Depart:** FCPC at 09:30 **Walk start:** Car Park at St Athernase Church, Leuchars at 10:00 **OS:** 59 **GR:** NO455213 **Description:** Walk on minor roads and paths through open country, woodland and golf course. Short section on busy A919. One short steep uphill section. **Note:** RADO. NoSC. Leaders will meet at start of walk.

Leader: Stewart & Linda Collier, 01334 477673 or 07881 596883, stewart.collier@outlook.com

Thursday 14th September

Brechin: AGM

Meet: St Andrews Church Hall at 19:00

Contact: Linda Robbie, 01307 464512, lnr1@btinternet.com

Dalgety Bay: Roamers ~ Letham Hill Wood

Grade D: 4mls/2.5hrs ▲100m/328ft. **Walk start:** Dalgety Bay Library at 10:00 **OS:** 65 **GR:** NT156834 **Description:** Woodland walk on paths, which can be muddy, with a little more ascent than the other walks in this series. **Note:** RADO.

Leader: David Thomson, 01383 860324 or 07922 050562, davidthomson@tesco.net

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 15th September

Forfar: Weekend Away in Crieff

Meet: Crieff at 14:00 **Description:** We will be staying in Crieff again - Please make your own arrangements for accommodation and transport. Three walks will be available over the three day period.

Contact: Dot Eaton & Mary Morrison, 01307 465319, 01307 464912

Saturday 16th September

Blairstown: Drumsuldry Wood and Mackenzie Meridian

Grade C+: 8mls ▲178m/583ft. **Depart:** WCPB at 09:30 **Walk start:** From Coupar Angus, turn left off A923 just before Pitcur Castle towards Newtyle. Proceed 1.4 miles to car park for Drumsuldry Wood at 10:00 **OS:** 53 **GR:** NO264388 **Description:** A circular walk mainly on good paths and forestry tracks starting with a steady climb up to open moorland and the Mackenzie Meridian. Distant views all round. Returning via Long Loch, Ledcreeff Loch and the Lundie Craigs. **Note:** RADO.

Leader: Peter Smith, 01250 872648 or 07594 483735, p.sc.smith@hotmail.co.uk

Dalgety Bay: Pentland Hills, the Kips Circular

Grade B: 8.5mls/5.5hrs ▲320m/1049ft. **Depart:** DBSCCP at 09:30 **Walk start:** Red Moss Nature Reserve CP south from Balerno at 10:30 **OS:** 65 **GR:** NT167639 **Description:** A walk mostly on Pentland Paths to the summits of West Kip and East Kip. Return by The Howe and beside Threipmuir Reservoir. **Note:** RADO.

Leader: Matsue Williams, 0131 332 4395

Dundee: Newtyle/Lundie Craigs

Grade B: 8mls/5.5hrs ▲320m/1049ft. **Depart:** CWCP at 09:30 **Walk start:** Car park on North Street, Newtyle at 10:00 **OS:** 53 **GR:** NO296415 **Description:** Circular walk from Newtyle via Lundie Craigs and return. Some walking through heather. One very steep descent through heather/grass. **Note:** RADO.

Leader: Rose Garvie, 01382 450763

Dunfermline & West Fife: Howe of Fife

Grade C+: 7mls/4.5hrs ▲200m/656ft. **Depart:** LPRCP at 09:00 **Walk start:** Pittlessie Village Hall at 10:00 **OS:** 70 **GR:** NO333097 **Description:** Gentle climb to hills around Cults before taking to the flat Howe of Fife with farmland, woodland and villages. **Note:** DWOL.

Leader: Grant Robertson, 01577 208436, 07936 738581, grobert50@tesco.net

Glenrothes: Dundee - Sidlaw Hills, Craigowl Hill circular

Grade B: 10mls/5.5hrs ▲1500ft **Depart:** LCCP at 09:30 **Walk start:** Old Balkello CP near Kirkton of Auchterhouse at 10:45 **OS:** 54 **GR:** NO365385 **Description:** Moorland walk on made up paths taking in Balkello Hill, Auchterhouse Hill and Craigowl Hill. **Note:** CWRA RADO
Leader: I Rankin 01337 830360 ishabelrankin@gmail.com

Perth: Bankfoot to Dunkeld by Glengarr

Grade C+: 9mls ▲100m/328ft. **Depart:** ASDACP at 08:40 **Walk start:** Bus stop opposite ASDA to catch the No23 bus to Bankfoot at 08.54 at 08:50 **OS:** 58 **GR:** NO112241 **Description:** A linear walk from Bankfoot to Dunkeld along Glengarr using the old Drovers path. Bus from Perth to Bankfoot and then return to Perth by bus from Dunkeld. **Note:** RADO. Remember your bus pass if you have one and check bus times nearer the date.

Leader: Paula Bowman, 01738582339 & 07870937963, pbowman58@hotmail.com

St. Andrews & NE Fife: Loch Ordie

Grade C+: 7mls/4hrs ▲396m/1300ft. **Depart:** FCPC at 09:00 **Walk start:** Dowally Centre, off A9, north of Dunkeld at 10:30 **OS:** 53 **GR:** NO001482 **Description:** Uncomplicated undulating walk on good tracks and paths, up to and around small lochan. Lovely Perthshire scenery. **Note:** RADO. NoSC.

Leader: Jim Forret, 01334 656137, james.forret@btinternet.com

Sunday 17th September

Kinross & Ochil: Ochil Hills from Glen Sherup

Grade B: 9mls **Depart:** KPR at 09.00 or BURN at 09:30 **Walk start:** Glen Sherup Parking Area at 10:00 **OS:** 58 **GR:** NN972051 **Description:** Circular walk taking in three tops, including Tarmangie Hill. Good paths for most of the walk but boggy in places. **Note:** RADO. CWRA.

Leader: Graham Campbell, 01259 742593

Stirling & Falkirk: Bridge of Allan Circuit

Grade C+: 7mls/3.5hrs ▲564m/1850ft. **Depart:** LACP at 09:30 **Walk start:** Pendreich Woods car park at 10:00 **OS:** 57 **GR:** NS810975 **Description:** This walk links several of the major beauty spots in the Bridge of Allan area: Hermitage Wood, Airthrey Loch, Mine Wood, Cocksburn Reservoir and Pendreich Woods. It involves some steepish climbing. **Note:** RADO. NoSC. FK9 4LS Mileage to drive 8 miles

Leader: James Higgins, 01786 470641, jameshig0@gmail.com

Tuesday 19th September

Kirkcaldy: Kirkcaldy Circumnavigation

Grade B: 16mls/7hrs ▲335m/1099ft. **Walk start:** Car park at west end of Kirkcaldy Esplanade at 09:00 **OS:** 59 **GR:** NT279902 **Description:** It will be decided on the day whether to follow a clockwise or anti-clockwise route. The walk will be re-scheduled if foul weather is forecast so please give Walk Leader some contact details if you wish to join this walk. **Note:** RADO. NoSC.

Leader: Alex Donald, 07943 871219, alex@donaldwytf9.co.uk

Wednesday 20th September

Dunfermline & West Fife: Dog Trot in Blairadam Forest

Grade C: 5mls/2.5hrs ▲170m/557ft. **Depart:** LPRCP at 09:30 **Walk start:** Small car park just off B914, one mile West of centre of Kelty at 10:00 **OS:** 367 **GR:** NT130938 **Description:** Dog friendly walk on forest roads and tracks. **Note:** DWOL.

Leader: Alan Paul, 01383 727875, 07739 169674, apaspaul9@gmail.com

Thursday 21st September

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 22nd September

Stirling & Falkirk: Arrochar weekend

Meet: The Arrochar Hotel **Description:** From Friday 22nd September, until Monday 25th September. There will be a variety of walks to suit all levels on offer. **Note:** See Ray for details
Contact: Ray Finlay, 01786 449135, 07792 549363, rayfin_1@hotmail.com

Saturday 23rd September

Brechin: Mudlee Bracks

Grade B: 9mils **Depart:** SNSB at 09:00 **Walk start:** Tarfside Village car park at 10:00 **OS:** 44 **GR:** NO493796 **Description:** Up Glen Tennet then up to summit of Mudlee Bracks (688m / 2,257ft). Return by the Fungie Road. **Note:** A shorter low-level walk may be available.
Leader: Nancy McFarlane, 01356 626229 or 07986 531971

Dalgety Bay: Bishop Hill & West Lomond

Grade A: 10.5mils/6.5hrs ▲840m/2755ft. **Depart:** DBSCCP at 09:00 **Walk start:** Portmoak Church CP at 09:40 **OS:** 58 **GR:** NO182020 **Description:** A strenuous walk over Bishop hill, drop into Glen Vale, along the improved path towards the reservoirs, turning left to a steep ascent of West Lomond's SE 'corner'. Walk along the top of the Devil's Burdens and return by the 'Hidden Valley'
Note: RADO. NoSC.
Leader: Ian Bruce, 01383 616062 or 07518 154237, ianbruce100@btinternet.com

Kirkcaldy: The Pentlands

Grade B: 7mils **Depart:** KRSN at 09:00 **Walk start:** Flotterstone car park at 10:15 **OS:** 66 **GR:** NT234631 **Description:** A steep climb up Turnhouse and Carnethy Hills, descend to 'The Howe' and return by Loganlea and Glencorse Reservoirs. **Note:** RADO. NoSC.
Leader: Ros Fairgrieve, 01592 784454

Perth: Newport Circular

Grade C+: 7.5mils ▲250m/820ft. **Depart:** ASDACP at 09:00 **Walk start:** Castlebrae Car Park at Newport at 10:00 **OS:** 59 **GR:** NO413271 **Description:** From Newport, a circular walk by St Fort, The Friartons, Forgan and return to Newport. Some road walking and good tracks. **Note:** RADO.
Leader: Donald Purvis, 01738 813294 & 07478247825, purvishome@gmail.com

Strathtay: Allean Forest and Loch Bhac

Grade B: 9.5mils ▲500m/1640ft. **Depart:** CCP at 09:00 **Walk start:** Strathmummel Hotel at 09:30 **OS:** 43 **GR:** NN819602 **Description:** A circular walk from Strathmummel through Allean Forest and to the East of Tulach Hill to the Garry valley close to Blair Atholl and back via Loch Bhac. **Note:** RADO.
Leader: Jenny Rees, 01887 830521, jenny.rees@virgin.net

Sunday 24th September

Glenrothes: Lomond Hills - John Knox Pulpit and West Lomond

Grade B: 7mils/4.5hrs ▲1100ft **Depart:** LCCP at 9:30 **Walk start:** Glen Vale CP (North side of Lomonds) at 10:00 **OS:** 58 **GR:** NO174070 **Description:** From car park there is a short road walk to join the path to Glen Vale leading to John Knox's Pulpit. Continue to top of Glen Vale and cross over to West Lomond (option to miss out summit). Return by steep descent via the bonnet stone. **Note:** NoSC RADO
Leader: C Mackie 07960513994 catherineannmackie@hotmail.co.uk

Tuesday 26th September

Kinross & Ochil: Tuesday Walkers

All are welcome to join this max 4 mile walk. See details at beginning of this programme.

Thursday 28th September

Glenrothes: Strollers Walk

All are welcome to join this 4-6 mile walk, see details on the first page of this programme.

Friday 29th September

Dundee: Weekend in Fort William

Meet: The Caledonian Hotel, Fort William. **Description:** £110 for 3 nights DBB (£100 for 2 nights). £5 extra pppn for single occupancy. Deposit of £25 (non refundable) to be paid to Pat Hargraves by 20th March. Balance to be paid by 1st August.

Contact: Pat Hargraves, 01307 462882

Saturday 30th September

Blairstown: Balmuick and Braefordie

Grade B: 9mls ▲563m/1847ft. **Depart:** WCPB at 09:00 **Walk start:** Car Park beside Comrie golf course at 10:00 **OS:** 52 **GR:** NN777223 **Description:** A lovely ramble on tracks and paths through mixed woodland and hill pasture with extensive views of Comrie and the surrounding area. **Note:** RADO.

Leader: Madeleine McIntosh, 01250 872005 or 07904 382840, maddiesworld@outlook.com

Dalgety Bay: Aberlady to Gullane (Linear)

Grade C: 7mls/4hrs **Depart:** DBSCCP at 09:30 **Walk start:** Scottish Resource centre Car Park just off A198, west of Aberlady at 11:00 **OS:** 66 **GR:** NT460798 **Description:** A level walk along the coastal path to Gullane through Aberlady Nature Reserve, famous for its birds. Then a short walk along the sands & dunes of Gullane Bay. Walk inland near the golf course to Gullane to catch the bus back to Aberlady. **Note:** RADO.

Leader: Heather Haines & Rose Nutt, 01383 822187 & 07990 660724 or 01383 822669 & 07494 235392

Kinross & Ochil: Falkirk Wheel Circular

Grade C+: 10mls **Depart:** KPR at 09.15 or BURN at 09:30 **Walk start:** Visitor Centre at Falkirk Wheel at 10:00 **OS:** 65 **GR:** NS853803 **Description:** From the Wheel along the canal path (through a tunnel) towards Pirleyhill, and along country tracks, returning to the car park. **Note:** RADO. CWRA.

Leader: Carolyn Jenkins, 07925 972650

Kirkcaldy: Cramond Circular via Cammo Park

Grade C+: 8mls **Depart:** KRSN at 09:00 **Walk start:** Cramond car park at 10:00 **OS:** 65 **GR:** NT190770 **Description:** Almost level walk. Mostly on tracks with some road walking. **Note:** RADO. NoSC.

Leader: Liz Greig, 01592 653682 or 07919 985239

Perth: Ben Ledi and Glen Stank

Grade A: 7mls ▲760m/2493ft. **Depart:** ASDACP at 09:00 **Walk start:** Car park off the A84 just south of Loch Lubnaig at 10:15 **OS:** 57 **GR:** NN587093 **Description:** A steep climb immediately from the car park to the summit of Ben Ledi at 879m. Continue along the ridge and descend down Glen Stank to meet Garbh Nisage and follow the track back to car park. **Note:** RADO. Walk is dependent on the weather - check with walk leader if in doubt.

Leader: Trevor Abell, 01738 813123 & 07913288098

St. Andrews & NE Fife: Beecraigs Country Park and Cockleroy Hill

Grade B: 7mls/4hrs ▲198m/650ft. **Depart:** FCPC at 09:00 **Walk start:** Canal Centre, Manse St, Linlithgow. No parking at centre (Linlithgow centre well served with car parks) at 10:30 **OS:** 65 **GR:** NT004769 **Description:** Mixed meadow, forest and hill walk on good paths round Beecraigs Country Park and up Cockleroy Hill (short steep incline) to enjoy scenic views. **Note:** RADO. NoSC.

Leader: Will MacKay, 01334 652903

Forth Valley, Fife & Tayside Area Honorary Officials

The following officials were elected or re-elected at the Area AGM at Muirhead and Birhill Hall on the 26th November, 2016

Convenor

Roger Brickell, [REDACTED]
[REDACTED]

Vice- Convenor

Alan Bridges, [REDACTED]
[REDACTED]

Secretary

Jim Forret, [REDACTED]
[REDACTED]

Membership Secretary

Colin Thomson, [REDACTED]

Treasurer

Mike Gray, [REDACTED]
[REDACTED]

Access Officer

John Andrews, [REDACTED]
[REDACTED]

Publications and Advertising Secretary

Trevor Abell, [REDACTED]
[REDACTED]

Assistant Publications Officer

Ian Bruce, [REDACTED]
[REDACTED]

Useful RA Addresses

RA Central Office: 2nd Floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW
Tel: 020 7339 8500, Fax: 020 7339 8501

e-mail: ramblers@ramblers.org.uk web: www.ramblers.org.uk

If you are changing/correcting your name or address or changing group then you need the Membership Department or www.ramblers.org.uk/membership/membermail.htm

RA Scotland: Caledonia House, 1, Redheughs Rigg, South Gyle, Edinburgh EH12 9DQ

e-mail: scotland@ramblers.org.uk web: www.ramblers.org.uk/scotland

Group Secretaries (correct March 2017)

Blairgowrie	Patricia Fraser
Brechin	Linda Robbie
Dalgety Bay	Rose Nutt
Dundee	Jean MacGillvray
Dunfermline & West Fife	Alan McGuckin
Forfar	Dorothy Hutcheon
Glenrothes	Mary Slaven
Kinross & Ochil	Ann Eve
Kirkcaldy	Mike Livesey
Perth	Trevor Abell
St Andrews & NE Fife	Will Aitken
Stirling & Falkirk	Betty Brodie
Strathtay	Bill Bruce (Treasurer) –

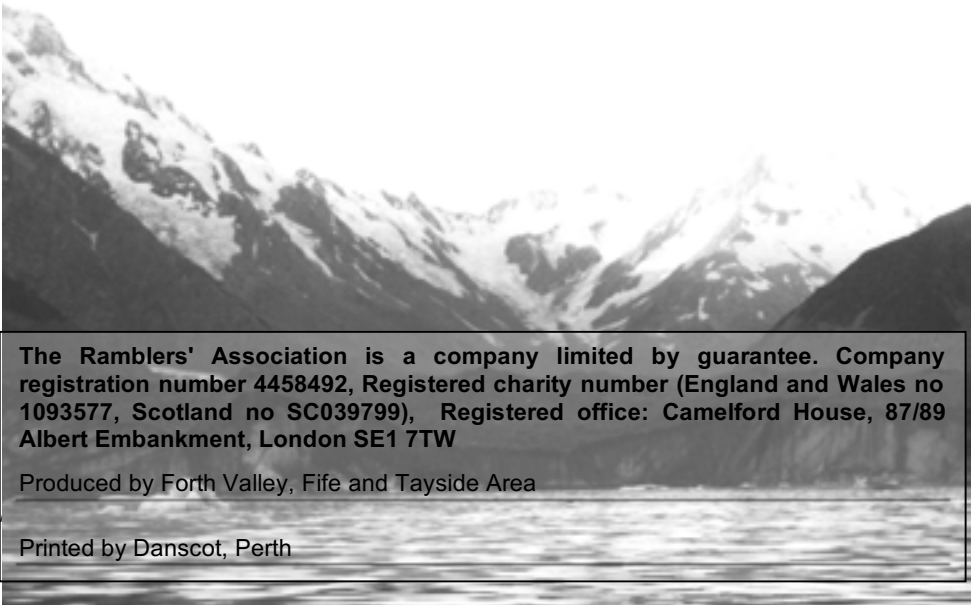
Dalgety Bay
 Perth & District
 Glenrothes
 Dunfermline & West Fife:
 Kirkcaldy
 Stirling and Falkirk
 St Andrews & NE Fife

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dwframblers.btck.co.uk
ramblers.co.uk/kirkcaldy
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standrewsnefiferamblers.com



If you are walking with a group other than your own:

- ➔ Phone the walk leader and confirm the meeting place and time.
- ➔ Leave your full name, address and telephone number in the walks book.
- ➔ Tell the walk leader if you have any relevant medical condition.
- ➔ Socialise, particularly if there is a large number of you from another group.
- ➔ Don't leave the walk without telling the walk leader.
- ➔ Thank the walk leader at the end of the walk.



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